

National Health and Nutrition Examination Survey (NHANES)
Consent for Specimen Storage and Future Research
(participants ages 18 years and over)

Q Why will a sample of my blood and urine be kept for future research?

A We would like to store some of the urine, blood, and saliva you give us during your exam for future research studies. These specimens will be frozen in a specimen bank and will be used for as long as they last.

Q What studies will be done with my samples?

A At this time, no specific studies are planned besides the tests included in your NHANES exam. As scientists learn more about health and diseases, other studies will be conducted that may include your samples. Researchers conducting these studies will not contact you for any additional information.

We will keep strictly private all health data and samples that we collect in NHANES. Our staff is not allowed to discuss that you are part of this survey under penalty of Federal laws: Section 308(d) of the Public Health Service Act (42 USC 242m) and the Privacy Act of 1974 (5 USC 552A).

Q Who can use my stored samples for future research?

A Researchers from Federal agencies, universities, and other scientific centers can submit proposals to use your stored specimens. These proposals will be reviewed for scientific merit and by a board that determines if the research proposed is ethical. The NHANES program will always know which samples belong to you, but we will not give other researchers any information that could identify you.

Q Will I receive results from any future research tests?

A Most studies will simply add to our knowledge of health and disease. Therefore, we do not plan to contact you with individual results from these studies. Periodically we will send a newsletter telling all NHANES participants about the research studies being conducted. To get more general information about a particular study, you can call our toll-free number shown below.

Q What genetic research will be done and what part will my DNA sample play? (DNA samples will be collected only on those ages 20 and over.)

A Genetic studies look at the DNA found in cells. We will store part of the blood and saliva samples that we collect in the exam center for future genetic research. We will keep this material for an unlimited time. Studies of human genes are helping us learn about many diseases and health conditions. The information from people who are part of NHANES could help that effort.

If you do not wish to have your samples used for future genetic research, you will have a chance to say so when you sign this consent form.

Q How can I remove my blood, urine, or saliva samples from the specimen bank?

A In the future, if you want your samples removed from the specimen bank, call the toll-free number below.

The results of research on your stored specimens may help find new ways to prevent, treat, and cure many diseases. Please read the sentences below and think about your choice. Circle the answer that is right for you.

1. I agree that my blood, urine, and saliva may be kept for future research to help understand health and disease.

Yes

No

2. **(Only answer if you are 20 years old or older.)** I agree that my blood and saliva may be kept for future research using my genes to help understand the genetic link to medical conditions (for example, causes of diabetes, heart disease, cancer, or Alzheimer's disease).

Yes

No

I understand that my individual results from research studies will not be made available to me. I can contact the NHANES staff at 1-800-452-6115 to have my sample withdrawn from future research at any time.

Signature of participant

Date

Signature of staff member

Date

Witness (if required)

(Date)

Print name
of participant

First

Middle

Last

SP ID