

**WEIGHT HISTORY – WHQ**  
**Target Group: SPs 8-15 years**

**BOX 1**

**CHECK ITEM WHQ.499:**

- IF INTERVIEW DONE ONLY WITH SURVEY PARTICIPANT (CODED '1') IN RIQ.005 AND NO INTERPRETER USED (INT.001 CODED '2'), CONTINUE WITH WHQ.030m.
- IF INTERVIEW DONE WITH SURVEY PARTICIPANT (CODED '1') IN RIQ.005 AND INTERPRETER USED (INT.001 CODED '1'), AND INTERPRETER SOURCE = 4, 5, 6, 7, OR 99 IN INT.007, CONTINUE WITH WHQ.030m.
- OTHERWISE, GO TO NEXT SECTION.

WHQ.030m Do you consider yourself now to be . . .

- fat or overweight, ..... 1
- too thin, or..... 2
- about the right weight? ..... 3
- REFUSED ..... 7
- DON'T KNOW..... 9

WHQ.500 Which of the following are you trying to do about your weight:

- lose weight,..... 1
- gain weight, ..... 2
- stay the same weight, or..... 3
- not trying to do anything about your weight? . 4
- REFUSED ..... 7
- DON'T KNOW..... 9

WHQ.520 In the past year, how often have you tried to lose weight? Would you say . . .

- never,..... 1
- sometimes, or ..... 2
- a lot?..... 3
- REFUSED ..... 7
- DON'T KNOW..... 9

**BOX 2**

**CHECK ITEM WHQ.709:**

- IF SP AGE >= 12, CONTINUE.
- OTHERWISE, GO TO END OF SECTION.

DBQ.895 Next, I'm going to ask you about meals.  
G/Q

By meal, I mean **breakfast, lunch and dinner**. During the **past 7 days**, how many meals did you get that were **prepared away from home** in places such as restaurants, fast food places, food stands, grocery stores, or from vending machines?

Please **do not** include meals provided as part of the school lunch or school breakfast.

SOFT EDIT VALUES: 0-21

Error message: "Please verify that you ate **more** than 3 meals prepared away from home **every** day during the past 7 days."

|\_|\_|  
ENTER NUMBER

- NONE ..... 2 (DBQ.905)
- REFUSED ..... 77 (DBQ.905)
- DON'T KNOW..... 99 (DBQ.905)

DBQ.900 How many of those meals did you get from a fast-food or pizza place?  
G/Q

HARD EDIT: "DBQ.900 must be equal to or less than DBQ.895."

Error message: "The number of meals from a fast-food or pizza place cannot be greater than the total number of meals you had that were prepared away from home. Could I have another answer?"

|\_|\_|  
ENTER NUMBER

- NONE ..... 2 (DBQ.905)
- REFUSED ..... 7 (DBQ.905)
- DON'T KNOW..... 9 (DBQ.905)

DBQ.905 Some grocery stores sell “ready to eat” foods such as salads, soups, chicken, sandwiches and cooked vegetables in their salad bars and deli counters.  
G/Q/U

During the **past 30 days**, how often did you eat “ready to eat” foods from the grocery store? Please do not include sliced meat or cheese you buy for sandwiches and frozen or canned foods.

|\_|\_|  
ENTER NUMBER OF TIMES (PER DAY, WEEK, OR MONTH)

NEVER ..... 2 (DBQ.910)  
REFUSED ..... 7 (DBQ.910)  
DON'T KNOW..... 9 (DBQ.910)

ENTER UNIT

DAY ..... 1  
WEEK..... 2  
MONTH ..... 3

DBQ.910 During the **past 30 days**, how often did you eat frozen meals or frozen pizzas? Here are some examples of frozen meals and frozen pizzas.  
G/Q/U

HAND CARD WHQ2

|\_|\_|  
ENTER OF TIMES (PER DAY, WEEK, OR MONTH)

NEVER ..... 2 (END OF SECTION)  
REFUSED ..... 7 (END OF SECTION)  
DON'T KNOW..... 9 (END OF SECTION)

ENTER UNIT

DAY ..... 1  
WEEK..... 2  
MONTH ..... 3