WEIGHT HISTORY – WHQ
Target Group: SPs 16+

These next questions ask about {your/SP's} height and weight at different times in {your/his/her} life.

How tall {are you/is SP} without shoes?

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<th>ENTER HEIGHT IN FEET AND INCHES ...... 1</th>
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<td>ENTER HEIGHT IN METERS</td>
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<td>AND CENTIMETERS ................................</td>
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<tr>
<td></td>
<td>REFUSED ........................................ 7 (WHQ.025)</td>
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<td>DON'T KNOW .................................... 9 (WHQ.025)</td>
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<td>REFUSED ........................................ 7777 (WHQ.025)</td>
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<td>DON'T KNOW .................................... 9999 (WHQ.025)</td>
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AND

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<td>DON'T KNOW .................................... 9999 (WHQ.025)</td>
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</table>
How much (do you/does SP) weigh without clothes or shoes? [If (you are/she is) currently pregnant, how much did (you/she) weigh before your pregnancy?]

RECORD CURRENT WEIGHT. ENTER WEIGHT IN POUNDS OR KILOGRAMS.

CAPI INSTRUCTION:
DISPLAY OPTIONAL SENTENCE [If (you are/she is) currently pregnant . . .] ONLY IF SP IS FEMALE AND AGE IS 16 THROUGH 59.

IF ITEM CHANGED, CHECK MEC COMPONENT:

|___|___|___|
ENTER WEIGHT IN POUNDS ...................... 1
ENTER WEIGHT IN KILOGRAMS ................ 2 (WHQ.030)
REFUSED ..................................................... 7 (WHQ.030)
DON’T KNOW ................................................. 9 (WHQ.030)

|___|___|___|
ENTER NUMBER OF POUNDS

CAPI INSTRUCTION:
SOFT EDIT 75-500, HARD EDIT 50-750

OR

|___|___|___|
ENTER NUMBER OF KILOGRAMS

CAPI INSTRUCTION:
SOFT EDIT 34-225, HARD EDIT 23-338

OR

REFUSED ..................................................... 77777
DON’T KNOW ................................................. 99999

Do you/Does SP consider (your/his/her)self now to be . . . [If (you are/she is) currently pregnant, what did (you/she) consider (your/her)self to be before (you were/she was) pregnant?]

overweight, .................................................... 1
underweight, or .............................................. 2
about the right weight? .................................. 3
REFUSED ..................................................... 7
DON’T KNOW ................................................. 9

CAPI INSTRUCTION:
DISPLAY OPTIONAL SENTENCE [If (you are/she is) currently pregnant...] ONLY IF SP IS FEMALE AND AGE IS 16 THROUGH 59.
WHQ.040 Would {you/SP} like to weigh . . .

- more, ............................................................. 1
- less, ............................................................ 2
- stay about the same? .................................... 3
- REFUSED ..................................................... 7
- DON’T KNOW .............................................. 9

WHQ.053/ L/K How much did {you/SP} weigh a year ago? [If {you were/she was} pregnant a year ago, how much did {you/she} weigh before your pregnancy?]

ENTER WEIGHT IN POUNDS OR KILOGRAMS

CAPI INSTRUCTION:
DISPLAY OPTIONAL SENTENCE [If {you were/she was} pregnant . . .] ONLY IF SP IS FEMALE AND SP AGE IS 17 THROUGH 60.

|___|
ENTER WEIGHT IN POUNDS ...................... 1
ENTER WEIGHT IN KILOGRAMS ................ 2
REFUSED ..................................................... 7 (BOX 1)
DON’T KNOW .............................................. 9 (BOX 1)

|___|___|___|
ENTER NUMBER OF POUNDS

CAPI INSTRUCTION:
SOFT EDIT 75-500, HARD EDIT 50-750

OR

|___|___|___|
ENTER NUMBER OF KILOGRAMS

CAPI INSTRUCTION:
SOFT EDIT 34-225, HARD EDIT 23-338

OR

REFUSED ..................................................... 77777
DON’T KNOW .............................................. 99999

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BOX 1

CHECK ITEM WHQ.055:
IF WEIGHT IN WHQ.053/L/K IS 10 POUNDS, 4.55 KILOGRAMS, OR MORE THAN WEIGHT IN WHQ.025/L/K (E.G., WHQ.053/L/K = 150 LBS AND WHQ.025/L/K = 135 LBS), CONTINUE.
OTHERWISE, GO TO WHQ.070.
WHQ.061  Was the change between {your/SP's} current weight and {your/his/her} weight a year ago because {you/s/he} tried to lose weight?

YES ...............................................................  1 (WHQ.092/OS)
NO ...........................................................................  2
REFUSED .............................................................  7
DON'T KNOW ..................................................  9

WHQ.070  During the past 12 months, {have you/has SP} tried to lose weight?

YES ...............................................................  1
NO ...........................................................................  2 (WHQ.225)
REFUSED .............................................................  7 (WHQ.225)
DON'T KNOW ..................................................  9 (WHQ.225)
WHQ.092/OS

HAND CARD WHQ1
CODE ALL THAT APPLY

How did {you/SP} try to lose weight?

ATE LESS FOOD (AMOUNT) ....................... 100
SWITCHED TO FOODS WITH LOWER
CALORIES .............................................. 110
ATE LESS FAT ........................................... 120
ATE FEWER CARBOHYDRATES .............. 125
EXERCISED ............................................. 130
SKIPPED MEALS, FASTED ...................... 140
ATE "DIET" FOODS OR PRODUCTS .......... 150
USED A LIQUID DIET FORMULA SUCH
AS SLIMFAST, OPTIFAST, OR
SHAKEOLOGY .......................................... 160
JOINED A WEIGHT LOSS PROGRAM
SUCH AS WEIGHT WATCHERS, JENNY
CRAIG, TOPS, OR OVEREATERS
ANONYMOUS ........................................... 170
FOLLOWED A SPECIAL DIET SUCH AS
DR. ATKINS, SOUTH BEACH, OTHER
HIGH PROTEIN OR LOW
CARBOHYDRATE DIET, CABBAGE
SOUP DIET, ORNISH, NUTRISYSTEM,
BODY-FOR-LIFE, JUICE DIET ............ 300
TOOK DIET PILLS PRESCRIBED BY A
DOCTOR .................................................. 310
TOOK OTHER PILLS, MEDICINES, HERBS,
OR SUPPLEMENTS NOT NEEDING A
PRESCRIPTION ........................................ 320
STARTED TO SMOKE OR BEGAN TO
SMOKE AGAIN ........................................ 325
TOOK LAXATIVES OR VOMITED ............ 330
HAD WEIGHT LOSS SURGERY SUCH AS
GASTRIC BYPASS ..................................... 335
DRANK A LOT OF WATER ........................ 340
ATE MORE FRUITS, VEGETABLES,
SALADS .................................................. 350
ATE LESS SUGAR, CANDY, SWEETS,
DRANK LESS SODA, DRANK LESS
SUGAR SWEETENED BEVERAGES ......... 360
CHANGED EATING HABITS (DIDN'T EAT
LATE AT NIGHT, ATE SEVERAL SMALL
MEALS A DAY, ATE AT HOME MORE) ... 370
ATE LESS JUNK FOOD OR FAST FOOD .... 380
OTHER (SPECIFY) ................................. 400
REFUSED .............................................. 777
DON'T KNOW ....................................... 999

BOX 2A

OMITTED
WHQ.225 How many times {have you/has SP} lost 10 pounds or more because {you were/he was/she was} trying to lose weight? Was it . . .

1 to 2, ............................................................ 1
3 to 5, ............................................................ 2
6 to 10, .......................................................... 3
11 times or more, or ...................................... 4
never? .......................................................... 5
REFUSED ..................................................... 7
DON'T KNOW .............................................. 9

BOX 2

CHECK ITEM WHQ.105:
IF SP AGE >= 36, CONTINUE.
OTHERWISE, GO TO BOX 3.

WHQ.111/L/K How much did {you/SP} weigh 10 years ago? {If you don't know {your/his/her} exact weight, please make your best guess.} {If {you were/she was} pregnant, how much did {you/she} weigh before {your/her} pregnancy?}

ENTER WEIGHT IN POUNDS OR KILOGRAMS

CAPI INSTRUCTION:
DISPLAY OPTIONAL SENTENCE [If {you were/she was} . . .] ONLY IF SP IS FEMALE AND AGE IS LESS THAN OR EQUAL TO 69.

| ___ | ___ | ___ |
ENTER WEIGHT IN POUNDS ...................... 1
ENTER WEIGHT IN KILOGRAMS ................ 2
REFUSED ..................................................... 7 (BOX 3)
DON'T KNOW .............................................. 9 (BOX 3)

| ___ | ___ | ___ |
ENTER NUMBER OF POUNDS

CAPI INSTRUCTION:
SOFT EDIT 75-500, HARD EDIT 50-750
OR

| ___ | ___ | ___ |
ENTER NUMBER OF KILOGRAMS

CAPI INSTRUCTION:
SOFT EDIT 34-225, HARD EDIT 23-338
OR

REFUSED ..................................................... 77777
DON'T KNOW ............................................. 99999


BOX 3

CHECK ITEM WHQ.115A:
IF SP AGE >= 27, CONTINUE.
OTHERWISE, GO TO WHQ.147/L/K.

WHQ.121/L/K

How much did {you/SP} weigh at age 25? [If you don't know {your/his/her} exact weight, please make your best guess.] [If {you were/she was} pregnant, how much did {you/she} weigh before your pregnancy?]

ENTER WEIGHT IN POUNDS OR KILOGRAMS

CAPI INSTRUCTION:
DISPLAY OPTIONAL SENTENCE [If you were/she was . . .] ONLY IF SP IS FEMALE.

|___|
ENTER WEIGHT IN POUNDS ...................... 1
ENTER WEIGHT IN KILOGRAMS ................ 2
REFUSED ............................................. 7 (WHQ.130)
DON'T KNOW ....................................... 9 (WHQ.130)

|___|___|___|
ENTER NUMBER OF POUNDS

OR

|___|___|___|
ENTER NUMBER OF KILOGRAMS

OR

REFUSED ............................................. 77777
DON'T KNOW ....................................... 99999

BOX 3A

CHECK ITEM WHQ.125:
IF SP AGE >= 50, CONTINUE.
OTHERWISE, GO TO WHQ.147/L/K.
How tall were you at age 25? [If you don't know your exact height, please make your best guess.]

ENTER HEIGHT IN FEET AND INCHES .... 1
ENTER HEIGHT IN METERS AND CENTIMETERS ............. 2
REFUSED ................................................................ 7 (WHQ.147)
DON'T KNOW ................................................ 9 (WHQ.147)

ENTER NUMBER OF FEET

CAPI INSTRUCTION: HARD EDIT 2-8

AND

ENTER NUMBER OF INCHES

CAPI INSTRUCTION: HARD EDIT 0-11

OR

ENTER NUMBER OF METERS

CAPI INSTRUCTION: HARD EDIT 0-3

AND

ENTER NUMBER OF CENTIMETERS

CAPI INSTRUCTION: HARD EDIT 0-99

OR

REFUSED ...................................................... 7777
DON'T KNOW ........................................... 9999
What is the most {you have/SP has} ever weighed? [Do not include any times when {you were/she was} pregnant.]

ENTER WEIGHT IN POUNDS OR KILOGRAMS

CAPI INSTRUCTION:
DISPLAY OPTIONAL SENTENCE {Do not include . . .} ONLY IF SP IS FEMALE.

|___|
ENTER WEIGHT IN POUNDS ......................  1
ENTER WEIGHT IN KILOGRAMS ................  2
REFUSED .....................................................  7 (WHQ.190)
DON'T KNOW .............................................  9 (WHQ.190)

|___|___|___|
ENTER NUMBER OF POUNDS

CAPI INSTRUCTION:
SOFT EDIT 75-500, HARD EDIT 50-750

OR

|___|___|___|
ENTER NUMBER OF KILOGRAMS

CAPI INSTRUCTION:
SOFT EDIT 34-225, HARD EDIT 23-338

OR

REFUSED .................................................. 77777 (WHQ.190)
DON'T KNOW ............................................... 99999 (WHQ.190)

WHQ.150 How old {were you/was SP} then? [If you don't know {your/his/her} exact age, please make your best guess.]

|___|___|___|
ENTER AGE IN YEARS

REFUSED .................................................. 77777
DON'T KNOW ............................................... 99999

BOX 5

OMITTED
WHQ.190  {Have you/Has SP} ever had weight loss surgery, also called bariatric surgery?

INTERVIEWER INSTRUCTION: DO NOT INCLUDE LIPOSUCTION, TUMMY TUCK, EXTRA SKIN REMOVED OR FAT REMOVAL AS WEIGHT LOSS SURGERY.

YES ........................................................................... 1 (WHQ.195)
NO ........................................................................... 2 (END OF SECTION)
REFUSED ............................................................... 7 (END OF SECTION)
DON’T KNOW ..................................................... 9 (END OF SECTION)

CAPI INSTRUCTION:
IF ITEM CHANGED, CHECK MEC COMPONENT

WHQ.195  Which type of weight loss surgery did {you/SP} have?

HAND CARD WHQ 2

INTERVIEWER INSTRUCTION: IF RESPONDENT ONLY MENTIONS “LIPOSUCTION”, “TUMMY TUCK”, “EXTRA SKIN REMOVED” OR “FAT REMOVAL” GO BACK AND CODE WHQ.190 “NO”.

CODE ALL THAT APPLY

GASTRIC BYPASS (ROUX-EN-Y GASTRIC BYPASS) ........................................................... 1
GASTRIC BANDING (ADJUSTABLE GASTRIC BANDING OR GASTRIC STAPLING) .................... 2
BARIATRIC SLEEVE (SLEEVE GASTRECTOMY) ........................................................... 3
DUODENAL SWITCH (BILIOPANCREATIC DIVERSION OR BILIOPANCREATIC DIVERSION WITH A DUODENAL SWITCH) ........................................................... 4
OTHER (DO NOT SELECT FOR LIPOSUCTION, TUMMY TUCK, EXTRA SKIN REMOVE, FAT REMOVAL) ........... 5
REFUSED ........................................................................... 7
DON’T KNOW ..................................................... 9

IF ITEM CHANGED, CHECK MEC COMPONENT
WHQ.200  [How old (were you/was SP) when (you/she/he) had weight loss surgery?]

[How old (were you/was SP) when (you/she/he) had the most recent weight loss surgery?]

CAPI INSTRUCTION:
IF ONE SURGERY SELECTED IN WHQ.195, DISPLAY: “How old (were you/was SP) when (you/she/he) had weight loss surgery?”
IF MORE THAN ONE SURGERY SELECTED IN WHQ.195, DISPLAY: “How old (were you/was SP) when (you/she/he) had the most recent weight loss surgery?”
HARD EDIT: AGE CANNOT BE GREATER THAN AGE (SP’s AGE) OF SP.

___ ___ ___
ENTER AGE IN YEARS

REFUSED ................................................. 777777
DON'T KNOW ........................................... 999999

IF ITEM CHANGED, CHECK MEC COMPONENT