

**CREATINE KINASE – CKQ**  
**Target Group: SPs 12+ Years**

CKQ.010 In the **past 3 days**, did {you/SP} do any strenuous exercise or heavy physical work?

PROBE IF NEEDED: Strenuous exercise or heavy physical work is exercise or work that causes large increases in breathing or heart rate if they are done for at least 10 minutes continuously.

- YES ..... 1
- NO ..... 2 (CKQ.030)
- REFUSED ..... 7 (CKQ.030)
- DON'T KNOW ..... 9 (CKQ.030)

CKQ.020 Did it make {your/SPs} muscles sore or painful?

INTERVIEWER INSTRUCTION: DO NOT INCLUDE JOINT PAIN.

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

CKQ.030 In the **past 3 days**, {have you/has SP} had a muscle injury, bruise or injection? (Do not include insulin or allergy injections.)

- YES ..... 1
- NO ..... 2 (CKQ.050)
- REFUSED ..... 7 (CKQ.050)
- DON'T KNOW ..... 9 (CKQ.050)

CKQ.040 Did it make {your/SP's} muscles sore or painful?

INTERVIEWER INSTRUCTION: DO NOT INCLUDE JOINT PAIN.

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

**BOX 1**

**CHECK ITEM CKQ.050:**

- IF CKQ.020 = 1 or CKQ.040 = 1, GO TO CKQ.065.
- OTHERWISE, CONTINUE.

CKQ.060 In the last 3 days, have {you/SP} had any muscle pain or soreness?

INTERVIEWER INSTRUCTION: DO NOT INCLUDE JOINT PAIN.

- YES ..... 1 (CKQ.070)
- NO ..... 2 (END SECTION)
- REFUSED ..... 7 (END SECTION)
- DON'T KNOW ..... 9 (END SECTION)

CKQ.065 In the last 3 days, have {you/SP} had any **other** muscle pain, aching or soreness?

INTERVIEWER INSTRUCTION: DO NOT INCLUDE JOINT PAIN.

- YES ..... 1 (CKQ.070)
- NO ..... 2 (END SECTION)
- REFUSED ..... 7 (END SECTION)
- DON'T KNOW ..... 9 (END SECTION)

CKQ.070 For how many days, weeks, months or years {have you/has SP} had this pain, aching or soreness?  
Q/U

INTERVIEWER INSTRUCTION: IF SP HAS HAD PAIN AT TWO OR MORE SITES, ENTER THE VALUE FOR THE SITE WHERE THE SP HAD MUSCLE PAIN THE LONGEST.

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ENTER NUMBER (OF DAYS, WEEKS, MONTHS OR YEARS)

- REFUSED ..... 77777
- DON'T KNOW ..... 99999

- ENTER UNIT
- DAYS..... 1
  - WEEKS ..... 2
  - MONTHS ..... 3
  - YEARS ..... 4
  - REFUSED ..... 7
  - DON'T KNOW ..... 9