

## 2003-04 Questionnaire

### DIET BEHAVIOR AND NUTRITION - DBQ

#### BOX 1

**CHECK ITEM DBQ.005:**

IF SP AGE <= 6, CONTINUE.

OTHERWISE, GO TO BOX 2.

DBQ.010 Now I'm going to ask you some general questions about {SP's} eating habits.

Was {SP} ever breastfed or fed breastmilk?

YES .....	1
NO .....	2 (DBQ.040)
REFUSED .....	7 (DBQ.040)
DON'T KNOW .....	9 (DBQ.040)

DBQ.020 How old was {SP} when {he/she} was **first** fed something other than breastmilk or water?

INCLUDE FORMULA, JUICE, SOLID FOODS

|\_|\_|\_|

ENTER AGE IN DAYS, WEEKS, MONTHS OR YEARS

NEVER .....	0 (BOX 2)
REFUSED .....	777 (BOX 2)
DON'T KNOW .....	999 (BOX 2)

ENTER UNIT

DAYS.....	1
WEEKS .....	2
MONTHS.....	3
YEARS .....	4
REFUSED .....	7
DON'T KNOW .....	9

DBQ.030 How old was {SP} when {he/she} **completely stopped** breastfeeding or being fed breastmilk?

|\_|\_|\_|\_|  
ENTER AGE IN DAYS, WEEKS, MONTHS OR YEARS

STILL BREASTFEEDING..... 6666  
REFUSED ..... 7777  
DON'T KNOW ..... 9999

ENTER UNIT

DAYS..... 1  
WEEKS ..... 2  
MONTHS..... 3  
YEARS ..... 4  
REFUSED ..... 7  
DON'T KNOW ..... 9

DBQ.040 How old was {SP} when {he/she} was **first** fed formula on a **daily basis**?

INCLUDE CHILDREN RECEIVING FORMULA **AND** THOSE RECEIVING FORMULA AND BREASTMILK AT THE SAME TIME

|\_|\_|\_|\_|  
ENTER AGE IN DAYS, WEEKS, MONTHS OR YEARS

NEVER ON A DAILY BASIS..... 0 (DBQ.060)  
REFUSED ..... 7777  
DON'T KNOW ..... 9999

ENTER UNIT

DAYS..... 1  
WEEKS ..... 2  
MONTHS..... 3  
YEARS ..... 4  
REFUSED ..... 7  
DON'T KNOW ..... 9

DBQ.050 How old was {SP} when {he/she} **completely stopped** drinking formula?

|\_|\_|\_|\_|  
ENTER AGE IN DAYS, WEEKS, MONTHS OR YEARS

STILL DRINKING FORMULA..... 6666  
REFUSED ..... 7777  
DON'T KNOW ..... 9999

ENTER UNIT

DAYS..... 1  
WEEKS ..... 2  
MONTHS..... 3  
YEARS ..... 4  
REFUSED ..... 7  
DON'T KNOW ..... 9

DBQ.060 How old was {SP} when {he/she} was first fed **milk** on a daily basis?

INCLUDE LACTAID AS MILK  
DO NOT INCLUDE BREASTMILK OR FORMULA

|\_|\_|\_|\_|

ENTER AGE IN DAYS, WEEKS, MONTHS OR YEARS

NEVER ON A DAILY BASIS..... 0 (DBQ.080)  
REFUSED ..... 7777  
DON'T KNOW ..... 9999

ENTER UNIT

DAYS..... 1  
WEEKS ..... 2  
MONTHS..... 3  
YEARS ..... 4  
REFUSED ..... 7  
DON'T KNOW ..... 9

DBQ.071 What type of milk was {SP} **first** fed on a daily basis? Was it . . .

CODE ALL THAT APPLY

whole or regular,..... 10  
2% fat milk (includes "low fat milk" not  
further specified),..... 11  
1% fat milk, ..... 12  
skim, nonfat, or 0.5% fat milk (includes  
liquid or reconstituted from dry), or ..... 13  
another type?..... 30  
REFUSED ..... 77  
DON'T KNOW ..... 99

DBQ.080 How old was {SP} when {he/she} **started** eating solid foods [such as strained foods like baby food or any other non-liquid foods] on a daily basis?

|\_|\_|\_|\_|

ENTER AGE IN DAYS, WEEKS, MONTHS OR YEARS

NEVER ON A DAILY BASIS..... 0  
REFUSED ..... 7777  
DON'T KNOW ..... 9999

ENTER UNIT

DAYS..... 1  
WEEKS ..... 2  
MONTHS..... 3  
YEARS ..... 4  
REFUSED ..... 7  
DON'T KNOW ..... 9

**BOX 2**

**CHECK ITEM DBQ.085:**  
IF SP AGE >= 1, CONTINUE.  
OTHERWISE, GO TO FSQ.651.

DBQ.090 {Next I have some general questions about {your/SP's} eating habits.}

{First/Next} are questions about the **kinds** of food {you eat/SP eats}.

On average, how many times **per week** {do you/does SP} eat meals that were prepared in a restaurant?  
Please include eat-in restaurants, carry out restaurants and restaurants that deliver food to your house.

'MEALS' MEAN MORE THAN A BEVERAGE OR SNACK FOOD LIKE CANDY BARS OR BAG OF CHIPS

CAPI INSTRUCTION:  
DISPLAY "NEXT ..." AND "FIRST" IF SP AGE IS > 6.  
CREATE HELP FOR "RESTAURANT MEALS".

|\_|\_|

ENTER NUMBER

NEVER ..... 0  
LESS THAN WEEKLY ..... 66  
REFUSED ..... 77  
DON'T KNOW ..... 99

DBQ.197 Now I'm going to ask a few questions about **milk products**. Do not include their use in cooking.

In the **past 30 days**, how often did {you/SP} have milk to drink or on {your/his/her} cereal? Please include chocolate and other flavored milks as well as hot cocoa made with milk. Do not count small amounts of milk added to coffee or tea. Would you say . . .

HAND CARD DBQ3

CAPI INSTRUCTION:  
THIS SHOULD **NOT** BE A GATE QUESTION ANYMORE.  
CREATE HELP FOR "HOT COCOA".

never, ..... 0 (BOX 6)  
rarely – less than once a week, ..... 1  
sometimes – once a week or more, but  
less than once a day, or ..... 2  
often – once a day or more? ..... 3  
VARIED ..... 4  
REFUSED ..... 7 (BOX 6)  
DON'T KNOW ..... 9 (BOX 6)

DBQ.221 What type of milk was it? Was it usually . . .

IF RESPONDENT CANNOT PROVIDE USUAL TYPE, CODE ALL THAT APPLY

- whole or regular,..... 1
- 2% fat milk (includes "low fat milk" not further specified),..... 2
- 1% fat milk, ..... 3
- skim, nonfat, or 0.5% fat milk (includes liquid or reconstituted from dry), or ..... 4
- another type?..... 30
- REFUSED ..... 77
- DON'T KNOW ..... 99

**BOX 6**

**CHECK ITEM DBQ.225:**  
IF SP AGE >= 20, CONTINUE.  
OTHERWISE, GO TO BOX 9.

DBQ.229 The next question is about **regular** milk use.

A regular milk drinker is someone who uses any type of milk at **least 5 times a week**. Using this definition, which statement best describes {you/SP}? . . .

HAND CARD DBQ4

- {I've/He's/She's} been a **regular** milk drinker for **most** or **all** of {my/his/her} life, including {my/his/her} childhood;..... 1
- {I've/He's/She's} **never** been a **regular** milk drinker; ..... 2 (BOX 8A)
- {My/His/Her} milk drinking has **varied** over {my/his/her} life – sometimes {I've/he's/she's} been a **regular** milk drinker and sometimes {I have/he has/she has} **not** been a regular milk drinker ..... 3
- REFUSED ..... 7 (BOX 8A)
- DON'T KNOW ..... 9 (BOX 8A)

DBQ.235 Now, I'm going to ask you how often {you/SP} drank **milk** at different times in {your/his/her} **life**.

How often did {you/SP} drink any type of milk, including milk added to cereal when {you were/s/he was} . . .

HAND CARD DBQ5

IF NECESSARY, PROBE FOR USUAL OR MOST COMMON AMOUNT FOR THIS TIME PERIOD

CAPI INSTRUCTION:

THESE (A-C) SHOULD **NOT** BE GATE QUESTIONS ANYMORE.

a. **a child between the ages of 5 and 12 years old? Would you say. . .**

- never, ..... 0
- rarely – less than once a week, ..... 1
- sometimes – once a week or more, but  
less than once a day, or ..... 2
- often – once a day or more? ..... 3
- VARIED ..... 4
- REFUSED ..... 7
- DON'T KNOW ..... 9

b. **a teenager between the ages of 13 and 17 years old? Would you say . . .**

- never, ..... 0
- rarely – less than once a week, ..... 1
- sometimes – once a week or more, but  
less than once a day, or ..... 2
- often – once a day or more? ..... 3
- VARIED ..... 4
- REFUSED ..... 7
- DON'T KNOW ..... 9

c. **a young adult between the ages of 18 and 35 years old? Would you say . . .**

- never, ..... 0
- rarely – less than once a week, ..... 1
- sometimes – once a week or more, but  
less than once a day, or ..... 2
- often – once a day or more? ..... 3
- VARIED ..... 4
- REFUSED ..... 7
- DON'T KNOW ..... 9

**BOX 8A**

**CHECK ITEM DBQ.265A:**

IF SP AGE >= 60, CONTINUE.  
OTHERWISE, GO TO END OF SECTION.

DBQ.301 The next questions are about meals provided by community or government programs.

In the **past 12 months**, did {you/SP} receive any meals **delivered** to {your/his/her} home from community programs, "Meals on Wheels", or any other programs?

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

DBQ.330 In the **past 12 months**, did {you/SP} go to a community program or senior center to eat prepared meals?

INCLUDE ADULT DAY CARE

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

**BOX 8B**

**CHECK ITEM DBQ.335:**

GO TO END OF SECTION.

**BOX 9**

**CHECK ITEM DBQ.355:**

IF SP AGE 4-19, CONTINUE.  
OTHERWISE, GO TO END OF SECTION.

DBQ.360 During the **school year**, {do you/does SP} attend a kindergarten, grade school, junior or high school?

- YES ..... 1
- NO ..... 2 (END OF SECTION)
- REFUSED ..... 7 (END OF SECTION)
- DON'T KNOW ..... 9 (END OF SECTION)

DBQ.370 Does {your/SP's} school serve school lunches? These are **complete** lunches that cost **the same every day**.

- YES ..... 1
- NO ..... 2 (DBQ.400)
- REFUSED ..... 7 (DBQ.400)
- DON'T KNOW ..... 9 (DBQ.400)

DBQ.381 During the **school year**, about how many times a week {do you/does SP} usually get a complete school lunch?

- ENTER NUMBER OF TIMES
- NONE ..... 0 (DBQ.400)
  - REFUSED ..... 7 (DBQ.400)
  - DON'T KNOW ..... 9 (DBQ.400)

DBQ.390 {Do you/Does SP} get these lunches free, at a reduced price, or {do you/does he/she} pay full price?

- FREE ..... 1
- REDUCED PRICE ..... 2
- FULL PRICE ..... 3
- REFUSED ..... 7
- DON'T KNOW ..... 9

DBQ.400 Does {your/SP's} school serve a **complete** breakfast that costs **the same every day**?

- YES ..... 1
- NO ..... 2 (END OF SECTION)
- REFUSED ..... 7 (END OF SECTION)
- DON'T KNOW ..... 9 (END OF SECTION)

DBQ.411 During the **school year**, about how many times a week {do you/does SP} usually get a complete breakfast at school?

- ENTER NUMBER OF TIMES
- NONE ..... 0 (END OF SECTION)
  - REFUSED ..... 7 (END OF SECTION)
  - DON'T KNOW ..... 9 (END OF SECTION)

DBQ.421 {Do you/Does SP} get these breakfasts free, at a reduced price, or {do you/does he/she} pay full price?

- FREE ..... 1
- REDUCED PRICE ..... 2
- FULL PRICE ..... 3
- REFUSED ..... 7
- DON'T KNOW ..... 9



**BOX 9A**

**CHECK ITEM DBQ.422:**

IF DBQ.390 = CODE 1 OR CODE 2 OR DBQ.421 = CODE 1 OR CODE 2,  
CONTINUE.  
OTHERWISE, GO TO END OF SECTION.

DBQ.424 {Do you/Does SP} get a free or reduced price meal at any summer program {he/she} attends?

- YES ..... 1
- NO ..... 2
- DID NOT ATTEND SUMMER PROGRAM .... 3
- REFUSED ..... 7
- DON'T KNOW ..... 9