



SAFER • HEALTHIER • PEOPLE™



National Health and Nutrition Examination Survey, 2005-2006

Examination Assent Brochure, 7-11 years of age



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Centers for Disease Control and Prevention
National Center for Health Statistics

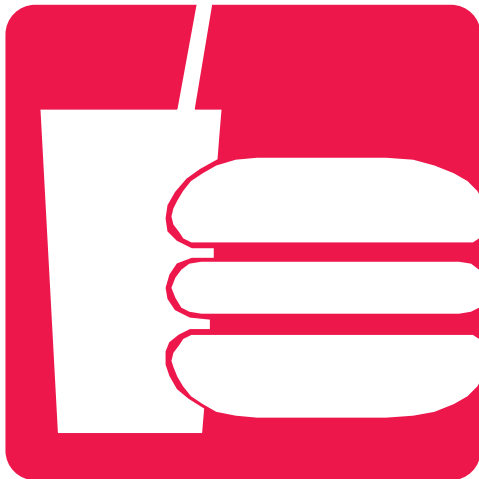
The National Health and Nutrition Examination Survey (NHANES) studies the health and diet of people in this country.



We go all over the United States in these vans.

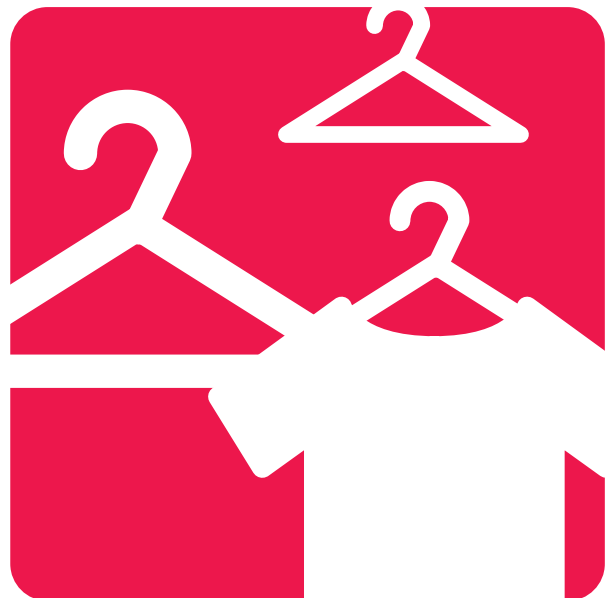
The survey will look at how young people grow and develop. We will look at special health problems that may affect kids.

Our survey wants you to come to this exam center. The exam is like going to the doctor. Your exam will help us find out more about the health of children your age.



We will ask questions about what you eat and drink.

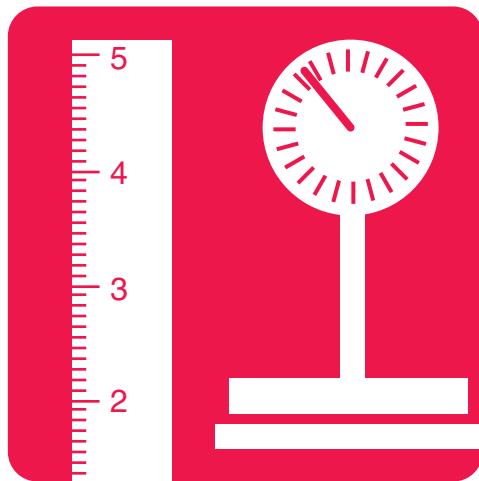
You will change into special exam clothes at the exam center.



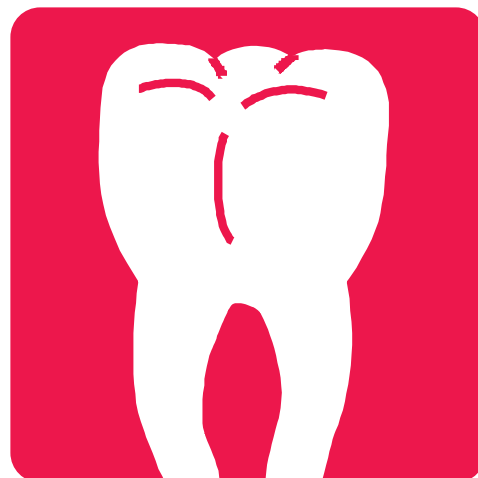
Our doctor will take your blood pressure.



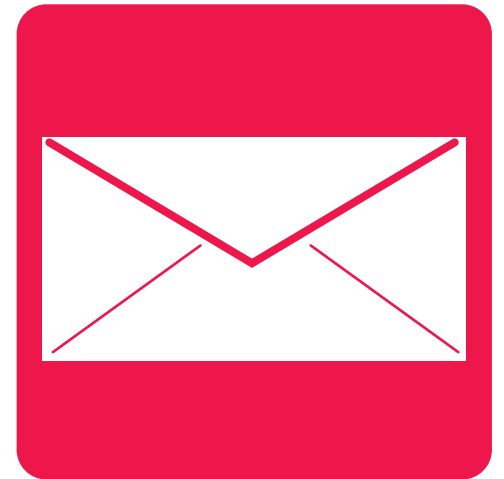
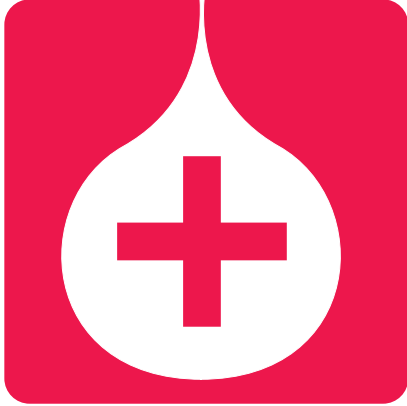
We will see how much you weigh and how tall you are.



We will look at your teeth.



We will check your blood and urine in our lab.



We will send you and your parents a report on your exam.



We will give you money to thank you for helping us with our survey.



Our staff will answer any questions you have.

We would like you to go to our mobile exam center vans for an exam. You will help us learn more about all children in the United States.

If you are 8 years or older, we will ask you about your feelings and about how you have been doing at home and school. Your mother (or other grown-up) will be called to answer these same questions about you.

National Health and Nutrition Examination Survey (NHANES)

Your parents say that you can take part in this special survey. You have just read about the survey in this book. The survey tells us about the health of people. We will ask you to have an exam at our vans that are here in your town. This exam is a little like going to the doctor. Other kids and their families will be at the center. You do not have to do this if you do not want to. If you take part, you will learn some things about yourself. You will help us learn a lot about other kids in the United States.

If you want to take part in the survey, write your name below.

Signature of participant 7-11 years old

Print name of participant

Signature of staff member

Date

SP ID

For more information about the National Center for Health Statistics, contact:

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For more information about the National Health and Nutrition Examination Survey you may visit the NHANES web site at: www.cdc.gov/nhanes.