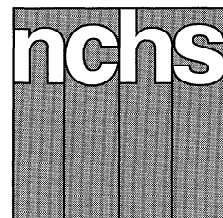


National Health and Nutrition Examination Survey



From the Centers for Disease Control and Prevention/National Center for Health Statistics

7-11 years of age



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Centers for Disease Control and Prevention
National Center for Health Statistics



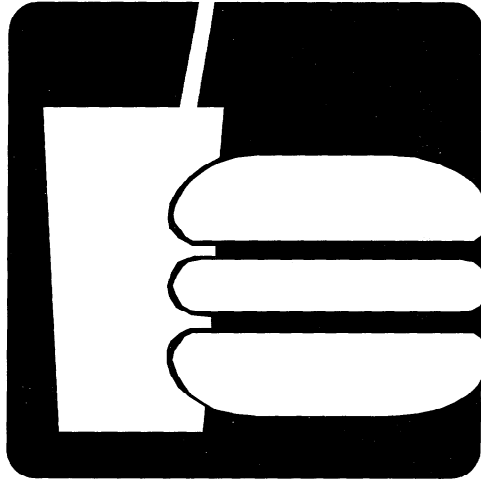
The National Health and Nutrition Examination Surveys (NHANES) are studies that look into the health and nutrition of people in this country.



Part of this survey will look at how young people grow and develop. We will look at special health problems that may affect kids.

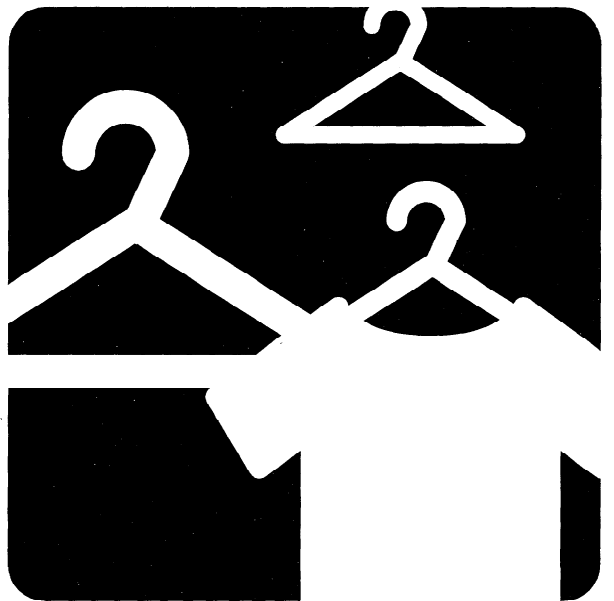
We go all over the United States in these vans.

Our survey wants you to come to this exam center to help us find out more about the health of children your age.

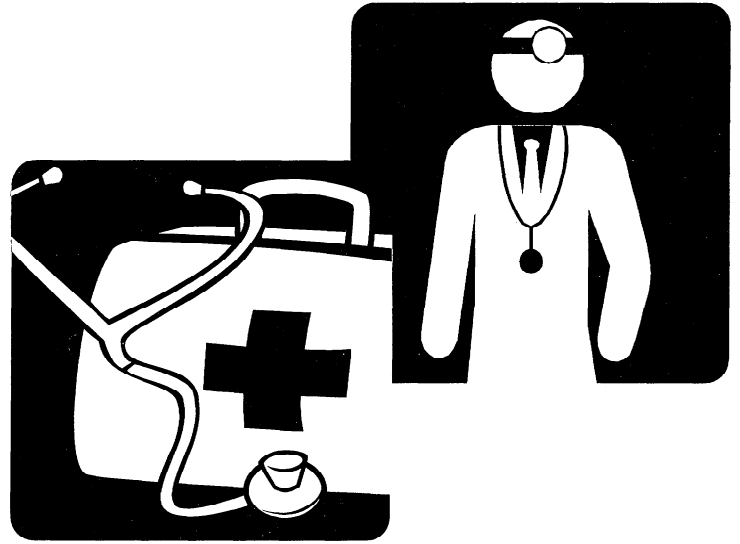


We will ask questions about what you eat and drink.

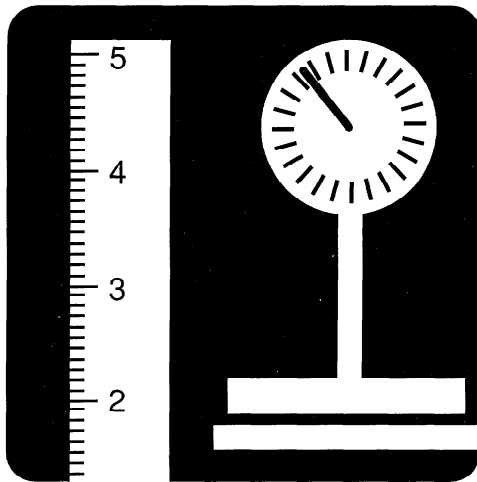
You will change into special exam clothes at the exam center.



Our doctor will take your blood pressure.



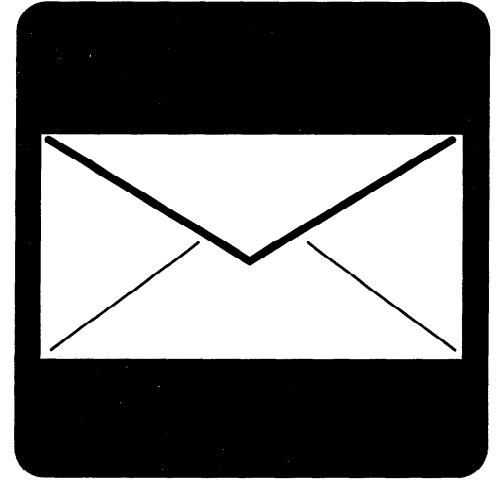
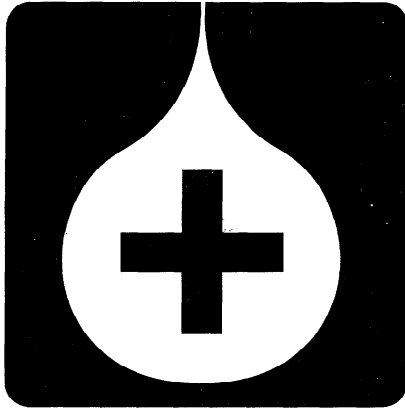
We will see how much you weigh and how tall you are.



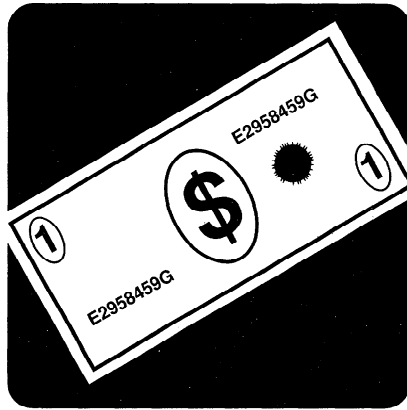
Our dentist will look at your teeth.



Our doctor will check your blood.



We will send you and your parents a report on your exam.



We will give you a little gift to thank you for helping us with our survey.



Our interviewer will answer any questions you have.

We would like you to go to our mobile exam center vans for an exam. You will help us learn more about all children in the United States.

National Health and Nutrition Examination Survey (NHANES)

Your parents say that you can take part in this special survey. You have just read about the survey in this book. The survey tells us about the health of people. We will ask you to have an exam at our vans that are here in your town. This exam is a little like going to the doctor. Other kids and their families will be at the exam center. You do not have to do this if you do not want to. If you take part, you will learn some things about yourself. You will help us learn a lot about all kids in the United States.

If you want to take part in the survey, write your name below.

Signature of participant 7-11 years old

Print name of participant

Signature of staff member

Date

SP ID

For more information about the National Center for Health Statistics and the National Health and Nutrition Examination Survey contact:

Data Dissemination Branch
National Center for Health Statistics
Room 1064, Presidential Building
6525 Belcrest Road
Hyattsville, Maryland 20782-2003

Telephone: (301) 436-8500
E-mail: nchsquery@cdc.gov
Internet: www.cdc.gov/nchswww/