

Your participation in the Research Program at the World Trade Center Health Program plays a vital role in the treatment of your condition and improves care for all members.

## Findings of the WTC Health Registry

**Potential Impact:** The WTC Health Registry, based in the NYC Dept. of Health, tracks the physical and mental health of 71,000 people directly exposed to the 9/11 World Trade Center disaster. During 2003-2004 people could choose to enroll in the Registry and complete a baseline health survey. Since then, findings from the Registry have been in more than 80 publications, which has helped improve health care and inform the public about 9/11 health. Our findings also help with planning and response for future emergencies. Finally, the Registry helps spread the word about the WTC Health Program (which is a different program from the Registry). Since 2013, the Registry's Treatment Referral Program has reached nearly 23,000 people and helped almost 10,000 apply for the WTC Health Program.

**Research:** The Registry has done three follow-up health surveys and several in-depth studies to understand 9/11 health impacts and new 9/11 conditions. We also work with WTC Health Program doctors and researchers. The Registry does not provide direct health care, but we support members by helping them get care for 9/11-conditions through the WTC Health Program. Population Members of the Registry live in every state and more than 15 countries. They include rescue/recovery workers and volunteers, passers-by, and people who lived, worked or went school in Lower Manhattan, including tower survivors, pregnant women and children.

**Findings:** Our findings show that the 9/11 disaster has had short and long-term harmful impacts on physical and mental health, quality of life and how people function. The most common health outcomes are PTSD, depression, asthma and heartburn/reflux. Many people have more than one mental health or physical health condition or a mix of both. For example, PTSD often occurs with depression and with asthma. Children had the same types of health outcomes as adults. To learn more about Registry findings visit [nyc.gov/911HealthInfo](http://nyc.gov/911HealthInfo)

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**Learn More.** Call 1-888-982-4748 or visit [www.cdc.gov/wtc](http://www.cdc.gov/wtc)

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