**WEIGHT HISTORY – WHQ**

**Target Group: SPs 8-15 years**

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**BOX 1**

**CHECK ITEM WHQ.499:**
- **IF INTERVIEW DONE ONLY WITH SURVEY PARTICIPANT (CODED ‘1’) IN RIQ.005 AND NO INTERPRETER USED (INT.001 CODED ‘2’), CONTINUE WITH WHQ.030m.
- **IF INTERVIEW DONE WITH SURVEY PARTICIPANT (CODED ‘1’) IN RIQ.005 AND INTERPRETER USED (INT.001 CODED ‘1’), AND INTERPRETER SOURCE = 4, 5, 6, 7, OR 99 IN INT.007, CONTINUE WITH WHQ.030m.
- **OTHERWISE, GO TO NEXT SECTION.**

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**WHQ.030m**  
Do you consider yourself now to be . . .

- fat or overweight, ...........................................  1
- too thin, or ......................................................  2
- about the right weight? ..................................  3
- REFUSED .....................................................  7
- DON’T KNOW................................................  9

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**WHQ.500**  
Which of the following are you trying to do about your weight:

- lose weight, ....................................................  1
- gain weight, ...................................................  2
- stay the same weight, or ..................................  3
- not trying to do anything about your weight? .  4
- REFUSED .....................................................  7
- DON’T KNOW................................................  9

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**WHQ.520**  
In the past year, how often have you tried to lose weight? Would you say . . .

- never, .............................................................  1
- sometimes, or ...............................................  2
- a lot?..................................................................  3
- REFUSED .....................................................  7
- DON’T KNOW................................................  9
BOX 2

CHECK ITEM WHQ.709:
- IF SP AGE >= 12, CONTINUE.
- OTHERWISE, GO TO END OF SECTION.

Next, I'm going to ask you about meals.

By meal, I mean breakfast, lunch and dinner. During the past 7 days, how many meals did you get that were prepared away from home in places such as restaurants, fast food places, food stands, grocery stores, or from vending machines?

Please do not include meals provided as part of the school lunch or school breakfast.

SOFT EDIT VALUES: 0-21

Error message: "Please verify that you ate more than 3 meals prepared away from home every day during the past 7 days."

<table>
<thead>
<tr>
<th></th>
<th>ENTER NUMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>NONE</td>
<td>2 (DBQ.905)</td>
</tr>
<tr>
<td>REFUSED</td>
<td>77 (DBQ.905)</td>
</tr>
<tr>
<td>DON'T KNOW</td>
<td>99 (DBQ.905)</td>
</tr>
</tbody>
</table>

How many of those meals did you get from a fast-food or pizza place?

HARD EDIT: "DBQ.900 must be equal to or less than DBQ.895."

Error message: "The number of meals from a fast-food or pizza place cannot be greater than the total number of meals you had that were prepared away from home. Could I have another answer please?"

<table>
<thead>
<tr>
<th></th>
<th>ENTER NUMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>NONE</td>
<td>2 (DBQ.905)</td>
</tr>
<tr>
<td>REFUSED</td>
<td>7 (DBQ.905)</td>
</tr>
<tr>
<td>DON'T KNOW</td>
<td>9 (DBQ.905)</td>
</tr>
</tbody>
</table>
Some grocery stores sell “ready to eat” foods such as salads, soups, chicken, sandwiches and cooked vegetables in their salad bars and deli counters.

During the past 30 days, how often did you eat “ready to eat” foods from the grocery store? Please do not include sliced meat or cheese you buy for sandwiches and frozen or canned foods.

ENTER NUMBER OF TIMES (PER DAY, WEEK, OR MONTH)

NEVER ......................................................... 2 (DBQ.910)
REFUSED ..................................................... 7 (DBQ.910)
DON’T KNOW ............................................. 9 (DBQ.910)

ENTER UNIT

DAY ............................................................... 1
WEEK ............................................................ 2
MONTH ......................................................... 3

During the past 30 days, how often did you eat frozen meals or frozen pizzas? Here are some examples of frozen meals and frozen pizzas.

ENTER OF TIMES (PER DAY, WEEK, OR MONTH)

NEVER ......................................................... 2 (END OF SECTION)
REFUSED ..................................................... 7 (END OF SECTION)
DON’T KNOW ............................................. 9 (END OF SECTION)

ENTER UNIT

DAY ............................................................... 1
WEEK ............................................................ 2
MONTH ......................................................... 3