

BOWEL HEALTH – BHQ

Target Group: SPs 20+

BOX 1

CHECK ITEM BHQ.005:

- IF INTERVIEW DONE ONLY WITH SURVEY PARTICIPANT (CODED '1' IN RIQ.005), CONTINUE WITH BHQ.010.
- OTHERWISE, GO TO NEXT SECTION.

BHQ.010 Next, we'd like to talk to you about bowel health. We'll start with accidental bowel leakage. There are four types of bowel leakage that can happen: leakage (passing) of gas, leakage of mucus, leakage of liquid stool, and leakage of solid stool. We will ask you about leakage of each of these one at a time.

How often during the **past 30 days** have you had any amount of accidental bowel leakage that consisted of gas? Would you say . . .

HAND CARD BHQ1

CAPI INSTRUCTION:

HELP SCREEN SHOULD READ: The **bowel** is another name for the intestines. Other names for the bowel include guts or innards. **Accidental bowel leakage** is leaking from the bowel or intestines that can't be controlled. **Leakage of gas** is also called passing gas, passing wind, or farting.

2 or more times a day,	1
once a day,	2
2 or more times a week,	3
once a week,	4
1-3 times a month, or.....	5
never?	6
REFUSED	77
DON'T KNOW	99

BHQ.020 How often during the **past 30 days** have you had any amount of accidental bowel leakage that consisted of mucus?

HAND CARD BHQ1

CAPI INSTRUCTION:

HELP SCREEN SHOULD READ: Mucus is a thick, jelly-like substance made by the intestines that helps coat and protect the lining of the intestine. Mucus also helps stool pass through the large intestine and rectum more easily.

2 OR MORE TIMES A DAY.....	1
ONCE A DAY	2
2 OR MORE TIMES A WEEK	3
ONCE A WEEK	4
1-3 TIMES A MONTH.....	5
NEVER	6
REFUSED	77
DON'T KNOW	99

BHQ.030 How often during the **past 30 days** have you had any amount of accidental bowel leakage that consisted of liquid stool?

HAND CARD BHQ1

CAPI INSTRUCTION:

HELP SCREEN SHOULD READ: Stool is also called a bowel movement, BM, or poop.

- 2 OR MORE TIMES A DAY..... 1
- ONCE A DAY 2
- 2 OR MORE TIMES A WEEK 3
- ONCE A WEEK 4
- 1-3 TIMES A MONTH..... 5
- NEVER 6
- REFUSED 77
- DON'T KNOW 99

BHQ.040 How often during the **past 30 days** have you had any amount of accidental bowel leakage that consisted of solid stool?

HAND CARD BHQ1

- 2 OR MORE TIMES A DAY..... 1
- ONCE A DAY 2
- 2 OR MORE TIMES A WEEK 3
- ONCE A WEEK 4
- 1-3 TIMES A MONTH..... 5
- NEVER 6
- REFUSED 77
- DON'T KNOW 99

BHQ.050 How often do you usually have bowel movements?
Q/U

PROBE: How many times per day or per week do you usually have a bowel movement?

CAPI INSTRUCTION:

HARD EDIT VALUES: 0-90.

SOFT EDIT: Display edit when BHQ.050 is greater than 70 per day or 70 per week.

Error Message: "It is unlikely that a person would have no bowel movements or more than 70 bowel movements {per day/per week}.

|||
ENTER NUMBER OF TIMES (PER DAY OR PER WEEK)

- REFUSED 77
- DON'T KNOW 99

ENTER UNIT

- DAY 1
- WEEK 2

REFUSED	7
DON'T KNOW	9

BHQ.060 Please look at this card and tell me the number that corresponds to your usual or most common stool type.

HAND CARD BHQ2

TYPE 1 (SEPARATE HARD LUMPS, LIKE NUTS)	1
TYPE 2 (SAUSAGE-LIKE, BUT LUMPY)	2
TYPE 3 (LIKE A SAUSAGE BUT WITH CRACKS IN THE SURFACE)	3
TYPE 4 (LIKE A SAUSAGE OR SNAKE, SMOOTH AND SOFT)	4
TYPE 5 (SOFT BLOBS WITH CLEAR-CUT EDGES)	5
TYPE 6 (FLUFFY PIECES WITH RAGGED EDGES, A MUSHY STOOL)	6
TYPE 7 (WATERY, NO SOLID PIECES)	7
REFUSED	77
DON'T KNOW	99

BHQ.070 During the **past 12 months**, how often have you had an urgent need to empty your bowels that makes you rush to the toilet? Would you say...

HAND CARD BHQ3

always,	1
most of the time,	2
sometimes,	3
rarely, or	4
never?	5
REFUSED	77
DON'T KNOW	99

BHQ.080 During the **past 12 months**, how often have you been constipated?

HAND CARD BHQ3

ALWAYS	1
MOST OF THE TIME	2
SOMETIMES	3
RARELY	4
NEVER	5
REFUSED	77
DON'T KNOW	99

BHQ.090 During the **past 12 months**, how often have you had diarrhea?

HAND CARD BHQ3

ALWAYS	1
MOST OF THE TIME	2
SOMETIMES.....	3
RARELY	4
NEVER.....	5
REFUSED	77
DON'T KNOW	99

BHQ.100 In the **past 30 days**, did you take any laxatives or stool softeners, such as Ex-Lax, Metamucil or Fiberall, to help move your bowels?

Yes	1
NO	2 (End of section)
REFUSED	77 (End of section)
DON'T KNOW	99 (End of section)

BHQ.110 How many times have you taken laxatives or stool softeners in the **past 30 days**? Would you say...

most days,	1
1-3 times a week,	2
2-3 times a month, or.....	3
once a month?.....	4
REFUSED	77
DON'T KNOW	99