

PHYSICAL ACTIVITY AND PHYSICAL FITNESS – PAQ

Target Group: SPs 12-15

PAQ.706 Now, I'd like to ask you some questions about {your/SP's} activities.

During the **past 7 days**, on how many days {were you/was SP} physically active for a total of **at least 60 minutes per day**? Add up all the time {you/he/she} spent in any kind of physical activity that increased {your/his/her} heart rate and made {you/him/her} breathe hard some of the time.

0 days	0
1 day	1
2 days	2
3 days	3
4 days	4
5 days	5
6 days	6
7 days	7
REFUSED	77
DON'T KNOW.....	99

PAQ.711 On a typical day during the school year, about how many hours {do you/does SP} usually spend playing with a smartphone or computer, watching TV or movies, or playing video games?

<input type="text"/>	
ENTER NUMBER OF HOURS	
REFUSED	77
DON'T KNOW.....	99

SOFT EDIT: 18 HOURS OR MORE.
 ERROR MESSAGE: PLEASE VERIFY TIMES OF 18 HOURS OR MORE.

HARD EDIT: 24 HOURS OR MORE.
 ERROR MESSAGE: THE TIME SHOULD BE LESS THAN 24 HOURS.