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1. OVERVIEW OF THE NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY

This chapter provides a general description of the health examination surveys conducted by the National Center for Health Statistics (NCHS) and the current National Health and Nutrition Examination Survey (NHANES). It also provides an overview of the tasks that staff perform during the survey.

1.1 History of the National Health and Nutrition Examination Programs

This NHANES is the eighth in a series of national examination studies conducted in the United States since 1960.

The National Health Survey Act, passed in 1956, gave the legislative authorization for a continuing survey to provide current statistical data on the amount, distribution, and effects of illness and disability in the United States. In order to fulfill the purposes of this act, it was recognized that data collection would involve at least three sources: (1) the people themselves by direct interview; (2) clinical tests, measurements, and physical examinations on sample persons; and (3) places where persons received medical care such as hospitals, clinics, and doctors’ offices.

To comply with the 1956 act, between 1960 and 1984, the National Center for Health Statistics (NCHS), a branch of the U.S. Public Health Service in the U.S. Department of Health and Human Services, has conducted seven separate examination surveys to collect interview and physical examination data.

The first three national health examination surveys were conducted in the 1960s:

1. 1960-62 – National Health Examination Survey I (NHES I)
2. 1963-65 – National Health Examination Survey II (NHES II)
3. 1966-70 – National Health Examination Survey III (NHES III)
NHES I focused on selected chronic disease of adults aged 18-79. NHES II and NHES III focused on the growth and development of children. The NHES II sample included children aged 6-11, while NHES III focused on youths aged 12-17. All three surveys had an approximate sample size of 7,500 individuals.

Beginning in 1970 a new emphasis was introduced. The study of nutrition and its relationship to health status had become increasingly important as researchers began to discover links between dietary habits and disease. In response to this concern, under a directive from the Secretary of the Department of Health, Education and Welfare, the National Nutrition Surveillance System was instituted by NCHS. The purpose of this system was to measure the nutritional status of the U.S. population and monitor nutritional changes over time. A special task force recommended that a continuing surveillance system include clinical observation and professional assessment as well as the recording of dietary intake patterns. Thus, the National Nutrition Surveillance System was combined with the National Health Examination Survey to form the National Health and Nutrition Examination Survey (NHANES). Four surveys of this type have been conducted since 1970:

1. 1971-75 – National Health and Nutrition Examination Survey I (NHANES I)
2. 1976-80 – National Health and Nutrition Examination Survey II (NHANES II)
3. 1982-84 – Hispanic Health and Nutrition Examination Survey (HHANES)

NHANES I, the first cycle of the NHANES studies, was conducted between 1971 and 1975. This survey was based on a national sample of about 28,000 persons between the ages of 1-74. Extensive data on health and nutrition were collected by interview, physical examination, and a battery of clinical measurements and tests from all members of the sample.

NHANES II began in 1976 with the goal of interviewing and examining 28,000 persons between the ages of 6 months to 74 years. This survey was completed in 1980. To establish a baseline for assessing changes over time, data collection for NHANES II was made comparable to NHANES I. This means that in both surveys many of the same measurements were taken in the same way, on the same age segment of the U.S. population.
While the NHANES I and NHANES II studies provided extensive information about the health and nutritional status of the general U.S. population, comparable data were not available for many of the ethnic groups within the United States. Hispanic HANES (HHANES), conducted from 1982 to 1984, produced estimates of health and nutritional status for the three largest Hispanic subgroups in the United States—Mexican Americans, Cuban Americans, and Puerto Ricans—that were comparable to the estimates available for the general population. HHANES was similar in design to the previous HANES studies, interviewing and examining about 16,000 people in various regions across the country with large Hispanic populations.

NHANES III, conducted between 1988 and 1994, included about 40,000 people selected from households in 81 counties across the United States. As previously mentioned, the health status of minority groups is often different than the health status and characteristics of nonminority groups, so black Americans and Mexican Americans were selected in large proportions for NHANES III. Each group comprised 30 percent of the sample. NHANES III was the first survey to include infants as young as 2 months of age and to include adults with no upper age limit. To obtain generalizeable estimates, infants and young children (1-5 years) and older persons (60+ years) were sampled at a higher rate than previously. NHANES III also placed an additional emphasis on the effects of the environment upon health. Data were gathered to measure levels of pesticide exposure, presence of certain trace elements in the blood, and amounts of carbon monoxide present in the blood. A home examination was incorporated for those persons who were unable or unwilling to come to the exam center but would agree to an abbreviated examination in their homes.

In addition to NHANES I, NHANES II, Hispanic HANES, and NHANES III, several other HANES projects have been underway since 1982. These projects have been a part of the HANES Epidemiologic Follow-up Survey, a multiphase survey conducting follow-up interviews with the NHANES I population in order to provide longitudinal data on the health of the U.S. population.

1.2 Overview of the Current NHANES

This NHANES follows in the tradition of past NHANES surveys, continuing to be a keystone in providing critical information on the health and nutritional status of the U.S. population.
The major difference between the current NHANES and previous surveys is that the current NHANES is conducted as a **continuous, annual survey**. Each single year and any combination of consecutive years of data collection comprises a nationally representative sample of the U.S. population. This new design allows annual statistical estimates for broad groups and specific race-ethnicity groups as well as flexibility in the content of the questionnaires and exam components. New technologic innovations in computer-assisted interviewing and data processing result in rapid and accurate data collection, data processing, and publication of results.

The number of people examined in a 12-month period will be about the same as in previous NHANES, about 5,000 a year from 15 different locations across the nation. The data from the NHANES are used by government agencies, state and community organizations, private researchers, consumer groups, companies, and health care providers.

### 1.2.1 Data Collection

Data collected on the current NHANES survey began early in 1999 and will continue for approximately 6 years at 88 locations (stands) across the United States. The survey was preceded by a pretest in the spring of 1998 and a dress rehearsal was conducted in early 1999.

Approximately 40,000 individuals of all ages in households across the U.S. will be randomly selected to participate in the survey. The study respondents include whites as well as an oversample of blacks and Mexican-Americans. The study design also includes a representative sample of these groups by age, sex, and income level. Adolescents, older people, and pregnant women are also oversampled in the current NHANES.

The overall goals of the NHANES are to:

- Estimate the number and percentage of persons in the U.S. population and designated subgroups with selected diseases and risk factor;
- Monitor trends in the prevalence, awareness, treatment, and control of selected diseases;
- Monitor trends in risk behaviors and environmental exposure;
- Analyze risk factors for selected diseases;
- Study the relationships between diet, nutrition, and health; and
- Explore emerging public health issues and new technologies.

Selected persons are invited to take part in the survey by first being interviewed in their homes. Household interview data are collected via computer-assisted personal interviewing (CAPI) and include demographic, socioeconomic, dietary, and health-related questions. Upon completion of the interview, respondents are asked to participate in a physical examination. The examination is conducted in a specially equipped and designed Mobile Examination Center (MEC), consisting of four trailers. The MEC houses the state-of-the-art exam equipment and is divided into rooms to assure the privacy of each study participant during the exams and interviews. The examination includes a physical and dental examination conducted by a physician and a dentist, laboratory tests, a variety of physical measurements, and other health interviews conducted by highly trained medical personnel.

The household interviews and MEC exam combined will collect data in the following important health-related areas:

- Cardiovascular and respiratory disease;
- Vision;
- Hearing;
- Mental illness;
- Growth;
- Infectious diseases and immunization status in children;
- Obesity;
- Dietary intake and behavior;
- Nutritional status;
- Disability;
- Skin diseases;
- Environmental exposures;
- Physical fitness; and
- Other health-related topics.
1.3 Sample Selection

A sample is defined as a representative part of a larger group. Since it is impossible to interview and examine everyone in the U.S. for NHANES, a representative sample is taken of the U.S. population. By studying a representative sample of the population, it is assumed that the findings would not have been too different had every person in the U.S. been studied. Because generalizations about the population will be made, it is extremely important that the sample be selected in a way that accurately represents the whole population. Statisticians calculate the size of the sample needed and take into consideration the geographic distribution and demographic characteristics of the population, such as age, gender, race, and income.

An introductory letter is sent to each household in the sample. A few weeks after the letter goes out, interviewers visit each listed household and use carefully designed screening procedures to determine whether any residents are eligible for the survey. If eligible residents are present, the interviewer then proceeds to introduce the study, presents the Sample Person (SP) a survey brochure, and obtains a signed consent for the household interview. The brochure contains detailed information on the survey, the household interview, and the MEC examination.

A signed consent form must be obtained from each eligible individual before the household interview can be conducted. A refusal to sign the consent form is considered a refusal to participate in the survey. After the interview is completed, the interviewer then explains the MEC exam, obtains another signed consent form for the MEC exam, and contacts the field office to schedule a MEC appointment for the SP. All SPs aged 12 years and older must sign the Examination Consent forms to participate in the MEC examination. Parental consent is also required for SPs under 18 years of age. SPs aged 7-11 years old are asked to sign the Examination Assent Form. An additional consent form is required for consent to future general research for both adults (ages 18+) and parents of children under 18 years. This consent form gives permission to store a small sample of blood and urine for future specimen testing. A refusal to sign the MEC consent or assent form is considered a refusal to participate in the examination phase of the survey. Examinations will not be performed on sample persons who do not sign a consent form.
1.4 Field Organization for NHANES

There are two levels of field organization for this study - the home office staff and the field staff.

- **Home Office Staff from Westat** – Project staff from Westat are responsible for overseeing the field teams and field work.

- **Field Office (FO) Staff** – For this survey, an office will be opened at every survey location (stand). Each field office will have a Study Manager (SM), Office Manager (OM), a Field Manager (FM), and one Assistant Office Manager (AOM).
  - The **Study Manager (SM)** is responsible for the overall management of operations at a stand.
  - The **Office Manager (OM)** is responsible for the stand office operations and is the main conduit for the flow of work and information between the MEC and the household interviewing staff. S/he will supervise one or more local office clerks hired to assist with office activities. The OM reports to the SM.
  - The **Field Manager (FM)** has primary responsibility for the supervision of the household interviewers. The FM also assists the SM and supervises the activities of the Assistant Office Managers. S/he will deal with administrative issues, ISIS problems, and preparations for the next stand.
  - The **Assistant Office Managers (AOMs)** are primarily responsible for data entry into the Integrated Survey Information System (ISIS), editing data collection materials, and verification of interviewer work. The AOMs report to the FM and also work closely with the OM.

- **Household Interviewers** – This staff is primarily responsible for identifying and enrolling the survey participants, conducting the household interviews, and appointing the study participants for the MEC exam. Specifically, household interviewers will locate occupied residential dwelling units, administer the Screener to select eligible sample persons, obtain signed consents to the household interview, conduct the interviews, set up examination appointments, obtain consents for the MEC exam, conduct field reminders for MEC appointments, and assist in rescheduling broken, cancelled, and no-show appointments.

  Several times a week, household interviewers visit the field office and report to the field manager. During the course of the study, interviewers also interact on a daily basis with other field office staff and home office staff.

- **MEC Staff** – This staff of health professionals conducts the health exams. The survey includes two exam teams.
There are 16 individuals on each traveling team: 1 MEC manager, 1 MEC coordinator, 1 licensed physician, 1 licensed dentist, 3 medical technologists, 4 health technologists, 2 MEC interviewers, 2 dietary interviewers, and 1 phlebotomist. In addition, local assistants are recruited, trained, and employed at each stand to assist the exam staff. A data manager also travels with each team.

The following section describes the steps that are always completed prior to the opening of a stand and an overview of the tasks that interviewers are expected to perform. Highlighted items are basic concepts critical to the conduct of the study.

Steps completed prior to interviewing include:

- Statisticians scientifically select certain segments in the sampling area. A segment is an area with definite boundaries, such as a city block or group of blocks containing a cluster of households.

- Twelve weeks before data collection begins, NHANES staff list the segments. Listing is the systematic recording on special forms of the address of every dwelling unit (DU) located within the segment. Commercial buildings and other structures not intended as living quarters are not listed.

- A sample of dwelling units is selected from the listing forms. This sample is the group of addresses that interviewers visit in order to conduct interviews.

- Immediately before data collection begins, an advance letter is sent to each dwelling unit with a mailing address. This letter briefly describes the study and inform the household that an interviewer will contact them in the near future.

The tasks interviewers perform when they arrive at a stand include:

1. After the successful completion of training, interviewers are given an assignment of sampled dwelling units to contact. Each assignment consists of prelabeled Household Folders, prelabeled Neighbor Information Forms, and the appropriate Segment Folder.

2. Using addresses on the Household Folders and listing/mapping materials in the Segment Folder, interviewers locate these dwelling units.

3. If a selected address is not a dwelling unit or is not occupied, interviewers complete the “Vacant/Not a DU Section” on the Screener Non-Interview Form.

4. In an occupied residential dwelling unit, interviewers contact an adult who lives in the selected household and administer the Screener using a laptop computer.
The Screener is an interview that lists all the individuals who live in the household, divides the household into families, and collects all the demographic characteristics necessary to immediately determine if there are persons in the household eligible for further interviewing.

All instructions necessary to determine eligibility and to select sample persons (SPs) are programmed in the CAPI Screener.

5. If all persons in a household are ineligible, no further work is done with the case. When eligible household members are identified, interviewers continue to conduct all the necessary tasks associated with the case.

6. In eligible households, the interviewer obtains a signed interview consent form prior to completing the medical history and/or the family questionnaire.

7. Next, the appropriate medical history CAPI interview is administered to eligible respondents. The questions asked depend on the age of the SP.

8. In each household containing children aged 1-5, floor and window sill dust samples are obtained. These samples provide information on lead levels in the household environment.

9. A Family questionnaire is also administered to one adult family member from each eligible family in the household.

10. Next, an appointment is scheduled for each SP, coordinating the MEC schedule and the SP schedule.

11. Interviewers then obtain signed consent form(s) for each SP for the examination, call the field office to confirm the examination appointment(s), and give each SP an appointment slip.

12. If there is more than one eligible family in a household, this process is repeated with each additional family.

13. Interviewers record the result of each contact or attempted contact with the household on the Call Record located in the Household Folder.

14. Interviewers also support the survey by conducting field reminders prior to MEC appointments and reschedule broken, cancelled, or no-show MEC appointments.

15. If an interviewer is unable to complete any of the questionnaires or procedures for any SP, an SP Card is completed. This card documents the problems encountered in completing one or more tasks.

16. Interviewers check for missed DUs and/or structures when instructed to do so. If any are found, the Missed DU or Missed Structure Procedures is implemented and appropriate forms will be completed.
17. When an interview has been completed, interviewers edit their work, carefully reviewing all forms for completeness and legibility.

18. Interviewers report in person to the FM at the stand office for regularly scheduled conferences, usually every other day. During these conferences, interviewers discuss completed cases, discuss problems with incomplete cases, receive new case assignments, and report time, expenses, and production.

19. To insure the accuracy and completeness of the survey, all interviewer work is edited by the field office staff, and then validated by recontacting respondents. After this review, supervisors provide interviewers with feedback concerning the quality of the work.

20. At the end of each stand field period, interviewers return all interviewing materials to the supervisor.

1.5 Exams and Interviews in the Mobile Examination Center (MEC)

Examinations and interviews are conducted in a mobile examination center (MEC), which is composed of four specially equipped trailers. Each trailer is approximately 48 feet long and 8 feet wide. The trailers are set up side-by-side and connected by enclosed passageways. During the main survey, detachable truck tractors drive the trailers from one geographic location to another.

Exhibit 1-1 shows a floor plan for the MEC. The interior of the MEC is designed specifically for this survey. For example, the trailers are divided into specialized rooms to assure the privacy of each study participant during exams and interviews. Many customized features have been incorporated including an audiometry room that uses a soundproof booth, a wheelchair lift, and a wheelchair-accessible bathroom available to assist participants with mobility problems. Exhibit 1-2 shows the locations of the various exams within the MEC.

1.5.1 Exam Sessions

The MEC operates 5 days a week and includes weekday, evening, and weekend sessions. Two 4-hour sessions are scheduled each day with approximately 10-12 SPs per session. During a stand, work weeks rotate to offer a variety of MEC appointments on weekday mornings, afternoons, and evenings, and every weekend.
Exhibit 1-1. Floor plan of the MEC

Exhibit 1-2. MEC exams and rooms

<table>
<thead>
<tr>
<th>Trailer</th>
<th>Room</th>
<th>Room Use</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trailer 1</td>
<td>Reception area</td>
<td>Welcoming and waiting area for SPs</td>
</tr>
<tr>
<td></td>
<td>Vision room</td>
<td>Vision tests</td>
</tr>
<tr>
<td></td>
<td>Balance</td>
<td>Balance test</td>
</tr>
<tr>
<td></td>
<td>Fitness</td>
<td>Cardiovascular fitness</td>
</tr>
<tr>
<td>Trailer 2</td>
<td>Physician</td>
<td>Physical examination</td>
</tr>
<tr>
<td></td>
<td>MEC Interview</td>
<td>Health interview</td>
</tr>
<tr>
<td></td>
<td>MEC Interview</td>
<td>Health interview</td>
</tr>
<tr>
<td></td>
<td>Dietary Interview</td>
<td>Dietary interview</td>
</tr>
<tr>
<td></td>
<td>Dietary Interview</td>
<td>Dietary interview</td>
</tr>
<tr>
<td></td>
<td>Lower Extremity Disease</td>
<td>Testing for lower extremity pulses and sensitivity</td>
</tr>
<tr>
<td>Trailer 3</td>
<td>Venipuncture</td>
<td>Drawing of blood samples, MRSA collection and physical activity monitor</td>
</tr>
<tr>
<td></td>
<td>Laboratory</td>
<td>Processing of urine and blood samples</td>
</tr>
<tr>
<td></td>
<td>Label/shipping area</td>
<td>Lab area for labeling and shipping specimens</td>
</tr>
<tr>
<td></td>
<td>Staff lounge</td>
<td>Staff area that houses main computer system</td>
</tr>
<tr>
<td>Trailer 4</td>
<td>Total Body Composition</td>
<td>Total body composition scans and bioimpedance</td>
</tr>
<tr>
<td></td>
<td>Body Measures</td>
<td>Body measurements and dermatology</td>
</tr>
<tr>
<td></td>
<td>Dental</td>
<td>Dental exam</td>
</tr>
<tr>
<td></td>
<td>Audiometry/Tympanometry</td>
<td>Hearing tests</td>
</tr>
</tbody>
</table>
1.5.2 Exam Team Responsibilities

There are 16 individuals on each exam team. In addition, a local assistant will be hired to assist the staff in managing examinee flow. One data manager also travels with each team. The duties of the exam team members are summarized below:

- One MEC manager supervises the exam staff, manages the facility, and supports exam operations.

- One coordinator directs the flow of SPs through the MEC examination process. The coordinator manages all SP appointments, verifies that all components are completed for each SP, and exits SPs from the MEC.

- One physician conducts the medical examination and records results, reviews the results of the complete blood count and pregnancy test, and serves as the safety officer for the MEC.

- One dentist conducts the dental exam and calls the results to a health technologist who records the findings.

- Two health (MEC) interviewers administer questionnaires for physical and mental health information.

- Two dietary interviewers administer the dietary questionnaire. The interviewers record a 24-hour dietary recall of the types and amounts of foods consumed by the SP in the last 24 hours.

- Four health technologists with radiologic technology or other health training take and record body measurements, perform balance tests, vision tests, cardiovascular fitness tests, muscle strength assessments, lower extremity measures, total body composition (DEXA) scans, bioimpedance (BIA) tests, administer hearing tests, and collect skin images. In addition, the technologists record findings for the dental examiner.

- Three medical technologists conduct clinical laboratory tests on biological and environmental specimens, record the results of the tests, and prepare and ship specimens to various laboratories.

- One phlebotomist administers the phlebotomy questionnaire draws blood from SPs, and recruits SPs for special studies.

- The data manager (DM) assists in the setup and testing of computer systems and telecommunications hookups at the FO and MEC. S/he also coordinates the maintenance and repair of computer systems at the FO and MEC with the home office and external venders and acts as the FO and MEC systems “help desk” person. The data manager reports to the SM on administrative matters and the HO for ISIS-related matters.
Each staff member is part of a team of professional persons with specific assignments that must be completed in order to accomplish the overall objective of the survey. Each individual must be aware of and respect the job demands placed upon other staff members, maintain an attitude of tolerance and consideration for fellow members of the team, and willingly perform extra tasks that may be assigned to support other staff members in the performance of their duties. MEC staff members may be requested to perform tasks not directly related to their specific professional skills in order to implement the overall data collection plan.

1.5.3 Examination Components

The full examination for an adult takes approximately 3½ hours, but the actual length depends on the SP’s age. Some exams are done only on certain age groups so the exam profiles vary, even among adult SPs. The exam components are described briefly below and summarized in Exhibit 1-3:

- **Anthropometry**
  The purpose of the anthropometry component is to provide: (1) nationally representative data on selected body measures, (2) estimates of the prevalence of overweight and obesity, (3) data to study the association between body measures and such health conditions and risk factors as cardiovascular disease, diabetes, hypertension, and activity and dietary patterns, and (4) data to monitor growth and development in children. A total of 11 body measurements are collected, but the number and type of measures varies with the age groups.

- **Balance**
  Balance disorders, disequilibrium, and dizziness from vestibular disorders constitute a major public health problem. Primary disorders may be hidden by their consequences, such as falls, while subtle dysfunction may underlie difficulties in learning, writing, reading, and in everyday activities. The main objectives of the balance test are to obtain prevalence data, examine the relationship between balance disorders and other factors, and to characterize normal and disordered balance and spatial orientation. The standard Romberg test is used to measure postural sway.

- **Bioelectrical Impedance Analysis (BIA)**
  The purpose of the BIA exam is to monitor secular trends in overweight prevalence, describe the prevalence of obesity, and examine the relationship between overweight and obesity and other examination measures. BIA measures the electrical impedance of body tissues and is used to assess fluid volumes, total body water, body cell mass, and fat-free body mass.
### Exhibit 1-3. Examination components

<table>
<thead>
<tr>
<th>Component</th>
<th>Ages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anthropometry</td>
<td>All</td>
</tr>
<tr>
<td>Audiometry/Tympanometry</td>
<td>20-69 (half-sample)</td>
</tr>
<tr>
<td>Balance</td>
<td>40+</td>
</tr>
<tr>
<td>Bioimpedance (BIA)</td>
<td>8-49</td>
</tr>
<tr>
<td>Cardiovascular Fitness</td>
<td>12-49</td>
</tr>
<tr>
<td>Dermatology</td>
<td>20-59</td>
</tr>
<tr>
<td>Dietary Interview</td>
<td>All</td>
</tr>
<tr>
<td>Lower Extremity Disease</td>
<td>40+</td>
</tr>
<tr>
<td>MEC Interview</td>
<td>8+</td>
</tr>
<tr>
<td>Mental Health</td>
<td>8-19 years (also includes parents of 8-15-year-olds); 20-39 years (half-sample)</td>
</tr>
<tr>
<td>MRSA sample collection</td>
<td>1+</td>
</tr>
<tr>
<td>Oral Health</td>
<td>2+</td>
</tr>
<tr>
<td>Physical Activity Monitor</td>
<td>6+</td>
</tr>
<tr>
<td>Physician Exam</td>
<td>All</td>
</tr>
<tr>
<td>Total Body Composition</td>
<td>8+</td>
</tr>
<tr>
<td>Urine Collection</td>
<td>6+</td>
</tr>
<tr>
<td>Venipuncture</td>
<td>1+</td>
</tr>
<tr>
<td>Vision</td>
<td>12+</td>
</tr>
<tr>
<td>Volatile Organic Compounds (VOC)</td>
<td>20-59 (random subsample)</td>
</tr>
</tbody>
</table>

- **Cardiovascular Fitness**

  Evaluation of physical fitness provides nationally representative data on measures of physical fitness, and estimates of the prevalence of persons at risk due to sedentary habit and poor physical fitness. Cardiovascular fitness is assessed with a submaximal treadmill test on examinees aged 12 through 49 years.

- **Dermatology (Skin Disorders)**

  The specific aims of this component are: (1) to monitor the prevalence, secular trends and impact of selected skin conditions that were last assessed in NHANES I (1971-75); (2) to identify risk factors for selected skin conditions that can be used to increase understanding of disease etiology and prevention; and (3) to create a data resource that can be used to develop a CDC National Skin Cancer Prevention and Control Agenda. The MEC dermatology exam involves standardized photography of selected sites on the body. This component will focus on two specific skin diseases: psoriasis and hand dermatitis. The major goal is to determine the prevalence of these two conditions.
Dietary Interview

The goal of the dietary component is to estimate total intake of foods, food energy and nutrients, nonnutrient food components, and plain drinking water by the U.S. population; and assess dietary behaviors and the relationship of diet to health. Quantitative dietary intake data is obtained for all subjects by means of a 24-hour dietary recall interview using a computer-assisted dietary data entry system. A second 24-hour recall will be conducted on all SPs by telephone through a phone center operation at the home office. In 2003, a self-administered form, the Food Frequency Questionnaire, will be offered to SPs who complete the MEC dietary interview. It will be mailed from and returned to the home office.

Hearing

The goals of the hearing exam are to obtain normative data on the hearing status of the adult U.S. population, and to evaluate certain covariates that may be related to hearing loss, such as occupational exposure. The hearing component tests adults by performing pure tone audiometry and tympanometry. Because pure tone screening by itself may not be sensitive enough to detect middle ear disease, tympanometry is conducted to provide an estimate of tympanic membrane compliance.

Laboratory

The laboratory component includes the collection and processing of various biological and environmental specimens including blood for subjects 1 year and older, urine for subjects 6 years and older. On-site pregnancy testing excludes pregnant women from other examination components such as DEXA, BIA, and cardiovascular fitness testing. Complete Blood Counts (CBCs) are also performed in the MEC laboratory. All other specimen testing is performed by Federal, private, and university-based laboratories under contract to NCHS.

Lower Extremity Disease (LED)

The purpose of this component is to determine the prevalence of LED and its risk factors. Simple and reproducible measures of lower extremity arterial disease are obtained. Peripheral neuropathy is evaluated by measurement of cutaneous pressure sensation in the feet. Foot deformities permit the estimation of prevalence of those at high risk for the late-stage complications of LED.

MEC Interview

The MEC Interview consists of questionnaire sections designed to obtain information on health behaviors, specific conditions, medical history, and risk factors. The information collected in the interview is intended to assist researchers in analyzing the data collected in the other examination components. The interview is administered to all age-eligible subjects, or a suitable proxy, using computer-assisted interviewing software.
Mental Health

The mental health assessment is used to estimate the prevalence of selected disorders in the U.S. and to describe the degree of comorbidity between mental health disorders and other medical conditions and biological risk factors. Assessments are made during the MEC Interview using relevant portions of the Diagnostic Interview Schedule for Children (DISC) and the Composite International Diagnostic Interview (CIDI) for adults.

Methicillin-Resistant S. Aureus (MRSA) Sample Collection

A nasal swab specimen collection for Methicillin-Resistant Staphylococcus aureus (S. aureus) is obtained on SPs aged 1+ years for the purpose of estimating the prevalence of MRSA in the population. Antimicrobial resistance to S. aureus has increased so dramatically, particularly in the hospital setting, that currently only one treatment option exists for this organism. NHANES is the first population-based prevalence study of MRSA. No other population-based studies or national surveillance efforts are available to provide reliable national estimates for this problem.

Oral Health

This component monitors oral health status, risk factors for disease, and access to preventive and treatment services. The exam consists of a series of subcomponents which assess dentition and periodontal disease.

Physical Activity Monitor

The purpose of physical activity monitor component (PAM) is to assess the physical activity levels of NHANES examinees 6+ years of age. NHANES examinees wear a physical activity monitor (PAM) to examine physical activity patterns over a 7-day monitoring period and then mail it back to the home office. The monitors detect locomotion-type activities such as walking or jogging. The monitors provide a means of capturing non-structured activities that are often difficult for survey respondents (SPs) to self-report. Physical activity data are linked to other household interview and health component data and are used to track changes that occur in body weight, functional status, bone status, and health status over time.

Physician Exam

Blood pressure assessment and discussion of testing for sexually transmitted disease are the primary elements of the physician’s exam. The purpose of assessment of blood pressure is to monitor prevalence and trends in major cardiovascular conditions and risk factors and to evaluate prevention and treatment programs targeting cardiovascular disease. The physician discusses the purpose of STD testing and arranges for SPs to select a unique password with which to phone NCHS and obtain test results.
Total Body Composition

This component is composed of the BIA and Dual Energy X-ray Absorptiometry (DEXA). The purpose of the DEXA scan is to gain insights into age, gender, and racial/ethnic differences in the skeleton relative to other measures of body composition such as total muscle and fat mass, as well as behavioral factors such as diet and activity. A total body scan using dual energy X-rays is performed to provide measures of bone mineral content, bone mineral density, muscle and fat mass.

Vision

The vision examination consists of a near vision acuity test, a distance vision acuity test, an eyeglass prescription determination (when appropriate), and an automated refraction measurement. Information from the component may be used to estimate the prevalence of visual acuity impairment and distribution of refractive error in the U.S. population. Data are also used to evaluate screening strategies for visual impairment and eye disease, and evaluate functional impairment related to vision.

Volatile Organic Compounds (VOC)

Information on levels of exposure to a selected group of volatile organic compounds is collected on a subsample of the survey population to assist in determining whether regulatory mechanisms are needed to reduce the levels of hazardous air pollutants to which the general population is exposed.

1.5.4 Sample Person Remuneration

All examinees receive remuneration for the MEC visit as well as payment for transportation expenses. The MEC visit remuneration is age-related and includes an extra incentive if the SP fasts prior to the exam. SPs who complete the physical activity monitoring component also receive an incentive. In addition, remunerations are offered to SPs who complete the dietary phone interview and the Food Frequency Questionnaire.

1.5.5 Report of Exam Findings

Examinees receive the results of many of the tests and exams conducted in the MEC, though some results are used only for research and are not reported.

One report, a Preliminary Report of Findings, is produced for the SP on the day of their examination and includes results that are immediately available and require no further evaluation or
interpretation. Just prior to the examinee’s departure from the MEC, the coordinator prints a report that includes height, weight, and body mass index, complete blood count, blood pressure, and results from the audiometry, cardiovascular fitness, lower extremity disease, vision, and dental exams. The MEC physician reviews the blood pressure and complete blood count test results for abnormalities and discusses any problems with the SP (or their parent). The dentist also discusses the dental recommendations with the SP. Approximately 12-16 weeks after the exam, NCHS mails the remainder of the examination results to the SP after appropriate clinical or quality reviews are completed. Seriously abnormal results are reported to the SP via telephone by NCHS before the remaining findings are mailed.

Certain tests, such as those for sexually transmitted diseases (chlamydia, gonorrhea, syphilis, Herpes simplex 1 and 2, bacterial vaginosis, and Trichomoniasis) and human immunodeficiency virus (HIV) are released only to the sample person using a specially devised procedure requiring a unique password.

To further assist sample persons, an in-house NCHS survey response team is available to answer calls from NHANES participants regarding the results from the Report of Finding System. The response team effort works both as a triage mechanism and a surveillance system. A receipt and control record is kept on all sample person inquiries. Also available at no cost to sample persons is an 800 toll-free telephone number which can be accessed during regular scheduled business hours. The response team members include a physician, a nurse with a doctorate degree, and other staff who are trained to answer specific questions.

Tests and procedures conducted in the MEC are not considered diagnostic exams and are not a substitute for an evaluation by a medical professional. No clinical treatments or health interventions of any type are performed in the MEC. If a health problem is discovered during the course of the MEC exam, the physician offers to contact the examinee’s personal healthcare provider or recommend a local physician or clinic for follow-up care. If a sample person is found to have a serious condition requiring immediate attention, the local rescue squad may be summoned or the SP will be advised to seek immediate medical treatment.
1.5.6 Dry Run Day

At the beginning of the examination period, one-half day is devoted to calibrating instruments, practicing MEC procedures, and collecting biological specimens that serve as blind quality control samples. A dry run day is scheduled immediately prior to the first exam day of every stand to make sure that all equipment is operational, supplies are adequate, and the facility is working properly. Any problems are corrected quickly before the “real” examinations begin. All procedures in the dry run are completed as though the actual exam session was being conducted. The only difference is that the examinees are actual volunteers who are not part of the sample for the survey. Volunteers may include local residents, local officials, or field employees or guests of NCHS.

1.6 Integrated Survey Information System (ISIS)

The Integrated Survey Information System (ISIS) is a computer-based infrastructure designed to support all survey operations including sample management, data collection, data editing, quality control, analysis, and delivery of NHANES data. With a collection of customized subsystems, the ISIS links the Field Office, Mobile Examination Center, Westat home office, and NCHS during field operations. Each component in NHANES such as Dietary Interview has a computer application for direct data entry. Data collected in the Dietary Interview room of the mobile examination center is directly entered in the ISIS system computers. In addition, data from biomedical equipment such as the blood pressure monitor in the CV Fitness room is directly downloaded to the ISIS system where it is displayed on the computer screen and stored in the system database.

1.7 Confidentiality and Professional Ethics

All information regarding this study must be kept strictly confidential except as required by law. This includes location of survey sites. Since this study is being conducted under a contract with the National Center for Health Statistics, the privacy of all information collected is protected by two public laws: Section 308(d) of the Public Health Service Act (42 U.S.C.242m) and the Privacy Act of 1974 (5 U.S.C. 552a).
Each person working on the study must be continuously aware of the responsibility to safeguard the rights of all the individuals participating in the study. Each participant should be treated courteously, not as a sample number. Never divulge names or any other information about study participants except to the research team. Refrain from any discussions about study participants, in or out of the MEC, which might be overheard by people not on the survey staff. All of the members of the research team are under the same legal, moral, and ethical obligations to protect the privacy of the SPs participating in the survey. No participant names will be included in any reports prepared about the survey and neither NCHS nor the contractor is allowed to release information that would identify study participants without the consent of the participants.

Cooperation from the public is essential to the success of survey research. A great deal of effort is expended in obtaining cooperation from many national, regional, state, and local officials and the general public. It is the responsibility of every field employee to build on the integrity of the survey to encourage continued access to study participants during current and future surveys. Professional conduct, both on and off duty, is extremely important.

Each staff member has a responsibility for promoting good public relations. The Public Health Service and the contractor will be judged by the actions of the staff both on and off duty; consequently staff must be discreet in speech and action. Personal appearance and behavior must be governed by these same considerations. Please be aware of the audience at all times and avoid statements or actions that could shed an unfavorable light on the survey.

Staff will be asked to sign a pledge of confidentiality before the survey begins. This pledge states that they are prohibited by law from disclosing any information while working on the survey to anyone except authorized staff of NCHS and the contractor, and that they agree to abide by the contractor’s Assurance of Confidentiality.
2. OVERVIEW OF THE MEC INTERVIEW COMPONENT

The MEC Interview component of the NHANES consists of the use of questionnaires to address a variety of health-related topics. The MEC questionnaires are designed to obtain information concerning particular health behaviors, thoughts, feelings, and risk factors. The questionnaires are administered to examinees 8 years of age or older.

2.1 Purpose of the MEC Questionnaires

There are three main sections of the NHANES MEC Interview. The first section consists of questions in several topic areas administered through a computer-assisted personal interviewing (CAPI) system. The individual questionnaire health-related sections in CAPI are selectively administered to subjects based upon their age and sex.

The second section of the interview consists of a series of mental health questions, which are also CAPI-based, and selectively administered based upon age.

The third section of the interview is completed through the use of an audio computer-assisted-self-interviewing (CASI) system. This system is generally used for sensitive topic areas. The subject listens to a recorded voice though a headset, as well as reading the questions on the screen. The subject then indicates his or her response to a question by touching the computer screen.

Questions in each of these sections are included for specific reasons, which relate to other NHANES components. For example, alcohol consumption and tobacco use are included since previous research has demonstrated that these risk factors may affect other health functions. The main purpose of the reproductive health section is to obtain information on pregnancy and reproductive history, birth control practices, and other reproductive-health-related topics. The drug use questionnaire provides a brief assessment of the subject’s use of marijuana, cocaine, and injectable street drugs. The mental health sections provide in-depth assessments of depressive disorders, panic disorder, generalized anxiety disorder, and for children, eating disorders and conduct disorder.
2.2 Role and Responsibilities of the MEC Interviewer

As MEC interviewer you are to administer the MEC Questionnaires in a standardized fashion. You must be able to obtain cooperation of the sampled person (SP) in a friendly yet professional manner, in order to gain and maintain his or her focus on the various details of the MEC interview. Since many of the topics covered in the interview are of a sensitive nature, SPs may be reluctant to respond to certain items. Therefore, an important aspect of your role is to establish a working relationship with each SP and to maintain that rapport throughout the entire interview. You must provide a supportive environment with proper encouragement and reassurances in order to avoid invalid results.

You provide an important link between the researchers who have developed the questionnaire as a means of characterizing the sample population and the sample persons whose individual answers provide the data for the researchers to analyze. Moreover, you must be able to ensure that each sample person hears and understands every item, and that each sample person provides full and meaningful responses. Then you must record all responses precisely while maintaining interaction and rapport with the participant.

The quality of the data obtained in the MEC interview depends on a high degree of consistency among interviewers in their presentation of the interview content and in their recording of the responses. In this way, the information gathered by different MEC interviewers can be combined to create a valid and reliable characterization of the respondents’ health behaviors, attitudes, and experiences.

2.3 Procedures for Administering the MEC Interview

Initially, you must create a warm, accepting, and private setting in which to interview. In greeting each SP by name, and introducing yourself to each SP, you convey a positive regard for the SP.

After welcoming the SP and logging him or her into the system, you should read the introduction, which will be printed on the computer screen. Following several practice sessions and actual interviews, this language should become more comfortable and familiar to you. This will enable you to paraphrase the introduction, as long as you are careful to include all important points. Your explanation of the purpose and nature of the interview should help put the SP at ease. You should assure each SP that there are no right or wrong answers to the questionnaire items.
Following the introduction you provide for each SP, individuals may have additional questions or concerns prior to the start of the interview. If a sample person asks for a description of the types of questions asked in the MEC interview, keep the description of those questions quite general. Due to the variety of questions and the sensitive nature of certain items, a detailed explanation of the topic areas may intimidate the SPs or negatively influence their participation. Tell the respondent that the questionnaire includes numerous items within several health-related areas, and that most items require only short answers or simply yes/no responses, while a few ask for more complete answers. Emphasize that each part of the questionnaire will be explained in more detail as the interview progresses. Encourage the SP to feel free to ask for clarification on any part of the interview which seems unclear or confusing. Then, proceed with presenting the questionnaire items in their designated sequence.

### 2.4 Description of the MEC Questionnaires

The MEC interview consists of questions on a variety of health-related behaviors, attitudes, and risk factors. As mentioned earlier, each section of the MEC interview is targeted for a specific age or age/sex group.

The sequence of the topics covered in the MEC Interview is designated for each age/sex target group as follows:

<table>
<thead>
<tr>
<th>Questionnaire Section Order</th>
<th>Eligibility by Age/Sex</th>
</tr>
</thead>
</table>
| **CAPI**
  Respondent Selection Section (RIQ)       | SPs 12+                |
  Current Health Status (HSQ)                 | SPs 12+                |
  Kidney Conditions (KIQ)                     | SPs 20-59              |
  Tobacco (SMQ)                               | SPs 20+                |
  Alcohol (ALQ)                              | SPs 20+                |
  Reproductive Health (RHQ)                  | Female SPs 12+         |
  Physical Activity (PAQ)                    | SPs 12-15              |

---

1 CAPI sections may be administered as a proxy interview or through an interpreter.
<table>
<thead>
<tr>
<th>Questionnaire Section Order</th>
<th>Eligibility by Age/Sex</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mental Health²</td>
<td></td>
</tr>
<tr>
<td>Panic Disorder</td>
<td>SPs 8-19, 20-39³</td>
</tr>
<tr>
<td>Generalized Anxiety Disorder</td>
<td>SPs 8-19, 20-39³</td>
</tr>
<tr>
<td>Eating Disorders</td>
<td>SPs 8-19</td>
</tr>
<tr>
<td>Depressive Disorders</td>
<td>SPs 8-19, 20-39³</td>
</tr>
<tr>
<td>Audio-CASI</td>
<td></td>
</tr>
<tr>
<td>Youth Conduct Disorder (YCQ)</td>
<td>SPs 12-19</td>
</tr>
<tr>
<td>Tobacco (SMQ)</td>
<td>SPs 12-19</td>
</tr>
<tr>
<td>Alcohol (ALQ)</td>
<td>SPs 12-19</td>
</tr>
<tr>
<td>Drugs (DUQ)</td>
<td>SPs 12-59</td>
</tr>
<tr>
<td>Sexual Behavior (SXQ)</td>
<td>SPs 14-59</td>
</tr>
<tr>
<td>Kidney Conditions (KIQ)</td>
<td>Male SPs 20+</td>
</tr>
</tbody>
</table>

2.5 Data Collection Materials

Data collection for the NHANES MEC Interview entails the use of the Integrated Survey Information System (ISIS).

In addition to the computer-based interview, there are hand cards, a timeline, female hormone charts, and a list of female hormones which are used by SPs to help recall dates and to provide the SP with appropriate response categories.

The MEC questionnaires have been programmed to permit computerized administration and recording. The question-by-question specifications, which are provided in Chapter 6 of this manual, should be used as a study guide to help you learn the intent of each question prior to the start of the main study, and as a reference once the main study and the interviewing have begun.

² Section order varies randomly for SPs 20-39 years.
³ Administered to a half sample of SPs 20-39 years.
3. MEC SUBSYSTEM OVERVIEW
MEC Subsystem Overview

National Health and Nutrition Examination Survey
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MEC Network & Coordinator Overview

The illustration below depicts how the MEC subsystems are connected to the FO and HO to supply the SP data necessary to conduct the multitude of examinations. The Field Office manages the Interview Teams that conduct the footwork of identifying and gathering detailed data on prospective SPs and transmits the information to the FO and HO for processing. This information is stored in databases and retrieved by the MEC subsystems in preparation for examinations. The results of FO surveys and MEC examinations are collected, analyzed, and prepared for dissemination in various forms for public, research, and examination participants.

Each ISIS workstation is an integral component of a sophisticated network that links the MEC workstations together with utility and database servers, and the Home Office. Continual status communications between the...
workstations and the Coordinator station enable orchestration of activities and personnel flow.
A simplified Intranet schematic is illustrated below:

![Network Connectivity Scheme](image)

*Figure 2: Network Connectivity Scheme*

Each workstation connects to both the office automation server (NT Server) and the database server (Sybase) through a series of hubs. These hubs connect the servers and workstations (operating on Windows NT) within the MEC trailers to form part of the ISIS system. The MEC network communicates with both the Field Office (FO) and Home Office (HO) using primary and backup data links. The data links synchronize operational activities and transfer examination and other data as scheduled.
MEC Coordinator

The MEC Coordinator subsystem is designed to efficiently orchestrate the flow of Sample Persons (SPs) throughout the MEC examination process. Continual interaction between each workstation and the Coordinator enables smooth passing of SPs from one workstation to another. Each component examination program automatically transmits the status of the examination to the Coordinator to assist in synchronizing the next component assignment. Exams cannot be performed without specific assignment of a technician and an SP.

The MEC Coordinator subsystem receives appointments scheduled by the Field Office’s Appointment Management subsystem. The Coordinator subsystem determines the appropriate examination program, called a ‘profile’, based on gender and age at the time of the Household Interview.

During the conduct of the session operations, the Coordinator subsystem provides a graphical representation of the location of SPs in the MEC, the status of exam components, the availability of examiners, and the availability of exam stations.

The Coordinator Screen Configuration

The Coordinator station is the nerve center for the MEC. All functions of the Coordinator are executed with the graphical interface designed to assign, monitor, and manage all activities within the MEC. The Coordinator screen, illustrated below, is organized into three major panes and a menu bar:
Figure 3: The Coordinator Screen

The **Menu Bar** provides access to options detailed in the following section.

The **SP Exam Profile and Monitoring** pane displays each SP exam profile, current status, and examination progress. (The actual screen shows all 10 scheduled SPs). The Examination Profile pane is designed to assist the Coordinator to rapidly assess the availability of examination components against the required examination profiles for each SP, and to manage the movement of SPs and staff.

The **MEC Examination Rooms Layout** visually portrays the floor plan of the MEC, availability of each examination room, assigned examiner and technician, the location of SPs, and examination status for each room.

The **Examiner and Technician List** shows available examiners and technicians along with their status.

**Assigning an SP to an Exam**

After check-in and after completion of individual examinations, the MEC Coordinator assigns the SP to new components. Assignments are based on
a list of the SP's remaining required exams, available examiners, and available exam components.

Examiners are notified by a system-generated message when an SP is assigned to their component. When the examination is complete, the Coordinator system advises the examiner of the SP’s next component for the SP.

**System Blocking and Exclusions**

Specified examinations are “blocked” or excluded for SP assignment or continuation of an examination due to medical, SP non-consent, or safety considerations. Some examinations become “unblocked” when medical conditions are verified, such as a negative pregnancy test result from the lab.
MEC Workstation

Workstation Startup

The workstation startup procedures are rarely necessary since the workstations will remain powered and running the Windows NT operating systems for the stand duration. However, at times the workstation must be completely shutdown and restarted to resolve connectivity and other operating issues.

In the event that you must startup a workstation, follow these simple procedures:

To Startup the Workstation:

- Locate and press the power button as shown on the right;
- Then turn on the monitor.

To Turn On the Monitor:

- Locate and press the power button as shown.
- A small green light located near the power button will light if the monitor’s power line is connected.

The MEC Desktop

After workstation startup, the MEC desktop appears. The desktop is specially tailored to support the specific MEC examination or station. An illustration of the desktop and components are shown below.
The desktop is similar to a real desktop, except perhaps a little neater. The desktop holds “shortcuts” to frequently used programs, such as the examination programs. Shortcuts are icons that represent a file or program located within the computer or network. The shortcuts provide a rapid means to open the program or file it represents. When an application opens, it displays on the desktop, as well as most other system activities. Descriptions of the items that appear on all examination workstations are below.

The **Start** button, when clicked, displays a menu containing everything you need to begin using Windows. The menu options include:

**Shut Down** – Shut down menu options.

**Help** – Starts Windows NT Help.

**Documents** – Displays a list of previously opened documents.

**Programs** – Displays a list of programs you can start.

The Start button menu expands as programs are added to the system. The graphic below illustrates how the MEC desktop menu expands.
Note the highlighted selections. The menu expands when a small black arrow is shown on the menu’s right margin. The main Start menu, the menu with the Windows NT banner on the first menu’s left margin, is set by the development team. You may be asking yourself “Where is all the fun stuff?” The Explorer and many other Windows functions are disabled to discourage any modifications to the desktop, Start menus, and files. Inadvertent moving or deletions of files could and would cause havoc.

**My Computer** icon views and manages your files. Double-clicking the icon will open a window view of your computer and connected resources.

**Network Neighborhood** provides a view of all available resources on the network.

**Examination Program** icons (with shortcuts indicators) reside on the desktop to easily start an examination. Each examination has its own tailored icon. Double-click on the icon to open the examination program.

The Taskbar, located at the bottom of the Desktop, displays the Start button on the left side and the System Tray on the right side of the bar. By default, the system tray displays the current time and shows special system icons for programs that run in the background. The Physician button, shown to the right of the Start button, indicates the Physician examination
component is currently running. Programs running but **minimized** are also shown as a button on the Taskbar.

### The System Tray Icons

The **System Tray** holds icons that represent the programs for displaying time and a screen capture utility.

![System Tray Icons](image)

The PrintKey screen capture utility operates automatically in the background. This feature enables you to capture items for documentation and database or program error messages. See *Appendix A, Using PrintKey*, for directions on how this feature can help you.

### Right Mouse Button Menus

The right mouse button provides a short menu of common actions when clicked on a desktop icon, the desktop itself, or System Tray icons. The Task Bar menu is disabled.

**Open** will open the program or file with associated application.

**Send To** provides an option to send the selected program or file to either the A:\ drive (floppy) or Mail.

**Cut** removes the icon from the desktop and places it on the system clipboard.

**Copy** places the contents of the clipboard to the desktop.

**Create Shortcut** makes another Shortcut on the desktop.

**Delete** permanently removes the selected item.

**Rename** highlights the item's name for editing.

**Properties** displays information on the application the icon represents and shows the path and working area of the actual application.

The right mouse menu for the **Desktop** appears when right-clicked anywhere on the desktop, as shown below:
Arrange Icons provide options to display the icons. Line Up Icons automatically rearranges your desktop in a manner you will not like. Paste will place the contents of the clipboard onto the desktop. Paste Shortcut places a shortcut of the item in the clipboard on the desktop. Undo Copy will clear the clipboard of the last copied item. New provides a menu of items from which you can create, such as a new folder or document. Properties display the Display Properties window to view and change several properties, such as window appearance, background, and colors. Some, if not all properties, will be disabled to ensure consistent appearance of all MEC workstations.

If the System Tray menu appears as shown on the left, you have clicked in the wrong area of the Task Bar. Restore brings the program to the last used or default window size on the desktop. Minimize will reduce the program to an icon on the Task Bar. The Tray Utility program will reduce the connectivity applications back into the System Tray. Maximize opens the program in a window that fills the screen. Close will terminate the program.

Note: In the event you activate this menu from the System Tray, press the ESC key to escape the menu. DO NOT select Close! You will lose the background applications.

End of Day Procedures

The current procedure is to leave your workstation operational when departing the MEC. Examinations are closed and the programs in the system tray left running.

There will be times when the system malfunctions, such as failure to respond to keyboard or mouse commands or “hangs”, you may be directed to shut down or restart the workstation.

To Shut Down or Restart the Workstation:
• Click on the Start button on the Taskbar.
• Select Shutdown from the Start Menu.
The dialog box, shown below, appears.

To shut down the system completely, select *Shut down the computer*.

Wait for the message indicating that it is safe to turn off the computer.

To restart the system without shutting down, select *Restart the computer*.

The system will restart automatically.
MEC Exam Application’s Common Features

MEC applications are custom built for each specific component but share a common design. This commonality provides all component applications the same “look and feel” which minimizes reorienting technicians that rotate from component to component. These features and characteristics are described below.

Examiner Logon

There are currently several types of examiner logon procedures. The logon procedure for an examination component is determined by whether the examiner is static or rotates through other components throughout a session. Static examiners include components such as Physician, Phlebotomy, Dietary, and MEC Interviewers that remain logged on throughout the session. Health technicians, such as Vision and CV Fitness, are not assigned to rooms but rotate through several examination components. These technicians are required to logon and logoff for each examination. Other examinations, such as Dental and Body Measurements, have slightly different requirements and are addressed in their specific User’s Manual. The two basic approaches to logon are outlined below.

Static Examiner Logon:

- The logon screen, shown above, appears after the Coordinator assigns the examiner to the component and the assigned examiner starts the examination program.
- The User ID (Last Name_First Initial) will automatically appear and cannot be changed.
- Type in the Password and press OK
- Examiner logoff is automatic at the end of the session.
Rotating Examiner Logon:

- The logon screen appears when the Coordinator assigns an SP to an exam component.
- If the component involves both an examiner and a recorder, the examiner logon screens appear first, followed by the recorder logon screen.
- The User IDs will automatically appear and cannot be changed. Both exam technicians must logon.
- Type in the Password.
- Press OK.
- Logoff is automatic upon completion of the SP examination.

NOTE: Your password is your safeguard. All examination actions within the MEC are traced with the logon User ID and Password. Unauthorized entry and malicious actions to the ISIS system are prevented by a simple act of not ever, for any reason, give your password to another. You could jeopardize much more than study data.

After entering your password and prior to pressing OK, you can change your password by clicking on the Change Password button. The Change Password dialog box appears.

Enter your current password for access verification, followed by your new password. Confirm your new password and press OK.

Figure 6: Change Password Dialog Box

SP Logon

The MEC Coordinator checks-in each SP upon arrival and assigns the SP to an initial examination component. The action of assigning the SP to a component automatically triggers a message from the Coordinator to alert the technician that an SP is assigned.
When the examiner selects *File | Open* to begin the exam, the SP logon screen appears.

- Acquire the SP ID through the wand device or manually enter the ID imprinted on the SP bracelet.
- Verify that the SP information is correct.
- Click **OK** to proceed with the examination.
- The **Message** button opens a dialog box for sending a message to the Coordinator.
- **Cancel** stops the logon process.

**Examination Screen Overview**

The first examination screen appears after an SP is logged in or an existing record is opened. This example screen, shown on the next page and compressed for space, displays the basic visual appearance and design used throughout all MEC components.
**MEC Subsystems Overview**

![Image of examination screen](image)

**Program Title Bar** shows the component program title, stand, session, and date time information.

**Menu Bar** displays the commands, functions, options, and information available during an examination.

**Tool Bars** hold buttons that execute common commands and other actions available in the menu bar. Buttons that are dimmed are not available.

**SP Title Bar** displays SP information during the course of the examination.

**Examination Slide** captures the measurements and other information.

**Navigation Bar** is used to move forward or back in the examination and displays the examination’s relative location.

**Microhelp and Status Bar** displays the status of the computer, completion percentage message to the coordinator, and other information triggered by events.

*Figure 7: Sample Examination Screen*
Menu Bar Options

Each MEC application has tailored menu options to support the specific examination. The menu options below list all available options. The options marked with an asterisk appear on all MEC examination programs. Options are grayed (inverted) or not present when they are not available for your subsystem.

Note the underlined letters in both the Menu and Menu Option. These underlined letters, used in conjunction with the Alt key, provide keyboard access to the menu selection without using the mouse. For example, pressing Alt+F+O will open a file. The Ctrl+keystroke, such as Ctrl+O, will also open a file.

Asterisks (*) denotes menu options common to all MEC examination components.

<table>
<thead>
<tr>
<th>File*</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Open</strong> *</td>
</tr>
<tr>
<td><strong>Review</strong></td>
</tr>
<tr>
<td><strong>Close</strong> *</td>
</tr>
<tr>
<td><strong>Print</strong> *</td>
</tr>
<tr>
<td><strong>Delete</strong> *</td>
</tr>
<tr>
<td><strong>Exit</strong> *</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>View*</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>First</strong> *</td>
</tr>
<tr>
<td><strong>Next</strong> *</td>
</tr>
<tr>
<td><strong>Prior</strong> *</td>
</tr>
<tr>
<td><strong>Last</strong> *</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Utilities*</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Quality Control</strong></td>
</tr>
<tr>
<td><strong>Exam Pause</strong> *</td>
</tr>
</tbody>
</table>
### MEC Subsystems Overview

<table>
<thead>
<tr>
<th>Feature</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Send Message * Ctrl+M</td>
<td>Opens a dialog box to send messages to the coordinator.</td>
</tr>
<tr>
<td>Observation*</td>
<td>Submits an observation to the Physician for possible referral.</td>
</tr>
<tr>
<td>IC Exclude</td>
<td>Posts an exclusion record for those SPs who do not want HIV, STD, Genetic Testing, or Future Research performed; available only for Coordinator, Physician, &amp; Phlebotomy.</td>
</tr>
<tr>
<td>Settings *</td>
<td>Allows user to view or modify subsystem settings, including the Coordinator connection. <em>Modifying setting requires approval by the data manager.</em></td>
</tr>
<tr>
<td>Toolbars*</td>
<td>Configures placement of toolbars.</td>
</tr>
<tr>
<td>English Ctrl+E</td>
<td>Toggle option to set exam language to English.</td>
</tr>
<tr>
<td>Spanish Ctrl+S</td>
<td>Toggle option to set exam language to Spanish.</td>
</tr>
</tbody>
</table>

### Reports*

<table>
<thead>
<tr>
<th>Feature</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session Preview*</td>
<td>Lists all SPs in current session</td>
</tr>
<tr>
<td>Room Log* Ctrl+R</td>
<td>Lists the SPs who have completed the component, including appt/exam and component status</td>
</tr>
</tbody>
</table>

### Window*

<table>
<thead>
<tr>
<th>Feature</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cascade *</td>
<td>Displays multiple windows overlapped and slightly offset as to show the title bar of each open window.</td>
</tr>
<tr>
<td>Tile Horizontal*</td>
<td>Displays open windows on top of each other and sized to fit all in the main program window.</td>
</tr>
<tr>
<td>Tile Vertical*</td>
<td>Displays open windows next to each and sized to fit in the main program window.</td>
</tr>
<tr>
<td>Layer *</td>
<td>Displays open windows stacked over each other.</td>
</tr>
<tr>
<td>Minimize All Windows *</td>
<td>Reduces all windows to a button in the lower portion of the main program window.</td>
</tr>
</tbody>
</table>

### Help*

<table>
<thead>
<tr>
<th>Feature</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Help Topics * F1</td>
<td>Displays ISIS system help contents.</td>
</tr>
<tr>
<td>NHANES Procedures *</td>
<td>Displays component procedures manual. (not in Pilot).</td>
</tr>
<tr>
<td>OMB Statement.</td>
<td>Displays the OMB Confidentiality Statement.</td>
</tr>
<tr>
<td>----------------</td>
<td>--------------------------------------------</td>
</tr>
<tr>
<td>About *</td>
<td>Displays the About dialog box.</td>
</tr>
</tbody>
</table>

### Tool Bars

Tools Bar buttons display when the program first opens to provide an easy way to access menu commands. Buttons are dimmed to signify that the action is temporarily unavailable; such as a dimmed **Print** button when no examination is open.

The Tool Bars, labeled FrameBar and FrameBar2, are customizable through the **System | Customize Tool Bars…** menu option or the **Arrange Toolbars** button. The Tool Bars buttons are:

- ![Open](image) Opens a New Sample Person Examination.
- ![Open](image) Opens an Existing Sample Person Examination.
- ![Print](image) Prints the Current SP Examination.
- ![Arrange](image) Arranges toolbar buttons.
- ![Modify](image) Modifies system configuration and settings.
- ![Send](image) Sends message to coordinator.
- ![Quit](image) Quits the Exam Application.
- ![Perform](image) Performs Quality Control Procedures.
- ![Pause](image) Pauses the current SP examination.
- ![Log](image) Logs an Emergency for the Current SP.
MEC Subsystems Overview

Enters a Referral for the Current SP.

Displays NHANES Procedures.

Displays program Help.

---

**SP Title Bar**

SP ID: 110343  Name: Crane, Patricia  Age: 43 years  Gender: Female  Date: 12/07/1999  Time: 10:55 AM

The Title Bar appears with the first examination slide after the SP is logged on. The Title Bar remains visible throughout the examination process. The example above illustrates the actual information displayed, but is not as compressed along the bar.

---

**Exam Slide Navigation**

The slide navigation bar provides a means to move forward and back through an examination. The features of this bar are:

- **View first** slide in examination sequence. Disabled (dimmed) if current slide is first in examination sequence.
- **View previous** slide in examination sequence. Disabled (dimmed) if current slide is first in examination sequence.
- **View next** slide in examination sequence. Disabled (dimmed) if current slide is last slide in examination sequence.
- **View last** slide in examination sequence. Disabled (dimmed) if current slide is last slide in examination sequence.
- **View next** slide in examination sequence. An easy to click button.

Note the slide counter between the previous and next slide buttons. This counter aids in determining your current location in the slideshow sequence.
**End of Section** button advances the examination slide to the status slide for the current section or the end of the examination for single section examinations.

**Close** button interrupts the examination and displays the Status screen for an appropriate status code and comment.

**Finish** button is disabled (dimmed) until the examination is complete. Partial and Not Done examinations require a status code and comment to activate the Finish button. The action completes the current examination.

### Quality Control

Several examinations incorporate medical equipment that requires periodic maintenance and inspection. These components have detailed procedures on conducting their specific inspection checks. Each subsystem notifies the examiner that QC inspections have not been performed when the examination program is started.

An example Quality Control window is shown below.

![Quality Control Screen Sample](image)

Included in the QC Checks are mandatory checks that must be completed prior to starting the examination program. The types of QC Checks are listed:

1. Start of Stand.
2. Start of Session.
3. Daily.
5. Middle of Stand.
6. End of Stand.
Warning and Error Messages

Throughout the course of an examination, warning and error messages may appear when you attempt to perform an action the program cannot execute or requires your confirmation to continue the action. The message normally appears with statements explaining the error condition. Complying with the error message statement will normally remedy the error. When required to confirm an action, such as deleting records, be sure the action is necessary because in most cases the action is irreversible. Most “Oh #@%&” comments result from responding “Yes” when “No” was appropriate.

Data entry fields may have limitations on the acceptable range of values. The limitations imposed on these values are called Hard and Soft Edits.

**Hard edits** impose a strict limitation on values entered in a data field. A data value entered outside of the hard edit range is not accepted and a program warning displays. For example, if a vision hard edit limitation is 20/500, an entry of 20/520 will not be accepted.

**Soft edits** are flexible limitations on values but prompts you for confirmation if a value exceeds the limit. For example, if a vision soft edit limitation is 20/400, an entry of 20/435 will prompt a confirmation dialog box.

Buttons and Boxes and Lists

The examination slides use a variety of methods to capture acquired data. The methods include the following data control devices.

The **radio buttons** require a single response out of the responses displayed. The responses are mutually exclusive, but may have more than two displayed responses. To select a response, simply click on the appropriate button. The selected button will appear with a black dot in the center of the circle.
The drop list, or drop-down list, provides a rapid means of selecting a desired response from a fixed set of possible responses. The drop-down list window may initially appear blank, as shown in the top example above. To drop down the list of possible responses, click on the down arrow button. A scroll bar may appear on the window's right side to enable you to scroll down the list. Click to select the desired response. Your selection will appear in the upper list window.

The check boxes enable selection to all responses that apply. The responses are not mutually exclusive. To select a response, simply click on the appropriate box. The selected box will appear with a black check in the center of the box. Click on a selected box to deselect.

The ellipsis button indicates additional action is available, such as browsing for records or additional information.

The spin box accepts a limited set of discrete responses. The “spin” name is derived from the up-down arrow buttons that can be used to “spin” the set of responses up or down. To select a response, simply click on the appropriate up or down arrow button to increment the responses. You may also type the response value in the spin window, if known.

---

**Section or Component Status**

The Section or Component Status screen displays the relative completion of the examination - **Complete**, **Partial**, or **Not Complete**. This is the last exam slide at the end of a section or a component if there are multiple sections. The status automatically displays and is not editable. Interruptions, emergencies, refusals, and other events that prematurely stop the examination will trigger this screen for appropriate incomplete comment codes. **Comments are not recorded for Complete examinations.**

**Comment codes:**

Component status codes indicate the degree of component examination completion. The three standard codes are:

- **Complete**: All sections of the component were completed or attempted.
Partial: At least one section of the component was not completed or attempted.
Not Done: No part of the component was done or attempted.

Comment codes are used to explain Partial complete or Not Done status codes. The Comment Codes defined below are common to all exams. There are other specific components and sections comment codes which are not defined here.

Safety Exclusion: The examinee was excluded from the component for safety reasons as defined by the protocol for the component.

SP Refusal: This is an SP initiated response due to refusal. The SP refuses the component for any reason other than an illness or emergency. If the SP refuses in the reception area, the Coordinator can code the exam. If the SP refuses after starting the exam, the examiner will code the refusal.

No Time: The SP comes on time and stays for the entire session, there is adequate staff in the MEC but at the end of the session there is no time to do the examination.

Physical Limitations: SP is unable to have the test due to physical problems. For example, the SP is unable to lie flat for the total body composition scan.

Communication Problems: SP is unable to understand and follow the instructions for the component due to language, cognitive impairment or other problem, and is unable to complete the test.

Equipment Failure: The component equipment malfunctioned and the test could not be performed on the SP.

SP Ill/Emergency: The SP became ill or an emergency occurred and the test was not performed on the SP.

Interrupted: An exam is interrupted, usually for a MEC-wide emergency, and cannot be completed by the SP.

Other, specify: If the above reason for a Status Code of Partial or Not Done is not explained by one of the above Comment Codes, the examiner must choose Other, specify and record a comment in the text field.

Examinations closed prior to completion are automatically assigned a Partial status and the examiner is prompted for an appropriate comment.

Select the comment from the Comments drop-down list and press OK.
The Messaging Subsystem

The Messaging subsystem is the communication nerve center that continually informs the Coordinator on the status of each component examination progress, assigned examiner(s), components available for SPs, and other management information.

Communication between the Coordinator and examination components is readily available through the Utilities menu or the Send Message button on the toolbar.

To Send a Message to the Coordinator:

- Click on the Send Message button on the toolbar.
- Press Ctrl+M keystroke combination.
- Select Send Message from the Utilities menu.
- The Message Center transmittal box appears.

Messages sent to the Coordinator appear in the Message Center window on the Coordinator screen. Messages received from the Coordinator will remain visible on your screen for approximately 30 seconds.

Messages that have been flagged as “Read” (click the Read Flag column next to the read message) will be removed from the Messages Received pane during the system update, usually every 30 seconds.

- Received messages appear in the upper pane.
- Message responses are constructed in the lower pane.
• To respond to a message, select the message in the upper pane by clicking the “Read” flag.
• The Coordinator automatically appears in the “To” message response pane.
• Type your message in the Message text box.
• Click the Send button to send the message.
• Clicking the send button without including a text message automatically sends an “Ok”.
• Click the Close button to close the Message Center
Sample Reports

The Reports menu options include the Session Preview, Room Log, and Results reports. Most reports display on screen and all reports can be printed.

To Print a Report

Default printers are designated for each workstation and cannot be changed with the examination program.

To Print a Report or Window:

- Open the report.
- Select File | Print from the menu bar.

The report or print capable window is automatically sent to the default printer.

Session Preview Report

This report can be viewed one day in advance. The report shows SPs scheduled for the scheduled sessions with special considerations and comments to notify the team in advance.

<table>
<thead>
<tr>
<th>SP ID</th>
<th>SP Type</th>
<th>SP Name</th>
<th>Age</th>
<th>Gender</th>
<th>Special Considerations</th>
<th>Consent</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>791316</td>
<td></td>
<td>Tim Broughton</td>
<td>7 yrs</td>
<td>M</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>734079</td>
<td></td>
<td>Zack Broughton</td>
<td>17 yrs</td>
<td>M</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>602170</td>
<td></td>
<td>Kasey Broughton</td>
<td>35 yrs</td>
<td>F</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>503340</td>
<td></td>
<td>Allen Broughton</td>
<td>46 yrs</td>
<td>M</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>735905</td>
<td></td>
<td>Lydia Broughton</td>
<td>21 yrs</td>
<td>F</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Figure 9: Session Preview Report
The Room Log displays SPs that have completed the component and other comments.

<table>
<thead>
<tr>
<th>Sp Id</th>
<th>SP Name:</th>
<th>Gender</th>
<th>Age</th>
<th>Appt Status:</th>
<th>Comp. Status:</th>
<th>Comp. Comment:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Hanin Broughton</td>
<td>M</td>
<td>35</td>
<td>Scheduled</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Sarah Broughton</td>
<td>F</td>
<td>4</td>
<td>Scheduled</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Sue Broughton</td>
<td>F</td>
<td>56</td>
<td>Scheduled</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Figure 10: Room Log

The Result Report displays a detailed listing of the examination results. Each component application is tailored to the examination. However all reports reflect the itemized results in tabular form in a style consistent with the sample below.

<table>
<thead>
<tr>
<th>Sp Id</th>
<th>SP Name:</th>
<th>Person Gender</th>
<th>Age At Interview Yrs:</th>
<th>Appt Id:</th>
<th>Appt Status:</th>
<th>Exam Status:</th>
<th>Exam Comment:</th>
</tr>
</thead>
<tbody>
<tr>
<td>506340</td>
<td>Allen Broughton</td>
<td>M</td>
<td>45</td>
<td>5510669</td>
<td>5</td>
<td>P</td>
<td>SP refusal</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Ph Item Id:</th>
<th>Ph Item Test:</th>
<th>Ph Item Type:</th>
<th>Ph Result Num:</th>
<th>Ph Result String:</th>
</tr>
</thead>
<tbody>
<tr>
<td>EPQ010</td>
<td>Have you had any of the following in the past 30 minutes? (check each)</td>
<td>1</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>EPQ010A</td>
<td>food</td>
<td>1</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>EPQ010B</td>
<td>alcohol</td>
<td>1</td>
<td>2</td>
<td></td>
</tr>
</tbody>
</table>

Figure 11: Result Report
Appendix A: Using PrintKey

PrintKey Overview

The PrintKey screen capture utility allows you to capture whole or partial screen images for immediate printing or saving to a file. Use this feature to capture any error messages that appear on the screen. Capturing the error message as it appears will enable the data manager to quickly determine the appropriate actions needed to correct the error.

PrintKey automatically loads whenever you logon a MEC workstation. It’s icon appears in the system tray in the lower right corner of the screen next to the clock (looks like a little hand pushing a button). Full Screen and Window Only are two available options to capture various parts of a screen image. Full Screen captures the entire monitor screen, and Window Only captures the currently active window only, such as an error message window.

Full Screen Capture

Full screen captures are used when the entire monitor image is needed. Each image will require approximately 1.5 Megabytes of space, which is more than what 1 floppy disk can hold.

- Press the Print Scrn key, a screen shot of the full screen is taken and the PrintKey utility window pops up:

- Now you can print the image or save the image to a file.
Window Only Capture

Window only captures are used when only the current window image is needed. The window can be an error message, dialog box, or a window within an application. Image sizes will very depending on the area the window covers on the monitor. If you want to capture information in a program without the distraction of toolbars and other graphics, this method works best.

- Press and hold the Alt key, then press the Print Scrn key. The capture of the open window is taken and the PrintKey utility window pops up:

- Now you can print the image or save the image to a file.

Saving Images to a File

Images captured using any technique discussed below can be saved to a file for later use. This is how you do it:

- Click Image on the menu bar.
- Select Save… or press Ctrl+S keys.
- The Save dialog box appears.

- In the **Save in** drop-down list, select the destination directory/folder. The selected directory/folder, shown below, opens and displays individual subdirectories to store your files.

- Double-click to select your subdirectory if available, or make a new directory if you do not see one with your name.

- Name your image in the **File name** field.

- Select **BMP** from the **Save as type** drop down list.

- Click **Save**.

- Click **Minimize** on the PrintKey window.

---

**Printing a Screen Capture**

**To print the image**

- Click on **Print** in the lower left corner to print to the default printer.
- The capture will print at your designated printer.
- Click **Minimize** to hide the PrintKey window.
4. EQUIPMENT, SUPPLIES, AND MATERIALS

4.1 Description of the MEC Interview Room and Computer Equipment

The two interview rooms in each MEC are equipped with a desk upon which the PC rests, and chairs for the interviewer and SP.

The interview rooms have sliding doors that are closed for privacy during the interview. The door remains closed for the audio-CASI portion of the interview, when the interviewer leaves the room.

The PC monitor, keyboard, and mouse rest on top of the desk, while the CPU is housed in a shelf under the desk. As the connections to the CPU are on the SP’s side of the desk, it is important that the SP does not touch, bump, or otherwise come in contact with the hardware.

For the CAPI and mental health sections of the interview, the PC is oriented toward the interviewer, while for the audio-CASI section, the monitor faces the SP. The monitor is mounted on a swivel so that it can be carefully turned to face the SP at the appropriate time. The keyboard and mouse are for the interviewer’s use only. The mouse will be used in the Windows setup and navigation through the ISIS screens, while both the keyboard and mouse are used to record answers in the CAPI and mental health sections of the interview.

The SP uses the PC’s monitor to record his or her responses to the audio-CASI questions, as the monitor is equipped with a touch screen. The touch screen is not used for any other portions of the interview other than audio-CASI.

The SP listens to the audio-CASI questions through a set of headphones which are plugged into an external speaker. The speaker sits on a small shelf located on the wall above the monitor. A volume control knob on the speaker controls the volume for the headphones. Should the SP decline the use of the headphones, or should there be some other reason why headphones cannot be used for an SP, the headphones can be unplugged from the speaker.
A wall-mounted cabinet with lock is located on the wall to the right of the interviewer. It holds extra supplies and is used to secure interviewing materials and equipment when the MEC is traveling from one stand to the next.

4.2 MEC Interview Supplies and Other Equipment

The following supplies and noncomputer equipment are used in the MEC interview:

- Hygienic earphone covers;
- Germicidal disposable wipes;
- Trash bags;
- Tissues;
- Dry erase marker pens;
- Solar-powered calculator;
- Hand-held, voice-activated tape recorder;
- Audiocassette tapes;
- AA rechargable batteries; and
- Battery recharger.

4.2.1 Description and Use of Interview Supplies

**Earphone Covers.** The Phone Guards hygienic earphone covers are used during the audio-CASI portion of the interview. Change the earphone covers for each SP, and then dispose of the used covers.

**Germicidal Disposable Wipes.** The Super Sani Cloth wipes are used to clean the laminated Current Year Timeline and hand cards at the end of each interview.
Trash Bags. The MEC Interview room is supplied with a small hook on which to hang a small disposable trash bag. When full, discard the bag into one of the plastic trash cans located elsewhere in the MEC.

Tissues. Tissues are provided as a general supply and for use should an SP become distraught during the mental health interview.

Dry Erase Marker Pens. Pens are used to complete the Current Year Timeline and to mark the reference period on the calendar hand cards.

Calculator. The solar-powered calculator is available for use by either the SP or interviewer to provide assistance in answering questions, particularly in the reproductive health portion of the CAPI interview.

Tape Recorder. The hand-held tape recorders are used to record interviews for review by Home Office staff. There is one tape recorder per interviewer and one backup per MEC.

Audiocassettes. Audiocassettes are available for recording the interviews.

AA Rechargeable Batteries. Rechargeable batteries are used to power the recorders. Interviewers should ensure that fully charged batteries are always available.

Battery Recharger. One Rayovac Renewal Power Station – Model PS1 is provided per MEC for shared use by the interviewers. Plug the recharger into the closest available outlet, which is usually in one of the interview rooms but may also be in the hallway outside the room.

4.3 MEC Interviewer Materials

The interviewing materials needed for successful completion of your responsibilities as a MEC interviewer include:

- Navigational Functions – Quick Reference
- Hand cards;
- Probe sheets (3);
- Laminated listing of hormone types;
- Female hormone charts (2);
- Current Year Timeline;
- Mental health referral coding sheet;
- The NHANES informational brochure and form for Consent/Parental Permission/Assent;¹
- The Child Assent brochure;¹
- The Stored Specimen and Future Research Consent/Parental Permission/Assent Form;¹
- Mental Health Parent Interview reminder notices;
- MEC Interview QC Recording Log;
- Script for Obtaining Recorded Permission of Taping;
- Audiotape permission forms; and
- Padded mailing envelopes (prelabeled with Home Office address).

The specific use of these items will be discussed in Chapters 5, 6, 7, and 8 of this manual.

4.4 Inventory, Equipment Setup, and Teardown Procedures

At the conclusion of each stand, you will complete an end-of-stand (EOS) inventory count of materials, equipment, and supplies required for the MEC interview. Accurate counting is essential since the home office uses the information to ensure that sufficient quantities of replacement supplies are shipped and to track supply usage and costs. When the inventory is complete, each examination room must be packed and all equipment secured for travel to the next stand.

¹ Forms not included on MEC Interview inventory sheets. MEC manager supplies forms as needed.
Upon arrival at the next stand, all equipment and supplies must be unpacked and set up in preparation for the start of examinations at the new stand. Shipments of replenishment supplies must be verified against the packing list.

4.4.1 MEC Interview Room Teardown Procedures

Following is the list of tasks (and the responsible staff person) required to prepare the room for travel.

<table>
<thead>
<tr>
<th>Task</th>
<th>Responsible Staff Person</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Disconnect computer equipment (keyboard, mouse, speaker, headphones)</td>
<td>Data manager</td>
</tr>
<tr>
<td>2. Pack computer equipment</td>
<td>Data manager</td>
</tr>
<tr>
<td>3. Secure monitor swivel stand for travel</td>
<td>Interviewer</td>
</tr>
<tr>
<td>4. Pack loose supplies (earphone covers, dry erase pens, tissues, wet cleaning cloths, hand cards/charts, batteries, trash bags) in cabinet and plastic storage containers</td>
<td>Interviewer</td>
</tr>
<tr>
<td>5. Pack interviewing equipment (calculator, tape recorder, battery charger) in cabinet and plastic storage containers</td>
<td>Interviewer</td>
</tr>
<tr>
<td>6. Lock/secure cabinet door</td>
<td>Interviewer</td>
</tr>
<tr>
<td>7. Secure chairs for travel</td>
<td>Interviewer</td>
</tr>
<tr>
<td>8. Lock room door in open position for travel</td>
<td>Interviewer</td>
</tr>
</tbody>
</table>
## MEC Interview Room Setup Procedures

The following list of tasks and responsible staff member comprise setup procedures for the MEC interview room.

<table>
<thead>
<tr>
<th>Task</th>
<th>Responsible Staff Person</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Set up monitor swivel stand</td>
<td>Advance Team</td>
</tr>
<tr>
<td>2. Unpack and set up computer equipment (monitor, CPU, keyboard, mouse, speaker, headphones)</td>
<td>Advance Team</td>
</tr>
<tr>
<td>3. Connect computer equipment</td>
<td>Advance Team</td>
</tr>
<tr>
<td>4. Unlock cabinet door</td>
<td>Interviewer</td>
</tr>
<tr>
<td>5. Unpack loose supplies (earphone covers, dry erase pens, tissues, wet cleaning cloths, hand cards/charts, batteries, trash bags) from cabinet and plastic storage containers</td>
<td>Interviewer</td>
</tr>
<tr>
<td>6. Unpack interviewing equipment (calculator, tape recorder, battery charger) from cabinet and plastic storage containers</td>
<td>Interviewer</td>
</tr>
<tr>
<td>7. Set up chairs</td>
<td>Interviewer</td>
</tr>
<tr>
<td>8. Unlock room door</td>
<td>Interviewer</td>
</tr>
</tbody>
</table>
5. CONDUCTING THE MEC INTERVIEW

The MEC interview component consists of an interview and associated tasks that are performed before the start and at the conclusion of the actual interview. This chapter details the sequence of tasks that comprise the interview component.

5.1 Component Tasks

In your role as a MEC interviewer, you will be responsible for performing the following tasks:

1. Obtaining minor assent to participate in the study;
2. Obtaining minor assent for specimen storage and future research;
3. Logging in SPs;
4. Conducting the interview;
5. Distributing the Mental Health Parent Interview reminder notice;
6. Completing critical data items; and
7. Ending the interview.

You will conduct Tasks 3, 4, and 7 with each SP 8 years of age or older. You will distribute the reminder notice (Task 5) to SPs 8 to 15 years of age. Tasks 1 and 2 depend upon the age of the SP and whether or not the information was collected successfully by one of the NHANES field interviewers. Task 6 is completed for all SPs. Each of these tasks is described in more detail in the sections that follow.

5.2 Obtaining Minor Assent to Participate

Like all research studies, NHANES has established procedures for informing subjects of what participation in the study involves, including procedures for documenting that informed consent has been obtained. In NHANES, the field interviewers have primary responsibility for ensuring that informed consent to participate in the examination portion of the study is obtained prior to the SP’s arrival at the
MEC. The SP’s parent or guardian must give consent for minors aged 7-17 years AND the SP must also give his or her written assent to participate.

Because all SP’s must sign the form in the presence of an interviewer, a small number of minors may arrive at the MEC without having completed the required assent form. If the child is not at home when the field interviewer obtains parental consent, the interviewers cannot leave the form for the child to sign and bring to the MEC. In this event, it is your responsibility as the MEC interviewer to obtain assent in the MEC before any examination procedures are performed. The MEC coordinator will determine whether minor assent is required for an SP at the time the SP arrives at the MEC and will inform you of the need to obtain assent. After greeting the SP and escorting him or her to the MEC interview room, proceed with obtaining assent as described in this section.

There are two separate SP Consent/Assent Brochures:

- A MEC Consent/Assent/Parental Permission Brochure for SPs 12 years or older and parents of SPs under 18; and
- A Child MEC Assent Brochure for SPs 7-11 years old.

The brochure consists of several pages of informational text and a Consent/Assent Form which is the last page of the brochure. The sequence of pages within the brochure and the placement of the consent/assent form as the last page ensures that the SP and/or the parent of the SP has read the text of the brochure before s/he signs the Consent/Assent form. The paragraphs that follow provide a specific explanation of each brochure and form.
The text of this brochure addresses 3 general topics:

- Questions and answers directed towards a general explanation of the structure and goals of the survey;
- Questions and answers directed towards the examination process, how they will be used, and the voluntary nature of the study; and
- An explanation of the health examination including the specific examinations SPs in each age group will receive and which exam results will be reported to the SP.

The brochure contains pictures of a diverse group of people in various interview and examination situations.

The Consent/Assent and Parental Permission for the Examination at the Mobile Examination Center is the back page of this brochure and is printed on 3-part paper. An example of the text of this appears on page 5-12.

The Form has several areas for signatures. Use the following guidelines to complete the assent and signature process for SPs 12-17 years old.

- Ask the SP to read the brochure. Introduce each section briefly and then wait while the SP reads the text. For example, introduce the first section of the brochure with a statement such as “This first page tells you about the purpose of the study.” If you have any doubt about the SP’s ability to read or understand the text, read the brochure to the SP.
- Print the name of the SP on the line provided.
- Have the SP read the statement, sign and date the form in the box labeled “For the Survey Participant who is 12 Years Old or Older.”
- If the SP does not wish to receive the results of the exam, s/he must check the box next to the statement provided.
- Sign your name on the line entitled “Signature of staff member” and date the form.
- “Witness (if required)” refers to any witness used during the consent process. For example, if a respondent cannot read, read the whole brochure to him/her in the presence of a witness. If a respondent cannot read or write, have a witness testify that the respondent has been read the form information and consents to participate in the examination. In both cases, print the full name of the witness on the appropriate line and date the form.
- Record the SPs 6-digit SP ID number.
- Return the completed form to the MEC coordinator.
National Health and Nutrition Examination Survey
Examination Consent
What is the National Health and Nutrition Examination Survey (NHANES)?

NHANES is a survey conducted by the National Center for Health Statistics (NCHS). NCHS is a part of the Centers for Disease Control and Prevention, U.S. Department of Health and Human Services.

We select a sample of people in towns and cities across the country to be part of the survey. Each year of the survey, we will examine about 5,000 people in 15 different sites. NHANES programs began in the early 1960s. The current survey began in 1999 and will now be an ongoing program. More than 130,000 persons have been part of past NHANES programs.

We have designed the study to learn about the health and diet of people in the United States.

Our survey is unique. It combines a home interview with health tests, which we do in mobile units. These special exam centers travel the country with a highly trained medical team. Our team conducts an exam that looks at special health topics. They use the most up-to-date methods and equipment for medical and dental exams, and other lab tests.

We will use the data gathered in this survey to assess the number of people with certain health problems — for example, diabetes and high blood pressure. We will look at diet and other habits that affect health, such as smoking and exercise. NHANES data will describe the health and nutrition of people of all ages. It will also help design health programs and services, and expand our knowledge about the health of people in the United States.
Why were you selected?

We picked you and your household in a carefully designed sample of people living in the United States. We cannot choose someone in your place because no one has the same health profile as you. Having you as part of our survey will help make our information complete. We will add the data from your interview and exam to that from all others who join in this study. That data will give us a big picture of our nation’s health.

You may choose to take part in the survey and you may permit your child to join in. That is your choice. No penalties or loss of benefits will come from refusing to take part. You may refuse any part of the exam and are free to drop out anytime. Also, during the interviews you may choose not to answer any question.

What do you gain by taking part in the survey?

☐ Free health test results, perhaps some of major value to you

☐ The chance to help learn more about the health of the nation

☐ A cash payment to thank you for your time and effort

Are the data we collect confidential?

We respect your privacy. Public laws keep all information you give confidential.

We will hold all data we collect in the strictest confidence. We gather and protect all data in keeping with the requirements of Federal Laws: the Public Health Service Act (42 USC 242k) authorizes collection and Section 308(d) of that law (42 USC 242m) and the Privacy Act of 1974 (5 USC 552A) prohibit us from giving out information that identifies you or your family without your consent. This means that we cannot give out any fact about you, even if a court of law asks for it. However, if we find signs of child abuse during an exam, we will report it to the local department of social services or appropriate law enforcement agency. We will keep all survey data safe and secure.

When we allow researchers to use survey data, we protect your privacy. We assign code numbers in place of names or other facts that could identify you.

What about the exam?

Our interviewer will ask you to make an appointment for the exam at the mobile exam center. Our medical team will collect health data by examining you, doing lab testing, and asking questions about your health. No internal exam is included. No drug testing will be done. We may ask you to prepare for the exam by fasting for a short time. The exam may take from 2-1/2 to 4 hours for those 12 and older and 1-3 hours for younger children. The time depends on the age of the person examined, since some procedures are done only for certain ages. (For a full list of procedures, see page 5.)

Reports of Exam Findings

The survey exam does not replace regular health care. However, you will get some exam results at the exam site. If the exam reveals urgent health problems, we will notify you at once and refer you for treatment. If some urgent problem is found through your lab tests, right away we will send that information in a letter to your home address. If you wish, we
will mail the routine findings report to you about 12-16 weeks after the exam. In general, we give results only to the person examined or to the parents/guardians of children. Some results, such as sexually transmitted disease (STD) tests, are given in special ways explained below. We will not give you results from some tests because they will be used only for research. NHANES does not cover the cost of any health care you may decide to seek after the exam.

**Safety of Tests**

We chose the tests and measurements because they are safe. As in any other exam like this, some procedures may give slight discomfort. Examples are collecting a blood sample or doing the dental exam. For the blood sample, a person will have a small amount of blood drawn from a vein in his/her arm with a needle. We will not ask you to have any test or procedure that is wrong for you because of a health problem or condition.

We will give bone density tests that involve low-dosage x-rays to persons 8 years old and older. Radiation exposure during this test is equal to a cross-country airline flight or a few days of natural background radiation. But because the bone density scan involves x-rays, no one who is pregnant should get this exam. We will obtain information about periods from girls and women, and those who have started their periods will have a urine pregnancy test. Those with a positive test will not have the bone density scan. Also, pregnant women and girls will not have fitness testing if they are in their second or third trimester. We report positive test results only to the person tested if she is 14 years old or older. If a girl is under 14 and has a positive pregnancy test, we will inform both her and her parent/guardian.

**Private Health Interview**

At the exam center, all persons who are 12-59 years old will be asked some personal questions in complete privacy. You will be alone in a room. The questions will be on computer screen. You respond by touching an answer on the screen. Your answers are completely confidential. We ask these questions because some behaviors relate to people’s health. Persons are asked about sexual experience and the use of illegal drugs.

Also, our staff will ask persons who are 8-39 years old some questions about their feelings and behavior. If you are 15 or younger, a staff member will call your home after your exam to ask your mother (or other caretaker) these same questions about you.
Exhibit 5-1. SP Consent/Assent/Parental Brochure (continued)

If you are the parent/guardian of a child age 8-15 who is seen in NHANES, you will receive a phone call within a few weeks after the exam. Our staff will ask you questions about your child's feelings and how he or she is behaving at home and school. The interview will take about 1/2 hour. Your permission for your child's exam also gives consent for this phone call.

Tests for Reproductive Health and Sexually Transmitted Disease (STD)

Females aged 14-59 years will be asked to do private, self-administered, vaginal swabs. Depending on age, these swabs will be tested for bacterial vaginosis and two sexually transmitted germ: *Trichomonas*, and human papillomavirus (HPV). In addition, all persons 14-49 years will have their blood and urine tested for STDs. Depending on age, tests will be for some or all of these diseases: chlamydia, gonorrhea, herpes, syphilis, and HIV. We will not put these results in writing, but you can get reproductive health and STD test results a few weeks after the exam. Before leaving the exam center, you will receive a toll-free number, a password, and the dates to call for your results. Only you will get your test results by calling in and telling us your password. Parents will not be informed of their child's STD test results. If your test results show that you have a current health problem, we will talk with you about the results and tell you how to seek treatment. We will keep all STD/HIV test results completely private, just like all other test results. If you do not want to be tested, you can tell a staff member.

Digital photographs of your skin

Health technicians will use a digital camera take four photos, or images, of the skin of adults. No images will be taken of the face. We will only take pictures of the back, arms, hands, and legs. We will send images to a skin doctor who will look for two skin conditions, psoriasis and hand dermatitis. If a skin condition that needs follow-up is seen, we will notify you by mail. Some skin conditions, including skin cancer, may not be visible in the photos. Better ways of finding skin conditions in images may be developed in the future, and your images may be looked at again. We will not report results of future readings to you.
The NHANES Exam

Health Measurements
* Doctor's exam - all ages
+ Blood pressure - ages 8 years and older
+ Body fat - ages 8 years and older
+ Bone density - ages 8 years and older
+ Oral health exam by a dentist - ages 2 years and older
+ Vision test - ages 12 years and older
+ Hearing test - ages 20-69 years
+ Fitness test - ages 12-49 years
+ Height, weight, and other body measures - all ages
  + Balance - ages 40 years and older
  + Leg circulation & sensation - ages 40 years and older
+ Skin conditions (hand dermatitis and psoriasis) ages 20-59 years

Lab Tests on Urine: (6 years and older)

Kidney function tests - ages 6 and older
*** Sexually transmitted disease (STD)
  Chlamydia and gonorrhea - ages 14-39
  Human immunodeficiency virus (HIV) - ages 18-49 (only if no blood is drawn)
*** Exposure to environmental chemicals-selected persons ages 6 and older
** Pregnancy test - females 12-59 and girls 8-11 who have periods
  * - ages 13 and under
  *** - ages 14 and over

Lab Tests on Blood: (1 year and older) ... continued

Sexually transmitted diseases (STD)
*** Herpes type 2 - ages 14-49
*** Syphilis and human immunodeficiency virus (HIV) - ages 18-49
  Human papillomavirus (HPV) antibody ages 14-59
** Exposure to environmental chemicals
  - selected persons ages 6 and older

Lab Tests on Water
** Environmental chemicals
  - selected persons ages 20-59 years

Other Lab Tests
*** Vaginal swabs (self-administered) - females
  Bacterial Vaginosis and Trichomonas - ages 14-49 years
  Human papillomavirus (HPV) - ages 14-59
  Nasal swab - ages 1 year and older
  Test for an antibiotic-resistant germ

Private Health Interviews
Health status - all ages
  (parent answers for ages 11 years and younger)
** Mental health - ages 8-39 years
  Questions about drug and alcohol use
    - ages 12 and older
    (No drug testing will be done)
Nutrition - all ages
Physical activity - ages 12-15 years
Reproductive health - females ages 12 years and older
Questions about sexual experience - ages 14-59 years
Tobacco use - ages 12 years and older
Oral health - ages 16 years and older

* Results reported to you or to your child and you
** Results reported only if positive (or abnormal)
*** Results reported only to person tested
After your visit to the NHANES exam center:

Persons asked about the foods they eat will receive a phone call 3-10 days after their exam for a similar interview. In addition, a food questionnaire will be mailed to your home. Adults and parents of children two years old and older are asked to complete this questionnaire and return it to our office in a prepaid envelope provided. The questions will take 20-30 minutes to answer.

Persons six years old and older will be asked to wear a physical activity monitor. Exam staff will give you the monitor at the exam. You will wear the monitor at home for seven days and fill out a Daily Log about your activities. Parents or guardians will assist children 6-11 years old. The Daily Log and Monitor will be returned to our office in a prepaid envelope provided.

Persons who test positive for hepatitis C will be called for a brief phone interview six months after the exam. Parents will respond for children. Men with a high PSA test result will be called for a brief phone interview six months after the exam.

Taking part in these interviews and health exams after your visit to the exam center is voluntary.

How are NHANES data used?

What you tell us, your exam findings, and samples you give are a rich resource for health science. Many Federal agencies, universities, and other public and private groups use NHANES data. They use it to help find new cures and treatments for diseases and disabilities. The aim is to enhance the health of all people. Results of this survey may be reported in journals, at major meetings, or through other news media. None of these reports will ever name or use data that can point to any person who took part in the survey.

Many of the National Institutes of Health help us in this survey. The U.S. Department of Agriculture is our partner in planning how to get data on the foods you eat. We share with them the task of looking at people’s diets in the United States.

The U.S. Environmental Protection Agency is another of our many partners. Your survey data helps study harmful effects of being exposed to environmental hazards.

Combining NHANES results with other facts about you can be useful. An example of this is using Social Security numbers to link survey data with vital statistics and other health records. Also, we may need to contact you in the future. To do this we would ask public or private agencies, such as the Post Office, to provide changes in your address.

In the past, we have had the chance to call or revisit people who took part in this survey. We may contact you in the future to ask you to be part of other research projects.

More questions?

Our survey representative can discuss other questions or concerns or give you other printed matter that can help. She or he can give you a phone number in your area that you can call for more facts about the survey. Also, you can make a free call to Dr. Kathryn Porter of the U.S. Public Health Service to discuss any aspect of the survey. She can be reached at 1-800-452-6115, Monday-Friday, 9 AM - 6 PM EST. You may also contact her regarding any survey-related injury. You can also get answers to your questions by mail (Room 900, 6525 Belcrest Rd., Hyattsville, MD 20782). If you have questions about your rights as a participant, call the Institutional Review Board Chairperson at 1-800-223-8118.
Mobile Examination Center (MEC) Diagram

- Hearing Test
- Dentist
- Body Measurement
- Body Composition
- Laboratory
- Blood Draw
- Staff Area
- Leg Exam
- Dietary Interviews
- Interview Rooms
- Doctor
- Fitness Testing
- Balance
- Vision Test
- Reception
Exhibit 5-1. SP Consent/Assent/Parental Brochure (continued)

Print name of participant
First
Middle
Last

The attached brochure gives the details about National Health and Nutrition Examination Survey (NHANES). After reading the information provided, please complete the form below.

For the Parent or Guardian of the Survey Participant who is Under 18 Years Old: (unless the participant is an emancipated minor Q):

I have read the information in the attached NHANES brochure, which explains the nature and purpose of the survey. I freely choose to let my child take part in the survey.

Signature of parent/guardian of participant
Date

If you do not want a written report of your child’s exam results, check here Q.

For the Survey Participant who is 12 Years Old or Older:

I have read the information in the attached NHANES brochure, which explains the nature and purpose of the survey. I freely choose to take part in the survey.

Signature of participant
Date

If you do not want a written report of your exam results, check here Q.

Signature of staff member
Date
Witness (if required)
Date

SP ID

Public reporting burden of this collection of information is estimated to average 6.6 hours per response for total participation, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Report Clearance Officer; 1600 Clifton Road, MS D-24, Atlanta, GA 30333, ATTN: PEA (0920-0237).
The purpose of this brochure is to inform the child SP who is between the ages of 7-11 about the health interview and health examination and to ensure that s/he **agrees** to be examined. You should give the brochure to the child. The text of the brochure must be reviewed by the child OR the interviewer must review the brochure with the child.

This brochure is much shorter than the Consent/Assent/Parental Brochure. The basic concepts of the study are very simply stated and the language in the text has been simplified so that it is more appropriate for young children.

The **Assent Form** that appears on the back of the brochure should be read and signed by the **child**. The rules for signing the form are the same as those for the Adolescent Assent Form. The Child Assent Form appears on page 5-21.

The back page of the Child Assent Form is an area for the signature. Use the following guidelines to complete the signature process:

- Have the child sign the form on the line entitled “Signature of participant 7-11 years old”;
- Print the full name of the child on the lines provided;
- Sign and date the form on the appropriate line; and
- Print the child’s SP ID in the space provided.

Allow the respondent adequate time to read the appropriate brochure including the Consent Form **thoroughly**. After the respondent has completed the form, review it carefully to assure that all appropriate information has been filled out completely.

Remember we are not allowed to conduct any examination component on any person who has not had an opportunity to read the appropriate SP Assent Brochure and signed the appropriate assent forms.
Exhibit 5-2. Child SP Assent Brochure
Exhibit 5-2. Child SP Assent Brochure (continued)

This booklet contains facts for you about the National Health and Nutrition Examination Survey
The National Health and Nutrition Examination Survey (NHANES) studies the health and diet of people in this country.

We go all over the United States in these vans.

The survey will look at how young people grow and develop. We will look at special health problems that may affect kids.
Our survey wants you to come to this exam center. Your exam will help us find out more about the health of children your age.

We will ask questions about what you eat and drink.

You will change into special exam clothes at the exam center.
Our doctor will take your blood pressure.

We will see how much you weigh and how tall you are.

Our dentist will look at your teeth.
We will check your blood and urine in our lab. We will send you and your parents a report on your exam.

We will give you money to thank you for helping us with our survey. Our staff will answer any questions you have.

We would like you to go to our mobile exam center vans for an exam. You will help us learn more about all children in the United States.

If you are 8 years or older, we will ask you about your feelings and about how you have been doing at home and school. Your mother (or other grown-up) will be called to answer these same questions about you.
National Health and Nutrition Examination Survey (NHANES)

Your parents say that you can take part in this special survey. You have just read about the survey in this book. The survey tells us about the health of people. We will ask you to have an exam at our vans that are here in your town. This exam is a little like going to the doctor. Other kids and their families will be at the center. You do not have to do this if you do not want to. If you take part, you will learn some things about yourself. You will help us learn a lot about other kids in the United States.

If you want to take part in the survey, write your name below.

______________________________
Signature of participant 7-11 years old

______________________________
Print name of participant

______________________________
Signature of staff member Date

______________________________
SP ID

Public reporting burden of this collection of information is estimated to average 6.6 hours per response for total participation, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1800 Clifton Road, MS D-24, Atlanta, GA 30333, ATTN: PRA (0920-0237).
5.3 Obtaining Minor Assent for Specimen Storage and Future Research

As scientists learn more about health, important new research projects can be done using specimens (blood and urine) that are stored in a controlled environment. For this reason, we will ask to keep some of the SP specimens given during the time of the MEC examination for continuing studies. No specific studies are planned, however, as new ways to measure health and disease are discovered, other studies may be conducted that will add to the knowledge of the treatment and causes of disease.

All SPs who consent to the examination that includes blood and urine collection will be asked permission to keep blood and urine samples collected during the MEC examination for continuing studies. In addition, SPs who are 20 years old or older will be asked permission to use genetic samples to help understand the genetic link to medical conditions. Exhibit 5-3 is a sample of the form that is used to record consent/assent/parental permission for these purposes.

The rules for signing this form are similar to those used for signing the MEC Examination Consent/Assent/Parental Permission Forms. However, in rare situations, if the respondent refuses to check the items on the form or sign the form, s/he should continue to be examined in the MEC. In this case the SPs specimens will not be kept.

The text that follows provides a specific explanation of the form.

The form is divided into three general areas:

- Questions and answers directed toward the goals and procedures of specimen storage and future research—Allow the SP time to read the text of each question and answer.

- Statements and Required Check Boxes—This part of the form contains three separate statements:

  - Two regarding permission to keep the SP’s specimens for future health studies—one worded for the SP and the other worded for the parent of the SP, and

  - One regarding permission to use the genetic material from the specimens of SPs who are 20 years old or older to understand the link between genes and medical conditions.
Exhibit 5-3. Consent/Assent and Parental Permission for Specimen Storage and Continuing Studies

#5

NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY (NHANES)
CONSENT/ASSENT AND PARENTAL PERMISSION FOR SPECIMEN STORAGE AND CONTINUING STUDIES

Print name of participant  First  Middle  Last

Q Why will a sample of blood and urine be kept for future health studies?
A We would like to store some of the urine and blood from persons who are examined in NHANES for future health studies. These samples will be frozen and kept in a specimen bank for as long as they last.

Q What studies will be done with the samples?
A At this time, no specific studies are planned besides the tests included in the NHANES exam. As scientists learn more about health and disease, other studies will be conducted that may include stored samples. People conducting these studies will not contact NHANES participants for any additional information.

We will keep strictly private all health data and samples that we collect in NHANES. Our staff is not allowed to discuss that any person is part of this survey under penalty of Federal laws: Section 308(d) of the Public Health Service Act (42 USC 242e) and the Privacy Act of 1974 (5 USC 552a).

Q Who can use the stored samples for further study?
A Researchers from Federal agencies, universities, and other scientific centers can submit proposals to use the stored specimens. These proposals will be reviewed for scientific merit and by a board that determines if the study proposed is ethical. The NHANES program will always know which samples belong to you or your child, but we will not give other researchers any information that could identify you or your child.

The results of continuing study of your stored specimens may help find new ways to prevent, treat, and cure many diseases.

For persons ages 7 and over, check this box:  
☐ I agree that my blood and urine (if applicable) may be kept for future health studies

For parent/guardian of a child under the age of 18, check this box:  
☐ I agree that my child's blood and urine may be kept for future health studies

_________________________  __________________________
Signature of participant age 7 or over  Date

_________________________  __________________________
Signature of parent/guardian of participant under 18  Date

_________________________  __________________________
Signature of staff member  Date  Witness (if required)  Date

SP: ID: ______

Public reporting burden of this collection of information is estimated to average 8.6 hours per response for total participation, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden estimate to CDC/ATSDR Reports Clearance Officer, 1600 Clifton Road, MS D-34, Atlanta, GA 30333, Attn: PRA (0920-0039).

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- **Signature lines** – This part of the form contains four separate signature lines:
  - One for subjects 7 years of age or older,
  - One for the parent or guardian of SPs under age 18,
  - One for the NHANES staff member, and
  - One for a witness, as necessary.

Specific rules for completing the form in the MEC for SPs 7-17 years old are discussed below.

- The text of the form must be reviewed by the child or the interviewer must review the text with the child.
- Have the SP read the statement printed under the label “For persons ages 7 and over, check this box”. If the SP agrees to have his/her specimens kept, s/he should check the box provided. **Note that the SP's and/or parent's signature alone does not constitute permission to keep specimens or conduct genetic research. Permission for these processes is determined by whether s/he has checked the box next to the appropriate statement.**
- Have the SP sign on the appropriate signature line (“Signature of participant age 7 and over”) and record the date.
- Sign your name and date the form under the line entitled “Signature of staff member”.
- “Witness (if required)” refers to any witness used during the consent process. For example, if a respondent cannot read, read the text of the form to him/her in the presence of a witness. If the respondent cannot read or write, have a witness testify that the respondent has been read the form information and the appropriate statements. In both cases, print the full name of the witness on the appropriate line.
- Record the 6 digit SP ID on the lines provided.
- Return the completed form to the MEC coordinator.

**Note:** The form must be signed by the child in the presence of the interviewer or MEC staff in order to be considered complete. The form cannot be left with the parent for the child to answer and sign. It is acceptable for the child to sign a separate (identical) form in the MEC if s/he was not present to sign it in the presence of the interviewer. Also note that in order to keep the child’s specimens for future research, both statements (one for the child and one for the parent/guardian) **must be checked**. The form is considered complete when all appropriate signatures and dates have been obtained.
As mentioned previously, in very rare situations the SP may refuse to sign the form. This should not jeopardize the examination process. Record the word “Refused” on the line designated for the SP’s signature. In this case, the SP’s specimens will not be kept.

5.4 Logging in the SP

Procedures for logging the SP into the automated system are as follows:

1. Select the MEC Interview icon from the introductory window on the automated system at the start of a session.
2. Enter your interviewer password when prompted.
3. Open a new examination session when the SP has been assigned to the room.
4. Wand the SP’s identification bracelet or type in the SP’s ID number. Verify the SP’s name and identification number displayed on the screen.

5.5 Conducting the Interview

As described in Chapter 2, the MEC Interview consists of three main sections: the CAPI-based health interview, the mental health interview, and the Audio-CASI interview on health behaviors of a sensitive nature. Administration of each section involves introducing and providing appropriate transitions between sections, asking the questions specific to the section and entering SP responses, and recording a section status.

5.5.1 Introducing the MEC Interview to the Respondent

Briefly explain the purpose of the interview in a manner which is appropriate for the age of the SP. For SPs aged 8-59 years and male SPs 60 years and older, you will use a separate introduction for each of the main sections. For SPs aged 12-19 years and for those SPs aged 20-39 years who are part of the half sample selected to receive the mental health assessment, the CAPI introduction is as follows:

“There are three parts to this interview. In the first part, I will ask you questions on your current health status and on other health behaviors.”
For SP’s **20-39** years of age who are **not** part of the half-sample selected to receive the mental health questions, and for all SPs **40-59 years** of age, and for male SPs **60 years and older**, the CAPI introduction is as follows:

“There are two parts to this interview. In the first part, I will ask you questions on your current health and on other health behaviors.”

After conducting the CAPI section of the interview, you will introduce the **mental health section** to SPs eligible for these questions as follows:

For SPs **8-19 years**:

“This interview is made up mostly of questions about the kinds of things you have been feeling and doing in the past year – that is, from last <SEASON> until today.”

For SPs **20-39 years**:

**NOTE**: There is no overall introduction to this section. Instead, the first question in each module of the interview contains brief introductory language.

After conducting the appropriate mental health section of the interview, you will introduce the **audio-CASI section** as follows:

“Now I’d like you to use the headphones and listen to some questions. You will enter your responses into the computer by touching the screen. This will allow you to answer questions in complete privacy. I will leave the room during this time, but will be right down the hall to help you if you have a problem. Let’s go over some examples and then you’ll complete the interview on your own.

For female SPs who are **60 years and older**, your introduction to the MEC interview is much briefer, as this age group receives only the CAPI section of the interview. This introduction is as follows:

“During this interview, I will be asking you questions on your current health status, and other health behaviors. Remember, all of your responses to these questions will be kept strictly confidential. Do you have any questions before we begin?”
For a **proxy** interview or an interview conducted through an **interpreter**, the introduction is also brief, as the interview is quite limited in scope:

“During this interview, I will be asking you questions about <SP’s> current health status, and on other health behaviors.”

These introductions will be automatically displayed on the screen of your PC.

### 5.5.1.1 Asking Parents/Guardians to Leave the MEC Interview Room for the Mental Health Interview

The mental health section of the interview is intended to be asked directly of the SP. For minor SPs who are accompanied to the MEC by a parent or guardian, it is important that anyone accompanying the SP is not present for this portion of the interview. Use the following, or a similar statement, to politely request that anyone accompanying the SP leave the room.

“The next part of the interview is about things that [SP] has been doing or feeling in the past year. I need to ask these questions directly to [SP] and have [SP] answer [himself/herself]. In order to get the most accurate answers, I have to ask [SP] these questions in private. Let me bring you to the waiting area where you can wait while I complete the interview with [SP].”

Unlike the introductions to the interview sections, this statement is not automatically displayed on your computer screen. Instead, you will need to become familiar with it so you can use it at the appropriate time.

Occasionally, you may encounter a parent or guardian who is reluctant to leave the room. If he or she wants to know more about the types of questions that you will ask, you may provide some general information about the interview, but do not go into great detail. The following is an example of what you may say:

“The exact questions depend upon your child’s age and his/her responses to some general questions. However, he/she may get asked about things he/she may worry about, about feeling sad or unhappy, or about eating and weight.”
If the parent assures you that the SP is comfortable expressing his or her feelings in the parent’s presence, acknowledge that this may be true but that not all respondents feel this way. In order that the interview is conducted in exactly the same way with each respondent, it is important to conduct the interview in private even if the parent does not think it is necessary.

5.5.2 Administering the Actual Questionnaire

One of your primary responsibilities as a MEC interviewer is to administer the questionnaire. Successful administration of the questionnaire is a twofold process. It involves:

- Making sure that each respondent hears the questions in exactly the way they are written in the questionnaire; and
- Making sure the respondent’s answers are faithfully and accurately recorded.

Specific instructions for administering the three main sections of the questionnaire are contained in Chapter 6, Question-by-Question Specifications.

5.5.3 Recording a Status for Each Section

NHANES requires that a separate status code be recorded for each section of the interview. After the answer to the final question has been recorded and any additional instructions on exiting the particular software for that section have been followed, the automated system displays a section status screen. An example of a CAPI section status screen is shown in Exhibit 5-4.

The status for a particular section may be either “Complete,” “Partial,” or “Not done.” The ISIS software automatically displays a section status code according to predetermined criteria. However, you should always verify that the correct status code is displayed and edit it as necessary. Once you have launched and begun to administer a section, ISIS is unable to determine whether all appropriate questions were administered so you will need to be particularly mindful of this if you end an interview prematurely. For example, if you were to conduct the CDISC interview with an SP who completed the modules on panic disorder and generalized anxiety disorder but then refused to complete the interview half way through the third module, ISIS would display a CDISC section status of “Complete”. As the interviewer
you would realize that the SP hadn’t completed the questions on eating disorders and, in fact, had failed to start the final module on depression. In this instance, you would need to change the status code to “Partial.”

Exhibit 5-4. Section Status screen

A status of “Partial” or “Not done” requires you to enter a comment code from the drop down comment screen.

Valid comments for the interview and their appropriate use are as follows:

Safety Exclusion: Not applicable.

SP Refusal: This is an SP initiated nonresponse due to refusal. The SP refuses the component for any reason other than an illness or emergency. If the SP refuses in the reception area, the coordinator can code the exam. If the SP refuses after starting the interview, the interviewer will code the refusal.

No Time: The SP comes on time and stays for the entire session, there are adequate staff in the MEC but at the end of the session there is no time to do the examination. The coordinator enters this code.

Physical Limitation: SP is unable to have the interview due to a physical problem.

5-28 (Revised April 2004)
Communication Problem: SP is unable to understand and follow instructions for the component due to language, cognitive impairment, or other problem and is unable to complete the interview.

Equipment Failure: Not applicable.

SP Ill/Emergency: The SP became ill or an emergency occurred and the interview was not done.

Interrupted: An exam is interrupted, usually for a MEC-Wide emergency, and cannot be completed by the SP.

Other, specify: If the above reason for a status code of Partial or Not Done is not explained by one of the Comment codes, choose Other, specify, and record a comment in the text field.

5.6 Distributing the Mental Health Parent Interview Reminder Notice

Youths 8 to 15 years of age who complete the Youth Mental Health Assessment (CDISC) are eligible for a parallel parent interview. A reminder notice (Exhibit 5-5) should be given to eligible SPs to prepare the child’s parent for the telephone interview. After entering a status code for the CDISC show the youth a copy of the notice and inform him/her that you will put it with his/her belongings. Fold the notice in half and write both the child’s name and the name of the child’s mother or caretaker as indicated by the child, on the outside. Place the envelope in the child’s basket.
REMINDER...REMINDER...REMINDER...REMINDER

We will be calling parents of youths ages 8 to 15 years to ask questions about how your child has been feeling and behaving over the past 12 months. Our preference is to interview the child’s mother. The interview can be arranged at your convenience and will take about 30 minutes. Our telephone interviewers will be calling you from 4 to 28 days following your child’s examination. You will be compensated $30 for your time.

If you have any questions, please call Dr. Kathryn Porter at the U.S. Public Health Service office at 1-800-452-6115, Monday through Friday, 9:00 A.M. - 6:00 P.M. EST.
5.7 Critical Data Items

There are a few pieces of demographic information that are considered critical to the study and should be collected for each SP. These items include: street and mailing address, home telephone number, and Social Security number. For most SPs this information will have been collected previously by one of the field interviewers. At the time of the MEC interview, it is your responsibility to attempt data collection for all missing items and to verify the existing information for selected items.

Procedures for verifying and collecting critical data items (CDI) vary depending upon the age of the SP. For SPs 12 years of age and older, you will collect the items as part of the MEC interview. For SPs younger than 12 years of age, the information is collected either on hardcopy for later entry into a CDI utility, or directly into the utility.

5.7.1 Critical Data Item Collection for SPs 12 Years of Age and Older

Critical data items for this age group are collected within the MEC interview after completing the final interview section appropriate for the SP. After completing the section status screen, click on the forward arrow in the lower right hand corner of the screen to bring up the screen labeled “Verify Street Address” (Exhibit 5-6).

Exhibit 5-6. Verify Street Address screen
The screen will contain any street address information we have for the SP. Verify that the information is correct and make any changes, as necessary.

Enter the address in the appropriate fields as follows:

- **Additional Address Line:** Use this field to enter additional address information that is not a street address. Examples include a university name, a nursing home name, or the name of an apartment complex. You should also use this field if a subject receives mail in care of another person (e.g., c/o John Jones).

- **Street #, Dir Pre, Street Name, St/Rd/Ave, Dir Post:** Enter the street number in the first data field on this line. When applicable, select the appropriate directional prefix or suffix (N, S, NE, SW, etc.) from the drop-down menu in the second and fifth data fields. Enter the complete street name in the third data field. Use the drop-down menu in the fourth field to select the street type (e.g., ST, RD, AVE, etc.).

- **Unit/Apt./Bldg.:** Use this field in conjunction with Unit # to indicate whether the number refers to an apartment, lot, room, suite, building, etc.

- **Unit #:** Enter the actual apartment (room, suite, bldg., etc.) unit number in this field.

- **PO Box, RRHC #, RRHC Box:** When applicable, enter a post office box number in the first field, a rural route number in the second field, and a rural post office box number in the third field. If a PO box number or Rural Route number is added and there is a street address, there will be a prompt to “Remove the street address.” Delete the street address as directed.

- **City, State, Zip:** Enter the full name of the city in the first field. Use the drop-down menu in the second field to select the appropriate state abbreviation. Enter the full six-digit ZIP code plus the four-digit suffix, when known.

After verifying the street address, determine whether the SP’s mailing address is the same as his/her street address and whether s/he lived at his/her current address at the time of the screener interview.

Click on the forward arrow to bring up the next appropriate screen. If the mailing address differs from the street address, ISIS displays the “Verify Mailing Address” screen (Exhibit 5-7). Otherwise, ISIS proceeds to the “Verify Phone Numbers” screen.
The screen will contain any mailing address information we have for the SP. Verify that the information is correct and make any changes, as necessary, in the same manner as for street address. After verifying the mailing address, click on the forward arrow to proceed to the “Verify Phone Numbers” screen (Exhibit 5-8).
The screen will display any phone numbers we have collected for the SP. Verify that the home phone number reported by the SP is among the numbers listed. If not, click on the insert button to enter a new phone number, highlight “Home” from the drop-down menu under “Phone type”, and enter the phone number and extension, as applicable, in the designated fields. If the SP reports that s/he does not have a home phone, check that this information isn’t already in the system. If not, click on insert to enter a new phone number, highlight “Home” under phone type, and click on the box labeled “Don’t Have”.

If the SP does not have a home phone, read the probes to obtain additional phone numbers where the SP can be contacted. After checking that any additional numbers are not in the system, choose the correct phone type (office, mobile, other) and enter the phone number and extension, as appropriate. If you select a phone type of “other” an additional data field appears in which you should type in an explanation of where the phone is located.

**NOTE:** The program will NOT allow you to edit any existing phone numbers. If the SP provides a phone number that is different from a phone number that is already in the system for that phone type, simply record the new information that the SP provides by inserting a new phone number.
If you insert a new phone number in error, delete the phone number using the backspace or delete key. The system will remove the additional phone number field when you proceed to the next screen.

After completing the “Verify Phone Numbers” screen, click on the forward arrow to bring up the “Verify SSN” screen (Exhibit 5-9).

Exhibit 5-9. Verify Social Security Number screen

If a valid Social Security number (SSN) has been collected previously for this SP, do not verify that the number is correct. You should attempt data collection if the SSN is missing, or a response of “don’t know” (field is 9-filled) or “refused”(field is 7-filled) is recorded. If a response of “don’t have” (field is 2-filled) is recorded, confirm that the SP does not have a Social Security number. Occasionally, the SP may not have had a SSN at the time of the interview in the home but has since obtained one. When attempting data collection for this item, you must read the entire question, including the lengthy disclaimer text.
Click on the arrow in the right hand corner to bring up the “Critical Data Items Section Status” screen (Exhibit 5-10).

**Exhibit 5-10. Critical Data Items Section Status screen**

The program automatically fills in the status as “Complete” and does not allow you to edit it. Click on “Finish” to exit the MEC interview application.

5.7.2 **Critical Data Item Collection for SPs Younger than 12 Years of Age**

Critical data item collection for this age group may be accomplished either on a hardcopy report for later entry into a critical data item (CDI) utility, or directly into the CDI utility.

Prior to the start of the exam session, check the session preview report to determine whether any SPs 11 years of age or younger are scheduled for the session. If there are SPs in this age group you will need to print out a critical data report. Reports are generated only for SPs 11 years of age or younger.
To generate the critical data report, click on “Reports” then “Critical Data” on the main menu of the MEC interview application (Exhibit 5-11).

Exhibit 5-11. Generating the Critical Data Item Report

A separate one-page report will be printed for each SP 11 years of age or younger (Exhibit 5-12). The report lists all existing critical data information that has been collected. If any item is missing, the corresponding data field(s) are blank.
Critical Data Items Report

Obtain the information from the child’s parent or guardian and record it on the hardcopy report for later entry into the critical data item (CDI) utility. This allows you to take the form with you to track down the parent anywhere in the MEC and serves to facilitate the data collection effort. An exception to this approach is if the parent/guardian is also an SP. Either at the beginning or the end of the parent/guardian’s MEC interview, you may collect the child’s information from the parent and enter it directly into the CDI utility.

To access the CDI utility, click on “Utilities” and then “CDI” on the main menu of the MEC interview application (Exhibit 5-13).
Highlight the current exam session and click on OK. Then select the appropriate SP from the list of SPs to bring up the corresponding data screens (Exhibit 5-14).

Exhibit 5-14. Critical Data Items Utility
Use the tabs at the top of the screen to move between the address, phone, and SSN screens. Data entry follows the same conventions as for SPs 12 years of age or older as described in Section 5.7.1.

5.8 Ending the Interview

At the conclusion of the interview, end the interview and notify the MEC coordinator that you are done by clicking on the “Finish” button in the bottom center portion of the screen. Do not leave the examination open any longer than necessary as this can lead to inaccurate estimates of the amount of time it takes to complete the interview component. It can also slow down the flow of SPs between components.

Thank the SP for his or her time and contribution to the study. Check whether the MEC coordinator has sent you a message advising you of the next component for the SP. If not, escort the SP back to the coordinator’s area to await assignment to the next component.

(Revised April 2004)
6. MEC INTERVIEW PROTOCOL

Question-by-Question Specifications
6.1 **Question-by-Question Specifications Overview**

This chapter contains the Question-by-Question specifications (QxQ specs) for the three main sections of the MEC interview: CAPI questions, mental health questions (CDISC and CIDI), and audio-CASI questions. These specifications are designed to give you directions on the administration of each question.

The section is set up so that the corresponding text is shown along with the Question-by-Question specification. Explanations of and instructions for questions, definitions of words, and examples appear on the QxQ page across from the question they concern.

You will use the information presented here during training to learn how to administer the interview. You should also use the specifications as a reference when you are interviewing to resolve problems encountered. When you have a question about the administration of the questionnaire while you are in the MEC, always look at the specifications first.

Each of the main interview sections has some section-specific instructions that remain the same, regardless of the topic or specific question. Some of these general specifications are also provided in this chapter.

Spanish translations of each section and instructions for launching the Spanish applications can be found in Appendix A.

### 6.1.1 General Rounding Rules

Many questions in the MEC interview require numeric responses. Occasionally, a respondent may give you an answer that is a fraction of a whole number. Unless indicated otherwise in the question-by-question specifications, the basic rules for rounding are:

- For fractions less than one-half, round down to the nearest whole number. For example, 3 ¼ becomes 3.
For fractions more than one-half, round up to the nearest whole number. For example, 7 ¾ becomes 8.

For fractions that are exactly one-half, round to the nearest even whole number. For example, 2 ½ becomes 2.
6.2 The CAPI Section of the MEC Interview

The CAPI section of the MEC interview consists of six separate sections, each of which collects information on health risk behaviors, medical history, or medical conditions for a specific health topic. Because the CAPI interview is the only portion of the MEC interview that can be administered via proxy or in some language other than English or Spanish, an administrative section at the beginning of the interview collects information about the respondent, interpreter, and language of the interview.

Individual questions in the six sections are derived from several sources including previous iterations of NHANES, the National Health Information Survey (NHIS), and a variety of other health, nutrition, and behavioral surveys. In addition, some of the questions are new to this iteration of NHANES.

6.2.1 Beginning the CAPI Interview

After logging the SP into the system, the program displays a pop-up box that reads "Is this a proxy interview?" Click on "no" when the SP is the respondent. Click on "yes" when the interview is being conducted with a proxy. This is also the appropriate response when the interview will be conducted through an interpreter. It is important to select the correct answer as your response to the pop-up query triggers the appropriate introductory screen for that respondent, and also ensures that the mental health and audio-CASI sections of the interview are not administered to proxy respondents or when the interview is conducted through an interpreter.
THIS INTERVIEW IS SLATED TO BE AN SP INTERVIEW. IS THAT CORRECT?

1. YES
2. NO

WELCOME TO THE NHANES IV MEC QUESTIONNAIRE!

THE SP, Henry Grear, is MALE, and is 50 YEARS OLD.

THE INTERVIEW WILL BE CONDUCTED WITH THE SP.

IN WHAT LANGUAGE WILL THIS INTERVIEW BE CONDUCTED?

1. ENGLISH
2. SPANISH
SPProxy Verify (cont.) This screen asks you to verify whether the interview will be conducted with the SP. If it is a proxy interview, code "no". Coding "no" will trigger the computer to provide the appropriate word fills for a proxy interview. Code "yes" if the interview is being conducted through an interpreter or directly with the SP.

SPProxy Verify (cont.) Confirm the name, gender, and age of the SP and whether the interview will be conducted with the SP or with a proxy.

SPProxy Verify (cont.) Indicate whether the interview will be conducted in English or Spanish. Note that this screen records, but does not set, the language of the interview.

Use the F2 key or click on Options/Form Language on the menu bar to select either the English or Spanish version of the CAPI questionnaire.
### INTERVIEWER MARK MAIN RESPONDENT SPECIFY RELATIONSHIP OF RESPONDENT TO SP IF OTHER THAN SP

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<td>SP</td>
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<tr>
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<td>MOTHER</td>
</tr>
<tr>
<td>3. FATHER</td>
<td>FATHER</td>
</tr>
<tr>
<td>4. SPOUSE</td>
<td>SPOUSE</td>
</tr>
<tr>
<td>5. SISTER OR BROTHER</td>
<td>SISTER OR BROTHER</td>
</tr>
<tr>
<td>6. CHILD</td>
<td>CHILD</td>
</tr>
<tr>
<td>7. GRANDPARENT</td>
<td>GRANDPARENT</td>
</tr>
<tr>
<td>8. LEGAL GUARDIAN</td>
<td>LEGAL GUARDIAN</td>
</tr>
<tr>
<td>9. OTHER (SPECIFY)</td>
<td>OTHER (SPECIFY)</td>
</tr>
</tbody>
</table>

### WHY IS THIS INTERVIEW BEING CONDUCTED WITH A PROXY?

<table>
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<tr>
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<th>Label</th>
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<tbody>
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<td>SP HAS COGNITIVE PROBLEMS</td>
</tr>
<tr>
<td>2. SP HAS PHYSICAL PROBLEMS (SPECIFY)</td>
<td>SP HAS PHYSICAL PROBLEMS (SPECIFY)</td>
</tr>
<tr>
<td>3. SPECIFY</td>
<td>SPECIFY</td>
</tr>
</tbody>
</table>
6.2.2 Respondent Selection Section (RIQ)

You may be able to complete this section without asking the respondent any questions. However, do not assume you know the answer to a specific question. When in doubt, the general rule is to ask the respondent. Because this section is structured as a set of interviewer instructions, you will need to paraphrase the instruction slightly so that it works as a question to the respondent. This is one of the few places in the MEC Interview where you can deviate from the text that is displayed on the screen.

This section is completed for all SPs.

RIQ005 For most interviews you will code "1" to indicate the SP was the respondent. SP interviews skip to RIQ090.

For proxy interviews, record the relationship between the SP and the proxy.

RIQ030 This item collects the reason why a proxy interview was necessary. The majority of proxy interviews will be because of either cognitive problems due to such causes as a learning disability, dementia, etc., or a physical problem or illness such as an SP who is deaf. When recording physical illness as a reason, you are asked to specify the nature of the problem or illness.

Proxy interviews that are conducted for some reason other than cognitive or physical problems should be coded as "other" with an explanation as to the nature of the problem.
**INTERVIEWER: WAS SP PRESENT IN THE ROOM DURING ANY PART OF THE INTERVIEW?**

1. YES
2. NO

**INTERPRETER USED FOR THIS INTERVIEW?**

1. YES
2. NO

**CODE TYPE OF INTERPRETER**

1. RELATIVE
2. NEIGHBOR OR FRIEND
3. PAID INTERPRETER
RIQ038  Code "yes" if the SP was present for any part of the interview, regardless of whether the proxy consulted with the SP for answers to any of the questions. Because this section is completed at the beginning of the interview, you will code "yes" if the SP is present at the start of the interview. In the unlikely event the SP is not present at the beginning but does join the interview in progress, remember to back up and change the code for this item.

RIQ090  Indicate whether an interpreter was used to complete the interview. This is the final item in RIQ for interviews conducted without an interpreter.

RIQ100  Indicate whether the interpreter is a relative of the SP, a neighbor/friend, or paid interpreter. It may not be immediately apparent what the relationship of the interpreter is to the SP so be sure to ask if you have any doubt.
<table>
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<th>LANGUAGE OF INTERVIEW</th>
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<tr>
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<td>2. FRENCH</td>
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<td>3. GERMAN</td>
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<tr>
<td>4. ITALIAN</td>
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<td>5. JAPANESE</td>
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<tr>
<td>6. RUSSIAN</td>
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<tr>
<td>8. VIETNAMESE</td>
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<tr>
<td>9. SPANISH</td>
</tr>
<tr>
<td>10. OTHER (SPECIFY)</td>
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<tr>
<td>LangDetermination_ID</td>
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RIQ140 Indicate the language in which the interview was conducted.

Code "10" for languages other than those listed and specify the language. Interviews with deaf or hearing impaired SPs that are conducted through an American sign language interpreter should be coded "other" and specified as such.
First I have some general questions about your health.

Would you say your health in general is...

- Excellent
- Very good
- Good
- Fair
- Poor

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<tr>
<td>Every/Every高</td>
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<tr>
<td>60/600</td>
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Hand Card High!
The next questions are about your recent health during the 50 days outlined on the calendar.

Thinking about your physical health, which includes physical illness and injury, for how many days during the past 50 days was your physical health not good?

**Enter Number of Days**

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<td>60/600</td>
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6.2.3 Current Health Status (HSQ)

This section of the interview is administered to SPs 12 years of age and older. It is a short section that collects information about quality of life and selected health conditions over the past 30 days, and about blood donations.

HUQ010. This question asks the SP to indicate his/her general health status. It's important to note that we're interested in the subject's own perception of his/her health. If s/he is unsure or has difficulty characterizing his/her health status, remind the SP that there is no right or wrong answer and that you're simply interested in his/her opinion.

HSQ470. This question is the first in a series of items designed to obtain information about the impact of the subject's health on his/her quality of life during the past 30 days.

This question asks the SP to indicate on how many of the past 30 days his/her physical health was not good. The SP should consider physical illness and injury in determining his/her answer.

Note that Card HSQ1 is handed to the SP to assist him/her in focusing on the 30-day reference period.

HSQ1 is a series of annual calendars for each year of the study. Determine the start of the 30-day reference period on the appropriate calendar(s) by counting back to the day in the previous month that is the same as the current date. For example, if the current date is February 15, the start date is January 15. An exception to this occurs when you are conducting an interview on the last day of a month that has more days than the preceding month. In this situation, designate the last day in the previous month as the start date. For example, if the current date is October 31, use September 30 as the start date since September 31 is not a valid date. Circle the start date and the current date. Outline the reference period by drawing horizontal lines through the 30-day period beginning with the start date and ending with the current date. Prepare the hand card before the first interview at the start of each new day of examinations.

Note that the hand cards are used with HSQ470, HSQ480, HSQ490, HSQ500, HSQ510 and HSQ520.
Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

ENTER NUMBER OF DAYS

During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, school or recreation?

ENTER NUMBER OF DAYS

Did you have a head cold or chest cold that started during those 30 days?

C 1. YES
C 2. NO
HSQ480  This question asks the SP to consider on how many days his/her mental health was not good. Mental health includes stress, depression, and problems with emotions.

HSQ490  This question asks the SP to report on how many days poor physical or mental health prevented him/her from engaging in his/her normal activities. Self-care is the process of attending to one's basic daily needs, such as eating, dressing, grooming, and toileting.

HSQ500  This question is the first in a series of questions designed to determine the frequency of colds, and viral or bacterial infections. Sinus infections should also be coded as "yes" responses. We are interested in a condition that started during the 30-day period, whether or not the condition exists at the time of the interview.
Did you have a stomach or intestinal illness with vomiting or diarrhea that started during those 30 days?

1. YES  
2. NO

Did you have flu, pneumonia, or ear infections that started during those 30 days?

1. YES  
2. NO

During the past 12 months, that is, since March 2001, have you donated blood?

1. YES  
2. NO
This question specifically asks about stomach or intestinal illness with vomiting or diarrhea. A stomach condition without the presence of vomiting or diarrhea should not receive a "yes" response. Vomiting that is secondary to another condition (e.g., vertigo accompanied by vomiting) and not due to a stomach illness should be coded as a "no" response.

This question is used to assess the frequency of viral infections. Again, the reference period is the 30 days outlined on the hand card.

SPs younger than 16 years of age skip to the next section.

This item asks the SP to indicate if they have donated blood in the previous year. Both whole blood and plasma donations should be coded "yes". Blood drawn for laboratory analysis or self blood banking situations should be coded "no".

Responses other than "yes" skip to HSQ590.
How long ago was your last blood donation?

If LESS THAN ONE MONTH, ENTER 1
ENTER NUMBER OF MONTHS

Except for tests you may have had as part of blood donations, have you ever had your blood tested for the AIDS virus infection?

1. YES
2. NO
HSQ580  SPs who have donated blood in the past year are asked how many months ago that the last donation occurred. If the donation was made in the past month, enter "1".

HSQ590  With the exception of HIV testing done as part of a blood donation, this question asks if the SP has ever had his/her blood tested for the presence of the Human Immunodeficiency Virus which causes AIDS. To qualify for a "yes" response, the SP would have received, or been able to receive, the test results indicating the presence or absence of HIV in their blood. If the SP indicates hesitancy in answering this question, reassure him/her that you are only interested in whether he/she has been tested and not in the test results. In addition to testing prior to blood donation, HIV testing is commonly done during pregnancy, offered to many health care workers, and when applying for life insurance.
Many people experience leakage of urine. The next few questions ask about urine leakage under different conditions.

During the past 12 months, have you leaked or lost control of even a small amount of urine with an activity like coughing, lifting, or exercise?

1. YES
2. NO

How frequently does this occur? Would you say this occurs:

1. Every day
2. A few times a week
3. A few times a month
4. A few times a year?

During the past 12 months, have you leaked or lost control of even a small amount of urine with an urge or pressure to urinate and you couldn’t get to the toilet fast enough?

1. YES
2. NO
6.2.4 Kidney Conditions (KIQ)

This is a short section, which is administered to all SPs 20-59 years of age. It obtains information about bladder control difficulties under various conditions and may be sensitive or embarrassing to some subjects.

KIQ042 This item deals with uncontrolled loss of urine when coughing, straining, sneezing, exercising, or lifting heavy objects (i.e., stress incontinence). Note that the period of interest is the past year.

KIQ043 If the SP indicates the presence of a bladder control problem as defined by KIQ042, this question obtains an estimate of the frequency of the problem.

KIQ044 This item obtains information about problems with leakage or loss of control accompanied by feelings of urgency or pressure (i.e., urge incontinence). Again, the period of interest is the past 12 months.
### How frequently does this occur? Would you say this occurs?

- 1. every day.
- 2. a few times a week.
- 3. a few times a month, or
- 4. a few times a year.

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<th>Label</th>
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</table>

### During the past 12 months, have you leaked or lost control of even a small amount of urine without an activity like coughing, lifting, or exercise, at an urge to urinate?

- 1. YES
- 2. NO

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</thead>
<tbody>
<tr>
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<td></td>
</tr>
<tr>
<td>Leakage in UOGW64</td>
<td></td>
</tr>
</tbody>
</table>

### How frequently does this occur? Would you say this occurs?

- 1. every day.
- 2. a few times a week.
- 3. a few times a month, or
- 4. a few times a year.

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<tr>
<th>Label</th>
<th>Entry Condition Section</th>
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<tbody>
<tr>
<td>Leakage in UOGW24</td>
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<tr>
<td>Leakage in UOGW64</td>
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</tbody>
</table>
If the SP indicates the presence of a bladder control problem as defined by KIQ044, this item obtains an estimate of the frequency of the problem.

This question asks subjects to indicate whether they have experienced uncontrolled loss of urine without a sensation of urgency or an activity such as coughing, exercise, or lifting that causes sudden increases of pressure within the abdomen. The time frame of interest is the past year.

Subjects who report the presence of a bladder control problem as defined by KIQ046 are asked to provide an estimate of the frequency of the problem.
During the past 12 months, how much did your leakage of urine bother you? Please select one of the following choices:

1. not at all  
2. only a little  
3. somewhat  
4. very much, or  
5. greatly

During the past 12 months, how much did your leakage of urine affect your day-to-day activities? Please select one of the following choices:

1. not at all  
2. only a little  
3. somewhat  
4. very much, or  
5. greatly
Subjects who report bladder control difficulties (i.e., KIQ042, KIQ044, or KIQ046 is coded “Yes”) are asked KIQ050 and KIQ052. All other subjects skip to the end of this section.

KIQ050 This item asks SPs to indicate how much their bladder control problems bothered them during the past year. Remember to read the entire list of response options.

KIQ052 In this question, subjects are asked to report how much their day-to-day activities were affected by bladder control difficulties. Again, the period of interest is the past year.
The following questions ask about use of tobacco or nicotine products in the past 6 days.

During the past 6 days, did you use any product containing nicotine including cigarettes, pipes, cigars, chewing tobacco, snuff, nicotine patches, nicotine gum, or any other product containing nicotine?

1. YES
2. NO

Which of these products did you use?
(CHECK ALL THAT APPLY)

1. CIGARETTES
2. PIPES
3. CIGARS
4. CHEWING TOBACCO
5. SNUFF
6. NICOTINE PATCHES, GUM, OR OTHER NICOTINE PRODUCT
The questions in this section cover current tobacco use for SPs 20 years of age and older. SPs 12-19 years of age are asked tobacco questions in the audio-CASI portion of the interview.

SMQ680 This question, and the series that follow it, are used to quantify the level of usage for current users of any type of tobacco product. Remember to read the entire question, even if the subject responds before you have completed reading the entire list of products.

Subjects who respond other than "yes" skip to the next section.

SMQ690 If the SP reports having used any type of tobacco product in the past 5 days, this question asks the SP to specify which types of products s/he has used. The remainder of this question series follows up with questions appropriate only to those products the SP reports using in the past 5 days. The "past 5 days" refers to the current day and the 4 days immediately preceding the interview.

Remember to probe for "What other products did you use?"
During the past 6 days (including today), on how many days did you smoke cigarettes?

ENTER NUMBER OF DAYS

During the past 5 days, on the days you smoked, how many cigarettes did you smoke each day?

If you smoke 95 or more cigarettes per day, enter 95.

ENTER NUMBER OF CIGARETTES

When did you smoke your last cigarette? Was it:

1. today,
2. yesterday, or
3. 3 to 5 days ago?
SMQ710 This question quantifies the smoker's current use of cigarettes. In the 4 days immediately before the interview and the day of the interview, count the number of days the respondent smoked cigarettes, even if s/he took only a few puffs.

SMQ720 This question is asked of all current cigarette smokers to determine the number of cigarettes, not packs, smoked in the past 5 days. Note that one pack contains 20 cigarettes if the SP needs assistance converting number of packs to cigarettes. We are interested in the average number of cigarettes smoked per day, only for those days in the past five that the respondent smoked. If the respondent indicates that s/he smokes more than 95 cigarettes per day on average, enter a response of "95".

SMQ725 This question asks the respondent to indicate when in the past 5 days s/he last smoked a cigarette. Note that the response categories are read as part of the question.
During the past 6 days (including today), on how many days did you smoke a pipe?

ENTER NUMBER OF DAYS

During the past 5 days, on the days you smoked a pipe, how many pipes did you smoke each day?

If R SAVES LESS THAN 1 PIPE PER DAY, ENTER 1.

ENTER NUMBER OF PIPES

When did you smoke your last pipe? Was it:

1. today,
2. yesterday, or
3. 3 to 5 days ago?
SMQ740 If the respondent indicated that s/he smoked a pipe in the past 5 days, s/he will be asked this question. Refer to the specifications from SMQ710.

SMQ750 Refer to the specifications from SMQ720. If the respondent indicates that s/he smoked less than one full pipe on the days that s/he smoked a pipe, enter '1.'

SMQ755 Follow the specifications for SMQ725.
During the past 6 days (including today), on how many days did you smoke cigars?

ENTER NUMBER OF DAYS

During the past 5 days, on the days you smoked cigars, how many cigars did you smoke each day?

If you have less than 1 cigar per day, enter 1.

ENTER NUMBER OF CIGARS

When did you smoke your last cigar? Was it:

1. today,
2. yesterday, or
3. 3 to 6 days ago?
SMQ770 If the respondent indicated that s/he smoked a cigar in the past 5 days, s/he will be asked this question. Refer to the specifications from SMQ710.

SMQ780 Refer to the specifications from SMQ720. If the respondent indicates that s/he smoked less than one cigar on the days that s/he smoked a cigar, enter '1.'

SMQ785 Follow the specifications for SMQ725.
During the past 6 days (including today), on how many days did you use chewing tobacco, such as Redman, Lix, Garrett, or Beechnut?

ENTER NUMBER OF DAYS

When did you last use chewing tobacco? Was it:

1. today;
2. yesterday, or
3. 3 to 5 days ago?

During the past 6 days (including today), on how many days did you use snuff, such as Skoal, Snuff Band, or Copenhagen?

ENTER NUMBER OF DAYS
SMQ800 This question refers to the use of chewing tobacco. This tobacco-containing product is taken by mouth. The tobacco is not burned. If the respondent indicated that s/he used chewing tobacco in the past 5 days, s/he will be asked this question. Refer to the specifications from SMQ710.

SMQ815 Refer to the specifications from SMQ725.

SMQ817 If the respondent indicated that s/he used snuff in the past 5 days, s/he will be asked this question. Snuff is taken by mouth or rarely, by nose. The tobacco is not burned. Refer to the specifications from SMQ710.
### Question:

When did you last use snuff? Was it...

- 1. today,
- 2. yesterday, or
- 3. 3 to 5 days ago?

### Table:

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<thead>
<tr>
<th>Column 1</th>
<th>Column 2</th>
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</thead>
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<tr>
<td>Last Use Snuff</td>
<td>Today</td>
<td>Yes</td>
</tr>
<tr>
<td>Days Since Snuff</td>
<td>7</td>
<td>Yes</td>
</tr>
</tbody>
</table>

### Question:

During the past 6 days (including today), on how many days did you use any product containing nicotine to help you stop smoking? Include nicotine patches, gum, or any other product containing nicotine.

**ENTER NUMBER OF DAYS**

### Table:

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<thead>
<tr>
<th>Column 1</th>
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<th>Column 3</th>
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</thead>
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<tr>
<td>Last Use Snuff</td>
<td>Today</td>
<td>Yes</td>
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<tr>
<td>Days Since Snuff</td>
<td>7</td>
<td>Yes</td>
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### Question:

When did you last use a product containing nicotine? Was it...

- 1. today,
- 2. yesterday, or
- 3. 3 to 5 days ago?

### Table:

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<th>Column 1</th>
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<tr>
<td>Last Use Tobacco</td>
<td>Today</td>
<td>Yes</td>
</tr>
<tr>
<td>Days Since Tobacco</td>
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</table>
Follow the specifications for SMQ725.

This item applies to any nicotine-containing product that the respondent may have used in an effort to stop smoking. Use the specifications from SMQ710.

Follow the specifications for SMQ725.
The next questions are about drinking alcoholic beverages. Included are liquor (such as whiskey or gin), beer, wine, wine coolers, and any other type of alcoholic beverage.

In any one year, have you had at least 12 drinks of any type of alcoholic beverage? By a drink, I mean a 12 oz beer, a 5 oz glass of wine, or one and half 's of liquor.

C 1. YES
C 2. NO

In your entire life, have you had at least 12 drinks of any type of alcoholic beverage?

C 1. YES
C 2. NO
6.2.6 **Alcohol Use (ALQ)**

This section obtains information on the use of alcohol. Sample persons 20 years of age and older are asked these questions in the CAPI format, while SPs 12-19 years are asked alcohol-related questions in the audio-CASI section of the MEC Interview.

**ALQ101** The introduction defines alcoholic beverages for the respondent. Be sure to read the entire introduction.

The question uses a reference period of *any one year*, *not necessarily the last year*. Make sure to emphasize the words "any one year." The threshold for measuring alcohol intake for this question is 12 drinks, an average of one per month. If the SP answers "yes," s/he skips to ALQ120. Otherwise, the SP continues with ALQ110.

**ALQ110** Emphasize that this question is asking for lifetime consumption. SPs who only drink on special occasions would be included if they have had at least 12 drinks in their entire life. SPs who have not consumed at least 12 drinks in their lifetime are not asked additional questions in this section.
In the past 12 months, how often did you drink any type of alcoholic beverage?

**PROBE:** How many days per week, per month, or per year did you drink?

ENTER '0' FOR NEVER
ENTER QUANTITY

In the past 12 months, on those days that you drank alcoholic beverages, on the average, how many drinks did you have?

- IF LESS THAN 1 DRINK, ENTER 1.
- IF 95 DRINKS OR MORE, ENTER 95.
- ENTER NUMBER OF DRINKS.
This item quantifies consumption of alcohol, with the time frame of the **past 12 months**. The respondent has the option of choosing to estimate his/her answer in units of days per week, per month, or per year.

If the SP indicates s/he didn't drink at all during the past 12 months, enter "0" in the quantity field. The program will automatically skip to the next appropriate question (ALQ150) without you having to enter a response in the unit field.

---

This question measures intensity of the respondents' alcohol consumption. Note that it asks for the average number of drinks on days in which the SP consumed alcohol.
In the past 12 months, on how many days did you have 5 or more drinks of any alcoholic beverage?

PROBE: How many days per week, per month, or per year did you have 5 or more drinks in a single day?

ENTER 0 FOR NONE.

ENTER QUANTITY

Enter amount:

1. WEEK
2. MONTH
3. YEAR

Was there ever a time or times in your life when you drank 5 or more drinks of any kind of alcoholic beverage almost every day?

1. YES
2. NO
This item asks on how many days (per week, month, or year) in the past year the SP had five or more drinks per day. The response should be less than or equal to the answer given in ALQ120.

If the SP reports drinking an average of five or more drinks per day in ALQ130, then the responses to ALQ120 and ALQ140 should be consistent (both quantity and unit). There is no edit to check for this so you will need to listen carefully to the subject's response. You may find that an SP reports his/her answers to ALQ120 and ALQ140 in different units of time. When this occurs, code the units consistently. For example, in ALQ120 the SP reports that s/he drinks 2 times per week, in ALQ130 s/he indicates that s/he drinks an average of 6 drinks on the days s/he drinks, and in ALQ140 the SP states that s/he drank 5 or more drinks per day on 8 days per month. Instead of coding "8 days per month in ALQ140", convert it to "2 days per week" so it's consistent with ALQ120. Probe for clarification as needed.

This is a sensitive item, which seeks to obtain information on problem drinking by probing the SP's past consumption habits. The emphasis of this question is that five or more drinks were consumed almost every day.
The next series of questions are about your reproductive history. I will begin by asking some questions about your period or menstrual cycles.

How old were you when you had your first menstrual period?

CODE 0 IF HAVEN'T STARTED YET

ENTER AGE IN YEARS

---

6-44
6.2.7 Reproductive Health (RHQ)

The main purpose of the section on Reproductive Health is to obtain information from women on menstrual history, reproductive-related problems and/or surgery, birth control practices, pregnancy and reproductive history, hormone replacement therapy, and breastfeeding practices. This section is administered to all female respondents 12 years of age and older.

The items throughout this section are sensitive in nature, and you should administer these items in a neutral and professional manner. Reassure hesitant respondents that all information will be kept completely confidential.

Many of the questions in this section ask the respondent to recall information covering long periods of time. The items may require considerable probing, using special personal events to place past events in time. If exact dates or ages cannot be remembered, get a best estimate from the respondent. You may find it helpful to use the small calculator provided with your interviewing materials to assist the SP in determining her age when specific events occurred.

RHQ010  Although older SP's must think back many years, it is important to obtain as exact an age as possible. If the SP cannot recall her exact age, ask her to give you a best estimate. Recalling a grade in school or other personal event around that time in her life may help her remember. If the SP remembers her age at the time her menstrual periods started in terms of a year, ask her to convert the year to her age at the time her periods began. If the SP is still unable to recall her age, code "99" for don't know. Coding "don't know" will cause the program to display a follow-up question that attempts to obtain an age range.

If the SP has not yet started her period, enter '0.' The program automatically skips to the end of the section if the subject is 12-13 years old. Otherwise, the program skips to RHQ700.
Were you:

1. younger than 10,
2. 10 to 12,
3. 13 to 15, or
4. 16 or older?

 Were you had at least one menstrual period in the past 12 months? (Please do not include bleedings caused by medical conditions, hormone therapy, or surgeries.)

1. YES
2. NO
RHQ020 If the SP does not know her age in RHQ010, this question offers age range answers from which she can choose.

RHQ031 Women who have had at least one period in the past year should be coded as a “yes.” Spotting or bleeding due to hormone use or surgery is not considered a period. Elderly women who respond affirmatively to this question should always be probed to determine whether the bleeding is caused by hormone replacement therapy.
What is the reason that you have not had a period in the past 12 months?

C 1. PREGNANCY
C 2. BREAST FEEDING
C 7. MENOPAUSE/HISTERECTOMY
C 8. MEDICAL CONDITIONS/TREATMENTS

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(Revised February 2003)
Women who have not had a period in the past 12 months are asked to indicate the reason. This is a "code one" response. If the SP reports multiple reasons, choose the appropriate response using recency as the selection criterion. For example, if a woman says her periods stopped because she was pregnant in the past year and she further reports that she is breastfeeding and her periods haven't resumed, code "breastfeeding."

**Pregnancy** – Code "1" if the SP is currently pregnant or was pregnant in the past year.

**Breastfeeding** – Code "2" if the SP is currently breastfeeding or was breastfeeding in the past year and this resulted in her having no periods.

**Menopause/Hysterectomy** – Code "7" for women who have gone through menopause. Menopause may have occurred naturally or abruptly as a result of a hysterectomy.

**Medical conditions/treatments** – Code "8" if the SP reports having a medical condition or treatment that has caused her period to cease. Examples include women receiving chemotherapy treatment, anorexia, and competitive athletes whose level of body fat is sufficiently low that it has caused their periods to stop. Women who go through menopause following a hysterectomy should not be included in this group. These women are captured in the previous category, "Menopause/Hysterectomy."

**Other** – Code “9” if the SP reports any other reason not covered by the preceding categories.
When did you have your last period?

PROBE: How many months ago was your last period?

[Radio buttons: 1. HAVING IT NOW 2. LESS THAN 2 MONTHS AGO 3. 3 - 5 MONTHS AGO 4. 6 - 8 MONTHS AGO]

About how old were you when you had your last menstrual period?

ENTER AGE IN YEARS

(Area for input)

About how old were you when you had your last menstrual period?

ENTER AGE IN YEARS

(Area for input)
RHQ051  Women who have not a period in the past 12 months are asked when they had their last period.

RHQ060  Women who have gone through menopause or whose periods have ceased due to a medical condition or treatment (coded "7" or "8" in RHQ041) are asked their age when they had their last period.
RHQ070 If the SP does not know her exact age in RHQ060, this question offers age ranges from which she can choose.

RHQ081 Women 12-59 years of age are asked this question if they report having had their last period 0-2 months ago in RHQ050.

This question asks women to indicate the month and day their last period started. You may need to show them a calendar to assist them in recalling the date.
The next questions are about your pregnancy history.

Have you ever been pregnant? Please include current pregnancy, live births, miscarriages, stillbirths, tubal pregnancies and abortions.

MARK IF KNOWN, OTHERWISE ASK:

1. YES
2. NO

Miscarriage: Miscarriage refers to a pregnancy that terminates naturally during the first 6 months of pregnancy.

Stillborn: Stillborn refers to a baby that is born dead after 7 or more months of pregnancy.

Tubal Pregnancy: Tubal pregnancy refers to a pregnancy that occurs in the fallopian tube.

Abortion: Abortion refers to a pregnancy that is terminated during the first 6 months using induced methods. Methods include D&C, vacuum extraction, suction, and saline injections.

Are you pregnant now?

MARK IF KNOWN, OTHERWISE ASK:

1. YES
2. NO
All women who have experienced menarche are asked this question. Remember to exclude the optional phrase "current pregnancy" when it is not relevant.

The answer to this question should include all pregnancies regardless of outcome. Possible outcomes and definitions are as follows:

**Miscarriage:** Refers to a pregnancy that terminates naturally during the first 6 months of pregnancy.

**Stillbirth:** Refers to a baby who is born dead after 7 or more months of pregnancy.

**Tubal Pregnancy:** Refers to a pregnancy that occurs in the fallopian tube.

**Abortion:** Refers to a pregnancy that is terminated during the first 6 months using induced methods. Methods include D&C, vacuum extraction, suction, and saline injections.

Help text is available for each of these outcomes by clicking on the Help icon or pressing F1.

Only women 12-59 years old who had a period in the past year are asked this question:

Subjects who respond other than "yes" skip to RHQ160.
Which month of pregnancy are you in?

ENTER NUMBER OF MONTHS

How many times have you been pregnant? (Again, be sure to count all your pregnancies including [current pregnancy] live births, stillbirths, tubal pregnancies, or abortions.)

ENTER NUMBER OF PREGNANCIES

How many of your pregnancies resulted in a live birth?

COUNT THE NUMBER OF TOTAL PREGNANCIES, NOT NUMBER OF LIVE-BORN CHILDREN. FOR EXAMPLE, IF SP HAD TWINS OR OTHER MULTIPLE BIRTH, COUNT AS A SINGLE PREGNANCY.

ENTER NUMBER OF PREGNANCIES
RHQ152  Women who are currently pregnant are asked to indicate which month of pregnancy they are in.

In this question, we want the current month of pregnancy. For example, a woman in her fifth month of pregnancy has completed her fourth month, but five is the correct response. The number of months can be counted in different ways. If the SP asks, tell her to count the number of months since the beginning of her last normal menstrual period. If the SP is unsure, use probes to help her differentiate the last normal period from periodic spotting or bleeding during pregnancy. If the SP is still unsure, try to probe for which trimester she is in and indicate to the nearest month on her response to the probe.

RHQ160  Record the number of pregnancies regardless of outcome. Multiple outcomes from one pregnancy should be counted as only one pregnancy. Refer to the specifications for RHQ131 for definitions of various outcomes.

RHQ170  This question counts the number of pregnancies which resulted in live births, not the number of live-born children. Live births are defined as those in which the baby is born with any signs of life. If the baby dies shortly after birth, this should still be counted as a live birth.

Multiple births should be counted as a single pregnancy. For example, the birth of twins should be counted as a single pregnancy.

The skip pattern is dependent on the answer to RHQ170. If the SP reported no live births, she is skipped out of the remainder of the pregnancy history questions. If one live birth is reported, she is asked RHQ190. If more than one live birth is reported, she is asked both RHQ180 and RHQ190.
RHQ180   The item asks for the SP's age at the time of her first live birth.

RHQ190   This item asks for the SP's age at the time of her last live birth, or if the SP had only one live birth, for her age at the time of that birth.

If the SP has given birth within the past 2 years, RHQ200 is asked. Otherwise, she proceeds to RHQ210.

RHQ190   (cont.)
Are you **now** breast feeding a child?

1. YES  
2. NO  

Did you breast feed your child?

1. YES  
2. NO  

Did you breast feed any of your children?

1. YES  
2. NO
RHQ200  This question asks if the SP is currently breastfeeding a child.

RHQ210  This question asks if the SP breastfed any of her children, or if the SP had only one child, if she breastfed that child. Any attempt at breastfeeding should be coded as "Yes."

RHQ210  
(cont.)
Did you breast feed your child for \textit{at least} 1 month?

1. YES
2. NO

How many of your children did you breast feed for \textit{at least} 1 month?

ENTER NUMBER OF CHILDREN
Items RHQ220 and RHQ230 obtain information on duration of breastfeeding.

**RHQ220**  If the SP had one live birth, this question asks if the child was breastfed for at least 1 month.

**RHQ230**  If the SP had more than one live birth, this question asks for the number of children who were breastfed for at least 1 month.
Did any of your children weigh less than 6 1/2 pounds (2,500g) at birth?

1. YES
2. NO

---

Did your child weigh less than 5 1/2 pounds (2,500g) at birth?

1. YES
2. NO

---

How many of your children weighed less than 5 1/2 pounds (2500g) at birth?

ENTER NUMBER OF CHILDREN

---
RHQ250  This question seeks to determine if the SP gave birth to any children whose birthweight was less than 5½ pounds (2500 grams), that is, a low birthweight baby.

The computer automatically displays the appropriate question text based on the SP's response to RHQ170.

RHQ260  Women with more than one live birth who report having a low birthweight baby in RHQ250 are asked to specify how many of their children weighed less than 5½ pounds at birth.
Was the baby born preterm? A preterm delivery is one that occurs at 36 weeks or earlier in pregnancy.

1. YES
2. NO

How many of these babies were born preterm? A preterm delivery is one that occurs at 36 weeks or earlier in pregnancy.

ENTER NUMBER OF CHILDREN.
RHQ264 and RHQ270 ask women to identify how many of their low birthweight children reported in RHQ250 and RHQ260 were also born preterm. Normal pregnancy is about 40 weeks from the date of the women’s last menstrual period. A preterm infant is defined as a baby born at 36 weeks or earlier in pregnancy.

RHQ264  Women with only one live birth are asked this question.

RHQ270  This question is asked of women who have had multiple live births.
Have you had a hysterectomy, that is, surgery to remove your uterus or womb?

Mark IF KNOWN, OTHERWISE ASK.

1. YES
2. NO

How old were you when you had your (hysterectomy/uterus removed/womb removed)?

ENTER AGE IN YEARS
Questions RHQ281 through RHQ350 obtain information about the SP's surgical history. Women less than 20 years old are not asked these questions.

Women who are younger than 20 years of age, currently pregnant, or have had at least one period in the past year skip out of the first two questions in the series.

RHQ281 The surgical removal of the uterus or womb is called a hysterectomy. Note that a partial hysterectomy (that is, when the ovaries are not removed) should be recorded as a "yes" response. A tubal ligation would not be counted as a "yes" response to this question.

RHQ291 A "yes" response to RHQ281 prompts this follow-up question. Obtain as exact an age as possible. If the SP remembers the operation in terms of a year rather than her age, help her to convert the year to her age at the time she underwent her hysterectomy.
Were you at least one of your ovaries removed (either when you had your uterus removed or at another time)?

1. YES
2. NO

Were both ovaries removed or only one?

1. BOTH
2. ONE

Were both of your ovaries removed at the same time or at different times?

1. SAME TIME
2. DIFFERENT TIMES
An operation to remove the ovaries is called an oophorectomy. If the ovaries were removed at the same time as a hysterectomy (removal of the uterus) was performed, it would be called a total hysterectomy. It is possible to have both ovaries removed, only one ovary removed, or only part of an ovary removed.

A "yes" response to RHQ300 prompts this follow-up question in which the SP is asked to report whether one or both ovaries were removed.

If SP reports that both ovaries were removed, this question asks if this occurred at the same time or at different times.
How old were you when you had your ovaries removed?

**ENTER AGE IN YEARS**

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How old were you when you had the second ovary removed?

**ENTER AGE IN YEARS**

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<td></td>
<td></td>
</tr>
</tbody>
</table>
RHQ330  If the SP had only one surgery, this question records the SP's age at that time.

RHQ340  If the SP had both ovaries removed in separate operations, this question obtains the SP's age at the time the second ovary was removed.
Has a doctor or other health professional ever told you that you had endometriosis? (Endometriosis is a disease in which the tissue that forms the lining of the uterus/hormone attaches to other places, such as the ovaries, fallopian tubes, or abdominal cavity.)

1. YES
2. NO

[Table with columns and rows, possibly indicating medical data or selections]
The next question series is asked of SP's between the ages of 20 and 54. It obtains information about conditions that may have an impact on a woman's ability to have children.

RHQ360  Endometriosis is a condition in which endometrial tissue occurs in the mucus membrane lining of the uterus and other sites in the abdominal cavity.

The term doctor refers to both medical doctors (M.D.s) and osteopathic physicians (D.O.s). It includes general practitioners as well as specialists.

The term other health professional refers to a person entitled by training and experience and possibly licensure to assist a doctor and who works with one or more medical doctors.

Help text for both these terms is available. The text includes examples of practitioners that should be included in or excluded from each category.
How old were you when you were first told you had endometriosis?

ENTER AGE IN YEARS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Status</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>24/1/98</td>
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<tr>
<td>28/1/98</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>30/1/98</td>
<td>Pelviscopic</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Has a doctor or other health professional ever told you that you had uterine fibroids? (Uterine fibroids are benign (not cancerous) tumors growing in various locations on or within the uterus.)

1. YES
2. NO

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Status</th>
<th>Notes</th>
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</thead>
<tbody>
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<td>3/30/98</td>
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<td></td>
</tr>
<tr>
<td>4/6/98</td>
<td>Pelviscopic</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

How old were you when you were first told you had uterine fibroids?

ENTER AGE IN YEARS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Status</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
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<td></td>
</tr>
<tr>
<td>4/10/98</td>
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<td></td>
<td></td>
</tr>
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<td>4/12/98</td>
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</tr>
<tr>
<td>4/18/98</td>
<td>Pelviscopic</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
RHQ370  This question obtains the SP's age when first told by a doctor that she had endometriosis.

RHQ380  A uterine fibroid is a fibrous tissue tumor in the uterus. Cysts are not the same as fibroids and should be coded as "no."

RHQ390  This item records the SP's age when first told she had uterine fibroids.

Refer to the specifications for RHQ360 for a definition of doctor or other health professional.
Now I am going to ask you about your birth control history.

Have you ever taken birth control pills for any reason?

1. YES
2. NO

How old were you when you began using birth control pills?

ENTER AGE IN YEARS
The next series of questions, RHQ420 to RHQ520, ask about the use of birth control pills and other contraceptive use. These items may be sensitive to some women. It may be necessary to reiterate the confidentiality of their responses and the significance of the information to our research on women's health. Both current and previous use of birth control methods are obtained in these questions.

RHQ420  This question is essentially a screening question to determine whether an SP has ever taken birth control pills for any reason. Women who report using birth control pills primarily to regulate their periods and not as a form of contraception should be coded "yes." Perimenopausal woman (that is, women who have begun to exhibit menopausal symptoms but have not yet completed menopause) can be taking birth control pills.

RHQ430  Women may be advised to take birth control pills at different times in their lives. This question identifies when an SP first started taking birth control pills.
RHQ442  This question provides information on whether the SP is currently taking birth control pills.

This item is asked of female SPs younger than 20 years of age who have experienced menarche and are not currently pregnant. Women 20 years of age and older who are not pregnant, not menopausal and have not had surgery that would prevent them from getting pregnant (i.e., hysterectomy or bilateral oophorectomy) are also asked RHQ442.

The normal cycle of birth control pill use is to take one pill per day for 21 days, followed by 7 days when no pills or a placebo are taken. It is possible that a woman in the "no pill" phase of this cycle would incorrectly report that she has stopped taking birth control pills. However, this is a normal part of birth control pill use and she should be considered as currently using birth control pills.

Some newer forms of oral contraceptives are taken on a 91-day cycle resulting in 4 periods a year. Seasonate™ is an example of this type of contraceptive.

RHQ451  For those women who have taken birth control pills in the past, but are not currently doing so, this question obtains their age when they stopped taking pills.

RHQ460  If the SP has started and stopped using the pill several times, ask her to subtract out time periods when she did not use the pill, so that her response reflects only the actual time of using oral contraceptives. Remind the SP to subtract out any time that she was pregnant as well as any time when she may have been trying to get pregnant and was not using oral contraceptives. Be sure to enter the number and to indicate whether it refers to months or years.

Offer to let the SP use the calculator if it will assist her in making the needed calculations, or you may calculate the length of time with her.

(Revised February 2003)
Have you ever used Depo-Provera or injectables to prevent pregnancy?

1. YES
2. NO

Are you now using Depo-Provera or injectables to prevent pregnancy?

1. YES
2. NO
Depo-Provera is one brand of injectable birth control medication.

This question asks if the SP currently uses injectable pregnancy prevention. Examples of injectables include Depo Provera and Lunelle.
Have you ever used female hormones such as estrogen and progestosterone? Please include any forms of female hormones, such as pills, cream, patch, and injectables, but do not include birth control methods or use for sterility.

1. YES
2. NO

Which forms of female hormones have you used?

CODE ALL THAT APPLY

10. PILLS
11. PATCHES
12. CREAM/SUPPOSITORY/INJECTION
The next series of questions obtains information on hormone replacement therapy (HRT). Women 20 years of age or older are asked these questions.

RHQ540 This item refers to the use of female hormones (e.g., estrogen, progestin) prescribed by a doctor. We are interested in all forms of female hormones (pills, patches, creams, or hormone injections). However, do not include hormones used for birth control or for infertility treatment.

Female hormones may be used for the relief of menopausal symptoms, to prevent osteoporosis, or to prevent cardiovascular disease. Estrogen preparations are generally used to alleviate menopausal symptoms (hot flashes, night sweats, vaginal dryness), to prevent bone loss or thinning, or to prevent cardiovascular disease. Progesterone or progestin are used predominantly for their antiestrogenic effect in a woman using menopausal estrogens. Progesterone refers to a naturally occurring progestational hormone. Progestin refers to a large group of synthetic drugs that have a progesterone like effect.

RHQ541 Women who report using female hormones are asked to specify the form(s) they have used. Remember to probe for "What other forms have you used?"

Women who have never used female hormones other than birth control pills or to treat infertility, skip to the end of the interview, unless they are currently pregnant or lactating, or have given birth in the last 2 years. These women skip to the series of questions on programs for women with young children (FSQ651-FSQ670).
At the time you started using female hormones or hormone replacement therapy, were you still having your periods or had you completely stopped having your periods?

1. **STILL HAVING PERIODS**
2. **COMPLETELY STOPPED HAVING PERIODS**

What are your reasons for having used estrogen or progestrone?

CODE ALL THAT APPLY

- 10. MENSENAUSE-RELATED SYMPTOMS (MENOPAUSAL SYMPTOMS, SWEATING, VAGINAL DRYNESS, BLADDER PROBLEMS)
- 11. DEPRESSION, ANXIETY, EMOTIONAL DISTRESS
- 12. HISTERECTOMY OR OOPHORECTOMY (OVARY REMOVAL)
- 13. OSTEOARTHRITIS, BONE LOSS, SKELETON SPINE FRACTURE PREVENTION
- 14. CARDIOVASCULAR DISEASE PREVENTION
- 15. IRREGULAR MENSTRUAL PERIODS, TO REGULATE PERIODS
- 16. OTHER REASONS

Have you ever taken female hormone pills containing estrogen only (like Premarin)? (Do not include birth control pills.)

1. **YES**
2. **NO**
RHQ550  This question obtains information on the SP's menstrual cycle at the time that she started taking female hormones.

Hormone replacement therapy may cause a woman to experience irregular or cyclic bleeding. If an SP’s periods had stopped at one time but she later experienced HRT-induced bleeding, code this as “2.”

RHQ551  This question asks the SP to indicate why she has used female hormones. Do not read the categories to the SP, but listen carefully to what she tells you so you can code the appropriate response. Note, this is a "code all that apply" question so remember to probe for all reasons. Six of the most common reasons are listed. Responses that do not fit any of the listed categories should be coded as "other".

RHQ554  This question asks specifically about the SP's use of hormone pills containing estrogen only. The SP should not consider birth control pills when answering this question. Commonly used estrogen pills include Premarin, Menrium and Milprem. If the SP knows the name of a particular medication she is currently taking or may have taken in the past but is unsure whether it contains only estrogen, refer to the female hormone charts and lists to assist you in coding the correct response. If the medication is not listed, code "don't know" and enter the name of the medication as an interviewer remark.

It is important to note that an SP may have taken pills containing estrogen only at the same time she was taking pills containing progestin only. Code "yes" if the SP has taken both estrogen-only and progestin-only pills concurrently.

Subjects answering other than "yes" skip to RHQ562.
How old were you when you \textbf{first} started taking pills containing estrogen only?

\textbf{ENTER AGE IN YEARS}

\begin{verbatim}
FamHistOfTeratogy RHQ550 1 StillHavingPeto
EstrogenOnly RHQ5054 1 YES
EstrogenOnly RHQ5056
EstrogenOnly RHQ5058
\end{verbatim}

\begin{verbatim}
Old 30/2/01 Modified Date Navigate MEC
\end{verbatim}

\textbf{Blase Data Entry - C:\Amdelis\Mec\Mec}

Are you taking pills containing estrogen only \textbf{now}?

\begin{verbatim}
1. YES
2. NO
\end{verbatim}

\begin{verbatim}
FamHistOfTeratogy RHQ550 1 StillHavingPeto
EstrogenOnly RHQ5054 1 YES
EstrogenOnly RHQ5056
EstrogenOnly RHQ5058
\end{verbatim}

\begin{verbatim}
Old 30/2/01 Modified Date Navigate MEC
\end{verbatim}

\textbf{Blase Data Entry - C:\Amdelis\Mec\Mec}

\begin{verbatim}
Not counting any time when you stopped taking them, for how long \textbf{stogther} did you take pills containing estrogen only?

CODE 1 FOR LESS THAN 1 MONTH
\textbf{ENTER NUMBER}

\begin{verbatim}
ENTER UNIT
\end{verbatim}

\begin{verbatim}
\textbf{1. MONTHS}
\textbf{2. YEARS}
\end{verbatim}

\begin{verbatim}
Old 30/2/01 Modified Date Navigate MEC
\end{verbatim}

\textbf{Blase Data Entry - C:\Amdelis\Mec\Mec}
Be sure the SP indicates the age when estrogen only hormone pills were first taken. You may need to assist the SP in calculating her approximate age or in identifying life events that will help her in answering this question.

This question asks the SP whether she is currently taking pills containing estrogen only.

The SP should be allowed time to consider her reply. Provide assistance in helping her add up periods of time during which she was taking estrogen only hormone pills. Use the calculator to assist you as needed. Enter both a number and a unit of time. Code "1" if the SP reports using estrogen pills for less than 1 month.

For periods of time less than 5 years, code the response in months if some fraction of a year is reported. For example, if the SP says she used pills for 3 ½ years, convert this to 42 months. For periods of time 5 years or greater, follow the general rounding rules described in Section 6.1.1.
Have you taken female hormone pills containing progestin only (like Provera)? (Do not include birth control pills.)

1. YES
2. NO

How old were you when you first started taking pills containing progestin only?

ENTER AGE IN YEARS
The next series, RHQ562 through RHQ568 follows the same sequence as questions RHQ554 through 560. In this series, the SP is asked about the use of pills containing progestin only.

**RHQ562** Provera is the most common type of progestin-only pill. Refer to the specification for RHQ554 for how to handle "don't know" responses or how to use the female hormone charts/lists to assist you and the SP in obtaining accurate information.

Respondents answering other than "yes" skip to RHQ570.

**RHQ564** Refer to the specification for RHQ556.
RHQ566  This question asks the SP whether she is currently taking pills containing progestin only.

RHQ568  Refer to the specifications for RHQ560 on how to assist the SP in determining the total period of time and in coding fractional amounts.
Have you taken female hormone pills containing both estrogen and progestin (like Prempro, Femphase)? (Do not include birth control pills.)

1. YES
2. NO

How old were you when you first started taking pills containing both estrogen and progestin?

ENTER AGE IN YEARS
The next series, RHQ570 through RHQ576 follows the same sequence as questions RHQ554 through RHQ560. In this series, the SP is asked about the use of combined hormone pills containing both estrogen and progestin.

RHQ570 Refer to the specification for RHQ554. The two most common types of combined pills are Prempro and Premphase.

Subjects who respond other than "yes" skip to questions on the next form of hormone used as reported in RHQ541.

RHQ572 Refer to the specification for RHQ556.
Are you taking pills containing both estrogen and progestin now?

1. YES
2. NO

<table>
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<tr>
<th>Estrogen/Progesterone #1</th>
<th>YES</th>
</tr>
</thead>
<tbody>
<tr>
<td>FSH/LH Ratio #1</td>
<td>25</td>
</tr>
<tr>
<td>Estrogen/Progesterone #2</td>
<td>YES</td>
</tr>
</tbody>
</table>

Not counting any time when you stopped taking them, for how long did you take pills containing both estrogen and progestin?

CODE '1' FOR LESS THAN 1 MONTH
ENTER NUMBER

1. 1 MONTH
2. 2 YEARS
RHQ574  Refer to the specification for RHQ558.

RHQ576  Refer to the specifications for RHQ560.
Have you ever used female hormones patches containing estrogen only?

1. YES
2. NO

How old were you when you first started using patches containing estrogen only?

ENTER AGE IN YEARS
The next questions, RHQ580 through RHQ586, ask about the use of female hormone patches containing estrogen only. The questions follow the same sequence as RHQ554 through RHQ560.

RHQ580 Refer to the specification for RHQ554. Subjects who respond other than "yes" skip to RHQ588.

RHQ582 Refer to the specification for RHQ556.
### Are you using patches containing estrogen only now?

- 1. YES
- 2. NO

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<tbody>
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<td>25</td>
</tr>
<tr>
<td>PatchEstrogenOnly</td>
<td>RH291</td>
</tr>
</tbody>
</table>

### Not counting any time when you stopped using them, for how long altogether did you use patches containing estrogen only?

CODE 1 FOR LESS THAN 1 MONTH

ENTER NUMBER

<table>
<thead>
<tr>
<th>ENTER UNIT</th>
<th>1. MONTHS</th>
</tr>
</thead>
<tbody>
<tr>
<td>2. YEARS</td>
<td></td>
</tr>
</tbody>
</table>
RHQ584 Refer to the specification for RHQ558.

RHQ586 Refer to the specifications for RHQ560.
Have you used female hormone patches containing both estrogen and progestin?

- Yes
- No

How old were you when you first started using patches containing both estrogen and progestin?

ENTER AGE IN YEARS
The next series of questions, RHQ596 through RHQ602, ask about the use of combined female hormone patches. They follow the same sequence as RHQ554 through RHQ560.

RHQ596 Refer to the specification for RHQ554. Subjects who respond other than "yes" skip to questions about the next form of hormone used as reported in RHQ541.

RHQ598 Refer to the specification for RHQ556.
Are you using patches containing both estrogen and progestin now?

1. YES
2. NO

Not counting any time when you stopped using them, for how long, altogether, have you used patches containing both estrogen and progestin?

CODE '1' FOR LESS THAN 1 MONTH
ENTER NUMBER

1. MONTHS
2. YEARS
RHQ600    Refer to the specification for RHQ558.

RHQ602    Refer to the specifications for RHQ560.
These next questions are about participation in programs for women with young children.

Did you personally receive benefits from WIC, that is, the Women, Infants, and Children Program, in the past 12 months?

1. YES
2. NO

Are you **now** receiving benefits from the WIC Program?

1. YES
2. NO

Thinking about your most recent pregnancy or delivery, how long did you receive benefits from the WIC Program?

ENTER QUANTITY

1. 1 MONTHS
2. 2 YEARS
This section of the Reproductive Health questionnaire contains questions about the Women, Infants, and Children Program (WIC). These questions are asked only of SPs who are currently pregnant, breastfeeding, or who have been pregnant in the last 2 years.

If the SP has not received WIC benefits in the past year, they will skip to the end of the section.

This item asks whether the SP is currently receiving WIC benefits.

Enter both a number and a unit of time when recording the answer to this question.
CARD RHQ1

**Tampons** ........................................................................................................................................... 1

**Sanitary napkins** ..................................................................................................................................... 2

**Vaginal douches** ...................................................................................................................................... 3

**Feminine spray** ......................................................................................................................................... 4

**Feminine powder** ..................................................................................................................................... 5

**Feminine cleansing wipes/ towelettes** ............................................................................................... 6

**Other feminine hygiene products** ........................................................................................................ 7
RHQ700 through RHQ750 are a set of bacterial vaginosis (BV) related questions that are administered to female SPs 14-49 years of age. Bacterial vaginosis occurs when there is an overgrowth of naturally occurring bacteria in the vagina and may cause serious reproductive health problems if left untreated.

RHQ700  This item asks the SP to indicate whether she has used any of the feminine hygiene products listed on Card RHQ1. Note that the time period of interest is the past month. Definitions of the products are available as question help text by pressing on the F1 key or clicking on the Help icon.

Responses other than "yes" skip to RHQ720.

RHQ710  Women who indicate in RHQ700 that they used feminine hygiene products are asked to specify which of the products they have used. Ask the SP to refer to Card RHQ1 when answering this question. This is a "CODE ALL THAT APPLY" question so remember to probe: "Which other products have you used?"
Which of these products did you use?

**CODE ALL THAT APPLY**

- 1. TAMPS
- 2. SANITARY NAPKINS
- 3. VAGINAL DOUCHES
- 4. FEMININE SPRAY
- 5. FEMININE POWDER
- 6. FEMININE CLEANSING WIPES/TOWELETTES
- 7. OTHER FEMININE HYGIENE PRODUCTS

---

Peed Def P00065
FeminineHygiene RH070
Yes

FeminineProductUse RH071

Douching RH072

How Often (Douch RH073)

Following Vaginal Problems RH074

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6-110
Tampons - This category includes all types of tampons regardless of size or absorbency.

Sanitary Napkins - Sanitary napkins include any type of pad used for absorbing menstrual fluid or vaginal secretions. Include pantiliners such as Carefree™ or Always™ in this category.

Vaginal Douches - This category includes any type of prepackaged commercially available douche. A douche is a product that is directed into the vagina for personal hygiene or to treat a vaginal infection or irritation.

Feminine Spray - Include any type of spray product that is used to cleanse or deodorize the vaginal area.

Feminine Powder - Include any type of powder that is used to deodorize the vaginal area.

Feminine Cleansing Wipes/Towelettes - This category includes any type of premoistened wipe or towelette that is used to clean the vaginal area.

Other Special Cleansing Products - This category includes any other type of cleansing product not included in the above categories. Products that are not intentionally packaged and marketed for use as a douche but that some persons may use as a douching agent, such as vinegar, should be included in this category.

DO NOT include products that are for used purposes other than feminine hygiene (e.g., spermicides) or products containing medication (e.g., vaginal suppositories used to treat an infection).
During the past 6 months, did you douche? By douching, we mean putting a substance into your vagina either for routine cleansing or for vaginal irritation or signs of infection?

1. YES
2. NO

During the past 6 months, how often did you douche? Would you say:

1. 6 or more times a month.
2. 2 to 4 times a month.
3. once a month or
4. less than once a month?

During the past month, did you have any of the following problems: vaginal itching, an unpleasant vaginal odor, or an unusual vaginal discharge?

1. YES
2. NO
RHQ720 This question asks SPs to indicate whether they have douched during the past 6 months. Be sure to emphasize the time period when reading the question since it differs from the two preceding questions. Douching is defined as putting a substance into the vagina either for routine cleansing or for vaginal irritation or signs of infection.

Responses other than "yes" skip to RHQ740.

RHQ730 Women who reported douching in RHQ720 are asked to indicate how frequently they douched using the predefined ranges.

RHQ740 This item asks SPs whether they have experienced vaginal itching, an unpleasant vaginal odor, or an unusual vaginal discharge during the past month. Be sure to emphasize the time period when reading the question since it differs from the previous two questions.

Responses other than "yes" skip to the end of this section.
Which of these problems did you have?

CODE ALL THAT APPLY

1. VAGINAL ITCHING
2. UNPLEASANT VAGINAL ODOR
3. UNUSUAL VAGINAL DISCHARGE
Women who report having problems in RHQ740 are asked to specify the nature of the problem. This is a "CODE ALL THAT APPLY" question so remember to probe: "What other problems did you have?"
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6.2.8 Physical Activity and Physical Fitness (PAQ)

The PAQ section is concerned with the physical activity – including transportation, daily activities, exercise, sports, and physically active hobbies – that the SP may have done in the past 30 days in his or her leisure time or at school. This section is not intended to collect information on physical activities that the SP may have engaged in as part of a job or work-related activity. The section is asked of SPs 12-15 years old.

PAQ is organized into groups of questions dealing with specific kinds of activity:

1. **Walking or bicycling** to work or school or to do errands.
2. **Vigorous leisure time or school activities** such as basketball, bicycling, dancing, football, running or jogging, stair climbing, rowing, soccer, swimming, tennis, or other racket sports.
3. **Moderate leisure time or school activity** such as baseball, cycling, low impact aerobics, fishing, golf, or walking.
4. **Activities designed to strengthen muscles.** These are activities that require strenuous muscular contraction such as lifting weights, sit-ups, push-ups, resistance training, or calisthenics.

It is important that the respondent focus on the distinction between these activities in the questions. Emphasize the kind of activity you are asking about in the text of the question. There should be no "overlap" between things reported as bicycling or walking to work, school, or to do errands and walking or bicycling reported as vigorous and moderate activities (#1 and #2, #3 above). There may be some overlap between vigorous and moderate leisure time activity (#2 and #3 above) if the activity is sometimes "vigorous" and sometimes "moderate." Also, as stated in the question, some of the earlier "vigorous" or "moderate" activities may be repeated in activities designed to strengthen muscles (#4 above) if they are done specifically for "strengthening."

For walking and bicycling as a means of transportation and for each vigorous and moderate activity reported, there are follow-up questions to further assess the frequency and duration of the activity. Frequency is asked in times per day, per week, or per month. Duration is asked in terms of minutes or hours of each occurrence.

The designation of an activity into a particular category – that is vigorous leisure time activity or moderate leisure time activity – is respondent defined. The question at which the respondent reports the activity is not important. Report the activity under the category the respondent reports it. However, if asked, exercise from normal daily walking or using stairs instead of taking the elevator should not be counted as vigorous or moderate activity in this section.
The next series of questions are about physical activities that you have done over the past 30 days. First, I will ask about activities that are related to transportation. Then I'll ask about physical activities that you do at school or in your leisure time.

Over the past 30 days, have you walked or bicycled as part of getting to and from work, or school, or to do errands?

CODE: UNABLE TO DO ONLY IF RESPONDENT VOLUNTEERS.

1. YES
2. NO
3. UNABLE TO DO ACTIVITY

Over the past 30 days, how often did you do this?

(Walk or bicycle as part of getting to and from work, or school, or to do errands.)

PROBE: How many times per day, per week, or per month did you do these activities?

ENTER NUMBER OF TIMES (PER DAY, WEEK, MONTH)
PAQ040  The response to this question should **not** include walking or biking for pleasure or as a leisure time activity.

Responses other than "yes" skip to PAQ206.

PAQ050  Always prompt with the probe, "How many times ...." As necessary, probe for an exact number. If the SP reports a range or interval, assist the SP in making an estimate by probing. For example, you might ask, "Could you give me a more exact number?"

PAQ080  This question refers to the **duration of time in motion** rather than the total time devoted to the pursuit of a particular activity. If the SP reports different amounts of time on different occasions probe with "on the average...."
HAND CARD PAQ2

The next questions are about physical activities including exercise, sports, and physically active hobbies that you may have done in your leisure time or at school over the past 30 days.

First I will ask you about vigorous activities that cause heavy sweating or large increases in breathing or heart rate. Then I will ask you about moderate activities that cause only light sweating or a slight to moderate increase in breathing or heart rate.

Over the past 30 days, did you do any vigorous activities for at least 10 minutes that caused heavy sweating, or large increases in breathing or heart rate? Some examples are running, lap swimming, aerobics classes, or fast bicycling. Here are some other examples of these types of activities. Please do not include house work or yard work that you have already told me about.

CODE UNABLE TO DO ONLY IF RESPONDENT VOLUNTEERS

1: YES
2: NO

6-120

VIGOROUS ACTIVITIES

Aerobics (High Impact, e.g., Step, Taebo)
Basketball
Bicycling
Boxing
Football
Hiking
Hockey
Jogging
Kayaking
Martial Arts (Karate, Judo)
Raquetball
Rollerblading
Rowing
Running
Skating
Skiing – Cross Country (Including Nordic Track)
Skiing - Downhill
Soccer
Stair Climbing
Swimming
Tennis
Treadmill
Volleyball
Wrestling
Other (Specify)
This question asks if the individual did any **vigorous** activities for **at least 10 minutes** that caused **heavy** sweating, or **large increases** in breathing or heart rate over the past 30 days. This question is asked to obtain information on vigorous activities only. If the individual is uncertain as to whether or not the physical activity engaged in was vigorous, emphasize that this activity should have been performed for at least a 10-minute period, and should have resulted in heavy sweating (not light sweating), or large increases in breathing or heart rate. If the SP still is unsure, inform the SP that later questions will ask about more moderate activities. Show the SP Card PAQ2 as you read this question.
**Over the past 30 days**, what vigorous activities did you do? **CODE ALL THAT APPLY**

<table>
<thead>
<tr>
<th>Code</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>Aerobics (High Impact)</td>
</tr>
<tr>
<td>11</td>
<td>Squash</td>
</tr>
<tr>
<td>12</td>
<td>Bicycling</td>
</tr>
<tr>
<td>13</td>
<td>Golf</td>
</tr>
<tr>
<td>14</td>
<td>Hiking</td>
</tr>
<tr>
<td>15</td>
<td>Rock climbing</td>
</tr>
<tr>
<td>16</td>
<td>Jogging</td>
</tr>
<tr>
<td>17</td>
<td>Tennis</td>
</tr>
<tr>
<td>18</td>
<td>Kayaking</td>
</tr>
<tr>
<td>19</td>
<td>Racquetball</td>
</tr>
<tr>
<td>20</td>
<td>Volleyball</td>
</tr>
<tr>
<td>21</td>
<td>Rollerblading</td>
</tr>
<tr>
<td>22</td>
<td>Rowing</td>
</tr>
<tr>
<td>23</td>
<td>Martial arts (karate, judo)</td>
</tr>
<tr>
<td>24</td>
<td>Wrestling</td>
</tr>
</tbody>
</table>

**Over the past 30 days**, how often did you do aerobics? **PROBE:** How many times per day, per week, or per month?

**ENTER NUMBER OF TIMES (PER DAY, WEEK, MONTH)**

<table>
<thead>
<tr>
<th>Entry</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>3</td>
</tr>
</tbody>
</table>

**Over the past 30 days**, on average about how long did you play basketball each time?

**ENTER NUMBER (OF MINUTES OR HOURS)**

<table>
<thead>
<tr>
<th>Entry</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>2</td>
</tr>
</tbody>
</table>
In general, activities reported as moderate or vigorous **leisure time** activities should not repeat anything already captured in the question on transportation to work, school or to do errands. Do not enter a response of "having sex" in the "OTHER" category. Neither should activities already reported in previous questions be included as "OTHER." We learned in the Pilot study that people will report all kinds of things. Here are a few: carrying children, pushing children in a stroller, picking up toys, packing suitcases, scrubbing pots, washing the dog, shopping, and using a wheelchair. Responses were sometimes as amorphous as "lifting and carrying." After doing the appropriate probes, the interviewer should "cordially" bypass these purported "leisure activities" that simply do not qualify as moderate or vigorous exercise.

When a reported activity is clearly in the list following the question, the interviewer's task is simple. When some other activity is reported, it is important for the interviewer to understand the activity and to properly report it. For example, reported use of a "rowing machine" would not be recorded as "OTHER," but recorded as "ROWING." Some examples of acceptable "OTHER" entries would be for activities not listed, such as wrestling or canoeing. Other responses might require the interviewer to probe further to understand how they should be recorded. For example, if an SP mentions that he/she was "working out in the gym," the interviewer needs to know what activities were done, e.g., weight lifting, riding a stationary bicycle, or using a rowing machine. If a combination of activities was done, the SP should be asked which ones they did for at least 10 minutes with the appropriate sweating, breathing, and heart rate to make it either a "moderate" or "vigorous" activity. If a "brand name" of an exercise machine is mentioned, for example, "Health Rider" or "Nordic Track," the interviewer should probe to understand what the person was doing on the machine and record the activity, not the name of the exercise machine.

Refer to the specification for PAQ050.

Refer to the specification for PAQ080.
HAND CARD PAQ3

MODERATE ACTIVITIES

Aerobics (Low Impact)
Baseball
Basketball
Bicycling
Bowling
Dance
Fishing
Football
Frisbee
Golf
Hiking
Hockey
Horseback Riding
Hunting
Jogging
Kayaking
Martial Arts (Karate, Judo)
Rollerblading
Rowing
Skating
Skiing – Downhill
Soccer
Softball
Stair Climbing
Stretching
Swimming
Tennis
Treadmill
Volleyball
Walking
Weight Lifting
Yoga
Other (Specify)
This question asks if the individual did moderate activities for at least 10 minutes that caused only light sweating, or a slight to moderate increase in breathing or heart rate over the past 30 days. This question is asked to obtain information on moderate activities only. If the individual is uncertain, repeat that the question asks about moderate activities for a period of at least 10 minutes, etc. Read the examples as provided in the question and ask the SP to refer to Card PAQ3 for additional examples.

Responses other than "yes" skip the SP to PAQ440.
### Over the past 30 days, what moderate activity or activities did you do? CODE ALL THAT APPLY.

<table>
<thead>
<tr>
<th>Code</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>Aerobics (low impact)</td>
</tr>
<tr>
<td>11</td>
<td>Baseball</td>
</tr>
<tr>
<td>12</td>
<td>Basketball</td>
</tr>
<tr>
<td>13</td>
<td>Bicycling</td>
</tr>
<tr>
<td>14</td>
<td>Rowing</td>
</tr>
<tr>
<td>15</td>
<td>Squash-D downhill</td>
</tr>
<tr>
<td>16</td>
<td>Dance</td>
</tr>
<tr>
<td>17</td>
<td>Fishing</td>
</tr>
<tr>
<td>18</td>
<td>Football</td>
</tr>
<tr>
<td>19</td>
<td>Golf</td>
</tr>
<tr>
<td>20</td>
<td>Hiking</td>
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<tr>
<td>21</td>
<td>Hockey</td>
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<tr>
<td>22</td>
<td>Hunting</td>
</tr>
<tr>
<td>23</td>
<td>Jogging</td>
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<tr>
<td>24</td>
<td>Kayaking</td>
</tr>
<tr>
<td>25</td>
<td>Rowing</td>
</tr>
<tr>
<td>26</td>
<td>Rower</td>
</tr>
<tr>
<td>27</td>
<td>Rollerblade</td>
</tr>
<tr>
<td>28</td>
<td>Rowing</td>
</tr>
<tr>
<td>29</td>
<td>Skiing</td>
</tr>
<tr>
<td>30</td>
<td>Snowboarding</td>
</tr>
<tr>
<td>31</td>
<td>Skiing downhill</td>
</tr>
<tr>
<td>32</td>
<td>Snowboarding</td>
</tr>
<tr>
<td>33</td>
<td>Snowboarding</td>
</tr>
<tr>
<td>34</td>
<td>Soccer</td>
</tr>
<tr>
<td>35</td>
<td>Softball</td>
</tr>
<tr>
<td>36</td>
<td>Stair climbing</td>
</tr>
<tr>
<td>37</td>
<td>Stretching</td>
</tr>
<tr>
<td>38</td>
<td>Swimming</td>
</tr>
<tr>
<td>39</td>
<td>Tennis</td>
</tr>
<tr>
<td>40</td>
<td>Treadmill</td>
</tr>
<tr>
<td>41</td>
<td>Volleyball</td>
</tr>
<tr>
<td>42</td>
<td>Walking</td>
</tr>
<tr>
<td>43</td>
<td>Weight lifting</td>
</tr>
<tr>
<td>44</td>
<td>Frisbee</td>
</tr>
<tr>
<td>45</td>
<td>Yoga</td>
</tr>
<tr>
<td>46</td>
<td>Other (specify)</td>
</tr>
</tbody>
</table>

### Over the past 30 days, how often did you play baseball? PROBE: How many times per day, per week, or per month?

- [ ] 1 day
- [ ] 2 weeks
- [ ] 3 months
- [ ] 6 months
- [ ] 1 year
- [ ] Other

### Over the past 30 days, on average about how long did you play softball each time?

- [ ] 1 minute
- [ ] 2 minutes
- [ ] 3 minutes
- [ ] 4 minutes
- [ ] 5 minutes
- [ ] 6 minutes
- [ ] 7 minutes
- [ ] 8 minutes
- [ ] 9 minutes
- [ ] 10 minutes
- [ ] 15 minutes
- [ ] 20 minutes
- [ ] 25 minutes
- [ ] 30 minutes
- [ ] 1 hour
- [ ] 2 hours
- [ ] 3 hours
- [ ] 4 hours
- [ ] 5 hours
- [ ] 6 hours
- [ ] 7 hours
- [ ] 8 hours
- [ ] 9 hours
- [ ] 10 hours
- [ ] Other

---

6-126
PAQ341  Refer to the specification for PAQ221.

PAQ401  Refer to the specification for PAQ050.

PAQ420  Refer to the specification for PAQ080.
Over the \textit{past 30 days}, did you do any physical activities specifically designed to \textbf{strengthen} your muscles such as lifting weights, push-ups or sit-ups? Include all such activities even if you have mentioned them before.

CODE 'UNABLE TO DO' ONLY IF RESPONDENT VOLUNTEERS.

1. YES
2. NO
3. UNABLE TO DO ACTIVITY
PAQ440  This question asks about physical activities done to strengthen muscles, such as lifting weights or doing push-ups or sit-ups. The individual can respond "yes" to this question even if he or she reported the activity in previous questions on vigorous and/or moderate activities. The intent is to determine if the individual engaged in activities specifically designed to strengthen muscles.

Responses other than "yes" skip the SP to PAQ500.

PAQ460  Refer to the specification for PAQ050.

PAQ500  This question asks the SP to compare the amount of activity reported over the past 30 days with the activity done over the past 12 months, to determine if this 30-day period was more active, less active, or about the same as over the past 12 months. This will provide information as to how similar the past 30 days of activity is to the past 12 months of activity.
Compared with most girls your age, would you say that you are ...

1. more active
2. less active
3. about the same
This question asks for a comparison of the SP's activity level with other people of the same age as the SP. The response is self-reported and respondent defined.
Over the past 30 days, on average about how many hours per day did you sit and watch TV or videos? Would you say...

<table>
<thead>
<tr>
<th>Options</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>0. less than 1 hour</td>
<td>2</td>
</tr>
<tr>
<td>1. 1 hour</td>
<td></td>
</tr>
<tr>
<td>2. 2 hours</td>
<td></td>
</tr>
<tr>
<td>3. 3 hours</td>
<td></td>
</tr>
</tbody>
</table>

Over the past 30 days, on average about how many hours per day did you use a computer or play computer games? Would you say...

<table>
<thead>
<tr>
<th>Options</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>0. less than 1 hour</td>
<td>2</td>
</tr>
<tr>
<td>1. 1 hour</td>
<td></td>
</tr>
<tr>
<td>2. 2 hours</td>
<td></td>
</tr>
<tr>
<td>3. 3 hours</td>
<td></td>
</tr>
</tbody>
</table>
PAQ591  This question asks about time spent during the past month of either watching TV or videos. The unit of time is hours per day and the intent is to get an idea of time spent in sedentary activities.

PAQ601  This question asks about time spent during the past month either using a computer or playing computer games. Include time spent playing Nintendo™, Gameboy™, or other hand-held computer games.
YOU HAVE COMPLETED THE NHAPES-M EEC QUESTIONNAIRE. DO YOU WANT TO END THE INTERVIEW FOR THIS CASE?

1. YES
2. NO

PLEASE PRESS F10 TO END THE INTERVIEW.
6.2.9 Ending the CAPI Interview

After completing the final CAPI section appropriate to the SP's age and gender, the computer program displays the "Case Finished" screen. Unless you need to backup for some reason or to change an answer to a previous question, enter "1" and proceed to the last screen. Press F10 to exit the interview and proceed to the CAPI section status screen.
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6.3 Mental Health Questions for SPs Aged 8-19 Years: DISC-IV

The mental health section of the MEC Interview for SPs 8-19 years old uses the National Institute of Mental Health Diagnostic Interview Schedule for Children (NIMH DISC-IV). DISC-IV is a highly structured diagnostic instrument that assesses 34 of the most common psychiatric diagnoses of children and adolescents. The DISC has been designed to be administered either by lay interviewers (people with no formal clinical training) or by clinicians, following the rules and conventions laid out in this manual.

The DISC was originally developed for use in large-scale epidemiological surveys of children and adolescents. It is now also being used in many clinical studies, screening projects, and service settings. The DISC-IV in NHANES comprises two parallel interviews:

- **(DISC-P) Parent Interview**: to be administered to parents (or knowledgeable caretakers) of children aged 8–15 years, asking questions about their child
- **(DISC-Y) Youth Interview**: to be administered to children aged 8–19 years, asking questions about themselves

This instruction manual describes the structure of the NIMH DISC-IV and its conventions. It provides information on the procedures that an interviewer should follow during the administration of the instrument, as well as the strategies an interviewer can use when encountering potential difficulties.

### 6.3.1 Description of the Instrument

The DISC-IV has been designed to obtain information about DSM-IV and ICD-10 diagnoses, essentially by ascertaining the presence or absence of symptoms. It does not elicit contextual information except to determine bereavement reactions. It cannot be used to establish a diagnosis for conditions that require the interpretation of specialized test results nor to substitute for the information that derives from astute clinical observations.
Parent and Youth Versions

There are parallel versions of the instrument: the DISC-P for parents (or knowledgeable caretakers), and the DISC-Y (for direct administration to children and youth). Information from these interviews can be combined or examined separately.

The DISC-P and DISC-Y cover the same range of behaviors and symptoms and incorporate parallel questions, though pronouns differ across versions. Other differences include the method of inquiring about internal states; the DISC-Y would typically ask, "Did you feel _____?" while the question in the parent interview would read, "Did he seem _____?" or "Did he say that he felt _____?" There are also a small number of questions asked in the parent interview that are not included in the youth version.

Only the DISC-Y was administered during the first year of NHANES. The parallel DISC-P was introduced in the second year after being piloted in 1999. The DISC-P is conducted as a telephone interview from 4 to 28 days after the child is examined in the MEC. The MEC interviewers are responsible for administering the youth interview. The parent interviews are conducted from a central location by trained telephone interviewers.

NOTE: Computer-assisted administration of the DISC includes both the parent and youth interviews, and is programmed to automatically insert the correct subject name, caretaker, and gender into the appropriate questions.

Diagnoses Included

The DISC can assess 34 child and adolescent psychiatric diagnoses, which are arranged into modules A–F. An optional whole-life module (Module L – for certain diagnoses only) follows these.
The diagnostic modules that will be administered beginning in the second year of the NHANES are as follows:

<table>
<thead>
<tr>
<th>Youth Interview</th>
<th>Parent Interview</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Module 1: Introductory Module</strong>&lt;br&gt;- Interview Introduction&lt;br&gt;- Demographic Questions&lt;br&gt;- Current-Year Timeline</td>
<td><strong>Module 1: Introductory Module</strong>&lt;br&gt;- Interview Introduction&lt;br&gt;- Demographic Questions&lt;br&gt;- Current-Year Timeline</td>
</tr>
<tr>
<td><strong>Module A: Anxiety Disorders</strong>&lt;br&gt;- Module A4: Panic&lt;br&gt;- Module A6: Generalized Anxiety Disorder</td>
<td><strong>Module B: Miscellaneous Disorders</strong>&lt;br&gt;- Module B1: Eating Disorders&lt;br&gt;- Module B2: Elimination Disorders (parents of children ages 8-11 only)</td>
</tr>
<tr>
<td><strong>Module B: Miscellaneous Disorders</strong>&lt;br&gt;- Module B1: Eating Disorders</td>
<td><strong>Module C: Mood Disorders</strong>&lt;br&gt;- Module C1: Major Depressive Disorder/Dysthymic Disorder</td>
</tr>
<tr>
<td><strong>Module C: Mood Disorders</strong>&lt;br&gt;- Module C1: Major Depressive Disorder/Dysthymic Disorder</td>
<td><strong>Module E: Disruptive Behavior Disorders</strong>&lt;br&gt;- Module E1: Attention-Deficit Hyperactivity Disorder&lt;br&gt;- Module E3: Conduct Disorder</td>
</tr>
<tr>
<td><strong>Module E: Disruptive Behavior Disorders</strong>&lt;br&gt;- Module E3: Conduct Disorder¹</td>
<td></td>
</tr>
</tbody>
</table>

**Timeframes**

Unlike previous versions of the instrument, the NIMH DISC-IV assesses the presence of diagnoses occurring both within the past 12 months and "currently," defined as within the past 4 weeks. The longer time period will yield a higher prevalence rate, and so is of value in risk-factor research. A 1-year timeframe is also commonly used for public-health reports, and this is useful for studies that need to match diagnostic state and service utilization. Another advantage of the 12-month period is that it covers a full school year, which is helpful in assessing disorders such as attention-deficit/hyperactivity and

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¹ In the youth interview, conduct disorder is assessed via an audio-CASI interview using the DISC Predictive Scale (DPS). The DPS is a shorter version of the complete DISC module on conduct disorder.
separation anxiety. The shorter, 4-week period provides a measure of point prevalence, which can be more accurately recalled than more distant events. It is also most relevant to clinicians.

The NIMH DISC-IV finishes with an optional "whole-life" module. Whole-life information is valuable for genetic and risk-factor studies. This module checks to determine whether diagnoses not present in the past year had occurred after age 5 and prior to the current year.

**Computer-Assisted Administration (C-DISC)**

The dual timeframe and the elective module for lifetime diagnosis have increased the complexity of the NIMH DISC-IV, which already imposes a considerable burden on the interviewer by virtue of its complicated branching and skipping instructions, and the need to keep close track of an informant's answers to numerous symptoms in order to ask onset and impairment questions correctly. It is therefore recommended that investigators using more than a single diagnostic module employ a computer-assisted program to aid interview administration.

Currently, the only computerized version of the NIMH DISC-IV is the C-DISC 4.0, owned and distributed by the Division of Child and Adolescent Psychiatry at Columbia University.

### 6.3.2 Structure of the Instrument

**Questions and Response Options**

Questions in the NIMH DISC-IV have been carefully composed to be short and simple and to be read by the interviewer *exactly* as written. They typically contain one or, at most, two concepts (e.g., a time period and a symptom description), and questions that require more complex information are broken down to keep to this limit. It should be noted, however, that respondents with very limited intelligence or those who have intrusive symptoms may not understand the questions or may not be able to give meaningful answers. If this becomes apparent early on in the interview, suspend questioning and use the ALT-Q function to terminate the interview.
Response options to DISC questions are mostly limited to "yes" and "no," although some have an additional "sometimes" or "somewhat" option or a closed-ended frequency choice. Very few questions allow an open-ended response.

### Example of DISC Question (Major Depression)

I'm now going to ask you some questions about feeling sad and unhappy.

1. In the last year – that is, since you started seventh grade – was there a time when you often felt sad or depressed?

   **IF YES**
   
   A. Was there a time in the last year when you felt sad or depressed for a long time each day?

   **IF NO, GO TO Q 2**

   B. Would you say that you felt that way for most of the day?

   C. Was there a time when you felt sad or depressed almost every day?

   **IF NO, GO TO Q 2**

   D. In the last year, were there 2 weeks in a row when you felt sad or depressed almost every day?

   **IF NO, GO TO Q 2**

   E. When you were sad or depressed, did you feel better if something good happened or was about to happen to you?

   F. Now, what about the last 4 weeks? Since the beginning of August, have you felt sad or depressed?

The complete DISC contains just under 3,000 questions. Questions fall into four categories:

1. There are 358 "stem" questions that are asked of every respondent. These describe the essential aspects of a symptom in broad terms, and are designed to be overly sensitive and to yield many false positives. That is, most people who have the symptom would endorse it, but many who endorse it will not turn out to have the symptom; (2) There are approximately 1,300 "contingent" questions that are asked if a stem or previous contingent question has been answered positively. Contingent questions are used to determine whether an endorsed stem symptom meets frequency, duration, and intensity criteria specified by DSM or ICD. This therefore functions to reduce the number of false-positive responses to the stem. Use of the stem-contingent structure allows the DISC to build symptom and criterion scales for most
diagnoses; (3) There are 732 questions that ask about age of onset, impairment, and treatment for reported symptoms. These latter questions are only asked if a "clinically significant" number of diagnostic criteria have already been endorsed — usually, half or more of those required for a diagnosis; (4) There are approximately 700 questions in the optional whole-life module that have a distinctive form.

**Modular Organization**

The DISC begins with an introductory module that includes demographic information necessary for the interviewer to properly ask the symptom questions (e.g., subject's age, grade in school, presence of siblings, and identification of caretakers or "attachment figures"). This module also contains an informational component that teaches the respondent about the scope of the interview, the format in which their answers are to be given, and what they should do if they have more to say than "yes" or "no." Interspersed within the introduction are a series of questions given to the respondent to ensure that they have understood the instructions, and cues are given to the interviewer to provide further clarification if necessary.

Since the DISC measures diagnoses for different time periods, it is very important that the respondent has a clear awareness of the time period covered by each question. Thus, the introductory modules also include an exercise in recall, with the subject completing a diagram of salient events that occurred in the past year. These events serve as markers/reminders for the different time periods covered during the interview and are referred to frequently (at least once in each diagnostic section and at most timeframe shifts) to ensure that the respondent is focusing on the correct time period.

Thus, the demographic section serves the following purposes; it:

- Introduces the subject to the purpose of the interview;
- Prepares the respondent for the structure of the interview and the response options;
- Explains the different time frames incorporated into the questions;
- Completes the timeline and whole-life chart, which will be used during the interview as a reference for the subject, to help aid in memory retrieval; and
- Collects information for use in symptom questions, e.g., age and school/work status.
The remainder of the interview is organized into six modules, each of which consists of related diagnoses (anxiety, mood, disruptive, substance-use, schizophrenia, and miscellaneous disorders). Within these modules, each section includes all of the information needed to arrive at a particular diagnosis, i.e., they are "self-contained." This allows users to drop diagnostic sections without impacting the scoring of other included diagnoses. To achieve this modular approach, however, there are a few symptoms (e.g., irritability, restlessness, concentration problems) which, when the entire interview is administered, have to be queried more than once. Each diagnostic section is organized in the same way. Stem and contingent questions are used to assess whether the symptomatic criterion for the diagnosis has been met. If at least half of the necessary criteria are endorsed, the interviewer inquires about age of onset, impairment from the symptoms, and receipt or anticipated receipt of services. An elective "whole-life" module is administered at the end of the core interview.

**Question Format for Assessing Onset**

The DISC includes a script to determine initial and recent onset of a diagnosis. The age-of-onset questions occur at the end of every diagnostic section. After symptom questions have been asked for a diagnostic section, the interviewer renames all symptoms reported as present in the past year and then asks for the youth's age "the first time" that these symptoms occurred. This is followed by a series of questions to assess earlier discontinuous episodes.

These questions are presented to determine:

- The age of the subject the first time the symptoms appeared;
- Whether the age of onset is in the last year;
- The age of onset of the current episode of symptoms; and
- Whether there has been more than one episode since the first onset.

The subject may have one continuous episode of symptoms or two (or more) discrete episodes separated by symptom-free periods of time (onset/offset). Distinguishing these timeframes requires careful inquiry and the appropriate use of the timeline.
### Example (Mania Q15)

**Question 15**

**Interviewer:** "You said that in the last year you felt very angry or irritable and slept a lot less than usual." "How old were you the first time you ever felt like that?"

**Respondent:** Age 9

(NB: If the age is unknown, the subject would then be asked which grade were they in.)

In the paper DISC, an instruction box immediately follows this indicating which questions to ask next, based upon the age/grade given to the question, e.g.:

[If nine is the child's current age (or grade if applicable) you would go directly to Q16.]

**Question 16**

**Interviewer:** "You said that in the last year you felt …"

However, if age nine (or grade) was the child's current age/grade **minus one** then you would ask question 15A.

**Question 15A**

**Interviewer:** "Was that more than a year ago – that is, before you went on vacation in August of last year?"

If the age/grade given in the stem Question 15 was anything other than the current age/grade or the current age/grade minus one, then question 15B would be asked.

**Question 15B**

**Interviewer:** "Since that first time, was there ever a time when you were not feeling very angry or irritable and slept a lot less than usual?"

If a "no" response is given to questions 15A, B, or C, then the interview would skip to Question 16 to commence the impairment section. With a "yes" answer to these, Question 15D would be asked, which inquires about the age of onset for current symptoms.

**Question 15D**

**Interviewer:** "You said you felt very angry or irritable in the last year." "How old were you when these feelings began **this** time?"

**NOTE:** The computerized versions of the DISC automatically perform the correct skip patterns based on the responses entered.
Question Format for Assessing Impairment

In addition to the presence of symptoms, most DSM-IV diagnoses require the presence of significant distress or impairment as a criterion for diagnosis. Therefore, the NIMH DISC-IV incorporates a series of impairment questions at the end of each diagnostic section.

The DISC impairment questions are uniform across all diagnoses and address six domains in which impairment might be present during the "time in the last year when SYMPTOMS caused the most problems." The domains assessed are: (1) getting along with parents/caretakers; (2) participating in family activities; (3) participating in peer activities; (4) academic/occupational functioning; (5) relationships with teachers/boss; and (6) distress attributable to symptoms. Each set of questions has a two-part structure, the first determining whether impairment is present, and the second measuring severity or frequency.

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<th>Example (Module C – Mania Q16)</th>
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Treatment History or Expected Treatment

Questions regarding clinician visits and treatment follow the impairment questions. These questions are optional, but may be useful clinically. If a subject has seen, or has an appointment scheduled to see, a professional because of problems endorsed in a specific diagnostic module, the DISC provides a place to document the name and/or profession of the person seen, as well as the received diagnosis and treatment.
6.3.3 Administering the Interview

The NIMH DISC is a highly structured interview, and standardization of interview administration is essential in order to ensure the quality of the data it generates. As a result, there is a very limited scope for independent probing or questioning.

Training helps to achieve standardization and lessen variability and bias, both of which can seriously undermine the validity or "credibility" of the data gathered. Training in the administration of the DISC assures that the content and the intent of each question is understood by the interviewer, that each question is read with the emphasis on the active part of the question, and that interviewers handle unclear responses uniformly.

The following is an outline of how to administer the DISC in such a way as to achieve standardization.

Demographic/Introduction Module

Reading/Probing the Questions. In contrast to the later diagnostic sections, during the introductory module the interviewer has some freedom in departing from the set "script," making sure that the subject can understand simple questions and in construction of the timeline. There are a number of set probes for events occurring during the last year, but the interviewer should use their his/her judgment in not asking about particular time periods (merely confirming) when an event is already known for that time. Alternatively, if subjects are having difficulty thinking of any events, then a shared community event (e.g., a holiday period) can be suggested. Events need to be attached to several time periods, usually the last year, the last 6 months, and the last 4 weeks. When events do not exactly fall on these markers, then the interviewer can use "just before" or "just after" a well-remembered event, nearby in time.

Timeline: Purpose, Effective Completion, and Use. Since the DISC assesses the presence of symptoms occurring for different time periods, it is crucial that the individual being interviewed has a clear awareness of the time period covered by each question. To ensure that the informant has a clear awareness of the time period covered by each question, the introductory module includes an exercise in recall. During the administration of the introductory module, the interviewer asks questions of the informant to complete a timeline diagram of salient events that occurred within the past 12 months, the past 6 months, and the last 4 weeks. These events serve as markers/reminders for the different time periods covered during the interview. In effect, the timeline works like a reference guide that is referred
to frequently during administration of the interview to ensure that the respondent is focusing on the correct time period.

During interview administration, the interviewer must routinely ask about three time periods: 1 year ago, 6 months ago, and 4 weeks ago. Past-year questions determine the presence of diagnostic criteria within the past 12 months, regardless of the presence of these criteria at the time of the administration of the interview (this is the most frequently encountered timeframe in the interview). Questions about the last 4 weeks help to determine the presence of current diagnoses.

During administration of the introductory module, the computer program provides three probes to help the interviewer gather information to complete the timeline (such as "Did you begin to do anything new 12 months ago … like joining a team or starting a new project or activity?"). If these probes are answered positively, the interviewer has the opportunity to type in a brief description of the event that later will be inserted in symptom questions about that time period. Caution must be observed in typing these events accurately, so that they flow in a grammatically correct format relevant to the question and refer to the subject rather than the interviewer. If you make a mistake typing the information, you will be reminded of your error many times during the remainder of the interview!

Relevant information gathered spontaneously during demographic questioning can also be helpful in completing events for the timeline. The interviewer should probe the youth for salient events (such as birthdays and the birth of siblings) that occurred at the specified time intervals, since these types of events provide excellent recall markers. With the parent informant, the interviewer can also use events that have occurred to other family members. Although the computer automatically inserts the start of school and birthday into its graphical (on-screen) timeline, it does not include these in the "type-in" section. If you will be using these, or other events not generated by the three standard event-probe questions, then you should remember to type in a brief description (for later read-back) at the appropriate place. It is possible to go backwards in the introduction to fill in missing event details.

Interviewers should also be alert throughout the introductory section for information that is of use in the timeline (e.g., moves) that is offered during the early introduction/demographic questions.
The order in which information is collected and entered into the computer (and written on the timeline) is up to the interviewer. The computer offers prompts for when information should be copied onto the timeline, but many interviewers prefer to write the information down as they obtain it during questioning.

*DO pay attention to the time period of each question.*

Make sure that you and the subject are focusing on the same time period as outlined in the questions. You can always add a time reminder, if the subject seems to need one, by identifying the period on the timeline chart.

Early on in the interview, you should **point to the timeline whenever you introduce a switch in time period, until the subject is well aware of the connection between the timeframe and the relevant event marker.**

**Diagnostic Modules**

**Open-ended Questions.** The DISC format allows for **fixed response options**, in that most questions can be answered as "yes" or "no." These fixed responses increase the reliability of the interview and reduce the cost of coding.

The few open-ended questions in the interview occur in the introductory section, which solicits demographic information, and also in the treatment questions. These provide the respondent with a chance to put things in his/her own words, making the interview more meaningful for both the interviewer and the respondent.

**Questions Related to School or Work.** The DISC-IV assumes that school is the primary/major activity for all youth under the age of 16 years. However, based upon the information collected in the introduction section regarding the subject's school or work status, the appropriate term is inserted by the computer in the questions relating to these areas. School always takes precedence over work for children who are in school and work.
**Response Codes.** Most questions in the DISC can be answered "yes" (code 1) or "no" (code 2), but some questions allow a "sometimes/somewhat" (code 3) response.

"Refusal to answer" (code 7) and "don't know" (code 9 or 99 or ? in age-related questions) responses do not appear as response options on the screen, but can be coded by the interviewer when these are acceptable.

Occasionally, other codes are available for use throughout the interview, e.g. code 66 = whole life, but these will appear when needed on the screen in uppercase letters.

**Errors in Coding.** The interviewer can "back up" several questions in the C-DISC to correct a recording error or to check a previous question. It is recommended, however, that doing so is limited to a few questions. Rules for "backing up" are discussed later in the manual.

There is no data-cleaning process in the computer program; therefore, it is important that the interviewer record answers carefully and correctly. Suspected coding errors should be noted at the time that the interviewer suspects that there may be an error.

Certain questions (e.g., dates and height/weight) have automatic checking of valid responses (e.g., age of onset older than "current" age) within the C-DISC program.

**Reading the Questions.** **DO read the questions exactly as written.** Although this may seem obvious, we restate it here, as it is the key to ensuring comparability of the data gathered across different interviewers and different studies. All questions asked of the subject are in lowercase letters, compared with instructions to the interviewer, which are in uppercase and should not be read to the respondent.

If you change the wording of a question even slightly, it may affect how the respondent answers, so that a "yes" answer becomes a "no."

**Example:** Imagine that a question in the interview should be read as in (a) below, but an interviewer accidentally reads it as in (b):

(a) Does she often have trouble staying in her seat at school?

(b) Does she often have a problem staying in her seat at school?
A parent might answer the first question "yes," but say "no" to the second question. Although the parent might know that her daughter bounces up from her chair every few minutes, he/she does not view it as a "problem." This kind of subtle change in the phrasing of questions is common when people are reading aloud, and it can easily result in completely different answers being given.

**DO NOT explain the meaning of the questions.**

If the interview does not provide an example of the behavior asked about in a question, do not provide your own example or explanation to the subject as a way of helping them overcome their misunderstanding. Read every question exactly as written.

**DO make the interview sound and feel like a conversation.**

Although the wording of each question is fixed, the conversational quality is best attained through repeated practice with the interview, paying attention to emphasizing key words that are printed in **bold**. When the questions are read in this way, they are easier for informants to understand.

**DO practice reading and asking the questions.**

Practice increases your level of comfort. It is important to be aware of all the questions the interview contains. Think about and identify those questions that make you feel uncomfortable and PRACTICE asking these questions by reading them aloud several times.

**DO become comfortable with the interview material.**

The DISC-IV is about mental-health problems, including many undesirable or embarrassing behaviors. Some of the questions might seem a bit strange at first or make you feel uncomfortable when you read them aloud. Most people have never asked another person if they have hallucinations or strange thoughts. Other questions can make you feel uncomfortable because they address personal matters, such as sexual behavior, illegal acts, and drug use. It is important to identify any questions that make you feel uncomfortable, and to practice hearing yourself ask them aloud.
**DO NOT get embarrassed about sensitive questions.**

A few of the DISC questions may be considered by some respondents to be fairly sensitive, e.g., questions in the elimination and conduct-disorder sections. It may be helpful to remember that research suggests that respondents feel less uncomfortable, and answer even very embarrassing items more comfortably and truthfully, if the person asking the question feels comfortable and confident. Thus, **DO present such questions in a matter-of-fact way.**

**DO NOT be judgmental.**

It is essential that you interact with respondents in a neutral, non-judgmental manner. It is possible that the respondents will tell you about actions that are illegal, or that, in your personal view, may be immoral, sad, or shocking. Regardless of what you hear, you must accept the information without conferring your own feelings verbally or non-verbally. Respondents must be able to feel comfortable telling you confidential information.

**Example:** If a mild-mannered adolescent female admits to shoplifting and forgery, do not act shocked or display any reaction that may stop the subject from answering truthfully or at all.

**DO NOT encourage discussion.**

As part of the Introduction to the DISC-IV interview, the interviewer informs the respondent that most of the questions in the interview can be answered with "yes" or "no." If they wish to discuss things at any greater length, they are instructed that the interviewer will write it down, so as to talk about it LATER.

Despite this, some respondents may give you more information than you have asked for, particularly if the child or adolescent has problems. The interviewer is often viewed as an interested person who would like to hear more about their concerns. Indeed, interviewers are often chosen for their warm manner and friendly personalities. It is important, however, that you gently discourage the respondent from giving additional information, as it slows down the interview. To discourage discussion, it may help by saying something like: "Should I write that down to talk about later?"
If you do find that you must listen patiently to avoid upsetting or irritating the respondent, then by all means do so. In most cases, however, you can discourage this by listening attentively but not responding, or by acknowledging the respondent's extra statements with something neutral, such as "I see" or "I understand," and then asking the next question.

**DO NOT respond by saying things like: "Wow, that's terrible!" or "You'll outgrow that!" or "That must have made you really sad."**

Respond warmly but neutrally and find a way to move on. In the end, you must use your own judgment to decide how much tact you should use.

**DO read the complete question.**

Although this may seem obvious, when administering the DISC, it is not unusual to have the respondent interrupt you by answering before they have heard the complete question. When this happens, politely explain that you have to read the entire question and read the question again. Do not assume a premature response applies to the entire question.

An example of when this might occur is in Q8 of the MDD (Major Depressive Disorder) section:

**Interviewer:** "In the last year … was there a time when you had trouble sleeping, that is, trouble falling asleep, staying asleep, or waking up too early?"

In this example, if the respondent were to answer "yes" after "trouble sleeping," it would be unclear whether he/she was answering the question about insomnia (trouble falling or staying asleep) or hypersomnia (trouble with sleeping too much). The end of the question serves the purpose of explaining what is meant by the term "trouble sleeping."

**DO NOT read the DISC instructions.**

Throughout the DISC, in addition to the questions, certain instructions will be present. In the computerized C-DISC, these always appear in UPPERCASE letters. They are never read to the respondent.
**DO NOT make up your own questions.**

You must use the exact questions and wording of questions in the DISC, even though you may think that there is a better way of getting at the same information, or that the question is poorly worded.

**DO NOT ask for an example unless the question asks for one.**

**DO pay attention to the time period of the question.**

Make sure that you and the subject are focusing on the same time period as outlined in the questions. You can always add a time reminder, if the subject seems to need one, by identifying the period on the timeline chart. Early on in the interview, you should point to the timeline whenever you introduce a switch in time period, until the subject is well aware of the connection between the timeframe and the relevant event marker.

**DO NOT read response options.**

Unless the response is part of the question, as with the impairment questions, do not provide the respondent with an answer option. When read, part of the impairment questions provides the options, "… would you say: a lot of the time, some of the time, or hardly ever?"

**DO offer to read part or all of the question again.**

If the subject has not understood the meaning of the question, repeat it, emphasizing those words which you think had been misunderstood.

**DO NOT express dissatisfaction or disbelief.**

If there appears to be a lack of understanding, say something like, "Well, let's try another question," and move on. Make a note (ALT-N) and inform your supervisor at the end of the interview about what happened.
**DO emphasize the "active" part(s) of each question.**

Many questions have an "active" part, which is a word or phrase that distinguishes the question. In the Windows version of the C-DISC, these words or phrases are **underlined**. The active part may be the timeframe (e.g., "in the last year") or a qualifier (e.g., "Did you **often** lose your temper?")

**DO NOT suggest answers to the respondent.**

**DO NOT** refer to a previous answer or in any way indicate that you know the answer to a question.

As the interview progresses, the interviewer will come across questions that they might think they already know the answers to, based upon prior information. This can lead to the natural tendency to "suggest" answers to the respondent, either overtly or covertly.

**DO use introductory or transitional statements as they are written.**

Introductory or transitional statements are sprinkled throughout the DISC where it is thought necessary to focus the respondent's attention on a new topic or symptom area, or on a change in the timeframe of inquiry. These are to be read exactly as written, unless, due to the dropping of certain diagnostic modules, they no longer make any sense.

**When and How to Probe Responses**

"Probing" is a highly structured technique used to help ensure that the answers given by the respondent are as accurate and complete as possible. Probes serve two purposes:

1. They help the respondent understand the questions being asked; and
2. They help the interviewer obtain a clear response from the respondent that can be coded.

The interviewer needs to understand the objective of each question, i.e., what is being measured and what constitutes an acceptable response, so that the adequacy of the response can be
judged. Fortunately, the object of most questions is clear, but training and practice in DISC interview techniques helps to clarify this.

**NOTE:** Acceptable probes will result in a response that can be coded, generally a "yes" or "no." The only exception to this is in the schizophrenia module, where some probes will encourage the subject to describe a symptom further, e.g., schizophrenia Q20D.

Some rules for probing by repeating all or part of a question:

- Repeat the entire question or part of the question emphasizing key words or phrases that the respondent did not understand (i.e., the "active" part of the question, a frequency requirement, or a timeframe).

- When repeating the question, pause slightly between parts of complex phrases.

- If the question is preceded by an introductory statement, do not repeat the introduction unless you think the respondent did not understand it and needs to hear it again.

- It usually helps to maintain rapport by initially saying, "Let me repeat the question," but this is optional.

- Be sure that your tone of voice does not insult the respondents when you reread the question. A respondent is trying to answer a lot of complex questions and can easily become confused.

- Sometimes several questions are asked about the same event and phrases such as "something like that," are used instead of repeatedly describing the same event. If you need to repeat these questions because the respondent doesn't remember the event you are referring to, you will need to back up to the preceding question that fully describes it. Do not trust your own memory. It is better to back up and reread the question or key part of the question exactly as it was written.

The strongest method of probing is simply to repeat the question. Acceptable probes obtain information that is complete, accurate, and useful to the researcher who will later analyze the data. It is essential that you use **only approved probes** and that you use them only in the ways listed below. Deviation from these guidelines for probing will compromise the quality of the data.

If the respondent...


**Gives a clear answer, but not a "yes" or "no".**

If the respondent gives an answer to a "yes" or "no" question that is clearly equivalent (e.g., "absolutely," "not at all," "she's always like that," or "constantly!") enter "yes" or "no," even though the respondent did not actually utter those words. There is no need to probe in such cases.

**Says "yes" or "no" and more.**

Respondents often say "yes" or "no" and then give you additional information that supports the response. In such cases, ignore the additional information and enter the appropriate answer without probing.

**Example:**

*Interviewer:* "During this school year, did she often dislike doing things where she had to pay attention for a long time?"

*Respondent:* "Yes! She hates to read."

In this case, the "yes" answer is clear, and the additional statement does not contradict the answer, so you should enter "yes" without probing.

**Gives a response that appears to contradict what they intended.**

If you think the additional information might contradict the "yes" or "no" answer, repeat all or part of the question.

**Example:**

*Interviewer:* "In the last year, has he been very afraid of dogs?"

*Respondent:* "No, he's ALWAYS been afraid of dogs!"

They have apparently interpreted the question as asking whether the fear has only been present in the last year. In this instance, you should repeat the question using a slightly different emphasis, making the respondent aware that it is the **fear in the last year**, not the onset of the fear that is the focus of inquiry.
If it's still unclear, the interviewer can probe further by asking, "Is that a 'yes' or 'no' answer?" or, "I can only accept a 'yes' or 'no' answer." However, do not challenge the respondent in a way that is demeaning or upsetting.

**Doesn't understand the meaning of the question.**

If the respondent tells you that they do not understand the question, or if their answer makes no sense, indicating that they did not understand, say, "Let me read the question again," and repeat the question or part of the question, emphasizing key words. This should be your first response.

Further probing depends upon which of the two following categories the misunderstanding falls into:

a. Miscomprehension of factual, non-symptom questions – where the question is asking for a response to a fact, e.g.:

   *Interviewer:* "In the last year, have you gone out someplace without him?"

   The respondent indicates that they do not understand what you mean by "gone out," which is a misunderstanding of a factual event, and so it is adequate to clarify it by saying something like, "It means leave the house/apartment."

   In such cases, make a note of exactly what you said (ALT-N) and alert the study supervisor that a question was not understood.

b. Miscomprehension of a symptomatic question – where you are asking for a response to the presence of a symptom, e.g.:

   *Interviewer:* "In the last year, has he counted certain things over and over again …"

   *Respondent:* "What do you mean by 'certain things'?"

   In this case the interviewer may give a nonspecific answer such as "anything," but not give examples of things that could be counted, or interpret the question in any other way. If, however, the subject still does not understand, a note of their exact response should be made and the study supervisor informed of it directly after the interview (ALT-N).
Gives an unclear response that is neither a "yes" or "no" answer.

If the subject answers with a sentence, rather than "yes" or "no," and you are unsure of its meaning, clarify if necessary by saying:

*Interviewer:* "Does that mean your answer is 'Yes' or 'No'?" or "Does that mean they did see a doctor?"

Do not stray further from the exact wording of the questions and response options than this.

If you are still uncertain about the correct answer, code your best guess and make a note (ALT-N) of the respondent's exact response.

**Asks how often is "often".**

Questions regarding symptoms that must occur "frequently" according to the criteria use adverbs such as "often," "usually," or "a lot." If the respondent asks, "How often is usually?" you may say something like, "It's whatever it means to you."

You may provide the other adverbs, but, beyond that, the interpretation of these words is left up to the respondent.

**Answers "sometimes" or "somewhat".**

With answers like these or something similar ("sorta", "a little, I guess," or "some of the time, but not all of the time") to a question with a response category of "sometimes/somewhat" (e.g., impairment questions), enter that code and do not probe.

If there is not a response category for "sometimes/somewhat," the interviewer must decide what to do. The decision you make depends on the nature of the question that you just asked. In some instances, a "sometimes/somewhat" response is an obvious "yes," and so this should be entered without further probing.
Example:

Interviewer: "Have you ever gotten into trouble because you stayed out at night more than two hours past the time you were supposed to be home?"

Respondent: "Sometimes."

This is indicative that they have gotten into trouble for staying out later, and so the interviewer should enter "yes."

However, it is also common for respondents to say "sometimes" to questions that have a frequency requirement ("often," "at least once a week," etc.). In such cases, you should always read all or part of the question again, emphasizing the frequency term.

Example:

Interviewer: "Has she often had trouble sitting still?"

Respondent: "Sometimes."

Interviewer: "Has she often had trouble sitting still?" (Or say: "For this question I need either a 'yes' or 'no' answer.")

Only repeat a question once.

Gives a vague or unclear answer.

In some cases, the respondent may appear to have understood the question, but gives a vague or unclear response, such as "It depends" or "Oh, Lordy!" or "Sometimes yes, sometimes no."

If you are sure that the respondent has understood the question, the interviewer needs to clarify the response by asking such probes as:

Interviewer: "Is that a 'yes' or a 'no' answer?" or "For this question, I need a 'yes,' 'no,' or 'sometimes/somewhat' answer."
Gives a response that applies to a later question.

If you think that an answer given previously in the interview is applicable to a later question, don't assume the answer. The interviewer must still read the question exactly as written and, if asked, acknowledge that some questions may be repeated.

NOTE: NEVER assume or imply an answer, even if it was volunteered earlier in the interview.

A related response that doesn't answer the question.

Sometimes the respondent answers with a related response but does not answer the question. More often than not, these types of answers are subtle, and the interviewer must be alert in noticing them.

Example:

Interviewer: "Does he often not listen when people are speaking to him?"
Respondent: "Oh, he's very shy and never speaks to anyone."

This response indicates that the respondent thought you were asking about the child's "speaking" rather than about "listening."

Ask the question again, with the following emphasis:

Interviewer: "Does he often not listen when people are speaking to him?"

Gives an unrelated response.

Sometimes, respondents go off on a tangent without answering the question.

Example:

Interviewer: "Are there certain noises or sounds that the you can't keep yourself from making?"
Respondent: "Yes, I sometimes get ringing in my ears."
This answer is clearly not responsive to the question, which asks for a noise that the subject makes, not noises that they hear.

The correct response to this is to repeat the question, emphasizing the last part. If the subject continues to give a nonresponsive answer, however, you must accept it and continue with the rest of the questions. Remember, though, to make a note to discuss this with your supervisor.

_Misunderstands the timeframe of the question._

If the respondent provides a response that makes you think that he or she is not focusing on the correct time period for the question, reread the key part of the question or the entire question, emphasizing the time period. In such cases use the timeline, pointing to the relevant time period on the chart. This can be beneficial in getting the respondent to focus on the time period concerned.

**Example (CD Q29A):** Asking a 12-year-old subject, presently in sixth grade.

_Interviewer:_ "In the last year, have you threatened someone with a weapon?"

_Respondent:_ "Yes, when I was in the second grade."

They are obviously not focusing on the past year.

You can always add "in the past year" or "since [NAME EVENT/MONTH]" to any question if it seems the respondent is not cognizant of the correct timeframe. The interviewer must include these phrases whenever they appear as part of the question.

_Has difficulty recalling the age of onset of a disorder._

If the respondent cannot remember what age some set of symptoms started, the interviewer should try to obtain a grade equivalent. Entering a "?" in the age response box on the computer will automatically come up with the probe "What grade was that?" If subjects still cannot pin down a specific age/grade, then the interviewer can probe further as in the following example.
Example:

Interviewer: "Well, was it since he started high school?"

If a range of ages or grades is given, then interviewers should enter the youngest age/grade mentioned. Certain questions will give the option to enter "66 = Whole Life," should respondents say that they "have always been like that"; this should be accepted after minimal attempts to pin down whether it was prior to kindergarten/first grade.

Refuses to answer a question.

If repeating the assurance of confidentiality doesn't reassure the respondent, allow him/her to exercise the right to do so. Enter "refused to answer" (code 7) without making any comments and make a note about the circumstances under which this occurred (ALT-N).

Misunderstands the frequency requirement.

At times, a respondent gives an answer that indicates that they may not have understood the frequency requirement of the question.

Example (Eating Dis. Q12D):

Interviewer: "In the last year has there been a time when you had an eating binge at least twice a week?"

Respondent: "Yes, I did that around Christmas."

This could mean that the youth only did it once, rather than as often as twice a week. In such cases, repeat all or part of the question, emphasizing the frequency term (e.g., "... at least twice a week.

Misunderstands the intensity of a symptom.

Sometimes the interviewer will need to probe because the respondent does not understand or ignores the intensity or severity that is asked about in the question. In such cases, the interviewer should
repeat part or all of the question, emphasizing the word (usually in bold or underlined) that indicates the intensity.

Example (SpPh Q24):

Interviewer: "Have you been so afraid of seeing blood or cuts that you've tried not to look when someone has had a cut or there was blood?"

Respondent: "A little."

When an adult caretaker says "I don't know".

The way to deal with "I don't know" responses from an adult caretaker depends on:

1. **The respondent may need more time to think about the answer.** In such cases, the interviewer should wait silently and expectantly for an answer. It may also help for the interviewer to tell the caretaker to take their time in answering.

2. **They may be reluctant to tell you something personal.** If you think the respondent has said "I don't know" because they are reluctant to tell you private information, try to put them at ease by saying: "Remember that your answers are confidential," or "Remember, there are no right or wrong answers."

3. **They actually do not know the answer to the question or are unsure of the best answer.** Often the caretaker truly doesn't know the answer to a question, e.g., a mother may not know whether her daughter has ever used marijuana and so is unable to answer. In such cases, it may help to ask the caretaker to answer to the best of their knowledge. However, if the interviewer finds that this situation constantly repeats itself, it would be best to accept the "don't know" answer (and enter code 9) to prevent alienating the respondent.

With an answer of this type, the interviewer must listen closely to the respondents to be sure they are really saying that they "don't know." Don't place all "don't know" answers in this category. Within a sentence, "don't know" could take on a different meaning, e.g.:

- "Oh! I don't know, probably not!" – could actually mean "no" to the respondent.
- "I don't know, he could have!" – may mean "yes."

Don't guess what the respondent means; instead clarify by asking, "Is that a 'yes' or 'no'?'"
When a youth says "I don't know".

As the interview questions are mainly about the youth themselves, it is most likely that a "don't know" response is given as a way of actually avoiding having to answer. If you believe that this is the case, try and obtain a response by informing the youth that a "yes" or "no" answer is needed or by repeating the question.

Refuses to answer a question.

If repeating the assurance of confidentiality doesn't reassure the respondent, allow them to exercise the right to do so. Enter "refused to answer" (code 7) without making any comments and make a note about the circumstances under which this occurred (ALT-N).

Does not answer a question.

If the respondent does not answer, give him/her a few seconds to think and then to give an answer. If there is still no response, say, "Let me read the question again" and repeat the question, emphasizing key words. If no answer is given a second time, code as "refused" (7), make a note (ALT-N), and continue.

Bear in mind that, often, failing to provide a response can be an indication that the respondent finds the question very personal, and so the situation should be dealt with carefully.

Reluctance to continue with the interview.

The offer of a quick 5-minute break may help the respondent to be more inclined to continue the interview.

Does not give an answer that can be coded.

In the unlikely event that the probing strategies do not work in obtaining a codeable response, enter the most reasonable response and make a note (ALT-N).
Questions that are not applicable.

Under rare circumstances, a question will not be applicable to the respondent. In the C-DISC, this could possibly occur in the specific-phobia (Q20) module, where the investigator will be given the option of entering code 8 or 88. In most cases in the C-DISC, questions that are not applicable (e.g., school-/work-related questions) are automatically skipped.

Rules for Backing Up and Asking Questions Again

If a respondent provides new information that contradicts previous responses, the general rule is that you may not back up in the interview and change previous responses. For example, if the respondent reports no headaches in separation anxiety and many headaches in general anxiety, you must accept this contradiction without comment.

If you think that the respondent has misunderstood a previous DISC-IV question, you are allowed to back up and ask a question again (emphasizing key words) according to the following rules:

1. Back up only to the previous stem (numbered) question.
2. Never back up through more than two question numbers in the conduct-disorder section. This is different from the general rule, as many of the contingent questions in this module are not labeled with a letter, but rather with a number.
3. By backing up, if a key question is asked again, then all subsequent questions must be asked as if they had never been asked before.
4. Never back up into the previous diagnostic module.

How to Handle Respondents' Questions or Provocations

The following are instructions for when a respondent asks you (the interviewer) a question.

Requests for clarifications.

Sometimes respondents will ask you to clarify a question.
Example:

**Interviewer:** "When other things were going on, did Allen often find it hard to keep his mind on what he was doing?"

**Respondent:** "When what kinds of things were going on?" or "What do you mean by that question?"

The best way of dealing with this is to state: "We're interested in your own interpretation of the question" or "We just want to know what you think."

**Requests for definitions of terms.**

If a respondent asks for a definition of a term, the interviewer is allowed to define the term **ONLY** if a definition is provided on the help screen for that question. If the help screen does not provide a definition, use the tried and true, "whatever it means to you."

The interviewer may **NOT** make up definitions for terms that are not defined on screen.

"**How much longer will this take?**".

Sometimes respondents ask this because they need an accurate estimate of the time remaining in the interview. Please estimate the time of completion as accurately as possible when asked.

Some youths may repeatedly ask this question as a way of complaining about the duration of the interview. After responding several times with an estimated time, the interviewer may wish to warmly answer, "in a while," "we have a little while to go," or "pretty soon."

Some respondents who repeatedly ask about the remaining time will do better if they take a short break and then resume. Please only suggest breaks if you feel that the they are not paying sufficient attention to the questions. With a youth interview, remember that, with some children, their focus on the interview may not improve even after a break.
"Are you going to ask me about ...".

If a respondent asks if the interview will cover anything that they particularly want to discuss, the interviewer should answer as honestly as possible and remind the respondent that they can talk about anything not covered at the end of the interview.

Comments about questions that have not yet been asked.

Sometimes respondents announce that they will not answer any questions in a section that you have not yet reached.

Example:

Respondent: "Okay, I'll tell you about this stuff, but I'm not answering any questions about drugs or nasty stuff like that …"

When you reach the section that contains the questions that they have told you that they will not answer, go ahead and begin asking the questions. Respondents often change their mind about answering questions after they have grown to trust the interviewer.

If the respondent refuses to answer any questions, however, please respect their right to do so. In this case, enter "refused" (code 7) and make a note to discuss the situation with your supervisor (ALT-N).

Requests for information about the youth's mental health.

Occasionally, a parent or youth may become concerned when they answer "yes" to a question (or a series of questions) about emotional or behavioral problems. They may want to know whether this means that there is something wrong with them. It is important for you to be noncommittal in a response to this. It could be harmful for you to mistakenly offer reassurance when the youth has a problem, and equally harmful for you to raise concern about a youth who does not have problems.

The interviewer can safely state that "saying 'yes' to questions doesn't necessarily mean there's something wrong." You can also safely suggest that children and adolescents who are concerned about a problem could talk it over with their parent(s), physician, or school counselor.
Responding to a provocation.

Occasionally, a respondent will say provocative things to an interviewer. Respond to these in the most minimal and neutral way that is appropriate and move quickly on to the next question. The following are examples of provocations and acceptable interviewer responses:

Example 1:

Respondent: "I never worry if my mother goes away. I wish she would leave for good or die!"

Interviewer: Ignore the statement and move on.

Example 2:

Respondent: "You don't care if I'm sad or not!"

Interviewer: Say, "Sure I do," and read the next question.

Respondent: "No you don't. You care more about that computer than about me."

Interviewer: Ignore and move on to the next question.

Example 3:

Respondent: "You aren't asking me about anything I care about."

Interviewer: "When I'm finished with these questions, I hope you'll tell me about anything important that I missed."

It is important for the well-being of the youth and for the success of the interview that you not get locked into arguments or lengthy exchanges with the respondents about such matters. If you respond neutrally and move on, the respondent will usually let the issue drop.
6.3.4 Urgent Clinical or Ethical Issues

Each project has its own protocol for addressing urgent clinical issues that may arise when administering the NIMH DISC-IV, such as when a respondent indicates the presence of suicidal ideation or ongoing child abuse. It is important to follow the established procedures in such an event. It is not appropriate for a lay interviewer to adopt a clinical approach to the respondent. The procedures for handling mental health referrals in NHANES are discussed in Chapter 7.

6.3.5 Working with the CDISC Software

Beginning the Interview

The wrapper screen titled “Launch CDISC Program” automatically displays a pop-up box that allows you to set the language of the interview. Click on either “English” or “Spanish,” as appropriate, to proceed.
A photo of Columbia University and the message, Loading IMAN for Windows, flashes briefly on the screen.

From the main “IMAN for Windows” screen, select “Folder” then “Load.”
Highlight the folder labeled “Files” and click on “Open.”

Highlight the folder labeled “Patients” and click on “Open.”
The opened Patient folder contains the name of the current SP. To begin the interview, select “Run” from the main menu and then “Administer” from the drop down menu.

**Answering a Question**

A set of possible answers will be displayed on screen after the question. These include:

1-for ‘Yes’; and
2-for ‘No’.

With some questions (e.g., in the impairment section of each diagnosis) you are also given the option to enter:

3-for ‘Sometimes / Somewhat’

You can either use the appropriate key on the keyboard to respond, or use the mouse to click on the answer on screen. With either method, the answer you have chosen will turn to red on the screen, before you are taken to the next question / section.
In addition, other key code responses are available, but are not displayed on the screen. These include:

- 7 or 77-for ‘Refuse to Answer’;
- 8-for ‘Not Applicable’; and
- 9 or 99-for ‘Don’t Know.’

There are a few questions in the DISC interview that are ‘type ins.’ These will be found when establishing the timeline in the Demographic module, in the service questions for each diagnosis, and also when asked to explain certain symptoms, for example details of suicide attempts.

**Moving through the Interview**

Keying in a response will take you to the next appropriate question or section of the interview. In some cases a response is asked for, after which you need to press [ENTER].

You can also click on the [NEXT] button in the bottom right of the screen. Alternatively, use the ↑ or → keys. You can’t move to the next question however, using this method, if the current question hasn’t been answered.

**Returning to the Previous Question**

Click on the [PREVIOUS] button in the bottom left hand corner of the screen, or use the ← or ‘Backspace’ keys.

Note: The program is configured to allow you to back-up only 10 questions at a time.

**Administration Menu**

While administering an interview, the keys ALT + M will bring up the "Administration" menu at the top of the screen. This menu is split into four portions, allowing you several options. To open
one of these menus, click on it and then highlight and click on the required function. Once the menu is open you can move between the others by using the left/right arrow keys.

The four menu portions, and their applicability to NHANES, are described below.

1. **ADMIN**

   - **Start Over**
     DO NOT USE THIS OPTION.
   - **Font**
     It is possible to change the font style and size. Click on ‘Font’ to open a menu box in which will be listed the font options for your computer. Too large a typeface however, will result in the response not being visible on the screen, or the Timeline covering the text.
   - **Show Timeline / ALT+T**
     If the Timeline is not on screen, clicking on this option or using the ALT-T combination will bring it up.
   - **Interviewer Note / ALT+N**
     Clicking on this option or using the ALT-N combination will open the ‘Interviewer Note’ box in which the user can make comments to record anything that the subject wants to add, or for interviewers to make notes themselves on anything they feel needs reviewing later. After typing in the comment, click on the OK button to save and return to the interview. If the box was opened in error then simply click on the ‘Cancel’ button.
Exit

DO NOT USE THIS OPTION.

2. SKIP

DO NOT USE ANY OF THE OPTIONS LISTED ON THIS MENU.

3. QUIT

Suspend / ALT+Q

You have the option to "suspend" the interview before it has been fully administered, saving all responses entered so far. This will bring you back to the folder screen, where the status of the interview will have been recorded as "suspended." The key combinations ALT-Q will also serve the same function.
- Terminate

DO NOT USE THIS OPTION. Choosing ‘TERMINATE’ will lose all patient responses. Should you select this option in error, a confirmation box will appear prior to this being executed.

4. SOUND

All options listed under this menu are applicable only if the self-administered Voice DISC is in use. They are not used in NHANES.
6.3.6 Introduction/Timeline

The introductory module is primarily an interviewing tool that serves to explain the structure of the interview, complete the timeline, and collect demographic information that is used in subsequent modules. The information collected here is not used in assessing whether a subject meets the criteria for a specific diagnosis. Accordingly, the interviewer can exercise some liberty in departing from the set script. Use your judgment as to when such a departure will facilitate the intended purpose of the module.
INTRO: This interview is made up mostly of questions about the kinds of things you have been doing and feeling in the past year—that is, from last winter up until today.

Asking all these questions should take about an hour, or maybe a little longer. Will that be alright?

(INTERVIEWER: IF SCHEDULING CONFLICT, RESOLVE AT THIS POINT)

If you want to take a break for a while, just let me know. That will be fine.

(INTERVIEWER: INTRODUCE STUDY SPECIFIC CONFIDENTIALITY WORDING AT THIS POINT)

PLEASE PRESS [ENTER] TO CONTINUE

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2. Okay, let's start with a few simple questions about you and your family.

How old are you?

(INTERVIEWER: IF UNCLARIFY ASK: Is that how old you are right now?)

PLEASE ENTER CURRENT AGE AND PESS [ENTER]

INTRO1. This introductory screen is generic to all studies using the C-DISC. Read only the first sentence, as the language regarding administration time is not applicable to NHANES.

2. Read the clarifying sentence as needed.
3. When is your birthday?

PLEASE ENTER THE MONTH AND DAY AS MONTH/DATE (E.G., 02/05) AND PRESS [ENTER].

4. Was that when you turned 10?

1. Yes
2. No

5. How old are you now?

PLEASE ENTER CURRENT AGE AND PRESS [ENTER].
This is asked only of subjects who answer "no" to question 3A.
4. Do you have any brothers or sisters that you live with?

1. Yes
2. No

4A. In the last year, have you had brothers or sisters you lived with?

1. Yes
2. No
4. Respondents who answer "yes" to this question skip to question 5.

4A.
1. Do you go to school?
   1. Yes
   2. No

2. Did you go to school in the last year?
   1. Yes
   2. No

3. In the last month?
   1. Yes
   2. No
5. Subjects who currently attend school skip to question 6.

If a subject reports that s/he is homeschooled, record this as a "no" response.

5A. This is asked only of subjects who do not currently attend school.

5B-5D. Questions 5B-5D are asked only of subjects who attended school in the past year.

5B. Subjects who answer "yes" to this question skip to question 6.
6. Is that because you are on vacation?
   1. Yes
   2. No

50. When did you stop going to school?

Please enter month and press [Enter].
5B-5D. Continued.
5E. Have you ever gone to school?

1. Yes
2. No

5F. When you stopped going to school, how old were you?

PLEASE ENTER AGE AND PRESS [ENTER]

5G. What grade were you in?

[INTERVIEWER CODE 41 = PRE-K, 55 = KINDERGARTEN, 13 = COLLEGE FRESHMAN, 14 = SOPHOMORE, 15 = JUNIOR, 16 = SENIOR, 17 = POST-BA]
5E-5G. This series of questions is asked only of subjects who did not attend school in the past year. It is used to determine whether the subject ever attended school and, if so, the last grade he or she attended and age at the time.

5G. Question 5G is asked only of respondents who don't know their age when they stopped attending school.
6. What grade are you in now?

[Interviewer: If on vacation or not in school ask, what grade did you just complete?

[Interviewer: Code 44 = PreK, 95 = Kindergarten, 13 = College Freshman, 14 = Sophomore, 15 = Junior, 16 = Senior, 17 = Post G.A.

PLEASE ENTER CURRENT GRADE AND PRESS [ENTER]

7. Have you ever repeated a grade?

1. Yes
2. No
6-6A. 6 and 6A are asked only of respondents who attended school in the past year.

6. Note the slight difference in wording for subjects who are on vacation or haven't attended school in the past month. If the subject reports that s/he dropped out, the alternate wording "What grade did you just complete?" is a bit awkward. Instead, substitute the question "What grade were you in when you stopped going to school?"

7-7C. This set of questions is asked only of subjects who have ever attended school.
A. Have you repeated a grade more than once?
1. Yes
2. No

B. How many times have you repeated a grade?
1. 1 grade repeated
2. 2 grades repeated
3. 3 grades repeated
4. 4 grades repeated

C. Which grades did you repeat?
(INTERVIEWER: CODE 44 = PRE-K, 35 = KINDERGARTEN)

PLEASE ENTER A RESPONSE AND PRESS [ENTER]
Questions 7A-7C are asked of subjects who have repeated a grade. They are used to determine which grades the subject repeated.
CDHS Administration: [John Doe]

6. (INTERVIEWER: IF CHILD IS CURRENTLY IN KINDERGARTEN, CODE WITHOUT ASKING.)

Did you go to kindergarten?

1. Yes
2. No

CDHS Administration: [John Doe]

6A. (INTERVIEWER: IF CHILD IS CURRENTLY IN KINDERGARTEN, CODE WITHOUT ASKING.)

How did you learn?

[INTERVIEWER: AT THIS POINT, FILL IN AGE, GRADE, AND SCHOOLS FOR EACH AGE ON LIFE CHART, ASKING ADDITIONAL QUESTIONS IF NECESSARY.]

PLEASE ENTER AGE AND PRESS [ENTER]
8-8C. This set of questions is asked only of subjects who have ever attended school.

8A. This is asked only of subjects who attended kindergarten. If necessary, clarify that we are interested in how old the child was when s/he began kindergarten. If the child is unsure, probe once for the child's approximate age. Since the purpose of this question is to collect information that will be used to complete the "Whole Life Chart," which is not done for NHANES, it's not critical that you obtain an exact age. If necessary, enter a "Don't know" response by typing "99."
6-196
Subjects who did not attend kindergarten are asked their age and grade when they started school.
Do you have a job?

1. Yes
2. No

What do you do?

Please enter a response and press [Enter].

When did you start your job?

Whether enter year or month (in chart)

Please enter the month and year as MM/YY and press [Enter].

[ ]
9. Children 12 years of age and older are asked about their work history. Respondents who do not currently have a job skip to 9C. Since these questions may be asked of children who are younger than the legal employment age, jobs such as babysitting, mowing lawns, shoveling snow, etc. are acceptable responses.

9A-9B. Subjects who currently have a job are asked specifics regarding the type of job and onset of employment.
Q: Have you had a job in the last year?

1. Yes
2. No

Q: Have you had a job in the last month?

1. Yes
2. No

Q: When did you last have a job?

If you answered yes to the last question, please enter the month you last had a job.

Enter your answer here: 

PLEASE ENTER MONTH AND PRESS ENTER.
9C-9J. Subjects who are not currently employed are queried about previous employment history.
6-202

**CDIS Administration - John Dena**

**Q9.** When did you start that job?

**Interviewer:** Enter year or month (on chart)

**PLEASE ENTER THE MONTH AND YEAR AS MM/YY AND PRESS [ENTER].**

**CDIS Administration - John Dena**

**Q10.** What did you do?

**PLEASE ENTER A RESPONSE AND PRESS [ENTER].**

**CDIS Administration - John Dena**

**Q11.** Have you ever had a job?

1. Yes
2. No
9C-9J. Continued.
6-204
9C-9J.    Continued.
10. Have you always lived in the same house (or apartment)?

1. Yes
2. No

11. When did you move here/there?

*INTERVIEWER: ENTER YEAR OR MONTH (ON CHART)*

PLEASE ENTER THE MONTH AND YEAR AS MM/YY AND PRESS [ENTER]

MM/YY

1. Yes
2. No
10. Subjects who have never moved skip to question 11.

10A. If the move occurred more than 1 year ago, it is not necessary to obtain the month. We are interested in moves that can be used as aids to recall on the "Current Year Timeline."

11. All subjects are asked this question.
12. Which adults whom you have lived with have taken care of you in the last year?

- Select all that apply.
- Biological/Adoptive Mother
- Biological/Adoptive Father
- Grandmother
- Grandfather
- Stepmother
- Stefather
- Foster mother
- Foster father
- Aunt
- Uncle
- Other

13a. Which of these adults do you feel closest to?

- Interviewer: If respondent gives more than one person or does not know, ask: “Which of these people took care of you the most in the last 12 months?” If respondent still gives more than one person, enter the letter closest to the beginning of the alphabet.

- A. Biological/Adoptive mother
- B. Biological/Adoptive father

13b. Other (interviewer: specify other)

- Please enter a response and press [Enter].
12. Type the letter or letters that correspond to all adults who have taken care of the subject. You do not need to type spaces or commas between the letters to separate multiple responses. Probe once for "Which other adults whom you have lived with have taken care of you in the last year?"

12A. The software program automatically lists the names of the adults identified in question 12. The example shown here illustrates the most common response you will encounter. The subject is asked to identify which of these adults he or she feels closest to. If the subject says something like "I feel closest to both of them," "Neither," "I can't choose," or "I don't know," read the probe "Which of these people took care of you the most in the last 12 months?" If the subject is still unable to choose, enter the letter closest to the beginning of the alphabet. In this example, you would enter A. The software does not accept a response of "don't know" for this question.

12OTHER. Subjects who identify an adult not on the list in question 12 are asked to specify who that person is.
6-210

CDIS Administration - [John Bengt]

INTRO2. When you answer some of the questions I am going to ask you later, I am going to ask you to do something that is really hard. That is to remember when different things happened.

One way of making this type of question easier is by asking you if things have happened since some specific time that you may remember.

[Interviewer: Fill in Timeline with birthdays, moves, school and employment information. Ask additional questions if necessary.]

I'd like you to tell me when some important events have happened in the past year to you or your family. The reason I'll be asking about when these things happened is to help you remember things that happened in the last events and last year.

PLEASE PRESS [ENTER] TO CONTINUE.

CDIS Administration - [John Bengt]

INTRO2. Here we are today in December of 1996.

[Interviewer: Show current timeline to respondent.]

Okay, your last birthday was here in May, which was 7 months ago.

PLEASE PRESS [ENTER] TO CONTINUE.
INTRO2. This is the first screen which introduces the concept of the timeline. You may want to paraphrase the first sentence slightly to read "… I am going to ask you to do something that some people find really hard."

INTRO2B. Show the subject the laminated "Current Year Timeline." Point to the current month, which you will have pre-filled prior to the start of interview. Mark the subject's birthday on the timeline next to the appropriate month.
13. 12 MONTHS AGO

Now I want you to think hard and try and remember if there was anything that happened around this time one year ago, that is, in December of last year, that really sticks out in your mind.

Can you think of something that happened to you or your family during December of last year?

1. Yes
2. No

PLEASE ENTER A RESPONSE AND PRESS [ENTER]
13-13D. Questions 13-13D are used to identify significant events that occurred one year ago.

If, during the course of the interview, the subject has already identified an event that occurred 12 months ago, enter "1" in question 13 and type in the event in question 13EXP.

Subjects who have not already indicated an event are asked a series of probe questions to assist them in identifying an event. As soon as the subject responds affirmatively, the program prompts for "What happened" and then proceeds to question 14.

Some subjects may be unable to identify a significant event using the structured probes. When this happens you can probe for other events based on what the subject has already told you. For example, if the subject previously indicated that he/she has siblings, you might prompt for whether any of them celebrated a birthday. Alternatively, depending upon the time of year, you may probe for holidays, school vacations, etc.

13EXP. Type in a description of the event. Because the typed description will be used as a fill in subsequent questions, it is important to describe the event using language that sounds correct following "since…." Try to keep the description relatively short.

Enter the event next to the appropriate month on the laminated timeline.
130. Did you begin to do something new like joining a team or playing a sport or starting some other program or special activity?

1. Yes
2. No

130. Did anyone move into your home or move out of your home in January of last year?

1. Yes
2. No

130. Did you take any trips or vacations during December of last year?

1. Yes
2. No
13-13D. Continued.
6-216
Questions 14-14D and 14EXP are used to identify significant events that occurred 6 months ago. Except for the different time frame they are identical to questions 13-13D and 13EXP. Refer to the specifications for administering questions 13-13D and 13EXP.

14. A pop-up screen that displays the current year timeline is first displayed at question 14. The timeline is updated during administration of the introductory module as new events are elicited from the respondent. The on screen timeline is intended as an interviewer tool in completing the laminated timeline and in administering the interview. You can close it at any time by clicking on the "X" in the upper right hand corner of the pop-up screen. The software program automatically displays the timeline during the introductory module whenever you begin a series of questions about the next time period. It also displays the timeline at the beginning of each new module.
148. Did you begin to do something new... like joining a team or playing a sport or starting some other program or special activity?

1. Yes
2. No

149. Did anyone move into your home or move out of your home in June?

1. Yes
2. No

150. Did you take any trips or vacations during June?

1. Yes
2. No
14-14D. Continued.
6-220

CDIS Administration - [John Doe]

15. 4 WEEKS AGO.

Now, what about four weeks ago, say, the end of November? Is there anything that happened then that really sticks out in your mind?

1. Yes
2. No

CDIS Administration - [John Doe]

TIDEP: What happened?

INTERVIEWER: RECORD A BRIEF DESCRIPTION OF THE EVENT THAT SOUNDS CORRECT FOLLOWING "SINCE ...". FOR EXAMPLE, "you went on a trip".

PLEASE ENTER RESPONSE AND PRESS [ENTER]

CDIS Administration - [John Doe]
15-15D, 15EXP. Questions 15-15D and 15EXP are used to identify significant events that occurred 4 weeks ago. Refer to the specifications for administering questions 13-13D and 13EXP.
15B. Did you begin to do something new... like joining a team or playing a sport or starting some other program or special activity?

1. Yes  
2. No

15E. Did anyone move into your home or move out of your home four weeks ago?

1. Yes  
2. No

15D. Did you take any trips or vacations at the end of November?

1. Yes  
2. No
15-15D. Continued.
INTRO3. Now I'm going to write these things down and give you a kind of calendar to help you with the rest of the questions.

INTERVIEWER: IF WHOLE LIFE CHART IS SPARSE, ASK ABOUT ADDITIONAL SIGNIFICANT LIFE EVENTS TO FILL IT OUT, E.G. HOUSEHOLD MOVES, BIRTH OF SIBLINGS, MEMORABLE VACATIONS, TEAM SPORTS, ETC., AS NECESSARY.

INTERVIEWER: REVIEW THE TIMELINE AND WHOLE LIFE CHART WITH THE INTERVIEWEE. BE SURE TO POINT OUT ALL THE KEY EVENTS.

PLEASE PRESS [ENTER] TO CONTINUE.

INTRO4. During the next part of the interview, you can answer most questions by saying "yes" or "no." If you're not sure about an answer, tell me some time to think about it. Only say "don't know" if you really have no idea at all! I'll ask you questions you don't understand, just tell me.

If you want to talk me more than "yes" or "no" about something, let me know and I'll write it down so we can talk about it later.

I ask everyone the same kinds of questions, just because I ask whether you have done something, that doesn't mean I think you have.

Please answer each question the best you can. The best answer is a true answer.

PLEASE PRESS [ENTER] TO CONTINUE.

INTRO5. Okay, let's go over these things again - remember, I explained everything clearly. I'm merely going to ask you to answer with "yes" or "no." What should you do if you want to tell me more than that about something?

INTERVIEWER: IF RESPONDENT DOESN'T KNOW OR IS UNCERTAIN, SAY: "Tell me so that I can write it down and we can talk about it later."

What should you do if you want to tell me more than that about something?

INTERVIEWER: IF RESPONDENT DOESN'T KNOW OR IS UNCERTAIN, SAY: "Well, if you need time to remember something, just say so and I'll wait. Or, if you don't understand a question, just tell me.

PLEASE PRESS [ENTER] TO CONTINUE.
INTRO3. If you have not already done so be sure to complete the laminated Timeline. If the structured questions and probing were unsuccessful in obtaining a significant event associated with each of the time periods (12 months ago, 6 months ago, and 4 weeks ago), you may need to probe further at this point.

INTRO4-7. These introductory screens explain how the interview is structured and "train" the subject in the rules of the interview. You should learn the content of the screens so that you can convey the information in a conversational tone, referring to your screen only briefly if necessary.
**CDIS Administration - [John Doe]**

**INTRO: It is important that you realize that not all the questions are about the same time period. Most of the questions are about the past six months. When I say “in the past six months,” I want you to think about all the time from one-six months ago, when you had your last interview, up until today. INTERVIEWER, DRAW HORIZONTAL LINE ACROSS SPAN OF “LAST SIX MONTHS” ON TIMELINE.**

A few questions will be about the past twelve months. When I say, “in the past twelve months,” I want you to think about all the time from one-twelve months ago, when you had your last interview, up until today. INTERVIEWER, DRAW HORIZONTAL LINE ACROSS SPAN OF “LAST TWELVE MONTHS” ON TIMELINE.

Some questions will be about the past four weeks. When I say “in the past four weeks,” I want you to think about the time from the start of November one week ago, up to and including today. INTERVIEWER, DRAW HORIZONTAL LINE ACROSS SPAN OF “LAST FOUR WEEKS” ON TIMELINE.

PLEASE PRESS [ENTER] TO CONTINUE.

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**CDIS Administration - [John Doe]**

**INTRO:** Finally, some of the questions ask about things that may have happened in your whole life.

The time period covered by each question is stated in the question, so please listen to it and do your best.

**INTERVIEWER: ANSWER QUESTIONS ABOUT THE TIMELINE IN YOUR OWN WORDS.**

How are you going to start with the specific questions about how you have been feeling and acting?

**INTERVIEWER: POINT TO EVENTS ON CURRENT TIMELINE AND MAKE SURE THAT INFORMANT UNDERSTANDS THE TIMELINE OF THE INTERVIEW.**

PLEASE PRESS [ENTER] TO CONTINUE.
INTRO4-7. Continued.

INTRO6. Draw horizontal lines across the spans of "last year", "last 6 months", and "last 4 weeks" on the timeline. Label the lines with the corresponding time period.
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6.3.7 Panic Disorder (Module A4)

The essential feature of panic disorder is the presence of recurrent, unexpected panic attacks, followed by at least a month of worry about having another attack or anxiety about the implications of having them.

A panic attack is a discrete period of intense fear or discomfort that is accompanied by a number of somatic or cognitive symptoms (four symptoms). The attack has a sudden onset and builds to a peak rapidly (in 10 minutes or less) and is often accompanied by a sense of impending doom and urge to escape. Panic attacks can occur in the context of several different anxiety disorders. For panic disorder, the attacks must be unexpected.
1. Now I want to ask you if you have ever had a sudden attack of feeling very afraid.

In the kind of attack I mean, someone becomes very afraid even though there is nothing around them to frighten them. Sometimes they feel they can't breathe... sometimes their heart beats very fast. The attack is over very suddenly and then goes away, but they get afraid that the attacks might come back.

In the last year, that is, since December of last year, have you had an attack when all of a sudden you felt very afraid or strange?

1. Yes  
2. No

1A. Have you had an attack like that more than once?

1. Yes  
2. No
1. Respondents who answer "no" skip to question 2.

1A. Respondents who answer "no" skip to question 2.
12. Did you ever have an attack of feeling very afraid or strange when you saw or heard something that scared you?

1. Yes
2. No
1B. Respondents who answer "no" skip to question 1D.

1C. Respondents who answer "no" skip to question 2.
1D-1R. This series of questions is asked only of those subjects who in the past year met the following conditions:

- Had more than one sudden attack of feeling very afraid; AND
- At least 1 attack DID NOT occur as a result of having seen or heard something that scared them.

Note that "sometimes/somewhat" (code "1") is a valid response category for these questions.

Subjects with less than two responses of "yes" or "sometimes" to this series of questions skip to the next module, Generalized Anxiety Disorder.
10. During an attack, did you tremble or shake?

1. Yes
2. No
3. Sometimes/Somewhat

11. During an attack, did you sweat?

1. Yes
2. No
3. Sometimes/Somewhat

12. Did you feel like you were dying?

1. Yes
2. No
3. Sometimes/Somewhat
13. Did your mouth feel dry during an attack?

1. Yes
2. No
3. Sometimes/Somewhat

14. During an attack, did you have a stomachache or feel like you were going to throw up or like you had to go to the bathroom?

1. Yes
2. No
3. Sometimes/Somewhat

15. Did your hands or feet tingle or feel numb?

1. Yes
2. No
3. Sometimes/Somewhat
10. When you had an attack of feeling very afraid or strange, were you afraid that you were going crazy or losing control?

1. Yes
2. No
3. Sometimes/Somewhat
10. Did you think that you were going to die during an attack?

1. Yes
2. No
3. Sometimes/Scratch

11. Sometimes when people have attacks like this, they feel as if they are not real, or that their body doesn’t belong to them, or that they are not part of the real world.

Did you feel like that when you had an attack?

1. Yes
2. No
3. Sometimes/Scratch

12. Sometimes when people have attacks like this, they feel the world around them is unreal. Like it is on the other side of a glass window, or that the people around them are like puppets or actors in a movie.

Did you feel like that when you were having an attack?

1. Yes
2. No
3. Sometimes/Scratch
10. You said that during an attack you felt very afraid or had strange physical feelings such as you had to catch your breath, felt dizzy, or felt that your heart was pounding too fast, or your body was shaking uncontrollably, felt dizzy or light-headed, or felt you might pass out. Tell me if once you had a feeling that you had to catch your breath, felt dizzy, or felt that your heart was pounding too fast, or your body was shaking uncontrollably, felt dizzy or light-headed, or felt you might pass out. Did most of these feelings happen shortly after the attack started?

1. Yes
2. No

11. Have you also had these attacks when you felt very afraid or felt strange physical feelings after you had a lot of soft drinks, alcohol, or coffee, or when you have taken medication?

1. Yes
2. No

12. Did you ever have an attack when you had also drank, soda, or coffee or taken medication?

1. Yes
2. No
1S. The program automatically fills in the symptoms endorsed in 1D-1R. In the example, the subject responded affirmatively to all of the symptoms in the previous questions. It is unlikely that you will encounter this situation very often.

1T. Subjects who respond "no" skip to question 1V.

1U. Respondents who answer "no" skip to the next module.
TV. Have you ever had these attacks of feeling very afraid or strange when you have smoked cigarettes or drunk alcohol or taken drugs?

1. Yes
2. No

TV. Did you ever feel the way when you 'bought' smoking or taken drugs or alcohol?

1. Yes
2. No

TV. Now, what about the last four weeks?
Since the end of November, have you had an attack when you felt very afraid or strange?

1. Yes
2. No
1V. Subjects who respond "no" skip to question 1X.

1W. Respondents who answer "no" skip to the next module, Generalized Anxiety Disorder.

1X. All subjects who are asked this question skip to question 4, regardless of their response to 1X.
2. In the last year, have you had a time when you suddenly felt that you were suffocating or you couldn't breathe?

1. Yes
2. No

2A. Was there some good reason for you to feel like that, like you were having an asthma attack, or because you were choking on something?

1. Yes
2. No

2B. Did you ever feel this way when there wasn't a good reason?
2. This question is asked only of subjects who in the past year have not had a sudden attack of feeling very afraid or, if they experienced such an attack, it was as the result of hearing or seeing something that scared them.

Subjects who respond "no" skip to question 3.

2A. Respondents who answer "no" skip to 2C.

2B. Respondents who answer "no" skip to question 3.
### PANIC DISORDER

#### 26. Have you felt this way more than once?

- Yes
- No

#### 27. You said that you had a pain when you suddenly felt that you couldn’t breathe. When that happened, did you also have an attack of feeling very afraid or anxious?

- Yes
- No
2C. Respondents who answer "no" skip to question 3.

2D. Subjects who respond "no" skip to question 3.
26. During an attack, did you feel dizzy, light-headed, and feel you might pass out?

1. Yes
2. No
3. Sometimes/Somewhat

27. Did you feel your heart pound or beat too fast?

1. Yes
2. No
3. Sometimes/Somewhat

28. During an attack, did you tremble or shake?

1. Yes
2. No
3. Sometimes/Somewhat
This series of questions is asked only of subjects who in the past year have met the following conditions:

- Have had more than one attack when they suddenly felt they couldn't breathe; AND
- Reported that there was no good reason for the attacks; AND
- Reported that the attacks occurred at the same time they had an attack of feeling very afraid.

Note that "sometimes/somewhat" (code "1") is a valid response category for these questions.

Subjects with less than one response of "yes" or "sometimes" to this series of questions skip to the next module, Generalized Anxiety Disorder.
24. During an attack, did you sweat?
   1. Yes
   2. No
   3. Sometimes/also

25. Did you feel like you were choking?
   1. Yes
   2. No
   3. Sometimes/also

26. Did your mouth feel dry?
   1. Yes
   2. No
   3. Sometimes/also
30. During an attack, did you have a stomach ache, or feel like you were going to throw up or like you had to go to the bathroom?
1. Yes
2. No
3. Sometimes/relatively

31. Did your hands or feet tingle or feel numb?
1. Yes
2. No
3. Sometimes/relatively

32. When you couldn’t breathe and you had an attack, did you feel very hot... or very cold?
1. Yes
2. No
3. Sometimes/relatively

34. During an attack, did you have pain in your chest, or did your chest hurt a lot?

1. Yes
2. No
3. Sometimes/Somewhat

35. When you couldn't breathe and you had an attack of feeling very afraid or strange, were you afraid that you were going crazy or losing control?

1. Yes
2. No
3. Sometimes/Somewhat

36. Did you think that you were going to die during an attack?

1. Yes
2. No
3. Sometimes/Somewhat
23. Sometimes when people have attacks like this, they may feel as if they are not real, so that their body doesn't belong to them, or that they are not part of the real world.

Did you feel like that when you had an attack?

1. Yes
2. No
3. Somewhat/Somewhat
25. You said that during a time when you couldn’t breathe and you had an attack of feeling very afraid or strange, you felt dizzy, light-headed or like you might pass out, felt your heart pound or beat too fast, felt like you started to sweat, felt like you were shaking, felt your mouth was dry, felt sick or like you had to go to the bathroom, felt tingling numbness in your hands or feet, felt very hot or very cold, had a sense of tightness in your chest, were afraid that you were going crazy or losing control, thought you were going to die, felt there was no way out, and felt that the walls around you were moving.

Did most of these feelings happen shortly after the attack started?

1. Yes
2. No

26. Have you (had there ever been a time when you couldn’t breathe and you had an attack of feeling very afraid or strange after you have drunk a lot of soft drinks or soda, or coffee, or after you have taken medication?

1. Yes
2. No

27. Did you ever have an attack when you (had there ever been an attack when you had drunk soft drinks or soda or coffee or taken medication?

1. Yes
2. No
2S. The program automatically fills in the symptoms endorsed in 2E-2R. In the example, the subject responded affirmatively to all of the symptoms in the previous questions.

2T. Respondents who answer "no" skip to question 2V.

2U. Subjects who respond "no" skip to the next module.
31. Have you ever had those times when you couldn't breathe and you had attacks of feeling very afraid or strange after you have smoked cigarettes or drunk alcohol or taken drugs?
   1. Yes
   2. No

32. Did you ever have an attack like this when you had smoked or taken drugs or alcohol?
   1. Yes
   2. No

33. Now, what about the last 12 months?
   Since the end of November, have you had times when all of a sudden you felt like you couldn't breathe?
   1. Yes
   2. No
2V. Respondents who answer "no" skip to question 2X.

2W. Subjects who respond "no" skip to the next module.

2X. All subjects who are asked this question skip to question 4, regardless of their response to 2X.
3. Have you had a time when your heart suddenly started to beat very fast?
   1. Yes
   2. No

3A. Was there a good reason for your heart to beat so fast, like you had just been running or exercising?
   1. Yes
   2. No

3B. Was your heart beating fast because you were angry with someone or because you felt embarrassed or shy?
   1. Yes
   2. No
3. This question is asked only of persons who in the past year have met the following conditions:

- Have not experienced a sudden attack of feeling very afraid OR experienced such an attack but only as the result of hearing or seeing something that scared them; AND
- Have not experienced an attack of being unable to breathe OR experienced an attack of being unable to breathe but only when there was a good reason OR experienced just one attack of being unable to breathe when there was not a good reason for the attack.

Persons who respond "no" to question 3 skip to the next module, Generalized Anxiety Disorder.

3A-3B. Respondents who do not answer "yes" to either of these questions skip to 3D.
3C. Did your heart suddenly start to beat fast when you didn’t have a good reason, that is, you hadn’t been running or exercising or you weren’t anxious or worried?

1. Yes
2. No

3D. Has your heart suddenly started to beat very fast more than once?

1. Yes
2. No

3E. Did you have a medical problem that made your heart beat that way?

1. Yes
2. No
3C. Subjects who respond "no" skip to the next module.

3D. Respondents who answer "no" to this question skip to the next module.

3E. Respondents who answer "no" skip to 3G.
35. You said that you had a line when your heart started to beat very fast. When that happened, did you also have an attack of feeling very afraid or anxious?

1. Yes
2. No
3F. Type in the description of the medical problem offered by the respondent.

3G. Subjects who answer "no" skip to the next module.
34. During an attack, did you feel that it was hard to breathe?

1. Yes
2. No
3. Sometimes/Somewhat

35. Did you feel dizzy or light-headed and think you might pass out?

1. Yes
2. No
3. Sometimes/Somewhat

36. During an attack, did you feel hot or shake?

1. Yes
2. No
3. Sometimes/Somewhat
3H-3U. This series of questions is asked only of subjects who in the past year have met the following conditions:

- Have experienced more than one episode of their heart beating very fast that was not the result of a medical problem or other good reason; AND
- Reported that the attack occurred at the same time they had an attack of feeling very afraid.

Note that "sometimes/somewhat" is a valid response category for these questions.

Subjects who do not answer "yes" or "sometimes" to at least one of the questions in this series skip to the next module.
3E. Daring an attack, did you sweat?

1. Yes
2. No
3. Sometimes/Somewhat

3L. Did you feel like you were choking?

1. Yes
2. No
3. Sometimes/Somewhat

3M. Did your mouth feel dry?

1. Yes
2. No
3. Sometimes/Somewhat
3N: During an attack, did you have a stomachache, or feel like you were going to throw up or like you had to go to the bathroom?

1. Yes
2. No
3. Sometimes/5 somewhat

3D: Did your hands or feet tingle or feel numb?

1. Yes
2. No
3. Sometimes/5 somewhat

3P: When your heart beat fast and you had an attack of feeling very sick or strange like this, did you feel very hot or very cold?

1. Yes
2. No
3. Sometimes/5 somewhat
30. During an attack, did you have pain in your chest, or did your chest feel tight?

1. Yes
2. No
3. Sometimes/Somewhat

31. When you had the most fear and had an attack of feeling very afraid or strange like this, were you afraid that you were going crazy or losing control?

1. Yes
2. No
3. Sometimes/Somewhat

35. Did you think that you were going to die during an attack?

1. Yes
2. No
3. Sometimes/Somewhat
30. Sometimes when people have attacks like this, they feel as if they are not real... or that their body doesn't belong to them... or that they are not part of the real world.

Did you feel like that when you had an attack?

1. Yes
2. No
3. Somewhat/Somewhat
37. You said that during a time when your heart beat fast and you had an attack of feeling very afraid or strange, you found it hard to breathe, felt dizzy, light-headed or like you might pass out, trembled or shook, started to sweat, felt like you were choking, felt your mouth was dry, felt sick or like you had to go to the bathroom, felt tingles in your hands or feet, felt very hot or very cold, had a pain or tightness in your chest, were afraid that you were going crazy or losing control, though you were going to die, felt very unreal, and felt that the world around you wasn’t real.

Did most of these feelings happen shortly after the attack started?

1. Yes
2. No

38. Have you had these times when your heart beat very fast and you had an attack of feeling very afraid or strange after you have done a lot of salt drinks or soda, or coffee, or after you have taken medication?

1. Yes
2. No

39. Did you ever have these times when you had an attack of feeling very afraid or strange when you [appropriately drank soft drinks or soda, or coffee, or taken medication]?
3V. The program automatically fills in the symptoms reported in 3H-3U. In the example, the subject endorsed all of the symptoms in the previous questions.

3W. Subjects who answer "no" skip to question 3Y.

3X. Subjects who answer "no" skip to the next module.
<table>
<thead>
<tr>
<th>Question</th>
<th>Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Have you ever had these times when your heart beat very fast and you had an attack of feeling very afraid or strange after you have smoked cigarettes or drunk alcohol or taken drugs?</td>
<td>1. Yes</td>
</tr>
<tr>
<td></td>
<td>2. No</td>
</tr>
<tr>
<td>3) Did you ever suddenly feel very afraid or strange like this when you have smoked or taken drugs or alcohol?</td>
<td>1. Yes</td>
</tr>
<tr>
<td></td>
<td>2. No</td>
</tr>
<tr>
<td>3A) How about the last four weeks?</td>
<td></td>
</tr>
<tr>
<td>Since the end of November, have you had a time when all of a sudden your heart started to beat very fast and you felt very afraid or strange?</td>
<td>1. Yes</td>
</tr>
<tr>
<td></td>
<td>2. No</td>
</tr>
</tbody>
</table>
3Y. Subjects who answer "no" skip to 3AA.

3Z. Respondents who answer "no" skip to the next module.

3AA.
4. In the last year, that is, since December of last year, have you had three or more of these attacks of feeling very afraid or vague?

1. Yes
2. No

43. How many of these attacks have you had in the last year?

[INTERVIEWER: CODE 66 or 99 OR MORE ATTACKS]

ENTER NUMBER OF ATTACKS AND PRESS [ENTER]

48. In the last year, was there an illness or injury that caused you to have four or more of these attacks of feeling very afraid or vague in one week or less?

1. Yes
2. No
4. Subjects who answer "no" skip to question 5.

4A. Respondents who report fewer than 4 attacks in the past year skip to 4C.

4B. This question is asked only of subjects who report having had at least 4 attacks in the past year.
4. How many of these attacks of feeling very afraid or strange have you had in the last four weeks?

INTERVIEWER: CODE 66 OR MORE ATTACKS

ENTER NUMBER OF ATTACKS AND PRESS [ENTER]

5. In the last year, that is, since September last year, after you had an attack of feeling very afraid or strange, were you worried that you might have another attack?

1. Yes
2. No
3. Sometimes/Somewhat
4C.

5. Subjects who answer "no" skip to question 6.

5A. Subjects who respond "no" skip to question 6.
56. Now, what about the last four weeks? Since the end of November, have you worried about having another attack?

1. Yes
2. No

57. Next I want you to think about the whole last year again. Did having these attacks of feeling very afraid or strange make you think there was something wrong with your head or with some other part of your body?

1. Yes
2. No
3. Somewhere/Somewher

58. Did having these attacks of feeling very afraid or strange make you think there was something wrong with your head or with some other part of your body?

1. Yes
2. No
3. Somewhere/Somewher
5B.

6. Note the two versions of this question. The introductory sentence "Now I want you to think about the whole last year again" is only read to subjects who were asked 5B.

Respondents who answer "no" skip to question 7.

6. (continued)
6A. Did you worry about that for at least four weeks?

1. Yes
2. No

6B. Have you worried about something being wrong with your body in the last four weeks?

1. Yes
2. No

7. In the last year, that is, since December of last year, did you worry that you were going crazy because you were having these attacks?

1. Yes
2. No
3. Somewhat/Some
4. Slight
6A. Subjects who answer "no" skip to question 7.

6B.

7. Respondents who answer "no" skip to question 8.
76. Did you worry about that for at last four weeks?

1. Yes
2. No

78. In the last four weeks, have you worried that these attacks meant you were going crazy?

1. Yes
2. No

81. In the last year - since December of last year - have you stopped going places because you thought you might have an attack?

1. Yes
2. No
7A. Subjects who respond "no" skip to question 8.

7B. 

8. Respondents who answer "no" skip to question 9.
1. Yes
2. No
3. Sometimes/Almost

Since the end of November, have you not gone places because you thought you might have an attack there?
1. Yes
2. No

1. Yes
2. No
3. Sometimes/Almost
8A. 

8B. Subjects who respond "no" skip to question 9.

8C. 
9. Now I want you to think about the whole last year again. In the last year, did these attacks of feeling very afraid or strange come on when you were embarrassed because other people were looking at you?

1. Yes
2. No
3. Sometimes/Somewhat

9A. Did you ever have an attack of feeling very afraid or strange when you were embarrassed because other people were looking at you?

1. Yes
2. No
9. Note the two versions of this question. The introductory sentence "Now I want you to think about the whole last year again" is only read to subjects who were asked 8B.

Subjects who answer "no" skip to question 10.

9. (continued)

9A.
10. In the last year, did these attacks of feeling very afraid or strange happen all times when you were upset about having to be away from your mother?
   1. Yes
   2. No
   3. Sometime/somewhat

11A. Have you ever had an attack when you weren't upset about having to be away from your mother?
   1. Yes
   2. No

12. You said that in the last year you had attacks of feeling very afraid or strange. How old were you the first time you ever felt like that?

   PLEASE ENTER AGE AND PRESS [ENTER]
10. The computer program automatically fills in the appropriate "attachment figure" as determined in the introductory module.

Subjects who respond "no" skip to question 12.

10A.

12. Note that the program automatically skips from question 10 to question 12. Question 11 refers to information collected in the Specific Phobia module which is not administered in NHANES.
12B. What grade were you in?

INTERVIEWER CODE: 41 = PRE-K, 55 = KINDERGARTEN, 13 = COLLEGE FRESHMAN, 14 = SOPHOMORE, 15 = JUNIOR, 16 = SENIOR, 17 = POST-B.A.

PLEASE ENTER GRADE AND PRESS [ENTER].

12A. Was that more than a year ago— that is, before December of last year?

1. Yes
2. No
12GR. This question is only asked of subjects who are unable to provide an age in question 12.

12A. This question is asked only if the age/grade reported in questions 12 or 12GR is the subject's current age/grade minus one.

Subjects who answer "no" skip to question 13.
12B. Since that last time, was there ever a time when you did not have attacks?

1. Yes
2. No

12C. Did that time when you did not have attacks last for two months or more?

1. Yes
2. No
12B-12C. These questions are not asked of subject's who reported their current age/grade in questions 12 or 12GR.

12B. Subjects who respond "no" skip to question 13.

12C. Respondents who answer "no" skip to question 13.
12D. You said that you had attacks of feeling very afraid or strange in the last year. How old were you when these attacks began this time?

[INTERVIEWER: CODE 89 = NEVER STARTED AGAIN]

PLEASE ENTER AGE AND PRESS [ENTER]

12DQ. What grade were you in?

[INTERVIEWER: CODE 11 = PRE-K, 12 = KINDERGARTEN, 13 = COLLEGE FRESHMAN, 14 = SOPHOMORE, 15 = JUNIOR, 16 = SENIOR, 17 = POST-GRAD, 18 = NEVER STARTED AGAIN]

PLEASE ENTER GRADE AND PRESS [ENTER]

12E. Did you start having attacks again more than a year ago— that is, before December of last year?

[Yes

[No

[ ]
12D.

12DGR. This question is only asked of subjects who are unable to provide an age in question 12D.

12E. This question is asked only if the age/grade reported in questions 12D or 12DGR is the subject's current age/grade minus one.
13. You said that in the last year you had attacks of feeling very afraid or change. Now I’d like you to think back to the time in the last year when having these attacks caused the most problems. At that time, did your mother seem anxious or upset with you because you were having these attacks?

1. Yes
2. No
3. Somewhat

14. How often did your father seem anxious or upset with you because of this? Would you say a lot of the time, some of the time, or hardly ever?

1. A lot of the time
2. Some of the time
3. Hardly ever

15. At that time, did these attacks keep you from doing things or going places with your family?

1. Yes
2. No
3. Somewhat
13. This is the first question in the series of items used to determine impairment.

   Subjects who respond "no" skip to question 14.

13A.

14. Respondents who answer "no" skip to question 15.
16A. How often did these attacks keep you from doing things or going places with your family? Would you say: a lot of the time, some of the time, or hardly ever?

1. A lot of the time
2. Some of the time
3. Hardly ever

15. At that time, did these attacks keep you from doing things or going places with other people your age?

1. Yes
2. No
3. Sometimes/somewhat

15A. How often did these attacks keep you from doing things or going places with other people your age? Would you say: a lot of the time, some of the time, or hardly ever?

1. A lot of the time
2. Some of the time
3. Hardly ever
14A.

15. Subjects who answer "no" skip to question 16.

15A.
16. When the problems were worst, did having these attacks make it difficult for you to do your schoolwork or cause problems with your grades?
   1. Yes
   2. No
   3. Sometimes/Somewhat

18A. How bad were the problems you had with your schoolwork because of these attacks? Would you say very bad, bad, or not too bad?
   1. Very bad
   2. Bad
   3. Not too bad

17. At that time, did having these attacks cause your teachers to be annoyed or upset with you?
   1. Yes
   2. No
   3. Sometimes/Somewhat

6-300
16-17. These questions are asked only of those subjects who either attended school or worked in the last year.

16. Respondents who answer "no" skip to question 17.

16A. 

17. Subjects who answer "no" skip to question 18.
17A. How often were your teachers annoyed or upset with you because of this? Would you say: a lot of the time, some of the time, hardly ever?

1. A lot of the time
2. Some of the time
3. Hardly ever

18. When the problems were worse, did having these attacks make you feel bad or make you feel upset?

1. Yes
2. No
3. Sometimes/somewhat

19A. How bad did having these attacks make you feel? Would you say: very bad, bad, not too bad?

1. Very bad
2. Bad
3. Not too bad
17A.

18. Subjects who respond "no" skip to question 19.

18A.
18. In the last year - that is, since December of last year - have you been to see someone at a hospital or a clinic or at your office because you had these attacks of feeling very afraid or strange?

1. Yes
2. No

19a. Do you have an appointment set up to see someone because of these attacks?

1. Yes
2. No
19. Subjects who answer "yes" skip to question 20.

19A. Subjects who answer "no" skip to question 21.
20. This is the first of two questions in this module that collect "optional" information. This question collects information that is considered extremely confidential and not necessary to meet NHANES research objectives. **THEREFORE, DO NOT ASK THIS QUESTION.** Type "NA" and press the enter key to proceed to the next question.

Note the two separate versions of this question depending upon the subject's responses to questions 19 or 19A.

20. (continued)

20A. This is the second optional question. **AS WITH QUESTION 20, DO NOT ASK THIS QUESTION.** Type "NA" and press the enter key to proceed to the next question.
21. Respondents who answer "no" skip to the next module.

21A. If the subject reports multiple ages, read the probe provided on the screen.

21AGR. This question is only asked of subjects who are unable to provide an age in question 21A.
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6.3.8 Generalized Anxiety Disorder (Module A6)

The essential feature of generalized anxiety disorder is an excessive anxiety and worry about a number of different things. These youth worry about things they have no reason to worry about or worry much more than they need to and find it difficult to keep from worrying. When they are anxious, they also have physical symptoms.

Examples of worries may include the following:

1. Anxiety about tests;
2. Worrying about doing things well; and
3. Anxiety about health.

The disturbance must be present on most days for 6 months and cause distress or impairment.
1. Now I want to ask you about some other things that you might worry about.

In the last year, that is, since December of last year, did you ever get very worried before you took a test or handed in an important assignment?

1. Yes
2. No

16. In the last year, was there a time when you would worry even when you didn't need to, say, in a subject where you were well prepared and didn't do well?

1. Yes
2. No

18. Was it very hard for you to stop yourself from doing things you should not do, such as staying out too late or smoking cigarettes?

1. Yes
2. No
1. Subjects who did not attend school or work in the last year are not asked this question.

Respondents who answer "no" skip to Question 2.

1A-B. Subjects who do not answer "yes" to either 1A or 1B skip to Question 2.

1B.
**Q3 Administration - [John Doe]**

12. When you were worried like that, did you keep asking other people if you would do okay?

1. Yes
2. No

---

**Q3 Administration - [John Doe]**

13. Now, what about the last but not least?

Since the end of November, have you often gotten very worried before you had a test or handed in an important assignment?

1. Yes
2. No

---
1C.

1D. This question is only asked of subjects who attended school in the last 4 weeks.

Respondents who answer "no" skip to Question 3.
2. In the last year, that is, since December of last year, did you often worry a lot before you were going to play a sport or game or do some other activity?

1. Yes
2. No

26. In the last year, was there a time when you would worry that even when you were going to do something you were pretty good at?

1. Yes
2. No

31. Was it very hard for you to stop yourself from worrying before you played in a game or did some other special activity like that?

1. Yes
2. No
2. Respondents who answer "no" skip to question 3.

2A-B. Subjects who do not answer "yes" to either 2A or 2B skip to Question 3.

Respondents who answer "no" skip to Question 4.
22. When you were worried like that, did you keep asking other people if you would do okay?

1. Yes
2. No

23. Now, what about the last four weeks? Have you gotten very worried before you were going to play in a game or before you were going to do some other special activity?

1. Yes
2. No
5. In the last year, that is, since December of last year, did you often worry a lot when you made small mistakes doing your homework or an other project or activity?

1. Yes
2. No

6. In the last year, was there a time when you worried about these things even when you didn’t need to, say when no one would even notice the mistake or it wouldn’t count against you in your grade?

1. Yes
2. No

7. Was it very hard for you to stop yourself from worrying about these things?

1. Yes
2. No
3. Respondents who answer "no" skip to question 4.

3A-B. Subjects who do not answer "yes" to either 3A or 3B skip to Question 4.
35. When you were worried like that, did you keep asking other people if you would do okay?

1. Yes
2. No

36. Now, what about the last four weeks?

Have you worried a lot when you made small mistakes?

1. Yes
2. No
3C.

3D.
4. In the last year - that is, since December of last year - did you often worry about being on time?

1. Yes
2. No

4A. In the last year, was there a time when you would worry even when you didn't need to, because you had plenty of time to get where you were going?

1. Yes
2. No

4B. Was it very hard for you to stop yourself from worrying about being on time?

1. Yes
2. No
4. Respondents who answer "no" skip to question 5.

4A-B. Respondents who do not answer "yes" to either 4A or 4B skip to Question 5.
4C. When you were worried that you'd keep asking other people if you would be on time?

1. Yes
2. No

4D. Now, what about the last four weeks?

Since the end of November, have you ever worried about being on time?

1. Yes
2. No
5. In the last year, that is, since December of last year, have you worried a lot that you might have some illness or disease?

1. Yes
2. No

5A. In the last year, was there a time when you worried a lot more than other people your age that you might have a sickness?

1. Yes
2. No

5B. Was it very hard for you to stop yourself from worrying about having some sickness or illness?

1. Yes
2. No
5. Respondents who answer "no" skip to question 6.

5A-B. Subjects who do not respond "yes" to either 5A or 5B skip to Question 6.
Q6. When you were worried like this, did you jump asking other people if you were okay?

1. Yes
2. No

Q7. More what about the last four weeks?

Have you worried a lot about having some serious illness or illness?

1. Yes
2. No
5C.

5D.
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6. You said that you worried before tests or assignments, before playing a game or doing some other activity you were good at, when you made small mistakes, about being in line, and that you had a serious illness.

Thinking about the whole last year, was there a time when you worried about one thing or another on at least four days a week?

1. Yes
2. No

6A. Did you worry like this for as long as six months?

1. Yes
2. No
This series of questions is asked of only those respondents who endorse one or more of the symptoms in questions 1A, 1B, 2A, 2B, 3A, 3B, 4A, 4B, 5A, or 5B.

The computer program automatically fills in the symptoms endorsed in questions 1-5.

Respondents who answer "no" skip to Question 23.
7. Now I’m going to ask you about how you felt when you worked in the last year—let’s call it, since December of last year. When you were worried, did your muscles feel tight or tense?

1. Yes
2. No

7A. Did you feel like this was most days for as long as an month?

1. Yes
2. No

7B. Now, what about the last four months? Have your muscles felt tight or tense when you were worried?

1. Yes
2. No
7. Subjects who answer "no" skip to Question 8.

7A. Respondents who answer "no" skip to Question 8.

7B.
5. In the last year, that is, since December of last year, when you were worried, did you feel very restless or keyed up?

1. Yes
2. No

6. Did you feel these symptoms most days for as long as one month?

1. Yes
2. No

7. Now, what about the last four weeks? Since the end of November, have you felt very restless or keyed up when you were worried?

1. Yes
2. No
8. Subjects who respond "no" skip to Question 9.

8A. Respondents who answer "no" skip to Question 9.
5. In the last year, that is, since December of last year, when you were worried, did you feel very sick?

1. Yes
2. No

6. Did you feel like you need sleep for as long as six months?

1. Yes
2. No
9. Subjects who respond "no" skip to Question 10.

9A. Subjects who answer "no" skip to Question 10.

9B.
19. In the last year, that is, since December of last year, did you have problems keeping your mind on what you were doing because you were so nervous?

1. Yes
2. No

19A. Did you have problems keeping your mind on things on most days for as long as six months?

1. Yes
2. No

19B. Now, what about the last four weeks? Have you had problems keeping your mind on what you were doing because you've been so nervous?

1. Yes
2. No
10. Respondents who answer "no" skip to Question 11.

10A. Subjects who respond "no" skip to Question 11.

10B.
11. In the last year that is, since December of last year, when you felt worried, did your mind sometimes start to go blank?

1. Yes
2. No

11A. Did this happen several days for as long as six months?

1. Yes
2. No

11B. Now, what about the last four weeks?

Since the end of November, has your mind sometimes started to go blank when you were worried?

1. Yes
2. No
11. Respondents who answer "no" skip to Question 12.

11A. Subjects who respond "no" skip to Question 12.

11B.
12. In the last year, that is, since December of last year, when you worried, did you have trouble falling asleep or staying asleep... or did you feel tired when you woke up in the morning?

1. Yes
2. No

13a. Did you feel like the amount nights for as long as six months?

1. Yes
2. No

13b. Now, what about the last four weeks? Have you had trouble sleeping when you were worried?

1. Yes
2. No

12A. Respondents who answer "no" skip to Question 13.

12B.
13. In the last year, that is, since December of last year, when you were网点, were you generally or irritable... bothered even by little things?

1. Yes
2. No

13A. Did you feel like the current day for as long as six months?

1. Yes
2. No

13B. Now, what about the last four weeks? Have you been generally or irritable when you were网点?

1. Yes
2. No

13A. Subjects who answer "no" skip to Question 14.

13B.
14. You said that in the last year you worried about one thing or another at least 4 days a week. How old were you the first time you ever worried about a lot of different things like that? (INTERVIEWER: CODE 65 = WHOLE LIFE, ALWAYS)

PLEASE ENTER AGE AND PRESS [ENTER]

15. What grade were you in?

(INTERVIEWER: CODE 44 = PREK, 55 = KINDERGARTEN, 13 = COLLEGE FRESHMAN, 14 = SOPHOMORE, 15 = JUNIOR, 16 = SENIOR, 17 = POST B.A.)

PLEASE ENTER GRADE AND PRESS [ENTER]

16A. Was that more than a year ago - that is, before December of last year?

1. Yes
2. No

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14-22. This series of questions is asked of only those persons who respond affirmatively to either 10A or 11A AND to one of the following questions: 7A, 8A, 9A, 12A, 13A.

14GR. This question is asked of only those subjects who are unable to report an age in Question 14.

14A. This question is asked only if the age/grade reported in questions 14 or 14GR is the subject's current age/grade minus one.

Subjects who answer "no" skip to Question 15.
CGIS Administration: [John Dena]

14B. Since that first time, was there ever a time when you did not worry about a lot of different things?

1. Yes
2. No

CGIS Administration: [John Dena]

14C. Did that time when you weren't worried about different things last for two months or more?

1. Yes
2. No

CGIS Administration: [John Dena]

14D. You said that you were worried about one thing or another at least 4 days a week in the last year. How old were you when worrying about a lot of different things began this time?

[Interviewer: Code 99 = Never Started Again]

PLEASE ENTER AGE AND PRESS [ENTER]

[ ]
14B-D. These questions are not asked of subjects who reported their current age/grade in questions 14 or 14GR.

14B. Respondents who answer "no" skip to Question 15.

14C. Subjects who answer "no" skip to Question 15.

14D.
COIS Administration - [John Doe]

1400. What grade were you in?
(INTERVIEWER CODE: 04 = PRE-K, 05 = KINDERGARTEN, 10 = COLLEGE FRESHMAN, 14 = SOPHOMORE, 15 = JUNIOR, 16 = SENIOR, 17 = POST B.A., 18 = NEVER STARTED AGAIN)

PLEASE ENTER GRADE AND PRESS [ENTER]

COIS Administration - [John Doe]

1440. Did you start worrying about different things again more than a year ago - that is, before December of last year?

1. Yes
2. No
14DGR. This question is only asked of subjects who are unable to provide an age in Question 14D.

14E. This question is asked only if the age/grade reported in Questions 14D or 14DGR is the subject's current age/grade minus one.
15. You said that in the last year you worried about a lot of different things.
Now, I'd like you to think back to the time in the last year when worrying caused the most problems.
At that time, did your mother seem angry or upset with you because you worried about a lot of different things?

1. Yes
2. No
3. Sometimes/Somewhat

13A. How often did your mother seem angry or upset with you because of this? (Check one of the following)

1. A lot of the time
2. Some of the time
3. Hardly ever
15. This is the first question in the series of items used to determine impairment for this module.

Respondents who answer "no" skip to Question 16.

15A.
15. At that time, did worrying about different things keep you from doing things or going places with your family?

1. Yes
2. No
3. Sometimes/Somewhat
16. Subjects who respond "no" skip to Question 17.

16A.
17. At that time, did worrying about different things keep you from doing things or going places with other people your age?

   1. Yes
   2. No
   3. Somewhere in between

17A. Have other things worrying you that keep you from doing things or going places with other people your age? Would you say a lot of the time, some of the time, or hardly ever?

   1. A lot of the time
   2. Some of the time
   3. Hardly ever
17. Subjects who answer "no" skip to Question 18.

17A.
19. When the problems were worst, did worrying about different things make it difficult for you to do your schoolwork or cause problems with your grades?

1. Yes
2. No
3. Sometimes/Somewhat

19A. Have you ever been so worried about something that you had trouble sleeping, eating, or thinking about anything else?

1. Very bad
2. Bad
3. Not too bad
18-19. These questions are only asked of subjects who either attended school or worked in the last year.

18. Subjects who answer "no" skip to Question 19.
19. At that time, did worrying about different things cause you to be upset or upset with you?

1. Yes
2. No
3. Sometimes/Somewhat

19b. How often were your teachers upset or upset with you because you worried like that? Would you say a lot of the time, some of the time, or hardly ever?

1. A lot of the time
2. Some of the time
3. Hardly ever

19A.
20. When the problems were worst, did worrying about different things make you feel bad or make you feel upset?

1. Yes
2. No
3. Sometimes/Somehow

20a. How bad did worrying like that make you feel? Would you say very bad, bad, or not too bad?

1. Very bad
2. Bad
3. Not too bad

20A.
21. In the last year, have you been to see someone at a hospital or clinic or at their office because you worried about a lot of different things?

1. Yes
2. No

21A. Do you have an appointment set up to see someone because you worry about a lot of different things?

1. Yes
2. No
21. Respondents who answer "yes" skip to Question 22.

21A. Subjects who answer "no" skip to Question 23.
22. Who did you see?

[Interviewer: Write in name, profession, and address]

PRESS [ENTER] AFTER TYPING IN A RESPONSE, THEN PRESS [ENTER] TO CONTINUE.

---

23. What did the person you just saw wear?

PRESS [ENTER] AFTER TYPING IN A RESPONSE, THEN PRESS [ENTER] TO CONTINUE.

---

GENERALIZED ANXIETY DISORDER

DURATION (past year)
22. This is the first of two questions in this module that collect "optional" information. This question collects information that is considered confidential and not necessary to meet NHANES research objectives. **THEREFORE, DO NOT ASK THIS QUESTION.** Type "NA" and press the ENTER key to proceed to the next question.

Note the two separate versions of this question depending upon the subject's responses to questions 21 or 21A.

22A. This is the second optional question. Again, **DO NOT ASK THIS QUESTION.** Type "NA" and press the ENTER key to proceed to the next question.
23. Now I'd like to ask you a few more questions about feeling nervous or uncomfortable in the last year. Are you the kind of person who is often very tense, or who finds it very hard to relax?

1. Yes
2. No

23A. Have you been tense like this in the last year— that is, since December of last year?

1. Yes
2. No

23B. Have you been tense like this a lot of the time for as long as six months?

1. Yes
2. No
23. Respondents who answer "no" skip to Question 24.

23A. Subjects who answer "no" skip to Question 24.

23B.
COGS Administration: [John Doe]

20: Now, what about the last four weeks?
Since the end of November, have you been very tense or have I been irritable for you to refer?

1. Yes
2. No
23C.
24. In the last year, that is, since December of last year, have you often been worried that you have made a mistake or have done something the wrong way?

1. Yes  
2. No

24A. Have you worried like this a lot of the time for as long as six months?

1. Yes  
2. No

24B. Now, what about the last four weeks?

Have you often worried that you've made a mistake or done something the wrong way?

1. Yes  
2. No

24A. 

24B. 
25. In the last year, that is, since December of last year, have you often worried that you made a fool of yourself in front of other people?

1. Yes
2. No

26A. Have you worried like this a lot of the time for as long as six months?

1. Yes
2. No

26B. Now, what about the last four weeks?

Have you often worried that you made a fool of yourself in front of other people?

1. Yes
2. No

25A. Respondents who answer "no" skip to Question 26.

25B.
26. In the last year, that is, since December of last year, have you often worried about whether other people liked you?

1. Yes
2. No

26A. Have you worried like this a lot of the time for as long as six months?

1. Yes
2. No

26B. Now, what about the last four weeks?
Since the end of November, have you often worried about whether other people liked you?

1. Yes
2. No
26. Subjects who respond "no" skip to Question 27.

26A. Respondents who answer "no" skip to Question 27.

26B.
27. In the last year, that is, since December of last year, have you had any headaches?

1. Yes
2. No

27A. Was it when you were sick, say with the cold or the flu, or because of another medical problem?

1. Yes
2. No

27B. Have you had a lot of headaches when you weren't sick or didn't have a medical problem?

1. Yes
2. No
27. Subjects who respond "no" skip to Question 28.

27A. Subjects who answer "no" skip to Question 28.

27B. Respondents who answer "no" skip to Question 28.
270. Did you keep having headaches like this for as long as six months?
1. Yes
2. No

271. Now, what about the last four weeks? Have you had a lot of headaches?
1. Yes
2. No
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28. In the last year, that is, since December of last year, have you had a lot of stomachaches?

1. Yes
2. No

29A. Was that when you were sick, say, with a cold or the flu... or because of another medical problem?

1. Yes
2. No

30. Have you had a lot of stomachaches when you weren’t sick or didn’t have a medical problem?

1. Yes
2. No
28. Subjects who respond "no" skip to Question 29.

28A. Respondents who answer "no" skip to Question 29.

28B. Subjects who respond "no" skip to Question 29.
20C. Did you keep having stomachaches this for as long as six months?

1. Yes
2. No

20D. Now what about the last four weeks?

Have you had a lot of stomachaches?

1. Yes
2. No
28C.

28D.
29. In the last year, that is, since December of last year, have you had a lot of other aches and pains?

1. Yes
2. No

29A. Was that when you were sick, say with a cold or the flu, or because of another medical problem?

1. Yes
2. No

29B. Have you had a lot of aches and pains when you weren’t sick or didn’t have a medical problem?

1. Yes
2. No
29. Respondents who answer "no" skip to Question 30.

29A. Subjects who answer "no" skip to Question 30.

29B. Respondents who answer "no" skip to Question 30.
209. Did you keep having aches and pains like this for at least six months?

1. Yes
2. No

210. More specifically, how long have you had these aches and pains?

Since the end of November, have you had a lot of other aches and pains?

1. Yes
2. No
COIS Administration - [John Doe]

5B. You said that in the last year there was a time when you worried about one thing or another at least four or five days a week. Now I want you to think back to the last year... since the time you turned five years old up until the last twelve months.

[Interviewer: point out age five on whole life chart.] Since you turned five years old, was there ever a time when worrying about different things was worse than it has been in the last year?

1. Yes
2. No

COIS Administration - [John Doe]

5A. When did you worry the most often?

[Interviewer: if more than one year is reported, ask:]

“During which single year of age were you the worst?”

If more than one year still reported, enter youngest age.

PLEASE ENTER AGE AND PRESS [ENTER]

COIS Administration - [John Doe]

5A. What grade were you in?

[Interviewer: if more than one grade is reported, ask:]

“During which single grade were you the worst?”

If more than one grade still reported, enter lowest grade.

[Interviewer: code 01 = PREK, 05 = KINDERGARTEN, 13 = COLLEGE FRESHMAN, 14 = SOPHOMORE, 15 = JUNIOR, 16 = SENIOR, 17 = POST B.A.]

PLEASE ENTER GRADE AND PRESS [ENTER]

6-392
30-30AGR. This set of question is asked of only those subjects who answered "yes" in question 6.

30. Because the Whole Life Chart is not completed in NHANES, disregard the interviewer instructions referencing the chart.

Depending upon their age, subjects who answer "no" skip to either the next module or to the end of the CDISC interview.

30A. Respondents who are able to provide an age in 30A skip to the end of this module.

30AGR. This question is asked of only those subjects who are unable to provide an age in 30A.
6.3.9 Eating Disorders (Module B1)

This module is used to diagnose two types of eating disorders: anorexia nervosa and bulimia nervosa.

An individual with anorexia refuses to maintain a normal weight, intensely fears becoming fat, and has a disturbed body image. For girls, amenorrhea may result.

An individual with bulimia has eating binges and uses compensatory methods to prevent weight gain. His or her feelings about himself/herself are influenced by body shape/weight. Binges and compensatory behaviors must occur at least twice a week for 3 months for a diagnosis of bulimia. An individual cannot have a diagnosis of bulimia if anorexia is present.
I N T E R V I E W E R: How old is your child?

I N T E R V I E W E R: How many times do you smoke a day?

I N T E R V I E W E R: Do you have any allergies?

I N T E R V I E W E R: What is your child's height?

I N T E R V I E W E R: How many times do you drink alcohol a week?

I N T E R V I E W E R: How many times do you drink coffee a day?

I N T E R V I E W E R: What is your child's weight?
UNITS Since the majority of respondents will answer questions on height and weight using feet/inches and pounds as the unit of measure, enter "2" without reading the interviewer instruction and proceed to the next question. If the respondent indicates a preference for metric units in subsequent questions, back up and change the code to "1." Note that all height and weight questions must be answered using the same units of measurement.

1.

2. Although the subject's weight is taken as part of the MEC exam, you will not have access to this information and you will have to ask this question. However, if the SP reports that s/he doesn't know his/her weight, you may probe for whether s/he has already completed the body measurements portion of the exam and whether s/he remembers what weight was recorded.
6. In the last year, that is, since July of last year, what was your lowest weight?

PLEASE ENTER WEIGHT AND PRESS ENTER

7. In the last year, has anyone noticed that you were much heavier?

1. Yes
2. No
3. Soreness; Sore

8. Now, what about the last ten months?

Since the beginning of June, have you been noticed to be much fatter?

1. Yes
2. No
3.

4.

4A. This question is asked of those respondents who answer "yes" in question 4.
<table>
<thead>
<tr>
<th>Question</th>
<th>Option 1</th>
<th>Option 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Were there times when you worried about losing weight?</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>2. Did you sometimes worry about it so much that it was difficult for you to think about other things?</td>
<td>Yes</td>
<td>No</td>
</tr>
</tbody>
</table>

6-400
This series of questions is asked of only those respondents who answer "yes" or "sometimes" in question 4, or if the weight reported in question 3 meets programmed weight for height guidelines.

"Yes" responses continue with 5A. All other responses skip to question 6.

"Yes" responses continue with 5B through 5D. All other responses skip to question 6.
6-402
5C.

5D.

6. "No" responses continue with 6A. All other responses skip to question 7.
6A.

7. "No" responses continue with 7A. All other responses skip to question 8.

7A.
3. When you weighed the least in the last year, did you think that your low weight could cause any health problems for you?

1. Yes
2. No

4. Do you think that what you weigh now could cause any health problems for you?

1. Yes
2. No

5. In the last year, have you often felt bad about yourself because you thought you were too slim or overweight?

1. Yes
2. No
10. All respondents are asked this question. "Yes" responses continue with question 10A.
10. Do you think that losing weight would be the most important thing you could do to feel better about yourself?

1. Yes
2. No

11. Did you feel that way at the same time that you were your thinnest in the last year?

1. Yes
2. No

12. Have you ever thought about your weight because you thought you were too overweight?

1. Yes
2. No
10A.

10B.  This question is asked only of those respondents who answer "yes" or "sometimes" in question 4, or if the weight reported in question 3 meets programmed weight for height guidelines.

10C.
11. In the last year, have you or anyone else in your household been hurt or threatened when you were alone or eating at the table?

1. Yes
2. No

12. When this happened, was it difficult for you to think about other things?

1. Yes
2. No

13. Have you or anyone else in your household been hurt or threatened since the beginning of June? Have you or anyone else in your household been hurt or threatened since the beginning of June?

1. Yes
2. No
11. "Yes" responses continue with 11A. All other responses skip to question 12.

11A. "Yes" responses continue with 11B. All other responses skip to question 12.

11B.
1. Think of people who you know that they eat a lot of things, like eating chocolates or cookies in one sitting. Do you eat a lot of things like that?
   1. Yes
   2. No

2. Do you think you eat more than you should or is your appetite normal?
   1. Yes
   2. No

3. Do you eat less food than usual or eat more food than usual?
   1. Yes
   2. No
12. This item begins the series of questions on bulimia.

"Yes" responses continue with 12A.

12A. Responses other than "no" continue with 12B.

12B. Responses other than "no" continue with 12C.
### Q10. When you were at school/college, did you feel that you couldn’t stop yourself from eating too much?

1. Yes  
2. No  
3. Don’t know/Sort of

### Q11. In the last year, how many times have you had an eating binge at least twice a week?

1. Yes  
2. No

### Q12. Did you have eating binges at least twice a week for as long as three months?

1. Yes  
2. No
12C.

12D. "Yes" responses continue with 12E.

12E. "Yes" responses continue with 12F.
1. Have you had several eating disorders?
   1. Yes
   2. No

2. How are you going to ask yourself if you have a weight problem or keep your weight down?
   1. Yes
   2. No

3. Did you lose or gain weight in the last year? If so, what is your reason for losing or gaining weight?
   1. Yes
   2. No

4. Did you lose or gain weight in the last three months? If so, what is your reason for losing or gaining weight?
   1. Yes
   2. No
13. – 19. This series of questions is asked if at least one of the following conditions is met:

- Child reports that in the last year he/she or someone else has worried that the child was much too thin;

- Child reports that in the last year there was a time when s/he had an eating binge at least twice a week.

- The child's weight reported in Q3 meets weight for height guidelines.

13. "Yes responses continue with 13A.

13A.
13. Did you suffer a self-inflicted wound at the same time that you reenrolled in the last year?

1. Yes
2. No

14. Have you been diagnosed with any new diseases since last year?

1. Yes
2. No

15. Is it the last year that it is since July of last year, have you made yourself been up?

1. Yes
2. No
13B. This question is asked if either of the following conditions are met:

- The weight reported in Q3 meets programmed height for height guidelines; or
- Child reports that in the last year, he/she or someone else has worried that the child was much too thin.

13C.

14. "Yes" responses continue with 14A.
1A. Have you made yourself throw up to lose weight or to keep from gaining weight?

1. Yes
2. No

1B. In the last year, were there times when you made yourself throw up at least once a week?

1. Yes
2. No

1C. Did you make yourself throw up at least twice a week for as long as three months?

1. Yes
2. No
14A. "Yes" responses continue with 14B.

14B. "Yes" responses continue with 14C.

14C.
30. Did you make yourself throw up at the same time that you went your lancet in the last few?

1. Yes
2. No

30. Have you ever vomited?
Since the beginning of April, have you often made yourself throw up?

1. Yes
2. No

35. In the last few weeks, since July of last year, have you taken any kind of pills or medicine to lose weight or keep from gaining weight?

1. Yes
2. No
14D. This question is asked if either of the following conditions is met:

- The weight reported in Q3 meets programmed weight for height guidelines; or
- Child reports that in the past year he/she or someone else worried that the child was much too thin.

14E.

15. "Yes" responses continue with 15A.
Please enter the names of all medicines used.

1. Yes
2. No

In the last year, was there a time when you took medicine to lose weight or keep from gaining weight at least once a week?

1. Yes
2. No

Did you take the medication at least once a week for as long as three months?

1. Yes
2. No
15A. Type in the name(s) of all pills or medications. The data field allows responses up to 50 characters in length.

15B. "Yes" responses continue with 15C.

15C.
1PD: Did you take medication to lose weight or to keep from gaining weight at the same time that you were your thinnest in the last year?

1. Yes
2. No

1PD: Have you been taking any kind pills or medication to lose weight or keep from gaining weight?

1. Yes
2. No

1.5 In the last year—that is, since July of last year—have you done anything to make yourself go to the bathroom?
15D. This question is asked if either of the following conditions is met:

- The weight reported in Q3 meets programmed height for weight guidelines; or
- Child reports that in the past year he/she or someone else worried that the child was much too thin.

15E.

16. "Yes" responses continue with 16A.
16A. Type in the respondent's answer. The data field allows responses up to 50 characters in length.

16B. "Yes" responses continue with 16C.

16C. "Yes" responses continue with 16D.
<table>
<thead>
<tr>
<th>Q01: Did you allow &amp; arrange for this to last more than 3 months?</th>
</tr>
</thead>
</table>
| 1 Yes  
| 2 No  |

<table>
<thead>
<tr>
<th>Q02: Did you do things to make yourself go to the toilet a lot in the same time that you were your own in the last year?</th>
</tr>
</thead>
</table>
| 1 Yes  
| 2 No  |

| Q03: Now, what about the last log week?  
Have you done things to make yourself go to the toilet a lot? |
|------------------------------------------------------------------------------------------------------------------|
| 1 Yes  
| 2 No  |
16D.

16E. This question is asked if either of the following conditions is met:

- The child's weight reported in Q3 meets programmed height for weight requirements;
or
- Child reports that in the past year he/she or someone else worried that the child was much too thin.

16F. "Yes" responses continue with 16G.
15. Have you often done things to make yourself go to bed at least twice a week or the last four weeks?

1. Yes
2. No

16. In the last year, have you woken up at all for at least 60 minutes?

1. Yes
2. No

17. Did you do that to lose weight or to keep from gaining weight?

1. Yes
2. No
16G.

17. "Yes" responses continue with 17A.

17A. "Yes" responses continue with 17B.
74. Have there a time when you would not be able to work at all or more than 3 days a week?

1. Yes
2. No

75. Did you work for two days a week or more for as long as three months?

1. Yes
2. No

76. Did you work for the whole time that you were your threshold in the last year?

1. Yes
2. No
17B. "Yes" responses continue with 17C.

17C. This question is asked if either of the following conditions is met:

- The child's weight reported in Q3 meets programmed weight for height guidelines; or
- Child reports that in the past year he/she or someone else worried that the child was much too thin.
1. Have you been having any major life changes in the past year? Since the beginning of June, have you undergone any medical tests or had any major life changes?
   1. Yes
   2. No

2. In the last year, from June 1st of last year, did you gain or lose weight or keep your weight steady?
   1. Yes
   2. No

3. How much time exercising did you spend participating in physical activities that got in the way of doing other things?
   1. Yes
   2. No
17E.

18. "Yes" responses continue with 18A.

18A. "Yes" responses continue with 18B.
138. How much time do you spend each week exercising? How many days a week?

1. Yes
2. No

139. Did you exercise at least 6 or 9 times this week?

1. Yes
2. No

140. Did you exercise a lot of time this week?

1. Yes
2. No
18B. "Yes" responses continue with 18C.

18C.

18D. This question is asked if either of the following conditions is met:

- The child's weight reported in Q3 meets programmed weight for height guidelines; or
- Child reports that in the past year he/she or someone else worried that the child was much too thin.
**Q1**: Now, what about the last 3 months? Have you spent so much time exercising that it’s been getting in the way of doing other things?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1</td>
<td>2</td>
</tr>
</tbody>
</table>

**Q2**: If you tell us that you made yourself thin up, in the last year, did you do things that the kids or their partners?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1</td>
<td>2</td>
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</tbody>
</table>

**Q3**: If you say that you started to menstruate, is there any time you started to have normal periods?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1</td>
<td>2</td>
</tr>
</tbody>
</table>
19. Respondents are asked this question if it was reported in questions 14 through 18 that child engaged in compensatory methods at least twice a week but it has not been established if child engaged in these behaviors for at least 3 months.

20. This question is asked of female subjects.

"Yes" responses continue with 20A.
6-442
20A. "Yes" responses continue with 20B.

20B. "Yes" responses continue with 20C.

20C. "Yes" responses continue with 20D.
Q53: When you noticed your period, were you pregnant?

1. Yes
2. No

Q54: Have you had a monthly period in the last three months?

1. Yes
2. No

Q55: Do you take a birth control pill?

1. Yes
2. No
20D.

20E.

20F. "Yes" responses continue with 20G.
265. Have you taken it almost every month in the last year?

1. Yes
2. No

266. During the months when you weren't taking the pill, did you have your menstrual period?

1. Yes
2. No

267. When you missed your period, were you very thin?

1. Yes
2. No
20G. "No" responses continue with 20H.

20H. "No" responses continue with 20I.

20I.
27. You said that in the last year, you were thin and also that you weren't fat because you thought you were overweight and refused to self-identify foods. How do you rate the food you were for this?

PLEASE ENTER A NUMBER AND PRESS [ENTER].

28. What grade were you in?

INTERMEDIATE: 0 = 4TH, 1 = 5TH, 2 = KINDERGARTEN, 3 = COLLEGE FRESHMAN, 4 = SOPHOMORE, 5 = JUNIOR, 6 = SENIOR, 7 = POST-BA.

PLEASE ENTER A NUMBER AND PRESS [ENTER].

29. Was that more than a year ago, that is, before July of last year?

1. Yes
2. No
This question is asked if the respondent is unable to provide an age in question 21.

Question 21A is asked if the age (grade) given in 21 (21GR) is the child's current age (grade) minus one.
Q3: Since that last time, have things ever 2 days when you went... (letter and you thought feeling had decreased you thought you were overweight and decided to eat

1. Yes
2. No

Q2: Did that time when you went the last 10 months or more?

1. Yes
2. No

Q1: You said that you were the worst time last 10 months or more because you thought you were overweight and decided to eat and feeling had decreased. You thought you were overweight and decided to eat

PLEASE ENTER AGE AND PRESS [ENTER]
21B. Question 21B is asked if the age (grade) given in 21 (21GR) is other than the child's current age (grade) or the child's current age (grade) minus one, OR if the response to 21A is "yes."

"Yes" responses continue with 21C.

21C. "Yes" responses continue with 21D.

21D.
What grade were you in?

INTERVIEWER: Code 44 = PREK, 58 = KINDERGARTEN, 13 = COLLEGE FRESHMAN, 14 = SOPHMORE, 15 = JUNIOR, 16 = SENIOR, 17 = POST B.A., 18 = NEVER STARTED AGAIN

PLEASE ENTER GRADE AND PRESS [ENTER]

Did you start losing that way again more than a year ago - that is, before July of last year?

1. Yes
2. No

Please enter age and press [Enter]

You said that in the last few years you thought that losing weight would be the most important thing you could do to feel better about yourself, feel eating better, and avoided foods containing added sugars.

How did you lose the last time you did things like this?

INTERVIEWER: CODE 44 = VOLUME LIFE (ALCOHOL)

PLEASE ENTER CODE AND PRESS [ENTER]
21DGR. This question is asked if the respondent is unable to provide an age in 21D.

21E. This question is asked if the age (grade) given in 21D (21DGR) is the child's current age (grade) minus one.

22. This question is asked if two or more of the questions 10A, 12E, or 19 are coded "yes" AND at least one of the questions 14C, 15C, 16D, 17C, or 18C is coded "yes."
USER: What grade are you in?

PLEASE ENTER GRADE AND PRESS ENTER.

1. Yes
2. No

1. Yes
2. No
22GR. This question is asked if the respondent is unable to provide an age in question 22.

22A. This question is asked if the age (grade) given in 22 (22GR) is the child's current age (grade) minus one.

22B. Question 22B is asked if the age (grade) given in 22 (22GR) is other than the child's current age (grade) or the child's current age (grade) minus one, OR if the response to 22A is "yes."

"Yes" responses continue with 22C.
Q10: Did you see when you didn’t do those things but for two months or less?

1. Yes
2. No

Q11: You said that you bought fast losing weigh would be the most important thing you could do to feel better about yourself. Is eating a good diet and exercise to eat

A lot more than you would start doing those things you feel?

INTERVIEWER: CODE 98 NEVER STARTED AGAIN

PLEASE ENTER AGE AND PRESS ENTER

Q12: What grade was your first

INTERVIEWER: (CODE 1-8 K = KINDERGARTEN, 9 = COLLEGE FRESHMAN, 10 = SOPHOMORE, 11 = JUNIOR, 12 = SENIOR, 13 = POST B.A., 99 = NEVER STARTED AGAIN)

PLEASE ENTER GRADE AND PRESS ENTER

6-456
22C. "Yes" responses continue with 22D.

22DGR. This question is asked if the respondent is unable to provide an age in 22D.
6-458

**QIG Administration: State Trial**

1. **Q1:** Did you ever think about things again more than a year ago—like at the 6-month check?
   - Yes
   - No

2. **Q2:** If you could think back to the time in the last year when you thought about things again more than a year ago, would you like to feel better about yourself, feel better because you thought you were overweight, feel better about eating and about your relationship to food?
   - Yes
   - No
   - Sometimes; Sometimes

3. **Q3:** At times, did your parents seem anxious or upset about your weight because of things you did to keep from gaining weight?
   - Yes
   - No
   - Sometimes; Sometimes

4. **Q4:** How often did you parents seem anxious or upset about your weight because of things you did to keep from gaining weight?
   - A lot of the time
   - Some of the time
   - Hardly ever
22E. This question is asked if the age (grade) given in 22D (22DGR) is the child's current age (grade) minus one.

23. "Yes" responses continue with 23A.

23A.
30. In the time, did doing things so you couldn’t gain weight keep you from doing things or going places with your family?
   1. Yes
   2. No
   3. Sometimes/Somewhat

31. How often did this keep you from doing things or going places with your family? Would you say a lot of the time, some of the time, or hardly ever?
   1. A lot of the time
   2. Some of the time
   3. Hardly ever

32. In that time, did doing things so you couldn’t gain weight keep you from doing things or going places with other people your age?
   1. Yes
   2. No
   3. Sometimes/Somewhat
24. "Yes" responses continue with 24A.

24A.

25. "Yes" responses continue with 25A.
33. How often did the way you did things in dealing with other people upset you? In what way did the way you did things upset you?

1. A lot of the time
2. Some of the time
3. Hardly ever

34. When the problems were over, did things get easier? Did things get easier even though things were still difficult for you to do your schoolwork or cause problems with your grades?

1. Yes
2. No
3. Somewhat/Somewhat

35. How bad were the problems you had with your schoolwork because of the way you did things? Would you say very bad, bad, or not too bad?

1. Very bad
2. Bad
3. Not too bad
25A.

26. – 27. These questions are asked of those children who attended school or worked in the past year.

26. "Yes" responses continue with 26A.
<table>
<thead>
<tr>
<th>Question</th>
<th>Options</th>
</tr>
</thead>
</table>
| 27. In that time, did losing things to keep your eating weight cause you to feel upset or not feel well? | 1. Yes  
2. Somewhat  
3. No                                      |
| 28. How often did your teachers or wrapped in upset with you?            | 1. A lot of the time  
2. Some of the time  
3. Never            |
| 35. When the problems were worst, did the things you did to keep your eating weight make you feel better or make you feel upset? | 1. Yes  
2. No  
3. Somewhat/Somewhat Not |
27. "Yes" responses continue with 27A.

27A. 

28. "Yes" responses continue with 28A.
**Q1:** How bad did these things make you feel? Would you say: very bad, bad, or not too bad?

- Very bad
- Bad
- Not too bad

**Q2:** In the last year, have you been hospitalized at least once because you thought losing weight would be the most important thing you could do to feel better about yourself? Tell the doctor because you thought you were overweight and not eating enough or refused to eat anything at all?

- Yes
- No

**Q3:** Do you have an appointment set up to see someone because of these things?

- Yes
- No
28A.

29. "No" responses continue with 29A.

29A.
30. This is the first of two questions in this module that collect "optional" information. This question collects information that is considered confidential and not necessary to meet NHANES research objectives. **THEREFORE, DO NOT ASK THIS QUESTION.** Type "NA" and press the ENTER key to proceed to the next question.

Note the two separate versions of this question depending upon the responses to 29 or 29A.

30. Version 2

30A. This is the second optional question. **AGAIN, DO NOT ASK THIS QUESTION.** Type "NA" and press the ENTER key to proceed to the next question.
6-470

**GSIS Administration - State Data**

You told us that in the last year you thought that losing weight would be the most important thing you could do to feel better about yourself. Let's talk about what you thought you were overweight, felt better about yourself, and reduced to eat following that.

*INTERVIEWER: Point out and five in whole life event.

Since you gained that your diet was there even a time when you or other people were more worried about your weight or other things you were doing to keep from gaining weight than the last year?

1. Yes
2. No

**GSIS Administration - State Data**

Do you know who you or other people were most worried about that?

*INTERVIEWER: IF MORE THAN ONE YEAR IS REPORTED, ASK:

- Did each single event in age want you to want less than one year till reported? (ENTER YOUNGEST AGE)

PLEASE ENTER AGE AND PRESS ENTER

**GSIS Administration - State Data**

What grade were you in?

*INTERVIEWER: IF MORE THAN ONE GRADE IS REPORTED, Ask:

- Did each single grade you were in most worry?

IF MORE THAN ONE GRADE IS REPORTED, ENTER LOWEST GRADE.

PLEASE ENTER GRADE AND PRESS ENTER
31. "Yes" responses continue with 31A.

31A. If the respondent reports more than one age, read the probe. If the respondent is still unable to specify a single age, enter the youngest age.

31AGR. This question is asked if the respondent is unable to provide an age in 31A.
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6.3.10 Major Depression and Dysthymia (Module C1)

The module on mood disorders assesses major depression and dysthmic disorder.

The essential feature of major depression is a distinct period of mood disturbance (at least 2 weeks) accompanied by associated physical and psychological symptoms. Mood can be depressed or irritable, or there may be loss of interest or pleasure. Examples of associated symptoms include the following: change in appetite, sleep, or energy level; fatigue; problems thinking; or thoughts of death or suicide. In order to meet the diagnosis for depression, the mood disturbance must be present for most of the day, nearly every day, for 2 weeks or longer and cause distress or impairment.

Dysthmic disorder is a chronic mood disturbance accompanied by associated physical and psychological symptoms. Mood can be depressed or irritable (loss of interest or pleasure is not a mood substitute). Examples of associated symptoms include the following: tearfulness, change in appetite or sleep; fatigue; problems thinking, or hopelessness. A diagnosis of dysthymia requires that the disturbance be present for most of the day, for more days than not, for one year or longer and cause distress or impairment.
1. In the last year, were there times when you felt sad or unhappy?
   1. Yes
   2. No

2. In the last year, were there times when you felt sad or depressed for a long time each day?
   1. Yes
   2. No

3. Would you say that you felt sad or depressed, most of the time?
1. This question begins the series of items to diagnose major depression.

"Yes" responses continue with 1A.

1A. Responses other than "yes" skip to question 2.

1B.
1. You
2. No
1C. Responses other than "yes" skip to question 2.

1D. Responses other than "yes" skip to question 2.

1E.
QMT Administration - State Brazil

17. How old is your last child?
Since the middle of June, have you felt sad or depressed?

1. Yes
2. No

QMT Administration - State Brazil

20. In the last year, that is, since July of last year, was there a time when nothing was fun for you and you just weren't interested in anything?

1. Yes
2. No
"Yes" responses continue with 2A.

Responses other than "yes" skip to question 3.
3B. In the last year, were there times when you felt nothing was just about every day?

1. Yes
2. No

3C. How about the last few weeks? Have there been a time when nothing was just about you?

1. Yes
2. No
2B. Responses other than "yes" skip to question 3.

2C.

3. "Yes" responses continue with 3A.
35. Was there a time in the last year when you felt gassy or bloated for a long time each day?

1. Yes
2. No

36. What time of day do you feel most constipated?

1. Yes
2. No

37. When do you usually have bowel movements?

1. Yes
2. No
3A. "Yes" responses continue with 3B.

3B.

3C. "Yes" responses continue with 3D.
3D. In the last year, more than two meals a day when you felt generally unwell/able to eat anything?

1. Yes
2. No

4C. How, what about the last three months?

Since the middle of June, have you often felt generally unwell/able to eat anything?

1. Yes
2. No

5. In the last year, that is, in the last year, was there a time when you lost weight?

1. Yes
2. No
3D. "Yes" responses continue with 3E.

3E.

4. "Yes" responses continue with 4A.
6-486

Q3: Are you on a diet or trying to lose weight?

1. Yes
2. No

Q4: In the last year, did you ever lose weight when you wanted to gain weight?

1. Yes
2. No

Q5: Did you lose so much weight that other people noticed?

1. Yes
2. No
4A. "Yes" responses continue with 4B.

4B. Responses other than "yes" skip to question 5.

"Yes" responses continue with 4C.

4C.
3D. You still see that in the last year have a time when you felt sad or depressed. Did you lose weight during that time?

1. Yes
2. No

3E. How about the last few months?

1. Yes
2. No

5. In the last year, that is, since a day of last year, was there a time when you lost your appetite or often felt less than usual?

1. Yes
2. No
4D. Question 4D is asked if any of the following conditions are met:

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or

- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or

- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").

4E.  

5. Responses other than "yes" skip to question 6.
185. If you told me that in the last year there was a time when you felt sad or depressed, did you lose your appetite or did you feel less like eating during that time?

1. Yes
2. No

190. Did you lose your appetite or feel less like eating usually every day for two weeks or longer?

1. Yes
2. No

195. Now, what about the last two weeks?

1. Yes
2. No
5A. Question 5A is asked if any of the following conditions are met:

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").

"Yes" responses continue with 5B.

All other responses continue with 5C.

5B.

5C.
3. In the last year, that is, since a 1½, did you ever lose a lot of weight?

1. Yes
2. No

4. Did you gain an unusual weight when people noticed?

1. Yes
2. No

5. You told me that in the last year there was a time when you felt sad and depressed. Did you gain a lot of weight during that time?

1. Yes
2. No
6. Responses other than "yes" skip to question 7.

6B. Question 6B is asked if any of the following conditions are met:

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or

- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or

- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").
6-494

Q14. Have you had to cut back on food?
Since the middle of June, have you gained weight?

1. Yes
2. No

Q15. Did you feel hungry or unusually hungry that was different from the usual pattern in the last year?

1. Yes
2. No

Q16. Did you feel particularly hungry or did you eat more than usual during the last time you were ill or depressed?

1. Yes
2. No
7A. Question 7A is asked if the response to Question 7 is "yes" and any of the following conditions are met:

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").

"Yes" responses continue with 7B.

All other responses skip to 7C.
### DSM-5 Administration - State Trak

#### Q1: Did you feel much hungrier or eat a lot more than usual weekly, every day for two weeks or longer?

<table>
<thead>
<tr>
<th></th>
<th>1. Yes</th>
<th>2. No</th>
</tr>
</thead>
</table>

#### Q2: Now, what about the last two weeks?

<table>
<thead>
<tr>
<th></th>
<th>1. Yes</th>
<th>2. No</th>
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</thead>
</table>

#### Q3: In the last year, that is, since July of last year—were there times when you had trouble sleeping, that is, trouble falling asleep, staying asleep, or waking up too early?

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<thead>
<tr>
<th></th>
<th>1. Yes</th>
<th>2. No</th>
</tr>
</thead>
</table>
7B.

7C.

8. Responses other than "yes" skip to question 9.
1. Have you had trouble sleeping, even if different than how you usually sleep?
   1. Yes
   2. No

2. Six months ago to this last year, there was a time when you felt sad and depressed. Did you have trouble sleeping during that time?
   1. Yes
   2. No

3. Did you have trouble sleeping really every night for two weeks or more?
   1. Yes
   2. No
8B. Question 8B is asked if any of the following conditions are met:

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or

- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or

- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").

"Yes" responses continue with 8C.

All other responses skip to 8D.
**QHT Administration (State Exam)**

10. How much did the patient sleep?
Since the middle of last year, have you had trouble sleeping?

1. Yes
2. No

**QHT Administration (State Exam)**

11. In the last year, that is, since a day of last year, was there a time when you slept more during the day than you usually do?

1. Yes
2. No

**QHT Administration (State Exam)**

9b. Did you sleep more during the day during the time you felt sad or depressed?

1. Yes
2. No
9A. Question 9A is asked if the response to question 9 is "yes" and any of the following conditions are met:

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").

"Yes" responses continue with 9B.

All other responses skip to 9C.
6. Did you sleep more during the day each day for more weeks or longer?

1. Yes
2. No

7. Were you more active during the day than you usually do?

1. Yes
2. No

10. In the last year, that is, since July of last year, was there a time when you felt ill in bed longer than you usually do?

1. Yes
2. No
9B.

9C.

10. "No" responses continue with 10A.
<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Did other people notice that you were down?</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>2. Did you often feel down while doing the things you like to do?</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>3. Did you feel down during the last few days?</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>4. Did you feel down during the last few weeks?</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>5. Did you feel down during the last few months?</td>
<td>1</td>
<td>2</td>
</tr>
</tbody>
</table>
10A. Responses other than "yes" skip to question 11.

10B. Question 10B is asked if any of the following conditions are met:

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or

- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or

- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").

"Yes" responses continue with 10C.

All other responses skip to 10D.

10C.
Q5. Have you ever had any recent health problems?
1. Yes
2. No

Q6. When you fell asleep like that, was there a time when you often felt restless...? Were you satisfied with your sleeping pattern?
1. Yes
2. No

Q7. Have you felt less sleep like that, was there a time when you felt restless...? Were you satisfied with your sleeping pattern?
1. Yes
2. No
10D.

11. "No" responses continue with 11A.

   All other responses skip to question 12.

11A. "Yes" responses continue with 11B.
<table>
<thead>
<tr>
<th>Q10: Did other people notice that you were sad?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
</tr>
<tr>
<td>No</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Q11: You felt bad for the last year, there was a time when you felt sad or depressed. Did you feel upset during that time?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
</tr>
<tr>
<td>No</td>
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</table>

<table>
<thead>
<tr>
<th>Q12: Did you feel sadness like this daily, every day to two weeks or longer?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
</tr>
<tr>
<td>No</td>
</tr>
</tbody>
</table>
11C. Question 11 C is asked if any of the following conditions are met.

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").

"Yes" responses continue with 11D.

All other responses skip to 11E.
1.2. Now, what about the fluctuations?
1. Do you think that?
   1. Yes
   2. No

1.3. In the last year, that is, since July of last year: was there a time when you had less energy than you usually did?
1. Yes
2. No

1.4. Did you have less energy during the time you felt sad or depressed?
1. Yes
2. No
11E.

12. Responses other than "yes" skip to question 13.

12A. Question 12A is asked if any of the following conditions are met:

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").

"Yes" responses continue with 12B.

All other responses skip to 12C.
12B.

12C.

13. "Yes" responses continue with 13A.
12. When you feel like this, was that different from how you usually feel?

1. Yes
2. No

13. Did you feel really tired during the time you felt sad or depressed?

1. Yes
2. No

14. Did you feel really tired during the time you felt sad or depressed?

1. Yes
2. No
13A.

13B. Question 13B is asked if any of the following conditions are met:

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").

"Yes" responses continue with 13C.

All other responses skip to 13D.

13C.
<table>
<thead>
<tr>
<th>Q10: How much did you gain or lose weight?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Yes</td>
</tr>
<tr>
<td>2. No</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Q11: In the last year, since July 1st last year, how many times were you sick?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Yes</td>
</tr>
<tr>
<td>2. No</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Q14: You told me that in the last year there was a time when you felt sad or depressed. Did you have any other feelings at that time?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Yes</td>
</tr>
<tr>
<td>2. No</td>
</tr>
</tbody>
</table>
13D.

14. Responses other than "yes" skip to question 15.

14A. Question 14A is asked if any of the following conditions are met:

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").

"Yes" responses continue with 14B.

All other responses skip to 14C.
148. Did you gain and keep half a stone or more for 2 or more weeks or longer?

1. Yes
2. No

149. Have you noticed any increase in the frequency of your bowel movements?
Since the middle of June, have you noticed any increase in the frequency of your bowel movements?

1. Yes
2. No

150. In the last year, that is, since July of last year, was there a time when you felt ill or unwell that lasted for more than 2 days?

1. Yes
2. No
14B.

14C.

15. Responses other than "yes" skip to question 16.
1. Are you feeling yourself feeling different than how you usually feel about yourself?
   1. Yes
   2. No

2. Did you leave your job this fall because you felt too old or inexperienced?
   1. Yes
   2. No

3. Did you leave your job this fall for another reason?
   1. Yes
   2. No

4. Did you leave your job this fall for two weeks or longer?
   1. Yes
   2. No
15B. Question 15B is asked if any of the following conditions are met:

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").

"Yes" responses continue with 15C.

All other responses skip to 15D.

15C.
188. How did you find the weather this week?  
What did you do to protect yourself from the weather that happened?

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<tr>
<td>1</td>
<td>Yes</td>
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<tr>
<td>2</td>
<td>No</td>
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</table>

189. How did you find the weather this year so far in comparison to the past?

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<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
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</table>

190. How did you feel about yourself, was that different from how you usually feel about yourself?

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<tr>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>2</td>
<td>No</td>
</tr>
</tbody>
</table>
15D.

16. Responses other than "yes" skip to question 17.

16A.
Q16. Do you feel sad about yourself during the time you feel sad or depressed?

1. Yes
2. No

Q17. Did you feel like you had little or no energy today or for more than a week?

1. Yes
2. No

Q18. Have you noticed a change in appetite or weight over the past week?

1. Yes
2. No
16B. Question 16B is asked if any of the following conditions are met:

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").

"Yes" responses continue with 16C.

All other responses skip to 16D.

16C.

16D.
17. In the last year, there is been any time last year, was there a time when you couldn't think as clearly or as fast as usual?

1. Yes
2. No

18. You told me that in the last year there were a time when you felt sad or depressed. Did it seem like you couldn't think as clearly or as fast as usual during that time?

1. Yes
2. No

19. Did it seem like you couldn't think as clearly or as fast as usual really in any day for two weeks or longer?

1. Yes
2. No
17. Responses other than "yes" skip to question 18.

17A. Question 17A is asked if any of the following conditions are met:

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or

- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or

- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").

"Yes" responses continue with 17B.

All other responses skip to 17C.

17B.
10. Now, what about the last month?
Since the middle of June, has it seemed like you couldn’t think as clearly as is usual?

1. Yes
2. No

11. In the last year, from about July of last year, were there times when you often had trouble keeping your mind on your schoolwork or other things?

1. Yes
2. No

12. When you had trouble keeping your mind on your schoolwork or other things, was that different from how you usually are when you’re doing things?

1. Yes
2. No
17C.

18. Responses other than "yes" skip to question 19.

18A.
1. Did you often have trouble keeping your mind on your schoolwork or other things during the day, you felt out of control?

1. Yes
2. No

1. Did you have trouble keeping your mind on your schoolwork or other things recently for two weeks or longer?

1. Yes
2. No

1. Have you been feeling down or sad or blue most of the time for two weeks or longer?

1. Yes
2. No
18B. Question 18B is asked if any of the following conditions are met:

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").

"Yes" responses continue with 18C.

All other responses skip to 18D.

18C.

18D.
10. In the last year, since April of last year, was there a time when you often found it hard to make up your mind or to make decisions?

1. Yes
2. No

11. What was it that made it hard for you to make up your mind or to make decisions? Was there a different time when you usually did not?

1. Yes
2. No

12. What did you do to make up your mind or to make decisions during the time you felt sad or depressed?

1. Yes
2. No
19. Responses other than "yes" skip to question 19.

19A.

19B. Question 19B is asked if any of the following conditions are met:

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or
- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").

"Yes" responses continue with 19C.

All other responses skip to 19D.
Q18. How often do you feel up your mind or make decisions really slowly or for five weeks or longer?

1. Yes
2. No

Q19. How often do you feel that you should say yes or no?

1. Yes
2. No

Q20. How often do you feel that you should say yes or no?

1. Yes
2. No

Q21. How often have you been asked to make your own decisions?

1. Yes
2. No

Q22. How often have you been asked to make your own decisions?

1. Yes
2. No

Q23. How often have you been asked to make your own decisions?

1. Yes
2. No

Q24. How often have you been asked to make your own decisions?

1. Yes
2. No

Q25. How often have you been asked to make your own decisions?

1. Yes
2. No

Q26. How often have you been asked to make your own decisions?

1. Yes
2. No

Q27. How often have you been asked to make your own decisions?

1. Yes
2. No

Q28. How often have you been asked to make your own decisions?

1. Yes
2. No

Q29. How often have you been asked to make your own decisions?

1. Yes
2. No

Q30. How often have you been asked to make your own decisions?

1. Yes
2. No

Q31. How often have you been asked to make your own decisions?

1. Yes
2. No

Q32. How often have you been asked to make your own decisions?

1. Yes
2. No

Q33. How often have you been asked to make your own decisions?

1. Yes
2. No

Q34. How often have you been asked to make your own decisions?

1. Yes
2. No

Q35. How often have you been asked to make your own decisions?

1. Yes
2. No

Q36. How often have you been asked to make your own decisions?

1. Yes
2. No

Q37. How often have you been asked to make your own decisions?

1. Yes
2. No

Q38. How often have you been asked to make your own decisions?

1. Yes
2. No

Q39. How often have you been asked to make your own decisions?

1. Yes
2. No

Q40. How often have you been asked to make your own decisions?

1. Yes
2. No

Q41. How often have you been asked to make your own decisions?

1. Yes
2. No

Q42. How often have you been asked to make your own decisions?

1. Yes
2. No

Q43. How often have you been asked to make your own decisions?

1. Yes
2. No

Q44. How often have you been asked to make your own decisions?

1. Yes
2. No

Q45. How often have you been asked to make your own decisions?

1. Yes
2. No

Q46. How often have you been asked to make your own decisions?

1. Yes
2. No

Q47. How often have you been asked to make your own decisions?

1. Yes
2. No

Q48. How often have you been asked to make your own decisions?

1. Yes
2. No

Q49. How often have you been asked to make your own decisions?

1. Yes
2. No

Q50. How often have you been asked to make your own decisions?

1. Yes
2. No
19C.

19D.

20. Responses other than "yes" skip to question 21.
20A.

20B. Question 20b is asked if any of the following conditions are met:

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or

- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or

- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").

"Yes" responses continue with 20C.

All other responses skip to 20D.

20C.
Q.16. Have you ever thought about death or about people who have died or about being dead yourself?

1. Yes
2. No

Q.17. In the last year, have you ever felt so down or so low that you thought seriously about killing yourself?

1. Yes
2. No

Q.18. Did you think about killing yourself many times in the last year?

1. Yes
2. No
20D.

21. Responses other than "yes" skip to question 22.

21A.
258. In the last year, did you have a plan to commit suicide, or did you act on it yourself?

1. Yes
2. No

259. Did you think about suicide during the times you felt sad or depressed?

1. Yes
2. No

260. How did you feel about the last time you felt sad or depressed?

1. Yes
2. No
21C. Question 21C is asked if any of the following conditions are met:

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or

- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or

- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").

21D. "Yes" responses continue with 21E.

All other responses skip to 22.
**Q30:** Did you think about killing yourself many times in the last few weeks?

1. Yes
2. No

**Q31:** Did you plan exactly how you would kill yourself?

1. Yes
2. No

**Q32:** For the next question, I would like you to think about your whole life.

Have you ever, in your whole life, considered or made a suicide attempt?

1. Yes
2. No
21E.

21F.

22. "Yes" responses continue with 22A.
6-544
22A.

22B. "Yes" responses continue with 22C.

22C.
SDM: How did you kill yourself the last time you had a冲动 or depression?

PRESS [ENTER] AFTER TYPING A RESPONSE, THEN PRESS [ENTER] TO CONTINUE.

SDM: Did you go to see a doctor, go to an emergency room, or go into the hospital because of thoughts of killing yourself?

1. Yes
2. No

SDM: You told me earlier that in the last year there was a time when you felt sad or depressed. Did you try to kill yourself during that time?

1. Yes
2. No
22F. Question 22F is asked if any of the following conditions are met:

- Child reports that in the last year, s/he had 2 weeks in a row when he/she seemed sad or depressed almost every day (Q1D coded "yes"); or

- Child reports that in the last year, s/he had 2 weeks in a row when he/she wasn't interested in anything or nothing seemed fun for him almost everyday (Q2B coded "yes"); or

- Child reports that in the last year, s/he had 2 weeks in a row when he/she was grouchy or irritable almost every day (Q3D coded "yes").
23. Question 23 is asked if three or more of the following questions are coded "yes": 1C, 2B, 3D, 4D, 5A, 6B, 7A, 8B, 9A, 10B, 11C, 12A, 13B, 15B, 16B, 17A, 18B, 19B, 20B, 21C, and 22F.

Otherwise, the interview skips to the series of questions on dysthymia beginning with question 35.

23GR. 23GR is asked if the respondent is unable to provide an age in question 23.
SRS Administration - State Detail

Q6a. How many times in the last year, that is, before July of this year?

1. Yes
2. No

SRS Administration - State Detail

Q6b. Since that last time, was there ever a time when you were sad and depressed?

1. Yes
2. No

SRS Administration - State Detail

Q6c. Did that time when you were sad and depressed last for more than a week?

1. Yes
2. No
23A. Question 23A is asked if the age (grade) reported in 23 (23GR) is the child's current age (grade) minus one.

Responses other than "yes" skip to question 24.

23B. Question 23B is asked if the age (grade) reported in 23(23GR) is other than the child's current age (grade) OR the child's current age (grade) minus one.

Responses other than "yes" skip to question 24.

23C. Responses other than "yes" skip to question 24.
6-552
23D.

23DGR. This question is asked if the respondent is unable to provide an age in 23D.

23E.
Are you still on the last job you had problems with feeling sad or depressed?

Did you start feeling this way after someone you were close to died?

1. Yes
2. No

Please enter a response and press [Enter].

When did this happen? Press [Enter].

Please enter the month and year as 'MM/YYYY' and press [Enter].
24. "Yes" responses continue with 24A.

24A. Type in the person's name or their relationship to the child. This response is used as a fill-in in 24B-24D so make sure it makes sense when used in the question "When did [PERSON] die." For example, type in "your father" rather than "father."
1. Yes
2. No

2. Yes
2. No

3. Yes
2. No
24C. "No" responses continue with 24D.

24D. "Yes" responses continue with 24E.

24E. "Yes" responses continue with 24F.
Q1. Have you been feeling sad or depressed for more than two weeks or longer?

1. Yes
2. No

Q2. In the last two weeks, did you become sad or depressed, and then better, and then become sad or depressed again?

1. Yes
2. No

Q3. Did you start to become sad or depressed around the same time each year?
25. Question 25 is asked if the child's age (grade) at onset of symptoms was two or more years ago.

Responses other than "yes" skip to question 26.

25A. "Yes" responses continue with 25B.
### Depression/Skewed Disorder

**JQ5: Have you or anyone in your household been diagnosed with depression?**

| 1 | Yes |
| 2 | No |

### Depression/Skewed Disorder

**JQ5: Did you experience any symptoms of depression or anxiety during the Spring or Summer?**

| 1 | Yes |
| 2 | No |

### Depression/Skewed Disorder

**JQ5: Do you feel better in the Spring or Summer?**

| 1 | Yes |
| 2 | No |
25B. Responses other than "yes" skip to 25H.

25C.

25D.
6-562
25E.

25F. Responses other than "yes" skip to question 26.

25G. All responses skip to question 26.
<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>250. Are you feeling sad or depressed?</td>
<td></td>
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</tr>
<tr>
<td>251. Did you feel better in the Fall or Winter?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>252. Were you in a Spring or Summer?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
25H. "Yes" responses continue with 25I-25M.
### Q1: Did you experience any symptoms in the fall or winter?

1. Yes
2. No

### Q2: In the last two years, did you become sad or depressed at any other times of the year, say in fall or winter?

1. Yes
2. No

### Q3: Did these times overlap for as long as two weeks or more?

1. Yes
2. No
25K.

25L.

25M.
36. Did you feel that in the last year you felt sad or depressed, and you also lost weight, lost your appetite, or the less than usual, gained a lot of weight, felt hungry or ate more than usual, had trouble sleeping, slept more during the day than usual, felt slowed down, felt restless, had less energy than usual, felt ill, blamed yourself for things that happened, felt bad about yourself, couldn't think as clearly as you did as usual, had trouble keeping your mind on things, and had trouble making up your mind or making decisions?

How 2. In the last year, when thinking about the past year, when thinking of these problems, do you think of a time in the last year when feeling this way was a major problem?

At that time, did your parents seem angry or upset with you because you were feeling sad or depressed?

1. Yes
2. No
3. Sometimes/Somewhat

37. In that time, did feeling sad or depressed keep you from doing things or going places with your family?

1. Yes
2. No
3. Sometimes/Somewhat
26. Question 26 begins the series of items to assess impairment.

"Yes" responses continue with 26A.

26A.

27. "Yes" responses continue with 27A.
1. A bit of the time
2. Some of the time
3. Hardly ever
27A.

28. "Yes" responses continue with 28A.

28A.
29.-30. These items are asked only if the child attended school or worked in the past year.

29. "Yes" responses continue with 29A.

29A.

30. "Yes" responses continue with 30A.
30. How often were you really upset with yourself because you felt no one really liked you? Did you feel a bit of the time, some of the time, or hardly ever?

1. A bit of the time
2. Some of the time
3. Hardly ever

31. When the problems were worst, did you feel sad or depressed or did you feel bad or did you feel upset?

1. Yes
2. No
3. Sometimes/Somewhat

32. In how bad a way did this make you feel? Did you say: very bad, bad, or not too bad?

1. Very bad
2. Bad
3. Not too bad
30A.

31. "Yes" responses continue with 31A.

31A.
Q: In the last year...? Have you been to see someone at a hospital, in a clinic, or at their office because you were feeling sad or depressed?

1. Yes
2. No

Q: Did you have an appointment set up to see someone because you felt this way?

1. Yes
2. No

Q: Who are you going to see?

INTERVIEWER: Write in name, profession, and address.

PRESS [ENTER] AFTER TYPING IN A RESPONSE, THEN PRESS [ENTER] TO CONTINUE.
32. "No" responses continue with 32A.

32A.

33. This is the first of two optional questions in the series of items to assess major depression. **DO NOT ASK THIS QUESTION.** Type "NA" and press enter to proceed to the next question.

Note the two versions of this question depending upon the responses to 32 and 32A.
6-578
33. VERSION 2.

33A. This is the second optional question in the major depression module. **DO NOT ASK THIS QUESTION.** Type "NA" and press enter to proceed to the next question.

34. "Yes" responses continue with 34A.
Please enter a grade and press enter.
34A. Remember to read the probe if the respondent reports more than one age. If the respondent continues to report multiple ages, enter the youngest age.

34AGR. This question is asked if the respondent is unable to report an age in 34A.

35.-59. Questions 35-39 are the series of items to assess dysthyemic disorder. They are NOT ASKED if five or more of the following questions are coded "yes": 1C, 2B, 3D, 4D, 5B, 6B, 7B, 8C, 9B, 10C, 11D, 12B, 13C, 15C, 16C, 17B, 18C, 19C, 20C, 21C, 22F.

35. "Yes" responses continue with 35A.
6-582
35A. "Yes" responses continue with 35B.

35B. "Yes" responses continue with 35C.

All other responses skip to 35D.

35C.
### Depression Self-Rating Scale

**Q10**: On the days when you felt sad or depressed, did you feel this for most of the day?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
</table>

**Q11**: When you were sad or depressed, did you feel afraid something good happened or was about to happen to you?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
</table>

**Q12**: Have you felt sad or depressed like this in the last two weeks— that is, since the middle of June?

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
</table>
35D.

35E.

35F.
3E. Did you feel gassy or bloated for at least a whole year - that is, for twelve months or longer?

1. Yes
2. No
36. Question 36 is **NOT ASKED** if 35B is coded "Yes."

36A. "Yes" responses continue with 36B.

36B. "Yes" responses continue with 36C. All other responses skip to 36D.
**GDS Administration - State Detail**

301. Did you feel happy or so happy as to engender a feeling of elation or joy?  
1. Yes  
2. No

---

**GDS Administration - State Detail**

302. On the days when you felt grumpy or irritable, did you feel like this for most of the day?  
1. Yes  
2. No

---

**GDS Administration - State Detail**

303. Have you felt grumpy or irritable like that in the last few weeks?  
1. Yes  
2. No
37. You just said that there was little evidence unless you were greatly or noticeably less of the less. Now I want to ask you about some other things that may happen when you feel this way.
When you feel greatly or noticeably less, do you eat less or lose your appetite? 

1. Yes
2. No
3. Sometimes/Sometimes

38. When you feel greatly or noticeably less, do you feel less hungry or eat less now? 

1. Yes
2. No
3. Sometimes/Sometimes

39. When you feel greatly or noticeably less, do you have trouble falling asleep or do you wake up too early? 

1. Yes
2. No
3. Sometimes/Sometimes
37.-60. These questions are ONLY ASKED if 36B is coded "yes." That is, the child reports that in the last year, there were more days when the s/he was grouchy or irritable than days when s/he felt OK.

37. "No" responses continue with 37A.

37A.

38. "No" responses continue with 38A.
45. When you feel guilty or helpless, do you sleep too much?
   1. Yes
   2. No
   3. Sometimes/Somewhat

46. When you feel guilty or helpless, do you feel like you don’t have any energy and that it takes a big effort to do anything?
   1. Yes
   2. No
   3. Sometimes/Somewhat

47. When you feel guilty or helpless, do you feel like you are no good at anything or that other people don’t like you?
   1. Yes
   2. No
   3. Sometimes/Somewhat
Q5: When you feel greatly or irritable, is it more difficult for you to pay attention to your schoolwork or to other things you do?

1. Yes
2. No
3. Sometimes/Somewhat

Q6: When you feel greatly or irritable, is it more difficult for you to make up your mind or to make decisions?

1. Yes
2. No
3. Sometimes/Somewhat

Q7: When you feel greatly or irritable, do you feel that life is hopeless or do you feel full of despair?

1. Yes
2. No
3. Sometimes/Somewhat
41. "No" responses continue with 41A.

41A.

42. "No" responses continue with 42A.
6-596
6-598
6-600

**BTS Administration (State District)**

**Q13** When you feel guilty or irritable, do you want to be alone or away from other people?

1. Yes
2. No
3. Sometimes/Somewhat

**BTS Administration (State District)**

**Q14** When you feel guilty or irritable, do you talk a lot less?

1. Yes
2. No
3. Sometimes/Somewhat

**BTS Administration (State District)**

**Q15** You have had lots of life changes that have made you feel very anxious, and that you feel guilty or irritable. You are now trying to learn to handle this. Your friends are not as close as they used to be, and you feel you are more upset than you used to be. You may be feeling that you are not good at doing everyday things, that you don’t do what you used to do, or that you do not have anything you like to do. What do you think has happened to you in the past, that it’s easier or worse how other people, and talk a lot less.

**Q16** You have had lots of life changes that have made you feel very anxious, and that you feel guilty or irritable. You are now trying to learn to handle this. Your friends are not as close as they used to be, and you feel you are more upset than you used to be. You may be feeling that you are not good at doing everyday things, that you don’t do what you used to do, or that you do not have anything you like to do. What do you think has happened to you in the past, that it’s easier or worse how other people, and talk a lot less.

1. Yes
2. No
50.-60. These questions are asked if one or more of questions 37-49 are coded "yes" or "sometimes." Otherwise, the interview skips to the end of the CDISC.

50. "Yes" responses continue with 50A.
Q6: Do you believe or have you been told that your health is worse than it was in the past? (Circle one) 
1. Yes 
2. No

Q11: Thinking about your whole life, how often do you feel happy or cheerful, or does it feel as if there’s something wrong most of the time? (Circle one) 
INTERVIEWER: CODE 66: WHOLE LIFE ALWAYS

PLEASE ENTER AGE AND PRESS ENTER

Q12: What grade are you in? (INTERVIEWER: CODE 44: PREK, 58 = KINDERGARTEN, 13 = COLLEGE FRESHMAN, 14 = SOPHOMORE, 15 = JUNIOR, 16 = SENIOR, 17 = POST B.A.)

PLEASE ENTER GRADE AND PRESS ENTER
50A. "Yes" responses skip to the end of the interview.

51. 

51GR. This question is asked if the respondent is unable to provide an age in 51.
51A. This questions is asked if the age (grade) reported in 51 (51GR) is the child's current age (grade) minus one.

"Yes" responses continue with 51B.

51B. This question is NOT ASKED if the age (grade) reported in 51 (51GR) is the child's current age (grade).

"Yes" responses continue with 51C.

51C. "Yes" responses continue with 51D.
DO: You said that you were feeling a little bit low and you were hungry or ate too much, slept too much, felt tense, felt you didn't have any energy. Did you talk about yourself, talk about whether or not you were going to happen to your family or self or to a friend? Did you talk about your fun, talked more or told something? Did you feel that things that happened to you in the past hurt you, made you feel angry or were a problem? If you did, did you see any solutions to the past?

DO: Where were you when these things began? By time?

INTERVIEWER: (DATE 11/1 NEVER STARTED AGAIN)

PLEASE ENTER AGE AND PRESS ENTER.

INTERVIEWER: (DATE 11/1 NEVER STARTED AGAIN)

PLEASE ENTER AGE AND PRESS ENTER.

INTERVIEWER: (DATE 11/1 NEVER STARTED AGAIN)

PLEASE ENTER AGE AND PRESS ENTER.

INTERVIEWER: (DATE 11/1 NEVER STARTED AGAIN)

PLEASE ENTER AGE AND PRESS ENTER.
51D. This question is asked if the respondent is unable to provide an age in 51D.

51E. This question is asked if the age (grade) reported in 51D (51DGR) is the child's current age (grade) minus one.
6-608

Q1. In the last year, you felt guilty or worthless and you were more irritable or moody. Did too much, felt you didn't have any energy, felt bad about yourself. Did little or nothing good or even go out to happen to you, even hurt or ill like you were about to die? Did not eating or sleeping, felt bistim decidurate etal. What happened to you? Ask about the past, ask about the future, ask about the people, and talk in a bit less.

Now let's you think back to the time in the last year when this was most stressful. At that time, did your parents seem angry or upset with you because you were feeling guilty or what?

1. Yes
2. No
3. Sometimes/Seldom

Q2. In the last year, did you feel anxious or upset because you felt this way? Would you say a lot of the time, some of the time, or hardly at all?

1. A lot of the time
2. Some of the time
3. Hardly ever

Q3. In that time, did feeling guilty or worthless keep you from doing things or going places with your hand?

1. Yes
2. No
3. Sometimes/Seldom

Q4. In the last year, did you feel guilty or worthless and you were more irritable or moody. Did too much, felt you didn't have any energy, felt bad about yourself. Did little or nothing good or even go out to happen to you, even hurt or ill like you were about to die? Did not eating or sleeping, felt bistim decidurate etal. What happened to you? Ask about the past, ask about the future, ask about the people, and talk in a bit less.
52.-59. These questions ARE NOT asked if the questions about impairment and treatment history were asked in the section on major depression (i.e., questions 26-33).

52. "Yes" responses continue with 52A.

52A.

53. "Yes" responses continue with 53A.
**QIDS Administration - State Trait**

How often did having depression affect your ability to do things or going places with your family? In general, you say: a lot of the time, some of the time, or hardly ever?

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>1. A lot of the time</td>
<td>2. Some of the time</td>
</tr>
</tbody>
</table>

---

**QIDS Administration - State Trait**

At that time, did it feel so bad or did you feel so much emotion or thoughts about something that you were unable to continue with your normal activities or other people say you were? In general, you say: yes, no, or sometimes/occasionally.

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</thead>
<tbody>
<tr>
<td>1. Yes</td>
<td>2. No</td>
</tr>
</tbody>
</table>

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**QIDS Administration - State Trait**

How often did having depression affect your ability to do things or going places with other people your age? In general, you say: a lot of the time, some of the time, or hardly ever?

<table>
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</tr>
</thead>
<tbody>
<tr>
<td>1. A lot of the time</td>
<td>2. Some of the time</td>
</tr>
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</table>

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**QIDS Administration - State Trait**

At that time, did it feel so bad or did you feel so much emotion or thoughts about something that you were unable to continue with your normal activities or other people say you were? In general, you say: yes, no, or sometimes/occasionally.

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<tbody>
<tr>
<td>1. Yes</td>
<td>2. No</td>
</tr>
</tbody>
</table>
53A.

54. "Yes" responses continue with 54A.

54A.
5C. When the position was made, did feeling guilty or inhibits make it difficult for you to do your assignments or cause problems with your grades?

1. Yes
2. No
3. Don’t know/No opinion

5D. How bad were the problems with your assignments? Did you say “very bad”, “bad”, or “not too bad”?

1. Very bad
2. Bad
3. Not too bad

5E. At that time, did feeling guilty or inhibits to be serviced or good will you?

1. Yes
2. No
3. Don’t know/No opinion
55.-56. These questions are asked if the child attended school or worked in the past year.

55. "Yes" responses continue with 55A.

55A.

56. "Yes" responses continue with 56A.
6-614

6-614

6-614

6-614

6-614

6-614

6-614
56A.

57. "Yes" responses continue with 57A.

57A.
1) In the last year, have you been in a hospital or a clinic or at that of the because you were feeling physically or mentally?

1. Yes
2. No

2) Did you see anyone you because you had this view?

1. Yes
2. No

3) Who did you see?

INTERVIEWER: WRITE IN NAME, PROFESSION, AND ADDRESS

PRESS [ENTER] AFTER TYPING IN A RESPONSE, THEN PRESS [ENTER] TO CONTINUE.
58. "No" responses continue with 58A.

58A.

59. This is the first of two optional questions in the series of items on dysthymic disorder. **DO NOT ASK THIS QUESTION.** Type "NA" and press ENTER to proceed to the next question.

Note the two versions of this question depending on the response to 58 and 58A.
59. VERSION 2.

59A. This is the second optional question.

**DO NOT ASK 59A.** Type "NA" and press ENTER to continue.

60. "Yes" responses continue with 60A.
Q: Do you stay thinking about for more than a step?

1. Yes
2. No

Q: Have you ever dropped a friend completely because they tell you out of something?

1. Yes
2. No

Q: Has that happened with your best five friends?

1. Yes
2. No
60A.

60B. "Yes" responses continue with 60C.

60C.
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6.3.11 Procedures for Collecting Contact Information for the Parent Telephone Interview

After you record a CDISC status code for SP's 8-15 years of age, the computer will display several contact information screens. The screens prompt you to collect information about the child's mother (or caretaker) that will facilitate the telephone interviewers' efforts to complete the parent interview.

Children and adolescents 8-15 years of age are eligible for the parallel parent interview. The parent interview will be conducted as a telephone interview 4 to 28 days after the child is examined in the MEC.

Specifications for completing these screens are as follows:

- **Introduction (Exhibit 6-1):** Read the introductory statement to the SP.
- **Lives with Mother (Exhibit 6-1):** If the child reported during administration of the CDISC that s/he lives with his/her mother, code this item as "yes" without asking the question. Ask the question if you do not know or do not remember whether the child lives with his/her mother.
- **Mother's Availability (Exhibit 6-1):** Read the question, "When is your mother usually at home?" You may need to probe for the specific time slots listed. Click on all applicable categories.
- **Mother's Name (Exhibit 6-1):** This item obtains the name of the SP's mother. Probe for the first and last name. Remember to confirm the spelling of all names.

**Note:** If it is known that the mother is participating in the survey under an alias, be sure to enter the assumed name. Make a note in the comment field to alert the telephone interviewer that an alias is being used.
- **Lives with Caretaker. (Exhibit 6-2):** Ask this question if the child does not live with his/her mother. Note that this is the same as item 12 from the Introductory module of the CDISC. You may code this item without asking the question if you remember the child's response.

- **Caretaker Child Feels Closest To (Exhibit 6-2):** This is the same as item 12A from the CDISC introductory module. Again, code without asking the question if you remember the child's response. Remember to read the probe if the child reports more than one person.
- **Caretaker's Availability (Exhibit 6-3):** Read the question, "When is your {CARETAKER} usually at home?", inserting the appropriate fill such as "aunt," "father," etc. Probe for specific time slots as necessary. Make sure to click on all applicable categories.

- **Caretaker's Name (Exhibit 6-3):** This item obtains the name of the child's caretaker. Probe for the first and last name. Verify the spelling of all names.

**Note:** If it is known that the caretaker is using an alias, be sure to enter the assumed name. Make a note in the comment field to alert the telephone interviewer.

Exhibit 6-3. Telephone followup (Screen 3)
- **Preferred Language (Exhibit 6-4):** This item asks the child to indicate his/her mother or caretaker's language of preference. Click on the appropriate box. If a child reports a language other than English or Spanish, probe whether the caretaker would be able to complete an interview in either of these two languages and make a note in the comment box.

- **Eligible Siblings (Exhibit 6-4):** This item asks the child to indicate whether s/he has any siblings who may also be eligible for the parent interview.

- **Name(s) of Eligible Sibling(s) (Exhibit 6-4):** This item obtains the names of all siblings who may be eligible for the parent interview. Remember to obtain the first and last name of all eligible siblings and to confirm the spelling of all names.

**Note:** If it is known that siblings are using assumed names for purposes of the study, be sure to enter the assumed names.

- **Comments (Exhibit 6-4):** Use this box to type in any information that might be helpful to the telephone interviewers in contacting the parent or caretaker. For example, if the child reports that his mother works until 1 p.m. weekdays or that his mother is away on business for 2 weeks, note this information here. This is also the appropriate place to alert the telephone interviewer that assumed names are being used.
Exhibit 6-4. Telephone followup (Screen 4)
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6.4 Mental Health Questions for SPs Aged 20-39 Years: CIDI

6.4.1 Introduction

This manual provides instructions to the interviewer in the use of the NHANES version of the WHO-CIDI 2.1 questionnaire. Section 6.4.1 briefly describes the WHO-CIDI, and outlines general instructions for the interviewer. Section 6.4.2 provides instructions for navigating through the CAPI questionnaire, and describes conventions for different question types, and Section 6.4.3 provides general instructions to interviewers. This questionnaire has several sets of questions that are repeated throughout the questionnaire, that are explained separately in Sections 6.4.4 through Section 6.4.6 (Probe Flow, Onset/Recency, and Work Loss/Effort series). Section 6.4.7 through Section 6.4.9 provide question-by-question instructions for the other questions in the questionnaire.

The Composite International Diagnostic Interview (CIDI) is a standardized questionnaire designed by the World Health Organization that is used to assess mental disorders and provide diagnoses. This version of the CIDI assesses three disorders (Panic Disorder, Major Depression, and Generalized Anxiety Disorder), in the three sections of the questionnaire.

The time needed to administer these sections will vary greatly, depending on the number and severity of symptoms the respondent reports. While most respondents will report very few symptoms and will skip out of most of the questions (with an average interview length of 5 minutes), a few respondents may take 45 minutes or longer to complete this portion of the interview.

Many of these questions are of a sensitive nature, asking about difficult times in the respondent's life. The interviewer needs to remain professional and nonjudgmental throughout the interaction with the respondent. These types of questions have been asked of thousands of respondents in all walks of life, and most people (even those who have experienced problems in their life) find the interview to be an enjoyable experience. Often respondents with problems find it helpful to have someone to listen to their "story" in a nonthreatening and nonjudgmental manner. Using good basic interviewing techniques (asking the questions exactly as worded, using nondirective probes and feedback to encourage the respondent) to train the respondent in (his/her) role, and to maintain control of the interview will make this interview a positive experience for both the interviewer and respondent. By using good interviewing techniques the interviewer will also collect the most accurate and unbiased data possible for these (and all) sections of the interview.
6.4.2 Working With the Ishell CAI System

A. Launching the Interview

To begin the interview, click on the arrow in the lower right hand corner of the wrapper screen titled “Launch CIDI Program.”

A box pops up that allows you to select which interview to run. Select “Hanes” for the English version or “Hanes-Spanish” to launch the Spanish and click on “OK.”
Select “Interview” and then “Start New Interview.”

A box pops up that lists the CIDI modules that are administered in NHANES. Click on “OK” to continue, and then press enter as instructed on the next screen.
B. Asking Questions and Recording Answers

Screen layout: The top half of the screen contains the question text and instructions to the interviewer. The bottom half of the screen contains the answer options. To record an answer, type the number that corresponds to the answer given by the respondent. As the answer is entered, the corresponding radio button will be highlighted and the answer option will change color from black to blue. Pressing ENTER will then move the interview on to the next question.

All black text on the screen is read aloud to the respondent. Interviewer instructions are in blue text, and are not read to the respondent. Black letters in parentheses are optional, to be read at discretion of interviewer. All underlined words are to be emphasized when reading the text.

Changing answers: To change an answer on the current screen, simply type the number corresponding to the new answer and press <Enter>.

String field: This question type requires the interviewer to input an answer in an empty box, rather than choosing a single numeric option. If the information being requested is numeric (e.g. number of days), the program will only accept numeric input.

Time question: This question type requires the interviewer to input both the number of (days/weeks/months/years) as well as input the appropriate unit of time. To highlight the radio button corresponding to a specific unit of time, type the first letter of the time unit, e.g., press "d" to select days, "w" to select weeks.

Multiple answer question: This question type lists several options and allows the interviewer to record multiple answers. Use the <up> and <down> arrows to maneuver through the list and press the <space bar> to select each appropriate answer. Pressing the <space bar> a second time will deselect any previously selected answer.

Don't know and refusals: Each question contains options for DK and REF. If these options are not listed with numeric codes, information on how to enter them is given in an interviewer instruction for that question. A text box will appear after each Refusal to allow the interviewer to record any information related to the refusal.

Empty: No questions are allowed to remain empty. An answer must be provided for each question before the program will move on to the next question.
Remarks: A remark can be made at any question by typing CTRL N. This will bring up a text box (Notepad) in which the interviewer can make any relevant comments.

Text boxes: The text box is the active window when it appears on the screen. Simply type any remarks directly in the box. To choose the button options OK, CLEAR, CANCEL, use the TAB key to highlight the appropriate box and press <Enter>.

Scroll bar: A few questions are too long to fit in the question box. If this occurs a scroll bar will appear to the right of the question. Use the TAB key to make the question window active and the <Page up> and <Page down> keys to scroll through the question text. Use the TAB key to return to the answer field when ready.

C. Navigation Keys

<Enter> key Pressing <Enter> after entering a datum will cause the next appropriate question for the interviewer to appear.

CTRL ← This backs the interview up to the previous question.

CTRL → This moves the interview forward one question. (Will only move forward through completed questions.)

<Home> key: The <Home> key moves the cursor to the beginning of a string entered in the text box or a string field.

<End> key: The <End> key moves the cursor to the end of a string entered in the text box or a string field.

6.4.3 General Interviewer Instructions

Below are some general instructions for interviewers to use while administering the CIDI sections.

1. Asking the questions

- Ask all questions as written.

- Read complicated and long questions slowly.

- Where necessary, repeat the question with emphasis on the frame of reference to help the respondent understand the question.
2. **Probing rules**

- If the respondent says (he/she) does not know, ask for a "best estimate."
- If the respondent's answer is a wide range (e.g., a range of more than 5 days), probe "Which is closer?" to try to get a more precise answer.
- If the respondent gives a small range, code the midpoint.
- If there is no midpoint, code the lower number closest to the midpoint.
- If the respondent does not know the answer even after a "best estimate" probe, code DK.

3. **General definitions**

- A few: 3 or more
- A couple: 2
- Frequently: "Whatever you think of as frequently." or "Whatever frequently means to you"
- Often: "Whatever you think of as often," or "Whatever often means to you"
- A lot: "Whatever you think of as a lot," or "Whatever a lot means to you"
- In the past month: in the previous 4 weeks

4. **Use feedback to train the respondent in (his/her) role**

- Thank the respondent for giving thoughtful, precise answers.
- Use task-related feedback (e.g., "Let me write this down") to fill in pauses while the interviewer records open-ended answers or comments, or works through check points.

6.4.4 **Probe Flow Questions**

A. **Introduction**

The Probe Flow questions are a series of questions that ask about a symptom, problem, or experience that the respondent has had. They are designed to determine if the symptom (or problem or experience) is "clinically significant," and if it is, to determine the cause of the symptom. Throughout the questions, the abbreviation (SX) is used to denote the symptom, problem, or experience the series is asking about. The end result of this series of questions is a variable with five response options, listed below. In CAPI, the computer automatically takes the interviewer through the sequence and assigns the proper end code. But because there are a lot of "what if" scenarios that can come up when administering
these questions, it is helpful to understand what the questions are designed to measure. The categories for the variable generated by the Probe Flow questions are:

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td><strong>No Problem</strong> (The respondent did not have (SX) - the symptom, problem or experience)</td>
</tr>
<tr>
<td>2.</td>
<td><strong>Not Clinically Significant</strong> (The respondent had (SX) but it was not clinically significant – i.e., not bad enough to cause problems in the respondent's life)</td>
</tr>
<tr>
<td>3.</td>
<td><strong>Medication, Drugs, or Alcohol was always the cause of (SX)</strong></td>
</tr>
<tr>
<td>4.</td>
<td><strong>Physical Illness or Injury was always the cause of (SX)</strong> (or the cause was always either medication, drugs or alcohol; or physical illness or injury)</td>
</tr>
<tr>
<td>5.</td>
<td><strong>Possible or Definite Psychiatric Symptom:</strong> There was at least one occurrence of (SX) that is not explained by medication, drugs or alcohol; or by physical illness or injury; and the symptom may be due to a psychiatric problem. Alternatively, the respondent or medical professional may have diagnosed the respondent with a psychiatric condition.</td>
</tr>
</tbody>
</table>

Note that a "Probe 5" (Possible or definite psychiatric symptom) does not necessarily mean that the respondent has any type of mental illness. It only means that there is an unexplained instance of a symptom that may be caused by a psychiatric problem. All of us experience unexplained problems at one time or another; it is only people who have specific patterns of possible psychiatric symptoms that may be diagnosed with the conditions we are asking about in this interview.

The phrase "clinically significant" is one that also has a specific meaning for this set of questions. For this questionnaire, clinical significance is determined by asking three questions designed to find out if the (SX) is severe enough to try to identify its cause. If the (SX) did not interfere with the respondents' activities a lot; if the respondent did not seek medical help for the condition; and if the respondent did not take medication more than once for the (SX); the symptom is deemed "not clinically significant," and we do not need to determine its cause.

The following Probe Flow Chart shows the order in which the questions will appear on the computer screen. Because the computer will automatically route the interviewer to the correct question, the instructions in this manual will focus on the meaning of the questions and the various "what if" scenarios that may come up as respondents share their real-life experiences with the interviewer.
**Other professional includes psychologists, social workers, counselors, nurses, clergy, dentists, chiropractors, healers, and podiatrists**

*Doctor includes psychiatrist, other medical doctors, and osteopaths*
B. Question-by-Question Instructions for Probe Flow Questions

Ask Question"

The question is read to the respondent just as it is written on the screen. If it appears that the respondent has not understood the intent of the question, it should be read again, emphasizing those words which the interviewer thinks were misunderstood. The interviewer should not express dissatisfaction or disbelief at what the respondent has reported. However, if the response contradicts a previous response, the respondent should be asked to clarify the discrepancy.

"Did you tell a doctor about (SX)?"

This is the first probe. When reading this probe for the first time to the respondent, the word "doctor" should be explained, using the definition given in parentheses. (Doctor includes psychiatrists, other medical doctors, and osteopaths.) If the respondent answers "no" to this question, the interviewer is directed to the question "Did you tell any other professional about (SX)?"

The answer is coded "yes" if the respondent intentionally sought medical advice for this symptom. This can be done in a variety of ways, including:

- The respondent made a special trip to the doctor for this symptom.
- The respondent brought up the symptom while seeing the doctor for another problem.
- The respondent asked about the symptom during a telephone call to the doctor.
- The doctor advised the respondent that (s)he had this problem.
- Someone else told the doctor about the problem.
- If someone else told the doctor about a symptom (SX) the respondent had, this is equivalent to the respondent telling the doctor. For instance, as a child, the parent might have told the doctor, or as an adult, the respondent's spouse might have brought it to the doctor's attention.
- The respondent told a friend or relative who is a doctor, if the intent was to seek professional advice.

What if the respondent told the doctor only because the doctor asked?

If the respondent volunteers that the symptom is not a problem for him and he only told the doctor because the doctor asked as a part of a routine checkup, this does not count as having told the doctor.
What if the respondent isn't sure (s)he told the doctor?

A vague recollection of "I might have told my doctor" is not certain enough to count as telling the doctor. The interviewer should probe for a definite answer, such as "Do you recall a time when you told the doctor?" If respondent does not recall, code "no."

If the respondent volunteers that the professional told was not a medical doctor (does not fit the definition of doctor on the screen), the answer is treated as a "no" response to "Did you tell a doctor about (SX)," but as a "yes" response to "Did you tell any other professional about (SX)"

Box A: Severity/Clinical Significance

These questions determine if the symptom is severe enough to be considered clinically significant.

"Did you tell any other professional about (SX)"

When reading this probe for the first time, "other professional" must be defined to the respondent using the definition in parentheses on the screen. (Other professional includes psychologists, social workers, counselors, nurses, clergy, dentists, chiropractors, healers and podiatrists.) Telling a friend or relative who is a professional counts, if the intent was to seek professional advice. (See the instruction to the question "Did you tell a doctor about (SX)."

"Did you take medication more than once for (SX)"

Medication includes prescribed or over-the-counter (non-prescription) medicines. A prescription originally intended for someone other than the respondent counts, so long as the respondent took it to the treat the symptom. Taking the medication more than once counts, even if the medication does not help the problem for which it was taken.

"Did (SX) interfere with your life or activities a lot?"

An answer such as "It interfered somewhat with my life" should not be accepted as a positive response. The question should be repeated to determine whether the respondent felt that the symptom interfered with his/her life or activities "a lot." The respondent may ask the interviewer what "a lot" of interference with life or activities means. The definition of "a lot" must be determined by the respondent, e.g., "Whatever 'a lot' means to you."

If all three "clinical significance" questions in Box A are answered "no," the probe flow section will end and interviewer will return to the main flow of the interview.

Box B: Physical Illness Or Injury

This question determines whether the symptom was ever caused by a physical illness, injury, or condition.
"Was (SX) ever the result of a physical illness or injury?"

If a (SX) happened several times and only once resulted from a physical illness or injury, the answer is still "yes."

If the response is "yes," the interviewer will be prompted to ask what the illness or injury was.

The phrase "physical illness or injury" includes incidents which may be described as "insults to the body," such as excessive exposure to the sun, noxious fumes that caused headaches, muscle soreness due to unusual physical activity, or losing one's voice after an unusually prolonged period of shouting. While pregnancy is not a physical illness, it is a physical condition that can cause symptoms and is considered an "insult to the body" for the purposes of this interview. Hyperventilation is not a physical illness. "Migraine" or "growing pains" do not count as physical illnesses unless a physician made the diagnosis.

Reactions to physical treatments, such as physical therapy, electroconvulsive therapy (ECT), and radiation therapy are counted as physical injury, as long as the symptom was caused by the treatment. For instance, memory loss may be attributed to electroshock therapy.

If the interviewer doubts that the illness the respondent mentions could cause the symptom, the illness should be recorded and a message in the note pad should be typed in for the editor.

"Was (SX) always the result of a physical illness or injury?"

In the flow chart, this question is located in Box D next to the large triangle. There are several paths leading to this question. If the response is "yes," the program will skip out of the Probe Flow series of questions.

"Always" means every single time. If just one time the symptom (SX) was not a result of a physical illness or injury, the answer is "no."

"When (SX) was not due to a physical illness or injury, was it always the result of taking medication, drugs, or alcohol?"

Read this question slowly, emphasizing the words "not" and "always." If the response is "no" the program skips out of Probe Flow series of questions. If the respondent answers "yes," the interviewer will be prompted to ask what caused (SX).

"What caused (SX)?"

This question is also asked in several places. The interviewer should record the response in the text box.

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Box C: Medication, Drugs, or Alcohol

These questions determine whether the symptom was ever caused by using medication, drugs, or alcohol. If (SX) was ever caused by any of these substances, it can then be determined whether the symptom was always caused by any of these substances.

"Was (SX) ever the result of taking medication, drugs, or alcohol?"

This question is asking whether medicines, drugs or alcohol caused the symptom. Respondents may mistakenly interpret this question as asking whether medication was taken at the time the symptom occurred, or whether medicine was taken because of the symptom. Note the following:

- Anesthetics given during an operation count.
- Symptoms of withdrawal from drugs qualify as well as the direct action of the drug itself.
- Allergies to foods are considered medical illnesses, and not a drug reaction, even though they are caused by a substance.

"Was (SX) always the result of taking medication, drugs, or alcohol?"

The same rules apply here as for the similar question in probe section of physical illness and injury. "Always" means every time. A "no" response skips out of probe flow section. If "yes" then the final probe question is asked:

"What kind of medication, drugs, or alcohol caused (SX)?"

This question asks the interviewer to record the name of the medication, drug, or alcohol that caused the symptom. Once recorded, the respondent skips out of the probe flow sequence. (See Recording Physical, Substance-related, and Psychiatric Explanations.)

Box D: Doctor Probes

If the respondent told a doctor about (SX), the following questions determine from the doctor's diagnosis whether symptom is caused by:

- Physical illness or injury;
- Medications, drugs, or alcohol; or
- A possible or definite psychiatric, emotional, or psychological problem.

"When you told the doctor, what was the diagnosis?"

The question is asking for the doctor's evaluation of the cause of the symptom, not the respondent's own opinion. If the respondent says, "I told him it was …," that is not the doctor's diagnosis. The interviewer should determine what the doctor said. The interviewer
should use the bracketed phrase "What did the doctor say was causing the (SX)?" if there is any doubt as to what the doctor's diagnosis was.

There are four coding options for this question:

- Medication, drugs or alcohol: the definition of these causes are the same as listed above in the discussion of Box C (remember that the medication, drug, or alcohol must cause the symptom to be counted here).
- Physical illness or injury: defined as "insult to the body" and includes such things as radiation treatment, physical therapy, laryngitis from shouting, etc. (See the Box B instructions.)
- No definite diagnosis: use this when it is not clear what the doctor's diagnosis was (either because the respondent says he/she does not know, or because the interviewer cannot determine what the doctor said and what the respondent believes to be the cause).
- Nerves, stress, anxiety, depression, mental illness: this is a "priority code" – if any mention is made of a possible psychiatric symptom, choose this code. (See the list below for responses that are to be coded in this category.)
  - adjustment problems
  - anorexia nervosa
  - anxiety
  - bipolar disease
  - bulimia
  - dementia
  - depression
  - emotional problems
  - exhaustion
  - hyperventilation
  - hypochondriasis
  - hysteria
  - mania
  - manic-depression
  - marital problems
  - mental breakdown
  - nerves
  - neurosis
  - overwork
  - panic attacks
  - personality problems
  - phobia
  - schizophrenia
  - senility
  - sexual abuse
  - stress
  - tension
  - an upsetting event

What constitutes "No definite diagnosis?"

Any vague statement by the doctor suggesting possible physical illness or injury as an explanation (e.g. "Stomach trouble," "a chest problem," "hyperventilation," "exhaustion," "He thought it might be a side effect of my medication," or "He thought it could have been a result of my auto accident") should be coded "no definite diagnosis." The follow up question asking if the doctor found anything abnormal when he/she took tests or x-rays will enable the interviewer to determine whether the doctor was just speculating. If the doctor was just speculating, type a message in the notepad function of the program.

A diagnosis which is not definitive can come up in two ways. Either the doctor said the diagnosis was uncertain, or implied it was uncertain by giving several diagnoses without seeming to choose one. (e.g., "He said it could be due to my medication or it could be due to a bladder infection.") In such cases, the interviewer should code "no definite diagnosis."
Describing the treatment is not equivalent to a diagnosis.

If the respondent says, "The doctor gave me some pills for that problem," or "I was told to get more rest," (s)he is reporting what the doctor said to do about the problem, rather than the diagnosis. The interviewer should then ask the alternative probe, "What did the doctor say was causing (SX)?"

What if the interviewer is unsure about a particular diagnosis?

Sometimes the respondent might report a doctor's diagnosis and it is not clear whether it is really a physical illness or a "No definite diagnosis." In such instances the interviewer should code "No definite diagnosis." The following question that will appear if this is chosen, is: "Did the doctor find anything abnormal when he examined you or took tests or X-rays?" Thus, if anything abnormal was found, the interviewer will end up with the same sequence of questions as for the probe for physical illness.

What if the response to the probe about abnormal test findings is simply a mention of the tests performed?

This is a case where a response is not an answer. If the response to the question "Did the doctor find anything abnormal when he examined you or took tests or X-rays?" is, "He drew a tube of blood for the tests," this is not evidence that there were positive findings. Something abnormal must have been found during the examination to count tests as evidence for a physical illness. Repeat the question, emphasizing abnormal. If the respondent does not know what was found, code "no."

Do all abnormal test findings count?

When asking the question about abnormalities on tests, the interviewer is looking for results suggesting a physical basis for the symptom being probed, not simply any abnormal finding. For instance, a routine urinalysis may lead to discovery of diabetes, even though the symptoms that prompted doing the test had nothing to do with diabetes. The interviewer can clarify the relation of the abnormal findings to the symptom by adding a phrase to the probe question "Did the doctor find anything that he said explained (SX) when he examined you or took tests or X-rays?"

What if there is more than one diagnosis by a doctor or several doctors?

If the respondent consulted doctors for several occurrences of the same symptom, or saw more than one doctor for a single episode, multiple diagnoses may have been made. The interviewer should ask "What were their diagnoses?" If any one was a psychiatric diagnosis, code "mental illness" and note the diagnosis in the text box. The program will then skip out of the probe flow series.

If there was no psychiatric diagnosis, but the symptoms were attributed both to physical illness and ingestion of substances, the program will default to "What kind of medication, drug, alcohol caused (SX)?" If the multiple diagnoses include one or more indefinite diagnoses (but no psychiatric diagnosis), the interviewer should code "no definite diagnosis"
and ask about the time when the doctor did not know the cause, even if there were clear physical explanations at other times.

What if there are doubts the doctor made the diagnosis that the respondent claims?

The respondent may report a diagnosis by a doctor that sounds highly improbable to the interviewer. The interviewer must accept and code according to the respondent's word. A note may be entered in the notepad function to indicate a need for review of the coding decision by the editor or a physician.

C. Other points to remember

1. Several of the probes ask "Was it always…" This means every single time the symptom occurred. If the respondent's answer is "Yes, it usually was," the interviewer should probe to find out whether the respondent means "always" or "usually": "Does that mean that sometimes (SX) was not the result of taking medication, drugs, or alcohol?"

2. When determining what caused a symptom, the interviewer is to code only the "proximal" cause. This is defined as the condition that most directly causes the symptom. For example, if stress causes an ulcer, and the ulcer causes stomach pain; the proximal cause of the stomach pain is the ulcer and not stress. In this example, the "priority coding" of "stress" as a possible psychiatric diagnosis would not apply, since the stress was not the proximal or direct cause of the (SX).

3. If the respondent says "I don't know" to a question asking whether or not a symptom was ever experienced, enter DK and no further probing is necessary.

D. Recording Physical, Substance-Related and Psychiatric Explanations

If a physician or osteopath gives a physical diagnosis to explain the symptom, click on the box that reads "Physical illness" or "Physical injury." A follow up open-ended question will allow the interviewer to record the physical diagnosis.

Similarly if the only occurrences of the symptom were said by a doctor to be explained by medication, drugs, or alcohol, an open-ended question will allow the interviewer to record the medication or drugs or alcohol that caused the symptom.

If a physical, substance-related, or psychiatric (or emotional or psychological) diagnosis was furnished by a professional other than a doctor or is the respondent's own opinion, record it in the textbox using the notepad function. It is important to note who gave the diagnosis.
6.4.5 Onset/Recency Questions

For some groups of symptoms, we ask when the respondent first experienced the symptom, and when the respondent last (most recently) experienced it. The question asking about the first experience is called the "onset" question; and the question asking about the last time the respondent had the symptom is called the "recency" question.

The time frames of the response options for the onset and recency questions are listed below. Note that the time frames are mutually exclusive. For example, if at D54d.1 the respondent reports having avoided certain situations continuously for the past 8 months, "in the past month" would be the correct answer to code.

- In the past month,
- Past 6 months, or
- More than 6 months ago.

Coding Onset and Recency Responses:

The guiding principles used for coding onset and recency questions are as follows:

1. We want to get the most accurate information. If the respondent does not know, probe by asking for the respondent's "best estimate."

2. If the respondent gives a large range (e.g., "in my 20's" or "sometime after I turned 40"), ask the respondent to narrow down the range by probing "Which is closer?"

3. If the respondent gives a small range (e.g., "15-17") code the midpoint of the range (in this example, the midpoint would be 16)

4. If the respondent gives a range with no midpoint, choose the number that is closest to the midpoint and will give the biggest time period of experiencing the symptom.
   - For recency, round up (code the older age)  (For example, a response of "25 or 26" would be coded "26")
   - For onset, round down (code the younger age)  (For example, a response of "30 or 31" would be coded "30")
6.4.6 Work Loss/Effort Questions

A. Introduction

This set of questions assesses the degree to which a symptom has "interfered" with the respondent's life. They appear in several places throughout the questionnaire. Many of the questions in this section are long and very complex, and it is important for the interviewer to read the questions slowly. It may also be necessary to repeat these questions stressing the frame of reference if the respondent thinks (he/she) has already answered them, and pause to give the respondent time to think about the answer.

The general pattern of these questions is the same throughout this series:

1. Ask about the number of days (SX) has had a specific impact on the respondent.
2. If any, ask how many days in the past 4 weeks this occurred.

B. Probing and Recording Rules

Because this interview contains many questions that ask for the precise duration of specific symptoms, respondents who have had many of the symptoms in the questionnaire may need encouragement to think carefully and to work hard to provide accurate information. Feedback (neutral phrases such as "thanks, this is helpful information") should be used to help encourage the respondent to give accurate answers. Neutral probes may also be needed to help guide the respondent to an answer that meets the question objectives.

There may be times where the respondent's answers seem contradictory. (For example, a respondent may report having had a particular symptom for 365 days out of the past year, but then say (she/he) did not have it at all in the past month.) In these cases, use your best judgement about probing. If the respondent obviously has misunderstood the question or missed the frame of reference (either the time period or the symptom to which the question is referring), repeat the question and try to clarify the discrepancy. If, on the other hand, the respondent appears to understand the questions and there is a small discrepancy (e.g., the sum of the days reported in the "4 weeks" questions adds up to 30 days instead of 28), do not probe.

See also Section 6.4.3 for general probing rules to be used for these questions.

Recording Rules:

- If the respondent answers in terms of weeks, multiply the number of weeks by 7 and record the number of days.
- If the respondent answers in terms of months, multiply the number of months by 30 and record the number of days.
C. Question-by-Question Objectives

Unable to Work

About how many days in the past 12 months were you **totally unable** for the whole day to work and carry out your other normal activities because of (SX)? You can answer with any number between 0 and 365.

The first question of this series asks about days the respondent was **totally unable** to work for an entire day because of the symptom. This question can be difficult for respondents to answer, because they need to calculate the number of days this happened over an entire year. Pause briefly to encourage the respondent to think about the answer, and probe using the general guidelines as necessary. When reading the question, emphasize the phrase **totally unable**.

If the respondent volunteers that (he/she) does not work for pay, repeat the question emphasizing the phrase **carry out your other normal activities**.

Cut Back Days

(Not counting the days you were **totally unable** to work,) about how many (other) days in the past 12 months did you **cut back** either on the amount of work you got done or on the quality of your work because of these problems? (Again, you can use any number between 0 and 365.)

This question asks the respondent to think about days when (he/she) was impaired due to (SX), but still could get some work done and could carry out some of (his/her) daily activities. If necessary, repeat the question, emphasizing the phrase **not counting the days you were totally unable to work**. (This introductory phrase will only appear if the respondent gave a number other than "0" in response to the "unable to work" question above.)

If the respondent replies that (he/she) does not work for pay, tell the respondent that "work" in this question refers to carrying out normal daily activities (which includes all things usually done in a day).

Rate Quantity and Quality of Work

Thinking about those (X) cutback days, on a scale from 0 to 100 where 0 means being totally unable to work and 100 means working a full high-quality day, what number describes the quantity and quality of your work during those (X) days? You can use any number between 0 and 100.

The "(X) cutback days" in this question refers to the number of days reported in the "cutback" question above. The respondent is asked to rate (his/her) own performance on a scale of 0-100 for days during which (he/she) was working at reduced capacity because of (SX). This is a complex question, and should be read slowly.
If the respondent says "it varied" or indicates that some days were better than others, ask the respondent to provide you with an average score for all the "cutback" days combined.

**Extreme Effort Days**

(Not counting the days you were totally unable to work and the days you cut back on work), about how many (other) days in the past 12 months did it take an extreme effort to perform up to your usual level at work or at your other normal daily activities because of (SX)? (Again, you can use any number between 0 and 365)

This is another complicated question, in which the interviewer is asking the respondent to:

- Think of the entire past year,
- Identify all the days that (he/she) was totally unable to work or was at reduced capacity due to (SX); and
- Report how many days (of the remainder) that (SX) caused (him/her) to have to exert great effort to perform up to normal standards.

To help the respondent work through this question, read it slowly and pause at the end to give the respondent time to think. If the respondent replies "all the other days of the year," or "all the time," calculate the remainder (i.e., 365 – days unable to work – cut back days).

This question refers to days where extreme (i.e., very unusual) effort is needed because (SX) was making it difficult to perform. For some respondents, that may really be every day. But we do not want respondents to answer "every day" if they simply think of themselves as hard working people. If you think the respondent misunderstood the question, repeat it slowly emphasizing the phrase extreme effort.

Note that the sum of the three questions asking for number of days (unable to work, cutback days, and extreme effort days) should not add up to more than 365 days. At this point in the interview, the interviewer may notice that there is a large discrepancy (e.g., R reported being unable to work for 2 weeks and had a month of reduced ability, and then answers "365" for the "extreme effort" question). If that happens, probe by repeating the question, emphasizing the phrase not counting days you were totally unable to work or had to cut back on the amount or quality of your work.
### Personal/Social Life

| And about how many days in the past 12 months did (SX) seriously interfere with your personal or social life? You can answer with any number between 0 and 365. |

This question changes the frame of reference from "work" and "normal daily activities" to "personal or social life." If the respondent asks what is meant by "personal or social life," the interviewer should respond with "Whatever it means to you." The number of days that (SX) interfered with the respondent's personal or social life may be the same, or may be different from the answers reported above for "work" and "normal daily activities." When reading this question, stress the phrase personal or social life to help distinguish it from the previous questions.
6.4.7  Panic Disorder Question-by-Question Objectives

A.  Introduction

The essential feature of Panic Disorder is a panic (anxiety) attack that occurs suddenly and unpredictably, though certain situations, e.g., driving a car, may become associated with a panic attack. The same symptoms occurring during marked physical exertion or in a life threatening situation is not termed a panic attack.

A panic attack is manifested by a sudden onset of intense apprehension, fear, or terror, often associated with feelings of impending doom. The most common symptoms experienced during an attack are: shortness of breath; heart pounding; chest pain or discomfort; choking or smothering sensations; nausea or abdominal distress; dizziness; feelings of unreality; tingling in the hands or feet; hot flushes or chills; sweating; faintness; trembling or shaking; dry mouth; and fear of dying, going crazy, or doing something uncontrollable during the attack. Attacks usually last minutes, rarely hours.

Panic attacks are classified into those which occur only in the presence of the object of a phobia and those which occur at other times.

If the respondent indicates that (he/she) has had only one attack in the past 12 months and it was due to a life-threatening situation, the respondent meets inclusion criteria and is taken through most of this section. The respondent then may (depending on the response pattern) be taken through the work loss and cutback day questions which will ask about the one incident. This may seem redundant to the respondent, but the interviewer should tell the respondent that each question needs to be asked in the order in which it appears in the questionnaire.

B.  Question-by-Question Specifications
The next questions are about emotional problems that many people have. The first question is about sudden attacks of feeling frightened, anxious, or very uneasy. Some people call these panic attacks.

**READ SLOWLY**

Is your entire lifetime, have you ever had an attack of fear or panic when all of a sudden you felt frightened, anxious or very uneasy?

- 1. No
- 2. Yes

Another kind of attack is when all of a sudden your heart begins to race, or you feel dizzy or faint, or you can't catch your breath. I'm not talking about a heart attack or some other attack caused by physical illness or medication or drug, but about an attack that occurs for no apparent physical reason, just one of the blue. Have you ever had an attack like this?

- 1. No
- 2. Yes

Have you had an attack like this in the past 12 months?

- 1. No
- 2. Yes
D54  The interviewer should emphasize the words, sudden and felt frightened, anxious or very uneasy.

Subjects who answer "yes" skip to D54a.

D54.1  This is a "second chance" question, which asks about panic attacks in a slightly different way. The purpose of this question is to make certain that no one is skipped out of this section in error.

There are two slightly different versions of this question, depending on whether the panic questions are administered first or following the depression questions.

The phrase "out of the blue" means "for no apparent reason."

Responses other than "yes" skip the subject to the next section.
In the past 12 months were there a month or more when you avoided certain situations or changed your everyday activities because of fear of the attacks?

- No
- Yes

How recently have you avoided certain situations or changed your activities because of this fear - in the past month, past six months, or more than six months ago?

- Past month
- Past six months
- More than six months ago

In the past 12 months were there a month or more when you were often concerned that you might have another attack?

- No
- Yes
D54D. Responses other than "yes" skip the subject to D54b.

D54D.1 All subjects who are asked D54d.1 skip to D55, regardless of their response to D54d.1.

D54B This question refers to the respondent's concern about having another attack, whether or not an attack actually occurred.

Responses other than "yes" skip the subject to D54c.
How recently did you have that ongoing concern – in the past month, past six months, or more than six months ago?

- 1. Past month
- 2. Past six months
- 3. More than six months ago

In the past 12 months was there a month or more when you were concerned that the attacks might lead to something terrible happening, like dying, losing control, or going crazy?

- 1. No
- 2. Yes
D54B.1  All subjects who are asked D54b.1 skip to D55.

D54C  Subjects who responded that they had a panic attack in the past 12 months (i.e., "yes" to D54a) continue with D55. All others skip to the next section.

D54C.1  The "ongoing concern" in this question refers to the concern mentioned in D54c, "that the attacks might lead to something terrible happening."

All subjects skip to D55 after answering this question.
Did any of your attacks ever occur when you were in a life-threatening situation?

- [ ] No
- [ ] Yes

Did any of your attacks occur when you were not in a life-threatening situation?

- [ ] No
- [ ] Yes
This question ascertains whether any of the panic attacks someone has had occurred in a life-threatening situation. The definition of "life-threatening" is whatever the respondent thought was life threatening at the time of the incident.

Subjects who answer "no" skip to D57.
CARD A

heart pound or race
sweat
tremble or shake
a dry mouth
short of breath
feel like you were choking
pain or discomfort in your chest
nausea or discomfort in your stomach
dizzy or feeling faint
feel that you were unreal
feel that things around you were unreal
afraid that you might lose control of yourself, act in a crazy way
afraid that you might pass out
afraid that you might die
have hot flushes or chills
have numbness or tingling sensations

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D57.1- These questions refer only to symptoms that occurred during the most recent panic attack that was not in a life-threatening situation.

D57.14 Card A is handed to the respondent at the beginning of this series of questions. The interviewer should read each item to the respondent, even if the respondent volunteers that (he/she) has had some of the symptoms on the card. For items that have more than one option (e.g., "hot flushes" or "chills"), a "yes" to either option counts as a "yes" for that item.
1. Did you sweat?
2. Did you tremble or shake?
3. Did you have a dry mouth?
1. Were you short of breath?
   - No
   - DK
   - REF
   - Yes

2. Did you feel like you were choking?
   - No
   - DK
   - REF
   - Yes

3. Did you have pain or discomfort in your chest?
   - No
   - DK
   - REF
   - Yes
Respondent No. 2

Question

Did you have nausea or discomfort in your stomach?

1. No
2. DK
3. Yes

Question

Were you dizzy or feeling faint?

1. No
2. DK
3. Yes

Question

Did you feel that you were swayed?

1. No
2. DK
3. Yes
Question:
Did you feel that things around you were unreal?

- Yes
- No
- DK
- REF

Question:
Were you afraid that you might lose control of yourself or act in a crazy way?

- Yes
- No
- DK
- REF
Question:
Were you afraid that you might pass out?

Options:
1. No
2. DK
3. Yes

Question:
Were you afraid that you might die?

Options:
1. No
2. DK
3. Yes
Did you have hot flashes or chills?

- No
- DK
- Yes

Did you have numbness or tingling sensations?

- No
- DK
- Yes
6-666
Subjects who endorsed two or more symptoms in the D57 series are asked D59. All others skip to the next section.

Note that this question refers to the number of panic attacks the respondent has had in his/her entire lifetime. To qualify, the attacks must be accompanied by some of the symptoms listed in D57.

This can be a difficult question for respondents, especially if they have had many panic attacks over a long period of time. If necessary, probe "What's your best estimate?" to encourage the respondent to come up with a number. Code "900" for 900 or more attacks. In the follow-up questions that refer to these attacks, the text will show up as "900" on the computer screen, and the interviewer can modify the question to read "900 or more" where appropriate.

Subjects who answer "no" skip to the next section.

Only subjects who reported one attack in D59 and indicated that they had an attack in the past 12 months in D54a are asked this question.

All subjects who are asked D59.1 continue with D59.2c.
Can you remember your exact age when your attack occurred?

- No
- DK
- REF

If NEC, how old were you?

**IF Response = REF, Enter 99.**

____YEARS OF AGE

About how old were you?

**IF Response = DK, Enter 98.**
**IF Response = REF, Enter 99.**

____YEARS OF AGE
D59.2 Only subjects who reported having one panic attack in D59 and who did not have an attack in the past 12 months (D54a coded other than "yes") are asked D59.2.

Subjects who respond other than "yes" skip to D59.2b.

D59.2A All subjects skip to D59.2c.

D59.2B
Attacks of fear start can occur in three different situations. The first are when they occur “out of the blue” for no reason. The second are when they occur in situations where a person has an unreasonably strong fear. For example, some people have a terrible fear of heights or crowds or being in a crowd. The third are situations where a person is in a real danger, like a car accident or a bank robbery. In which of these three kinds of situations did your attack occur?

If NEC: out of the blue, in a situation where you had an unreasonably strong fear, or in a situation of real danger?

1. “Out of the blue”
2. A situation when R had an unreasonably strong fear
3. A situation of real danger

FIELD CODE: RECORD MULTIPLE MENTIONS
SOCIAL SITUATIONS (A-D)
PUBLIC SPACE SITUATIONS (E-H)
OTHER SITUATIONS (I-Q)

- Being at a speech
- Being at an event or social event
- Being in a crowd
- Being near people
- Being outside of home alone
- Travelling in a train, or on a bus
- Being in a crowd or standing in line
- Being in a public place (e.g., a shop)
- Animals (e.g., bugs, spiders, birds)
- Heights
- Sights, towers, lightning
- Flying
- Closed spaces (e.g., caves, tunnels, elevators)
- Seeing blood
- Getting an injection
- Going to the dentist
- Going to a hospital
- Other
D59.2C  This question is very lengthy and complex. Read slowly, and repeat the key phrases and/or read the on screen probe if the respondent has not understood the entire meaning of the question.

Responses coded other than "2" skip to D58a.

D59.2D  If the respondent has had a panic attack in a situation where the respondent had an unusually strong fear, this question asks what that fear is. Probe to determine in which situation the panic attack occurred if not volunteered by respondent.

All subjects skip to D58a.
PLEASE SPECIFY FIRST SITUATION CODED 'OTHER'
D59.2D01 If the respondent mentions a fear of something not on the list, code "other" and record the fear in the text box.

D60 Only subjects who report having 2 or more attacks or answer "don't know", "refused" in D59 are asked D60.

Emphasize the words exact and very first when reading this question.

Responses other than "yes" skip the subject to D60b.

D60A Subjects who report their current age in D60a continue with D60.a1.

Subjects who report an age in D60A that is 1 year less than their current age skip to D60.a2.

All others skip to D60c.1.
D60.A1  All subjects who are asked this question skip to D60c.1.

D60.A2  Responses other than "in the past 12 months" skip the subject to D60c.1.

D60.A3  All subjects who are asked D60.A3 skip to D60c.1.
Question:
About how old were you the first time?

If Response = DK, Enter 98.
If Response = REF, Enter 99.

______YEARS OF AGE

Question:
What's the earliest age you can clearly remember a particular time when you had one of these attacks?

If Response = DK, Enter 98.
If Response = REF, Enter 99.

______YEARS OF AGE

Question:
How old were you the last time you had one of these attacks?

If Response = DK, Enter 98.
If Response = REF, Enter 99.

______YEARS OF AGE
This question is very similar to D60. There is a subtle difference (D60 asks the respondent to recall (his/her) exact age at (his/her) first panic attack; and D60C asks the respondent to recall the earliest age (he/she) can clearly remember an attack). It is possible that the respondent knows (he/she) had panic attacks at a very young age, but does not remember them clearly.

Only subjects who did not report having a panic attack in the past 12 months are asked this question.
Attacks of this sort can occur in three different situations. The first are when they occur “out of the blue” for no reason. The second are when they occur in situations where a person has an unusually strong fear. For example, some people have a terrible fear of heights or heights or being in a crowd. The third are situations where a person is in real danger, like a car accident or a bank robbery.

The next question is about how many of your 3 attacks occurred in each of these three kinds of situations. First, in your lifetime, about how many attacks have you had “out of the blue” for no reason?

If Response >900, Enter 900.
If Response = DK, Enter 998.
If Response = REF, Enter 999.
This is a complicated question. Read slowly. The respondent is asked to divide the total number of panic attacks in (his/her) lifetime into those that occur "out of the blue" (for no particular reason), in situations of unreasonably strong fear, and in situations of real danger.

There is no check to be sure that the sum of the panic attacks in these three situations adds up to the total number of panic attacks reported by the respondent. If the respondent has obviously misunderstood the question, probe to get an accurate number; but do not attempt to force the numbers to add up to the total number of attacks.

A response of 0 skips the subject to D59b.

Subjects who report 1 attack in D59a and report having had a panic attack in the past 12 months in D54a continue with D59a.1.

Subjects who report more than 1 attack or answer "refuse", "don't know" in D59a and who report having had an attack in the past 12 months in D54a skip to D59a.2.

Subjects who report the same number of attacks occurring "out of the blue" in D59a as lifetime attacks in D59 skip to D59.4.

All others skip to D59b.
Question:
Did the "out of the blue" attacks occur in the past 12 months?

1. No
2. DK
3. Yes

Question:
About how many of these 2 "out of the blue" attacks occurred in the past 12 months?

IF RESPONSE = 900, ENTER 900.
IF RESPONSE = DK, ENTER 998.
IF RESPONSE = REF ENTER 999.

____ NUMBER OF ATTACKS

Question:
And about how many attacks in your lifetime occurred in situations where you had an unusually strong fear of something about the situation?

IF RESPONSE = 900, Enter 900.
IF RESPONSE = DK, Enter 998.
IF RESPONSE = REF, Enter 999.

____ NUMBER OF ATTACKS
D59.A1 All subjects who are asked D59.a1 skip to D59.a3.

D59.A2 Subjects who reported the same number of attacks occurring "out of the blue" in D59a as lifetime attacks in D59 skip to D59.4.

All others continue with D59b.

D59B Subjects who report 0 attacks in D59b skip to D59c.

Subjects who report 1 attack in D59b and who report having an attack in the past 12 months in D54a continue with D59b.1.

Subjects who report 1 attack or answer "don't know", "refused" in D59b and who report having an attack in the past 12 months in D54a skip to D59b.2.

All others skip to D59b.3.
Question:
Did the attack occur in the past 12 months?

- Yes
- No
- DK
- REF

Question:
About how many of these 2 attacks occurred in the past 12 months?

IF RESPONSE > 999, ENTER 999.
IF RESPONSE = DK, ENTER 998.
IF RESPONSE = REF, ENTER 999.

__NUMBER OF ATTACKS__

Question:
And how many attacks in your lifetime have you had in situations where you were in real danger?

IF RESPONSE > 999, ENTER 999.
IF RESPONSE = DK, ENTER 998.
IF RESPONSE = REF, ENTER 999.

__NUMBER OF ATTACKS__
D59.B1 All subjects who are asked D59b.1 skip to D59b.3.

D59.B2

D59C Subjects who report the same number of lifetime attacks in D59b as lifetime attacks in D59 skip to D59c.1.

All others are asked D59c.

Subjects who report 0 attacks in D59c skip to D59c1.

Subjects who report 1 attack in D59c and report having an attack in the past 12 months in D54a continue with D59.c2.

Subjects who report more than 1 attack or answer "refused," "don't know" in D59c and report having an attack in the past 12 months in D54a skip to D59c.3.

All others skip to D59c.1.
Question: Did any attack where you were in real danger occur in the past 12 months?

1. No
2. DK
3. Yes

Question: About how many of these 2 attacks where you were in real danger occurred in the past 12 months?

If response = 0, enter 0.
If response = DK, enter 0.
If response = REF, enter 0.

Number of attacks
D59.C2 All subjects who are asked D59.C2 skip to D59c.1.

D59.C3
CARD A1

SOCIAL SITUATIONS

• Giving a speech
• Going to a party or social event
• Being in a crowd
• Meeting new people

PUBLIC SPACE SITUATIONS

• Being outside away from home alone
• Travelling in a bus, train, or car
• Being in a crowd or standing in line
• Being in a public place (e.g., a shop or grocery store)

OTHER SITUATIONS

• Animals (e.g., bugs, snakes, birds)
• Heights
• Storms, thunder, lightening
• Flying
• Closed spaces (e.g., caves, tunnels, elevators)
• Seeing blood
• Getting an injection
• Going to the dentist
• Going to a hospital
Only subjects who report 1 or more attacks in D59b are asked D59d.

Card A1 is handed to the respondent at the beginning of this question. If the respondent has had panic attacks in situations where the respondent had an unusually strong fear, this question asks what those fears are. Probe to determine in which situation(s) the panic attacks occurred if not volunteered by respondent. Probe "any others?" until the respondent answers "no," and check all that apply.
PLEASE SPECIFY FIRST SITUATION CODED 'OTHER'

PLEASE SPECIFY SECOND SITUATION CODED 'OTHER'

PLEASE SPECIFY THIRD SITUATION CODED 'OTHER'
D59.DO1  If the respondent mentions a fear of something not on the list, code "other" and record the fear in the text box.

D59.DO2  If the SP reports fear of two things that are not on the list in D59D, record the second fear here.

D59.DO3  Record mentions of a third situation that is not on the list in D59D here.
How recently did you have an attack that occurred either in a frightening situation or "out of the blue" - in the past month, past 6 months, or more than 6 months ago?

1. Past month
2. Past 6 months
3. More than 6 months ago

In the past 12 months, about how many weeks out of 52 did you have at least one attack?

If response = DK, Enter 98.
If response = REF, Enter 99.

NUMBER OF WEEKS

Was that 2 weeks in a row or two or more periods that added up to 2 weeks?

1. All in a row
2. Two or more periods

If response = DK, Enter 98.
If response = REF, Enter 99.
D59.5.1 Only subjects who meet one of the following conditions are asked D59.5.1:

- Responded "yes" in D59a.1; or
- Reported 1 or more attacks in D59a.2; or
- Responded "yes" in D59b.1; or
- Reported 1 or more attacks in D59b.2.

If the total number of episodes reported in D59.a1, D59.a2, D59.b1, and D59.b2 is less than or equal to 1, the subject skips to D58a.

All others continue with D59.5a.

D59.5A Subjects who respond 1 week or less skip to D58a.

Subjects who respond 2-51 weeks continue with D59.5b.

Subjects who respond 52 weeks skip to D59.5d.

Subjects who respond "don't know" or "refused" skip to D59.5c.

D59.5B Subjects who reported 2 weeks in D59.5a skip to D59.5d.

All others skip to D59.5c.
In the past 12 months, what's the largest number of weeks in a row when you had at least one attack per week?

If Response = DK, Enter 99.
If Response = REF, Enter 999.

NUMBER OF WEEKS IN A ROW

What's the largest number of attacks you had in any one week during the past 12 months?

If Response > 999, Enter 999.
If Response = DK, Enter 999.
If Response = REF, Enter 999.

NUMBER OF ATTACKS

What's the largest number of attacks you had in any four-week period during the past 12 months?

If Response > 999, Enter 999.
If Response = DK, Enter 999.
If Response = REF, Enter 999.

NUMBER OF ATTACKS
59.5C If the number of episodes reported in D59.5a is greater than or equal to the total number of episodes reported in D59a.2 and D59b.2, the subject skips to D58a.

All others continue with D59.5d.

D59.5D Code "900" for 900 or more attacks.

D59.5E A "four-week period" in this question refers to 4 consecutive weeks. Code "900" for 900 or more attacks.

Subjects who report fewer than 4 weeks/episodes in D59.5a, D59.5c, or D59.5d or who report fewer than 16 attacks in D59.5e skip to D58a.

All others continue with D59.5f.
In the past 12 months, did you have a period of four weeks or more when you had at least five attacks every week?

- [ ] No
- [ ] DK
- [ ] REF
- [ ] Yes

In the past 12 months, did you tell one or more of your attacks?
(But doctor, I mean psychiatrists, other medical doctors, and osteopaths.)

- [ ] No
- [ ] DK
- [ ] REF
- [ ] Yes

In the past 12 months, did you tell any other professional about your attacks?
(But other professionals, I mean psychologists, social workers, counselors, nurses, clergy, dentists, chiropractors, healers and herbalists.)

- [ ] No
- [ ] DK
- [ ] REF
- [ ] Yes
D59.5F Read this question slowly. To code "yes," the respondent must have had four or more attacks every week for 4 consecutive weeks.

D58A- This is the series of Probe Flow questions for panic disorder.
D58APD10
In the past 12 months, did you take medication more than once for your attacks?

- **No**
- **Yes**

In the past 12 months, did your attacks interfere with your life or activities a lot?

- **No**
- **Yes**

In the past 12 months, were your attacks ever the result of a physical illness or injury?

- **No**
- **Yes**
In the past 12 months, were your attacks due to the result of taking medication, drugs, or alcohol?

- **No**
  - [ ] DK
  - [ ] REF

- **Yes**
  - [ ] DK
  - [ ] REF

In the past 12 months, were your attacks due to the result of taking medication, drugs, or alcohol?

- **No**
  - [ ] DK
  - [ ] REF

- **Yes**
  - [ ] DK
  - [ ] REF

In the past 12 months, when you told that doctor, what was the diagnosis? What did he/she say was causing your attacks?

- Nervous
- Stress
- Anxiety
- Depression
- Mental illness
- Medication
- Drugs
- Alcohol
- Physical illness
- Physical injury
- No definite diagnosis
- YES
- REF
**Question:** If NEC: What kind of medication, drug, alcohol caused your attacks?

**Question:** In the past 12 months, were your attacks *always* the result of taking medication, drugs or alcohol?

**Question:** In the past 12 months, when your attacks were *not* due to taking medication, drugs or alcohol, were they *always* the result of a physical illness or injury?
What was the physical illness or injury causing your attacks?
In the past 12 months, were your attacks always the result of a physical illness or injury?

- No
  - OK
  - REF
- Yes

In the past 12 months, when your attacks were not due to a physical illness or injury, were they always the result of taking medication, drugs or alcohol?

- No
  - OK
  - REF
- Yes
IF NEC: What kind of medication, drug, alcohol caused your attack?

Did he/she find anything abnormal when he/she examined you or took tests or x-rays?

- [ ] Nothing observed
- [ ] No examination
- [ ] Yes something abnormal was found
- [ ] OK
- [ ] REF
There are three ways in which attacks of the past we have been discussing can affect a person's life and activities. First, the attacks themselves can be incapacitating. Second, worry about having additional attacks can get in the way of daily activities. And third, avoiding certain situations for fear of having additional attacks can interfere with daily activities.

Think about all three of these ways in which your life and activities were affected in the past 12 months. Did these things interfere with your life or activities - a lot, some, a little, or not at all?

- A lot
- Some
- A little
- Not at all

About how many days in the past 12 months were you totally unable for the whole day to work and carry out your other normal activities because of these problems? You can answer with any number between 0 and 165.

If Response = DK, Enter 998.
If Response = REF, Enter 999.

NUMBER OF DAYS
This is a long and complicated question. Read slowly. The question asks the respondent to indicate how much the panic attacks have interfered with (his/her) life in any way. If the respondent replies that some attacks interfere a lot and others do not, probe "**In general**, how much did these things interfere with your life or activities in the past 12 months?"

"Incapacitating" is defined as "making someone unable to do anything."

Subjects who answer "not at all" skip to the next section.

The "problems" that this question refers to are those listed in the previous question: the incapacitating effect of the attacks themselves, worry about the attacks getting in the way of daily activities, or avoiding certain situations (for fear of having additional attacks) that interferes with daily activities.

The respondent must be **totally** incapacitated for an **entire** day to have the day counted for this question. If the respondent reports being totally incapacitated only for a few minutes (or hours) during and after the panic attack, this day would be counted in D62b (the "cut back" question).

A response of 0 days skips the subject to D62b.

A response of 1 day skips the subject to D62a.2.

All others skip to D62a.2.
**Question 1:**

Did that day occur in the past four weeks?

- [ ] No
- [ ] DK
- [ ] REF
- [ ] Yes

**Question 2:**

How many of those 10 days were in the past four weeks?

If Response = DK, Enter 98. If Response = REF, Enter 99.

___ NUMBER OF DAYS

**Question 3:**

Not counting the days you were totally unable to work, about how many other days in the past 12 months did you cut back, either on the amount of work you got done or on the quality of your work because of the problems associated with attacks? (Again, you can use any number between 0 and 300.)

If Response = DK, Enter 998. If Response = REF, Enter 600.

___ NUMBER OF DAYS
D62A.1  All subjects who are asked D62a.1 skip to D62b.

D62A.2

D62B  A response of 0 days skips the subject to D62c.3.

All others continue with D62c.
Thinking about those 30 cutoff days, on a scale from 0 to 100 where zero means being totally unable to work and 100 means working a full high-quality day, what number describes the quantity and quality of your work during those 30 cutoff days? You can use any number between 0 and 100.

If Response = DK, Enter 998.
If Response = REF, Enter 999.
NUMBER BETWEEN 0 AND 100

Did that cutoff day occur in the past four weeks?

C1 No
C2 DK
C5 Yes

How many of those 30 cutoff days occurred in the past four weeks?

If Response = DK, Enter 998.
If Response = REF, Enter 999.
NUMBER OF DAYS
D62C  Subjects who reported 1 day in D62b continue with D62c.1.

All others skip to D62c.2.

D62C.1  All subjects who are asked D62c.1 skip to D62c.3.

D62C.2
Respondent No. | Question ID | Progress Bar
---|---|---

**Question:**
Not counting the days you were totally unable to work or you cut back on work, about how many other days in the past 13 months did it take an intense effort to perform up to your usual level at work or at your other normal daily activities because of problems associated with attacks? (Again, you can use any number between 0 and 300.)

*If Response = DK, Enter 998.*
*If Response = REF, Enter 999.*

____ NUMBER OF DAYS

---

**Question:**
Did that day occur in the past four weeks?

1. No
2. DK
3. REF
4. Yes

---

**Question:**
How many of these 10 days occurred in the past four weeks?

*If Response = DK, Enter 98.*
*If Response = REF, Enter 99.*

____ NUMBER OF DAYS
D62C.3  Subjects who answer 0 days skip to D62d.

Subjects who answer 1 day continue with D62c.3.1.

All others skip to D62.c.3.2.

D62C.3.1  All subjects who are asked D62c.3.1 skip to D62d.

D62C.3.2
And about how many days in the past 12 months did these problems seriously interfere with your personal or social life? (Again, you can use any number between 0 and 365.)

If Response = DK, Enter 999.
If Response = REF, Enter 999.

NUMBER OF DAYS

Did that day occur in the past four weeks?

C 1 No

C 3 DK

C 5 Yes

How many of those 10 days occurred in the past four weeks?

If Response = DK, Enter 99.
If Response = REF, Enter 99.

NUMBER OF DAYS
D62D  Subjects who answer 0 days go to the next section.

Subjects who answer 1 day continue with D62.d1.

All others skip to D62.d2

D62D.1  All subjects skip to the next section.

D62D.2
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6.4.8 Generalized Anxiety Disorder (GAD)

A. Introduction

The essential feature of this disorder is unrealistic or excessive anxiety and worry about two or more life circumstances for 6 months or more, during which the person has these concerns more days than not. Accompanying the anxiety are many signs of motor tension, autonomic hyperactivity, and vigilance and scanning.

B. Question-by-Question Specifications
The next questions are about longer periods of feeling worried, tense, or anxious. In the past 12 months, did you have a period of a month or more when most days you felt worried or tense or anxious about everyday problems such as work or family?

- No
- DK
- Yes

Did that period go on for at least six months?

- No
- DK
- Yes

How many months out of the last 12 did you feel worried or tense or anxious most days?

If Response = DK, Enter 0.
If Response = REF, Enter 99

# OF MONTHS
D63  It is important to read this question slowly and carefully.

Subjects who respond other than "yes", skip to D63a.

D63.1

D63.2
**Question:** During those months, were you worried, tense, or anxious every day, nearly every day, most days, about half the days, or less than half the days?

- **1.** Every day
- **2.** Nearly everyday
- **3.** Most days
- **4.** About half the days
- **5.** Less than half the days

**Question:** And on the days you worried or were tense or anxious, did you usually feel that way all day long, most of the day, about half the day, or less than half the day?

*IF “It varies,” PROBE: What about on average?*

- **1.** All day long
- **2.** Most of the day
- **3.** About half
- **4.** Less than half

**Question:** People differ a lot in how much they worry about things. *(READ THE NEXT SENTENCE SLOWLY)* In the past 12 months, did you have a period when most days you were a lot more worried or tense or anxious than most people would be in your same situation?

- **1.** No
- **2.** DK
- **3.** REF
D63.3 Subjects who answer "less than half" (code 4), skip to the next section. Responses of "don't know" or "refused" skip the subject to D63a.

D63.4 All subjects skip to D64d regardless of their response to D63.4.

D63A Respondents who answer other than "yes" skip to the next section.
Did that period go on for at least six months?

- 1. No
- 2. DK
- 3. Yes

How many months out of the last 12 did you feel worried or tense or anxious most days?

If Response = DK, Enter 99.
If Response = REF, Enter 99.

___ # OF MONTHS

During that month, were you worried, tense, or anxious every day, nearly every day, most days, about half the days, or less than half the days?

- 1. Every day
- 2. Nearly everyday
- 3. Most days
- 4. About half the days
- 5. Less than half the days
- 6. DK
- 7. REF
D63A.1

D63A.2 Subjects who answer "0," skip to the next section. All others continue with D63a.3.

D63A.3 Respondents who report feeling worried, tense, or anxious less than half the days skip to the next section. Responses of "don't know" and "refuse" also skip to the next section.
Question: On the days you worried or were tense or anxious, did you usually feel that way all day long, most of the day, about half the day, or less than half the day?

IF "It varies," PROBE: What about on average?

Options:
1. All day long
2. Most of the day
3. About half
4. Less than half

Question: During the past 12 months, what sorts of things did you usually worry about?

PROBE: Anything else? UNTIL NONPRODUCTIVE.

IVR: Record open-ended responses. Paraphrase, but be sure to record all the separate things R worried about.

Question: Interviewer query: Did R report exclusively worrying about his/her own physical health or mental health or weight or drug use?

Code: No if R had at least one other worry besides own health, weight, or drug use.

Options:
1. No
2. Yes
This question asks the respondent to indicate the types of things that (he/she) worried about. The interviewer is instructed to probe "Anything else?" until the respondent answers "No."

This item is the first of a series of questions to be coded by the interviewer based on the respondent's answer to D64d. The answers to these checkpoints will determine the skip patterns for the remainder of the section. These questions are not read aloud to the respondent, and the interviewer may use task-related feedback such as "It will be just a moment while I code a few items on the computer," to fill the gap in the questioning.

Respondents who report exclusively worrying about their physical or mental health or weight or drug use, skip to the next section.
Interviewer query: Did R report exclusively worrying about one thing? Or did R have multiple worries?

- Option 1: Worried exclusively about one thing
- Option 2: Had multiple worries

Do you think your worry was excessive, that is, much stronger than it really should be in your situation?

- Option 1: No
- Option 2: DK
- Option 3: REF
- Option 4: Yes

How often did you find it difficult to control your worry — often, sometimes, rarely, or never?

- Option 1: Often
- Option 2: Sometimes
- Option 3: Rarely
- Option 4: Never
- Option 5: DK
- Option 6: REF
Respondents who report exclusively worrying about one thing, skip to the next section.
How often was your worry so strong that you couldn't put it out of your mind no matter how hard you tried -- often, sometimes, rarely, or never?

- Often
- Sometimes
- Rarely
- Never

IV: HAND CARD B TO R
Now look at this card. This is a list of problems some people have during periods of feeling worried, tense or anxious. In the past 12 months, during your period of worry, were you often restless?

- No
- DK
- Refer

Did you often feel keyed up or on edge?

- No
- DK
- Refer
D65.1, D65.2, D65.3, D65.5, D65.7, D65.4, D65.6

Hand Card B to the respondent prior to asking this question. Each item should be read aloud to the respondent even if (he/she) volunteers an answer from the card before the item is read.

“Subjects without any "yes" responses to this series of questions” skip to the next section.

**CARD B**

- restless
- feel keyed up or on edge
- easily tired
- more irritable than usual
- trouble falling or staying asleep
- difficulty keeping your mind on what you were doing
- tense, sore, or aching muscles
Did you get tired easily?

1. No
2. DK
3. Yes

Did you wake up more than usual during the year?

1. No
2. DK
3. Yes

Did you often have trouble falling or staying asleep?

1. No
2. DK
3. Yes
Did you often have difficulty keeping your mind on what you were doing?

1. No
2. DK
3. REF
4. Yes

Did you have tense, sore or aching muscles?

1. No
2. DK
3. REF
4. Yes
In the past 12 months, did you tell a doctor about feeling worried, tense, or anxious when you also had some of the problems on the list?
(By doctor, I mean psychiatrists, other medical doctors, and psychologists.)

1. No
2. DK
3. Yes

In the past 12 months, did you tell any other professional about feeling worried, tense, or anxious?
(By other professionals, I mean psychologists, social workers, counselors, nurses, clergy, dentists, chiropractors, healers and podiatrists.)

1. No
2. DK
3. Yes

In the past 12 months, did you take medication more than once for feeling worried, tense, or anxious?

1. No
2. DK
3. Yes
This is the series of Probe Flow questions for Generalized Anxiety Disorder.
In the past 12 months, did feeling worried, tense, or anxious interfere with your daily activities a lot?

- 1. No
- 2. DK
- 3. Yes

In the past 12 months, was feeling worried, tense, or anxious over the results of a physical illness or injury?

- 1. No
- 2. DK
- 3. Yes

In the past 12 months, was feeling worried, tense, or anxious over the results of taking medication, drugs, or alcohol?

- 1. No
- 2. DK
- 3. Yes
In the past 12 months, was feeling worried, tense, or anxious always the result of taking medication, drugs, or alcohol?

- No
- Yes

In the past 12 months, when you told that doctor, what was the diagnosis? What did the doctor say was causing feeling worried, tense, or anxious?

- Menstruation
- Stress
- Anxiety
- Depression
- Mental Illness
- Medication
- Drugs
- Alcohol
- Physical illness
- Physical injury
- No definite diagnosis
- DK
- REF

IF NEC: What kind of medication, drug, alcohol caused feeling worried, tense, or anxious?
Question:
In the past 12 months, was feeling worried, tense, or anxious always the result of taking medication, drugs, or alcohol?

- 1 No
- 2 DK
- 3 Yes

Question:
In the past 12 months, when feeling worried, tense, or anxious was it always the result of a physical illness or injury?

- 1 No
- 2 DK
- 3 Yes
IF NEC: What was the physical illness or injury causing feeling worried, tense, or anxious?
In the past 12 months, was feeling worried, tense, or anxious always the result of a physical illness or injury?

- No
- DK
- REF

In the past 12 months, when feeling worried, tense, or anxious was it always the result of taking medication, drugs or alcohol?

- No
- DK
- REF
IF NEC: What kind of medication, drug, alcohol caused feeling worried, tense, or anxious?
Can you remember your speech age the very first time in your life you had a period of worry, tension, or anxiety like the one you had in the past 12 months (lasting six months or longer) and you also had some of the other problems we just reviewed?

- No
- DK
- REF

If NEC: How old were you?

If Response = REF, Enter 99

_____ YEARS OF AGE

About how old were you the first time you had a period of this sort?

If Response = DK, Enter 99.
If Response = REF, Enter 99

_____ YEARS OF AGE
D69 Subjects who respond other than "yes" skip to D69b.

D69a All subjects who are asked this question skip to D69d.

D69b
What's the earliest age you can clearly remember a particular time when you had a period of this sort?

If Response = DK, Enter 98.
If Response = REF, Enter 99

____ __YEARS OF AGE

And how recently did you have a period of this sort -- in the past month, past six months, or more than six months ago?

☐ 1 Past month
☐ 2 Past 6 months
☐ 3 More than 6 months ago
☐ R DK
☐ S REF

In the past 12 months, how upset have you been with yourself for feeling wound, tense, or anxious -- very upset, somewhat upset, not very, or not at all upset?

☐ 1 Very upset
☐ 2 Somewhat upset
☐ 3 Not very upset
☐ 4 Not at all upset
☐ R DK
☐ S REF
This question is very similar to D69. There is a subtle difference (D69 asks the respondent to recall (his/her) exact age at (his/her) first period of worry, tension, or anxiety; and D69C asks the respondent to recall the earliest age (he/she) can clearly remember such a period). It is possible that the respondent knows (he/she) had periods of worry, tension or anxiety at a very young age, but does not remember them clearly.

Respondents who reported feeling worried, tense, or anxious for 12 of the past 12 months back in question D63.2 skip to D67.
Think about how your life and activities were affected in the past 12 months by your worry, tension, or anxiety. Did these things interfere with your life and activities—a lot, some, a little, or not at all?

- A lot
- Some
- A little
- Not at all

About how many days in the past 12 months were you totally unable for the whole day to work and carry out your other normal activities because of your worry, tension, or anxiety? You can answer with any number between 0 and 365.

If Response = DK, Enter 998.
If Response = REF, Enter 000

---

Did that day occur in the past four weeks?

- No
- DK
- REF

---
D68a Responses of "0" skip the subject to D68b. Responses of "1" skip the subject to D68a.1. All other responses continue with D68a.2.
**Question:**

How many of these 10 days occurred in the past four weeks?

- If response = DK, Enter 98.
- If response = REF, Enter 99

**NUMBER OF DAYS**

---

**Question:**

Not counting the days you were totally unable to work, about how many other days in the past 12 months did you cut back either on the amount of work you got done or on the quality of your work because of your worry, tension, or anxiety? (Again, you can use any number between 0 and 365.)

- If response = DK, Enter 998.
- If response = REF, Enter 999

**NUMBER OF DAYS**

---

**Question:**

Thinking about those 1 cutback days, on a scale from 0 to 100 where zero means being totally unable to work and 100 means working a full high quality day, what number describes the quantity and quality of your work during those 1 cutback days? You can use any number between 0 and 100.

- If response = DK, Enter 998.
- If response = REF, Enter 999

**RECORD NUMBER BETWEEN 0 AND 100**
D68a.2

D68b  Responses of "0" skip the subject to D68c.3. All others continue with D68c.

D68c  Subjects who answer "0" continue with D68c.1. All others skip to D68c.2.
Did these cutback days occur in the past four weeks?

- No
- DK
- Yes

How many of these cutback days occurred in the past four weeks?

If Response = DK, Enter 99.
If Response = REF, Enter 99

____ NUMBER OF DAYS

Not counting the days you were totally unable to work or you cut back on work, about how many other days in the past 12 months did it take an extreme effort to perform up to your usual level at work or at your other normal daily activities because of your worry, tension, or anxiety? (Again, you can use any number between 0 and 365.)

If Response = DK, Enter 998.
If Response = REF, Enter 999

____ NUMBER OF DAYS
D68c.1  Subjects who are asked D68c.1 continue with D68d.

D68c.2

D68c.3  A response of "0" skips the subject to D68.d. A response of "1" has the subject continue with D68c.3.1. All others skip to D68c.3.2.
Did this day occur in the past four weeks?

- No
- DK
- Yes

How many of these 10 days occurred in the past four weeks?

If Response = DK, Enter 99.
If Response = REF, Enter 90

Amy of Days

And about how many days in the past 12 months did your worry, tension, or anxiety seriously interfere with your personal or social life? (Again, you can use any number between 0 and 305.)

If Response = DK, Enter 998.
If Response = REF, Enter 900

Amy of Days
D68c.3.1 Subjects who are asked D68c.3.1 continue with D68d.

D68c.3.2

D69d A response of "0" skips the subject to the next section. Subjects who answer "1" continue with D68d.1. All others skip to 68d.2.
Did the day occur in the past four weeks?

- No
- DK
- Yes

How many of these 10 days occurred in the past four weeks?

If Response = DK, Enter 98.
If Response = REF, Enter 99

____ NUMBER OF DAYS
D68d.1 This is the final question in Generalized Anxiety Disorder section for subjects who reported having only one day in the past 12 months when worry, tension, or anxiety seriously interfered with their social or personal life.

D68d.2 This is the final question in Generalized Anxiety Disorder for subjects who reported having more than one day in the past 12 months when worry, tension, or anxiety seriously interfered with their social or personal life.
6.4.9  Major Depression

A.  Introduction

A Depressive Episode consists of at least 2 weeks characterized by feelings of sadness or lack of interest or pleasure, along with other symptoms such as poor appetite, difficulty sleeping, feelings of worthlessness or guilt, decreased energy, and thoughts of death.

Synonyms for Depression

There are three different questions that are used to measure depression, because people use many different terms to describe the condition. E1 asks about low mood and other synonyms for depression, namely "sad or depressed or empty." For respondents that say "no" to E1, a "second chance" question is asked (E2), where we ask about "loss of interest." And for respondents that say "no" to E2, we ask a "third chance" question (E2.1) that asks about being "irritable, grouchy, or in a bad mood."

Assessing Symptoms Within a Depressive Episode

The symptoms described in E2.1c.1 to E18 must occur during a period of 2 weeks or longer of feeling depressed, having lost interest in most things, or being irritable or grouchy. They must be present almost every day for at least 2 weeks. If the respondent's answer suggests the event might have lasted less than 2 weeks ("Sometimes I do have that problem"), the interviewer should ask "Did that last for a period of 2 weeks or more?" The symptom must last most of the 2-week period, but interruptions of 1 or 2 days would not negate it if the total time was 2 weeks or more. Questions asking about thoughts of suicide and suicide attempts have no duration requirements; any occurrence is considered significant.

Change in Status

The symptom questions (E2.1c.1 to E18) in depression refer to a change in the respondent's status. If a person always has the problem and it is always of the same intensity, it does not count as a symptom of a depressive episode.
In some questions (e.g., E10, E15, E15A, E16, E17) the idea of change in status is incorporated into the question. For these, if the respondent says he was "always like that", the interviewer should repeat the question, emphasizing the phrase that indicates change in status.
B. Question-by-Question Specifications
The next questions are about emotional problems that many people have. The first question is about periods of being sad or depressed.

**READ SLOWLY.**

In the past 12 months, have you had a period of two weeks or longer when you felt sad or depressed or empty?

1. **No**
2. **DK**
3. **REF**
4. **Yes**

The next questions are about periods of being sad or depressed.

**READ SLOWLY.**

In the past 12 months, have you had a period of two weeks or longer when you felt sad or depressed or empty?

1. **No**
2. **DK**
3. **REF**
4. **Yes**
E1  Read the question slowly. It is important to relay to the respondent that the feelings of depression, feeling sad, or empty must have occurred for a period of at least 2 weeks.

Responses other than "yes" skip the subject to question E2.

Note the two versions of the question depending upon whether the depression questions are asked first or following the Panic and GAD sections.

E1  Version 2
Think of the two weeks during the past 12 months when this feeling was most pronounced. During that two-week period, did you feel sad or depressed or empty every day, nearly every day, most days, about half the days, or less than half the days?

**PROBE DK**: What is your best estimate?

**REPEAT RESPONSE CATEGORIES**

1. Every day
2. Nearly every day
3. Most days
4. About half the days
5. Less than half the days

And did this feeling usually last all day long, most of the day, about half the day, or less than half the day?

**PROBE DK**: What is your best estimate?

**REPEAT RESPONSE CATEGORIES**

1. All day long
2. Most of the day
3. About half the day
4. Less than half the day
E1a Responses other than "every day", "nearly every day" or "most days" skip the SP to question E2.

E1b Responses other than "all day long", "most of the day" or "about half the day" skip the SP to question E2.
CARD C

Changes in sleep
- trouble falling asleep
- waking in middle of night
- waking too early
- sleeping too much

Changes in appetite
- less appetite than usual
- larger appetite than usual

Changes in energy
- lack energy
- feel tired all the time

Trouble with concentration
- a lot more trouble than is normal
- not being able to pay attention

Restlessness
- talk or move more slowly than usual
- talking or moving all the time

Feelings of low self-worth
- low self-confidence
- feel worthless nearly everyday
- feel you were not as good as other people
Read this question slowly and hand Card C to the respondent. It is not necessary to read Card C to the respondent, since the information on the card is also contained in the text of the question. To answer "yes" to this question, the respondent must have had at least one of the symptoms listed on Card C at the same time as the period of depression.

Responses other than "yes" skip the subject to question E2.

This question asks the respondent to identify the period of depression in the past 12 months that was accompanied by the largest number of problems (from E1c, and listed on Card C). Note that this may not be the 2-week period when the respondent felt most severely depressed, or caused the greatest impairment.

If the respondent can't choose one period of depression as having the largest number of problems, the instructions are to ask the respondent to think about the most recent 2-week period of depression.
During that two-week period, did you lose interest in most things like work, hobbies, and other things you usually enjoy?

- 1 No
- 2 DK
- 3 Yes

During that two-week period, did you feel irritable or grumpy or was a bad mood most of the time?

- 1 No
- 2 DK
- 3 Yes

READ SLOWLY
In the past 12 months, have you had a period of two weeks or longer when you lost interest in most things like work, hobbies, and other things you usually enjoy?

- 1 No
- 2 DK
- 3 Yes
E1d  This question refers to the period identified in the previous question (E1c.1).

E1e  All respondents who are asked this question continue with E3, regardless of their response to E1e.

E2  This is a "second chance" question for this series.

Read this question slowly, and emphasize the duration of "two weeks or longer." The loss of interest does not have to be absolute, but it must be general. A response like "I quit paying attention to the news" is not sufficient.

Responses other than "yes" skip the subject to question E2.1.
Think of the two weeks when this loss of interest was most persistent. During that two-week period, did you lose interest in things every day, nearly every day, most days, about half the days, or less than half the days?

**PROBE DK:** What is your best estimate?

**REPEAT RESPONSE CATEGORIES**

1. Every day
2. Nearly every day
3. Most days
4. About half the days
5. Less than half the days

And did this feeling usually last all day long, most of the day, about half the day, or less than half the day?

**PROBE DK:** What is your best estimate?

**REPEAT RESPONSE CATEGORIES**

1. All day long
2. Most of the day
3. About half the day
4. Less than half the day

**NOTE: COMPLEX QUESTION, READ CAREFULLY.**

Please look at Card C again. People who have periods of losing interest in most things often have other problems on the list at the same time. During the time that you lost interest in most things, did you also have any of these other problems?

1. No
2. DK
3. REF

5. Yes
E2a  Responses other than "every day", "nearly every day" or "most days" skip the SP to question E2.1.

E2b  Responses other than "all day long", "most of the day" or "about half the day" skip the SP to question E2.1.

E2c  If the respondent does not already have Card C from the E1 series of questions, hand Card C to the respondent at this time. It is not necessary to read Card C to the respondent, since the information on the card is also contained in the text of the question. To answer "yes" to this question, the respondent must have had at least one of the symptoms listed on Card C at the same time as the period of losing interest in things.

Responses other than "yes" skip the subject to question E2.1.
For the next questions, please think of the two weeks during the past 12 months when you had interest in most things and had the largest number of these other problems. During that two-week period, did you lack energy or feel tired all the time nearly every day, even when you had not been working very hard?

IF IT SAYS THERE WAS NO SINGLE TWO-WEEK PERIOD THAT STANDS OUT, SAY: Then think of the most recent two weeks of this sort.

1. Ne
2. DK
3. REF
4. Yes

During that two-week period, did you feel irritable or grouchy or in a bad mood most of the time?

1. Ne
2. DK
3. REF
4. Yes

READ SLOWLY
In the past 12 months, did you have a period of two weeks or longer when you were irritable or grouchy or in a bad mood most of the time?

1. Ne
2. DK
3. REF
4. Yes
E2c.1  This question asks the respondent to identify the period of depression in the past 12 months that was accompanied by the largest number of problems (from E2c, and listed on Card C). Note that this may not be the 2-week period when the respondent felt most severely depressed, or caused the greatest impairment.

If the respondent can't choose one period of depression as having the largest number of problems, the instructions are to ask the respondent to think about the most recent 2-week period of depression.

E2d  All subjects who are asked this question continue with E3, regardless of their response to E2d.

E2.1  This is the "third chance" question for the major depression section. The E3 series of questions will be asked if the respondent answered "no" to E1 or E2, or did not meet full criteria at some point in the E1 or E2 series. The E3 series asks the same set of questions as E1 and E2, with the frame of reference "feeling irritable or grouchy or in a bad mood."

Read this question slowly. Emphasize "most of the time" when asking about feelings of irritability, grouchingness, or bad mood. It is not uncommon for a respondent to answer this third chance and continue with the remainder of the depression section.

Responses other than "yes" skip the subject to the next section.
**Question:**
Think of the two weeks when you had the best mood you can recall. During that two-week period, did you feel irritable or grumpy or in a bad mood every day, nearly every day, most days, about half the days, or less than half the days?

**PROBE DK:** What is your best estimate?

**REPEAT RESPONSE CATEGORIES**

1. Every day
2. Nearly every day
3. Most days
4. About half the days
5. Less than half the days

**Question:**
And did this feeling usually last all day long, most of the day, about half the day, or less than half the day?

**PROBE DK:** What is your best estimate?

**REPEAT RESPONSE CATEGORIES**

1. All day long
2. Most of the day
3. About half the day
4. Less than half the day

**NOTE: COMPLEX QUESTION, READ CAREFULLY.**
Please look at Card C again. People who have periods of being irritable or grumpy often have other problems on this list at the same time. During the time when you were irritable or grumpy, did you also have any of these other problems?

1. No
2. DK
3. REF
4. Yes
E2.1a  Responses other than "every day", "nearly every day", or "most days" skip the SP to the next section.

E2.1b  Responses other than "all day long", "most of the day", or "about half the day" skip the SP to the next section.

E2.1c  If the respondent does not already have Card C from the E1 or E2 series of questions, hand Card C to the respondent at this time. It is not necessary to read Card C to the respondent, since the information on the card is also contained in the text of the question. To answer "yes" to this question, the respondent must have had at least one of the symptoms listed on Card C at the same time as the period of irritability.

Responses other than "yes" skip the subject to the next section.
For the next questions, please think of the two weeks during the past 12 months when you were ill and had the largest number of these other problems. During that two-week period, did you lack energy or feel tired all the time nearly every day, even when you had not been working very hard?
IF R says there was no single two-week period that stands out, say: Then think of the most recent two weeks of this sort.

Option:
1. No
2. DK
3. REF
4. Yes

(During that two-week period) Did you have less appetite than usual almost every day?

Option:
1. No
2. DK
3. REF
4. Yes

(During that two-week period) Did you lose weight without trying to?

IF VOL: "On diet" OR "I tried to lose weight," CODE NO

Option:
1. No
2. DK
3. REF
4. Yes
This question asks the respondent to identify the period of depression in the past 12 months that was accompanied by the largest number of problems (from E2.1c, and listed on Card C). Note that this may not be the 2-week period when the respondent felt most severely depressed, or caused the greatest impairment.

If the respondent can't choose one period of depression as having the largest number of problems, the instructions are to ask the respondent to think about the most recent two-week period of depression.

This question asks about having less appetite than usual during the 2-week period of depression with the largest number of problems listed on Card C.

This question asks about losing weight without trying to. If the respondent volunteers (he/she) was on a diet or was trying to lose weight, code "no."

Responses other than "yes" skip the SP to E8 if E4 was also coded "yes". Otherwise, the SP skips to E6.
How much weight did you lose during that two-week period?

If Response > 100, Enter 100.
If Response=DK, Enter 998.
If Response=REF, Enter 999.

NUMBER OF POUNDS

Did you have a much larger appetite than is usual for you almost every day during that two-week period?

IF V = No only because pregnant, Code No
IF V = Only regained weight lost, Code No

Yes

(During that two-week period) Did you gain weight?

Yes

No
E5a  A respondent may say that (he/she) did lose weight but does not know exactly how much weight was lost in that specific 2-week period. The respondent may only know over the course of a year how much weight (he/she) lost. Probe with: "What is your best estimate?" If the respondent really cannot estimate an approximate number of pounds, code DK: 998 and record any additional information in the comment screen.

All subjects who are asked this question continue with E8.

E6  This question asks about having a larger appetite than is usual (change in status) during the 2-week period.

E7  If the respondent volunteers (he/she) gained weight due to pregnancy or regaining weight loss, code "no."

Responses other than "yes" skip the subject to E8.
Question
How much did you gain during that two week period?

<table>
<thead>
<tr>
<th>Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>&gt; 100, Enter 100.</td>
</tr>
<tr>
<td>= DK, Enter 900.</td>
</tr>
<tr>
<td>= REF, Enter 900.</td>
</tr>
</tbody>
</table>

NUMBER OF POUNDS

---

Question
Did you have a lot more trouble than usual sleeping for these two weeks -- either trouble falling asleep, waking in the middle of the night, or waking up too early?

<table>
<thead>
<tr>
<th>1</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>DK</td>
</tr>
<tr>
<td>3</td>
<td>REF</td>
</tr>
</tbody>
</table>

---

Question
Did this happen every night, nearly every night, or less often during those two weeks?

| 1 | Every night |
| 2 | Nearly every night |
| 3 | Less often |
| 4 | DK |
| 5 | REF |
A respondent may say that (he/she) did gain weight but does not know exactly how much weight was gained in that specific 2-week period. The respondent may only know over the course of a year how much weight (he/she) gained. Probe with: "What is your best estimate?" If the respondent really cannot estimate an approximate number of pounds, code DK: 998 and record any additional information in the comment screen.

Note that any of three kinds of sleeping trouble qualifies in this question: trouble falling asleep, waking in the middle of the night, or waking up too early. At least one of the three has to occur for two weeks, but it does not have to be the same one every night.

Responses other than "yes" skip the subject to E9.

Responses other than "every night" skip the SP to E9.
Did you wake up at least two hours before you wanted to every day during these two weeks?

- 1 Ne
- 2 DK
- 3 REF
- 5 Yes

Did you sleep too much almost every day?

- 1 Ne
- 2 DK
- 3 REF
- 5 Yes

During that two-week period, did you feel particularly bad when you first got up, but felt better later in the day?

- 1 Ne
- 2 DK
- 3 REF
- 5 Yes
E8a Emphasize the words **every day** when reading this question. If the respondent says (he/she) woke up two hours before (he/she) wanted to on some days during the 2-week period (but not every day), the answer should be coded "no."

E9 The frame of reference for this question is "almost every day," as defined by the respondent.

E22 If the respondent says that it occurred in the opposite order, (that (he/she) felt good when (he/she) woke up, but felt bad after the day went on), code "no" and note the response in the comment box.
(During that two-week period) was your interest in sex a lot less than usual?

- No
- DK
- REF
- Yes

(During that two-week period) did you lose the ability to enjoy loving things or experiences that you like? Was something or was being praised or complimented?

- No
- DK
- REF
- Yes

Did you talk or move more slowly than is normal for you almost every day during these two weeks?

- No
- DK
- REF
- Yes
E23  If the respondent indicates (he/she) is not currently sexually active, repeat the question emphasizing your interest in sex.

E2.4  If the respondent says, "I don't know, because nothing good happened during those two weeks," code "no."

E10  Responses other than "yes" skip the subject to E11.
Did anyone else notice that you were talking or moving slowly?

- 1. No
- 2. DK
- 3. REF
- 5. Yes

(During that two-week period) did you have to be moving all the time -- that is, you couldn't sit still and paced up and down or couldn't keep your hands still when sitting?

- 1. No
- 2. DK
- 3. REF
- 5. Yes

Did anyone else notice that you were moving all the time?

- 1. No
- 2. DK
- 3. REF
- 5. Yes
E10a  All respondents who are asked this question skip to E12, regardless of their response to E10a.

E11  Responses other than "yes" skip the subject to E12.

E11a
### Question 1

**Question:** (During the two-week period) did you feel worthless nearly every day?

- **1** No
- **2** DK
- **3** REF
- **4** Yes

### Question 2

**Question:** Did you feel guilty?

- **1** No
- **2** DK
- **3** REF
- **4** Yes
E12

E12a Subjects who answer "yes" to either E12 or E12a continue with E12b. All others skip to E13.
Question:
Was there a particular reason for feeling worthless or guilty?

1. Respondent gives reason
2. DK
3. REF
4. No particular reason

---

Question:
RECORD OPEN ENDED RESPONSE
PROBE: Any other reason?

---

INTERVIEWER QUERY:
Did R feel worthless or guilty only about being impaired by depression?

1. No
2. DK
3. Yes
The interviewer must probe "Any other reason?" until no other reasons given. Record the respondent's answer verbatim.

The symptom being assessed is feelings of worthlessness or excessive or irrational guilt. We need to know if these feelings are caused only by the respondent's distress over the impairment due to the episode of depression. For example, if the respondent says, "I felt worthless because I was so tired all the time that I couldn't get my work done", code "yes." However, if the respondent says, "I felt like my whole life was pointless and that I had always been a burden on my family" or "I thought I was to blame for my brother's suicide because I had been angry with him," the answer would be coded "no."
Question: Did you feel that you were not as good as other people?

1. No
2. DK
3. Yes

Question: Did you have so little self-confidence that you wouldn't try to have your say about anything?

1. No
2. DK
3. Yes

Question: During that two-week period, did you have a lot more trouble concentrating than is normal for you?

1. No
2. DK
3. Yes
The interviewer should emphasize the phrases a lot more and than is normal for you. If the respondent often has trouble concentrating and never had two weeks when the trouble was worse than usual, the interviewer should code "no" because there has not been a change in status of sufficient duration.

Subjects who respond "no" skip to E16. All others continue with E5a.
Were you unable to read things that usually interest you or watch television or movies you usually like because you couldn’t pay attention to them?

1. No
2. DK
3. REF
4. Yes

(During that two-week period, did your thoughts come much slower than usual or seem mixed up?)

1. No
2. DK
3. REF
4. Yes

(During that two-week period, were you unable to make up your mind about things you ordinarily have no trouble deciding about?)

1. No
2. DK
3. REF
4. Yes
(During that two-week period) did you think a lot about death?

- Ne
- DK
- REF

Did you feel so low that you thought about committing suicide?

- Ne
- DK
- REF

Did you make a suicide plan?

- Ne
- DK
- REF

6-788
Did you attempt suicide?

- **1** No
- **2** DK (Don’t Know)
- **3** Yes
NOTE: COMPLEX QUESTION. READ CAREFULLY.

I'm going to review what you told me. You had a period of two weeks or longer when you felt sad, depressed, or empty most of the time, lost interest in most things, or were irritable most of the time. You also had other problems at the same time. For example, you felt tired a lot, gained weight, and had trouble sleeping and had other problems you mentioned.

Think about all the weeks in the past 12 months when you felt sad, depressed, or empty most of the time, lost interest in most things, or were irritable most of the time, and also had some of these other problems nearly every day. About how many weeks of this sort out of 12 did you have in the past 12 months?

IF Response = DK, Enter 99.
IF Response = RE, Enter 99.

NUMBER OF WEEKS
Subjects who meet at least one of the following conditions continue with E66:

Had a 2-week period during the past 12 months when they lacked energy/felt tired all the time even when they had not been working very hard; or

Had a 2-week period during which they had a weight gain/loss of 10 pounds or more; or

Had more trouble sleeping than usual every night or nearly every night; or

Endorsed at least one of the symptoms in E1d, E1e, E2d, E4, E6, E9, E22, E23, E2.4, E10, E11, E12.c or E13-E19.

Read carefully and emphasize weeks as the measurement respondent should come up with. The respondent is asked to think of the time in the past 12 months (he/she) was depressed and had some of the problems listed. If the respondent gives the duration of a single symptom (e.g., I couldn't sleep for 16 months”), (he/she) has missed the intent of the question. The question should be repeated emphasizing the other problems.

If the respondent answers "about 2 weeks," probe to make sure it is 14 days. If the answer is 14 days, code "02" and if the answer is between 7-13 days, code "01." For partial weeks, round down (e.g., 3 ½ weeks is coded "03").

Responses of less than 2 weeks skip the subject to the next section.

Responses of 2-3 weeks or 51-52 weeks skip the subject to E24a.

Responses of 4-50 weeks skip the subject to E24.

Responses of "don't know", "refused" skip the subject to E24.1.
Was this one period or was it two or more periods?

- 1. One period
- 2. Two or more periods

Is this period still going on or has it ended?

- 1. Still going on
- 5. Ended
E24.1 Subjects who report one period continue with E24a.

Subjects who report two or more periods skip to E25.

Subjects who answer "don't know" or refused skip to E26x.

E24a Subjects who report that the period is "still going on", or answer "don't know", "refuse" AND who answer "52 weeks", "don't know", "refuse" in E66 continue with E24b.

Subjects who report that the period is "still going on" AND who respond "2-51 weeks" in E66 skip to E24f.

Subjects who report that the period has "ended" AND who answer "48-52 weeks" in E66 skip to E24e.

Subjects who report that the period has "ended" AND who answer "27-47" weeks in E66 skip to E24c.

Subjects who report that the period has "ended" AND who answer "less than 27 weeks" in E66 skip to E24d.
E24b  Record the length of time the period of (SX) has been going on.

All subjects who are asked this question skip to E24f, regardless of their response to E24b.

E24c  Subjects who respond in the "past month" skip to E24f. All others skip to E24e.

24d  Subjects who respond in the "past month" or "past six months" skip to E24f. All others continue with E24e.
How long did this period go on before it ended?

IF Responder = DK, Enter 998 Years
IF Responder = REF, Enter 999 Years

# OF WEEKS OR MONTHS OR YEARS

1. Year(s)
2. Month(s)
3. Week(s)

Did this period begin just after someone close to you died?

1. No
2. Yes

IF NEC: Who was it that died?

IF MULTIPLE RESPONSES, RECORD ONLY FIRST MENTION.

1. Spouse
2. Child
3. Parent/Stepchild
4. Other relative
5. Nonrelative
E24e

All "yes" responses continue with E24g.

Male subjects and female subjects 50 years or older who respond "no", "refused", or "don't know" skip to E24i.

Female subjects younger than 50 years of age who respond "no", "don't know", or "refused" skip to E24h.

E24f

If more than one person died, code the first person the respondent mentions.

All subjects who are asked E24g skip to E27.
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**Question:**

Did this period begin within a month of you having a baby?

- [ ] No
- [ ] DK
- [ ] REF
- [ ] Yes

- [ ] No
- [ ] DK
- [ ] REF
- [ ] Yes

**Question:**

Did anything else happen shortly before this period began that might have caused it to happen?

- [ ] No
- [ ] DK
- [ ] REF
- [ ] Yes

**Question:**

IF NEC: Briefly, what happened?

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</table>
E26h  If more than one person died, code the first person the respondent mentions.

A "yes" response skips the subject to E27.

E24i  Responses other than "yes" skip the subject to E27.

E24j  All subjects who are asked E24j skip to E27.
Question:

IF NEC: How many periods?

IF Response = DK, Enter 99
IF Response = REF, Enter 99

_____ NUMBER OF PERIODS

Question:

How many weeks, months or years did the first of these periods go on before it ended?

IF Response = DK, Enter 999 Years
IF Response = REF, Enter 999 Years

_____ _____ OF WEEKS OR MONTHS OR YEARS

Question:

Did this first period begin just after someone close to you died?

1. No 2. DK 3. REF

5. Yes

All other responses skip the subject to E26x.

E25a

E25b All "yes" responses continue with E25c.

Male subjects and female subjects 50 years and older who respond "no", "refused", or "don't know", skip to E25e.

Female subjects younger than 50 years of age who respond "no", "don't know", or "refused" skip to E25d.
IF NEC: Who was it that died?

IF MULTIPLE RESPONSES, RECORD ONLY FIRST MENTION.

1. Spouse
2. Child
3. Parent/Sibling
4. Other relative
5. Nonrelative

Did this period begin within a month of you having a baby?

1. No
2. DK
3. REF
4. Yes

Did anything else happen shortly before this period began that might have caused it to happen?

1. No
2. DK
3. REF
4. Yes
E25c If more than one person died, code the first person the respondent mentions.

All subjects who are asked E25c skip to E25g.

E25d Subjects who answer "yes" skip to E25g.

E25e Responses other than "yes" skip the subject to E25g.
**IF NEC:** Briefly, what happened?

**Question:**

**How much time went on between the end of this first period and the beginning of the second?**

**IF Response=DK, Enter 998 Months**  
**IF Response=REF, Enter 999 Months**

___ of days or weeks or months

- Month(s)
- Week(s)
- Day(s)

**Question:** Did you feel OK for at least two months between the two periods?

- Yes
- DK
- REF
- No
E25f

E25g  Responses of less than 8 weeks skip the subject to E25o.

All others continue with E25h.

E25h
Between these two periods, did you have at least two months where you were able to carry out your daily activities and enjoy being with other people as much as before the first period began?

1. No

2. DK

3. REF

4. Yes

Is the second period still going on now or has it ended?

1. Ended

2. DK

3. REF

4. Still going on

How long did it go on before it ended?

If response=DK, enter 998 months
If response=REF, enter 999 months

# of days or weeks or months

1. Month(s)
2. Week(s)
3. Day(s)
Subjects who respond that the second period has "ended" continue with E25p. All others skip to E25j.
When did it end -- in the past month or more than a month ago?

1. Past month
2. More than a month ago

Did this second period begin just after someone close to you died?

1. No
2. Yes

D K
D K
D K
E25q All subjects who are asked E25q skip to E25j.

E25j All "yes" responses continue with E25k.

Male subjects and females 50 years of age and older who respond "no", "don't know", or "refused" skip to E25m.

Females younger than 50 years who respond "no", "don't know", or "refused" skip to E25l.
IF NEC: Who was it that died?

IF MULTIPLE RESPONSES, RECORD ONLY FIRST MENTION.

1. Spouse
2. Child
3. Parent/Sibling
4. Other relative
5. Nonrelative

Did this second period begin within a month of you having a baby?

1. No
2. DK
3. REF
4. Yes

Did anything else happen shortly before this second period began that might have caused it to happen?

1. No
2. DK
3. REF
4. Yes
E25k  If more than one person died, code the first person the respondent mentions.

All subjects skip to E27.

E25l  "Yes" responses skip to E27.

E25m  Responses other than "yes" skip to E27.
IF NEC: Briefly, what happened?

In the past 12 months, what was the longest number of weeks in a row that you felt that way?

RECORD FRACTIONAL RESPONSE ROUNDED TO LOWEST NUMBER OF WEEKS

IF Response=DK, Enter 98
IF Response=REF, Enter 99

NUMBER OF WEEKS

Is the most recent of these 4 periods still going on or has it ended?

☐ 1 Still going on

☐ 2 DK

☐ 3 REF

☐ 5 Ended
E25n  All subjects skip to E27.

E26x

E26  Subjects who report that the period is "still going on" skip to E26c.

Subjects who report that the period "ended" AND who responded "48-52" weeks in E66 skip to E26c.

Subjects who report that the period "ended" and who responded "27-47" weeks in E66 skip to E26a.

Subjects who report that the period "ended" and who report "less than 27" weeks in E66 skip to E26b.
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</table>

**Question:** When did it end -- in the past month or more than a month ago?

1. Past month
2. DK
3. REF
4. More than a month ago

**Question:** When did it end -- in the past month, past six months, or more than six months ago?

1. Past month
2. Past 6 months
3. More than 6 months
4. DK
5. REF

**Question:** In between any of these 4 periods were you feeling OK for at least two months?

1. Yes, did not feel OK between.
2. DK
3. REF
4. No, felt sick between episodes

6-816
E26a All subjects skip to E26c.

E26b

E26c Subjects who respond "no" skip to E26g. All others continue with E26e.
**Question:**
Between these periods, did you have at least two months when you were able to carry out your daily activities and enjoy being with other people as much as before the first period began?

1. No
2. DK
3. Yes

**Question:**
Think about what was going on in your life shortly before each of your 4 periods of being sad, depressed or empty, losing interest in most things or being unable to think. Did any of these 4 periods occur just after someone close to you died?

1. No
2. DK
3. Yes

**Question:**
IF NEC: Who was it that died?

IF MULTIPLE RESPONSES, RECORD ONLY FIRST MENTION.

1. Spouse
2. Child
3. Parent/Sibling
4. Other relative
5. Nonrelative
All "yes" responses continue with E26h.

Males who answer other than "yes" skip to E26l.

Females who answer other than "yes" skip to E26j.
All "yes" responses skip to E27.

Males who answer other than "yes" skip to E26l.

Females who answer other than "yes" skip to E26j.

Subjects who respond other than "yes" skip to E27.
IF NEC: Briefly, what happened?

Think about how your life and activities were affected in the past 12 months by your being sad, depressed or empty, losing interest in most things or being irritable and other related problems. Did these problems interfere with your life or activities -- a lot, some, a little, or not at all?

1. A lot
2. Some
3. A little
4. Not at all

About how many days in the past 12 months were you totally unable to work and carry out your other normal activities because of being sad, depressed or empty, losing interest in most things or being irritable and other related problems? You can answer with any number between 0 and 365.

IF Response=DK, Enter 998
IF Response=REF, Enter 999

NUMBER OF DAYS
E26m   This is an open-ended question allowing the respondent to explain any other events that happened that could have caused depressive periods to begin. Record the respondent's answer verbatim, and probe for clarification as needed.

E27   Subjects who answer "not at all" skip to E28.

Subjects who answer "don't know", or "refused" skip to E27a.

E27a   Responses of 0 days skip the subject to E27b.

Responses of 1 day continue with E27a.1.

All others skip to E27a.2.
Did that day occur in the past 4 weeks?

- [ ] No
- [ ] DK
- [ ] Yes

How many of these 10 days occurred in the past 4 weeks?

- IF Response=DK, Enter 98
- IF Response=REF, Enter 99
- [ ] Number of Days

Not counting the days you were totally unable to work about how many other days in the past 12 months did you cut back either on the amount of work you got done or on the quality of your work because of these problems? (Again, you can use any number between 0 and 365)

- IF Response=DK, Enter 998.
- IF Response=REF, Enter 999.
- [ ] Number of Days
E27a.1  All subjects who are asked E27a.1 skip to E27b.

E27a.2

E27b  Responses of 0 days skip to E27x. All others continue with E27c.
Thinking about that cutback day, on a scale from 0 to 100 where zero means being totally unable to work and 100 means working a full high quality day, what number describes the quantity and quality of your work during that day?

IF Response=DK, Enter 998.
IF Response=REF, Enter 999.

NUMBER BETWEEN 0 AND 100

Did that cutback day occur in the past 4 weeks?

1. No
2. DK
3. REF
4. Yes

How many of these 10 cutback days occurred in the past 4 weeks?

IF Response=DK, Enter 98.
IF Response=REF, Enter 99.

NUMBER OF DAYS
E27c Responses of 1 day continue with E27c.1. All others skip to E27c.2.

E27c.1 All subjects who are asked E27c.1 skip to E27x.

E27c.2
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**Question:**

Not counting the days you were totally unable to work or you cut back on work, about how many other days in the past 12 months did it take an extreme effort to perform up to your usual level at work or at your other normal daily activities because of being sad, losing interest or being unable? (Again, you can use any number between 0 and 365)

- IF Response=DK, Enter 998.
- IF Response=REF, Enter 999.

---

**NUMBER OF DAYS**

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**Question:**

Did that day occur in the past 4 weeks?

- 1  No
- 2  DK
- 3  REF
- 4  Yes

---

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<tr>
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</table>

**Question:**

How many of these 10 days occurred in the past 4 weeks?

- IF Response=DK, Enter 98.
- IF Response=REF, Enter 99.

---

**NUMBER OF DAYS**
E27x Responses of 0 days skip to E27d.

Responses of 1 day continue with E27x.1

All others skip to E27x.2.

E27x.1 All subjects skip to E27d.

E27x.2
And about how many days in the past 12 months did being sad, losing interest or being fatigued and other related problems seriously interfere with your personal or social life? You can answer with any number between 0 and 365.

If Response = DK, Enter 998.
If Response = REF, Enter 999.

NUMBER OF DAYS

Did that day occur in the past 4 weeks?

1. No
   - DK
   - REF

2. Yes

How many of these 10 days occurred in the past 4 weeks?

If Response = DK, Enter 98.
If Response = REF, Enter 99.

NUMBER OF DAYS
E27d  Responses of 0 days skip to E28.

Responses of 1 day continue with E27d.1.

All others skip to E27d.2.

E27d.1  All subjects skip to E28.

E27d.2
In the past 12 months, did you tell a doctor about feeling sad, empty or depressed, losing interest in most things or being irritable?

(by doctor, I mean psychiatrists, other medical doctors, and orthopists.)

1. No
2. DK
3. REF
4. Yes

In the past 12 months, did you tell any other professional about feeling sad, empty or depressed, losing interest in most things or being irritable?

(by other professionals, I mean psychologists, social workers, counselors, nurses, clergy, dentists, chiropractors, beaers and podiatrist.)

1. No
2. DK
3. REF
4. Yes

In the past 12 months, did you take medication more than once for feeling sad, empty or depressed, losing interest in most things or being irritable?

1. No
2. DK
3. REF
4. Yes
This is the series of Probe Flow questions for Major Depression.
In the past 12 months, did feeling sad, empty or depressed, losing interest in most things or being irritable interfere with your life or activities a lot?

1. No
2. DK
3. REF
4. Yes
In the past 12 months, were you feeling sad, empty or depressed, losing interest in most things or being irritable because the result of taking medication, drugs, or alcohol?

- Yes
- No
- DK
- REF

IF NEC: What kind of medication, drug, alcohol caused feeling sad, empty or depressed, losing interest in most things or being irritable?
In the past 12 months, when you told that doctor, what was the diagnosis? What did he/she say was causing feeling sad, empty or depressed, losing interest in most things, or being restless?

- Stress
- Anxiety
- Depression
- Mental illness
- Medication
- Drugs
- Alcohol
- Physical illness
- Physical injury
- No definite diagnosis
- OK
- REF

If NEC: What kind of medication, drug, alcohol caused feeling sad, empty or depressed?
In the past 12 months, was feeling sad, empty or depressed being unstable always the result of taking medication, drugs or alcohol?

- 1 No
- 2 DK
- 3 REF
- 5 Yes

In the past 12 months, when feeling sad, empty or depressed being unstable was not due to taking medication, drugs or alcohol, was it always the result of a physical illness or injury?

- 1 No
- 2 DK
- 3 REF
- 5 Yes
IF NEC: What was the physical illness or injury causing feeling sad, empty or depressed/being irritable?

In the past 12 months, when feeling sad, empty or depressed or being irritable was not due to a physical illness or injury, was it always the result of taking medication, drugs or alcohol?

1. No
2. Yes

Select: OK, REF
In the past 12 months, was feeling sad, empty or depressed or being irritable always the result of a physical illness or injury?

- ( ) No
- ( ) DK
- ( ) REF
- ( ) Yes

IF NEC: What kind of medication, drug, alcohol caused feeling sad, empty or depressed or being irritable?
Can you remember your exact age the very first time in your life you had a period lasting two weeks or longer of being sad, depressed, or empty, losing interest in most things or being irritable and having some of the other problems we reviewed?

1. No
2. DK
3. Yes

IF NEC: How old were you?

IF Response=REF, Enter 99.

___ YEARS OF AGE
E29 The onset question should be asked by the interviewer emphasizing **exact** and **very first**. The question refers to the whole episode (feeling and problems), not individual symptoms.

Responses other than "yes" skip the subject to E29.1.

E29a All subjects skip to the next section.
About how old were you the first time you had a period of this sort?

IF Response=DK, Enter 98.
IF Response=REF, Enter 99.

____ YEARS OF AGE

What's the earliest age you can clearly remember a particular time when you had a period of this sort?

IF Response=DK, Enter 98.
IF Response=REF, Enter 99.

____ YEARS OF AGE
E29.1  This question is asked if the respondent does not remember how old (he/she) was the very first time (he/she) had a period of this sort. The respondent is asked to estimate about how old (he/she) was the first time (he/she) had a period of depression of this sort.

E29.2  This question is very similar to E29. There is a subtle difference (E29 asks the respondent to recall (his/her) exact age at (his/her) first period of depression; and E29.2 asks the respondent to recall the earliest age (he/she) can clearly remember such a period). It is possible that the respondent is aware of having periods of depression at a very young age, but does not remember them clearly.
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6.5 Audio-CASI Sections of the MEC Interview

The audio-CASI section of the MEC interview consists of six sections of questions, which are asked in this format because they contain sensitive topics. Research on the mode of interview indicates that respondents will be more honest and forthcoming in their answers if they can answer a self-administered mode. The audio-CASI allows SPs to both hear and read the questions and to move at their own speed through the sections as they touch the computer screen to indicate their response.

This method of administration is thought to be especially effective in eliciting answers from young people. Therefore, SPs ages 12 to 19 will be administered questions on tobacco and alcohol use in audio-CASI. They will also receive a series of questions on conduct disorder which is part of the CDISC mental health assessment but is self-administered rather than interviewer-administered.

SPs aged 12-59 receive the section on drug use in audio-CASI, and SPs aged 14 to 59 receive the sexual behavior section in audio-CASI. Male SPs 20 years and older are administered a separate audio-CASI kidney section that differs from the CAPI questions on kidney conditions.
WELCOME TO THE NHANES IV AUDIOME C QUESTIONNAIRE!

THE SP, Kelly L McCarthy, IS FEMALE, AND IS 16 YEARS OLD.

THE INTERVIEW WILL BE CONDUCTED WITH THE SP.

These questions are for practice. Please press the button to see the question.
6.5.1 Beginning the Audio-CASI Interview

Depending upon the SP's age and whether s/he is selected for the CIDI half-sample, the computer displays the audio-CASI introductory screen following either the CAPI or mental health portion of the interview. Be sure to confirm the name, age, and gender of the SP on the demographic screen. Touch the "NEXT" button in the lower right hand corner to launch the audio-CASI interview. Turn the screen toward the SP and assist him/her with the practice screens. Have the SP work through the practice screens without the headphones, by listening to the audio through the speakers. Then instruct the SP to put on the headphones, making sure they are comfortable and that the SP can hear the questions before you leave the interview room so s/he can complete the interview in private.
Here is an example of one type of question:

'Are you tired?'

[Image of a button labeled Yes, No, and Clear]

Another type of question requires a number response. Answer by pressing the number buttons on the keypad. 'How many hours did you sleep last night?'

[Image of a keypad with numbers 0-9 arranged in a grid]

[Image of a button labeled Clear]
The specifications that follow are intended to assist you in answering questions that an SP may have in the course of responding to the computer-managed questioning.

The audio-CASI is designed not to provide the respondent with an obvious option of stating that they don't know an answer or refusing to answer. However, there is a nonresponse option for the SP. This option exists in the form of a pop-up screen which appears if the SP presses the "NEXT" button on the screen without answering the question. The pop-up screen will present SPs with three options: the first, that they really meant to answer the question; second, that they don't know the answer; and third, that they don't want to answer the question. Choosing the first response will take the SP back to the original question, while choosing the second or third option will skip the SP forward to the next appropriate question.
To go back to a previous question to change your response, touch the *BACK* button.

Like all of the other questions that you have answered today, your responses will be kept confidential. If you are not sure about an answer, give us your best estimate. If you have any questions about how to use the computer, please ask your interviewer now.
6.5.2 DISC Predictive Scale – Youth Conduct Disorder (YCQ)

The first series of questions in the audio-CASI portion of the MEC interview is a set of eight questions on conduct disorder from the DISC Predictive Scale (DPS). The DISC Predictive Scale is a shorter version of the more comprehensive CDISC mental health assessment. The DPS is suitable for use as a self-administered questionnaire. The DPS youth conduct disorder questions are asked of SPs 12-19 years old.

The DPS does not contain any contingent questions based on SPs' responses to previous items. Each question in the DPS youth conduct disorder series requires a simple "yes" or "no" response.
The next set of questions ask about things you may have done that can get people in trouble.

In the last year, have you been expelled from school for misbehavior - that is, told you could never go back to that school at all?

- Yes
- No
- Clear

In the last year, have you shoplifted - that is, stolen something from a store when you thought no one was looking?

- Yes
- No
- Clear
YCQ030

In the last year, have you lied to get money or something else you wanted?

Yes
No
Clear

YCQ040

In the last year, have you snatched someone’s purse or jewelry?

Yes
No
Clear

YCQ050

In the last year, have you broken something or messed up some place on purpose, like breaking windows, writing on a building, or slashing tires?

Yes
No
Clear
YCQ060
In the last year, have you stolen from anyone else when they weren't around or weren't looking?
Yes
No
Clear

YCQ070
In the last year, have you been physically cruel to an animal and hurt it on purpose?
Yes
No
Clear

YCQ080
In the last year, have you broken into a house, a building, or a car?
Yes
No
Clear
This page left intentionally blank.
The following questions are about cigarette smoking and other tobacco use.

Have you ever tried cigarette smoking, even 1 or 2 puffs?

Yes
No
Clear
6.5.3 Tobacco (SMQ)

The questions in this section cover smoking history and current tobacco use. SPs 12-19 years of age are asked tobacco questions in the audio-CASI section of the interview.

SMQ620 This question identifies respondents who have never tried smoking cigarettes. Notice that the definition of "tried" includes just smoking 1 or 2 puffs. Respondents who respond other than "yes" are skipped to SMQ680.
SMQ630

How old were you when you smoked a whole cigarette for the first time?

<table>
<thead>
<tr>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
</tr>
<tr>
<td>2</td>
</tr>
<tr>
<td>3</td>
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<tr>
<td>4</td>
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<td>5</td>
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<td>6</td>
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<tr>
<td>7</td>
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<tr>
<td>8</td>
</tr>
<tr>
<td>9</td>
</tr>
<tr>
<td>0</td>
</tr>
</tbody>
</table>

NEVER A WHOLE CIGARETTE

SMQ640

During the past 30 days, on how many days did you smoke cigarettes?

<table>
<thead>
<tr>
<th>Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
</tr>
<tr>
<td>2</td>
</tr>
<tr>
<td>3</td>
</tr>
<tr>
<td>4</td>
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<td>6</td>
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<tr>
<td>7</td>
</tr>
<tr>
<td>8</td>
</tr>
<tr>
<td>9</td>
</tr>
<tr>
<td>0</td>
</tr>
</tbody>
</table>

Clear

SMQ650

During the past 30 days, on the days that you smoked, how many cigarettes did you smoke per day?

<table>
<thead>
<tr>
<th>Cigarettes per day</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
</tr>
<tr>
<td>2</td>
</tr>
<tr>
<td>3</td>
</tr>
<tr>
<td>4</td>
</tr>
<tr>
<td>5</td>
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<td>6</td>
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<tr>
<td>7</td>
</tr>
<tr>
<td>8</td>
</tr>
<tr>
<td>9</td>
</tr>
<tr>
<td>0</td>
</tr>
</tbody>
</table>

Clear
SMQ630 This item asks for the age when the sample person first smoked a cigarette. Respondents can enter any age up to and including their age at the time of the interview. Respondents can also respond that they never smoked a whole cigarette. Subjects who have never smoked a whole cigarette skip to SMQ680.

SMQ640 This question is important to quantify the SP's smoking habit by asking the number of days s/he actually smoked over the month prior to the interview.

If the SP did not smoke cigarettes in the past 30 days, s/he is instructed to enter a zero. The program then skips to SMQ670.

SMQ650 This question is important to establish the current intensity of the SPs smoking habit. The SP is asked, on the days that s/he smoked, for the average number of cigarettes smoked.
SMQ077

How soon after you wake up do you smoke? Would you say ...

- within 5 minutes
- from 6 to 30 minutes
- from more than 30 minutes to one hour
- more than one hour
- Clear

SMQ660

During the past 30 days, on the days that you smoked, which brand of cigarettes did you usually smoke?

- Marlboro
- Benson and Hedges
- Camel
- Salem
- Newport
- Some other brand
- Kool
- Clear
- Winston

SMQ664

Were the Camel cigarettes menthol or non-menthol?

- Menthol
- Non-menthol
- Clear
This is the second question that establishes the intensity of the SP's habit. Current smokers are asked to indicate how soon after they wake up they smoke.

The top seven brands used by smokers under age 20 are displayed, and the respondent is asked which one they usually smoke. An "other" option is offered should the SP smoke a brand other than the most popular brands for their age group.

SPs who report smoking Marlboro, Camel, Winston, or Benson and Hedges cigarettes are asked to indicate whether they smoked the menthol or non-menthol type of these cigarettes.

All other SPs skip to SMQ666.
SMQ666

Were the Camel cigarettes regulars, lights, or ultralights?

- Regulars
- Lights
- Ultralights
- Clear

SMQ670

During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

- Yes
- No
- Clear
SMQ666  This question asks the SP to indicate whether his/her usual brand of cigarettes reported in SMQ660 are regular, light, or ultra-light cigarettes.

SMQ670  This question is used to determine if the SP has made any attempt in the past year to quit smoking.
These following questions ask about use of tobacco or nicotine products in the past 5 days.

During the past 5 days, did you use any product containing nicotine including cigarettes, pipes, cigars, chewing tobacco, snuff, nicotine patches, nicotine gum, or any other product containing nicotine?

- No
- Yes
- No
- Clear

Which of these products did you use?

- Cigarettes
- Pipes
- Cigars
- Chewing tobacco
- Snuff
- Nicotine patches, gum, or other nicotine product
  - Clear
This question, and the series that follow it, are used to quantify the level of usage for current users of any type of tobacco product. Remember to read the entire question, even if the subject responds before you have completed reading the entire list of products.

Subjects who respond other than "yes" skip to the next section.

If the SP reports having used any type of tobacco product in the past 5 days, this question asks the SP to specify which types of products s/he has used. The remainder of this question series follows up with questions appropriate only to those products the SP reports using in the past 5 days. The "past 5 days" refers to the current day and the 4 days immediately preceding the interview.
SMQ710

During the past 5 days (including today), on how many days did you smoke cigarettes?

<table>
<thead>
<tr>
<th>Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
</tr>
<tr>
<td>2</td>
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<tr>
<td>3</td>
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<tr>
<td>4</td>
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<td>8</td>
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<tr>
<td>9</td>
</tr>
<tr>
<td>0</td>
</tr>
</tbody>
</table>

Clear

SMQ720

During the past 5 days, on the days you smoked, how many cigarettes did you smoke each day?

<table>
<thead>
<tr>
<th>Cigarettes per day</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
</tr>
<tr>
<td>2</td>
</tr>
<tr>
<td>3</td>
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<tr>
<td>4</td>
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<td>5</td>
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<td>8</td>
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<tr>
<td>9</td>
</tr>
<tr>
<td>0</td>
</tr>
</tbody>
</table>

Clear

SMQ725

When did you smoke your last cigarette? Was it...

Today
Yesterday
3 to 5 days ago
Clear
This question quantifies the smoker's current use of cigarettes. In the 4 days immediately before the interview and the day of the interview, count the number of days the respondent smoked cigarettes, even if s/he took only a few puffs.

This question is asked of all current cigarette smokers to determine the number of cigarettes, not packs, smoked in the past 5 days. Note that one pack contains 20 cigarettes if the SP needs assistance converting number of packs to cigarettes. We are interested in the average number of cigarettes smoked per day, only for those days in the past five that the respondent smoked. If the respondent indicates that s/he smokes more than 95 cigarettes per day on average, enter a response of "95".

This question asks the respondent to indicate when in the past 5 days s/he last smoked a cigarette. Note that the response categories are read as part of the question.
### SMQ740

**During the past 5 days (including today), on how many days did you smoke a pipe?**

<table>
<thead>
<tr>
<th>Days</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>5</td>
<td>6</td>
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<tr>
<td>7</td>
<td>8</td>
<td>9</td>
<td></td>
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<tr>
<td>0</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Clear

### SMQ750

**During the past 5 days, on the days you smoked a pipe, how many pipes did you smoke each day?**

<table>
<thead>
<tr>
<th>Pipes per day</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td></td>
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<tr>
<td></td>
<td>4</td>
<td>5</td>
<td>6</td>
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<td>7</td>
<td>8</td>
<td>9</td>
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<tr>
<td></td>
<td>0</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Clear

### SMQ755

**When did you smoke your last pipe?**

- Today
- Yesterday
- 3 to 5 days ago

Clear
SMQ740  If the respondent indicated that s/he smoked a pipe in the past 5 days, s/he will be asked this question. Refer to the specifications from SMQ710.

SMQ750  Refer to the specifications from SMQ720. If the respondent indicates that s/he smoked less than one full pipe on the days that s/he smoked a pipe, enter '1.'

SMQ755  Follow the specifications for SMQ725.
SMQ770

During the past 5 days (including today), on how many days did you smoke cigars?

<table>
<thead>
<tr>
<th>Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
</tr>
<tr>
<td>2</td>
</tr>
<tr>
<td>3</td>
</tr>
<tr>
<td>4</td>
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<td>5</td>
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<td>6</td>
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<tr>
<td>7</td>
</tr>
<tr>
<td>8</td>
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<tr>
<td>9</td>
</tr>
<tr>
<td>0</td>
</tr>
</tbody>
</table>

Clear

SMQ780

During the past 5 days, on the days you smoked cigars, how many cigars did you smoke each day?

<table>
<thead>
<tr>
<th>Cigars per day</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
</tr>
<tr>
<td>1</td>
</tr>
<tr>
<td>2</td>
</tr>
<tr>
<td>3</td>
</tr>
<tr>
<td>4</td>
</tr>
<tr>
<td>5</td>
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<td>7</td>
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<td>8</td>
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<tr>
<td>9</td>
</tr>
<tr>
<td>0</td>
</tr>
</tbody>
</table>

Clear

SMQ785

When did you smoke your last cigar? Was it...

- Today
- Yesterday
- 3 to 5 days ago

Clear
SMQ770  If the respondent indicated that s/he smoked a cigar in the past 5 days, s/he will be asked this question. Refer to the specifications from SMQ710.

SMQ780  Refer to the specifications from SMQ720. If the respondent indicates that s/he smoked less than one cigar on the days that they smoked a cigar, enter '1.'

SMQ785  Follow the specifications for SMQ725.
SMQ800

During the past 5 days (including today), on how many days did you use chewing tobacco, such as Redman, Levi Garrett or Beechnut?

Days

1 2 3
4 5 6
7 8 9
0

Clear

SMQ815

When did you last use chewing tobacco? Was it...

Today
Yesterday
3 to 5 days ago

Clear

SMQ817

During the past 5 days (including today), on how many days did you use snuff, such as Skoal, Skoal Bandits, or Copenhagen?

Days

1 2 3
4 5 6
7 8 9
0

Clear
SMQ800  This question refers to the use of chewing tobacco. This tobacco-containing product is taken by mouth. The tobacco is not burned. If the respondent indicated that s/he used chewing tobacco in the past 5 days, s/he will be asked this question. Refer to the specifications from SMQ710.

SMQ815  Refer to the specifications from SMQ725.

SMQ817  If the respondent indicated that s/he used snuff in the past 5 days, s/he will be asked this question. Snuff is taken by mouth or rarely, by nose. The tobacco is not burned. Refer to the specifications from SMQ710.
SMQ819

When did you last use snuff? Was it...

- Today
- Yesterday
- 3 to 5 days ago
- Clear

SMQ830

During the past 5 days (including today), on how many days did you use any product containing nicotine to help you stop smoking? Include nicotine patches, gum, or any other product containing nicotine?

<table>
<thead>
<tr>
<th>Days</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>0</th>
</tr>
</thead>
</table>

- Clear

SMQ840

When did you last use a product containing nicotine? Was it...

- Today
- Yesterday
- 3 to 5 days ago
- Clear
SMQ819  Follow the specifications for SMQ725.

SMQ830  This item applies to any nicotine-containing product that the respondent may have used in an effort to stop smoking. Use the specifications from SMQ710.

SMQ840  Follow the specifications for SMQ725.
The following questions ask about alcohol use. This includes beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. This does not include drinking a few sips of wine for religious purposes.

How old were you when you had your first drink of alcohol, other than a few sips?

- I have never had a drink of alcohol, other than a few sips
- 8 years old or younger
- 9 or 10 years old
- 11 or 12 years old
- 13 or 14 years old
- 16 or 17 years old
- 17 years old or older
- Clear
6.5.4 Alcohol Use (ALQ)

This section obtains information on the use of alcohol. Sample persons 12-19 years are asked alcohol-related questions in the audio-CASI format.

ALQ010 This question obtains information on when a respondent had his/her first drink of alcohol other than just a few sips. A "drink" is essentially, what the SP considers a drink to be; for example, a glass or can of beer, a glass of wine, a shot of hard liquor, or a mixed drink. Note that there is a response option that allows an SP to indicate that s/he has never had a drink of alcohol. The SP is presented with several age ranges.
ALQ021

During your life, on how many days have you had at least one drink of alcohol?

<table>
<thead>
<tr>
<th>Days</th>
<th>Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>20 to 39 days</td>
</tr>
<tr>
<td>1 or 2 days</td>
<td>40 to 99 days</td>
</tr>
<tr>
<td>3 to 9 days</td>
<td>100 or more days</td>
</tr>
<tr>
<td>10 to 19 days</td>
<td>Clear</td>
</tr>
</tbody>
</table>

ALQ031

During the past 30 days, on how many days did you have at least one drink of alcohol?

<table>
<thead>
<tr>
<th>Days</th>
<th>Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>10 to 19 days</td>
</tr>
<tr>
<td>1 or 2 days</td>
<td>20 to 29 days</td>
</tr>
<tr>
<td>3 to 5 days</td>
<td>all 30 days</td>
</tr>
<tr>
<td>6 to 9 days</td>
<td>Clear</td>
</tr>
</tbody>
</table>

ALQ041

During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

<table>
<thead>
<tr>
<th>Days</th>
<th>Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 days</td>
<td>6 to 9 days</td>
</tr>
<tr>
<td>1 day</td>
<td>10 to 19 days</td>
</tr>
<tr>
<td>2 days</td>
<td>20 or more days</td>
</tr>
<tr>
<td>3 to 5 days</td>
<td>Clear</td>
</tr>
</tbody>
</table>
ALQ021  Note that this question asks for the number of days in the SP's life that s/he had at least one drink of alcohol. Response categories presented are ranges in the number of days. Responses of zero days skip the subject to the end of the alcohol section.

ALQ031  This question narrows the reference period to the past 30 days. Note that there is a response option of "all 30 days." Responses of zero days skip the subject to the end of the alcohol section.

ALQ041  This item obtains information on potential alcohol abuse and problem drinking. Note that it asks for the number of days in the past 30 on which five or more drinks were consumed.
The following questions ask about drug use.

Have you *ever* tried marijuana?

[Yes, No, Clear]
6.5.5 Drug Use (DUQ)

This section is administered to SPs aged 12 to 59: SPs under 18 years of age are administered questions DUQ020 through DUQ070 and DUQ120, while SPs 18 and older are administered DUQ100 through DUQ130.

DUQ020 Questions DUQ020 through DUQ040 refer specifically to the use of marijuana. The definition of marijuana for the purposes of this survey include "hash," "pot," or "grass," or any other references to the Cannabis plant. The phrase "tried marijuana" refers to either smoking or eating marijuana.
DUQ030

How old were you when you tried marijuana for the first time?

Age

1  2  3
4  5  6
7  8  9
0

Clear

DUQ040

During your life, how many times have you used marijuana?

1 or 2 times
3 to 9 times
10 to 19 times
20 to 39 times
40 to 99 times
100 or more times
Clear

DUQ050

Have you ever tried any form of cocaine, including crack or freebase?

Yes
No
Clear
DUQ030  SPs indicating that they have tried marijuana are asked the age at which they tried it for the first time.

DUQ040  This question asks the SP to estimate his/her lifetime usage of the drug.

DUQ050  This question refers to the use of cocaine, in any of its forms, and in any manner in which it is used.
DUQ060

How old were you when you tried any form of cocaine, including crack or freebase for the first time?

Age

1  2  3  4  5  6  7  8  9  0

Clear

DUQ070

During your life, how many times have you used cocaine?

Times

1  2  3  4  5  6  7  8  9  0

Clear
SPs indicating that they have tried cocaine are asked the age at which they tried it for the first time.

This question asks the SP to estimate lifetime usage of the drug.

SPs skip to DUQ120.
The following questions ask about drug use.

Have you ever used cocaine, including crack or freebase, or other street drugs? Do not include marijuana.

Yes
No
Clear

Have you ever, even once, used crack cocaine in chunk or rock form?

Yes
No
Clear
DUQ100  This is the first question for SPs age 18 and over. It screens SPs who have used harder drugs such as cocaine. Marijuana users should not answer "yes" to this question. If an SP has never used drugs other than marijuana, they are asked no further questions in this section.

DUQ105  This item obtains information about lifetime usage of one particular form of cocaine. The chunk or rock form of cocaine is a ready-to-use freebase that is smoked and produces an almost immediate high.
DUQ110

In the past 12 months, how many days have you used cocaine, including crack or freebase, or other street drugs?

Days

1 2 3
4 5 6
7 8 9
0

Clear

DUQ120

Have you ever used a needle to take street drugs?

No
Yes
No
Clear

DUQ130

In the past 12 months, how many days have you used a needle to take street drugs?

Days

1 2 3
4 5 6
7 8 9
0

Clear
DUQ110  This question obtains information regarding the current drug use habit of the SP. The SP is likely to make a best guess in response to this question.

DUQ120  This item asks if the SP has ever used a needle to inject street drugs, such as cocaine or heroin. SPs in both age groups (12-17 years and 18 years and older) are asked this question.

DUQ130  This question obtains information regarding the current injection drug use habit of the SP. The SP may make a best guess in response to this question.
The next set of questions is about your sexual behavior. By sex we mean vaginal, oral, or anal sex. Please remember that your answers are strictly confidential.

SXQ020

Have you ever had sex?

- Yes
- No
- Clear

SXQ020
6.5.6 Sexual Behavior (SXQ)

This section in the audio-CASI is prefaced by a reassurance of confidentiality, as the questions in this section deal with very private issues. The section is administered to all SPs 14 to 59 years old. If an SP chooses to refuse to complete this section, you may have to reenter the room and terminate the audio-CASI. If you encounter this situation, right clicking on the mouse will cause an exit screen to pop-up. Enter "yes" and proceed with completing the audio-CASI status screen, making sure to enter "SP Refusal" in the comment box.

SXQ020 This question screens out individuals who have never had sex as defined in the question. These SPs will go to SXQ280 if they are male. If they are female and 18-59 years old, they go to SXQ290. If they are female and 14-17 years, they will go to the end of the section.
SXQ030

How old were you when you had sex for the first time?

Age

0 1 2 3 4 5 6 7 8 9

Clear

SXQ040

During your life, with how many people have you had sex?

People

0 1 2 3 4 5 6 7 8 9

Clear

SXQ050

The last time you had sex, did you or your partner use a condom?

Yes
No
Clear
SXQ030  This item obtains the age of the SP when they first had sex.

SPs under the age of 18 continue with the next two questions. SPs age 18 and over skip to SXQ100 if female, SXQ170 if male.

SXQ040  This question asks the SP to indicate the total number of different partners with whom s/he has had sex.

SXQ050  This question obtains information on condom usage, the last time the SP had sex.
SXQ100

*In your lifetime, with how many men have you had sex?*

- **Men**
  - 1
  - 2
  - 3
  - 4
  - 5
  - 6
  - 7
  - 8
  - 9
  - 0

*Clear*

SXQ120

*In the past 12 months, with how many men have you had sex?*

- **Men**
  - 1
  - 2
  - 3
  - 4
  - 5
  - 6
  - 7
  - 8
  - 9
  - 0

*Clear*

SXQ130

*In your lifetime, with how many women have you had sex?*

- **Women**
  - 1
  - 2
  - 3
  - 4
  - 5
  - 6
  - 7
  - 8
  - 9
  - 0

*Clear*
SXQ100 If the SP is female and at least 18 years of age, she is asked for the total number of men with whom she has had sex in her entire lifetime.

SXQ120 If the female SP indicated in the previous question that she had at least one male partner, she is asked to indicate the number of men with whom she has had sex in the past 12 months.

SXQ130 If the SP is female and 18 years of age or older, she is asked for the total number of women with whom she has had sex in her entire lifetime.
SXQ150

In the past 12 months, with how many women have you had sex?

<table>
<thead>
<tr>
<th>Women</th>
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</thead>
<tbody>
<tr>
<td>1</td>
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<td>2</td>
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<td>3</td>
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<tr>
<td>9</td>
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<td>0</td>
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</tbody>
</table>

Clear

SXQ170

In your lifetime, with how many women have you had sex?

<table>
<thead>
<tr>
<th>Women</th>
</tr>
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<tbody>
<tr>
<td>1</td>
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<td>2</td>
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<td>3</td>
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<td>9</td>
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<tr>
<td>0</td>
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</tbody>
</table>

Clear
SXQ150  If the female SP indicated in the previous question that she had at least one female sexual partner, she is asked to indicate the number of women with whom she has had sex in the past 12 months. The skip pattern for a female SP then goes to either SXQ235 or SXQ255, based upon the number and gender of her partners.

Male SPs age 18 or older skip to this question from SXQ030. A male SP is asked the same questions as a female SP, but in reverse order.

SXQ170  If the SP is male and over 20 years old, he is asked for the total number of women with whom he has had sex in his entire lifetime.
SXQ190  If the male SP indicated in the previous question that he had at least one female sexual partner, he is asked to indicate the number of women with whom he has had sex in the past 12 months.

SXQ200  If the SP is male and 18 years or older, he is asked for the total number of men with whom he has had sex in his entire lifetime.

SXQ220  If the male SP indicated in the previous question that he had at least one male sexual partner, he is asked to indicate the number of men with whom he has had sex in the past 12 months.
SXQ235

For this survey, we use the term "main sexual partner" to describe someone who is your spouse, lover, or anyone else you feel committed to or have a special relationship with. The last time you had sex, was it with your main sexual partner?

Yes  No    Clear

SXQ241

In the past 30 days, with how many people have you had sex?

Partners

1  2  3
4  5  6
7  8  9
0    Clear

SXQ250

In the past 30 days, how many times have you had sex without using a condom?

Times

1  2  3
4  5  6
7  8  9
0    Clear
The next skip pattern determines whether the SP is administered questions SXQ235 and SXQ241. A female SP who has never had a male partner, or who has lifetime partners of one or less, skips these next two questions. A male SP with one or less partners also skips these two questions.

SXQ235 This item asks SPs to indicate whether their most recent sexual experience was with their main sexual partner. The term “main sexual partner” is defined for the SP.

SXQ241 This item obtains information on the SP's sexual behavior in the past 30 days, by asking for the total number of people s/he had sex with during that time. Responses of none, don't know, or refusals skip the SP past the follow-up question SXQ250.

SXQ250 SPs indicating they had at least one partner in the past 30 days are asked how many times in the past 30 days they had unprotected sex, that is, without a condom.
SXQ255

Sexually transmitted diseases include HIV, genital warts, gonorrhea (also called clap or GC), chlamydia and syphilis. What is the chance that you currently have HIV or any other sexually transmitted disease? Would you say...

- high
- medium
- low
- none
- Clear

SXQ260

Has a doctor or other health care professional ever told you that you had genital herpes?

- Yes
- No
- Clear

SXQ265

Has a doctor or other health care professional ever told you that you had genital warts?

- Yes
- No
- Clear
All SPs who have indicated that they have ever been sexually active are asked a series of questions regarding sexually transmitted diseases.

SXQ255  This item asks the SP to indicate the likelihood that s/he has any type of sexually transmitted disease.

Questions SXQ260 and SXQ265 ask the SP if a health care professional has ever told them that they had these conditions.

SXQ260  Genital herpes is a highly contagious venereal disease of the genitalia of either sex.

SXQ265  Genital warts are an elevation of viral origin upon the skin of the genitalia.
In the past 12 months, has a doctor or other health care professional told you that you had gonorrhea, sometimes called GC or clap?

Yes
No
Clear

In the past 12 months, has a doctor or other health care professional told you that you had chlamydia?

Yes
No
Clear
SPs who have indicated that they have ever been sexually active are then asked if a health care professional has ever told them that they had these conditions in the past 12 months.

SXQ270  Gonorrhea, GC, or clap, is an infectious disease of the genital tract, rectum or cervix, transmitted chiefly by sexual intercourse.

SXQ272  Chlamydia is a venereal disease of the genital tract or cervix caused by the organism chlamydia trachomatis.
Are you circumcised or uncircumcised?

Circumcised  Uncircumcised

Do you think of yourself as...

- heterosexual or straight (attracted to women)
- homosexual or gay (attracted to men)
- bisexual (attracted to men and women)
- something else
- not sure
- Clear

Do you think of yourself as...

- heterosexual or straight (attracted to men)
- homosexual or lesbian (attracted to women)
- bisexual (attracted to men and women)
- something else
- not sure
- Clear
SXQ280  All male SPs, regardless of age, answer question SXQ280. Circumcision is the surgical process of removing the foreskin of the penis. This procedure, if done, is performed on babies, often within a few days of being born.

SXQ292  Male SPs 18-59 years of age are asked SXQ292. This question asks the subject to indicate his sexual orientation. Gender appropriate definitions of the terms are provided in the verbal instructions with abbreviated definitions included on the screen. "Not sure" is a valid response category for this item.

SXQ294  SXQ294 asks female SPs 18-59 years of age to indicate their sexual orientation. Gender appropriate definitions of the terms are provided in the verbal instructions with abbreviated definitions displayed on the screen. “Not sure” is a valid response option for this item.
The next set of questions is about men's health including urinary and prostate problems. The prostate is a gland located just below the bladder.

**KIQ081**

**Do you usually have trouble starting to urinate (pass water)?**

- Yes
- No
- Clear

**KIQ101**

**After urinating (passing water), does your bladder feel empty?**

- Yes
- No
- Clear
6.5.7 Kidney Conditions (KIQ)

The kidney section of the audio-CASI interview consists of questions related to prostate health. It is administered to men 20 years of age and older.

SPs 40 years and older get asked KIQ081 and KIQ101. SPs 20-39 years of age begin this section with KIQ106.

KIQ081 This item asks SPs to indicate whether they have difficulty initiating urine flow.

KIQ101 KIQ101 asks the SP to report whether, after urinating, it feels as if he has completely emptied his bladder.
KIQ106

Have you ever been told by a doctor or health professional that you have any disease of the prostate? This includes an enlarged prostate.

- Yes
- No
- Clear

KIQ121

Have you ever been told by a doctor or health professional that you had an enlarged prostate gland?

- Yes
- No
- Clear

KIQ141

Was it a benign enlargement - that is, not cancerous, also called benign prostatic hypertrophy?

- Yes
- No
- Clear
KIQ106  Item KIQ106 asks SPs to indicate if a doctor or other health professional has diagnosed them with having any disease of the prostate, including an enlarged prostate.

SPs 20-39 years of age skip to KIQ400. All others continue with KIQ121.

KIQ121  This item asks specifically about a diagnosis of enlarged prostate. SPs who respond “No” to this question skip to KIQ321.

KIQ141  SPs who report having been diagnosed with an enlarged prostate gland are asked to indicate whether it is a benign enlargement. SPs who respond “No” to this item skip to KIQ181.
How old were you when you were first told that you had benign enlargement of the prostate gland?

Age
1 2 3
4 5 6
7 8 9
0
Clear

Was the enlargement due to cancer?

Yes
No
Clear

Have you ever had a blood test that your doctor told you was being used to check for prostate cancer, called PSA, or Prostate Specific Antigen?

Yes
No
Clear
Subjects who report having benign prostatic hypertrophy in KIQ141 are asked to indicate their age at the time they were diagnosed.

Only subjects who respond “No” in KIQ141 are asked to indicate whether their enlarged prostate was caused by cancer.

Subjects 40 years and older are asked whether they have ever had the Prostate Specific Antigen, or PSA, blood test.
KIQ341

Have you ever had a rectal examination? A rectal exam is when a finger is inserted in the rectum or bottom to check for problems.

Yes
No
Clear

KIQ361

Was this done to check for prostate cancer?

Yes
No
Clear

KIQ381

Was this done to check for blood in the stool?

Yes
No
Clear
KIQ341  This item asks SPs to indicate whether they have ever had a rectal exam performed by a doctor or other medical professional, regardless of the reason for the exam. A definition of the procedure is included in the question. Subjects who respond other than “Yes” skip to the final item, KIQ400.

KIQ361  This question probes one reason for which a rectal exam might have been performed.

KIQ381  This item probes a second reason why this exam might have been performed.
Many men experience problems with sexual intercourse. How would you describe your ability to get and keep an erection adequate for satisfactory intercourse? Would you say that you are...

- always or almost always able
- usually able
- sometimes able
- never able
- Clear
All male SPs 20 years or older get asked this question related to erectile dysfunction. SPs are asked to quantify their ability to get and maintain an erection adequate for satisfactory intercourse.
Thank you for participating in this survey.

Please let the interviewer know you are finished.

YOU HAVE COMPLETED THE NHANES IV MEC QUESTIONNAIRE. DO YOU WISH TO END THE INTERVIEW FOR THIS CASE?

Yes

No
Ending the Audio-CASI Interview

After the SP notifies you that s/he has completed the audio-CASI portion of the interview, you will return to the interview room to close out the interview and to advise the SP where s/he will proceed next.

Turn the computer so that it is facing you and click on the "NEXT" button in the lower right hand corner of the final audio-CASI interview screen.

Unless the SP indicates a need to back-up or change an answer, click on "yes" and "NEXT" to proceed to the next screen.
Click on "Forms" and then "EXIT" to exit the interview and proceed to the audio-CASI section status screen.
7. MENTAL HEALTH REFERRALS

This chapter describes the role of the MEC interviewer in identifying and documenting situations that warrant a referral to the MEC physician.

7.1 Referral Procedures

Certain information volunteered or reported during the mental health interview should prompt a referral to the Mobile Examination Center (MEC) physician. These situations are listed in Section 7.2. MEC interviewers will send a mental health observation via ISIS to the physician. ISIS will alert them that the examinee needs to see the physician prior to leaving the MEC. The physician is responsible for assessing the mental health problem and facilitating a referral, as needed.

7.2 Situations Requiring a Mental Health Referral

Adults 20-39 years of age should be referred to the MEC physician prior to leaving the examination center in the following circumstances:

- During CIDI interview, participant reported a time when he/she thought a lot about committing suicide and that time period is still going on. (Questions E19 and E24a or E25o).
- During CIDI interview, participant reported a time when he/she attempted suicide and that time period is still going on. (Question E20 and E24a or E25o).
- Participant becomes visibly upset while answering questions about suicide (e.g. crying, unable to answer questions).
- Participant who makes homicidal threats.

Youths 8-19 years of age should be referred to the MEC physician prior to leaving the examination center in the following circumstances:

- During CDISC interview, the youth reports he/she has thought seriously about killing him/herself during the last four weeks (21 and 21D).
During CDISC interview, the youth reports he/she has tried to kill him/herself during the last four weeks (22 and 22G).

Youth becomes visibly upset while answering questions about suicide (e.g. crying, unable to answer questions).

Youth who makes homicidal threats.

Youth 8-17 years of age who voluntarily discloses he/she has been sexually or physically abused in the recent past (i.e., during the last four weeks).

### 7.3 Generating a Mental Health Observation

Whenever you encounter any of the situations listed in Section 7.2, you must enter a mental health observation. You should generate the observation immediately after closing out the mental health portion of the interview, prior to recording a CIDI or CDISC section status.

To enter an observation, click on “Utilities” on the main tool bar and select “Observations” (Exhibit 7-1).
The system will display an observation box (Exhibit 7-2). Type in the appropriate two-character alphanumeric observation code. A laminated card listing the various situations requiring a referral and the corresponding observation codes are provided with your interviewer materials (Exhibit 7-3). You may enter additional comments in the box if they will assist the physician in understanding the situation. The observation box accommodates up to 255 characters of text.

Exhibit 7-2. Observation Box
1999 NHANES
Mental Health Referral Form

SPID: ___________  Name ___________________________  Date: ___________

Reason for referral to MEC Physician:

○ Participants 20-39 years of age

A 1  o  Participant reported a time when he/she has thought a lot about committing suicide and that time period is still going on.

A 2  o  Participant reported a time when he/she attempted suicide and that time period is still going on.

A 3  o  Participant became visibly upset while answering questions about suicide (e.g. crying, unable to answer questions).

A 4  o  Participant made a homicidal threat.

☑ Youth 8-19 years of age

B 1  o  Youth reported he/she has thought seriously about killing him/herself during the last four weeks.

B 2  o  Youth reported he/she has tried to kill him/herself during the last four weeks.

B 3  o  Youth became visibly upset while answering questions about suicide (e.g. crying, unable to answer questions).

B 4  o  Youth made a homicidal threat.

B 5  o  Youth voluntarily disclosed he/she has been sexually or physically abused in the recent past (i.e., during the last four weeks).
Additional information:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
8. QUALITY CONTROL

Quality control for the MEC Interview consists of three main activities: data edits, observation/review of actual interviews, and data monitoring and review.

8.1 Data Edits

The MEC Interview data are keyed directly into an automated data entry system. Each of the three main sections of the MEC Interview (CAPI, Mental Health, and audio-CASI) contains built-in error and consistency checks, although the number and type of checks varies across the sections. Checks may include range and valid response checks, skip pattern or branching checks, and checks for logical relationships. Depending upon the section, checks may be either soft or hard edits. Soft edits alert the interviewer to a potential error or problem but allow the interviewer to proceed after confirming that the entered value(s) are correct. Hard edits prohibit the interviewer from continuing with the interview until the error has been corrected.

8.2 Observation and Review of Interviews

NHANES home office staff and consultants will observe a small number of live interviews for each MEC interviewer. The purpose of the observations is to determine whether appropriate interviewing techniques are being used. The observer will refer to a standard checklist of items (Exhibit 8-1) against which the interviewer will be evaluated. Among the items the observer will assess are ability to gain and maintain rapport, use of appropriate probes, ability to respond to SP questions, and accurate entry of data.

Interviewers will be asked to tape record additional interviews for review by home office staff. Recorded interviews will be returned to the home office on a weekly basis and evaluated using the same evaluation criteria as for interviews that are observed live.

Any problems identified during either observation or review of recorded interviews will be brought to the interviewer’s attention and corrected.
Exhibit 8-1. NHANES MEC Interviewer Evaluation Form

<table>
<thead>
<tr>
<th></th>
<th>satisfactory</th>
<th>unsatisfactory</th>
<th>comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. COMFORT WITH COMPUTER</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. General ease with computer</td>
<td></td>
<td></td>
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<tr>
<td>2. Uses appropriate function/navigational keys</td>
<td></td>
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<tr>
<td>B. INTERVIEWER CHARACTERISTICS</td>
<td></td>
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</tr>
<tr>
<td>1. Manner (is friendly yet professional)</td>
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<tr>
<td>2. Rapport (effectively engages respondent)</td>
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<tr>
<td>3. Eye contact (maintains eye contact)</td>
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<tr>
<td>4. Overall comfort with interview contents/materials</td>
<td></td>
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<tr>
<td>C. GENERAL ADMINISTRATION</td>
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<td></td>
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</tr>
<tr>
<td>1. Gives appropriate instructions to respondent</td>
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<tr>
<td>2. Answers respondent’s questions clearly and accurately</td>
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<tr>
<td>3. Reads questions as written</td>
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<tr>
<td>4. Reads questions with expression</td>
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<tr>
<td>5. Reads questions clearly and with appropriate volume</td>
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<tr>
<td>6. Adjusts pace of interview to accommodate respondent</td>
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<tr>
<td>7. Identifies “active” part of questions (including time period)</td>
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<tr>
<td>8. Backs up in interview when appropriate</td>
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<tr>
<td>9. Processes interviewer instructions correctly</td>
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<tr>
<td>10. Uses note functions as appropriate</td>
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<tr>
<td>11. Uses hand cards/interviewer materials as appropriate</td>
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<tr>
<td>D. PROBING</td>
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<tr>
<td>1. Listens to entire answer</td>
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<tr>
<td>2. Listens for what may not be said and probes</td>
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<tr>
<td>3. Probes unclear responses</td>
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<tr>
<td>2. Uses nondirective probes</td>
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<tr>
<td>E. CDISC</td>
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<tr>
<td>1. Construction of timeline(s)</td>
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<tr>
<td>2. Use of timelines as an interview aid</td>
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<tr>
<td>3. Uses mental health referral form as appropriate</td>
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<tr>
<td>F. CIDI</td>
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<tr>
<td>1. Codes interviewer queries correctly</td>
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<td></td>
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<tr>
<td>2. Uses mental health referral form as appropriate</td>
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<tr>
<td>G. ACASI</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>1. Changes ear covers for each respondent</td>
<td></td>
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<tr>
<td>H. Critical Data Items</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>1. Asks items as needed</td>
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</tbody>
</table>
Procedures for Audiotaping the Interview

Each interviewer will tape one interview per week according to the following procedures:

1. Refer to the appropriate MEC Interview Taping Schedule to determine which subjects have been identified for audiotaping. An example is shown in Exhibit 8-2. The schedule assumes that each interviewer on a team will conduct four interviews per session. If, for any reason, you are unable to tape the selected interview (e.g., SP refuses, insufficient SPs, other reason), you should attempt to tape the next available interview.

2. Before logging the SP into the interview, inform the SP (parent/guardian, as appropriate) that you would like to record the interview by reviewing the statement on the top of the permission form (Exhibit 8-3). If the SP (parent/guardian) agrees, have the SP (parent/guardian) sign and date the form in the space provided. Sign your name, date the form, print the SP’s name, and print the SP ID number in the appropriate spaces.

**NOTE:** A parent or guardian must sign the form for children 17 years of age or younger.

3. Log the SP into the MEC Interview and begin recording. Read the script for obtaining recorded permission of taping (Exhibit 8-4). If the SP (parent/guardian) provides verbal permission as well as written, you may continue recording the interview. Record only one interview per audiotape. If you need to switch sides in the event of an unusually long interview, try to do so between interview sections. Tape the introduction to the audio-CASI section and the practice questions, but DO NOT tape the actual audio-CASI questions. Also, DO NOT tape the contact information for the CDISC parent telephone interview or the critical data information.

4. At the end of taping, obtain verbal permission to keep the tape by reading the scripted statement. If the SP (parent/guardian) denies permission to retain the tape, destroy the tape immediately in his/her presence.

5. Label the completed audiotape with the examination date, session, and your initials. Do not label the tape with the SP ID number. If the interview was conducted in Spanish, indicate this on the label.

6. Immediately place the completed audiotape in a labeled mailing envelope and seal it.

7. As soon as possible after the interview, give the envelope and the completed permission form to the MEC manager. The MEC manager is responsible for keeping the items in a locked cabinet until they are given to the Field Office.
Exhibit 8-2. Sample taping schedule

YEAR 1 MEC INTERVIEW TAPING SCHEDULE - TEAM 1

<table>
<thead>
<tr>
<th>STAND 103</th>
<th>DAY 1</th>
<th>DAY 2</th>
<th>DAY 3</th>
<th>DAY 4</th>
<th>DAY 5</th>
<th>DAY 6</th>
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</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>SP 1</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Week 2</td>
<td></td>
<td>SP 4</td>
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<tr>
<td>Week 3</td>
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<td>SP 2</td>
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<tr>
<td>Week 4</td>
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<td>SP 1</td>
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<tr>
<td>Week 5</td>
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<td>SP 4</td>
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<table>
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<th>STAND 105</th>
<th>DAY 1</th>
<th>DAY 2</th>
<th>DAY 3</th>
<th>DAY 4</th>
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<tbody>
<tr>
<td>Week 1</td>
<td>SP 2</td>
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<tr>
<td>Week 2</td>
<td></td>
<td>SP 4</td>
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<tr>
<td>Week 3</td>
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<td>SP 1</td>
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<tr>
<td>Week 4</td>
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<td></td>
<td></td>
<td>SP 1</td>
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<tr>
<td>Week 5</td>
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<td>SP 2</td>
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<table>
<thead>
<tr>
<th>STAND 103</th>
<th>DAY 1</th>
<th>DAY 2</th>
<th>DAY 3</th>
<th>DAY 4</th>
<th>DAY 5</th>
<th>DAY 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td></td>
<td>SP 1</td>
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Exhibit 8-3. Taping permission form

National Health and Nutrition Examination Survey (NHANES)
Permission to Audiotape the MEC Interview

We would like to tape record your/your child's interview so that survey staff may check the quality of my work. You may allow us to record the interview or not. That is your choice. As with all of the examination procedures, the information on the audiotape is protected and kept confidential. Once the interview begins, you may stop the audiotaping at any time. At the end of the interview, you may request to have the audiotape destroyed.

I have read the information above. I freely choose to let survey staff tape record the interview.

__________________________  ______________________
Signature of participant      Date

__________________________  ______________________
Signature of parent or guardian Date
(Required if the participant is 17 years and younger)

__________________________  ______________________
Signature of interviewer      Date

Print name of participant
__________________________  ______________________  __________________
First                      Middle                      Last
Exhibit 8-4. Scripts for obtaining recorded permission

**Script for Obtaining Recorded Permission of Taping**

The audiotape is now recording our conversation. Do I have your permission to record this interview? This recording will only be used to review the quality of my work.

*If Respondent answers Yes: Continue the taping of the interview.*

*If Respondent answers No: Stop the taping immediately, then proceed with the interview.*

**Script for Obtaining Recorded Permission of Keeping the Tape**

We have now completed the recording of the interview. Do I have your permission to keep this tape?

*If Respondent answers Yes: Keep the tape and send it back to the home office as instructed.*

*If Respondent answers No: Destroy the tape immediately in the presence of the SP.*
8. Complete the MEC Interview QC Recording Log (Exhibit 8-5). Completed the log for each interview selected for audiotaping, regardless of the outcome, following the procedures outlined below.

a. Print the SP ID number in column 1.

b. Indicate the SP type in column 2. “P” is the designation for a primary SP and “A” is for an alternate SP. Enter “P” if the SP is the SP identified on the taping schedule. Enter “A” if the SP is other than the primary SP.

c. Enter the date of the interview in column 3.

d. Indicate whether the session was a morning, afternoon, or evening session by entering “a.m.,” “p.m.,” or “eve” in column 4.

e. Indicate whether the interview was recorded by entering “Y” for yes or “N” for no in column 5.

f. Indicate whether the interview was done in Spanish by entering “Y” for yes or “N” for no in column 6.

g. Enter the reason code in column 7 for all interviews that should have been taped and were not recorded. Leave this column blank for interviews that are successfully recorded.

Refusal (Code 1) – Enter a code of “1” if the subject (parent/guardian) did not grant permission for you to tape the interview.

Equipment/Software Failure (Code 2) – Enter “2” if there was any type of equipment failure. This includes situations where the tape recorder malfunctions or your computer/application malfunctions and you are unable to administer any portion of the interview. If the computer/application malfunctions after you have initiated the interview and you have recorded up to the point where the equipment/application fails, code “Y” in column 5 and leave column 7 blank.

Interviewer Error (Code 3) – Enter “3” for interviewer error, that is, you forgot to tape the selected interview.

Insufficient SPs (Code 4) – Enter “4” when too few SPs are interviewed during the session for you to record the selected interview.

Other (Code 5) – Enter “5” for any other reason and offer a brief explanation of what occurred.

h. Print your initials in column 8.

9. At the end of each stand, send completed logs to the home office.
Exhibit 8-5. QC Recording Log

<table>
<thead>
<tr>
<th>SP ID</th>
<th>SP Type (P/A)</th>
<th>Date</th>
<th>Session (am/pm/eve)</th>
<th>Interview Recorded (Y/N)</th>
<th>Spanish Interview (Y/N)</th>
<th>Reason (Codes 1-4)</th>
<th>Interviewer</th>
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Reason Codes:
1 = Refusal
2 = Equipment Failure
3 = Interviewer Error
4 = Insufficient SPs
5 = Other
8.3 Data Monitoring and Review

The home office will evaluate completed MEC interviews to look for problem interviews (incompletes, refusals, extremely long interviews, etc.), additional interviewer notes, and comments. Home office staff will also review administrative data generated by the ISIS to assist in the identification of problem interviews and in the assessment of interview administration times.
APPENDIX A

SPANISH MEC INTERVIEW
Section A.1

Launching the Spanish MEC Interview
The wrapper and each of the four main sections of the MEC Interview have their own set of procedures for launching the Spanish version of the interview. Some sections allow you to toggle easily between Spanish and English. Others allow you to select either the Spanish or English version when the section is first launched but, once launched, you cannot switch languages. Procedures for each section are described below.

A.1.1 Launching the Wrapper

Open a new exam for the selected SP. Select Utilities from the menu bar and then click on Spanish.

Selecting Spanish will launch the Spanish version of the wrapper screens and will set the Audio-CASI portion of the interview to Spanish. To switch back to English, select Utilities and English.
A.1.2 Launching the CAPI Interview

At the SPProxy/Verify screen, select Options (or press F2) from the menu bar.

Click on Form Language, then SPN Spanish to set the interview to Spanish.
Note that those screens that are completed by the interviewer (SP Proxy/Verify and all of RIQ) are not translated. The Spanish language screens begin with the Current Health Status (HSQ) questions. To switch back to English, select Options, then Form Language, and then ENG English.

To access the Spanish version of help text associated with an item, select Options, then Form Language, and then TEXT Spanish.

A.1.3 Launching the CIDI Interview

To launch the Spanish version of CIDI, click on the arrow in the lower right hand corner of the wrapper screen titled "Launch CIDI program". A box pops up that allows you to select which interview to run. Select Hanes_Spanish and click on OK.
To switch languages at any time during the interview, select Interview from the CIDI menu bar and click on Switch language.
A.1.4 Launching the CDISC Interview

When launching CDISC, a pop-up box is displayed from the wrapper screen titled "Launch CDISC Program." Select Spanish to set the language of the interview to Spanish.

Then proceed with loading the SPs folder and administering the interview in the same manner as the English version.

There are two ways to switch languages after starting the CDISC interview. The simplest is to use the Alt+L key combination to toggle between the English and Spanish versions.
Alternatively, you may follow these procedures to relaunch the interview in another language. Press Alt-Q to exit the interview.

Press Alt-Q again to exit the SPs folder.
You will now be at the wrapper screen titled "Launch CDISC Program." Click on the inner backwards arrow in the lower left hand corner of the screen.

This backs you up to the CAPI Section Status Screen.
Click on the arrow in the lower right hand corner to relaunch CDISC. The Launch CDISC Program screen is displayed and you can then choose the correct language from the pop-up box.

A.1.5 Launching ACASI

The Utilities function that sets the language for the wrapper screens also determines the language for the Audio-CASI portion of the interview. To select the Spanish version of the ACASI Introduction screen and to launch the Spanish version of the ACASI interview, click on Utilities on the menu bar and then choose Spanish. Once ACASI is launched, you cannot change languages mid-interview.
pero que use los auriculares y escuche algunas preguntas. Usted anotará sus respuestas en la computadora tocando la pantalla. Esto le permitirá contestar las preguntas en completa privacidad. Yo saldré de la habitación durante ese momento, pero estaré afuera en el pasillo para ayudarle si tiene algún problema. Revisemos algunos ejemplos y después usted completará la entrevista por su cuenta.
Section A.2

The Spanish CAPI Interview
CURRENT HEALTH STATUS - HSQ

HUQ.010  
(Primero/A continuación) tengo algunas preguntas generales acerca de su salud/la salud de SP.

¿Diría que su salud/la salud de SP en general es...

CAPI INSTRUCTION: DISPLAY "PRIMERO" IF SP AGE IS >= 16 YEARS.

excelente, ...................................................... 1
muy buena, ..................................................... 2
buena, ........................................................... 3
regular, o ....................................................... 4
mala? ............................................................. 5
REFUSED ..................................................... 7
DON'T KNOW ............................................... 9

HSQ.470  Las siguientes preguntas son acerca de su salud/la salud de SP reciente durante los 30 días indicados en el calendario.

Pensando acerca de su salud física/la salud física de SP, la cual incluye enfermedades físicas y lesiones, ¿cuántos días durante los últimos 30 días no fue buena su salud física/ la salud física de (él(MPR)/ella(FPR))? 

HAND CARD HSQ1

______

ANOTE LA CANTIDAD DE DIAS

REFUSED ..................................................... 77
DON'T KNOW ............................................... 99

HSQ.480  Ahora pensando acerca de su salud mental/la salud mental de SP, la cual incluye tensión, depresión, y problemas emocionales, ¿cuántos días durante los últimos 30 días no fue buena su salud mental/ la salud mental de (él(MPR)/ella(FPR))? 

______

ANOTE LA CANTIDAD DE DIAS

REFUSED ..................................................... 77
DON'T KNOW ............................................... 99

HSQ.490  Durante los últimos 30 días, ¿cuántos días más o menos la mala salud física o mental le impidió a usted/SP hacer sus actividades usuales, tales como el cuidado personal, trabajo, escuela, o recreación?

______

ANOTE LA CANTIDAD DE DIAS

REFUSED ..................................................... 77
DON'T KNOW ............................................... 99
HSQ.500 ¿Tuvo (usted/SP) resfrío o catarro que empezó durante esos 30 días?

YES ............................................................... 1
NO ................................................................. 2
REFUSED ....................................................... 7
DON'T KNOW ................................................. 9

HSQ.510 ¿Tuvo (usted/SP) enfermedad estomacal o intestinal con vómitos o diarrea que empezó durante esos 30 días?

YES ............................................................... 1
NO ................................................................. 2
REFUSED ....................................................... 7
DON'T KNOW ................................................. 9

HSQ.520 ¿Tuvo (usted/SP) influenza, neumonía, o infección en los oídos que empezó durante esos 30 días?

YES ............................................................... 1
NO ................................................................. 2
REFUSED ....................................................... 7
DON'T KNOW ................................................. 9

BOX 1

CHECK ITEM HSQ.560:
IF SP 16 YEARS OR OLDER, CONTINUE WITH HSQ.570.
OTHERWISE, GO TO END OF SECTION.

*2HSQ.570 Durante los últimos 12 meses, es decir, desde {DISPLAY CURRENT MONTH, DISPLAY LAST YEAR), ¿ha donado (usted/SP) sangre?

YES ............................................................... 1
NO ................................................................. 2 (HSQ.590)
REFUSED ....................................................... 7 (HSQ.590)
DON'T KNOW ................................................. 9 (HSQ.590)

HSQ.580 ¿Cuánto tiempo hace desde la última vez que (usted/SP) donó sangre?

IF LESS THAN ONE MONTH, ENTER ‘1’.

______
ANOTE LA CANTIDAD DE MESES

REFUSED ....................................................... 77
DON'T KNOW ................................................. 99
Excepto por las pruebas que a (usted/SP) le pueden haber hecho como parte de las donaciones de sangre, ¿le han hecho a (usted/SP) alguna vez pruebas para la infección del virus del SIDA?

YES ............................................................ 1
NO ............................................................ 2
REFUSED .................................................... 7
DON'T KNOW ............................................. 9
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**KIDNEY CONDITIONS - KIQ**

*1KIQ.042* Muchas personas experimentan casos en los que se les sale la orina. Las siguientes preguntas son acerca de los casos en que a las personas se les sale la orina bajo condiciones diferentes.

Durante los últimos 12 meses, ¿a (usted/SP) se le ha salido o perdido control aunque sea una pequeña cantidad de orina con una actividad tal como toser, levantar peso, o hacer ejercicio?

- YES ............................................................ 1
- NO ............................................................ 2 (*1KIQ.044)
- REFUSED ................................................ 7 (*1KIQ.044)
- DON'T KNOW ........................................... 9 (*1KIQ.044)

*1KIQ.042A* ¿Qué tan frecuentemente le ocurre esto? ¿Diría que esto le ocurre...

- todos los días, ................................................ 1
- unas pocas veces a la semana, ......................... 2
- unas pocas veces al mes, o ................................ 3
- unas pocas veces al año? ................................. 4
- REFUSED .................................................... 7
- DON'T KNOW ............................................ 9

*1KIQ.044* Durante los últimos 12 meses, ¿a (usted/SP) se le ha salido o perdido control aunque sea una pequeña cantidad de orina por una urgencia o presión para orinar y (usted(SE)/él(MPR)/ella(FPR)) no pudo llegar lo suficientemente rápido al (inodoro/baño/escusado)?

- YES ............................................................ 1
- NO ............................................................ 2 (*1KIQ.046)
- REFUSED ................................................ 7 (*1KIQ.046)
- DON'T KNOW ........................................... 9 (*1KIQ.046)

*1KIQ.044A* ¿Qué tan frecuentemente le ocurre esto? ¿Diría que esto le ocurre...

- todos los días, ................................................ 1
- unas pocas veces a la semana, ......................... 2
- unas pocas veces al mes, o ................................ 3
- unas pocas veces al año? ................................. 4
- REFUSED .................................................... 7
- DON'T KNOW ............................................ 9

*1KIQ.046* Durante los últimos 12 meses, ¿a (usted/SP) se le ha salido o perdido control aunque sea una pequeña cantidad de orina sin hacer una actividad tal como toser, levantar peso, o hacer ejercicio, o por una urgencia para orinar?

- YES ............................................................ 1
- NO ............................................................ 2 (BOX 1)
- REFUSED ................................................ 7 (BOX 1)
- DON'T KNOW ........................................... 9 (BOX 1)
¿Qué tan frecuentemente le ocurre esto? ¿Diría que esto le ocurre…

todos los días, ............................................... 1
unas pocas veces a la semana, ......................... 2
unas pocas veces al mes, o ........................... 3
unas pocas veces al año? .............................. 4
REFUSED ..................................................... 7
DON’T KNOW ............................................ 9

**CHECK ITEM **1KIQ.048:**
IF ’YES’ (CODE ’1’) IN *1KIQ.042 OR *1KIQ.044 OR *1KIQ.046, CONTINUE WITH *
*1KIQ.050. OTHERWISE, GO TO THE END OF SECTION.

Durante los últimos 12 meses, ¿cuánto le ha molestado la salida de orina a {usted(SE)/ él(MPR) /ella(FPR)}? Por favor seleccione una de las siguientes alternativas:

nada, .......................................................... 1
un poco solamente, .................................... 2
algo, ............................................................. 3
mucho, o.................................................... 4
enormemente ............................................ 5
REFUSED ..................................................... 7
DON’T KNOW ............................................ 9

Durante los últimos 12 meses, ¿cuánto le ha afectado la salida de orina a {usted(SE)/ él(MPR) /ella(FPR)} en sus actividades diarias? Por favor seleccione una de las siguientes alternativas:

nada, .......................................................... 1
un poco solamente, .................................... 2
algo, ............................................................. 3
mucho, o.................................................... 4
enormemente ............................................ 5
REFUSED ..................................................... 7
DON’T KNOW ............................................ 9
Las siguientes preguntas son acerca del uso de productos de tabaco o nicotina en los últimos 5 días.

Durante los últimos 5 días, ¿usó {usted(SE)/él(MPR)/ella(FPR)} algún producto que contenía nicotina incluyendo (cigarros/cigarrillos), pipas, (puros/cigarros/tabacos), tabaco de mascar, rapé, parches de nicotina, chicles de nicotina, o algún otro producto que contenía nicotina?

**VERBAL INSTRUCTIONS TO SP:**
Por favor seleccione Sí, No.

- **YES** ............................................................... 1
- **NO** .............................................................. 2 (END OF SECTION)
- **REFUSED** .................................................... 7 (END OF SECTION)
- **DON’T KNOW** .............................................. 9 (END OF SECTION)

¿Cuál de estos productos usó {usted(SE)/él(MPR)/ella(FPR)}? (CHECK ALL THAT APPLY)

**VERBAL INSTRUCTIONS TO SP:**
Por favor seleccione todo lo que usó.

- (Cigarros/Cigarrillos) ........................................... 1
- Pipas .............................................................. 2
- (Puros/Cigarros/Tabacos) ............................. 3
- Tabaco de Mascar ............................................. 4
- Rapé ............................................................... 5
- Parches, chicles de nicotina, u otro producto de nicotina ........................................ 6
- **REFUSED** ..................................................... 77
- **DON’T KNOW** ............................................... 99

**CHECK ITEM SMQ.700:**
IF ‘CIGARETTES’ (CODE 1) IN SMQ.690, GO TO SMQ.710.
IF ‘PIPES’ (CODE 2) IN SMQ.690, GO TO SMQ.740.
IF ‘CIGARS’ (CODE 3) IN SMQ.690, GO TO SMQ.770.
IF ‘CHEW’ (CODE 4) IN SMQ.690, GO TO SMQ.800.
IF ‘SNUFF’ (CODE 5) IN SMQ.690, GO TO SMQ.817.
IF ‘NICOTINE PRODUCT’ (CODE 6) IN SMQ.690, GO TO SMQ.830.
IF ‘REFUSED’ (CODE 77) OR ‘DON’T KNOW’ (CODE 99) IN SMQ.690, GO TO SMQ.710.
SMQ.710  Durante los últimos 5 días, (incluyendo hoy), ¿cuántos días fumó {usted(SE)/él(MPR)/ella(FPR)} (cigarros/cigarrillos)?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad.

| [ ] | ANOTE LA CANTIDAD DE DIAS |
|---------------------------------|
| REFUSED ........................................ 7 |
| DON'T KNOW ................................. 9 |

SMQ.720  Durante los últimos 5 días, en los días que {usted(SE)/él(MPR)/ella(FPR)} fumó, ¿cuántos (cigarros/cigarrillos) fumó {usted(SE)/él(MPR)/ella(FPR)} cada día?

IF R SAYS 95 OR MORE (CIGARROS/CIGARRILLOS) PER DAY, ENTER 95.

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad.

| [ ] | [ ] | [ ] | ANOTE LA CANTIDAD DE (CIGARROS/CIGARRILLOS) |
|---------------------------------|
| REFUSED ........................................ 777 |
| DON'T KNOW ................................. 999 |

SMQ.725  ¿Cuándo fumó {usted(SE)/él(MPR)/ella(FPR)} su último (cigarrro/cigarrillo)? ¿Fue esto...

| hoy, ............................................. 1 |
| ayer, o........................................... 2 |
| hace de 3 a 5 días? ....................... 3 |
| REFUSED ......................................... 7 |
| DON'T KNOW ..................................... 9 |

BOX 3

CHECK ITEM SMQ.730:
IF ‘PIPES’ (CODE 2) IN SMQ.690, GO TO SMQ.740.
IF ‘CIGARS’ (CODE 3) IN SMQ.690, GO TO SMQ.770.
IF ‘CHEW’ (CODE 4) IN SMQ.690, GO TO SMQ.800.
IF ‘SNUFF’ (CODE 5) IN SMQ.690, GO TO SMQ.817.
IF ‘NICOTINE PRODUCT’ (CODE 6) IN SMQ.690, GO TO SMQ.830.
IF ‘REFUSED’ (CODE 77) OR ‘DON’T KNOW’ (CODE 99) IN SMQ.690, GO TO SMQ.740.
SMQ.740  Durante los últimos 5 días, (incluyendo hoy), ¿cuántos días fumó {usted(SE)/él(MPR)/ella(FPR)} pipa?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad.

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ANOTE LA CANTIDAD DE DIAS

REFUSED .....................................................  7
DON'T KNOW ..................................................  9

SMQ.750  Durante los últimos 5 días, en los días que {usted(SE)/él(MPR)/ella(FPR)} fumó pipa, ¿cuántas pipas fumó {usted(SE)/él(MPR)/ella(FPR)} cada día?

IF R SAYS LESS THAN 1 PIPA PER DAY, ENTER 1.

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad.

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ANOTE LA CANTIDAD DE PIPAS

REFUSED .....................................................  77
DON'T KNOW ..................................................  99

SMQ.755  ¿Cuándo fumó {usted(SE)/él(MPR)/ella(FPR)} su última pipa? ¿Fue esto . .

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hoy, ..................................................................  1
ayer, o ................................................................  2
hace de 3 a 5 días? ...........................................  3
REFUSED .........................................................  7
DON'T KNOW .....................................................  9

BOX 4

CHECK ITEM SMQ.760:
IF ‘CIGARS’ (CODE 3) IN SMQ.690, GO TO SMQ.770.
IF ‘CHEW’ (CODE 4) IN SMQ.690, GO TO SMQ.800.
IF ‘SNUFF’ (CODE 5) IN SMQ.690, GO TO SMQ.817.
IF ‘NICOTINE PRODUCT’ (CODE 6) IN SMQ.690, GO TO SMQ.830.
IF ‘REFUSED’ (CODE 77) OR ‘DON’T KNOW’ (CODE 99) IN SMQ.690, GO TO SMQ.770.
SMQ.770 Durante los últimos 5 días, (incluyendo hoy), ¿cuántos días fumó {usted(SE)/él(MPR)/ella(FPR)} (puros/cigarros/tabacos)?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad.

[ ] ANOTE LA CANTIDAD DE DIAS

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<td>REFUSED</td>
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<td>DON'T KNOW</td>
<td>9</td>
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</table>

SMQ.780 Durante los últimos 5 días, en los días que {usted(SE)/él(MPR)/ella(FPR)} fumó (puros/cigarros/tabacos), ¿cuántos (puros/cigarros/tabacos) fumó {usted(SE)/él(MPR)/ella(FPR)} cada día?

IF R SAYS LESS THAN 1 (PUROS/CIGARROS/TABACOS) PER DAY, ENTER 1.

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad.

[ ] [ ] [ ] ANOTE LA CANTIDAD DE (PUROS/CIGARROS/TABACOS)

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<tr>
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<tr>
<td>DON'T KNOW</td>
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</table>

SMQ.785 ¿Cuándo fumó {usted(SE)/él(MPR)/ella(FPR)} su último (puro/cigarrro/tabaco)? ¿Fue esto . . .

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<td>hace de 3 a 5 días?</td>
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<td>REFUSED</td>
<td>7</td>
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<tr>
<td>DON'T KNOW</td>
<td>9</td>
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</table>

BOX 5

CHECK ITEM SMQ.790:
IF ‘CHEW’ (CODE 4) IN SMQ.690, GO TO SMQ.800.
IF ‘SNUFF’ (CODE 5) IN SMQ.690, GO TO SMQ.817.
IF ‘NICOTINE PRODUCT’ (CODE 6) IN SMQ.690, GO TO SMQ.830.
IF ‘REFUSED’ (CODE 77) OR ‘DON’T KNOW’ (CODE 99) IN SMQ.690, GO TO SMQ.800.
SMQ.800 Durante los últimos 5 días, (incluyendo hoy), ¿cuántos días usó {usted(SE)/él(MPR)/ella(FPR)} tabaco de mascar, tal como Redman, Levi Garrett o Beechnut?

VERBAL INSTRUCTIONS TO SP: 
Por favor anote una cantidad.

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<tr>
<th>ANOTE LA CANTIDAD DE DIAS</th>
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<tr>
<td>REFUSED ................................. 7</td>
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<tr>
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</table>

SMQ.815 ¿Cuándo fue la última vez que {usted(SE)/él(MPR)/ella(FPR)} usó tabaco de mascar? ¿Fue esto ...

| Hoy......................................................... 1 |
| Ayer, o...................................................... 2 |
| Hace de 3 a 5 días?................................. 3 |
| REFUSED ................................................... 7 |

BOX 5A

CHECK ITEM SMQ.816:
IF ‘SNUFF’ (CODE 5) IN SMQ.690, GO TO SMQ.817.
IF ‘NICOTINE PRODUCT’ (CODE 6) IN SMQ.690, GO TO SMQ.830.
IF ‘REFUSED’ (CODE 77) OR ‘DON’T KNOW’ (CODE 99) IN SMQ.690, GO TO SMQ.817.

SMQ.817 Durante los últimos 5 días, (incluyendo hoy), ¿cuántos días usó {usted(SE)/él(MPR)/ella(FPR)} rapé, tal como Skoal, Skoal Bandits, o Copenhagen?

VERBAL INSTRUCTIONS TO SP: 
Por favor anote una cantidad.

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<tr>
<td>REFUSED ................................. 7</td>
</tr>
<tr>
<td>DON'T KNOW ................................ 9</td>
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</table>
SMQ.819  ¿Cuándo fue la última vez que {usted(SE)/él(MPR)/ella(FPR)} usó rapé?  ¿Fue esto . . .

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BOX 6

CHECK ITEM SMQ.820:
IF ‘NICOTINE PRODUCT’ (CODE 6) IN SMQ.690, GO TO SMQ.830.
IF ‘REFUSED’ (CODE 77) OR ‘DON’T KNOW’ (CODE 99) IN SMQ.690, GO TO SMQ.830.
OTHERWISE, GO TO END OF SECTION.

SMQ.830  Durante los últimos 5 días, (incluyendo hoy), ¿cuántos días usó {usted(SE)/él(MPR)/ella(FPR)} algún producto que contenía nicotina para ayudarse a dejar de fumar? Incluya parches de nicotina, chicles de nicotina, o algún otro producto que contenía nicotina?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad.

[___]

ANOTE LA CANTIDAD DE DIAS

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<td>DON'T KNOW ...............</td>
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</table>

SMQ.840  ¿Cuándo fue la última vez que {usted(SE)/él(MPR)/ella(FPR)} usó un producto que contenía nicotina?  ¿Fue esto . . .

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ALCOHOL USE - ALQ

*2ALQ.100  Las siguientes preguntas son acerca de tomar bebidas alcohólicas. Están incluidos licores (tales como wiskey o ginebra), cerveza, vino, sangrías y cualquier otro tipo de bebidas alcohólicas.

En algún año determinado, ¿ha tomado (usted/SP) al menos 12 tragos de algún tipo de bebida alcohólica? Por un trago, quiero decir una cerveza de 12 onzas, un vaso de vino de 5 onzas, o una onza y media de licor.

YES ......................................................... 1 (ALQ.120)
NO ......................................................... 2
REFUSED ................................................... 7
DON'T KNOW ............................................. 9

ALQ.110  En toda vida (usted/SP), ¿ha tomado al menos 12 tragos de algún tipo de bebida alcohólica?

YES ......................................................... 1
NO ......................................................... 2 (END OF SECTION)
REFUSED ................................................... 7 (END OF SECTION)
DON'T KNOW ............................................. 9 (END OF SECTION)

ALQ.120  En los últimos 12 meses, ¿con qué frecuencia tomó (usted/SP) algún tipo de bebida alcohólica?

PROBE: ¿Cuántos días por semana, por mes o por año tomó (usted/SP) trago?

ENTER '0' FOR NEVER.

| | | |
ANOTE LA CANTIDAD

REFUSED ................................................... 777
DON'T KNOW ............................................. 999

ENTER UNIT

SEMANA .................................................. 1
MES ......................................................... 2
AÑO .......................................................... 3
REFUSED ................................................... 7
DON'T KNOW ............................................. 9

BOX 1

CHECK ITEM ALQ.125:
IF SP DIDN'T DRINK (CODED '0') IN ALQ.120, GO TO ALQ.150.
OTHERWISE, CONTINUE WITH ALQ.130.
ALQ.130 En los últimos 12 meses, en aquellos días en que {usted/SP} tomó bebidas alcohólicas, en promedio, ¿cuántos tragos tomó {usted(SE)/él(MPR)/ella(FPR)}?

IF LESS THAN 1 DRINK, ENTER ‘1’. IF 95 DRINKS OR MORE, ENTER ‘95’.

|___|___|___|
ANOTE EL # DE TRAGOS

REFUSED .................................................... 777
DON'T KNOW ............................................... 999

ALQ.140 En los últimos 12 meses, ¿cuántos días tomó {usted/SP} 5 o más tragos de alguna bebida alcohólica?

PROBE: ¿Cuántos días por semana, por mes o por año tomó {usted/SP} 5 o más tragos en un solo día?

ENTER ‘0’ FOR NONE.

|___|___|___|
ANOTE LA CANTIDAD

REFUSED .................................................... 777
DON'T KNOW ............................................... 999

ENTER UNIT

SEMANA ..................................................... 1
MES .......................................................... 2
AÑO .......................................................... 3
REFUSED ..................................................... 7
DON'T KNOW ............................................... 9

ALQ.150 ¿Hubo alguna vez un tiempo o tiempos en {su vida/la vida de SP} cuando {usted(SE)/él(MPR)/ella(FPR)} tomó 5 o más tragos de algún tipo de bebida alcohólica casi cada día?

YES ...................................................... 1
NO .......................................................... 2
REFUSED ..................................................... 7
DON'T KNOW ............................................... 9
REPRODUCTIVE HEALTH - RHQ

RHQ.010 La siguiente serie de preguntas es acerca de {su historia reproductiva/la historia reproductiva de SP}. Empezaré por hacer algunas preguntas acerca {de su período o ciclo menstrual/del período o ciclo menstrual de SP}. 

¿Qué edad tenía {usted/SP} cuando {usted(SE)/ella(FPR)} tuvo su primer período menstrual?

CODE "0" IF HAVEN'T STARTED YET.

CAPI INSTRUCTION:
SOFT EDIT VALUES: 8-25 YEARS.
HARD EDIT VALUES: AGE OF 1ST PERIOD CANNOT BE GREATER THAN CURRENT AGE.

|___|___|
| ANOTE LA EDAD EN AÑOS |
| REFUSED ................................. 77 |
| DON'T KNOW ............................... 99 |

BOX 1

CHECK ITEM RHQ.015:
- IF PERIODS HAVEN'T STARTED (CODED '0') IN RHQ.010 AND SP 12-13 YEARS OLD OR 50 YEARS OR OLDER, GO TO END OF SECTION.
- IF PERIODS HAVEN'T STARTED (CODED '0') IN RHQ.010 AND SP 14-49 YEARS OLD, GO TO RHQ.700.
- IF PERIODS HAVE STARTED AND SP REPORTS AGE (CODED '1' - '76') IN RHQ.010, OR IF SP REFUSES AGE (CODED '77') IN RHQ.010, GO TO RHQ.031.
- OTHERWISE, CONTINUE WITH RHQ.020.

RHQ.020 ¿Tenía {usted/SP} . . .

menos de 10 años, ................................. 1
de 10 a 12 años, .................................... 2
entre 13 y 15 años, o .............................. 3
16 o más años? ..................................... 4
REFUSED ........................................... 7
DON'T KNOW ...................................... 9

RHQ.031 ¿Ha tenido {usted/SP} al menos (un período menstrual /la regla) en los últimos 12 meses? (Por favor no incluya flujos de sangre causados por condiciones médicas, terapia de hormonas, o cirugías.)

YES .................................................. 1 (RHQ.051)
NO .................................................... 2
REFUSED .......................................... 7 (RHQ.060)
DON'T KNOW ..................................... 9 (RHQ.060)

(Revised February 2003)
RHQ.042 ¿Cuál es la razón por la cual (usted/SP) no ha tenido (un periodo/la regla) en los últimos 12 meses?

EMBARAZO ................................................ 1 (BOX 3)
AMAMANTANDO ................................. 2 (BOX 3)
MENOPAUSIA/HISTERECTOMÍA .......... 7 (RHQ.060)
CONDICIONES MEDICAS/TRATAMIENTOS 8 (RHQ.060)
OTHER .................................................. 9 (RHQ.060)
REFUSED ............................................. 77
DON'T KNOW ................................. 99

RHQ.051 ¿Cuándo tuvo (usted/SP) su último período?

PROBE: ¿Cuántos meses hace que (usted/SP) tuvo su último período?

LO TIENE AHORA ......................... 1 (BOX 3)
HACE MENOS DE 2 MESES .......... 2 (BOX 3)
HACE 3 A 5 MESES ............ 3 (BOX 3)
HACE 6 A 8 MESES ............ 4 (BOX 3)
HACE 9 A 11 MESES ........ 5 (BOX 3)
REFUSED ................................. 77 (BOX 3)
DON'T KNOW ................................. 99 (BOX 3)

RHQ.060 ¿Más o menos qué edad tenía (usted/SP) cuando tuvo su último período menstrual?

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</table>
| ANOTE LA EDAD EN AÑOS

REFUSED ............................................. 77
DON'T KNOW ................................. 99

CHECK ITEM RHQ.065:
- IF SP DOESN'T KNOW AGE AT LAST MENSTRUAL PERIOD (CODED '99') IN RHQ.060, CONTINUE WITH RHQ.070.
- OTHERWISE, GO TO BOX 3.
RHQ.070  ¿Tenía (usted/SP) . . .

menos de 30 años, .......................... 1
entre 30 y 34 años, .......................... 2
entre 35 y 39 años, .......................... 3
entre 40 y 44 años, .......................... 4
entre 45 y 49 años, .......................... 5
entre 50 y 54 años, .......................... 6
55 o más años? ................................. 7
REFUSED .......................................... 77
DON'T KNOW .................................... 99

BOX 3

CHECK ITEM RHQ.075A:
- IF SP HAD LAST PERIOD BETWEEN 0-2 MONTHS AGO (CODED 1-2 IN RHQ.051) AND 12-59 YEARS OLD, CONTINUE WITH RHQ.081.
- OTHERWISE, GO TO RHQ.131.

RHQ.081  ¿Cuál fue la fecha en que empezó (su último período/el último período de SP)?

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<tbody>
<tr>
<td>ANOTE LA FECHA DEL ÚLTIMO PERÍODO (MES,DÍA)</td>
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REFUSED ........................................ 77-77
DON'T KNOW .................................... 99-99

RHQ.131  Las siguientes preguntas son acerca de (su historia de embarazo/la historia de embarazo de SP).

¿Ha estado (usted/SP) alguna vez embarazada? Por favor incluya (embarazo actual), nacimientos vivos, pérdidas, nacimientos muertos, embarazos extrauterinos y abortos.

MARK IF KNOWN. OTHERWISE ASK.

YES ............................................... 1
NO .................................................. 2 (BOX 12)
REFUSED ........................................ 7 (BOX 12)
DON'T KNOW .................................... 9 (BOX 12)

BOX 6

CHECK ITEM RHQ.135C:
- IF SP HAD PERIOD IN PAST 12 MONTHS (CODED '1' IN RHQ.031) OR SP HAS NOT EXPERIENCED MENOPAUSE/HYSTEROCTOMY (NOT CODED 7 IN RHQ.042), CONTINUE WITH RHQ.143.
- OTHERWISE, GO TO RHQ.160.

(RHQ-3)
(Revised February 2003)
A.2-17
RHQ.143 ¿Está {usted/SP} embarazada ahora?

MARK IF KNOWN. OTHERWISE ASK.

YES ..................................................... 1
NO .................................................... 2 (RHQ.160)
REFUSED ............................................. 7 (RHQ.160)
DON'T KNOW ....................................... 9 (RHQ.160)

RHQ.152 ¿En qué mes de embarazo está {usted/ella}?

[ ] [ ]
ANOTE LA CANTIDAD DE MESES

REFUSED ............................................. 77
DON'T KNOW ....................................... 99

RHQ.160 ¿Cuántas veces ha estado embarazada {usted/SP}? ([Nuevamente, asegúrese/Asegúrese) de contar todos {sus embarazos/los embarazos de ella} incluyendo (embarazo actual,) nacimientos vivos, pérdidas, nacimientos muertos, embarazos extrauterinos o abortos.)

[ ] [ ]
ANOTE LA CANTIDAD DE EMBARAZOS

REFUSED ............................................. 77
DON'T KNOW ....................................... 99

| BOX 7 |

CHECK ITEM RHQ.165:
- IF SP ONLY HAD ONE PREGNANCY (CODED '1') IN RHQ.160 AND CURRENTLY PREGNANT (CODED '1') IN RHQ.143, SKIP TO RHQ.300.
- OTHERWISE CONTINUE WITH RHQ.170.

RHQ.170 ¿Cuántos de {sus embarazos/los embarazos de ella} resultaron en un nacimiento vivo?

COUNT THE NUMBER OF TOTAL PREGNANCIES, NOT NUMBER OF LIVE-BORN CHILDREN. FOR EXAMPLE, IF SP HAD TWINS OR OTHER MULTIPLE BIRTH, COUNT AS A SINGLE PREGNANCY.

[ ] [ ]
ANOTE LA CANTIDAD DE EMBARAZOS

REFUSED ............................................. 77
DON'T KNOW ....................................... 99

(Revised February 2003)
BOX 8

CHECK ITEM RHQ.175:
- IF SP HAD NO PREGNANCIES THAT RESULTED IN A LIVE BIRTH (CODED '0') IN RHQ.170, GO TO BOX 12.
- IF SP HAD ONE PREGNANCY THAT RESULTED IN A LIVE BIRTH (CODED '1') IN RHQ.170, GO TO RHQ.190.
- OTHERWISE, CONTINUE WITH RHQ.180.

RHQ.180 ¿Qué edad tenía (usted/SP) en el momento de su primer nacimiento vivo?

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<td>REFUSED .................................................... 77</td>
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<tr>
<td>DON'T KNOW .................................................. 99</td>
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RHQ.190 ¿Qué edad tenía (usted/SP) en el momento de su (último) nacimiento vivo?

CAPÍTULO INSTRUCCIÓN:
IF SP HAD MORE THAN 1 LIVE BIRTH (CODED >= 2) IN RHQ.170, DISPLAY (LAST).

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<td>REFUSED .................................................... 77</td>
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<tr>
<td>DON'T KNOW .................................................. 99</td>
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BOX 9

CHECK ITEM RHQ.195:
- IF DIFFERENCE BETWEEN AGE AT TIME OF LAST LIVE BIRTH IN RHQ.190 AND CURRENT AGE IS ZERO OR 1, CONTINUE WITH RHQ.200.
- OTHERWISE, GO TO RHQ.210.

RHQ.200 ¿Está (usted/SP) ahora amamantando a un niño?

YES ............................................................ 1 (BOX 10)
NO ............................................................. 2
REFUSED .................................................... 7
DON'T KNOW ................................................ 9
¿Amamantó usted/a su niño/al niño de ella)?

CAPÍTULO INSTRUCCIÓN:
Si la madre tiene un bebé vivo (CÓDIGO '1') en RHQ.170, muestre el niño de la madre.
Si la madre tiene más de un bebé vivo (CÓDIGO ≥ 2) en RHQ.170, muestre a uno de sus hijos.

SÍ ........................................................................ 1 (CAJA 10)

NO ....................................................................... 2 (RHQ.250)

NO SÉ .................................................................... 7 (CAJA 11)

NO SÉ .................................................................... 9 (CAJA 11)

---

¿Amamantó usted/a su niño/al niño de ella al menos 1 mes?

SÍ ........................................................................ 1 (CAJA 11)
NO ........................................................................ 2 (RHQ.250)

NO SÉ .................................................................... 7 (CAJA 11)
NO SÉ .................................................................... 9 (CAJA 11)

---

¿Cuántos de sus hijos/los hijos de usted amamantó usted/ella al menos 1 mes?

ANOTE LA CANTIDAD DE NIÑOS

NO SÉ .................................................................... 77
NO SÉ .................................................................... 99

---

CHECK ITEM RHQ.245:
Si la madre tuvo una embarazo que resultó en un parto vivo (CÓDIGO '1') en RHQ.170, continúe con RHQ.250.
Si no, vaya a RHQ.281.

RHQ-6

(Revisado Febrero 2003)
A.2-20
¿Su niño/el niño de SP/Alguno de sus niños/los niños de SP (pesó(S)/pesaron(P)) menos de 5½ libras (2.500 g.) al nacer?

CAPI INSTRUCTION:
IF SP HAD ONE LIVE BIRTH (CODED '1') IN RHQ.170, DISPLAY (YOUR CHILD).
IF SP HAD MORE THAN ONE LIVE BIRTH (CODED >= 2) IN RHQ.170, DISPLAY (DID ANY OF YOUR CHILDREN).

CAPI INSTRUCTION:
IF YES (CODED '1') IN RHQ.250 AND SP HAD ONLY ONE LIVE BIRTH (CODED '1') IN RHQ.170, ENTER '1' IN RHQ.260.

YES ............................................................... 1
NO ............................................................... 2 (BOX 12)
REFUSED ..................................................... 77 (BOX 12)
DON'T KNOW .............................................. 99 (BOX 12)

¿Cuántos de sus niños/los niños de ella pesaron menos de 5½ libras (2.500 gramos) al nacer?

[ ] [ ] [ ]
ANOTE LA CANTIDAD DE NIÑOS

REFUSED ..................................................... 77
DON'T KNOW .............................................. 99

BOX 11A
CHECK ITEM RHQ.262:
■ IF SP HAD ONLY ONE LIVE BIRTH (CODED '1') IN RHQ.170, CONTINUE WITH RHQ.264.
■ OTHERWISE, GO TO RHQ.270.

¿Nació prematuro este niño? Un parto prematuro es uno que ocurre a las 36 semanas de embarazo o antes.

CAPI INSTRUCTION:
IF YES (CODED '1') IN RHQ.264, ENTER 1 IN RHQ.270.

YES ............................................................... 1 (BOX 12)
NO ............................................................... 2 (BOX 12)
REF ............................................................. 7 (BOX 12)
DK .............................................................. 9 (BOX 12)

¿Cuántos de estos niños nacieron prematuros? Un parto prematuro es uno que ocurre a las 36 semanas de embarazo o antes.

[ ] [ ] [ ]
ANOTE LA CANTIDAD DE NIÑOS

REFUSED ..................................................... 77
DON'T KNOW .............................................. 99

(Revised February 2003)
BOX 12

CHECK ITEM RHQ.275A:
- IF SP < 20 YEARS OLD, GO TO RHQ.420.
- IF SP CURRENTLY PREGNANT (CODED '1') IN RHQ.143, GO TO RHQ.300.
- IF SP HAD PERIOD IN PAST 12 MONTHS (CODED ‘1’ IN RHQ.031), GO TO RHQ.300.
- OTHERWISE, CONTINUE WITH RHQ.281.

RHQ.281 ¿Le han hecho a {usted/SP} una hysterectomía, es decir, cirugía para sacarle el útero o la matriz?

MARK IF KNOWN. OTHERWISE ASK.

YES ............................................................... 1
NO ............................................................... 2 (RHQ.300)
REFUSED ..................................................... 7 (RHQ.300)
DON'T KNOW .............................................. 9 (RHQ.300)

RHQ.291 ¿Qué edad tenía {usted/SP} cuando le {hicieron la hysterectomía/sacaron el útero/sacaron la matriz} a {usted/ella}?

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ANOTE LA EDAD EN AÑOS

REFUSED ..................................................... 777
DON'T KNOW ............................................... 999

RHQ.300 ¿Le han sacado a {usted/SP} al menos un ovario (ya sea cuando a {usted/ella} le sacaron el útero o en otro momento)?

YES ............................................................... 1
NO ............................................................... 2 (BOX 15)
REFUSED ..................................................... 7 (BOX 15)
DON'T KNOW .............................................. 9 (BOX 15)

RHQ.310 ¿Le sacaron ambos ovarios o uno solo?

AMBOS .............................................................. 1
UNO ............................................................... 2 (RHQ.330)
REFUSED ..................................................... 7 (BOX 15)
DON'T KNOW .............................................. 9 (BOX 15)

RHQ.320 ¿Le sacaron a {usted/SP} ambos ovarios en el mismo momento o en momentos diferentes?

MISMO MOMENTO............................................. 1
MOMENTOS DIFERENTES.................................... 2 (RHQ.340)
REFUSED ..................................................... 7 (BOX 15)
DON'T KNOW .............................................. 9 (BOX 15)

(Revised February 2003)
RHQ-8
A.2-22
RHQ.330 ¿Qué edad tenía (usted/SP) cuando le sacaron (un ovario/los ovarios)?

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| ANOTE LA EDAD EN AÑOS

REFUSED .................................................... 777
DON'T KNOW ............................................. 999

BOX 13

CHECK ITEM RHQ.335:
GO TO BOX 15.

RHQ.340 ¿Qué edad tenía (usted/SP) cuando le sacaron el segundo ovario?

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| ANOTE LA EDAD EN AÑOS

REFUSED .................................................... 777
DON'T KNOW ............................................. 999

BOX 15

CHECK ITEM RHQ.355:
- IF SP 20-54 YEARS OLD, CONTINUE WITH RHQ.360.
- OTHERWISE, GO TO RHQ.420.

RHQ.360 ¿Le ha dicho a (usted/SP) un médico o algún otro profesional de la salud alguna vez que (usted/ella) tenía endometriosis? (Endometriosis es una enfermedad en la que el tejido que forma el forro del útero/matriz se adhiere a otros lugares, tal como los ovarios, trompas de falopio, o cavidad abdominal.)

YES ............................................................. 1
NO ............................................................. 2 (RHQ.380)
REFUSED ..................................................... 7 (RHQ.380)
DON'T KNOW ............................................. 9 (RHQ.380)

RHQ.370 ¿Qué edad tenía (usted/SP) cuando le dijeron por primera vez que (usted/ella) tenía endometriosis?

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| ANOTE LA EDAD EN AÑOS

REFUSED .................................................... 777
DON'T KNOW ............................................. 999

RHQ.380 ¿Le ha dicho a (usted/SP) un médico u otro profesional de la salud alguna vez que (usted/ella) tenía fibromas uterinos? (Fibromas uterinos son tumores benignos (no cancerosos) que crecen en varios lugares, sobre o dentro del útero/matriz.)

YES ............................................................. 1
NO ............................................................. 2 (RHQ.420)
REFUSED ..................................................... 7 (RHQ.420)
DON'T KNOW ............................................. 9 (RHQ.420)
RHQ.390  ¿Qué edad tenías (usted/SP) cuando le dijeron por primera vez que (usted/ella) tenía fibromas uterinos?

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<td>DON'T KNOW .................................................. 999</td>
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RHQ.420  Ahora le voy a preguntar acerca {de su historia/de la historia de SP} del uso de métodos de control de la natalidad.

¿Ha tomado (usted/SP) alguna vez píldoras para el control de la natalidad por alguna razón?

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RHQ.430  ¿Qué edad tenías (usted/SP) cuando empezaste a usar píldoras para el control de la natalidad?

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BOX 18

CHECK ITEM RHQ.435B:
- IF SP < 20 YEARS OLD AND IF SP IS NOT PREGNANT (CODED ‘2’, ‘7’, ‘9’ OR MISSING IN RHQ.143), CONTINUE WITH RHQ.442.
- OTHERWISE, GO TO RHQ.451.

RHQ.442  ¿Actualmente estás (usted/SP) tomando píldoras para el control de la natalidad?

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RHQ.451 ¿Qué edad tenía (usted/SP) cuando dejó de tomar píldoras para el control de la natalidad?

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RHQ.460 Sin contar ningún momento en que (usted/SP) dejó de tomarlas, ¿cuánto tiempo en total (ha tomado usted/tomó usted/ha tomado ella/tomó ella) píldoras para el control de la natalidad?

CODE "1" FOR LESS THAN ONE MONTH.

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ENTER UNIT

- MESES: 1
- AÑOS: 2
- REFUSED: 7
- DON'T KNOW: 9

RHQ.510 ¿Ha usado (usted/SP) alguna vez Depo-Provera o inyectables para prevenir el embarazo?

- YES: 1
- NO: 2 (BOX 20)
- REFUSED: 7 (BOX 20)
- DON'T KNOW: 9 (BOX 20)

RHQ.520 ¿Está usando (usted/SP) ahora Depo-Provera o inyectables para prevenir el embarazo?

- YES: 1
- NO: 2
- REFUSED: 7
- DON'T KNOW: 9

BOX 20

CHECK ITEM RHQ.535:
- IF SP 20 YEARS OF AGE OR OLDER, CONTINUE WITH RHQ.540.
- OTHERWISE, SKIP TO BOX 24.
RHQ.540 ¿Ha usado {usted/SP} alguna vez hormonas femeninas tales como estrógeno y progesterona? Por favor incluya todas las formas de hormonas femeninas, tales como píldoras, cremas, parches, e inyectables, pero no incluya métodos de control de la natalidad o uso para la esterilidad.

YES ............................................................ 1
NO ............................................................ 2 (BOX 24)
REFUSED .................................................... 7 (BOX 24)
DON'T KNOW .............................................. 9 (BOX 24)

RHQ.541 ¿Qué formas de hormonas femeninas ha usado {usted/SP}?

CODE ALL THAT APPLY

PILDORAS .................................................... 10
PARCHES .................................................... 11
CREMA/SUPOSITORIO/INYECCIÓN ........... 12
REFUSED ..................................................... 77
DON'T KNOW .............................................. 99

RHQ.550 En el momento en que {usted/SP} empezó a usar hormonas femeninas o terapia con hormonas de reemplazo, ¿estaba aún teniendo {usted/ella} sus períodos o {usted/ella} había dejado de tener sus períodos completamente?

AÚN TENIENDO SUS PERÍODOS ............ 1
DEJADO DE TENER COMPLETAMENTE SUS PERÍODOS ........................................ 2
REFUSED ..................................................... 7
DON'T KNOW .............................................. 9

RHQ.551 ¿Cuáles son (sus razones/las razones de SP) para haber estado usando estrógeno o progesterona?

CODE ALL THAT APPLY

SÍNTOMAS RELACIONADOS CON LA MENOPAUSIA (CALORES, SUDORES, SEQUEDAD VAGINAL, PROBLEMAS DE LA VEJIGA) .................... 10
DEPRESIÓN, ANSIEDAD, AFLCIÓN EMOCIONAL .............................................. 11
HISTERECTOMÍA U OVARIOCTOMÍA (EXTIRPACIÓN DEL OVARIO) .................. 12
OSTEOPOROSIS, PÉRDIDA/ ADELGAZAMIENTO DE LOS HUESOS PREVENCIÓN DE FRACTURA .......................... 13
PREVENCIÓN DE ENFERMEDAD CARDIOVASCULAR ........................................ 14
PERÍODOS MENSTRUALES IRREGULARES, PARA REGULARIZAR LOS PERÍODOS ......................... 15
OTRAS RAZONES ........................................... 16
REFUSED ..................................................... 77
DON'T KNOW .............................................. 99
BOX 21

CHECK ITEM RHQ.552:
IF SP USED FEMALE HORMONE PILLS (CODE '10') IN RHQ.541, CONTINUE WITH RHQ.554.
OTHERWISE, GO TO BOX 22.

RHQ.554 ¿Ha tomado (usted/SP) alguna vez píldoras de hormonas femeninas que contienen estrógeno solamente (tal como Premarin)? (No incluya píldoras para el control de la natalidad.)

YES ................................................................. 1
NO ................................................................. 2 (RHQ.562)
REFUSED ......................................................... 7 (RHQ.562)
DON'T KNOW .................................................... 9 (RHQ.562)

RHQ.556 ¿Qué edad tenía (usted/SP) cuando empezó a tomar por primera vez píldoras que contienen estrógeno solamente?

|   |   |
---|---|
ANOTE LA EDAD EN AÑOS

REFUSED .......................................................... 777
DON'T KNOW .................................................... 999

RHQ.558 ¿Está (usted/SP) tomando ahora píldoras que contienen estrógeno solamente?

YES ................................................................. 1
NO ................................................................. 2
REFUSED ......................................................... 7
DON'T KNOW .................................................... 9

RHQ.560 Sin contar ningún momento en que (usted/SP) dejó de tomarlas, ¿por cuánto tiempo en total (ha tomado usted/tomó usted/ha tomado ella/tomó ella) píldoras que contienen estrógeno solamente?

CODE "1" FOR LESS THAN 1 MONTH

|   |   |
---|---|
ANOTE LA CANTIDAD

REFUSED .......................................................... 77
DON'T KNOW .................................................... 99

ENTER UNIT

MESES ............................................................. 1
AÑOS ............................................................. 2
REFUSED ......................................................... 7
DON'T KNOW .................................................... 9
¿Ha tomado (usted/SP) píldoras de hormonas femeninas que contienen progestina solamente (tal como Provera)? (No incluya píldoras para el control de la natalidad.)

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<td>DONT KNOW</td>
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¿Qué edad tenía (usted/SP) cuando empezó a tomar por primera vez píldoras que contienen progestina solamente?

АНОТЕ LA EDAD EN AÑOS

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¿Está (usted/SP) tomando ahora píldoras que contienen progestina solamente?

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Sin contar ningún momento en que (usted/SP) dejó de tomarlas, ¿por cuánto tiempo en total (ha tomado usted/tomó usted/ha tomado ella/tomó ella) píldoras que contienen progestina solamente?

CODE "1" FOR LESS THAN 1 MONTH

АНОТЕ LA CANTIDAD

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MESES ................................................. 1
AÑOS ................................................. 2
REFUSED ............................................. 7
DONT KNOW ........................................ 9

¿Ha tomado (usted/SP) píldoras de hormonas femeninas que contienen ambos, estrógeno y progestina (tal como Prempro, Premphase)? (No incluya píldoras para el control de la natalidad.)

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RHQ-14 (Revised February 2003)
A.2-28
RHQ.572 ¿Qué edad tenía (usted/SP) cuando empezó a tomar por primera vez píldoras que contienen estrógeno y progestina?

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RHQ.574 ¿Está (usted/SP) tomando ahora píldoras que contienen ambos, estrógeno y progestina?

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RHQ.576 Sin contar ningún momento en que (usted/SP) dejó de tomarlas, ¿por cuánto tiempo en total (ha tomado usted/tomó usted/ha tomado ella/tomó ella) píldoras que contienen ambos, estrógeno y progestina?

CODE "1" FOR LESS THAN 1 MONTH

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BOX 22

CHECK ITEM RHQ.578:
IF SP USED PATCHES (CODE '11') IN RHQ.541, CONTINUE WITH RHQ.580.
OTHERWISE, GO TO BOX 24.

RHQ.580 ¿Ha usado (usted/SP) alguna vez parches de hormonas femeninas que contienen estrógeno solamente?

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RHQ.582  ¿Qué edad tenía (usted/SP) cuando empezó a usar por primera vez parches que contienen estrógeno solamente?

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REFUSED .................................................... 777
DON'T KNOW ............................................ 999

RHQ.584  ¿Está (usted/SP) usando ahora parches que contienen estrógeno solamente?

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RHQ.586  Sin contar ningún momento en que (usted/SP) dejó de usarlos, ¿por cuánto tiempo en total (ha usado usted/usó usted/ha usado ella/usó ella) parches que contienen estrógeno solamente?

CODE "1" FOR LESS THAN 1 MONTH

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REFUSED .................................................... 77
DON'T KNOW ............................................ 99

ENTER UNIT

| MESES .......................................................... 1 |
| AÑOS .......................................................... 2 |
| REFUSED ...................................................... 7 |
| DON'T KNOW .................................................. 9 |

RHQ.596  ¿Ha usado (usted/SP) parches de hormonas femeninas que contienen ambos, estrógeno y progesterona?

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<td>DON'T KNOW ................................................. 9 (BOX 24)</td>
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RHQ.598  ¿Qué edad tenía (usted/SP) cuando empezó a usar por primera vez parches que contienen ambos, estrógeno y progesterona?

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REFUSED .................................................... 77
DON'T KNOW ............................................ 99
RHQ.600 ¿Está (usted/SP) usando ahora parches que contienen ambos, estrógeno y progestina?

YES ............................................................ 1
NO ............................................................ 2
REFUSED ...................................................... 7
DON'T KNOW .................................................. 9

RHQ.602 Sin contar ningún momento en que (usted/SP) dejó de usarlos, ¿por cuánto tiempo en total (ha usado usted/usó usted/ha usado ella/usó ella) parches que contienen ambos, estrógeno y progestina?

CODE "1" FOR LESS THAN 1 MONTH

___|___|___
ANOTE LA CANTIDAD

REFUSED ...................................................... 77
DON'T KNOW .................................................. 99

ENTER UNIT

MESES ............................................................. 1
AÑOS .............................................................. 2
REFUSED ...................................................... 7
DON'T KNOW .................................................. 9

BOX 24

CHECK ITEM RHQ.640A:
- IF SP CURRENTLY PREGNANT (CODED '1') IN RHQ.143, CONTINUE WITH FSQ.651.
- IF THE AGE DIFFERENCE BETWEEN SP's CURRENT AGE AND AGE AT LAST LIVE BIRTH IN RHQ.190 IS ZERO OR 1, CONTINUE WITH FSQ.651.
- IF SP CURRENTLY LACTATING (CODED '1') IN RHQ.200, CONTINUE WITH FSQ.651.
- IF SP 14-49 YEARS OLD, GO TO RHQ.700.
- OTHERWISE, GO TO END OF SECTION.

FSQ.651 Estas siguientes preguntas son acerca de la participación en programas para mujeres con niños pequeños.

¿Recibió (usted/SP) personalmente beneficios de WIC, es decir, del Programa para Mujeres, Infantes y Niños, en los últimos 12 meses?

YES ............................................................. 1
NO ............................................................. 2 (BOX 25)
REFUSED ...................................................... 7 (BOX 25)
DON'T KNOW .................................................. 9 (BOX 25)
FSQ.660 ¿Está (usted/SP) recibiendo **ahora** beneficios del Programa WIC?

- YES .......................................................... 1
- NO ............................................................ 2
- REFUSED .................................................. 7
- DON'T KNOW .......................................... 9

FSQ.670 Pensando (en su más reciente embarazo o parto/en el más reciente embarazo o parto de SP), ¿cuánto tiempo (recibió usted/ha estado recibiendo usted/recibió ella/ha estado recibiendo ella) beneficios del Programa WIC?

CAPI INSTRUCTION:
IF SP CURRENTLY RECEIVING WIC BENEFITS (CODED ‘1’) IN FSQ.660, DISPLAY (HAVE YOU BEEN RECEIVING/HAS SHE BEEN RECEIVING). OTHERWISE, DISPLAY (DID YOU RECEIVE/DID SHE RECEIVE).

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</table>
|   |   | ANOTΕ LA CANTIDAD

- REFUSED .................................................. 77
- DON'T KNOW .......................................... 99

ENTER UNIT

- MESES .................................................... 1
- AÑOS ..................................................... 2
- REFUSED .................................................. 7
- DON'T KNOW .......................................... 9

BOX 25

CHECK ITEM RHQ.690:
- IF SP 14-49 YEARS OLD, CONTINUE WITH RHQ.700.
- OTHERWISE, GO TO END OF SECTION.

RHQ.700 Durante el **mes pasado**, ¿ha usado (usted/SP) alguno de los siguientes productos para la higiene femenina?

HAND CARD RHQ1

- YES .......................................................... 1
- NO ............................................................ 2 (RHQ.720)
- REFUSED .................................................. 7 (RHQ.720)
- DON'T KNOW .......................................... 9 (RHQ.720)
¿Cuál de estos productos ha usado (usted/SP)?

CODE ALL THAT APPLY.

TAMPONES .................................................. 1
TOALLA SANITARIA ........................................ 2
DUCHAS VAGINALES ............................... 3
AEROSOL PARA LA HIGIENE FEMENINA .......... 4
POLVOS PARA LA HIGIENE FEMENINA ........... 5
PAÑO HUMEDO (WIPES) PARA LA HIGIENE FEMENINA/TOALLITAS HUMEDAS .......... 6
OTROS PRODUCTOS PARA LA HIGIENE FEMENINA ........................................ 7
REFUSED ..................................................... 77
DON'T KNOW ........................................... 99

Durante los últimos 6 meses, ¿se dio (usted/SP) duchas vaginales?  Por darse duchas vaginales, queremos decir si se puso una substancia dentro de la vagina, ya sea para limpieza de rutina o para alguna irritación vaginal o signos de infección.

YES ............................................................ 1
NO ............................................................. 2 (RHQ.740)
REFUSED .................................................. 7 (RHQ.740)
DON'T KNOW ........................................... 9 (RHQ.740)

Durante los últimos 6 meses, ¿con qué frecuencia se dio duchas vaginales (usted/SP)?  Diría...

5 o más veces al mes, ......................................... 1
2 a 4 veces al mes, ........................................ 2
una vez al mes, ......................................... 3
menos de una vez al mes?  ......................... 4
REFUSED .................................................. 7
DON'T KNOW ........................................... 9

¿Tuvo (usted/SP) alguno de los siguientes problemas: picazón vaginal, un olor vaginal desagradable, o un flujo vaginal poco común?

YES ............................................................ 1
NO ............................................................. 2 (END OF SECTION)
REFUSED .................................................. 7 (END OF SECTION)
DON'T KNOW ........................................... 9 (END OF SECTION)

¿Cuáles de estos problemas tuvo (usted/SP)?

CODE ALL THAT APPLY.

PICAZON VAGINAL ........................................ 1
OLOR VAGINAL DESAGRADABLE ................. 2
FLUJO VAGINAL POCO COMUN .................. 3
REFUSED .................................................. 7
DON'T KNOW ........................................... 9
This page left intentionally blank.
PAQ.040 La siguiente serie de preguntas es acerca de las actividades físicas que has hecho durante los últimos 30 días. Primero preguntaré acerca de las actividades que están relacionadas con el transporte. Luego haré preguntas acerca de las actividades físicas que tú has hecho en tu tiempo libre/él/ella hace en su tiempo libre).

Durante los últimos 30 días, ¿has caminado o andado en bicicleta para ir y volver del trabajo o de la escuela, o para hacer mandados?

CODE "INCAPAZ DE HACER" ONLY IF RESPONDENT VOLUNTEERS

YES ................................................................. 1
NO ................................................................. 2 (*2PAQ.205)
INCAPAZ DE HACER LA ACTIVIDAD ............... 3 (*2PAQ.205)
REFUSED .................................................... 7 (*2PAQ.205)
DON'T KNOW ............................................. 9 (*2PAQ.205)

PAQ.050 Durante los últimos 30 días], ¿con qué frecuencia hiciste esto? [Caminar o andar en bicicleta para ir y volver del trabajo o escuela, o para hacer mandados].

PROBE: ¿Cuántas veces al día, a la semana, o al mes hiciste estas actividades?

<p>| | | |</p>
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<thead>
<tr>
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<tbody>
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<td>ANOTE LA CANTIDAD DE VECES AL DIA, SEMANA O MES</td>
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</tbody>
</table>
| REFUSED ............................................. 777 (*2PAQ.205)
| DON'T KNOW ........................................ 999 (*2PAQ.205)

ENTER UNIT

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</table>
| DIA ...................................................... 1
| SEMANA .................................................. 2
| MES ...................................................... 3
| REFUSED ................................................ 7 (*2PAQ.205)
| DON'T KNOW ........................................... 9 (*2PAQ.205)

PAQ.080 En aquellos días en que caminaste o anduviste en bicicleta, ¿más o menos cuánto tiempo en total pasaste haciendo esto?

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<table>
<thead>
<tr>
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<tbody>
<tr>
<td>ANOTE LA CANTIDAD DE MINUTOS U HORAS</td>
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</table>
| REFUSED ............................................. 777
| DON'T KNOW ........................................ 999

ENTER UNIT

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</thead>
</table>
| MINUTOS ............................................ 1
| HORAS ................................................ 2
| REFUSED ............................................. 7
| DON'T KNOW ....................................... 9

PAQ-1
Las siguientes preguntas son acerca de actividades físicas incluyendo ejercicios, deportes, y pasatiempos físicamente activos que (tú puedes/SP puede) haber hecho en (tu tiempo libre/el tiempo libre de (él(MPR)/ella(FPR)) o en la escuela durante los últimos 30 días.

Primero (te(SE)/le(M&FPR)) preguntaré acerca de las actividades vigorosas que causan abundante sudor o grandes aumentos del ritmo de la respiración o de los latidos del corazón. Luego (te(SE)/le(M&FPR)) preguntaré acerca de las actividades moderadas que causan solamente un ligero sudor o un aumento ligero a moderado del ritmo de la respiración o de los latidos del corazón.

Durante los últimos 30 días, ¿hiciste/hizo SP) alguna actividad vigorosa por 10 minutos al menos que (te(SE)/le(M&FPR)) causara abundante sudor, o un gran aumento del ritmo de la respiración o de los latidos del corazón? Algunos ejemplos son correr, nadar dando vueltas en la alberca/piscina, clases de aeróbicos, o andar rápido en bicicleta. Aquí hay algunos otros ejemplos de este tipo de actividades. Por favor no incluyas trabajo de la casa o del jardín del cual y a me hayas hablado.

HAND CARD PAQ2

CODE 'UNABLE TO DO' ONLY IF RESPONDENT VOLUNTEERS

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<th>Response</th>
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<tr>
<td>NO</td>
<td>2</td>
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<tr>
<td>INCAPAZ DE HACER LA ACTIVIDAD</td>
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</tbody>
</table>
Durante los últimos 30 días, ¿qué actividades vigorosas hiciste/hizo SP?

**CODE ALL THAT APPLY**

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<thead>
<tr>
<th>Actividad</th>
<th>Código</th>
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<tr>
<td>AEROBICOS (ALTO IMPACTO, “E.G.”, STEPS, TAEBO)</td>
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<td>TENIS LIVIANO</td>
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<td>PATINAJE EN FILA</td>
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<td>PATINAJE SOBRE HIELO</td>
<td>31</td>
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<td>ESQUI – A CAMPO TRAVIESA</td>
<td>32</td>
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<tr>
<td>(INCLUYENDO PISTA NORDICA)</td>
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<tr>
<td>ESQUI – CUESTA ABAJO</td>
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<td>SUBIDA DE ESCALERAS</td>
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<td>VOLEI/BOL</td>
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<tr>
<td>BOXEO</td>
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<td>ARTES MARCIALES (KARATE, JUDO)</td>
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</tbody>
</table>

BOX 1

**LOOP 1:**
ASK "2PAQ.280 AND PAQ.300 FOR EACH ACTIVITY ENTERED IN "2PAQ.220."
*2PAQ.280  [Durante los últimos 30 días], ¿con qué frecuencia {(SE)/SP} {ACTIVITY}?  

PROBE: ¿Cuántas veces al día, a la semana, o al mes?  

CAPI INSTRUCTION:  
FILLS FOR ACTIVITY SHOULD BE AS FOLLOWS:  10. {hiciste(SE)/hizo(M&FPR)} aeróbicos,  
12. {jugaste(SE)/jugó(M&FPR)} baloncesto, 13. {anduviste(SE)/anduvo} en bicicleta,  
17. {jugaste(SE)/jugó(M&FPR)} fútbol americano, 20. {hiciste(SE)/hizo(M&FPR)} caminatas,  
21. {jugaste(SE)/jugó(M&FPR)} hockey, 23. {trotaste(SE)/trotó(M&FPR)},  
24. {anduviste(SE)/anduvo(M&FPR)} en canoa, 26. {jugaste(SE)/jugó(M&FPR)} tenis liviano,  
27. {anduviste(SE)/anduvo(M&FPR)} en patines con ruedas en fila, 28. remaste(SE)/remó(M&FPR)),  
29. {corriste(SE)/corrió(M&FPR)}, 31. {patinaste(SE)/patinó(M&FPR)} sobre hielo,  
32. {esquiaste(SE)/esquió(M&FPR)} a campo traviesa (incluyendo pista nórdica),  
33. {esquiaste(SE)/esquió(M&FPR)} cuesta abajo, 34. {jugaste(SE)/jugó(M&FPR)} fútbol,  
36. {subiste(SE)/subió(M&FPR)} escaleras, 38. {nadaste(SE)/nadó(M&FPR)},  
39. {jugaste(SE)/jugó(M&FPR)} tenis, 40. {usaste(SE)/usó(M&FPR)} la máquina para caminar,  
41. {jugaste(SE)/jugó(M&FPR)} voleibol, 50. {practicaste(SE)/practicó(M&FPR)} boxeo,  
53. {practicaste(SE)/practicó(M&FPR)} artes marciales, 54. {practicaste(SE)/practicó(M&FPR)} lucha.  
71. DISPLAY ACTIVITY IN 'OTHER SPECIFY', . 72. DISPLAY ACTIVITY IN 'OTHER SPECIFY',  
73. DISPLAY ACTIVITY IN 'OTHER SPECIFY'.  

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<th>ANOTE LA CANTIDAD DE VECES (AL DIA, SEMANA O MES)</th>
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<td></td>
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<td>DON'T KNOW ........................................ 999</td>
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<td>SEMANA ................................................ 2</td>
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<td>MES ................................................. 3</td>
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<td>REFUSED ............................................. 7</td>
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<td>DON'T KNOW ......................................... 9</td>
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PAQ.300  [Durante los últimos 30 días], ¿en promedio más o menos por cuánto tiempo {(SE)/SP} {ACTIVITY} cada vez?  

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<td>ENTER UNIT .........................................</td>
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<td>MINUTOS .............................................. 1</td>
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<td>HORAS ............................................... 2</td>
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<tr>
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<td></td>
<td>DON'T KNOW ......................................... 9</td>
</tr>
</tbody>
</table>
**BOX 2**

**END LOOP 1:**
ASK *2PAQ.280 AND PAQ.300 FOR NEXT ACTIVITY.
IF NO NEXT ACTIVITY, CONTINUE WITH *2PAQ.325.

*2PAQ.325 [Durante los últimos 30 días], ¿(hiciste/hizo SP) actividades moderadas por 10 minutos al menos que (te(SE)/le(M&FPR)) causaran solamente un ligero sudor o un aumento ligero a moderado del ritmo de la respiración o de las latidos del corazón? Algunos ejemplos son caminar rápido, andar en bicicleta por placer, golf, o bailar. Aquí hay algunos otros ejemplos de este tipo de actividades. Por favor no incluyas trabajo de la casa o del jardín del cual ya me hayas hablado.

HAND CARD PAQ3

CODE 'INCAPAZ DE HACER LA ACTIVIDAD' ONLY IF RESPONDENT VOLUNTEERS

| YES ............................................................. | 1 |
| NO ............................................................ | 2 (*2PAQ.440) |
| INCAPAZ DE HACER LA ACTIVIDAD ......................... | 3 (*2PAQ.440) |
| REFUSED ...................................................... | 7 (*2PAQ.440) |
| DON'T KNOW ................................................. | 9 (*2PAQ.440) |
[Durante los últimos 30 días], ¿qué actividad o actividades moderadas (hiciste/hizo SP)?

CODE ALL THAT APPLY

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<thead>
<tr>
<th>Activity</th>
<th>Code</th>
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</thead>
<tbody>
<tr>
<td>AEROBICOS (DE BAJO IMPACTO)</td>
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<td>BEISBOL</td>
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<td>BALONCESTO</td>
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<td>PESCA</td>
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<td>ESQUI – CUESTA ABAJO</td>
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<td>BEISBOL (CON PELOTA BLANDA)</td>
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</table>

*2PAQ.440  DON'T KNOW ............................................... 99 (*2PAQ.440)

BOX 3

LOOP 2:
ASK *2PAQ.400 AND PAQ.420 FOR EACH ACTIVITY ENTERED IN *2PAQ.340.

PAQ-6
[Durante los últimos 30 días], ¿con qué frecuencia {(SE)/SP} {ACTIVITY}? 

PROBE: ¿Cuántas veces al día, a la semana, o al mes?

CAPI INSTRUCTION:
FILLS FOR ACTIVITY SHOULD BE AS FOLLOWS: 10. {hiciste(SE)/hizo(M&FPR)} aeróbicos, 11. {jugaste(SE)/jugó(M&FPR)} béisbol, 12. {jugaste(SE)/jugó(M&FPR)} baloncesto, 13. {anduviste(SE)/anduvo} en bicicleta, 14. {jugaste(SE)/jugó(M&FPR)} a los bolos, 15. {bailaste(SE)/bailó(M&FPR)}, 16. {pescaste/pescó(M&FPR)}, 17. {jugaste(SE)/jugó(M&FPR)} fútbol americano, 19. {jugaste(SE)/jugó(M&FPR)} golf, 20. {hiciste(SE)/hizo(M&FPR)} caminatas, 21. {jugaste(SE)/jugó(M&FPR)} hockey, 22. {cazaste(SE)/cazó(M&FPR)}, 23. {trotaste/trotó(M&FPR)}, 24. {anduviste(SE)/anduvo(M&FPR)} en canoa, 27. {anduviste(SE)/anduvo(M&FPR)} en patines con ruedas en fila, 28. {remaste(SE)/remó(M&FPR)}, 31. {patinaste(SE)/patinó(M&FPR)} sobre hielo, 33. {esquiaste(SE)/esquió(M&FPR)} cuesta abajo, 34. {jugaste(SE)/jugó(M&FPR)} fútbol, 35. {jugaste(SE)/jugó(M&FPR)} béisbol con pelota blanda, 36. {subiste(SE)/subió(M&FPR)} escaleras, 37. {hiciste(SE)/hizo(M&FPR)} estiramiento, 38. {nadaste(SE)/nadaó(M&FPR)}, 39. {jugaste(SE)/jugó(M&FPR)} tenis, 40. {usaste(SE)/usó(M&FPR)} la máquina para caminar, 41. {jugaste(SE)/jugó(M&FPR)} voleibol, 42. {caminaste, paseaste(SE)/caminó, paseó(M&FPR)}, 43. {levantaste(SE)/levantó(M&FPR)} pesas, 51. .{jugaste(SE)/jugó(M&FPR)} “frisbee”, 52. {montaste(SE)/montó(M&FPR)} a caballo, 53. {practicaste(SE)/practicó(M&FPR)} artes marciales, 55. {hiciste(SE)/hizo(M&FPR)} yoga, 71. DISPLAY ACTIVITY IN 'OTHER SPECIFY'; 72. DISPLAY ACTIVITY IN 'OTHER SPECIFY', 73. DISPLAY ACTIVITY IN 'OTHER SPECIFY'.

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<table>
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<td>ANOTE LA CANTIDAD DE VECES (AL DIA, SEMANA O MES)</td>
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</table>

REFUSED ..................................................... 777  
DON’T KNOW ............................................... 999  

ENTER UNIT

DIA ......................................................... 1  
SEMANA ................................................... 2  
MES............................................................ 3  
REFUSED .................................................... 7  
DON’T KNOW ............................................... 9  

PAQ.420 [Durante los últimos 30 días], ¿en promedio más o menos por cuánto tiempo {(SE)/SP} {ACTIVITY} cada vez?

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>ANOTE LA CANTIDAD (DE MINUTOS U HORAS)</td>
<td></td>
</tr>
</tbody>
</table>

REFUSED ..................................................... 777  
DON’T KNOW ............................................... 999  

ENTER UNIT

MINUTOS.................................................... 1  
HORAS..................................................... 2  
REFUSED .................................................... 7  
DON’T KNOW ............................................... 9  

PAQ-7
**BOX 4**

END LOOP 2:
ASK *2PAQ.400 AND PAQ.420 FOR NEXT ACTIVITY.
IF NO NEXT ACTIVITY, CONTINUE WITH *2PAQ.440.

*2PAQ.440 Durante los **últimos 30 días**, ¿hiciste/hizo SP alguna actividad física específicamente diseñada para **fortalecer** los músculos tal como levantar pesas, hacer flexiones para los pectorales o flexiones para los abdominales? (Incluye(SE)/Incluya(M&FPR)) todas las actividades que facilitan o promueven la salud, aún si {tú(SE)/usted(M&FPR)} ya las {has(SE)/ha(M&FPR)} mencionado antes.

CODE 'INCAPAZ DE HACER' ONLY IF RESPONDENT VOLUNTEERS

<table>
<thead>
<tr>
<th>YES</th>
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<th>REFUSED</th>
<th>DON'T KNOW</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>(PAQ.500)</td>
<td>(PAQ.500)</td>
<td>(PAQ.500)</td>
</tr>
</tbody>
</table>

PAQ.460 [Durante los **últimos 30 días**], ¿con qué frecuencia hiciste/hizo SP estas actividades físicas? [Actividades que fortalecen los músculos como levantar pesas, hacer flexiones para los pectorales o flexiones para los abdominales.]

|___|___|___|
| ANOTE LA CANTIDAD DE VECES (AL DIA, SEMANA O MES) |

<table>
<thead>
<tr>
<th>REFUSED</th>
<th>DON'T KNOW</th>
</tr>
</thead>
<tbody>
<tr>
<td>777</td>
<td>999</td>
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</table>

ENTER UNIT

<table>
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<tr>
<th>DIA</th>
<th>SEMANA</th>
<th>MES</th>
</tr>
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<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>REFUSED</th>
<th>DON'T KNOW</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>9</td>
</tr>
</tbody>
</table>

PAQ.500 ¿Cómo se compara la cantidad de actividad que {tú informaste(SE)/usted informó para SP (M&FPR)} para los **últimos 30 días** con {tu actividad física/la actividad física de (él(MPR)/ella(FPR))} en los **últimos 12 meses**? Durante los **últimos 30 días**, ¿estuviste/estuvo {él(MPR)/ella(FPR)} ...

<table>
<thead>
<tr>
<th>más activo(a)</th>
<th>menos activo(a), o</th>
<th>más o menos lo mismo?</th>
<th>REFUSED</th>
<th>DON'T KNOW</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>7</td>
<td>9</td>
</tr>
</tbody>
</table>
PAQ.520 Comparado con la mayoría de {los niños/las niñas} de {tu edad(SE)/la edad SP(M&FPR}), ¿ {tú dirías que eres(SE) /usted diría que él(MPR)/ella(FPR) es}...

más activo(a) ................................................... 1
menos activo(a), o ............................................ 2
más o menos lo mismo? .................................... 3
REFUSED ....................................................... 7
DONT KNOW .................................................. 9

*2PAQ.590 Durante los últimos 30 días, en promedio, ¿cuántas horas al día {te sentaste/se sentó SP} a mirar televisión o videos {fuera del trabajo} ? ¿{Dirías(SE)/Diría(M&FPR)...

CAPI INSTRUCTION:
IF SP AGE >= 16, DISPLAY “{fuera del trabajo}?” IN THE QUESTION AND “{tú/él/ella} no miras TV ni videos ni usas una computadora fuera del trabajo?” FOR OPTION “6”. OTHERWISE, DO NOT DISPLAY “{fuera del trabajo}?” IN THE QUESTION AND DISPLAY “{NONE}” FOR OPTION “6”.

menos de 1 hora, ............................................. 0
1 hora, .......................................................... 1
2 horas, .......................................................... 2
3 horas, .......................................................... 3
4 horas, .......................................................... 4
5 horas o más, o .............................................. 5
{tú/él/ella} no miras TV ni videos ni usas una computadora fuera del trabajo?/NONE. 8
REFUSED ....................................................... 77
DONT KNOW .................................................. 99

*2PAQ.600 Durante los últimas 30 días, en promedio, ¿cuántas horas al día (usaste/uso) SP) una computadora o jugaste juegos en la computadora {fuera del trabajo} ? ¿{Dirías(SE)/Diría(M&FPR)...

menos de 1 hora, ............................................. 0
1 hora, .......................................................... 1
2 horas, .......................................................... 2
3 horas, .......................................................... 3
4 horas, .......................................................... 4
5 horas o más, o .............................................. 5
{tú/él/ella} no miras TV ni videos ni usas una computadora fuera del trabajo?/NONE. 8
REFUSED ....................................................... 77
DONT KNOW .................................................. 99

CAPI INSTRUCTION:
IF SP AGE >= 16, DISPLAY “{fuera del trabajo}?” IN THE QUESTION AND “{tú/él/ella} no miras TV ni videos ni usas una computadora fuera del trabajo?” FOR OPTION “6”. OTHERWISE, DO NOT DISPLAY “{fuera del trabajo}?” IN THE QUESTION AND DISPLAY “{NONE}” FOR OPTION “6”.

PAQ-9
Section A.3

The Spanish CDISC Interview
INTRODUCCION/CALENDARIO DE ACONTECIMIENTOS

(Introducción a las Secciones Diagnósticas)

Esta entrevista es mayormente de preguntas acerca de lo que has estado haciendo y sintiendo en el último año - es decir, desde [la Primavera pasada/el Verano pasado/el Otoño pasado/el Invierno pasado] hasta el día de hoy.

Nos tomará alrededor de una hora terminar todas las preguntas, tal vez un poco más. ¿Está bien eso?

  a: SI HAY CONFLICTO CON EL HORARIO, RESUELVA AHORA

Si deseas tomar un descanso por un rato, dímelo, estará bien.

  b: PRESENTE LAS FRASES CONCERNIENTES A LA INFORMACION CONFIDENCIAL PARA ESTE ESTUDIO

NOTA 1: ANOTE LA FECHA DE HOY (MES, DIA, AÑO)

NOTA 2: ENTREVISTADOR, CODIFIQUE LAS SIGUIENTES VARIABLES SIN PREGUNTAR:

GENEROS DEL NIÑO(A) (ENTREVISTADO/A):

Masculino
Femenino

Bueno, empecemos con unas preguntas sencillas acerca de ti y tu familia.

2. ¿Cuántos años tienes?

CODIFIQUE LA EDAD ACTUAL

NOTA 3: SI NO ESTA CLARO, PREGUNTE: ¿Esa es la edad que tienes ahora?

3. ¿Cuándo es tu cumpleaños?

CODIFIQUE EL MES Y EL DIA

A. ¿Fue ese día cuando cumpliste [MENCIONE EDAD DE LA P 2]?

SI DICE NO, B. ¿Cuántos años tienes ahora?

ANOTE EDAD

A.3-1
CALCULE LA FECHA DE
NACIMIENTO AQUI (MES/DIA/AÑO) ---->

4. ¿Tienes hermanos o hermanas que vivan contigo?
   SI DICE NO, A. En el último año, ¿algún(a) hermano o hermana ha vivido contigo?

5. ¿Vas a la escuela?
   SI DICE NO, A. ¿Fuiste a la escuela en el último año?
   SI DICE NO, PREGUNTE E
   SI DICE SI, B. ¿Y en el último mes?
   SI DICE NO, C. ¿No fuiste porque estabas de vacaciones?
   D. ¿Cuándo dejaste de ir a la escuela?
   CODIFIQUE MES ------------------>
   PASE A LA P 6
   SI DICE NO, E. ¿Alguna vez has ido a la escuela?
   SI DICE NO, PASE A LA P 8
   SI DICE SI, F. Cuando dejaste de ir a la escuela, ¿cuántos años tenías?
   CODIFIQUE EDAD ------------------>
   G. ¿En qué grado (año escolar, curso) fue eso?
   CODIFIQUE GRADO ------------------>
   PASE A LA P 7

6. ¿En qué grado (año escolar, curso) estás ahora? (SI ESTA DE VACACIONES O NO
   ESTA EN LA ESCUELA: ¿Cuál fue el último grado (año escolar, curso) que
completaste?)
   CODIFIQUE GRADO ------------------------------>
   (44 = PRE-K, 55 = KINDER, 13 = 9NO GRADO, 14 = 10MO. GRADO,
   15 = 11MO. GRADO, 16 = 12MO. GRADO, 17 = ESCUELA GRADUADA)
   A. ¿Cuándo empezaste a ir a la escuela este año?
   CODIFIQUE MES ------------------------------->
7. ¿Alguna vez has repetido un grado (año escolar, curso)?

SI DICE SI, A. ¿Has repetido un grado (año escolar, curso) más de una vez?

SI DICE SI, B. ¿Cuántas veces has repetido un grado (año escolar, curso)?

1 grado repetido
2 grados repetidos
3 grados repetidos
4 grados repetidos
Rehusa contestar
No sabe

C. ¿Cuáles has repetido?

CODIFIQUE GRADO (44 = PRE-K, 55 = KINDER) ------>
CODIFIQUE GRADO ----------------------------->
CODIFIQUE GRADO ----------------------------->
CODIFIQUE GRADO ----------------------------->
CODIFIQUE GRADO ----------------------------->

8. ¿Fuiste al kinder (pre-escolar 3-6 años)?

SI DICE SI, A. ¿Cuántos años tenías entonces?

CODIFIQUE EDAD ----------------------------->

SI DICE NO, B. ¿Cuántos años tenías cuando empezaste en la escuela?

CODIFIQUE EDAD ----------------------------->

C. ¿En qué grado (año escolar, curso) empezaste?

CODIFIQUE GRADO (44= PRE-K, 55 = KINDER) ------->

c: AQUI EL ENTREVISTADOR DEBERA ANOTAR EN LA TARJETA DE INFORMACION CRONOLOGICA, LA EDAD, GRADO, ESCUELAS PARA CADA EDAD, FORMULANDO PREGUNTAS ADICIONALES CUANDO SEA NECESARIO.

d: SI LA EDAD ACTUAL DEL NIÑO ES MENOS DE 12 AÑOS, PASE A LA P 10

CUALQUIER OTRA RESPUESTA, CONTINUE

9. ¿Tienes empleo (trabajo)?

SI DICE SI, A. ¿Qué haces?
I. ¿Cuándo empezaste ese empleo (trabajo)?
(Anote año o mes en las tarjetas.)

SI DICE NO, C. ¿Has tenido un empleo (trabajo) en el último año?

SI DICE NO, PASE A LA P 10

SI DICE SI, D. ¿Has tenido un empleo (trabajo) en el último mes?

SI DICE NO, E. ¿Cuándo fue la última vez que tuviste un empleo (trabajo)? (Anote año o mes en las tarjetas.)

F. ¿Cuándo empezaste ese empleo (trabajo)?
(Anote año o mes en las tarjetas.)

G. ¿Qué hacías?

SI DICE NO, H. ¿Alguna vez has tenido un empleo (trabajo)?

SI DICE SI, I. ¿Cuándo fue eso? (Anote año o mes en las tarjetas.)

J. ¿Qué hacías?

10. ¿Has vivido siempre en la misma casa (o apartamento)?

SI DICE NO, A. ¿Cuándo te mudaste [aqui/allá]? (Anote el año o el mes en las tarjetas.)

11. ¿Vives con tu padre y madre?

12. ¿Cuál de los adultos que viven contigo, te han cuidado en el último año? (Marque todas las que correspondan.)

- Madre biológica/adoptiva
- Padre biológico/adoptivo
- Abuela
- Abuelo
- Hermana adulta
- Hermano adulto
- Madrastra
- Padrastro
- Madre de crianza (Tutora, madre de acogida)
- Padre de crianza (Tutor, padre de acogida)
- Tiá
Tío
Otro

(Especifique "OTRO":)

Si hay mas de un adulto en la P 12, pregunte:

A. ¿Con cuál de estos adultos te sientes más apegado(a)?

Madre biológica/adoptiva
Padre biológico/adoptivo
Abuela
Abuelo
Hermana adulta
Hermano adulto
Madrastra
Padrastro
Madre de crianza (Tutora, madre de acogida)
Padre de crianza (Tutor, padre de acogida)
Tía
Tío
Otro
Alguna combinación de los ya mencionado
No sabe

Si 12A se codifica 14 o 99, pregunte:

B. ¿Cuál de estas personas te cuidó la mayor parte del tiempo en los últimos 12 meses?

E: Esta es la "figura de apego" del niño(a)

Nota: si el entrevistado mencionó más de una persona, anote el código de relación menor de la codificación anterior

(Introducción al calendario de acontecimientos)

Cuando respondas algunas de las preguntas que te haré más tarde, te pediré que hagas algo que es bastante difícil. Se trata de recordar cuándo pasaron ciertas cosas.

Una de las maneras de hacer más fácil este tipo de pregunta es preguntándote si eso sucedió después de un momento especial que recuerdes.

[Entrevistador: Anote los meses y las siguientes fechas (si se conocen de las secciones anteriores) en el calendario de acontecimientos.]
Fecha de nacimiento del niño(a) en la parte superior de la tarjeta de información cronológica
Último cumpleaños del niño(a) en el calendario de acontecimientos
Año de comienzo de la escuela actual del niño(a) y de las anteriores (si no lo ha hecho ya)
Fecha de comienzo del año académico actual del niño(a) (tarjeta de año actual)
Comienzo de la última vacación de verano del niño(a) (tarjeta de año actual)
Año o mes en que empezó el/la niño(a) el empleo (trabajo) actual
Año en que empezó a vivir el/la niño(a) en la dirección actual
Navidad u otros días festivos (año actual)

Quiero que me digas cuándo ocurrieron algunos acontecimientos de importancia para ti o tu familia durante el último año. La razón por la que te preguntaré cuándo sucedieron estas cosas es para ayudarte a recordar lo que haya ocurrido durante el último mes y durante el último año.

Estamos en [MES] de 199__. (DEMUESTRELE EL CALENDARIO DE ACONTECIMIENTOS AL ENTREVISTADO)

(ENTREVISTADOR: SI LAS FIESTAS NAVIDEÑAS FUERON HACE [CUATRO SEMANAS/SEIS MESES/DOCE MESES], DIGA: Y las fiestas navideñas se celebraron aquí en diciembre que fue hace [cuatro semanas/seis meses/doce meses]. SEÑALE DICIEMBRE Y ESCRIBA "FIESTAS NAVIDEÑAS" EN EL CALENDARIO DE ACONTECIMIENTOS).
Bien, tu último cumpleaños fue aquí en [MES DEL CUMPLEAÑOS]. (ENTREVISTADOR: SI PROCEDE, DIGA: Que fue hace __________ meses).

Sólo indague acerca de las fechas que todavía no tienen un evento asociado.

CALENDARIO DE ACONTECIMIENTOS DEL AÑO ACTUAL:
HACE 12 MESES:

2. Ahora quiero que lo pienses bien y trates y recuerdes si sucedió algo que te llamó la atención alrededor de esta fecha hace un año, es decir, en [MENCIONE MES ACTUAL] del año pasado y que se te haya quedado grabado en la memoria.

Puedes pensar en algo que te haya sucedido a ti o a tu familia durante [MENCIONE MES ACTUAL] del año pasado.

SI DICE SI, A. ¿Qué sucedió?

SI DICE NO, B. ¿Empezaste a hacer algo diferente...como unirte a un grupo o participar en deportes o empezar algún otro programa o actividad especial?

SI DICE SI, DESCRIBA, LUEGO PASE A LA P 14
SI DICE NO, CONTINUE

1. ¿Se mudó alguien a tu casa o de tu casa en [MENCIONE MES ACTUAL] del año pasado?

SI DICE SI, DESCRIBA, LUEGO PASE A LA P 14
SI DICE NO, CONTINUE

2. ¿Hiciste algún viaje o tuviste vacaciones durante [MENCIONE MES ACTUAL] del año pasado?

SI DICE SI, DESCRIBA, LUEGO PASE A LA P 14
SI DICE NO, CONTINUE

HACE 6 MESES:

14. Ahora desde hace seis meses, es decir, en [MENCIONE MES], ¿sucedió algo que verdaderamente puedas recordar?

SI DICE SI, A. ¿Qué sucedió?

SI DICE NO, B. ¿Empezaste a hacer algo diferente...como unirte a un grupo o participar en deportes o empezar algún otro programa o actividad especial?

SI DICE SI, DESCRIBA, LUEGO PASE A LA P 15
SI DICE NO, CONTINUE

C. ¿Se mudó alguien a tu casa o de tu casa en [MENCIONE MES]?

SI DICE SI, DESCRIBA, LUEGO PASE A LA P 15
SI DICE NO, CONTINUE

3. ¿Hiciste algún viaje o tuviste vacaciones durante [MENCIONE MES]?

SI DICE SI, DESCRIBA, LUEGO PASE A LA P 15
SI DICE NO, CONTINUE

HACE 4 SEMANAS:

15. Ahora, hace 4 semanas, es decir, a (principios de/mediados de/finales de [MES PASADO]). ¿Sucedió algo entonces que se te grabara en la memoria?
SI DICE SI, A. ¿Qué sucedió?

SI DICE NO, B. ¿Empezaste a hacer algo diferente...como unirte a un grupo o participar en deportes o empezar algún otro programa o actividad especial?

SI DICE SI, DESCRIBA, LUEGO PASE A LAS ANOTACIONES AL CALENDARIO DE ACONTECIMIENTOS

SI DICE NO, CONTINUE

C. ¿Se mudó alguien a tu casa o de tu casa hace cuatro semanas?

SI DICE SI, DESCRIBA, LUEGO PASE A LAS ANOTACIONES AL CALENDARIO DE ACONTECIMIENTOS

SI DICE NO, CONTINUE

ANOTACIONES AL CALENDARIO DE ACONTECIMIENTOS:

Ahora voy a tomar nota de esto y te entregaré un calendario que te ayudará con el resto de las preguntas.

4. ¿Hiciste algún viaje o tuviste vacaciones a [principios /mediados/finales] de [MES PASADO]?

SI DICE SI, DESCRIBA, LUEGO PASE A LAS ANOTACIONES AL CALENDARIO DE ACONTECIMIENTOS

SI DICE NO, CONTINUE

ANOTACIONES AL CALENDARIO DE ACONTECIMIENTOS:

Durante la sección que sigue de la entrevista, puedes contestar la mayoría de las preguntas con un "sí" o un "no". Si no estás seguro(a) de las respuestas, toma tu tiempo para pensarlas. Solo di
"no sé" cuando realmente no sepas las respuestas. Si te hago una pregunta que no entiendas, dímelo.

Si quieres decirme algo más que "sí" o "no", me avisas para anotarlo, de modo que podamos hablar sobre ello más adelante.

Le hago las mismas preguntas a todo el mundo. Preguntarte si has hecho algo, no quiere decir que piense que lo has hecho.

Por favor, trata de responder cada pregunta lo mejor que puedas. La mejor respuesta es la respuesta verdadera.

Bueno, vamos a revisar las instrucciones otra vez - para asegurarnos de que yo te haya explicado todo claramente. Principalmente te voy a pedir que contestes "sí" o "no". ¿Qué debes hacer si quieres decirme algo más que sí o no?

i: SI EL ENTREVISTADO NO SABE O NO ESTÁ SEGURO, DIGA:
Me avisas y lo anotaré, de modo que podamos hablar sobre ello más adelante.

¿Qué debes hacer si no estás seguro(a) de si la respuesta es "sí" o "no"?

j: SI EL ENTREVISTADO NO SABE O NO ESTÁ SEGURO, DIGA:
"Bueno, si necesitas tiempo para recordar algo, dímelo y esperaré, y si no entiendes una pregunta, dímelo."

Es importante que te des cuenta que no todas las preguntas se refieren al mismo período de tiempo. La mayoría de las preguntas son acerca del último año. Cuando digo "durante el último año", quiero que pienses en todo el tiempo desde [MES] del año pasado (en que [acontecimiento en el calendario que ocurrió hace un año]) hasta el día de hoy. (DIBUJE UNA LÍNEA HORIZONTAL A LO LARGO DEL INTERVALO DEL "ÚLTIMO AÑO" EN EL CALENDARIO DE ACONTECIMIENTOS).

Algunas preguntas serán acerca de los últimos seis meses. Cuando digo "en los últimos seis meses", quiero que pienses en todo el tiempo desde [MES] hace seis meses (en que [acontecimiento en el calendario que ocurrió hace seis meses]) hasta el día de hoy. (DIBUJE UNA LÍNEA HORIZONTAL A LO LARGO DEL INTERVALO DE "LOS ULTÍMOS SEIS MESES" EN EL CALENDARIO DE ACONTECIMIENTOS).

Muchas preguntas serán acerca de las últimas cuatro semanas. Cuando "digo en las últimas cuatro semanas", quiero que pienses acerca de todo el tiempo desde [principios/medios/finales de mes] hace cuatro semanas (en que [acontecimiento en el calendario que ocurrió hace cuatro semanas] hasta el día de hoy (DIBUJE OTRA LÍNEA HORIZONTAL A
LO LARGO DE TODO EL INTERVALO DE LAS "ULTIMAS CUATRO SEMANAS" EN EL CALENDARIO DE ACONTECIMIENTOS).

Finalmente algunas de las preguntas se refieren a cosas que podrían haber pasado a lo largo de toda tu vida.

El periodo de tiempo se menciona en cada pregunta, así que por favor está pendiente para que lo escuches.

¿Tienes alguna pregunta?

k: EL ENTREVISTADOR PODRA CONTESTAR PREGUNTAS SOBRE EL CALENDARIO DE ACONTECIMIENTOS EN SUS PROPIAS PALABRAS

INTRODUCCION A LAS SECCIONES DE DIAGNOSTICO:
Ahora empezaremos con las preguntas de sí/no acerca de cómo te has estado sintiendo y cómo has actuado a lo largo del último año.

ENTREVISTADOR:

SEÑALE LOS ACONTECIMIENTOS EN EL CALENDARIO DE ACONTECIMIENTOS Y ASEGUERESE DE QUE EL ENTREVISTADO COMPRENDE EL MARCO DE REFERENCIA TEMPORAL DE LA ENTREVISTA
CDISC – PANIC DISORDER

Ahora quiero preguntarte si alguna vez has tenido de repente un ataque en que te sentiste muy asustado(a).

En la clase de ataque del que hablo, alguien podría sentir mucho miedo a pesar de que no hay nada a su alrededor que le asuste. A veces la persona siente que no puede respirar. A veces, su corazón late muy rápido. Los ataques se producen de repente y después desaparecen, pero le da miedo que los ataques puedan repetirse.

3. **En el último año - es decir, desde [[MENCIONE SUCESO]/[MENCIONE MES ACTUAL] del año pasado] - ¿has tenido un ataque en el que de repente te sentiste muy asustado(a) o muy raro(a)?**

   SI DICE SI, A. ¿Has tenido un ataque como éste más de una vez?

   SI DICE NO, PASE A LA P 2, PAG. 31

1. ¿Te dio un ataque en que te sentiste muy asustado(a) o raro(a) solamente cuando viste u oíste algo que te asustó?

   SI DICE SI, C. ¿Alguna vez tuviste un ataque como éste cuando no había nada que te asustara?

   SI DICE NO, PASE A LA P 2, PAG. 31

D. Durante un ataque, ¿sentiste que te era difícil respirar?

E. ¿Te mareaste y sentiste que te podías desmayar?

F. ¿Te latía o te palpitaba el corazón demasiado rápido?

G. Durante un ataque, ¿temblaste?

H. Durante un ataque, ¿sudaste?

I. ¿Sentiste como si te ahogaras(asfixiaras)?

J. ¿Sentiste la boca seca durante un ataque?

   K. Durante un ataque, ¿tuviste dolor de estómago (barriga, panza) o sentiste ganas de vomitar o como si tuvieras que ir al baño?

L. ¿Sentiste cosquilleo en las manos o los pies, o se te adormecían?

M. Cuando tuviste un ataque en que te sentiste muy asustado(a) o raro(a), ¿sentiste mucho calor o mucho frío?

N. Durante un ataque, ¿tuviste dolor en el pecho o sentiste el pecho apretado?
O. Cuando tuviste un ataque en que te sentiste muy asustado(a) o raro(a), ¿te daba miedo de estar volviéndote loco(a) o perdiendo el control?

P. ¿Pensaste que te ibas a morir durante un ataque?

Q. Algunas veces, cuando la gente tiene ataques como éstos, siente como si no fueran reales. Como si su cuerpo no fuera de ellos. Como si no fuera parte del mundo real. ¿Te sentiste así cuando te dio un ataque?

R. Algunas veces, cuando la gente tiene ataques como éstos, siente que el mundo que los rodea no es real, como si el mundo estuviera al otro lado de una ventana de cristal, o como si la gente que les rodea fueran como marionetas (títeres) o actores en una película. ¿Te has sentido así cuando te estaba dando un ataque?

: SI SE CODIFICARON 2 O MAS RESPUESTAS

CON * EN LA D - R, CONTINUE.

CUALQUIER OTRA RESPUESTA, PASE A AG, PAG. 44

S. Dijiste que durante un ataque en que te sentías muy asustado(a) o raro(a), tenías [MENCIONE LOS SINTOMAS CON * EN LA P 1D - R]. ¿Tuviste la mayoría de estas experiencias poco después de empezar el ataque?

T. Estos ataques en que te sentías muy asustado(a) o raro(a), ¿ocurrieron solamente después de haber tomado muchos refrescos o sodas o café o después de haber tomado medicinas?

SI DICE SI, U. ¿Alguna vez has tenido algún ataque sin haber tomado soda (refresco) o café o medicinas?

SI DICE NO, PASE A AG, PAG. 44

IV. Estos ataques en que te sentías muy asustado(a) o raro(a), ¿ocurrieron solamente después de haber fumado cigarrillos, bebido alcohol o usado drogas?

SI DICE SI, W. ¿Alguna vez te sentiste así sin haber fumado cigarrillos, bebido alcohol o usado drogas?

SI DICE NO, PASE A AG, PAG. 44
X. ¿Y durante las últimas cuatro semanas?

Desde [[MENCIONE SUCESO]]/principios de/mediados de/finales de [MES PASADO]], ¿has tenido un ataque en que te sentiste muy asustado(a) o raro(a)?
PASE A LA P 4, PAG. 37

5. En el último año, ¿has tenido algún momento en que de repente sentiste que te asfixiabas o que no podías respirar?

SI DICE SI, A. ¿Había alguna buena razón para sentirte así como tener un ataque de asma o porque te estabas ahogando con algo?[42]

SI DICE SI, B. ¿Alguna vez te sentiste así cuando no había una buena razón para ello?

SI DICE NO, PASE A LA P 3, PAG. 34

C. ¿Te has sentido así más de una vez?

SI DICE NO, PASE A LA P 3, PAG. 34

1. Dijiste que una vez tuviste un tiempo en que de repente sentiste que no podías respirar. Cuando pasó eso, ¿también tuviste un ataque en que te sentías muy asustado(a) o raro(a)?

SI DICE NO, PASE A LA P 3, PAG. 34

SI DICE SI, E. Durante un ataque, ¿te mareaste o sentiste que te podías desmayar?

F. ¿Te latía o pulsaba el corazón demasiado rápido?

G. Durante un ataque, ¿temblaste?

H. Durante un ataque, ¿sudaste?

I. ¿Sentiste como si te ahogaras (asfixiarias)?

J. ¿Sentiste la boca seca?

K. Durante un ataque, ¿tuviste dolor de estómago (barriga, panza) o sentiste ganas de vomitar o como si tuvieras que ir al baño?

L. ¿Sentiste cosquilleo en las manos o los pies, o se te adormecían?

M. Cuando no podías respirar y tenías un ataque en que te sentías muy asustado(a) o raro(a), ¿sentiste mucho calor o mucho frío?
N. Durante un ataque, ¿tuviste dolor en el pecho o sentiste el pecho apretado?

O. Cuando no podías respirar y tenías un ataque en que te sentías muy asustado(a) o raro(a), ¿te daba miedo de estar volviéndote loco(a) o perdiendo el control?

P. ¿Pensaste que te ibas a morir durante un ataque?

Q. Algunas veces, cuando la gente tiene ataques como éstos, siente como si no fueran reales o como si su cuerpo no fuera de ellos o como si no fuera parte del mundo real. ¿Te sentiste así cuando te dio un ataque?

R. Algunas veces, cuando la gente tiene ataques como éstos, siente que el mundo que los rodea no es real, como si el mundo estuviera al otro lado de una ventana de cristal, o como si la gente que les rodea fueran como marionetas (títeres) o como actores en una película. ¿Te has sentido así cuando te estaba dando un ataque?

b: SI SE CODIFICARON 1 O MAS RESPUESTAS CON * EN LA E-R, CONTINUE.

CUALQUIER OTRA RESPUESTA, PASE A AG, PAG. 44

S. Dijiste que durante los momentos en que no podías respirar y tenías un ataque en que te sentías muy asustado(a) o raro(a), tenías [MENCIONE LOS SINTOMAS CON * EN LA P 2 E-R]. ¿Tuviste la mayoría de estas experiencias poco después de empezar el ataque?

T. Estos momentos en que no podías respirar y tenías un ataque en que te sentías muy asustado(a) o raro(a), ¿ocurrieron solamente después de haber tomado muchos refrescos o sodas o café o después de haber tomado medicinas?

SI DICE SI,  U. ¿Alguna vez has tenido un ataque sin haber tomado soda (refresco) o café o medicinas?

SI DICE NO,  PASE A AG, PAG. 44
VI. Estos momentos en que no podías respirar y tenías un ataque en que te sentías muy asustado(a) o raro(a), ¿ocurrieron solamente después de haber fumado cigarrillos, bebido alcohol o usado drogas?

SI DICE SI, W. ¿Alguna vez has tenido algún ataque en que te sentías asustado(a) o raro(a) sin haber fumado cigarrillos, bebido alcohol o usado drogas?

SI DICE NO, PASE A AG, PAG. 44

X. ¿Y durante las últimas cuatro semanas?

Desde [[MENCIONE SUÉCOS]]//principios de/mediados de/finales de [MES PASADO]], ¿has tenido algún momento en que de repente sentiste que no podías respirar? PASE A LA P 4, PAG. 37

7. En el último año, ¿has tenido algún momento en que de repente el corazón comenzó a latirte muy rápido?

SI DICE NO, PASE A AG, PAG. 44

SI DICE SI, A. ¿Había alguna buena razón para que el corazón te latiera tan rápido, como acabar de correr o hacer ejercicio?

1. ¿Te latía el corazón rápidamente porque estabas enojado(a) (con coraje, enfadado(a), bravo/a) con alguien o porque te sentías avergonzado(a) o tímido(a)?

c: SI SE CODIFICO ALGUNA RESPUESTA + EN "A" O "B," CONTINUE CUALQUIER OTRA RESPUESTA, PREGUNTE D

2. ¿Empezó de repente el corazón a latirte rápido sin tener una buena razón para ello es decir [no habías estado corriendo ni haciendo ejercicio/no estabas enojado(a) (con coraje, enfadado(a), bravo/a) o avergonzado(a)]?

SI DICE NO, PASE A AG, PAG. 44
3. ¿Te ha empezado de repente a latir muy rápido el corazón en más de una ocasión?

SI DICE NO, PASE A AG, PAG. 44

4. ¿Tuviste algún problema médico que hiciera que el corazón te latiera así?

SI DICE SI, F. ¿Cuál fue el problema?

G. Dijiste que hubo una ocasión en que el corazón empezó a latirte muy rápido. Cuando eso pasó, ¿también tuviste un ataque en que te sentiste muy asustado(a) o te sentiste raro(a)?

SI DICE NO, PASE A AG, PAG. 44

SI DICE SI, H. Durante un ataque, ¿sentiste que era difícil respirar?

I. ¿Te mareaste y sentiste que te podías desmayar?
J. Durante un ataque, ¿temblaste?
K. Durante un ataque, ¿sudaste?
L. ¿Sentiste como si te ahogaras (asfixiaras)?
M. ¿Sentiste la boca seca?

N. Durante un ataque, ¿tuviste dolor de estómago (barriga, panza) o sentiste ganas de vomitar o como si tuvieras que ir al baño?
O. ¿Sentiste cosquilleo en las manos o los pies, o se te adormecían?
P. Cuando el corazón te latía rápidamente y tenías un ataque en que te sentías muy asustado(a) o raro(a), ¿sentiste mucho calor o mucho frío?
Q. Durante el ataque, ¿tuviste dolor en el pecho o sentiste el pecho apretado?
R. Cuando el corazón te latía rápidamente y tenías un ataque en que te sentías muy asustado(a) o te sentías raro(a), ¿te daba miedo de estar volviéndote loco(a) o perdiendo el control?
S. ¿Pensaste que te ibas a morir durante un ataque?

T. Algunas veces, cuando la gente tiene ataques como éstos, siente como si no fueran reales, o como si su cuerpo no fuera de ellos, o como si no fueran parte del mundo real. ¿Te sentiste así cuando te dio un ataque?

U. Algunas veces, cuando la gente tiene ataques como éstos, siente que el mundo que los rodea no es real, como si el mundo estuviera al otro lado de una ventana de cristal, o
como si la gente que les rodea fueran como marionetas (títeres) o actores en una película.
¿Te has sentido así cuando te estaba dando un ataque?

d: SI SE CODIFICARON 1 O MAS RESPUESTAS

CON * EN LA H - U, CONTINUE

CUALQUIER OTRA RESPUESTA, PASE A AG, PAG. 44

VIII. Dijiste que durante los momentos en que el corazón te latía rápidamente y tenías un ataque en que te sentías muy asustado(a) o raro(a), tenías [MENCIONE LOS SINTOMAS CON * EN P 3H - U]. ¿Tuviste la mayoría de estas experiencias poco después de empezar el ataque?

IX. Estos momentos en que el corazón te latía rápidamente y tenías un ataque en que te sentías muy asustado(a) o raro(a), ¿ocurrieron solamente después de haber tomado muchos refrescos, sodas o café o después de haber tomado medicinas?

SI DICE SI, X. ¿Alguna vez has tenido estos momentos en que te dio un ataque de sentirte muy asustado(a) o raro(a) sin haber tomado soda (refresco) o café o medicinas?

SI DICE NO, PASE A AG, PAG. 44

Y. Estos momentos en que el corazón te latía rápidamente y tenías un ataque en que te sentías muy asustado(a) o raro(a), ¿ocurrieron solamente después de haber fumado cigarrillos, bebido alcohol o usado drogas?

SI DICE SI, Z. ¿Alguna vez te sentiste de repente muy asustado(a) o te sentiste raro(a) de esa manera sin haber fumado, bebido alcohol o usado drogas?

SI DICE NO, PASE A AG, PAG. 44
AA. ¿Y durante las últimas cuatro semanas?

Desde [[MENCIONE SUceso]/[principios de/mediados de/finales de [MES PASADO]], "has tenido momentos en que de repente el corazón empezó a latirte muy rápido y sentiste miedo?

10. En el último año - es decir, desde [MENCIONE MES ACTUAL] del año pasado - ¿has tenido tres o más de estos ataques en que te sentías asustado(a) o te sentías raro(a)?

SI DICE SI,      A. ¿Cuántos de estos ataques has tenido en el último año?

CODIFIQUE EL NUMERO DE ATAQUES
(66 = 66 O MAS ATAQUES) ----------------------------->

e: SI MENOS DE 4 ATAQUES, PREGUNTE C

SI 4 ATAQUES O MAS, CONTINUE

1. En el último año, ¿hubo alguna vez en que tuviste cuatro ataques de sentirte muy asustado(a) o sentirte raro(a) de esta manera, en un periodo de cuatro semanas?

2. ¿Cuántos de estos ataques de sentirte muy asustado(a) o sentirte raro(a) has tenido en las últimas cuatro semanas?

CODIFIQUE EL NUMERO DE ATAQUES
(66 = 66 O MAS ATAQUES) ----------------------------->

5. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), después de darte un ataque en que te sentías muy asustado(a) o raro(a), ¿te preocupaba que te pudiera dar otro ataque?

SI DICE SI,      A. ¿Te seguiste preocupando de tener otro ataque casi todos los días durante al menos cuatro semanas?

SI DICE SI,      B. ¿Y durante las últimas cuatro semanas?

(Desde [principios de/mediados de/finales de [MES PASADO]]), ¿te ha preocupado tener otro ataque?

f: SI SE REALIZO LA PREGUNTA 5B, LEA LA SIGUIENTE INTRODUCCION ANTES DE PASAR A LA P 6
Ahora quiero que pienses de nuevo en todo el último a/o.

CUALQUIER OTRA RESPUESTA, CONTINUE SIN LA INTRODUCCION

11. **Tener estos ataques de sentirte muy asustado(a) o sentirte raro(a), ¿te hacía pensar que algo malo le pasaba a tu corazón o a cualquier otra parte de tu cuerpo?**

   SI DICE SI, A. ¿Te preocupó esto durante al menos cuatro semanas?
   
   SI DICE SI, B. En las últimas cuatro semanas, ¿te ha preocupado que algo esté mal en tu cuerpo?

12. **En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿te preocupaba estar volviéndote loco(a) porque te daban estos ataques?**

   SI DICE SI, A. ¿Te preocupó esto durante cuatro semanas o más?
   
   SI DICE SI, B. En las últimas cuatro semanas, ¿te ha preocupado que estos ataques quisieran decir que te estuvieras volviendo loco(a)?

13. **En el último año - es decir, desde [MENCIONE MES ACTUAL] del año pasado - ¿has dejado de salir porque pensabas que te podía dar un ataque?**

   SI DICE SI, A. ¿Saldriás si alguien te acompañara?
   
   B. ¿Y durante las últimas cuatro semanas?

   (Desde [principios de/mediados de/finales de [MES PASADO], ¿has dejado de salir porque pensabas que podía darte un ataque allí?

   SI DICE SI, C. ¿Saldriás si alguien te acompañara?

   g. SI SE REALIZÓ LA PREGUNTA 8B, LEA LA SIGUIENTE INTRODUCCION ANTES DE HACER LA PREGUNTA P 9.

Ahora quiero que pienses de nuevo en todo el último a/o.

CUALQUIER OTRA RESPUESTA, CONTINUE SIN LA INTRODUCCION
14. En el último año, ¿te daban estos ataques en que te sentías muy asustado(a) o raro(a) cuando te sentías avergonzado(a) porque otras personas te miraban?

   SI DICE SI, A. ¿Alguna vez has tenido un ataque en que te sentías muy asustado(a) o raro(a) cuando no estabas avergonzado(a) porque te estuvieran mirando?

15. En el último año, ¿estos ataques en que te sentiste muy asustado(a) o raro(a) ocurrieron cuando te sentiste mal porque tenías que estar separado(a) de [FIGURA DE APEGO]?

   SI DICE SI, A. ¿Alguna vez has tenido un ataque sin haberte sentido mal por tener que estar separado(a) de [FIGURA DE APEGO]?

   h: SI SE CODIFICO ALGUNA REPUESTA CON [ ] EN FOESP (vea la hoja de registro), CONTINUE

   CUALQUIER OTRA RESPUESTA, PASE A LA P 12

16. Anteriormente me habías dicho que le tenías mucho miedo a/al [MENCIONE EL OBJETO DE LA FOBIA ESPECIFICA]. ¿Tienes estos ataques en que te sientes muy asustado(a) o raro(a) solamente cuando [(estás cerca de/estás en/estás alrededor de/ves) (MENCIONE EL OBJETO DE LA FOBIA ESPECIFICA)]?

   SI DICE SI, A. ¿Alguna vez has tenido un ataque en que te sentiste muy asustado(a) o así de raro(a) cuando [no estabas (cerca de/en/alrededor de) (MENCIONE EL OBJETO DE LA FOBIA ESPECIFICA)]?

17. Me has dicho que en el último año tuviste ataques en que te sentiste muy asustado(a) o raro(a).

   ¿Cuántos años tenías la primera vez que te sentiste así?

   CODIFIQUE LA EDAD (66 = TODA LA VIDA, SIEMPRE) ------------------->

   SI NO SABE LA EDAD, PREGUNTE: ¿En qué grado (a o escolar, curso) estabas?
CODIFIQUE EL GRADO (44 = PRE-K, 55 = KINDER) ------------------------>

i: SI [LA EDAD/EL GRADO] MENCIONADA(O) DEL NIÑO ES [LA EDAD/EL GRADO] ACTUAL, PASE A P 13

SI [LA EDAD/EL GRADO] MENCIONADA(O) DEL NIÑO ES [LA EDAD/EL GRADO] ACTUAL MENOS UNO, PREGUNTE A

CUALQUIER OTRA RESPUESTA, PREGUNTE B

1. ¿Ocurrió esto hace más de un año - es decir, antes de [[MENCIONE SUceso]/[MENCIONE MES ACTUAL] del año pasado]?

   SI DICE NO, PASE A LA P 13

2. Desde esa primera vez, ¿hubo algún período en que dejaste de tener ataques?

   SI DICE NO, PASE A LA P 13

3. Ese período en que dejaste de tener ataques, ¿duró dos meses o más?

   SI DICE NO, PASE A LA P 13

4. Me has dicho que en el último año tuviste ataques en que te sentías muy asustado(a) o raro(a).

   ¿Cuántos años tenías cuando te empezaron esos ataques esta vez?

CODIFIQUE LA EDAD
(88 = NUNCA EMPEZO OTRA VEZ) ------------------------>

SI NO SABE LA EDAD, PREGUNTE: ¿En qué grado (a o escolar, curso) estabas?
CODIFIQUE EL GRADO (44 = PRE-K, 55 = KINDER, 88 = NUNCA EMPEZO OTRA VEZ) ------------------------>


CUALQUIER OTRA RESPUESTA, PASE A LA P 13

5. ¿Volviste a tener estos ataques hace más de un año - es decir, antes de [[MENCIONE SUceso]/[MENCIONE MES ACTUAL] del año pasado]?

A.3-21
18. Me has dicho que en el último año teviste ataques en que te sentías muy asustado(a) o raro(a). Ahora me gustaría que recordaras la vez en el último año en que tener esos ataques causó más problemas.

En aquel tiempo, ¿tus [PERSONAS QUE LO/LA CUIDAN] parecían disgustados(as) o molestos(as) contigo porque te daban estos ataques?

SI DICE SI, A. ¿Cuán a menudo (Qué tan seguido, Con qué frecuencia) tus [PERSONAS QUE LO/LA CUIDAN] parecían disgustados(as) o molestos(as) contigo por esto? ¿Dirías que: gran parte del tiempo (muchas veces), a veces o casi nunca?

Gran parte del tiempo (muchas veces)
A veces
Casi nunca
Rehúsa contestar
No sabe

14. En aquel tiempo, estos ataques, ¿te impidieron hacer cosas o salir con tu familia?

SI DICE SI, A. ¿Cuán a menudo (Qué tan seguido, Con qué frecuencia) estos ataques te impidieron hacer cosas o salir con tu familia? ¿Dirías que: gran parte del tiempo (muchas veces), a veces o casi nunca?

Gran parte del tiempo (muchas veces)
A veces
Casi nunca
Rehúsa contestar
No sabe

15. En aquel tiempo, estos ataques, ¿te impidieron hacer cosas o salir con otros(as) [niños/personas de tu edad]? 

SI DICE SI, A. ¿Cuán a menudo (Qué tan seguido, Con qué frecuencia) estos ataques te impidieron hacer cosas o salir con otros(as) [niños/personas de tu edad]? ¿Dirías que: gran parte del tiempo (muchas veces), a veces o casi nunca?

Gran parte del tiempo (muchas veces)
A veces
Casi nunca
Rehúsa contestar
No sabe
16. Cuando los problemas fueron peores, tener estos ataques, ¿te causó alguna dificultad en las tareas escolares o te causó problemas con las calificaciones (notas)/te causó alguna dificultad para trabajar?  

SI DICE SI,  A. ¿Cuán (Qué tan, Cómo de) grave(s) fueron los problemas que tuviste con [las tareas escolares/el trabajo] por estos ataques? ¿Dirías que: muy graves, graves o no tan graves? 

Muy graves  
Graves  
No tan graves  
Rehúsase contestar  
No sabe

17. En aquel tiempo, tener estos ataques, ¿hizo que [tus maestros/tu jefe], estuviera(an) disgustado(s) o molesto(s) contigo?  

SI DICE SI,  A. ¿Cuán a menudo (Qué tan seguido, Con qué frecuencia) [tus maestros/tu jefe] [estuvieron/estuvo] disgustado(s) o molesto(s) contigo por esto? ¿Dirías que: gran parte del tiempo (muchas veces), a veces o casi nunca?  

Gran parte del tiempo (muchas veces)  
A veces  
Casi nunca  
Rehúsase contestar  
No sabe

18. Cuando los problemas fueron peores - tener estos ataques, ¿te molestaba o te hacía sentir mal?  

SI DICE SI,  A. ¿Cómo te hacía sentir tener estos ataques? ¿Dirías que: muy mal, mal o no tan mal?  

Muy mal  
Mal  
No tan mal  
Rehúsase contestar  
No sabe
19. En el último año -es decir, desde MENCIONE MES ACTUAL del año pasado- ¿fuiste a ver a alguien en un hospital, clínica o consultorio (oficina) porque tuviste estos ataques de sentirte muy asustado(a) o sentirte raro(a)?

SI DICE SI, PASE A LOS DETALLES OPCIONALES, PROXIMA PAGINA

SI DICE NO, A. ¿Tienes una cita para ver a alguien por estos ataques?

SI DICE SI, PASE A DETALLES OPCIONALES,

PROXIMA PAGINA

DETALLES OPCIONALES:

37. ¿A quién [viste/vas a ver]? (ESCRIBALO:)

Nombre:
Profesión:
Dirección:

A. SI YA VIO A ALGUIEN, PREGUNTE:
"Qu, dijo la persona que te vio? "Cul era el problema?

Sondeo Toda la Vida

21. Me has dicho que en el último año tuviste ataques en que te sentiste asustado(a) o raro(a). Ahora quiero que recuerdes antes del último año, desde que cumpliste cinco años hasta los últimos doce meses.

(ENTREVISTADOR: señale la edad de cinco años en la tarjeta de información cronológica.)

Desde que cumpliste cinco años, ¿hubo alguna vez que estos ataques de sentirte asustado(a) o raro(a) fueron peores que en el último año?

SI DICE SI, A. ¿Cuántos años tenías cuando estos ataques fueron peores?

CODIFIQUE LA EDAD ------------------------------------------->
SI NO SABE LA EDAD, PREGUNTE: ¿En qué grado (a o escolar, curso) estabas?
CODIFIQUE EL GRADO (44 = PRE-K, 55 = KINDER) -->
Ahora me gustaría preguntarte sobre algunas otras cosas que podrían preocuparte.

20. En el último año - es decir, desde [[MENCIONE SUCESO]/[MENCIONE MES ACTUAL] del año pasado] - ¿a menudo te preocupaste mucho antes de [hacer una prueba (examen) o entregar una tarea (asignación) importante/tener que preparar algo para una fecha límite o plazo límite]?

SI DICE SI, A. En el último año, ¿hubo alguna vez en que te preocupabas hasta cuando no era necesario, por ejemplo, por [una materia (asignatura, curso)/algo del trabajo] para (la)(lo) cual estabas bien preparado(a) y siempre lo hacías bien?

1. ¿Te era muy difícil dejar de preocuparte antes de [las pruebas (exámenes) o las tareas (asignaciones)/fechas límites]?

b: SI SE CODIFICO ALGUNA RESPUESTA CON * EN LA A O LA B, CONTINUE

CUALQUIER OTRA RESPUESTA, PASE A LA P 2

2. Cuando te preocupabas así, ¿te pasabas preguntando a los demás si lo ibas a hacer bien?

c: SI EL NIÑO NO ASISTIO A LA ESCUELA EN LAS ULTIMAS 4 SEMANAS, CODIFIQUE "8" EN LA PREGUNTA D, LUEGO PASE A LA P 2

D. ¿Y durante las últimas cuatro semanas?

Desde [[MENCIONE SUCESO]/[principios de/mediados de/finales de [MES PASADO]], ¿a menudo te preocupaste mucho antes de [hacer una prueba (examen) o entregar una tarea (asignación) importante/tener que preparar algo para una fecha límite o plazo límite]?

A.3-26
21. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿a menudo te preocupaste mucho antes de ir a practicar un deporte o jugar a un juego o llevar a cabo cualquier otra actividad?

SI DICE SI, A. En el último año, ¿hubo alguna vez en que te preocupabas así aun cuando ibas a hacer algo que hacías bastante bien?

1. ¿Te era muy difícil dejar de preocuparte antes de jugar o llevar a cabo cualquier otra actividad especial de este tipo?

d: SI SE CODIFICO ALGUNA RESPUESTA CON * EN LA A O LA B, CONTINUE

CUALQUIER OTRA RESPUESTA, PASE A LA P 3

2. Cuando te preocupabas así, ¿te pasabas preguntando a los demás si lo ibas a hacer bien?

D. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]/[principios de/mediados de/finales de [MES PASADO]]], ¿a menudo te preocupaste mucho antes de jugar en un juego o antes de llevar a cabo cualquier otra actividad especial?)

22. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿a menudo te preocupaste mucho cuando cometiste errores pequeños al hacer (tus tareas (asignaciones) u otros) proyectos o participar en actividades?

SI DICE SI, A. En el último año, ¿hubo alguna vez en que te preocupabas por estas cosas aunque no era necesario que lo hicieras, por ejemplo, aun cuando nadie notara el error (o no se tomara en cuenta para la calificación (nota))? B. ¿Te era muy difícil dejar de preocuparte por estas cosas?

e: SI SE CODIFICO ALGUNA RESPUESTA CON * EN LA A O LA B, CONTINUE

CUALQUIER OTRA RESPUESTA, PASE A LA P 4
1. Cuando te preocupabas así, ¿te pasabas preguntando a los demás si lo ibas a hacer bien?

D. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]/[principios de/mediados de/finales de [MES PASADO]], ¿te has preocupado mucho cuando cometías errores pequeños?

23. En el último año - es decir, desde [MENCIONE MES ACTUAL] del año pasado - ¿a menudo te preocupaste por llegar a tiempo?

SI DICE SI, A. En el último año, ¿hubo alguna vez en que te preocupabas aún cuando no era necesario, ya que tenías tiempo suficiente para llegar a donde ibas?

B. ¿Te era muy difícil dejar de preocuparte por llegar a tiempo?

f: SI SE CODIFICO ALGUNA RESPUESTA CON * EN LA A O LA B, CONTINUE

CUALQUIER OTRA RESPUESTA, PASE A LA P 5

1. Cuando estabas así de preocupado(a), ¿te pasabas preguntando a los demás si llegarías a tiempo?

D. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]/[principios de/mediados de/finales de [MES PASADO]], ¿te has preocupado a menudo por llegar a tiempo?

24. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿a menudo te has preocupado mucho de que pudieras tener una enfermedad o dolencia?

SI DICE SI, A. En el último año, ¿hubo alguna vez en que te preocupaste mucho más que otros(as) [niños/personas de tu edad] porque pudieras tener una enfermedad?

1. ¿Era muy difícil para ti dejar de preocuparte porque pudieras tener una enfermedad o dolencia?
g: SI SE CODIFICO ALGUNA RESPUESTA CON * EN LA A O LA B, CONTINUE

CUALQUIER OTRA RESPUESTA, PASE AL RECUADRO DE INSTRUCCIONES "h"

2. Cuando estabas así de preocupado(a), ¿te pasabas preguntando a los demás si estabas bien?

D. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]/principios de/mediados de/finales de [MES PASADO]]), ¿te has preocupado mucho porque pudieras tener una enfermedad grave o dolencia?

h: SI SE CODIFICARON 1 O MAS RESPUESTAS CON * EN LAS P 1 - 5, CONTINUE CUALQUIER OTRA RESPUESTA, PASE A LA P 23, PAG. 63

25. Dijiste que te preocupabas por [MENCIONE SINTOMAS CON * EN LAS P 1-5]. Recordando todo el último año, ¿hubo alguna vez en que te preocupabas por una cosa u otra al menos cuatro días a la semana?

SI DICE NO, PASE A LA P 23, PAG. 63
SI DICE SI, A. ¿Te preocupaste así durante seis meses o más?


¿Sentías tus músculos tensos o tiesos cuando estabas preocupado(a)?

SI DICE SI, A. ¿Te sentías de esta manera la mayoría de los días durante seis meses o más?

SI DICE SI, B. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]/principios de/mediados de/finales de [MES PASADO]]), ¿has sentido tus músculos tensos o tiesos cuando estabas preocupado(a)?
27. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿te sentías muy inquieto(a) o agitado(a) cuando estabas preocupado(a)?

   SI DICE SI,   A. ¿Te sentías de esta manera la mayoría de los días durante seis meses o más?

   SI DICE SI,   B. ¿Y durante las últimas cuatro semanas?

   (Desde [[MENCIONE SUCESO]/[principios de/mediados de/finales de [MES PASADO]]], ¿te has sentido muy inquieto(a) o agitado(a) cuando estabas preocupado(a)?)

28. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿te cansabas con mucha facilidad cuando estabas preocupado(a)?

   SI DICE SI,   A. ¿Te sentías de esta manera la mayoría de los días durante seis meses o más?

   SI DICE SI,   B. ¿Y durante las últimas cuatro semanas?

   (Desde [[MENCIONE SUCESO]/[principios de/mediados de/finales de [MES PASADO]]], ¿te has cansado con mucha facilidad cuando estabas preocupado(a)?)

29. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿tenías problemas para mantener la atención en lo que hacías porque estabas muy nervioso(a)?

   SI DICE SI,   A. ¿Tenías problemas para mantener la atención en las cosas la mayoría de los días durante seis meses o más?

   SI DICE SI,   B. ¿Y durante las últimas cuatro semanas?

   (Desde [[MENCIONE SUCESO]/[principios de/mediados de/finales de [MES PASADO]]], ¿has tenido problemas para mantener la atención en lo que hacías porque estabas muy nervioso(a)?)
30. En el último año - es decir, desde [MENCIONE MES ACTUAL] del año pasado - cuando estabas preocupado(a), ¿empezaba a veces tu mente a quedarse en blanco?

SI DICE SI,   A. ¿Sucedio esto la mayoría de los días durante seis meses o más?

SI DICE SI,   B. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE EL SUCESO]/[principios de/mediados de/finales de [MES PASADO]]], ¿ha empezado a veces tu mente a quedarse en blanco cuando estabas preocupado(a)?

NOTA 1: ¿SE CODIFICO UNA RESPUESTA CON + EN LA P 10 O LA P 11?

31. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), cuando te preocupabas, ¿tenías problemas para dormirte o seguir durmiendo o te sentías cansado(a) cuando despertabas por la mañana?

SI DICE SI,   A. ¿Te sentiste de esta manera la mayoría de las noches durante seis meses o más?

SI DICE SI,   B. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]/[principios de/mediados de/finales de MES PASADO]]), ¿has tenido problemas con el sueño cuando estabas preocupado(a)?

32. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), cuando estabas preocupado(a), ¿te ponías de mal humor (gruñón/a) o irritable.molesto(a) por cualquier cosa?

SI DICE SI,   A. ¿Te sentiste de esta manera la mayoría de los días durante seis meses o más?

SI DICE SI,   B. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]/[principios de/mediados de/finales de [MES PASADO]]]), ¿has estado de mal humor (gruñón/a) o irritable.cuando estabas preocupado(a)?

i: SI SE CODIFICARON 1 O MAS RESPUESTAS CON * EN LAS
CUALQUIER OTRA RESPUESTA, PASE A LA P 23, PAG. 63

33. Me has dicho que en el último año te preocupaste por una cosa u otra al menos cuatro días a la semana.

¿Cuántos años tenías la primera vez que te preocupaste por muchas cosas como esas?

CODIFIQUE LA EDAD (66 = TODA LA VIDA, SIEMPRE) ------------------------->
SI NO SABE LA EDAD, PREGUNTE: ¿En qué grado (a o escolar, curso) estabas?
CODIFIQUE EL GRADO (44 = PRE-K, 55 = KINDER) ------------------------->


SI [LA EDAD/EL GRADO] MENCIONADA(O) DEL NIÑO ES [LA EDAD/EL GRADO] ACTUAL MENOS UNO, PREGUNTE A

CUALQUIER OTRA RESPUESTA, PREGUNTE B

1. ¿Ocurrió esto hace más de un año - es decir, antes de [[MENCIONE SUCESO]/[MENCIONE MES ACTUAL] del año pasado]?

   SI DICE NO, PASE A LA P 15

2. Desde esa primera vez, ¿hubo algún período en que dejaste de preocuparte por muchas cosas diferentes?

   SI DICE NO, PASE A LA P 15

3. Ese período en que dejaste de preocuparte por muchas cosas diferentes, ¿duró dos meses o más?

   SI DICE NO, PASE A LA P 15

4. Me has dicho que en el último año estuviste preocupado(a) por una cosa u otra al menos cuatro días a la semana.

   ¿Cuántos años tenías cuando preocuparte por muchas cosas diferentes empezó esta vez?

CODIFIQUE LA EDAD
5. ¿Volvió a preocuparte por muchas cosas diferentes hace más de un año - es decir, antes de [[MENCIONE SUCESO/MENCIONE MES ACTUAL] del año pasado]?

34. Me has dicho que en el último año te preocupaste por muchas cosas diferentes. Ahora me gustaría que recordaras la vez en el último año en que preocuparte causó más problemas.

En aquel tiempo, ¿tus [PERSONAS QUE LO/LA CUIDAN] parecían disgustados(as) molestos(as) contigo porque te preocupabas por muchas cosas diferentes?

SI DICE SI,        A. ¿Cuán a menudo (Qué tan seguido, Con qué frecuencia) tus [PERSONAS QUE LO/LA CUIDAN] parecían disgustados(as) o molestos(as) contigo por esto? ¿Dirías que: gran parte del tiempo (muchas veces), a veces o casi nunca?

Gran parte del tiempo (muchas veces)
A veces
Casi nunca
Rehúsa contestar
No sabe

35. En aquel tiempo, preocuparte por cosas diferentes, ¿te impidió hacer cosas o salir con tu familia?

SI DICE SI,        A. ¿Cuán a menudo (Qué tan seguido, Con qué frecuencia) preocuparte de esta manera te impidió hacer cosas o salir con tu familia? ¿Dirías que: gran parte del tiempo (muchas veces), a veces o casi nunca?
Gran parte del tiempo (muchas veces)
A veces
Casi nunca
Rehúsa contestar
No sabe

36. **En aquel tiempo, preocuparte por cosas diferentes, ¿te impidió hacer cosas o salir con otros(as) [niños/personas de tu edad]?**

   SI DICE SI, A. ¿Cuán a menudo (Qué tan seguido, Con qué frecuencia) preocuparte de esta manera te impidió hacer cosas o salir con otros(as) [niños/personas de tu edad]? ¿Dirías que: gran parte del tiempo (muchas veces), a veces o casi nunca?

   Gran parte del tiempo (muchas veces)
   A veces
   Casi nunca
   Rehúsa contestar
   No sabe

I: SI EL NIÑO NO ASISTIO A LA ESCUELA NI AL TRABAJO EN EL ULTIMO AÑO, CODIFIQUE "8" EN LA P 18 y P 19, LUEGO PASE A LA P 20

37. **Cuando los problemas fueron peores, preocuparte por cosas diferentes, ¿[te causó alguna dificultad en las tareas escolares o te causó problemas con las calificaciones (notas)/te causó alguna dificultad para trabajar]?**

   SI DICE SI, A. ¿Cuán (Qué tan, Cómo de) grave(s) fueron los problemas que tuviste con [las tareas escolares/el trabajo] porque te preocupabas así? ¿Dirías que: muy graves, graves o no tan graves?

   Muy graves
   Graves
   No tan graves
   Rehúsa contestar
   No sabe

A.3-34
38. En aquel tiempo, preocuparte por cosas diferentes, ¿hizo que [tus maestros/tu jefe] estuviera(n) disgustado(s) o molesto(s) contigo?

SI DICE SI, A. ¿Cuán a menudo (Qué tan seguido, Con qué frecuencia) [tus maestros/tu jefe] [estuvo/estuvieron] disgustado(s) o molesto(s) contigo porque te preocupabas así? Dirías que: gran parte del tiempo (muchas veces), a veces o casi nunca?

Gran parte del tiempo (muchas veces)
A veces
Casi nunca
Rehúsa contestar
No sabe

39. Cuando los problemas fueron peores preocuparte por cosas diferentes, ¿te molestaba o te hacía sentir mal?

SI DICE SI, A. ¿Cómo te hacía sentir preocuparte así?
¿Dirías que: muy mal, mal o no tan mal?

Muy mal
Mal
No tan mal
Rehúsa contestar
No sabe

40. En el último año - es decir, desde [MENCIONE MES ACTUAL] del año pasado - ¿fuiste a ver a alguien en un hospital, clínica o consultorio (oficina) porque te preocupabas por muchas cosas diferentes?

SI DICE SI, PASE A LOS DETALLES OPCIONALES

SI DICE NO, A. ¿Tienes una cita para ver a alguien porque te preocupas por muchas cosas diferentes?

SI DICE SI, PASE A LOS DETALLES OPCIONALES DETALLES OPCIONALES:

22. ¿A quién [viste/vas a ver]? (ESCRIBALO:)

A.3-35
Nombre:
Profesión:
Dirección:

A. SI YA VIO A ALGUIEN, PREGUNTE:
"¿Qué dijo la persona que te vio? ¿Qué era el problema?

23. Ahora quisiera hacerte unas cuantas preguntas sobre sentirte nervioso(a) o incómodo(a) durante el último año.

¿Eres del tipo de persona que a menudo estás muy tenso(a) o se le hace muy difícil relajarse?

SI DICE SI, A. ¿Has estado tenso(a) de esa manera en el último año- es decir, desde [MENCIONE MES ACTUAL] del año pasado?

SI DICE SI, B. ¿Has estado tenso(a) de esa manera gran parte del tiempo (muchas veces) durante seis meses o más?

C. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]//principios de/mediados de/finales de [MES PASADO]]), ¿has estado muy tenso(a) o te has sido difícil relajarte?[37]

24. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿a menudo has estado preocupado(a) de que hayas cometido un error o hayas hecho algo de la manera equivocada?

SI DICE SI, A. ¿Te has preocupado mucho por cometer errores o hacer algo de la manera equivocada durante seis meses o más?

B. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]//principios de/mediados de/finales de [MES PASADO]]), ¿a menudo te has preocupado por haber cometido un error o haber hecho algo de la manera equivocada?

25. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿a menudo te has preocupado de que hayas hecho el ridículo delante de otras personas?

SI DICE SI, A. ¿Te has preocupado por haber hecho el ridículo delante de otras personas durante seis meses o más?
B. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]//principios de/mediados de/finales de [MES PASADO]]), ¿a menudo te has preocupado por haber hecho el ridículo delante de otras personas?

26. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿a menudo te ha preocupado si te caes bien a otras personas?

SI DICE SI, A. ¿Te has preocupado mucho de esta manera durante seis meses o más?

B. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]//principios de/mediados de/finales de [MES PASADO]]), ¿a menudo te ha preocupado si te caes bien a otras personas?

27. En el último año - es decir, desde [MENCIONE MES ACTUAL] del año pasado - ¿has tenido mucho dolor de cabeza?

SI DICE SI, A. ¿Los tenías cuando estabas enfermo(a), por ejemplo, con resfriado (catarro) o gripe (monga, gripa) o por otro problema médico?

SI DICE SI, B. ¿Has tenido mucho dolor de cabeza sin estar enfermo(a) ni tener algún problema médico?

SI DICE NO, PASE A LA P 28

1. ¿Te siguió doliendo la cabeza de esta manera durante seis meses o más?

D. ¿Y durante las últimas cuatro semanas?

(Desde [MENCIONE SUCESO]//principios de/mediados de/finales de [MES PASADO]]), ¿has tenido mucho dolor de cabeza?

28. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿has tenido mucho dolor de estómago (barriga, panza)?

SI DICE SI, A. ¿Los tenías cuando estabas enfermo(a), por ejemplo, con resfriado (catarro), gripe (monga, gripa) o por otro problema médico?
SI DICE SI,   B.  ¿Has tenido mucho dolor de estómago (barriga, panza) sin estar enfermo(a) ni tener algún problema médico?

SI DICE NO,   PASE A LA P 29

2.  ¿Te siguió doliendo el estómago (barriga, panza) de esta manera durante seis meses o más?

D.  ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]/[principios de/mediados de/finales de [MES PASADO]]], ¿has tenido mucho dolor de estómago (barriga, panza)?

29.  En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿has tenido muchos otros dolores?

   SI DICE SI,   A.  ¿Los tenías cuando estabas enfermo(a), por ejemplo, con resfriado (catarro), gripe (monga, gripa) o por otro problema médico?

   SI DICE SI,   B.  ¿Has tenido muchos dolores sin estar enfermo(a) ni tener algún problema médico?

   SI DICE NO,   PASE AL RECUADRO DE INSTRUCCIONES "m"

3.  ¿Seguiste teniendo dolores de esta manera durante seis meses o más?

D.  ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]/[principios de/mediados de/finales de [MES PASADO]]], ¿has tenido muchos otros dolores?

m:  SI SE CODIFICO UNA RESPUESTA CO _ EN LA P 6, CONTINUE CUALQUIER OTRA RESPUESTA, PASE A MUSE, PAG. 68

Sondeo Toda la Vida

30.  Me has dicho que en el último año hubo un tiempo en que te preocupaste sobre una cosa u otra durante cuatro días a la semana o más.
Ahora quiero que recuerdes antes del último año, desde que cumpliste cinco años hasta los últimos doce meses.

(ENTREVISTADOR: señale la edad de cinco años en la tarjeta de información cronológica.)

Desde que cumpliste cinco años, ¿hubo alguna vez cuando preocuparte por cosas diferentes fue peor de lo que ha sido en el último año?

SI DICE SI, A. ¿Cuándo te preocupaste con más frecuencia?

CODIFIQUE LA EDAD ------------------------------->
SI NO SABE LA EDAD, PREGUNTE: ¿En qué grado (a o escolar, curso) estabas?
CODIFIQUE EL GRADO (44 = PRE-K, 55 = KINDER) -->
Ahora voy a cambiar de tema y te haré unas preguntas sobre tu forma de comer y tu peso.

NOTA 1: ¿SE MIDIO LA ESTATURA DEL ENTREVISTADO PARA EL ESTUDIO?

SI DICE SI: ANOTE LA ALTURA EN LA P 1, LUEGO PASE

A LA NOTA 2

SI DICE NO: PASE A P 1

1. ¿Cuánto mides?

CODIFIQUE ESTATURA >
(CODIFIQUE PIES/PULG. O CM.)

NOTA 2: ¿SE PESO AL ENTREVISTADO PARA EL ESTUDIO?

SI DICE SI: ANOTE EL PESO EN LA P 2, LUEGO PASE

A LA P 3

SI DICE NO: PASE A P 2

2. ¿Cuánto pesas ahora?

CODIFIQUE PESO >
(CODIFIQUE LBS. O KG.)

41. En el último año - es decir, desde [[MENCIONE SUCESO]/[MENCIONE MES ACTUAL] del año pasado] - ¿cuál fue tu peso más bajo?

CODIFIQUE PESO >
(CODIFIQUE LBS. O KG.)

NOTA 3: ¿ESTABA EL NIÑO BAJO PESO? (CUANDO EL PESO FUE MAS BAJO EN EL ULTIMO AÑO, ¿ERA - AL PESO CORRESPONDIENTE A LA ALTURA EN LA TABLA?)
42. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿se ha preocupado alguien porque estabas demasiado flaco(a) (delgado/a)?

SI DICE SI, A. ¿Y durante las últimas cuatro semanas?

Desde [[MENCIONE SUCESO]/[principios de/mediados de/finales de [MES PASADO]]], ¿se ha preocupado alguien porque estabas demasiado flaco(a) (delgado/a)?

NOTA 4: ¿SE CODIFICO ALGUNA RESPUESTA CON * EN LA NOTA 3 O LA P 4?
SI DICE SI: CONTINUE
SI DICE NO: PASE A LA P 10

43. Ahora quisiera hacerte unas preguntas sobre la vez en que [menos pesabas en el último año/otras personas se preocuparon porque estabas demasiado flaco(a) (delgado/a)].

Aunque [sólo pesabas [MENCIONE PESO MAS BAJO]/otras personas se preocuparon de que estabas demasiado flaco(a) (delgado/a)], ¿te preocupabas por estar gordo(a) o engordar?

SI DICE SI, A. ¿Hubo alguna vez en que te preocupabas casi todos los días por estar gordo(a) o engordar?

SI DICE SI, B. ¿Te preocupabas a veces tanto por esto que te era difícil pensar en otras cosas?

1. ¿Preocuparte por estar gordo(a) o engordar te hacía tratar de mantener tu peso bajo?

D. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]/[principios de/mediados de/finales de [M]]), ¿has estado preocupado(a) por estar gordo(a) o engordar?

6. Cuando pesabas menos en el último año, ¿creías que pesabas demasiado?

SI DICE NO, A. ¿Pensabas que estabas demasiado flaco(a) (delgado/a)?
7. ¿Crees que ahora pesas demasiado?

SI DICE NO, A. ¿Piensas que estás demasiado flaco(a) (delgado/a)?

8. Cuando pesabas menos en el último año, ¿pensaste que tu bajo peso podía causarte algún problema de salud?

9. ¿Piensas que el peso que tienes ahora podría causarte algún problema de salud?

10. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿a menudo te has sentido mal contigo mismo(a) porque pensabas que estabas gordo(a) o pesabas demasiado?

   SI DICE SI, A. ¿Pensabas que perder peso sería lo más importante que podrías hacer para sentirte mejor contigo mismo(a)?

   SI SE CODIFICO ALGUNA RESPUESTA CON {} EN LA NOTA 4, PREGUNTE:

   2. ¿Te sentiste de esa manera al mismo tiempo que estuviste en tu peso más bajo en el último a o?

   C. ¿Y durante las últimas cuatro semanas?

   (Desde [MENCIONE SUCESO]/[principios de/mediados de/ finales de [MES PASADO]], ¿a menudo te has sentido mal contigo mismo(a) porque pensabas que estabas gordo(a) o pesabas demasiado?

11. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿ha habido veces en que pensabas en la comida o en comer casi todo el tiempo?

   SI DICE SI, A. Cuando esto sucedía, ¿te era difícil pensar sobre otras cosas?

   SI DICE SI, B. ¿Y durante las últimas cuatro semanas?

   (Desde [MENCIONE SUCESO]/[principios de/mediados de/finales de [MES PASADO]], ¿ha habido veces en que pensabas en la comida o en comer casi todo el tiempo?

12. Ahora te preguntaré sobre atracones. Un atractón es cuando una persona se come una gran cantidad de comida en poco tiempo - es decir, se come varias pizzas enteras, un bizcocho (pastel, torta) de chocolate entero o varios envases de helado - y parece que no puede controlar lo que come.

   En el último año - es decir, desde [MENCIONE MES ACTUAL] del año pasado - ¿te has dado un atractón así?

   A.3-42
SI DICE SI, A. Durante un atracón, ¿comiste mucho más de lo que la mayoría de los [niños/niñas] de tu edad comerían en una comida?

SI DICE NO, PASE AL RECUADRO D E INSTRUCCIONES "a"

3. ¿Te comiste esta comida en un tiempo muy corto- es decir, en menos de dos horas?
SI DICE NO, PASE AL RECUADRO D E INSTRUCCIONES "a"

4. Durante el atracón, ¿sentiste que no serías capaz de parar de comer tanto?

5. En el último año, ¿hubo alguna vez en que te dabas un atracón al menos dos veces por semana?

SI DICE SI, E. ¿Te daba atracones por lo menos dos veces a la semana durante tres meses o más?

SI DICE SI, F. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]/[principios de/ mediados de/ finales de [MES PASADO]]), ¿te has dado varios atracones?

a. SI SE CODIFICO ALGUNA RESPUESTA CON {} EN LA NOTA 4 O UNA RESPUESTA CON _ EN P 12D, CONTINUE

CUALQUIER OTRA RESPUESTA, PASE AL RECUADRO DE INSTRUCCIONES "c," PAG. 9

13. Ahora te preguntaré sobre algunas de las cosas que las personas hacen a veces para perder peso o mantener su peso bajo.

En el último o (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿a menudo te negaste a comer alimentos que pensabas que te engordarían?

SI DICE SI, A. ¿Te negaste a comer alimentos que engordan casi todos los días durante tres meses o más?

SI SE CODIFICO ALGUNA RESPUESTA CON {} EN LA NOTA 4, PREGUNTE:

6. ¿Te negaste a comer alimentos que engordan al mismo tiempo que estuviste en tu peso ms bajo en el último a o?
C. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]//principios de/mediados de/finales de [MES PASADO]]), ¿a menudo te has negado a comer alimentos que crees que engordan?

14. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿te has provocado vómitos?

SI DICE SI,   A. ¿Te has provocado vómitos para perder peso o evitar subir de peso?

SI DICE SI,   B. En el último año, ¿hubo alguna vez en que te provocaste vómitos por lo menos dos veces a la semana?

SI DICE SI,   C. ¿Te provocaste vómitos por lo menos dos veces por semana durante tres meses o más?

SI SE CODIFICO ALGUNA RESPUESTA CON { } EN LA NOTA 4, PREGUNTE:

7. ¿Te provocaste vómitos al mismo tiempo que estuviste en tu peso más bajo en el último año?

E. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]//principios de/mediados de/finales de [MES PASADO]]), ¿a menudo te has provocado vómitos?

15. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿has tomado alguna clase de pastilla o medicina para perder peso o para evitar subir de peso?

SI DICE SI,   A. ¿Qué tomaste?

8. En el último año, ¿hubo alguna vez en que tomabas medicinas para perder peso o evitar subir de peso por lo menos dos veces a la semana?

SI DICE SI,   C. ¿Tomaste las medicinas por lo menos dos veces a la semana durante tres meses o más?

SI SE CODIFICO ALGUNA RESPUESTA CON { } EN LA NOTA 4, PREGUNTE:
D. ¿Tomaste medicinas para perder peso o evitar subir de peso al mismo tiempo que estuviste en tu peso más bajo en el último a o?

E. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]// principios de/mediados de/finales de [MES PASADO]]), ¿a menudo has tomado alguna clase de pastilla o medicinas para perder peso o para evitar subir de peso?

16. En el último año - es decir, desde [MENCIONE MES ACTUAL] del año pasado - ¿has hecho algo para obligarte a ir mucho al baño?

SI DICE SI, A. ¿Qué hiciste?

9. ¿Hiciste algo para obligarte a ir mucho al baño porque deseabas perder peso o evitar subir de peso?

SI DICE SI, C. ¿Hubo alguna vez en que por lo menos dos veces a la semana hiciste cosas para obligarte a ir mucho al baño?

SI DICE SI, D. ¿A menudo hiciste cosas como éstas durante tres meses o más?

SI SE CODIFICO ALGUNA RESPUESTA CON {} EN LA NOTA 4, PREGUNTE:

E. ¿Hiciste algo para obligarte a ir mucho al baño al mismo tiempo que estuviste en tu peso más bajo en el último a o?

F. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]// principios de/mediados de/finales de [MES PASADO]]), ¿has hecho cosas para obligarte a ir mucho al baño?

SI DICE SI, G. ¿Has hecho cosas para obligarte a ir al baño por lo menos dos veces a la semana durante las últimas cuatro semanas?

17. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿te negaste a comer alimento alguno durante al menos 24 horas seguidas?

SI DICE SI, A. ¿Te negaste a comer para perder peso o evitar subir de peso?
SI DICE SI,  B.  ¿Hubo alguna vez en que te negaste a comer alimento alguno durante dos días a la semana o más?

SI DICE SI,  C.  ¿Te negaste a comer algún alimento durante dos días o más a la semana durante tres meses o más?

SI SE CODIFICO ALGUNA RESPUESTA CON 
{} EN LA NOTA 4, PREGUNTE:

10.  ¿Te negaste a comer alimento de esta manera al mismo tiempo que estuviste en tu peso más bajo en el último año o?

E.  ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]// principios de/mediados de/finales de [MES PASADO]]), ¿a menudo te has negado a comer alimento alguno durante 24 horas seguidas?

18.  En el último año - (es decir, desde [MENCIONE MES ACTUAL del año pasado] - ¿pasaste mucho tiempo haciendo ejercicio para perder peso o evitar subir de peso?

SI DICE SI,  A.  ¿Le has dedicado tanto tiempo al ejercicio que se te hacía más difícil poder hacer otras cosas?

SI DICE SI,  B.  ¿Alguna vez pasaste tanto tiempo haciendo ejercicio que se te hacía más difícil poder hacer otras cosas durante dos días a la semana o más?

SI DICE SI,  C.  ¿Hiciste ejercicio de esta manera durante tres meses o más?

SI SE CODIFICO ALGUNA RESPUESTA CON 
{} EN LA NOTA 4, PREGUNTE:

11.  ¿Pasaste mucho tiempo haciendo ejercicio de esta manera al mismo tiempo que estuviste en tu peso más bajo en el último año o?

E.  ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUCESO]// principios de/mediados de/finales de [MES PASADO]]), ¿has pasado tanto tiempo haciendo ejercicio que a menudo te impidió hacer otras cosas?

NOTA 5:  ¿SE CODIFICO ALGUNA RESPUESTA CON D EN LAS P 14 - 18?

SI DICE SI:  PASE AL RECUADRO DE
INSTRUCCIONES "c"

SI DICE NO: CONTINUE

b: SI SE CODIFICO ALGUNA RESPUESTA CON *
EN P 14 - 18, CONTINUE

CUALQUIER OTRA RESPUESTA, PASE AL
RECUADRO DE INSTRUCCIONES "c"

19. Me has dicho que [MENCIONE LAS RESPUESTAS CON "*" EN LAS P 14 - 18].

En el último a o, "hiciste cosas como...stas durante tres meses o ms?

c: SI ES VARON, CODIFIQUE "8" EN LA P 20 Y PASE
AL RECUADRO DE INSTRUCCIONES "d," PAG. 11

CUALQUIER OTRA RESPUESTA, CONTINUE

20. ¿Has empezado a menstruar - es decir, a tener el/la período (regla)?

   SI DICE SI,   A. ¿Alguna vez has tenido menstruaciones
   (reglas) con regularidad? Regularidad quiere decir cada mes
   durante seis meses o más.

   SI DICE SI,   B. ¿Empezaste a tener menstruaciones (reglas)
   con regularidad hace más de un año?

   SI DICE NO, PASE AL RECUADRO
   DE INSTRUCCIONES "d," PAG. 11

   C. En el último año, ¿te faltaron por lo menos
   tres menstruaciones (reglas) seguidas?

   SI DICE NO, PREGUNTE F

   SI DICE SI,   D. Cuando te faltaron las menstruaciones
   (reglas), ¿estabas más flaca (delgada) que nunca?

   12. ¿Has tenido al menos una menstruación (regla) en los últimos tres
meses?

   PASE AL RECUADRO DE
   INSTRUCCIONES "d"
F. ¿Tomas píldoras (pastillas anti-conceptivas) para evitar tener hijos?

SI DICE SI,  G. ¿Las has tomado casi todos los meses en el último año?

SI DICE NO,  H. ¿Durante los meses en que no tomabas la píldora, ¿tuviste la menstruación (regla)?

SI DICE NO,  I. Cuando te faltaron las menstruaciones ¿estabas muy flaca (delgada)?

44. SI SE CODIFICO { } EN LA NOTA 4 Y SE CODIFICARON

UNA O MAS RESPUESTAS CON <> EN LA P 10 - 18
(Vea hoja de registro), PASE A P 21

CUALQUIER OTRA RESPUESTA, PASE AL RECUADRO DE INSTRUCCIONES "e"

e: SI SE CODIFICARON 2 O MAS RESPUESTAS CON []
EN LAS P 10 - 19 Y LA NOTA 5, PASE A P 23

CUALQUIER OTRA RESPUESTA, PASE A ELIM, PAG. 19

45. Me has dicho que en el último año [estabas flaco(a) (delgado/a)/otras personas se preocuparon de que estabas demasiado flaco(a) (delgado/a)] y también que [MENCIONE LOS SINTOMAS CON <> EN LAS P 10 - 18].

¿Cuántos años tenías la primera vez que estuviste así?
CODIFIQUE LA EDAD (66 = TODA LA VIDA, SIEMPRE) ------------------->

SI NO SABE LA EDAD, PREGUNTE: ¿En qué grado (a o escolar, curso) estabas?
CODIFIQUE EL GRADO (44 = PRE-K, 55 = KINDER) ------------------------>

f: SI [LA EDAD/EL GRADO] MENCIONADA(O) DEL NIÑO ES [LA EDAD/EL GRADO] ACTUAL, PASE AL RECUADRO DE INSTRUCCIONES "h"

SI [LA EDAD/EL GRADO] MENCIONADA(O) DEL NIÑO ES [LA EDAD/EL GRADO] ACTUAL MENOS UNO, PREGUNTE A

CUALQUIER OTRA RESPUESTA, PREGUNTE B
1. ¿Ocurrió esto hace más de un año - es decir, antes de [[MENCIONE SUceso]/[MENCIONE MES ACTUAL] del año pasado]?

SI DICE NO, PASE AL RECUADRO DE INSTRUCCIONES "h"

2. Desde esa primera vez, ¿hubo algún período en que [dejaste de estar flaco(a) (delgado/a)/otras personas dejaron de preocuparse de que estabas demasiado flaco(a) (delgado/a)] y dejaste de [MENCIONE LOS SINTOMAS CON <> EN LAS P 10 - 18]?

SI DICE NO, PASE AL RECUADRO DE INSTRUCCIONES "h"

3. Ese período en que [dejaste de estar flaco(a) (delgado/a)/otras personas dejaron de preocuparse porque estabas demasiado flaco(a) (delgado/a)], ¿duró dos meses o más?

SI DICE NO, PASE AL RECUADRO DE INSTRUCCIONES "h"

4. Me acabas de decir que en el último año [estabas flaco(a) (delgado/a)/otras personas se preocuparon porque estabas demasiado flaco(a) (delgado/a)] y [MENCIONE SINTOMAS CON <> EN LAS P 10 - 18]. ¿Cuántos años tenías cuando empezaste a estar así esta vez?

CODIFIQUE LA EDAD
(88 = NUNCA EMPEZÓ OTRA VEZ) ------------------------->
SI NO SABE LA EDAD, PREGUNTE: ¿En qué grado (a o escolar, curso) estabas?
CODIFIQUE EL GRADO (44 = PRE-K, 55 = KINDER, 88 = NUNCA EMPEZÓ OTRA VEZ) ------------------------>

46. SI [LA EDAD/EL GRADO] MENCIONADA(O) DEL NIÑO ES [LA EDAD/EL GRADO] ACTUAL MENOS UNO, PREGUNTE E

CUALQUIER OTRA RESPUESTA, PASE AL RECUADRO DE INSTRUCCIONES "h"
1. ¿Volviste a estar de esa manera hace más de un año - es decir, antes de [[MENCIONE SUÉCOSO]/[MENCIONE [MES ACTUAL] del año pasado]? h: SI SE CODIFICARON 2 O MAS RESPUESTAS CON [ ] EN LAS P 10 - 19 Y EN LA

NOTA 5 (Vea hoja de registro), CONTINUE

CUALQUIER OTRA RESPUESTA, PASE A LA P 23

47. Me has dicho que en el último año [MENCIONE LOS SINTOMAS CON [ ] EN LAS P 10 - 19 Y LA NOTA 5]. ¿Cuántos años tenías la primera vez que hiciste cosas como esas?

CODIFIQUE LA EDAD (66 = Toda LA VIDA, SIEMPRE) ------------------------->
SI NO SABE LA EDAD, PREGUNTE: ¿En qué grado (a o escolar, curso) estabas?
CODIFIQUE EL GRADO (44 = PRE-K, 55 = KINDER) ------------------------->


SI [LA EDAD/EL GRADO] MENCIONADA(O) DEL NIÑO ES [LA EDAD/EL GRADO] ACTUAL MENOS UNO, PREGUNTE A

CUALQUIER OTRA RESPUESTA, PREGUNTE B

1. ¿Ocurrió [esto/estas cosas] hace más de un año - es decir, antes de [[MENCIONE SUÉCOSO]/[MENCIONE MES ACTUAL] del año pasado]? SI DICE NO, PASE A LA P 23

2. Desde esa primera vez, ¿hubo algún período en que dejaste de hacer cosas como [MENCIONE LOS SINTOMAS CON [ ] EN LAS P 10 - 19 Y LA NOTA 5]? SI DICE NO, PASE A LA P 23

3. Ese período en que dejaste de hacer estas cosas, ¿duró dos meses o más? SI DICE NO, PASE A LA P 23
4. Me acabas de decir que en el último año estabas [MENCIONE SINTOMAS CON [ ] EN LAS P 10 - 19 Y LA NOTA 5]. ¿Cuántos años tenías cuando empezaste esta vez a hacer estas cosas?

CODIFIQUE LA EDAD
(88 = NUNCA EMPEZÓ OTRA VEZ) --------------------------->
SI NO SABE LA EDAD, PREGUNTE: ¿En qué grado
(a o escolar, curso) estabas?
CODIFIQUE EL GRADO (44 = PRE-K, 55 = KINDER,
88 = NUNCA EMPEZÓ OTRA VEZ) --------------------------->


CUALQUIER OTRA RESPUESTA, PASE A LA P 23

5. ¿Volviste a hacer estas cosas hace más de un año - es decir, antes de [[MENCIONE SUÉCOSO]/[MENCIONE MES ACTUAL] del año pasado]?

k: SI SE PREGUNTO P 21, LEA LA FRASE EN CURSIVA EN LA P 23 Y LOS SINTOMAS CORRESPONDIENTES

48. Me has dicho que en el último año ([estabas flaco(a) (delgado/a)/ otras personas se preocuparon de que estabas demasiado flaco/a) (delgado/a)] y también [MENCIONE SINTOMAS CON <> Y CON [ ] EN LAS P 10 - 19 Y LA NOTA 5]. Ahora me gustaría que recordaras la vez en el último año en que hacer cosas para evitar subir de peso causó más problemas.

En aquel tiempo, ¿tus [PERSONAS QUE LO/LA CUIDAN] parecían disgustados(as) o molestos(as) contigo por las cosas que hiciste para evitar subir de peso?

SI DICE SI, A. ¿Cuán a menudo (Què tan seguido, Con qué frecuencia), tus [PERSONAS QUE LO/LA CUIDAN] parecían disgustados(as) o molestos(as) contigo? ¿Dirías que: gran parte del tiempo (muchas veces), a veces o casi nunca?

Gran parte del tiempo (muchas veces)
A veces
Casi nunca
Rehæsa contestar
No sabe

49. **En aquel tiempo, hacer cosas para evitar subir de peso, ¿te impidió hacer cosas o salir con tu familia?**

SI DICE SI.  A. ¿Cuán a menudo (Qué tan seguido, Con qué frecuencia), esto te impidió hacer cosas o salir con tu familia?
¿Dirías que: gran parte del tiempo (muchas veces), a veces o casi nunca?

Gran parte del tiempo (muchas veces)
A veces
Casi nunca
Rehúsa contestar
No sabe

50. **En aquel tiempo, hacer cosas para evitar subir de peso, ¿te impidió hacer cosas o salir con otros(as) [niños/personas de tu edad]?**

SI DICE SI.  A. ¿Cuán a menudo (Qué tan seguido, Con qué frecuencia), tu manera de comer te impidió hacer cosas o salir con otros(as) [niños/personas de tu edad]? ¿Dirías que: gran parte del tiempo (muchas veces), a veces o casi nunca?

Gran parte del tiempo (muchas veces)
A veces
Casi nunca
Rehúsa contestar
No sabe

I: SI EL NIÑO NO ASISTIO A LA ESCUELA NI AL TRABAJO EN EL ULTIMO AÑO, CODIFIQUE "8" EN LAS P 26 Y P 27, LUEGO PASE A LA P 28

51. **Cuando los problemas fueron peores, hacer cosas para evitar subir de peso, ¿[te causó alguna dificultad en las tareas escolares o te causó problemas con las calificaciones (notas)/te causó alguna dificultad para trabajar]?**

SI DICE SI.  A. ¿Cuán (Qué tan, Cómo de) grave(s) fueron los problemas que tuviste con [las tareas escolares/el trabajo] por
tu manera de comer? ¿Dirías que: muy graves, graves o no tan graves?

Muy graves
Graves
No tan graves
Rehésa contestar
No sabe

52. En aquel tiempo, hacer cosas para evitar subir de peso, ¿hizo que [tus maestros/tu jefe], estuviera(n) disgustado(s) o molesto(s) contigo?

SI DICE SI, A. ¿Cuán a menudo (Qué tan seguido, Con qué frecuencia), [tus maestros/tu jefe] [estuvieron/estuvo] disgustado(s) o molesto(s) contigo? ¿Dirías que: gran parte del tiempo (muchas veces), a veces o casi nunca?

Gran parte del tiempo (muchas veces)
A veces
Casi nunca
Rehésa contestar
No sabe

53. Cuando los problemas fueron peores, las cosas que hiciste para evitar subir de peso, ¿te molestaban o te hacían sentir mal?

SI DICE SI, A. ¿Cómo te hacían sentir estas cosas? ¿Dirías que: muy mal, mal o no tan mal?

Muy mal
Mal
No tan mal
Rehésa contestar
No sabe

54. En el último año - es decir, desde [MENCIONE MES ACTUAL] del año pasado - ¿fuiste a ver a alguien en un hospital, clínica consultorio (oficina) porque [MENCIONE LOS SINTOMAS CON <> Y CON [ ] EN LAS PREGUNTAS 10 -19 Y EN LA NOTA 5]?
SI DICE SI, PASE A DETALLES OPCIONALES, PROXIMA PAGINA

SI DICE NO, A. ¿Tienes una cita para ver a alguien, porque haces [esto/ estas cosas]?

SI DICE SI, PASE A DETALLES OPCIONALES, PROXIMA PAGINA DETALLES OPCIONALES

30. ¿A quién [viste/vas a ver]? (ESCRIBALO):

Nombre: 
Profesión: 
Dirección: 

1. SI YA VIO A ALGUIEN, PREGUNTE: ¿Qué dijo la persona que te vio? ¿Cuál era el problema?

Sondeo Toda la Vida

31. Me has dicho que en el último año [MENCIONE SINTOMAS CON [ ] EN LAS P. 10 - 19 Y LA NOTA 5].

Ahora quiero que recuerdes antes del último año, desde que cumpliste cinco años hasta los últimos doce meses. (ENTREVISTADOR: señale la edad de cinco años en la tarjeta de información cronológica.)

Desde que cumpliste cinco años, ¿hubo alguna vez en que otras personas o tú estuvieron más preocupadas que en el último año por tu peso o por cosas que hacías para evitar ganar peso?

SI DICE SI, A. ¿Cuántos años tenías cuando otras personas o tú estaban más preocupadas por esto?

CODIFIQUE LA EDAD ------------------------------------------->
SI NO SABE LA EDAD, PREGUNTE: ¿En qué grado (a o escolar, curso) estabas?
CODIFIQUE EL GRADO (44 = PRE-K, 55 = KINDER) -->
Ahora te voy a hacer algunas preguntas sobre si te sientes triste e infeliz.

1. En el último año – es decir, desde [[MENCIONE SUCESO]/[MENCIONE MES ACTUAL] del año pasado] – ¿hubo alguna vez en la que a menudo te sentiste triste o deprimido(a)?

   SI DICE SI, A. ¿Hubo alguna vez en el último año en que te sentiste triste o deprimido(a) durante mucho rato todos los días?

   SI DICE NO, PASE A LA P 2

   B. ¿Dirías que te sentiste así casi todo el día?

   C. ¿Hubo alguna vez en que te sentiste triste o deprimido(a) casi todos los días?

   SI DICE NO, PASE A LA P 2

   SI DICE SI, D. ¿En el último año, hubo dos semanas seguidas en las que te sentiste triste o deprimido(a) casi todos los días?

   SI DICE NO, PASE A LA P 2

   E. Cuando estabas triste o deprimido(a), ¿te sentías mejor si pasaba o esperabas que te pasara algo bueno?

   F. ¿Y durante las últimas cuatro semanas? Desde [[MENCIONE SUCESO]/[principios de/mediados de/ finales de [MES PASADO]], ¿te has sentido triste o deprimido(a)?

2. En el último año – es decir, desde [[MENCIONE MES ACTUAL] del año pasado] – ¿hubo alguna vez en que nada te divertía y simplemente nada te interesaba?

   SI DICE SI, A. ¿Hubo alguna vez en que nada te divertía casi todos los días?

   SI DICE NO, PASE A LA P 3

   B. En el último año, ¿hubo dos semanas seguidas en que nada te
divertía casi todos los días?

**SI DICE NO, PASE A LA P3**

C. ¿Y durante las últimas cuatro semanas?

(Desde [[MENCIONE SUceso]/principios de/ mediados de/ finales de [MES PASADO]]), ¿ha habido alguna vez en que nada te divertía?

Módulo C: Trastornos Afecitivos
Depresión Mayor/Trastorno Distímico
DISC IV-Y, último año - BORRADOR

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Página 1

[3/14/98]
3. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿hubo alguna vez en que a menudo te sentías gruñón(a) o irritado(a) y con frecuencia de mal humor, que hasta cualquier cosita te enojaba (daba coraje, enfadaba, ponía bravo/a)?

**SI DICE SI, A.** ¿Hubo alguna vez en el último año en que te sentías de mal humor (gruñón/a) o irritado(a) durante mucho rato todos los días?

0 2 7 9 [27]

**SI DICE NO, PASE A LA NOTA 1**

B. ¿Dirías que te sentías así casi todo el día?

0 2 7 9 [29]

C. ¿Hubo alguna vez en que te sentías de mal humor (gruñón/a) o irritado(a) casi todos los días?

0 2 7 9 [30]

**SI DICE NO, PASE A LA NOTA 1**

**SI DICE SI, D.** ¿En el último año, hubo dos semanas seguidas en que te sentías de mal humor (gruñón/a) o irritado(a) casi todos los días?

0 2* 7 9 [31]

**SI DICE NO, PASE A LA NOTA 1**

E. ¿Y durante las últimas cuatro semanas? (Desde [[MENCIONE SUceso]]//principios de/ mediados de/finales de [MES PASADO]]), ¿te has sentido a menudo gruñón(a) o irritado(a) y de mal humor?

0 2 7 9 [32]

---

**NOTA 1:** ¿SE CODIFICO ALGUNA RESPUESTA CON * O CON [ ] EN LAS P 1 - 3?

0 2 [33]

**SI DICE SI:** HAGA LAS PREGUNTAS QUE Aparecen en los recuadros en las P 4 - 22 si es afirmativa la pregunta inicial correspondiente.

*Use la primera respuesta con *" o con [ ] codificadas en las P 1-3 como “palabra clave” en [ ] cuando haga estas preguntas.*

**SI DICE NO: NO HAGA LAS PREGUNTAS DE LOS RECUADROS.**

---

**NOTA 2:** ¿SE CODIFICO ALGUNA RESPUESTA CON * EN LA P 1 ó 3?

0 -[2]- [34]
4. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿hubo alguna vez en que perdiste peso?
   
   **SI DICE NO, PASE A LA P 5**
   
   A. ¿Estabas a dieta o tratando de perder peso?
      0 2 7 9 [36]
   
   **SI DICE SI, B.** En el último año, ¿alguna vez perdiste peso sin querer?
      0 2 7 9 [37]
   
   **SI DICE NO, PASE A LA P 5**
   
   C. ¿Perdiste tanto peso que otras personas lo notaron?
      0 2 7 9 [38]

**SI SE CODIFICO ALGUNA RESPUESTA CON * O CON [ ] EN LAS P1-3, PREGUNTE:**

D. Me has dicho que en el último año hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)]. Esa vez, ¿perdiste peso?
   0 2*# 7 9 [39]

E. ¿Y durante las últimas cuatro semanas? (Desde [[MENCIONE SUCESO]//principios de/mediados de/finales de MES PASADO]], ¿has perdido peso?
   0 2 7 9 [40]

5. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿hubo alguna vez en que perdiste el apetito o a menudo tenías menos ganas de comer?
   
   **SI DICE NO, PASE A LA P 6**

**SI SE CODIFICO ALGUNA RESPUESTA CON * O CON [ ] EN LAS P1-3, PREGUNTE:**

A. Me has dicho que en el último año hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)]. Esa vez, ¿perdiste el apetito o a menudo tuviste menos ganas de comer?
   0 2* 7 9 [42]

**SI DICE SI, B.** ¿Perdiste el apetito o tuviste menos ganas de comer casi todos los días durante dos semanas o más?
   0 2# 7 9 [43]

C. ¿Y durante las últimas cuatro semanas? (Desde [[MENCIONE SUCESO]//principios de/mediados de/finales de MES PASADO]], ¿has perdido el apetito o a menudo tuviste menos ganas de comer?
   0 2 7 9 [44]
6. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿hubo alguna vez en que engordaste mucho?

**SI DICE NO, PASE A LA P 7**

A. ¿Engordaste tanto que otras personas lo notaron?

**SI SE CODIFICÓ ALGUNA RESPUESTA CON * O CON [] EN LAS P1-3, PREGUNTE:**

B. Me has dicho que en el último año hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)]. Esa vez, ¿engordaste mucho?

C. ¿Y durante las últimas cuatro semanas? (Desde [MENCIONE SUceso]/principios de/mediados de/finales de [MES PASADO]), ¿has engordado?

7. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿hubo alguna vez en que tenías mucha más hambre de lo acostumbrado o comías mucho más de lo acostumbrado?

**SI DICE NO, PASE A LA NOTA 3**

**SI CODIFICÓ ALGUNA RESPUESTA CON * O CON [] EN LAS P1-3, PREGUNTE:**

A. Me has dicho que en el último año hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)]. Esa vez, ¿tenías mucha más hambre o comías mucho más de lo acostumbrado?

**SI DICE SI, B.** ¿Tenías mucha más hambre o comías mucho más de lo acostumbrado casi todos los días durante dos semanas o más?

C. ¿Y durante las últimas cuatro semanas? (Desde [MENCIONE SUceso]/principios de/mediados de/finales de [MES PASADO]), ¿has tenido mucha más hambre o a menudo has comido mucho más de lo acostumbrado?
8. En el último año – es decir, desde [MENCIONE MES ACTUAL] del año pasado – ¿hubo alguna vez en que tenías problemas para dormir, es decir, problemas para quedarte dormido(a), para seguir durmiendo o por despertarte demasiado temprano?

**SI DICE NO, PASE A LA P 9**

A. Cuando tenías problemas para dormir, ¿dormías de forma diferente a como duermes generalmente? 0 2 7 9 [56]

**SI SE CODIFICO ALGUNA RESPUESTA CON * O CON [] EN LAS P1-3, PREGUNTE:**

B. (Me has dicho que en el último año hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)/]). Esa vez cuando te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)], ¿tenías problemas para dormir?

**SI DICE SI, C.** ¿Tenías problemas para dormir casi todas las noches durante dos semanas o más? 0 2# 7 9 [58]

D. ¿Y durante las últimas cuatro semanas? (Desde [[MENCIONE SUCESO]// principios de/mediados de/finales de [MES PASADO]]), ¿has tenido problemas para dormir?

9. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿hubo alguna vez en que dormías más durante el día de lo que acostumbras?

**SI DICE NO, PASE A LA NOTA 4**

**SI SE CODIFICO ALGUNA RESPUESTA CON * O CON [] EN LAS P1-3, PREGUNTE:**

A. (Me has dicho que en el último año hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)/]. Esa vez cuando te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)], ¿dormías más durante el día?

**SI DICE SI, B.** ¿Dormías más durante el día casi todos los días durante dos semanas o más? 0 2# 7 9 [62]

C. ¿Y durante las últimas cuatro semanas? (Desde [[MENCIONE SUCESO]// principios de/mediados de/finales de [MES PASADO]]), ¿has dormido más durante el día de lo que acostumbras?
10. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿hubo alguna vez en que a menudo te sentías lento(a)...como si caminaras o hablaras mucho más lento de lo que acostumbras?

**SI DICE NO, PASE A LA P 11**

A. ¿Se dieron cuenta otras personas de tu lentitud?  

**SI SE CODIFICO ALGUNA RESPUESTA CON * O CON [ ] EN LAS P1-3, PREGUNTE:**

B. (Me has dicho que en el último año hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)]. Esa vez cuando te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)], ¿a menudo te sentiste lento(a)?

**SI DICE SI, C.** ¿Te sentiste lento(a) casi todos los días durante dos semanas o más?

D. ¿Y durante las últimas cuatro semanas?  
(Desde [[MENCIONE SUCESO]/principios de/mediados de/finales de [MES PASADO]]), ¿te has sentido lento(a)?

11. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿hubo alguna vez en que a menudo te sentías inquieto(a)...como si tuvieras que estar caminando continuamente?

**SI DICE NO, PASE A LA NOTA 5**

A. Cuando te sentías así de inquieto(a), ¿te comportabas de forma diferente a como te portas generalmente?  

**SI SE CODIFICO ALGUNA RESPUESTA CON * O CON [ ] EN LAS P1-3, PREGUNTE:**

C. (Me has dicho que en el último año hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)]. Esa vez cuando te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)], ¿a menudo te sentiste inquieto(a)?

**SI DICE SI, D.** ¿Te sentiste así de inquieto(a) casi todos los días durante dos semanas o más?

E. ¿Y durante las últimas cuatro semanas?  
(Desde [[MENCIONE SUCESO]/principios de/mediados de/finales de [MES PASADO]]), ¿te has sentido inquieto(a) a menudo?
12. En el último año – es decir, desde [MENCIONE MES ACTUAL] del año pasado – ¿hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)]. Esa vez cuando te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)], ¿tenías menos energía?

**SI DICE NO, PASÉ A LA P 13**

### SI SE CODIFICO ALGUNA RESPUESTA

<table>
<thead>
<tr>
<th>CON * O CON [ ] EN LAS P1 - 3, PREGUNTE:</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. (Me has dicho que en el último año hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)]. Esa vez cuando te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)], ¿tenías menos energía?</td>
</tr>
<tr>
<td>B. ¿Y durante las últimas cuatro semanas? (Desde [MENCIONE SUCESO]/principios de/mediados de/finales de [MES PASADO]), ¿has tenido menos energía de la que tienes generalmente?</td>
</tr>
</tbody>
</table>

13. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿hubo alguna vez en que hacer cualquier cosa te hacía sentir muy cansado(a)?

**SI DICE NO, PASÉ A LA NOTA 6**

A. Cuando te sentías así de cansado(a), ¿te sentiste de forma diferente a como te sentías generalmente? | 0 2 7 9 [21] |

### SI SE CODIFICO ALGUNA RESPUESTA

<table>
<thead>
<tr>
<th>CON * O CON [ ] EN LAS P1 - 3, PREGUNTE:</th>
</tr>
</thead>
<tbody>
<tr>
<td>B. (Me has dicho que en el último año hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)]. Esa vez cuando te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)], ¿te sentiste muy cansado(a)?</td>
</tr>
<tr>
<td>C. ¿Te sentiste así de cansado(a) casi todos los días durante dos semanas o más?</td>
</tr>
<tr>
<td>D. ¿Y durante las últimas cuatro semanas? (Desde [MENCIONE SUCESO]/principios de/mediados de/finales de [MES PASADO]), ¿te has sentido muy cansado(a)?</td>
</tr>
</tbody>
</table>
14. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿hubo alguna vez en que sentías los brazos y piernas muy pesados como si cargaras un gran peso?

SI DICE NO, PASE A LA P 15

SI SE CODIFICO ALGUNA RESPUESTA
CON * O CON [ ] EN LAS P1-3, PREGUNTE:

A. (Me has dicho que en el último año hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)]. Esa vez cuando te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)], ¿sentiste los brazos y piernas muy pesados?

SI DICE SI, B. ¿Sentiste los brazos y piernas así de pesados casi todos los días durante dos semanas o más?

C. ¿Y durante las últimas cuatro semanas? (Desde [MENCIONE SUCESO]/principios de/mediados de/finales de [MES PASADO]), ¿has sentido pesados los brazos y piernas?

15. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿hubo alguna vez en que a menudo te culpabas por las cosas malas que pasaban?

SI DICE NO, PASE A LA P 16

A. Culparte de esa manera, ¿fue diferente a como te sientes generalmente?

SI SE CODIFICO ALGUNA RESPUESTA
CON * O CON [ ] EN LAS P1-3, PREGUNTE:

B. (Me has dicho que en el último año hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)]. Esa vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)], ¿te culpabas así?

SI DICE SI, C. ¿Te culpabas así casi todos los días durante dos semanas o más?

D. ¿Y durante las últimas cuatro semanas? (Desde [MENCIONE SUCESO]/principios de/mediados de/finales de [MES PASADO]), ¿te has culpado a menudo por cosas malas que pasaron?
16. En el último año – es decir, desde [MENCIONE MES ACTUAL] del año pasado – ¿hubo alguna vez en que sentías que no podías hacer nada bien o que no eras tan atractivo(a) o tan listo(a) (inteligente) como otra gente?  

**SI DICE NO, PASE A LA NOTA 7**  
A. Cuando te sentías mal contigo mismo, ¿fue diferente a como te sientes generalmente?  

**SI SE CODIFICO ALGUNA RESPUESTA**  
CON * O CON [ ] EN LAS P1-3, PREGUNTE:  
B. (Me has dicho que en el último año hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)]. Esa vez cuando te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)], ¿te sentiste mal contigo mismo(a)?  

**SI DICE SI, C.** ¿Te sentiste así casi todos los días durante dos semanas o más?  

**D.** ¿Y durante las últimas cuatro semanas? (Desde [MENCIONE SUceso]//principios de/mediados de/finales de [MES PASADO]), ¿has sentido que no podías hacer nada bien o que no eras tan atractivo(a) o tan listo(a) (inteligente) como otra gente?  

17. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿hubo alguna vez en que no podías pensar tan claro o tan rápido como acostumbrabas?  

**SI DICE NO, PASE A LA P 18**  

**SI SE CODIFICO ALGUNA RESPUESTA**  
CON * O CON [ ] EN LAS P1-3, PREGUNTE:  
A. (Me has dicho que en el último año hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)]. Esa vez cuando te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)], ¿te parecía que no podías pensar tan claro o tan rápido como acostumbrabas?  

**SI DICE SI, B.** ¿Te parecía que no podías pensar tan claro o tan rápido como acostumbrabas casi todos los días durante dos semanas o más?  

**C.** ¿Y durante las últimas cuatro semanas? (Desde [MENCIONE SUceso]//principios de/mediados de/finales de [MES PASADO]), ¿te ha parecido que no podías pensar tan claro o tan rápido como acostumbrabas?
18. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿hubo veces en que a menudo tenías problemas para mantener la atención en ([la tarea escolar/el trabajo] o en otras) cosas?

**SI DICE NO, PASE A LA P 19**

A. Cuando tenías problemas para mantener la atención en ([la tarea escolar/el trabajo] o en otras) cosas, ¿te comportabas de forma diferente a como eres generalmente cuando haces estas cosas?

**SI SE CODIFICO ALGUNA RESPUESTA CON * O CON [ ] EN LAS P 1 - 3, PREGUNTE:**

B. (Me has dicho que en el último año hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)].) Esa vez cuando te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)], ¿tenías a menudo problemas para mantener la atención en ([la tarea escolar/el trabajo] o en otras) cosas?

C. ¿Tenías problemas para mantener la atención en ([la tarea escolar/el trabajo] o en otras) cosas casi todos los días durante dos semanas o más?

---

19. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿hubo alguna vez en que a menudo se te ha hecho difícil tomar decisiones?

**SI DICE NO, PASE A LA NOTA 8**

A. Cuando se te hacía difícil tomar decisiones, ¿eras en esto diferente a como generalmente eres?
20. En el último año – es decir, desde [MENCIONE MES ACTUAL] del año pasado – ¿hubo alguna vez en que a menudo pensabas en la muerte, o en personas que han muerto, o en tu propia muerte?

SI DICE NO, PASE A LA P 21

A. ¿Pensabas en la muerte o en morirte mucho más de lo que acostumbras? 0 2 7 9 [60]

SI SE CODIFICO ALGUNA RESPUESTA
CON * O CON [ ] EN LAS P1-3, PREGUNTE:

B. (Me has dicho que en el último año hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)]. Esa vez cuando te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)], ¿pensabas mucho en la muerte o en morirte?

SI DICE SI, C. ¿Pensabas en la muerte o en morir casi todos los días durante dos semanas o más?

D. ¿Y durante las últimas cuatro semanas?
(Desde [[MENCIONE SUCESO]//principios de/mediados de/finales de [MES PASADO]]), ¿a menudo has pensado en la muerte, o en personas que han muerto, o en tu propia muerte?

21. En el último año (es decir, desde [MENCIONE MES ACTUAL] del año pasado), ¿hubo alguna vez en que pensaste seriamente en matarte?

SI DICE NO, PASE A LA P 22

A. En el último año, ¿pensaste muchas veces en matarte? 0 2 7 9 [65]

B. En el último año, ¿tuviste un plan sobre cómo exactamente te ibas a matar? 0 2 7 9 [66]

SI SE CODIFICO ALGUNA RESPUESTA
CON * O CON [ ] EN LAS P1-3, PREGUNTE:

C. (Me has dicho que en el último año hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)]. Esa vez cuando te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)], ¿pensaste en el suicidio?

D. ¿Y durante las últimas cuatro semanas?
(Desde [[MENCIONE SUCESO]//principios de/mediados de/finales de [MES PASADO]]), ¿has pensado seriamente en matarte?

SI DICE SI, E. En las últimas cuatro semanas, ¿has pensado muchas veces en matarte?

F. ¿Planeaste exactamente cómo te ibas a matar? 0 2 7 9 [70]
22. Para la próxima pregunta, quiero que pienses en toda tu vida.

Durante toda tu vida, ¿alguna vez has tratado de matarte o has intentado suicidarte?

**SI DICE NO, PASE A LA NOTA 9**

A. ¿Cuántas veces has tratado de matarte?

CODIFIQUE EL NUMERO DE VECES

|   |   | 7 | 9 |

B. Recordando todo el último año – es decir, desde [MENCIONE SUCESO/ MENCIONE MES ACTUAL del año pasado] – ¿has tratado de matarte?

**SI DICE SI, C.** ¿Cuántas veces trataste de matarte en el último año?

CODIFIQUE EL NUMERO DE VECES

|   |   | 7 | 9 |

D. ¿Cómo trataste de matarte (la última vez que lo intentaste)?

¿Qué hiciste?

|   |   |

E. ¿Fuiste a ver a un médico, a una sala de urgencia (emergencia) o ingresaste en un hospital por algún intento suicida?

**SI SE CODIFICO ALGUNA RESPUESTA CON * O CON [ ] EN LAS P 1 - 3, PREGUNTE:**

F. (Me has dicho que en el último año hubo alguna vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)]. Esa vez, ¿trataste de matarte?

|   | 2*# | 7 | 9 |

G. ¿Y durante las últimas cuatro semanas?

(Desde [MENCIONE SUCESO]/principios de/mediados de/ finales de [MES PASADO]), ¿has tratado de matarte?

|   | 2 | 7 | 9 |
NOTA 10:

¿SE CODIFICARON TRES O MÁS RESPUESTAS CON [ ] EN LA P2 Y EN LAS NOTAS 2-9?

SI DICE SI: CONTINUE
SI DICE NO: PASE A LA P35, PAG. 21

A.3-68
23. Me has dicho que en el último año hubo una vez en que te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)], y que durante esa vez [MENTIONE LOS SINTOMAS CON [ ] EN LAS NOTAS 3 - 9].

¿Cuántos años tenías la primera vez que te sentiste de esa manera?

CODIFIQUE EDAD (66 = TODA LA VIDA, SIEMPRE)  ________ AÑOS  [31-32]

SI NO SABE LA EDAD, PREGUNTE:

¿En qué grado (año escolar, curso) estabas?

CODIFIQUE GRADO (44 = PRE-K, 55 = KINDER)   ________ GRADO  [33-34]


SI [LA EDAD/EL GRADO] MENCIÓNADA(O) DEL NIÑO ES [LA EDAD/EL GRADO] ACTUAL MENOS UNO, PREGUNTE A

CUALQUIER OTRA RESPUESTA, PREGUNTE B

A. ¿Ocurrió esto hace más de un año – es decir, antes de [[MENTIONE MES ACTUAL] del año pasado]?

SI DICE NO, PASE A LA P 24

B. Desde esa primera vez, hubo algún periodo en que dejaste de estar [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)]?

SI DICE NO, PASE A LA P 24

C. Ese período en que dejaste de estar [triste o deprimido(a)/ que nada te divertía/de mal humor (gruñón/a)], ¿duró dos meses o más?

SI DICE NO, PASE A LA P 24

D. Me has dicho que en el último año estabas [triste o deprimido(a)/que nada de divertía/de mal humor (gruñón/a)]. ¿Cuántos años tenías cuando estos sentimientos empezaron esta vez?

CODIFIQUE EDAD (88 = NUNCA EMPECÉ OTRA VEZ)   ________ AÑOS  [38-39]

SI NO SABE LA EDAD, PREGUNTE:

¿En qué grado (año escolar, curso) estabas?

CODIFIQUE GRADO  ________ GRADO  [40-41]

(44 = PRE-K, 55 = KINDER, 88 = NUNCA EMPECÉ OTRA VEZ)

b:  SI [LA EDAD/EL GRADO] MENCIÓNADA(O) DEL NIÑO ES [LA EDAD/EL GRADO] ACTUAL, MENOS UNO, PREGUNTE E

CUALQUIER OTRA RESPUESTA, PASE A LA P 24

E. ¿Volviiste a sentirte [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)] hace más de un año – es decir, antes de [[MENTIONE MES ACTUAL] del año pasado]?

0  2  7  9  [42]
24. Me has dicho que en el último año tuviste problemas por sentirte [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)].

¿Empezaste a sentirte de esta manera poco después de que muriera un ser querido? 0 2 7 9 [43]

SI DICE SI, A. ¿Quién murió?

__________________________________________________ [44-45]

B. ¿Cuándo [murió/murieron]?

(ANOTE MES Y AÑO:)

__________________________________________________ [46-49]

C. Después de la muerte de [MENCIONE PERSONA EN A], ¿te sentiste [triste o deprimido(a)/que nada te divertía/ de mal humor (gruñón/a)] durante dos meses o más?

SI DICE NO, D. ¿Alguna vez te sentiste [triste o deprimido(a)/que nada te divertía/ de mal humor (gruñón/a)] antes de que [MENCIONE PERSONA EN A] muriera?

SI DICE SI, E. ¿Sucedió en el último año? 0 2 7 9 [50]

SI DICE SI, F. Cuando te sentiste [triste o deprimido(a)/ que nada te divertía/ de mal humor (gruñón/a)], ¿te duró dos semanas o más?,

C: SI EL INICIO (DE ACUERDO A LA EDAD O EL GRADO ) MENCIONADA(O) EN P 23 FUE HACE MENOS DE 2 AÑOS, PASE A P 26, PAG. 17

CUALQUIER OTRA RESPUESTA, CONTINUE

25. Durante los últimos dos años, ¿[te pusiste triste o deprimido(a)/sentiste que nada te divertía/te pusiste de mal humor (gruñón/a)], luego mejoraste y después volviste a [ponerte triste o deprimido(a)/sentir que nada te divertía/ponerte de mal humor (gruñón/a) otra vez]?

SI DICE NO, PASÉ A LA P 26

A. ¿Empezaste a [ponerse triste o deprimido(a)/sentirte que nada te divertía/ponerte de mal humor (gruñón/a)] más o menos durante la misma época de cada año?

SI DICE SI, B. ¿Fue en invierno o en otoño? 0 2 7 9 [56]

SI DICE NO, PREGUNTE H
C. ¿Estuviste [triste o deprimido(a)] que nada te divertía/de mal humor (gruñón/a)] hasta la primavera o el verano (cuando amanece más temprano y obscurece más tarde)?

D. ¿Empezaste a mejorar en la primavera o en el verano (cuando amanece más temprano y obscurece más tarde)?

E. ¿Alguna vez te pusiste demasiado activo(a) o muy agitado(a) o inquieto(a) en la primavera o en el verano (cuando amanece más temprano y obscurece más tarde)?

F. En los últimos dos años, ¿alguna vez [te has puesto triste o deprimido(a)]/has sentido que nada te divertía/te has puesto de mal humor (gruñón/a)] en otras épocas del año, es decir, en la primavera o en el verano (cuando amanece más temprano y obscurece más tarde)?

**SI DICE NO, PASE A LA P 26**

G. Cuando te sentiste así, ¿duró alguna vez tanto como dos semanas o más?

**PASE A LA P 26**

H. ¿Te pasó esto en primavera o en verano (cuando amanece más temprano y obscurece más tarde)?

SI DICE SI, I. ¿Estuviste [triste o deprimido(a)]/ que nada te divertía/de mal humor (gruñón/a)] hasta el otoño o el invierno (cuando amanece más tarde y obscurece más temprano)?

J. ¿Empezaste a mejorar en el otoño o en el invierno (cuando amanece más tarde y obscurece más temprano)?

K. ¿Alguna vez te pusiste demasiado activo(a) o muy agitado(a) o inquieto(a) en el otoño o en el invierno (cuando amanece más tarde y obscurece más temprano)?

L. En los últimos dos años, ¿alguna vez [te has puesto triste o deprimido(a)]/has sentido que nada te divertía/te has puesto de mal humor (gruñón/a)] en otras épocas del año, es decir, en el otoño o en el invierno (cuando amanece más tarde y obscurece más temprano)?

M. Estas veces en que te sentiste así, ¿duraron tanto como dos semanas o más?
26. Me has dicho que en el último año te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)] y también [MENCIONE SINTOMAS CON [ ] EN LAS NOTAS 3 - 9].

Ahora me gustaría que recordaras la vez en el último año en que sentirte así causó más problemas.

En aquel tiempo, ¿tus [PERSONAS QUE LO/LA CUIDAN] parecían disgustados(as) o molestos(as) contigo porque te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)]?

SI DICE SI, A. ¿Cuán a menudo (Qué tan seguido, Con qué frecuencia) tus [PERSONAS QUE LO/LA CUIDAN] parecían disgustados(as) o molestos(as) contigo porque te sentías de esta manera? ¿Dirías que: gran parte del tiempo (muchas veces), a veces o casi nunca?

Gran parte del tiempo (muchas veces)................................................. 3 [69]
A veces................................................................................................. 2
Casi nunca........................................................................................... 1
Rehúsa contestar................................................................................ 7
No sabe ............................................................................................... 9

27. En aquel tiempo, sentirte [triste o deprimido(a)/ que nada te divertía/de mal humor 0 (gruñón/a)], ¿te impidió hacer cosas o salir con tu familia?

SI DICE SI, A. ¿Cuán a menudo (Qué tan seguido, Con qué frecuencia), sentirte de esta manera, te impidió hacer cosas o salir con tu familia? ¿Dirías que: gran parte del tiempo (muchas veces), a veces o casi nunca?

Gran parte del tiempo (muchas veces)................................................. 3 [71]
A veces................................................................................................. 2
Casi nunca........................................................................................... 1
Rehúsa contestar................................................................................ 7
No sabe ............................................................................................... 9

28. En aquel tiempo, sentirte [triste o deprimido(a)/ que nada te divertía/de mal humor 0 (gruñón/a)], ¿te impidió hacer cosas o salir con otros(as) [niños/ personas de tu edad]?

SI DICE SI, A. ¿Cuán a menudo (Qué tan seguido, Con qué frecuencia), sentirte de esta manera, te impidió hacer cosas o salir con otros (as) [niños/personas de tu edad]? ¿Dirías que: gran parte del tiempo (muchas veces), a veces o casi nunca?

Gran parte del tiempo (muchas veces)................................................. 3 [73]
A veces................................................................................................. 2
Casi nunca........................................................................................... 1
Rehúsa contestar................................................................................ 7
No sabe ............................................................................................... 9

\[8\]
29. Cuando los problemas fueron peores, sentirte [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)] , ¿[te causó alguna dificultad en las tareas escolares o te causó problemas con las calificaciones (notas)/te causó alguna dificultad para trabajar]?

**SI DICE SI, A.** ¿Cuán (Qué tan, Cómo de) grave(s) fueron los problemas que tuviste con [las tareas escolares/el trabajo] porque te sentiste de esta manera? ¿Dirías que: muy graves, graves o no tan graves?

- Muy graves ................................................................. 3
- Graves ........................................................................... 2
- No tan graves ............................................................. 1
- Rehúsa contestar ....................................................... 7
- No sabe ........................................................................ 9

30. En aquel tiempo, sentirte [triste o deprimido(a)/ que nada te divertía/de mal humor (gruñón/a)], ¿hizo que [tus maestros/tu jefe] estuviera(n) disgustado(s) o molesto(s) contigo?

**SI DICE SI, A.** ¿Cuán a menudo (Qué tan seguido, Con qué frecuencia) [tus maestros/tu jefe] [estuvo/estuvieron] disgustado(s) o molesto(s) contigo porque te sentiste de esta manera? ¿Dirías que: gran parte del tiempo (muchas veces), a veces o casi nunca?

- Gran parte del tiempo (muchas veces)............................ 3
- A veces ........................................................................... 2
- Casi nunca ..................................................................... 1
- Rehúsa contestar ....................................................... 7
- No sabe ........................................................................ 9

31. Cuando los problemas fueron peores, sentirte [triste o deprimido(a)/ que nada te divertía/de mal humor (gruñón/a)], ¿te molestaba o te hacía sentir mal?

**SI DICE SI, A.** ¿Cómo te hacía sentir esto? ¿Dirías que: muy mal, mal o no tan mal?

- Muy mal ......................................................................... 3
- Mal ................................................................................ 2
- No tan mal ................................................................. 1
- Rehúsa contestar ....................................................... 7
- No sabe ........................................................................ 9
32. En el último año—es decir, desde [[MES ACTUAL] del año pasado] – ¿fuiste a ver a alguien en un hospital, clínica o consultorio (oficina) porque te sentiste [triste o deprimido(a)/ que nada te divertía/de mal humor (gruñón/a)]?

SI DICE SI, PASE A LOS DETALLES OPCIONALES, PROXIMA PAGINA

SI DICE NO, A. ¿Tienes una cita para ver a alguien porque te sientes así? 0 2 7 9 [23]

SI DICE SI, PASE A LOS DETALLES OPCIONALES, PROXIMA PAGINA

DETALLES OPCIONALES:

33. ¿A quién [viste/vas a ver]? (ESCRIBA:)
   Nombre: ___________________________   ___ ___ [24-25]
   Profesión: ___________________________
   Dirección: ___________________________

A. SI VIO A ALGUIEN, PREGUNTE:
   ¿Qué dijo la persona que te vio? ¿Cuál era el problema?
   ___________________________   ___ ___ [26-27]

Sondeo Toda La Vida

34. Me has dicho que en el último año te sentiste [triste o deprimido(a)/que nada te divertía/de mal humor (gruñón/a)] y que también [MENCIONE SINTOMAS CON [ ] EN LAS NOTAS 3-9].

Ahora quiero que recuerdes antes del último año...desde que cumpliste cinco años hasta los últimos doce meses. (ENTREVISTADOR: señale la edad de cinco años en la tarjeta de información cronológica.)

Desde que cumpliste cinco años, ¿hubo alguna vez en que [te sentiste triste o deprimido(a)/sentiste que nada te divertía/te sentiste de mal humor] más que en el último año?

SI DICE SI, A. ¿Cántos años tenías cuando sentirte de esta manera fue peor que en el último año?

CODIFIQUE EDAD ___________________________   ___ ___ AÑOS [29-30]

SI NO SABE LA EDAD, PREGUNTE:
¿En qué grado (año escolar, curso) estabas?
CODIFIQUE GRADO (44 = PRE-K, 55 = KINDER)   ___ ___ GRADO [31-32]

e: SI SE CODIFICARON CINCO O MAS RESPUESTAS CON ‹ › EN LA P2 Y EN LAS NOTAS 2 - 9, PASE A LA P 60, PAG. 28

CUALQUIER OTRA RESPUESTA, CONTINUE
Section A.4

The Spanish CIDI Interview
SPANISH CIDI – PANIC DISORDER

[Image of a computer screen with text in Spanish, indicating questions about panic disorder and responses for yes (Sí) and no (No).]

A.4-1
A.4-5
¿Le duele o molesta el hígado?

- Sí
- No

¿Le duele o molesta el estómago?

- Sí
- No

¿De manera marcada o solo que se le ha afectado?

- Sí
- No
¿Cuándo se vendía el cerdo?

[Selección de opciones]

- Sí
- No

¿Cuándo se comía el cerdo?

[Selección de opciones]

- Sí
- No

¿Cuándo se bebía el cerdo?

[Selección de opciones]

- Sí
- No
A.4-11
¿Hace recordar usted la vez que hizo uso de este atajo?

Si: 

Sí

No

Si es así, ¿Cuál era el trato?

Si respuesta = Sí, continúe con: 

¿Cuántos años de edad?
A.4-14
¿Le causó este ataque temor/sorpresa en los últimos 32 meses?

1. No
2. Sí

Mas o menos, ¿cuántos de estos 2 ataques temor/sorpresa le ocurrieron en los últimos 32 meses?

- SI RESPUESTA > 000, CODifique 000.
- SI RESPUESTA = 00, CODifique 000.
- SI RESPUESTA = 00, CODifique 000.

_ NÚMERO DE ATAQUES_

Un hecho importante de esta vida, más o menos, ¿cuántos ataque le ocurrieron en situaciones en que había una situación de tensión y cuyo resultado fue imprevisto debido a lo que estaba ocurriendo?

- SI RESPUESTA > 000, CODifique 000.
- SI RESPUESTA = 00, CODifique 000.
- SI RESPUESTA = 00, CODifique 000.

_ NÚMERO DE ATAQUES_
¿En los últimos 12 meses, pasaste el tiempo en consultas con otras personas que tuvo por lo menos un episodio por semana?
SI RESPUESTA = SI, CODIFICA 999.
SI RESPUESTA = REN, CODIFICA 999.
NÚMERO DE ENTREVISTAS CONSULTAS.
En los últimos 12 meses, ¿pudo el número de ataque que se le llevó en cualquier periodo de cuatro casos consecutivos?

Si la respuesta es "Sí", código "A001".
Si la respuesta es "No", código "A002".
Si la respuesta es "No", código "A003".

NUMERO DE ATAQUES

1. No
2. Sí
A.4-21
A.4-23
A.4-24
A.4-26
A.4-27
A.4-28
Si la respuesta es SÍ, CONTINUE 900.
Si la respuesta es NO, CONTINUE 900.

NUMERO DE DIAS
SPANISH CIDI – GENERALIZED ANXIETY DISORDER
A.4-32
PREGUNTA PARA ENTREVISTADOR: ¿REPORTO E PREOCUPARSE EXCLUSIVAMENTE DE UNA COSA? O TIENEN PREOCUPACIONES MÚLTIPLES?

1. Se preocupó exclusivamente de una cosa
2. Tienen preocupaciones múltiples

PREGUNTA: ¿Te has sentido que tu preocupación es excesiva, evitas cosas más fácil de lo que realmente deberías estar en un momento?

1. No
2. Sí

PREGUNTA: ¿Cuántas veces en el último mes te has sentido que te estabas controlando tu preocupación - demasiado controlado - demasiado inseguro?

1. Frequentemente
2. A veces
3. Raramente
4. Nunca
<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
<th>NS</th>
<th>FEH</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Envr: Entregue la tarea mañana**

Nota: ahora entregue. Estas son instrucciones de presentación que deben ser cumplidas durante periodo de tarea principal. Tareas a realizar: 1. Lector 13 meses, llene el periodo en que se hace presente. ¿En fechuras están sus fechuras?
A.4-39
<table>
<thead>
<tr>
<th>Respondent No</th>
<th>Question</th>
<th>Program Bar</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Question:**
En los últimos 12 meses, alguna vez el alcohol provocó un trastorno, o aumento fue el resultado de una condición física o mental?

- [ ] No  
- [ ] Sí  
- [ ] No

A.4-40
<table>
<thead>
<tr>
<th>Question</th>
<th>Answer Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>¿ESE NEC? (¿Qué tipo de medicamento, droga, o alcohol le causaron) el evento principal(a). Menos(a) o menos(a)?</td>
<td>No</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Question</th>
<th>Answer Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>En los últimos 12 meses, cuando se le dio el diagnóstico, ¿Cuál fue el diagnóstico? (¿Qué le diagnostico causó el evento principal(a). Menos(a) o menos(a)?</td>
<td>Nombre</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Question</th>
<th>Answer Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>¿ESE NEC? (¿Qué tipo de medicamento, droga, o alcohol le causaron) el evento principal(a). Menos(a) o menos(a)?</td>
<td>No</td>
</tr>
</tbody>
</table>
A.4-44
¿Qué ocurre, prácticamente, de los últimos 12 meses? ¿Se ha realizado algún trabajo a línea de fuerza automática? ¿Ha habido algún accidente durante el día laboral debido a un principal o accid.? ¿Cuánto destreza, generalmente, diario y de qué?

**SI RESPIRISTA = SI, CONFIRMAR SI.**
**SI RESPIRISTA = NO, CONFIRMAR NO.**
**NUMERO DE DIAS**
<table>
<thead>
<tr>
<th>Respuesta No</th>
<th>Question</th>
<th>Respuesta Sí</th>
</tr>
</thead>
<tbody>
<tr>
<td>¿Qué situación ocho días de las últimas cuatro semanas?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SI RESPUESTA = NS, CONSULTE NS.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SI RESPUESTA = REH, CONSULTE REH.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**NUMERO DE DIAS**

<table>
<thead>
<tr>
<th>Respuesta No</th>
<th>Question</th>
<th>Respuesta Sí</th>
</tr>
</thead>
<tbody>
<tr>
<td>¿Cuál o cuales causó des de las últimas 4 semanas, su preocupación, tensión o ansiedad? Estos problemas causaron con su vida personal o social? (Si es así, escriba que año ocurren entre 1 y 100)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SI RESPUESTA = NS, CONSULTE NS.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SI RESPUESTA = REH, CONSULTE REH.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**NUMERO DE DIAS**

<table>
<thead>
<tr>
<th>Respuesta No</th>
<th>Question</th>
<th>Respuesta Sí</th>
</tr>
</thead>
<tbody>
<tr>
<td>¿Qué situación ocho días de las últimas cuatro semanas?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SI = No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SI = NS</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SI = REH</td>
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</tr>
</tbody>
</table>

A.4-50
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SPANISH CIDI – DEPRESSION
<table>
<thead>
<tr>
<th>Responder Nro.</th>
<th>Cuestión</th>
<th>Respuesta B.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>No</td>
<td>NS</td>
</tr>
<tr>
<td>2</td>
<td>Si</td>
<td>REH</td>
</tr>
</tbody>
</table>

**EVH: ENTREGUE LA TARJETA C.A.R.**

**Nota: Preguntas Conocidas a Cuidadosamente.**

Por favor leer la Tarjeta C. Personas que experimentan daño mental, depresión, o vacunas... Respondiendo boca abajo en el examen:

1. ¿En qué estado estás tú: disponible(s) o vacante(s) con bastante control de otras preocupaciones?

2. ¿Qué dice que no sobresalga ningún solo periodo de 2 semanas, Dica:
   - Si es pobre en los 2 semanas más críticos de esta época.

3. ¿Desea un periodo de 2 semanas, puede el estado como la mayoría de las cosas, como el trabajo, los problemas y más cosas que se necesitan definir?
1. En los últimos 12 meses, ¿cómo ha sido su estado de ánimo la mayor parte del tiempo?  

<table>
<thead>
<tr>
<th>No</th>
<th>Sí</th>
</tr>
</thead>
<tbody>
<tr>
<td>NS</td>
<td>FH</td>
</tr>
</tbody>
</table>

2. LEA LENTAMENTE  

   ¿Ha tenido tiempo suficiente para estar en la mayoría de las veces, como en el trabajo, las posesiones, y otras cosas que normalmente disfruta?  

<table>
<thead>
<tr>
<th>No</th>
<th>Sí</th>
</tr>
</thead>
<tbody>
<tr>
<td>NS</td>
<td>FH</td>
</tr>
</tbody>
</table>

3. Pense en las dos semanas en que estuvo feliz de saber que lo más probable. Después de todo el tiempo en las cosas todas, es decir, en todas las cosas, la mayoría de los días, aproximadamente la mitad de los días, o nunca de la mitad de los días?  

<table>
<thead>
<tr>
<th>Todas las veces</th>
<th>La mayoría de los días</th>
<th>Aproximadamente la mitad de los días</th>
<th>Menos de la mitad de los días</th>
</tr>
</thead>
<tbody>
<tr>
<td>NS</td>
<td>NS</td>
<td>NS</td>
<td>NS</td>
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<tr>
<td>NS</td>
<td>NS</td>
<td>NS</td>
<td>NS</td>
</tr>
</tbody>
</table>
A. A. 4-59

¿Durante un período de dos semanas, ¿Pensaste que tu bebé trece en ambos los días?

1. No

2. Sí

---

¿Durante un período de dos semanas, ¿Pensaste que tu bebé trece en ambos los días?

1. No

2. Sí

---

¿Durante un período de dos semanas, ¿Pensaste que tu bebé trece en ambos los días?

1. No

2. Sí

---

¿Durante un período de dos semanas, ¿Pensaste que tu bebé trece en ambos los días?

1. No

2. Sí
La imagen muestra una interfaz de pantalla con preguntas y opciones de respuesta. Las preguntas están escritas en español y se refieren a situaciones como estar embarazada, recibir medicación y otros aspectos de la salud. La interfaz incluye opciones de respuesta con números para seleccionar la respuesta correcta. A continuación se presenta un resumen de los tres fragmentos de pantalla mostrados en la imagen:

1. **Pregunta:** ¿Estás embarazada? Las opciones de respuesta son **Sí** (S) y **No** (N).

2. **Pregunta:** ¿En el último periodo de dos semanas, recibiste alguna medicación? Las opciones de respuesta son **Sí** (S) y **No** (N).

3. **Pregunta:** ¿Cuánto peso ganaste en el periodo de dos semanas? Las opciones de respuesta son **Sí** (S) y **No** (N). El peso ganado es registrado en una caja de texto.

El documento adjunto al texto es una hoja de trabajo que muestra los resultados de estas preguntas y respuestas.
<table>
<thead>
<tr>
<th>Question</th>
<th>Response</th>
<th></th>
<th>Response</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>¿Aveces mañana se despierta con el vapor para comer algunas manzanas, o se despierta para (despertar en la mañana) desayunar frutas blandas o desayunar durante el tiempo?</td>
<td>No</td>
<td></td>
<td>NS</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sí</td>
<td></td>
<td>FIEH</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Todas las manzanas</td>
<td></td>
<td>NS</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Casi todas las manzanas</td>
<td></td>
<td>FIEH</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Menos seguida</td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>¿Aveces cena dos manzanas, con escarcha por la mañana delante o en la tarde todos los días?</td>
<td>No</td>
<td></td>
<td>NS</td>
</tr>
<tr>
<td></td>
<td>Sí</td>
<td></td>
<td>FIEH</td>
<td></td>
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<tr>
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</tr>
</tbody>
</table>
[No texto da imagem]
¿Se siente culpable?

- Sí
- No
- Ninguna razón en particular

¿Hubo alguna razón en particular para creer que ella y él cometen el delito?

- Sí
- No
- Ninguna razón en particular

ASÍTÉ LA RESPUESTA PROPORCIONADA
SONORES: ¿Alguna otra razón?
PREGUNTA PARA ENTREVISTADOR:

SI SIEMPRE QUE VAJA POCO O NADA O CULPABLE SOLO POR ESTAR INCAPACITADO POR LA ENFERMEDAD?

1. No
2. Sí

PREGUNTA:

¿Hubo quejas en las formas de afrontar otros procesos?

1. No
2. Sí

PREGUNTAS:

¿Tuvieron pocas ventajas en momentos que se les ofrecía apoyo sobre todo?

1. No
2. Sí

PREGUNTA:

¿El...
1. ¿Se encuentra en periodo de dos semanas hace mucho más difícil para concentrarse lo que lo normal para usted?

   - Sí
   - No

2. ¿Le ataca de leer cosas que normalmente lo interesan o de ver la televisión o películas que normalmente le gustan porque no puede concentrarse?

   - Sí
   - No

3. ¿Le angioplastia de varias cosas que normalmente le gusta hacer debido a la angustia que trae la enfermedad?

   - Sí
   - No
¿Qué hábito debe rootar previamente a hacer frente a túmales?

SI RESPUESTA = NS, CONSÚMELA HABILITADO AÑOS
SI RESPUESTA = NS, CONSÚMELA, 000 AÑOS.

_0_ DE SEMANAS O MESES O AÑOS

- No
- NS
- FEH

SI EL SECC: ¿Cuanto más?

SI RESPUESTAS MÚLTIPLES, AGREGA SOLO LA PRIMERA MENCIONADA.

- Espuma
- NS
- NS
- NS
- NS
- NS
- NS
¿Estás de acuerdo? ¿Cuántos días de trabajo más de lo que se requiere es tu opinión sobre el tiempo de la jornada laboral? 

1. Sí
2. No

¿Estás de acuerdo con que el tiempo de la jornada laboral sea de 8 horas de trabajo? 

1. Sí
2. No

¿Estás de acuerdo con que la jornada laboral sea de 8 horas de día laboral? 

1. Sí
2. No

¿Estás de acuerdo con que la jornada laboral sea de 8 horas de semana laboral? 

1. Sí
2. No

¿Qué tiempo te gustaría trabajar de día laboral? 

1. 7:00
2. 8:00
3. 9:00
4. 10:00

¿Qué tiempo te gustaría trabajar de semana laboral? 

1. 7:00
2. 8:00
3. 9:00
4. 10:00

¿Qué día te gustaría trabajar de semana laboral? 

1. Lunes
2. Martes
3. Miércoles
4. Jueves
5. Viernes
6. Sábado
7. Domingo
En un periodo de 3 semanas, ¿has sentido falta de orientación por alguna actividad física, por no sentirse bien en algunas actividades durante el mismo?

1. No
2. Sí

En un periodo de 3 semanas, ¿has sentido falta de orientación por alguna actividad física, por no sentirte bien en algunas actividades durante el mismo?

1. No
2. Sí

En un periodo de 3 semanas, ¿has sentido falta de orientación por alguna actividad física, por no sentirte bien en algunas actividades durante el mismo?

1. No
2. Sí

En un periodo de 3 semanas, ¿has sentido falta de orientación por alguna actividad física, por no sentirte bien en algunas actividades durante el mismo?

1. No
2. Sí
¿Has tenido alguna vez poco o nada de que empezar con algún tipo de trabajo que debes hacer con anterioridad que no puedas terminar? (S/N)

Sí  
No  

¿Es sec. Directamente, ¿qué pasa?

Muy poco  
Algo  
Poca  
Nada  

¿Eso significa que tienes dificultades con las tareas o con el control y eres problemático con esa vida - mucho, algo, poco, nada?
A.4-85
¿Cuántos de estos dos síntomas han presentado en las últimas 4 semanas?

SI RESPUESTA = SI, COMO SIGUE: 80.
SI RESPUESTA = SI, COMO SIGUE: 80.

.NUMERO DE DIAS
En los últimos 12 meses, ¿su empleador ha tenido que reducir o detener algún proyecto por razones de tiempo o presupuesto?

Por favor, seleccione una opción en la lista de abajo:

1. No
2. Sí

Si seleccionó Sí, por favor proporcione más detalles.
En los últimos 12 meses, ¿ha perdido el control en la exposición de las cosas o está siendo afectado negativamente con su vida o salud?

1. No
2. Sí

En algún momento de una enfermedad física o mental?

1. No
2. Sí
SE EL SEC: ¿Qué tipo de medicamentos, drogas o alcohol causó el perjuicio al interés de las consecuencias anteriores?

1. No
2. Sí
SE EL NEC: ¿Qué hace el micromondécimo que le causa el perder el olfato en la mayoría de las personas?</p>

SE EL NEC: ¿Qué hace el micromondécimo que le causa el perder el olfato en la mayoría de las personas?"
A.4-92

1. ¿En los últimos 12 meses, notable el perca el adicto en la mayoría de las cosas o estar embriagado o bajo la influencia del medio del uso de sustancias o drogas o alcohol?

   - Sí
   - No

2. ¿El sec. (¿Qué tipo de servicios o drogas o alcohol le causaron el perca el adicto en la mayoría de sus cosas o entre sus rollos?)

   - Sí
   - No

3. ¿Se encontró algo anormal cuando le examinó en sus pruebas o sus plantas?

   - Sí
   - No
   - NS
   - Feh
¿Cuál es la edad límite imaginaria que cada individuo requiere cuando tenga un periodo de calificación?

SI RESPUESTA = 70. SOLDADURAS MÁS
SI RESPUESTA = 75. CEDERÁN QUEMADO

______ AÑOS DE EDAD
Section A.5

The Spanish Audio-CASI (ACASI) Interview
**DISC PREDICTIVE SCALE – YOUTH CONDUCT DISORDER (YCQ)**

**YCQ.010** El siguiente conjunto de preguntas es acerca de cosas que tú puedes haber hecho que pueden meter a las personas en problemas.

El **año pasado**, ¿fuiste (expulsado(M)/expulsada(F)) de la escuela por mal comportamiento - es decir, te han dicho que no puedes volver a la escuela de ninguna manera?

VERBAL INSTRUCTIONS TO SP:
Por favor selecciona sí o no.

<table>
<thead>
<tr>
<th>SI</th>
<th>NO</th>
<th>REHUSO</th>
<th>NO SABE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>7</td>
<td>9</td>
</tr>
</tbody>
</table>

**YCQ.020** El **año pasado**, ¿robaste mercancía de una (tienda/almacén) - es decir robado algo en una (tienda/almacén) cuando pensaste que nadie te estaba mirando?

VERBAL INSTRUCTIONS TO SP:
Por favor selecciona sí o no.

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
<th>REHUSO</th>
<th>NO SABE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>7</td>
<td>9</td>
</tr>
</tbody>
</table>

**YCQ.030** El **año pasado**, ¿mentiste para conseguir dinero o algo que tú querías?

VERBAL INSTRUCTIONS TO SP:
Por favor selecciona sí o no.

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
<th>REHUSO</th>
<th>NO SABE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>7</td>
<td>9</td>
</tr>
</tbody>
</table>

**YCQ.040** El **año pasado**, ¿le arrebataste la cartera o joya a alguna persona?

VERBAL INSTRUCTIONS TO SP:
Por favor selecciona sí o no.

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
<th>REHUSO</th>
<th>NO SABE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>7</td>
<td>9</td>
</tr>
</tbody>
</table>
El año pasado, ¿rompiste algo o estropeaste algún lugar a propósito, tal como romper ventanas, escribir en las murallas de un edificio, o acuchillar llantas?

VERBAL INSTRUCTIONS TO SP:
Por favor selecciona sí o no.

YES ............................................................... 1
NO .............................................................. 2
REHUSO ....................................................... 7
NO SABE ....................................................... 9

El año pasado, ¿le robaste a alguna persona cuando ésta no estaba cerca o no estaba mirando?

VERBAL INSTRUCTIONS TO SP:
Por favor selecciona sí o no.

YES ............................................................... 1
NO .............................................................. 2
REHUSO ....................................................... 7
NO SABE ....................................................... 9

El año pasado, ¿fuiste físicamente cruel con un animal y lo heriste a propósito?

VERBAL INSTRUCTIONS TO SP:
Por favor selecciona sí o no.

YES ............................................................... 1
NO .............................................................. 2
REHUSO ....................................................... 7
NO SABE ....................................................... 9

El año pasado, ¿entraste por la fuerza en una casa, un edificio, o en un carro?

VERBAL INSTRUCTIONS TO SP:
Por favor selecciona sí o no.

YES ............................................................... 1
NO .............................................................. 2
REHUSO ....................................................... 7
NO SABE ....................................................... 9
TOBACCO - SMQ

SMQ.620  Las siguientes preguntas son acerca de fumar (cigarro/cigarrillo) y otros tipos de tabaco.

¿Ha probado (cigarros/cigarrillos) alguna vez, aunque sea 1 ó 2 aspiradas?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione Sí, No.

<table>
<thead>
<tr>
<th>SÍ</th>
<th>NO</th>
<th>REFUSED</th>
<th>DON'T KNOW</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>7</td>
<td>9</td>
</tr>
</tbody>
</table>

SMQ.630  ¿Qué edad tenía usted cuando fumó un (cigarro/cigarrillo) entero por primera vez?

IF R SAYS LESS THAN 6 YEARS, ENTER 6 YEARS.

VERBAL INSTRUCTIONS TO SP:
Por favor anote una edad o seleccione “Nunca fumé un (cigarro/cigarrillo) entero”

CAPI INSTRUCTION:
ACCEPTABLE VALUES: 6-19 YEARS.

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>ANOTE LA EDAD</td>
<td></td>
</tr>
</tbody>
</table>

NUNCA FUME UN (CIGARRO/CIGARRILLO)

ENTERO ........................................ 666 (SMQ.680)

REFUSED ........................................... 777 (SMQ.680)

DON'T KNOW ........................................ 999 (SMQ.680)

SMQ.640  Durante los últimos 30 días, ¿cuántos días fumó (cigarros/cigarrillos)?

VERBAL INSTRUCTIONS TO SP:
Por favor anote la cantidad o cero si no ha fumado ninguno.

<p>| | | | |</p>
<table>
<thead>
<tr>
<th></th>
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<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>ANOTE LA CANTIDAD DE DIAS</td>
<td></td>
</tr>
</tbody>
</table>

REFUSED ........................................... 77

DON'T KNOW ........................................ 99

BOX 1A

CHECK ITEM SMQ.645:
IF 'NONE' (CODE '00'), 'REFUSED' (CODE '77'), OR 'DON'T KNOW' (CODE '99') IN SMQ.640, GO TO SMQ.670.
OTHERWISE, CONTINUE WITH SMQ.650.

SMQA-1
SMQ.650 Durante los últimos 30 días, en los días que usted fumó, ¿cuántos (cigarros/cigarrillos) fumó al día?

VERBAL INSTRUCTIONS TO SP:  
Por favor anote la cantidad

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>ANOTE LA CANTIDAD DE (CIGARROS/CIGARRILLOS)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

MAS DE 1 PAQUETE DE (CIGARROS/CIGARRILLOS) .................... 66  
REFUSED ................................................. 77  
DON'T KNOW ............................................. 99

SMQ.077 ¿Qué tan pronto después que despierta fuma usted? ¿Diría...

dentro de 5 minutos, ........................................... 1  
de 6 a 30 minutos, .......................................... 2  
de más de 30 minutos a una hora, o .................... 3  
más de una hora? ......................................... 4  
REFUSED .................................................. 7  
DON'T KNOW ............................................. 9

SMQ.660 Durante los últimos 30 días, en los días que fumó, ¿qué marca de (cigarros/cigarrillos) fumó usualmente?

VERBAL INSTRUCTIONS TO SP:  
Por favor seleccione una de las siguientes opciones: Marlboro, Camel, Newport, Kool, Winston, Benson and Hedges, Salem, alguna otra marca.

Marlboro, ............................................. 1  
Camel, ................................................... 2  
Newport, ............................................... 3  
Kool, .................................................... 4  
Winston, ................................................ 5  
Benson and Hedges, .................................. 6  
Salem, ................................................... 7  
Otro ....................................................... 8  
REFUSED .................................................. 77  
DON'T KNOW ............................................. 99

BOX 1B

CHECK ITEM SMQ.662:  
IF NEWPORT, KOOL, OR SALESM BRAND (CODED '3', '4', OR '7') REPORTED IN SMQ.660, GO TO SMQ.666.  
OTHERWISE, CONTINUE WITH SMQ.664.
SMQ.664 ¿(Eran/Era) los \{BRAND REPORTED IN SMQ.660\} (cigarros/cigarrillos) mentolados o sin mentol?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione mentolado, sin mentol.

CAPI INSTRUCTION:
IF SMQ.660 = 8, DISPLAY \{ERA\} \{LA MARCA DE\}.

MENTOLADO ................................................. 1
SIN MENTOL .................................................. 2
REFUSED ......................................................... 7
DON'T KNOW ................................................... 9

SMQ.666 ¿(Eran/Era) los \{BRAND REPORTED IN SMQ.660\} (cigarros/cigarrillos) regulares, “lights”, o ultra “lights”?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione regulares, “lights”, ultra “lights”.

CAPI INSTRUCTION:
IF SMQ.660 = 8, DISPLAY \{ERA\} \{LA MARCA DE\}.

REGULARES ................................................... 1
“LIGHTS” ...................................................... 2
“ULTRA-LIGHTS” ........................................... 3
REFUSED ......................................................... 7
DON'T KNOW ................................................... 9

SMQ.670 Durante los últimos 12 meses, ¿ha dejado de fumar un día o más debido a que usted estaba tratando de dejar de fumar?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione Sí, No.

SÍ ................................................................. 1
NO ............................................................... 2
REFUSED ......................................................... 7
DON'T KNOW ................................................... 9

SMQ.680 Las siguientes preguntas son acerca del uso de productos de tabaco o nicotina en los últimos 5 días.

Durante los últimos 5 días, ¿usó usted algún producto que contenía nicotina incluyendo (cigarros/cigarrillos), pipas, (puros/cigarros/tabacos), tabaco de mascar, rapé, parches de nicotina, chicles de nicotina, o algún otro producto que contenía nicotina?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione Sí, No.

SÍ ................................................................. 1
NO ............................................................... 2 (END OF SECTION)
REFUSED ......................................................... 7 (END OF SECTION)
DON'T KNOW ................................................... 9 (END OF SECTION)

SMQA-3
¿Cuál de estos productos usó? (CHECK ALL THAT APPLY)

Verbal Instructions to SP:
Por favor seleccione todo lo que usó.

(Cigarros/Cigarrillos) ........................................ 1
Pipas ........................................................ 2
(Puros/Cigarros/Tabacos) ................................ 3
Tabaco de Mascar ........................................ 4
Rapé .......................................................... 5
Parches, chicles de nicotina, u otro producto de nicotina .................. 6
REFUSED ...................................................... 77
DON'T KNOW ............................................... 99

Box

Check Item SMQ.700:
IF 'CIGARROS/CIGARRILLOS' (CODE 1) IN SMQ.690, GO TO SMQ.710.
IF 'PIPAS' (CODE 2) IN SMQ.690, GO TO SMQ.740.
IF 'PUROS/CIGARROS/TABACOS' (CODE 3) IN SMQ.690, GO TO SMQ.770.
IF 'TABAJO DE MASCAR' (CODE 4) IN SMQ.690, GO TO SMQ.800.
IF 'RAPE' (CODE 5) IN SMQ.690, GO TO SMQ.817.
IF 'PRODUCTO DE NICOTINA' (CODE 6) IN SMQ.690, GO TO SMQ.830.
IF 'REFUSED' (CODE 77) OR 'DON'T KNOW' (CODE 99) IN SMQ.690, GO TO SMQ.710.

SMQ.710 Durante los últimos 5 días, (incluyendo hoy), ¿cuántos días fumó usted (cigarros/cigarrillos)?

Verbal Instructions to SP:
Por favor anote una cantidad.

|___|
ANOTE LA CANTIDAD DE DIAS

REFUSED ...................................................... 7
DON'T KNOW ............................................... 9

SMQ.720 Durante los últimos 5 días, en los días que fumó, ¿cuántos (cigarros/cigarrillos) fumó cada día?

IF R SAYS 95 OR MORE (CIGARROS/CIGARRILLOS) PER DAY, ENTER 95.

Verbal Instructions to SP:
Por favor anote una cantidad.

|_____|______|
ANOTE LA CANTIDAD DE (CIGARROS/CIGARRILLOS)

REFUSED ...................................................... 777
DON'T KNOW ............................................... 999

SMQA-4
¿Cuándo fumó usted su último (cigarrillo)? ¿Fue esto...

<table>
<thead>
<tr>
<th>giorno</th>
<th>código</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hoy</td>
<td>1</td>
</tr>
<tr>
<td>Ayer, o</td>
<td>2</td>
</tr>
<tr>
<td>Hace de 3 a 5 días?</td>
<td>3</td>
</tr>
<tr>
<td>REFUSED</td>
<td>7</td>
</tr>
<tr>
<td>DON'T KNOW</td>
<td>9</td>
</tr>
</tbody>
</table>

**SMQ.740** Durante los últimos **5 días**, (incluyendo hoy), ¿cuántos días fumó usted pipa?

**Verbal Instructions to SP:**
Por favor anote una cantidad.

<table>
<thead>
<tr>
<th>___________</th>
<th>ANOTE LA CANTIDAD DE DIAS</th>
</tr>
</thead>
<tbody>
<tr>
<td>REFUSED</td>
<td>7</td>
</tr>
<tr>
<td>DON'T KNOW</td>
<td>9</td>
</tr>
</tbody>
</table>

**SMQ.750** Durante los últimos **5 días**, en los días que usted fumó pipa, ¿cuántas pipas fumó cada día?

**Verbal Instructions to SP:**
Por favor anote una cantidad.

<table>
<thead>
<tr>
<th>___________</th>
<th>ANOTE LA CANTIDAD DE PIPAS</th>
</tr>
</thead>
<tbody>
<tr>
<td>REFUSED</td>
<td>77</td>
</tr>
<tr>
<td>DON'T KNOW</td>
<td>99</td>
</tr>
</tbody>
</table>

**SMQ.755** ¿Cuándo fumó usted su última pipa? ¿Fue esto...

<table>
<thead>
<tr>
<th>giorno</th>
<th>código</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hoy</td>
<td>1</td>
</tr>
<tr>
<td>Ayer, o</td>
<td>2</td>
</tr>
<tr>
<td>Hace de 3 a 5 días?</td>
<td>3</td>
</tr>
<tr>
<td>REFUSED</td>
<td>7</td>
</tr>
<tr>
<td>DON'T KNOW</td>
<td>9</td>
</tr>
</tbody>
</table>
SMQ.770 Durante los últimos 5 días, (incluyendo hoy), ¿cuántos días fumó usted (puros/cigarros/tabaco)?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad.

<table>
<thead>
<tr>
<th>ANOTE LA CANTIDAD DE DIAS</th>
</tr>
</thead>
<tbody>
<tr>
<td>REFUSED ............................ 7</td>
</tr>
<tr>
<td>DON'T KNOW ........................ 9</td>
</tr>
</tbody>
</table>

SMQ.780 Durante los últimos 5 días, en los días que fumó (puros/cigarros/tabacos), ¿cuántos (puros/cigarros/tabacos) fumó cada día?

IF R SAYS LESS THAN 1 (PURO/CIGARRO/TABACO) PER DAY, ENTER 1.

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad.

<table>
<thead>
<tr>
<th>ANOTE LA CANTIDAD DE (PUROS/CIGARROS/TABACOS)</th>
</tr>
</thead>
<tbody>
<tr>
<td>REFUSED .................................... 77</td>
</tr>
<tr>
<td>DON'T KNOW ............................. 99</td>
</tr>
</tbody>
</table>

SMQ.785 ¿Cuándo fumó usted su último (puro/cigarrillo/tabaco)? ¿Fue esto . . .

| hoy, ......................................................... 1 |
| ayer, o .................................................... 2 |
| hace de 3 a 5 días? ............................ 3 |
| REFUSED ........................................ 7 |
| DON'T KNOW ............................... 9 |
SMQ.800  Durante los últimos 5 días, (incluyendo hoy), ¿cuántos días usó tabaco de mascar, tal como Redman, Levi Garrett o Beechnut?

VERBAL INSTRUCTIONS TO SP:  
Por favor anote una cantidad.

<table>
<thead>
<tr>
<th></th>
<th>ANOTE LA CANTIDAD DE DIAS</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>REFUSED</td>
</tr>
<tr>
<td>9</td>
<td>DON'T KNOW</td>
</tr>
</tbody>
</table>

SMQ.815  ¿Cuándo fue la última vez que usó tabaco de mascar? ¿Fue esto . . .

hoy, .................................................. 1
ayer, o ........................................... 2
hace de 3 a 5 días? ............................... 3
REFUSED ........................................... 7
DON'T KNOW ....................................... 9

SMQ.817  Durante los últimos 5 días, (incluyendo hoy), ¿cuántos días usó usted rapé, tal como Skoal, Skoal Bandits, o Copenhagen?

VERBAL INSTRUCTIONS TO SP:  
Por favor anote una cantidad.

<table>
<thead>
<tr>
<th></th>
<th>ANOTE LA CANTIDAD DE DIAS</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>REFUSED</td>
</tr>
<tr>
<td>9</td>
<td>DON'T KNOW</td>
</tr>
</tbody>
</table>

SMQA-7
¿Cuándo fue la última vez que usó rapé? ¿Fue esto . . .

- hoy, .................................................................. 1
- ayer, .................................................................... 2
- hace de 3 a 5 días? ............................................ 3
- REFUSED ............................................................... 7
- DON'T KNOW ....................................................... 9

**BOX 6**

CHECK ITEM SMQ.820:
- IF 'PRODUCTO DE NICOTINA' (CODE 6) IN SMQ.690, GO TO SMQ.830.
- IF 'REFUSED' (CODE 77) OR 'DON'T KNOW' (CODE 99) IN SMQ.690, GO TO SMQ.830.
- OTHERWISE, GO TO END OF SECTION.

Durante los últimos 5 días, (incluyendo hoy), ¿cuántos días usó usted algún producto que contenía nicotina para ayudarse a dejar de fumar? Incluya parches de nicotina, chicles de nicotina, o algún otro producto que contenía nicotina

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad.

|___|
ANOTE LA CANTIDAD DE DIAS

- REFUSED ............................................................... 7
- DON'T KNOW ....................................................... 9

¿Cuándo fue la última vez que usó un producto que contenía nicotina? ¿Fue esto . . .

- hoy, .................................................................. 1
- ayer, .................................................................... 2
- hace de 3 a 5 días? ............................................ 3
- REFUSED ............................................................... 7
- DON'T KNOW ....................................................... 9
Las siguientes preguntas son acerca del uso de alcohol. Esto incluye cerveza, vino, sangrías y licores tales como ron, ginebra, vodka o whisky. Esto no incluye tomar unos pocos sorbos de vino con propósitos religiosos.

¿Qué edad tenía usted cuando tomó su primer trago de alcohol, que no sean unos pocos sorbos?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione una de las siguientes opciones.

NUNCA HE TOMADO UN TRAGO DE ALCOHOL QUE NO SEAN UNOS POCOS SORBOS .............................. 1 (END OF SECTION)
8 AÑOS DE EDAD O MAS JOVEN ............................. 2
9 O 10 AÑOS DE EDAD ........................................ 3
11 O 12 AÑOS DE EDAD ......................................... 4
13 O 14 AÑOS DE EDAD ......................................... 5
15 O 16 AÑOS DE EDAD ......................................... 6
17 AÑOS DE EDAD O MAYOR .................................. 7
REFUSED .................................................................. 77
DON'T KNOW .................................................................. 99

Durante su vida, ¿cuántos días ha tomado al menos un trago de alcohol?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione una de las siguientes opciones.

0 DIAS ........................................................................ 1 (END OF SECTION)
1 O 2 DIAS ............................................................. 2
3 A 9 DIAS ............................................................... 3
10 A 19 DIAS ........................................................... 4
20 A 39 DIAS ........................................................... 5
40 A 99 DIAS ........................................................... 6
100 O MAS DIAS .................................................... 7
REFUSED .................................................................. 77
DON'T KNOW .................................................................. 99

Durante los últimos 30 días, ¿cuántos días ha tomado al menos un trago de alcohol?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione una de las siguientes opciones.

0 DIAS ........................................................................ 1 (END OF SECTION)
1 O 2 DIAS ............................................................. 2
3 A 5 DIAS ............................................................... 3
6 A 9 DIAS ............................................................... 4
10 A 19 DIAS ........................................................... 5
20 A 29 DIAS ........................................................... 6
LOS 30 DIAS ............................................................. 7
REFUSED .................................................................. 77
DON'T KNOW .................................................................. 99

ALQA-1
Durante los últimos 30 días, ¿cuántos días ha tomado 5 tragos o más de alcohol de corrido, es decir, dentro de un par de horas?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione una de las siguientes opciones.

<table>
<thead>
<tr>
<th>Opción</th>
<th>Código</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 DIAS</td>
<td>1</td>
</tr>
<tr>
<td>1 DIA</td>
<td>2</td>
</tr>
<tr>
<td>2 DIAS</td>
<td>3</td>
</tr>
<tr>
<td>3 A 5 DIAS</td>
<td>4</td>
</tr>
<tr>
<td>6 A 9 DIAS</td>
<td>5</td>
</tr>
<tr>
<td>10 A 19 DIAS</td>
<td>6</td>
</tr>
<tr>
<td>20 O MAS DIAS</td>
<td>7</td>
</tr>
<tr>
<td>REFUSED</td>
<td>77</td>
</tr>
<tr>
<td>DON'T KNOW</td>
<td>99</td>
</tr>
</tbody>
</table>
11/15/00

**Questionnaire:** MEC (Year 3)
**Target Group:** SPs 12-59 years (Audio CASI)

**DRUG USE - DUQ**

**BOX 1**

**CHECK ITEM DUQ.010:**
IF SP 18 YEARS OF AGE OR OLDER, GO TO DUQ.100.
OTHERWISE, CONTINUE WITH DUQ.020.

**DUQ.020** Las siguientes preguntas son acerca del uso de drogas.

¿Ha probado usted alguna vez marihuana?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no

- SI .................................................. 1
- NO ................................................. 2 (DUQ.050)
- REFUSED ........................................ 7 (DUQ.050)
- DON'T KNOW .................................... 9 (DUQ.050)

**DUQ.030** ¿Qué edad tenía usted la primera vez que probó marihuana?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una edad.

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>ANOTE LA EDAD EN AÑOS</td>
<td></td>
</tr>
</tbody>
</table>

- REFUSED ........................................ 77
- DON'T KNOW .................................... 99

**DUQ.040** Durante su vida, ¿cuántas veces ha usado usted marihuana?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione una de las siguientes opciones.

- 1 ó 2 veces, ...................................... 1
- 3 a 9 veces, ..................................... 2
- 10 a 19 veces, .................................. 3
- 20 a 39 veces, .................................. 4
- 40 a 99 veces, ................................ 5
- 100 o más veces? ............................... 6
- REFUSED ......................................... 77
- DON'T KNOW .................................... 99

DUQ-1
DUQ.050 ¿Ha probado usted alguna vez cualquier forma de cocaína, incluyendo “crack” o “freebase”?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no

| SI ...................................................... | 1 |
| NO ...................................................... | 2 (BOX 2) |
| REFUSED .............................................. | 7 (BOX 2) |
| DON'T KNOW .......................................... | 9 (BOX 2) |

DUQ.060 ¿Qué edad tenía usted cuando probó alguna forma de cocaína incluyendo “crack” o “freebase” por primera vez?

VERBAL INSTRUCTIONS TO SP:
Por favor anote la edad.

| ___ | ___ | ___ |
| ANOTE LA EDAD EN AÑOS |
| REFUSED .............................................. | 77 |
| DON'T KNOW .......................................... | 99 |

DUQ.070 Durante su vida, ¿cuántas veces ha usado usted cocaína?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad.

| ___ | ___ | ___ |
| ANOTE LA CANTIDAD |
| REFUSED .............................................. | 777 |
| DON'T KNOW .......................................... | 999 |

BOX 2
CHECK ITEM DUQ.090:
GO TO DUQ.120.

DUQ.100 Las siguientes preguntas son acerca del uso de droga.

¿Ha usado usted alguna vez cocaína incluyendo “crack” o “freebase”, u otra droga ilegal? No incluya marihuana.

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no

| SI ...................................................... | 1 |
| NO ...................................................... | 2 (END OF SECTION) |
| REFUSED .............................................. | 7 (END OF SECTION) |
| DON'T KNOW .......................................... | 9 (END OF SECTION) |
¿Ha usado alguna vez, aunque solamente haya sido una vez, "crack" cocaina en forma de trozos o rocas?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no

YES .............................................................. 1
NO ............................................................... 2
REFUSED ....................................................... 7
DON'T KNOW .................................................. 9

En los últimos 12 meses, ¿cuántos días ha usado cocaína, incluyendo "crack" o "freebase", u otra droga ilegal?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad

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ANOTE LA CANTIDAD

REFUSED ....................................................... 777
DON'T KNOW .................................................. 999

¿Ha usado alguna vez una aguja para inyectarse drogas ilegales?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no.

SI ............................................................... 1
NO ............................................................... 2 (END OF SECTION)
REFUSED ....................................................... 7 (END OF SECTION)
DON'T KNOW .................................................. 9 (END OF SECTION)

CHECK ITEM DUQ.125:
IF SP < 18 YEARS OF AGE, GO TO END OF SECTION.
OTHERWISE, CONTINUE WITH DUQ.130.

¿En los últimos 12 meses, cuántos días ha usado usted una aguja para inyectarse drogas ilegales?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad.

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ANOTE LA CANTIDAD

REFUSED ....................................................... 777
DON'T KNOW .................................................. 999
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SEXUAL BEHAVIOR - SXQ

SXQ.020  El siguiente conjunto de preguntas es acerca de su comportamiento sexual. Por relaciones sexuales, queremos decir sexo vaginal, oral, o anal. Por favor recuerde que sus respuestas son estrictamente confidenciales.

¿Ha tenido usted relaciones sexuales alguna vez?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no.

<table>
<thead>
<tr>
<th>SI</th>
<th>NO</th>
<th>REFUSED</th>
<th>DON'T KNOW</th>
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<tr>
<td>1</td>
<td>2</td>
<td>(BOX 11)</td>
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SXQ.030  ¿Qué edad tenía usted cuando tuvo relaciones sexuales por primera vez?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una edad.

|___|___|
ANOTE LA EDAD EN AÑOS

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<th>REFUSED</th>
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BOX 1

CHECK ITEM SXQ.035:
IF SP 18-59 YEARS, GO TO BOX 3.
OTHERWISE, CONTINUE WITH SXQ.040.

SXQ.040  Durante su vida, ¿con cuántas personas ha tenido usted relaciones sexuales?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad.

|___|___|
ANOTE LA CANTIDAD DE PERSONAS

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SXQ.050  La última vez que usted tuvo relaciones sexuales, ¿usó condón usted o su compañero?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no.

Sí ................................................................. 1
No ............................................................... 2
REFUSED ...................................................... 7
DON'T KNOW ............................................... 9

BOX 2

CHECK ITEM SXQ.060:
GO TO BOX 11.

BOX 3

CHECK ITEM SXQ.090:
IF SP MALE, GO TO SXQ.170.
OTHERWISE, CONTINUE WITH SXQ.100.

SXQ.100  En toda su vida, ¿con cuántos hombres ha tenido relaciones sexuales?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad o anote cero para ninguno.

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| ANOTE LA CANTIDAD

REFUSED ...................................................... 77
DON'T KNOW ............................................... 99

BOX 4

CHECK ITEM SXQ.110:
IF SP NEVER HAD MALE PARTNER (CODED '00') IN SXQ.100, GO TO SXQ.130.
OTHERWISE, CONTINUE WITH SXQ.120.

SXQ.120  En los últimos 12 meses, ¿con cuántos hombres ha tenido relaciones sexuales?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad o anote cero para ninguno.

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| ANOTE LA CANTIDAD

REFUSED ...................................................... 77
DON'T KNOW ............................................... 99
SXQ.130 En toda su vida, ¿con cuántas mujeres ha tenido relaciones sexuales?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad o anote cero para ninguna.

|   |   | ANOTE LA CANTIDAD

REFUSED .....................................................  77
DON'T KNOW .............................................  99

BOX 5

CHECK ITEM SXQ.140:
IF SP NEVER HAD FEMALE PARTNER (CODED '00') IN SXQ.130, GO TO BOX 6.
OTHERWISE, CONTINUE WITH SXQ.150.

SXQ.150 En los últimos 12 meses, ¿con cuántas mujeres ha tenido relaciones sexuales?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad o anote cero para ninguna.

|   |   | ANOTE LA CANTIDAD

REFUSED .....................................................  77
DON'T KNOW .............................................  99

BOX 6

CHECK ITEM SXQ.160:
GO TO BOX 9.

SXQ.170 En toda vida, ¿con cuántas mujeres ha tenido relaciones sexuales?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad o anote cero para ninguna.

|   |   | ANOTE LA CANTIDAD

REFUSED .....................................................  77
DON'T KNOW .............................................  99

SXQ-3  (Revised February 2003)
BOX 7
CHECK ITEM SXQ.180:
IF SP NEVER HAD FEMALE PARTNER (CODED '00') IN SXQ.170, GO TO SXQ.200. OTHERWISE, CONTINUE WITH SXQ.190.

SXQ.190 En los últimos 12 meses, ¿con cuántas mujeres ha tenido relaciones sexuales?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad o anote cero para ninguna.

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ANOTE LA CANTIDAD

REFUSED ..................................................... 77
DON'T KNOW ................................................. 99

SXQ.200 En toda su vida, ¿con cuántos hombres ha tenido relaciones sexuales?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad o anote cero para ninguno.

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ANOTE LA CANTIDAD

REFUSED ..................................................... 77
DON'T KNOW ................................................. 99

BOX 8
CHECK ITEM SXQ.210:
IF SP NEVER HAD MALE PARTNER (CODED '00') IN SXQ.200, GO TO BOX 9. OTHERWISE, CONTINUE WITH SXQ.220.

SXQ.220 En los últimos 12 meses, ¿con cuántos hombres ha tenido relaciones sexuales?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad o anote cero para ninguno.

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ANOTE LA CANTIDAD

REFUSED ..................................................... 77
DON'T KNOW ................................................. 99

SXQ-4 (Revised February 2003)
BOX 9

CHECK ITEM *1SXQ.230:
IF SP FEMALE AND HAS NEVER HAD MALE PARTNER (CODED '00') IN SXQ.100, GO TO *1SXQ.255.
IF SP FEMALE AND TOTAL NUMBER OF PARTNERS IN SXQ.120 AND SXQ.150 IS ONE OR LESS, GO TO *1SXQ.255.
IF SP MALE AND TOTAL NUMBER OF PARTNERS IN SXQ.190 AND SXQ.220 IS ONE OR LESS, GO TO *1SXQ.255.
OTHERWISE, CONTINUE WITH *1SXQ.235.

*1SXQ.235 Para esta encuesta, usamos el término “compañero(a) sexual principal” para describir a alguien que es su esposa/esposo, amante, o cualquier otra persona con la cual usted se sienta comprometido(a) a tener una relación especial. La última vez que usted tuvo relaciones sexuales, ¿fueron estas con su compañero(a) sexual principal?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no.

YES ..................................................... 1
NO ....................................................... 2
REFUSED ............................................... 7
DON'T KNOW .......................................... 9

(THE QUESTION NOT ON THE WEB)

*1SXQ.240 En los últimos 30 días, ¿con cuántas personas ha tenido relaciones sexuales?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad o anote cero para ninguno(a).

| ___ | ___ |
| ANOTE LA CANTIDAD DE PERSONAS |
| REFUSED ........................................ 77 (*1SXQ.255) |
| DON'T KNOW ..................................... 99 (*1SXQ.255) |

BOX 10

CHECK ITEM *1SXQ.245:
IF SP REPORTS NOT HAVING SEX (CODED '00') IN SXQ.240, GO TO *1SXQ.255. OTHERWISE, CONTINUE WITH SXQ.250.
En los últimos 30 días, ¿cuántas veces ha tenido relaciones sexuales sin usar condón?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una cantidad o anote cero para ninguna.

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<td>ANOTE LA CANTIDAD DE VECES</td>
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REFUSED ................................................... 77
DON'T KNOW ............................................ 99

Las enfermedades sexualmente transmitidas incluyen VIH, verrugas genitales, gonorrea, (llamada también bienorragia), clamidia y sífilis. ¿Cuál es la posibilidad de que usted actualmente tenga VIH o alguna otra enfermedad sexualmente transmitida? ¿Diría …

muy posible .......................................................... 1
mas o menos posible ........................................... 2
poco posible, o .................................................... 3
no es posible? .................................................... 4
REFUSED ....................................................... 7
DON'T KNOW .................................................. 9

¿Le ha dicho alguna vez un médico u otro profesional de servicios de salud que usted tenía herpes genital?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no.

SI ................................................................. 1
NO ............................................................... 2
REFUSED ...................................................... 7
DON'T KNOW ................................................ 9

¿Le ha dicho alguna vez un médico u otro profesional de servicios de salud que usted tenía verrugas genitales?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no.

SI ................................................................. 1
NO ............................................................... 2
REFUSED ...................................................... 7
DON'T KNOW ................................................ 9
SXQ.270  En los últimos 12 meses, ¿le ha dicho un médico u otro profesional de servicios de salud que usted tenía gonorrea, llamada a veces gonococo o bienorragia?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no.

 SI ................................................................. 1
 NO ............................................................... 2
 REFUSED ...................................................... 7
 DON'T KNOW ............................................... 9

SXQ.272  En los últimos 12 meses, ¿le ha dicho alguna vez un médico u otro profesional de servicios de salud que usted tenía clamidia?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no.

 SI ................................................................. 1
 NO ............................................................... 2
 REFUSED ...................................................... 7
 DON'T KNOW ............................................... 9

BOX 11
CHECK ITEM SXQ.275:
IF SP MALE, CONTINUE WITH SXQ.280.
IF SP FEMALE AND 19-59 YEARS, GO TO SXQ.294
OTHERWISE, GO TO END OF SECTION.

SXQ.280  ¿Está usted circuncidado o no circuncidado?

HAND CARD SXQ1 - CLINICAL SKETCH OF CIRCUMCISED PENIS
HAND CARD SXQ2 - CLINICAL SKETCH OF UNCIRCUMCISED PENIS

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione circuncidado, no circuncidado.

 CIRCUNCIDADO........................................... 1
 NO CIRCUNCIDADO ......................................
 REFUSED ................................................... 7
 DON'T KNOW ............................................... 9

BOX 12
CHECK ITEM SXQ.285:
IF SP 18-59 YEARS, CONTINUE WITH SXQ.292.
OTHERWISE, GO TO END OF SECTION.
¿Se considera usted a sí mismo...?

VERBAL INSTRUCTIONS TO SP:
Heterosexual (es decir, que le atraen sexualmente las mujeres solamente); homosexual, (es decir, que le atraen sexualmente los hombres solamente), bisexual (es decir, que se le atraen sexualmente los hombres y las mujeres); alguna otra cosa; o no está seguro?

- heterosexual (le atraen las mujeres), ..................  1
- homosexual (le atraen los hombres), ..................  2
- bisexual (le atraen los hombres y las mujeres), ...........................................  3
- alguna otra cosa, o ........................................  4
- no está seguro? ..................................................  5
- REFUSED ..........................................................  7
- DON'T KNOW ....................................................  9

BOX 13
CHECK ITEM SXQ.293:
GO TO END OF SECTION.

¿Se considera usted a sí misma...

VERBAL INSTRUCTIONS TO SP:
Heterosexual (es decir, que le atraen sexualmente los hombres solamente); homosexual, o lesbiana (es decir, que le atraen sexualmente las mujeres solamente), bisexual (es decir, que le atraen sexualmente los hombres y las mujeres); alguna otra cosa; o no está segura?

- heterosexual (le atraen los hombres), ...............  1
- homosexual o lesbiana (le atraen las mujeres),....  2
- bisexual (le atraen los hombres y las mujeres), ..................................................  3
- alguna otra cosa, o ........................................  4
- no está segura? ..................................................  5
- REFUSED ..........................................................  7
- DON'T KNOW ....................................................  9
KIDNEY CONDITIONS - KIQ

BOX 1

CAPI CHECK *1KIQ.072:
IF SP AGE IS 20-39, GO TO *1KIQ.105.
OTHERWISE, CONTINUE WITH *1KIQ.080.

*1KIQ.080 El siguiente conjunto de preguntas es acerca de la salud de los hombres incluyendo problemas urinarios y de la próstata. La próstata es una glándula localizada justo bajo la vejiga.

¿Tiene usted usualmente dificultad para empezar a orinar (pasar agua)?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no

YES ............................................................. 1
NO ............................................................... 2
REFUSED ...................................................... 7
DON'T KNOW ............................................... 9

*1KIQ.100 Después de orinar (pasar agua), ¿siente usted la vejiga vacía?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no

YES ............................................................. 1
NO ............................................................... 2
REFUSED ...................................................... 7
DON'T KNOW ............................................... 9

*1KIQ.105 ¿Le ha dicho alguna vez un médico o profesional de la salud que usted tenía alguna enfermedad de la próstata? Esto incluye agrandamiento de la próstata.

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no

YES ............................................................. 1
NO ............................................................... 2
REFUSED ...................................................... 7
DON'T KNOW ............................................... 9

BOX 2

CAPI CHECK KIQ.*1117:
IF SP AGE IS 20-39, GO TO *1KIQ.400.
OTHERWISE, CONTINUE WITH *1KIQ.120.
*1KIQ.120 ¿Le ha dicho alguna vez un médico o profesional de la salud que usted tenía un agrandamiento de la glándula próstata?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no

YES ......................................................... 1
NO .......................................................... 2 (*1KIQ.320)
REFUSED ............................................... 7 (*1KIQ.320)
DON'T KNOW ......................................... 9 (*1KIQ.320)

*1KIQ.140 ¿Fué éste un agrandamiento benigno - es decir, no canceroso, llamado también hipertrofia benigna de la próstata?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no

YES ......................................................... 1
NO .......................................................... 2 (*1KIQ.180)
REFUSED ............................................... 7 (*1KIQ.180)
DON'T KNOW ......................................... 9 (*1KIQ.180)

*1KIQ.160 ¿Qué edad tenía usted la primera vez que le dijeron que tenía agrandamiento benigno de la glándula próstata?

VERBAL INSTRUCTIONS TO SP:
Por favor anote una edad.

|___|___|___|
ENTER AGE IN YEARS

REFUSED ............................................... 777
DON'T KNOW ......................................... 999

BOX 3

CHECK ITEM KIQ.170:
GO TO *1KIQ.320.
¿Fue el agrandamiento debido a cáncer?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no

YES .......................................................... 1
NO ............................................................ 2
REFUSED ..................................................... 7
DON'T KNOW ............................................. 9

¿Le han hecho alguna vez una prueba de sangre que su médico le haya dicho que iba a ser usada para ver si tenía cáncer de la próstata, llamado APE, o Antígeno Prostático Específico? ("PSA", o "Prostate Specific Antigen" en inglés.)

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no

YES .......................................................... 1
NO ............................................................ 2
REFUSED ..................................................... 7
DON'T KNOW ............................................. 9

¿Le han hecho alguna vez un examen rectal? Un examen rectal es cuando se introduce un dedo en el recto o ano para ver si hay problemas.

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no

YES .......................................................... 1
NO ............................................................ 2 (*1KIQ.400)
REFUSED ..................................................... 7 (*1KIQ.400)
DON'T KNOW ............................................. 9 (*1KIQ.400)

¿Le hicieron esto para ver si tenía cáncer de la próstata?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no

YES .......................................................... 1
NO ............................................................ 2
REFUSED ..................................................... 7
DON'T KNOW ............................................. 9

¿Le hicieron esto para ver si tenía sangre en la material fecal?

VERBAL INSTRUCTIONS TO SP:
Por favor seleccione sí, no

YES .......................................................... 1
NO ............................................................ 2
REFUSED ..................................................... 7
DON'T KNOW ............................................. 9

KIQ-3
*1KIQ.400 Muchos hombres experimentan problemas con el coito (relaciones sexuales). ¿Cómo describiría su habilidad para lograr y mantener una erección adecuada para un coito satisfactorio? ¿Diría que usted es…

VERBAL INSTRUCTIONS TO SP:
siempre o casi siempre capaz de lograr y mantener una erección, usualmente capaz de lograr y mantener una erección, algunas veces capaz de lograr y mantener una erección, nunca capaz de lograr y mantener una erección?

ALWAYS OR ALMOST ALWAYS ABLE ...... 1
USUALLY ABLE .................................. 2
SOMETIMES ABLE................................. 3
NEVER ABLE...................................... 4
REFUSED ............................................ 7
DON'T KNOW ..................................... 9