

BOWEL HEALTH – BHQ

Target Group: SPs 20+

BOX 1

CHECK ITEM BHQ.005:

- IF INTERVIEW DONE ONLY WITH SURVEY PARTICIPANT (CODED '1' IN RIQ.005), CONTINUE WITH BHQ.010.
- OTHERWISE, GO TO NEXT SECTION.

BHQ.010 Next, we'd like to talk to you about bowel health. We'll start with accidental bowel leakage. There are four types of bowel leakage that can happen: leakage (passing) of gas, leakage of mucus, leakage of liquid stool, and leakage of solid stool. We will ask you about leakage of each of these one at a time.

How often during the **past 30 days** have you had any amount of accidental bowel leakage that consisted of gas? Would you say . . .

HAND CARD BHQ1

CAPI INSTRUCTION:

HELP SCREEN SHOULD READ: The **bowel** is another name for the intestines. Other names for the bowel include guts or innards. **Accidental bowel leakage** is leaking from the bowel or intestines that can't be controlled. **Leakage of gas** is also called passing gas, passing wind, or farting.

2 or more times a day,.....	1
once a day,.....	2
2 or more times a week,	3
once a week,	4
1-3 times a month, or.....	5
never?	6
REFUSED	77
DON'T KNOW	99

BHQ.020 How often during the **past 30 days** have you had any amount of accidental bowel leakage that consisted of mucus?

HAND CARD BHQ1

CAPI INSTRUCTION:

HELP SCREEN SHOULD READ: Mucus is a thick, jelly-like substance made by the intestines that helps coat and protect the lining of the intestine. Mucus also helps stool pass through the large intestine and rectum more easily.

2 OR MORE TIMES A DAY	1
ONCE A DAY	2
2 OR MORE TIMES A WEEK.....	3
ONCE A WEEK	4
1-3 TIMES A MONTH.....	5
NEVER	6
REFUSED	77
DON'T KNOW	99

BHQ.030 How often during the **past 30 days** have you had any amount of accidental bowel leakage that consisted of liquid stool?

HAND CARD BHQ1

CAPI INSTRUCTION:

HELP SCREEN SHOULD READ: Stool is also called a bowel movement, BM, or poop.

2 OR MORE TIMES A DAY	1
ONCE A DAY	2
2 OR MORE TIMES A WEEK.....	3
ONCE A WEEK	4
1-3 TIMES A MONTH.....	5
NEVER	6
REFUSED	77
DON'T KNOW	99

BHQ.040 How often during the **past 30 days** have you had any amount of accidental bowel leakage that consisted of solid stool?

HAND CARD BHQ1

2 OR MORE TIMES A DAY	1
ONCE A DAY	2
2 OR MORE TIMES A WEEK.....	3
ONCE A WEEK	4
1-3 TIMES A MONTH.....	5
NEVER	6
REFUSED	77
DON'T KNOW	99

BHQ.050 How often do you usually have bowel movements?
Q/U

PROBE: How many times per day or per week do you usually have a bowel movement?

|_|_|

ENTER NUMBER OF TIMES (PER DAY OR PER WEEK)

REFUSED 77
DON'T KNOW 99

ENTER UNIT

DAY 1
WEEK 2
REFUSED 7
DON'T KNOW 9

BHQ.060 Please look at this card and tell me the number that corresponds to your usual or most common stool type.

HAND CARD BHQ2

TYPE 1 (SEPARATE HARD LUMPS, LIKE NUTS) 1
TYPE 2 (SAUSAGE-LIKE, BUT LUMPY) 2
TYPE 3 (LIKE A SAUSAGE BUT WITH CRACKS IN THE SURFACE) 3
TYPE 4 (LIKE A SAUSAGE OR SNAKE, SMOOTH AND SOFT) 4
TYPE 5 (SOFT BLOBS WITH CLEAR-CUT EDGES) 5
TYPE 6 (FLUFFY PIECES WITH RAGGED EDGES, A MUSHY STOOL) 6
TYPE 7 (WATERY, NO SOLID PIECES) 7
REFUSED 77
DON'T KNOW 99