

NHANES

**Sample Person Questionnaire
Hand Cards**

2015-2016



PFQ1

No difficulty

Some difficulty

Much difficulty

Unable to do

Do not do this activity

PFQ2

Arthritis/rheumatism

Back or neck problem

Birth defect

Cancer

Depression/anxiety/emotional problem

Other developmental problem (such as cerebral palsy)

Diabetes

Fractures, bone/joint injury

Hearing problem

Heart problem

Hypertension/high blood pressure

Lung/breathing problem

Mental retardation

Other injury

Senility

Stroke problem

Vision/problem seeing

Weight problem

Other impairment/problem

OSQ3

Hip replacement

Knee replacement

Plates or pins to fix a broken bone

Dental implants (posts)

Metal sutures or clips

Stents

Pacemakers

HEQ1

Prescribed Medicines for Hepatitis B

Adefovir

Alinia

Baraclude

Entecavir

Epivir

Epivir HBV

Hepsera

Interferon / Peginterferon

Intron A

Lamivudine

Nitazoxanide

Olysio (simeprevir)

Pegasys

Roferon-A

Sovaldi (sofosbuvir)

Telbivudine

Tenofovir

Tyzeka

Viread

HEQ2

Prescribed Medicines for Hepatitis C

Alinia
Boceprevir
Copegus
Daclatasvir (Daklinza)
Harvoni
Incivek
Infergen
Interferon / Peginterferon
Intron A
Ledipasvir
Nitazoxanide
Olysio (simeprevir)
Pegasys
Pegintron
Rebetol
Rebetron
Ribapak
Ribasphere
Ribatab
Ribavirin
Roferon-A
Sovaldi (sofosbuvir)
Sylatron
Technivie
Telaprevir
Victrelis
Viekira Pak
Virazole
Zepatier

DIQ1

Prediabetes

Impaired fasting glucose

Impaired glucose tolerance

Borderline diabetes

DIQ2

Risk Factors:

10. Family history
11. Overweight
12. Age
13. Poor diet
14. Race
15. Had a baby that weighed over 9 lbs. at birth
16. Lack of physical activity or sedentary lifestyle

Medical Conditions:

17. High blood pressure
18. High blood sugar
19. High cholesterol
20. Hypoglycemic

Experienced Symptoms:

21. Extreme hunger
22. Tingling/numbness in hands or feet
23. Blurred vision
24. Increased fatigue

Other Factors:

25. Anyone could be at risk
26. Doctor warning
27. Other, specify
28. Gestational diabetes
29. Frequent urination
30. Thirst

DIQ3

Less than 6

Less than 7

Less than 8

Less than 9

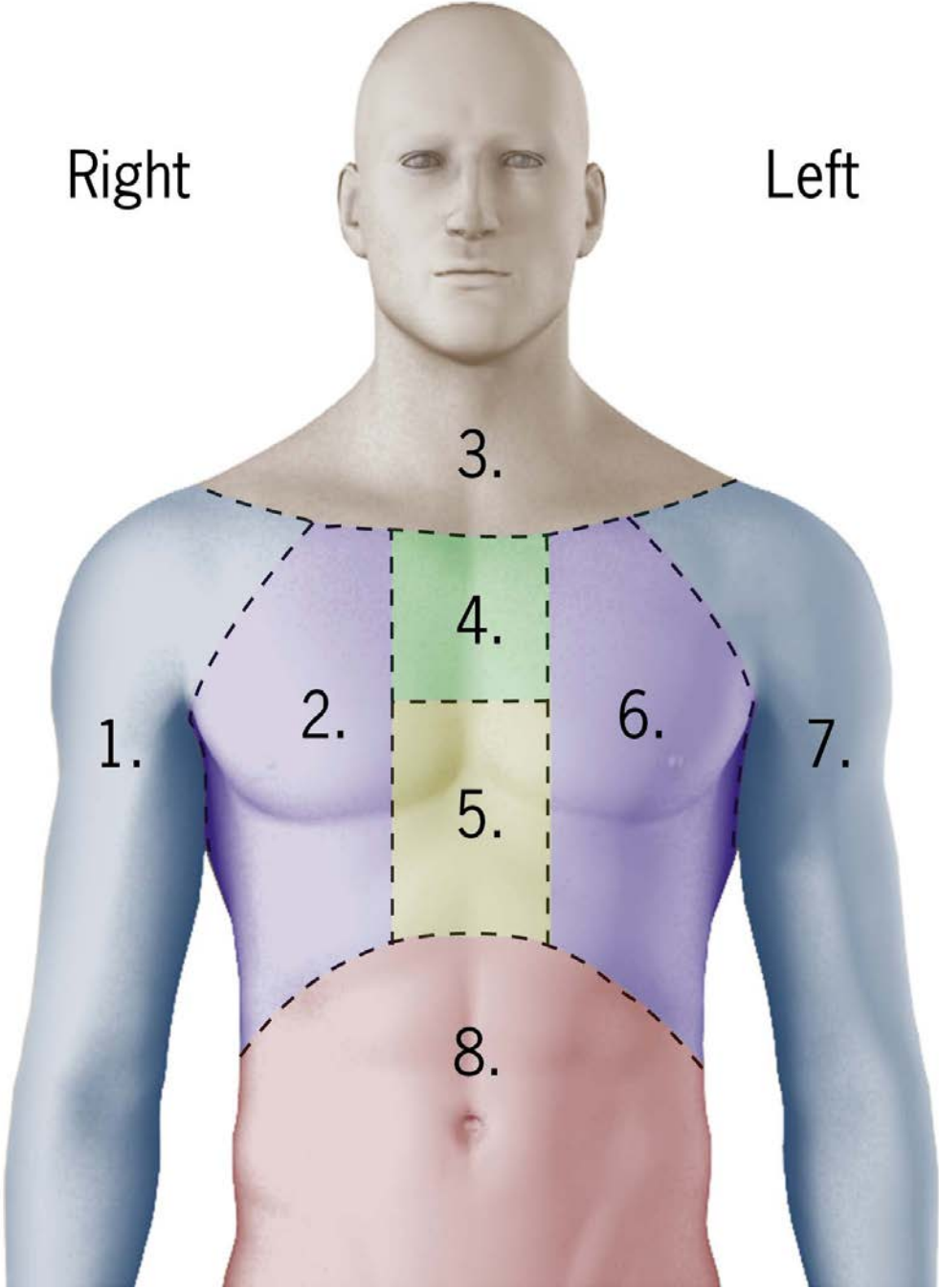
Less than 10

Provider did not specify a goal

CDQ1

Right

Left



AUQ1

Always

Usually

About half the time

Seldom

Never

AUQ2

Always

Usually

About half the time

Seldom

Never

No noise exposure past 12 months

DEQ1

Get a severe sunburn with blisters

A severe sunburn for a few days
with peeling

Mildly burned with some tanning

Turning darker without a sunburn

Nothing would happen in half an
hour

Other

DEQ2

Always

Most of the time

Sometimes

Rarely

Never

OHQ1

Went in on own for check-up, examination or cleaning

Was called in by the dentist for check-up, examination or cleaning

Something was wrong, bothering or hurting

Went for treatment of a condition that dentist discovered at earlier check-up or examination

OHQ2

Could not afford the cost

Did not want to spend the money

Insurance did not cover recommended procedures

Dental office is too far away

Dental office is not open at convenient times

Another dentist recommended not doing it

Afraid or do not like dentists

Unable to take time off from work

Too busy

I did not think anything serious was wrong/expected dental problems to go away

OHQ3

Very often

Fairly often

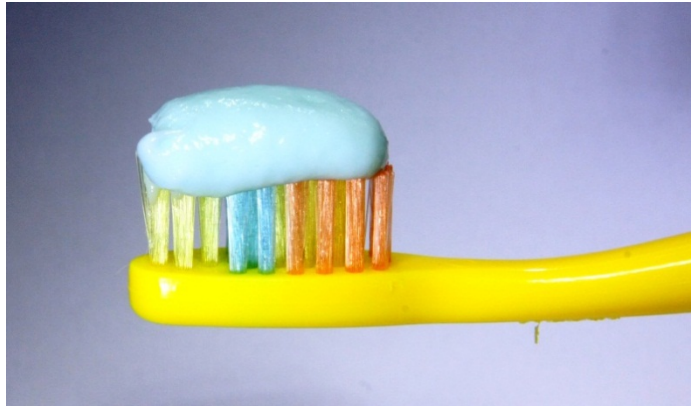
Occasionally

Hardly ever

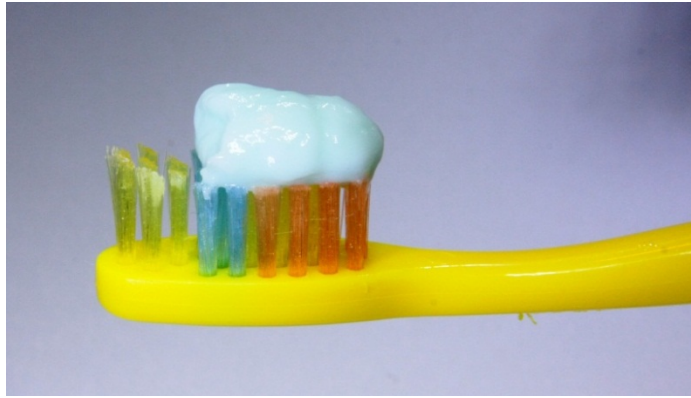
Never

OHQ4

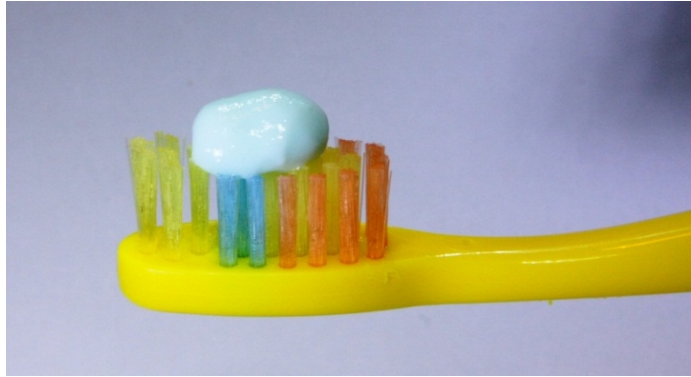
1. Full load



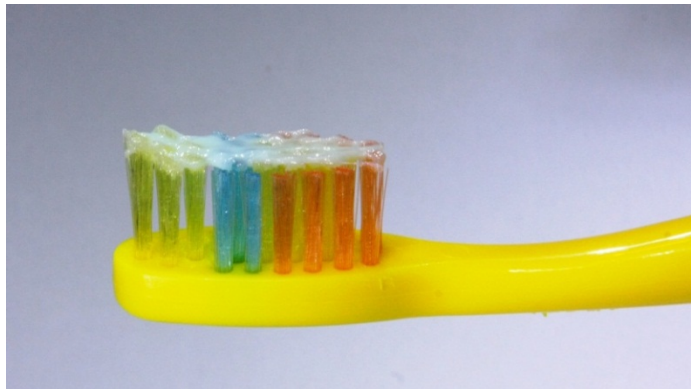
2. Half load



3. Pea size



4. Smear



PAQ1

Baseball/softball

Basketball

Bocce ball

Cheerleading

Dance

Football

Frisbee/ultimate frisbee

Golf

Gymnastics

Hockey

Lacrosse

Running

Soccer

Swimming/diving

Tennis

Track and field

Trampoline

Volleyball

Wrestling

Other

PAQ2

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

SLQ1

Never

Rarely – 1 time a month

Sometimes – 2 to 4 times a month

Often – 5 to 15 times a month

Almost always – 16 to 30 times a month

DBQ1

Never

Rarely – less than once a week

Sometimes – once a week or more, but
less than once a day

Often – once a day or more

DBQ2

A **regular** milk drinker for **most** or **all** of lifetime, including childhood

Never has been a **regular** milk drinker

Milk drinking has **varied** over lifetime – sometimes has been a **regular** milk drinker and sometimes has **not** been a regular milk drinker

DBQ3

Never

Rarely – less than once a week

Sometimes – once a week or more,
but less than once a day

Often – once a day or more

DBQ4

EXAMPLES OF FROZEN MEALS & FROZEN PIZZAS



DBQ5

Often

Sometimes

Rarely

Never

WHQ1

Ate less food (amount)

Switched to foods with lower calories

Ate less fat

Ate fewer carbohydrates

Exercised

Skipped meals

Ate "diet" foods or products

Used a liquid diet formula such as Slimfast or Optifast

Joined a weight loss program such as Weight Watchers, Jenny Craig, Tops, or Overeaters Anonymous

Followed a special diet such as Dr. Atkins, South Beach, other high protein or low carbohydrate diet, cabbage soup diet, Ornish, Nutrisystem, Body-for-Life

Took diet pills prescribed by a doctor

Took other pills, medicines, herbs or supplements not needing a prescription

Started to smoke or began to smoke again

Took laxatives or vomited

Had weight loss surgery

Drank a lot of water

Ate more fruits, vegetables, salads

Ate less sugar, candy, sweets

Changed eating habits (didn't eat late at night, ate several small meals a day)

Ate less junk food or fast food

Other (Specify)

WHQ2

Gastric bypass (Roux-en-Y gastric bypass)

Gastric banding (adjustable gastric banding or gastric stapling)

Bariatric sleeve (sleeve gastrectomy)

Duodenal switch (biliopancreatic diversion OR biliopancreatic diversion with a duodenal switch)

SMQ1

Include

Cigarette 



Hand Rolled Cigarette

Do NOT Include

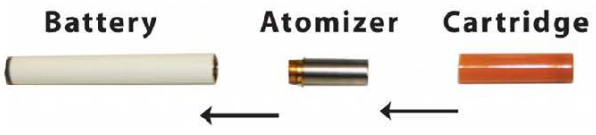
Little Cigar 

Cigarillo (Tipped) 

Cigarillo 

Cigar 

Cigar Images Courtesy of Legacy®

E-cigarette 

© 2009 K. Nacheff

SMQ2

Cigars, cigarillos and little filtered cigars



SMQ3

E-cigarettes and other vaping devices



SMQ4

Smokeless tobacco products



OCQ1

An employee of a **private** company, business, or individual for wages, salary, or commission

A **federal** government employee

A **state** government employee

A **local** government employee

Self-employed in **own** business, professional practice or farm

Working **without pay** in family business or farm

OCQ2

Always

Usually

About half the time

Seldom

Never

No noise exposure past 12 months

ACQ1

Only Spanish

More Spanish than English

Both equally

More English than Spanish

Only English

ACQ2

English

Chinese

Farsi/Persian

Hindi

Japanese

Khmer/Cambodian

Korean

Tagalog/Filipino

Urdu

Vietnamese

Other

DMQ1

Never attended/kindergarten only

1st grade

2nd grade

3rd grade

4th grade

5th grade

6th grade

7th grade

8th grade

9th grade

10th grade

11th grade

12th grade, no diploma

High school graduate

GED or equivalent

Some college, no degree

Associate degree: Occupational, technical, or vocational program

Associate degree: Academic program

Bachelor's degree (example: BA, AB, BS, BBA)

Master's degree (example: MA, MS, MEng, MEd, MBA)

Professional school degree (example: MD, DDS, DVM, JD)

Doctoral degree (example: PhD, EdD)

DMQ2

September 2001 or later

August 1990 to August 2001 (including Persian Gulf War)

September 1980 to July 1990

May 1975 to August 1980

August 1964 to April 1975 (Vietnam Era)

March 1961 to July 1964

February 1955 to February 1961

July 1950 to January 1955 (Korean War)

January 1947 to June 1950

December 1941 to December 1946 (World War II)

November 1941 or earlier

DMQ3

10. Mexican

11. Puerto Rican

12. Cuban

13. Dominican (Republic)

Central American:

14. Costa Rican

15. Guatemalan

16. Honduran

17. Nicaraguan

18. Panamanian

19. Salvadoran

20. Other Central American

South American:

21. Argentinean

22. Bolivian

23. Chilean

24. Colombian

25. Ecuadorian

26. Paraguayan

27. Peruvian

28. Uruguayan

29. Venezuelan

30. Other South American

Other Hispanic or Latino:

31. Filipino

32. Spaniard

33. Spanish

34. Spanish American

35. Hispano/Hispana

36. Hispanic/Latino

41. Chicana/Chicano

DMQ4

American Indian or Alaska Native

Asian

Black or African American

Native Hawaiian or Pacific Islander

White

DMQ5

1. Native Hawaiian
2. Guamanian or Chamorro
3. Samoan
4. Other Pacific Islander

DMQ6

10. Asian Indian
11. Bangladeshi
12. Bengalese
13. Bharat
14. Bhutanese
15. Burmese
16. Cambodian
17. Cantonese
18. Chinese
19. Dravidian
20. East Indian
21. Filipino
22. Goanese
23. Hmong
24. Indochinese
25. Indonesian
26. Iwo Jiman
27. Japanese
28. Korean
29. Laohmong
30. Laotian
31. Madagascar/Malagasy
32. Malaysian
33. Maldivian
34. Mong
35. Nepalese
36. Nipponese
37. Okinawan
38. Pakistani
39. Siamese
40. Singaporean
41. Sri Lankan
42. Taiwanese
43. Thai
44. Vietnamese

DMQ7

Yes, born in United States

Yes, born in Puerto Rico, Guam,
American Virgin Islands, or other
U.S. territory

Yes, born abroad to American parents

Yes, U.S. citizen by naturalization

No, not a citizen of the United States

HIQ1

Private health insurance

Medicare

Medi-gap

Medicaid

SCHIP (CHIP/Children's Health
Insurance Program)

Military Health Care (Tricare/VA/
Champ-VA)


Indian Health Service

State-sponsored health plan

Other government program

Single service plan (e.g., dental, vision,
prescriptions)

HIQ2

| | | | | |
|------------------------------------------------------------------------------------|--|-----------------------------------------------------------------------------------|-------------------------|--|
| MEDICARE | |  | HEALTH INSURANCE | |
| 1-800-MEDICARE (1-800-633-4227) | | | | |
| NAME OF BENEFICIARY | | | | |
| JANE DOE | | | | |
| MEDICARE CLAIM NUMBER | | | SEX | |
| 000-00-0000-A | | | FEMALE | |
| IS ENTITLED TO | | EFFECTIVE DATE | | |
| HOSPITAL (PART A) | | 07-01-1986 | | |
| MEDICAL (PART B) | | 07-01-1986 | | |
| SIGN HERE _____ | | | | |
| DO NOT SEND CLAIMS FOR PAYMENT OF MEDICARE BENEFITS TO THIS (↓) ADDRESS | | | | |

DSQ1a

| | | | |
|-------------------------------------------|-------------|-------------|------------------------|
| VITAMINS | Calcium | Vitamin C | Calcium and Magnesium |
| MINERALS | Iron | Vitamin E | Calcium plus Vitamin D |
| | Zinc | | |
| MULTI-VITAMIN-- MULTI-MINERALS | Flintstones | One a Day | Prenatals |
| | Tri-Vi-Flor | B-Complex | Centrum |
| HERBALS AND BOTANICALS | Echinacea | Garlic | Saw Palmetto |
| | Ginkgo | Ginseng | |
| FIBER | Metamucil | Fibercon | Benefiber |
| AMINO ACIDS | Lysine | Methionine | Tryptophan |
| OTHERS | Fish Oil | Chondroitin | Glucosamine |

DSQ1b

EXAMPLES OF ANTACIDS

Tums

Roloids

Maalox

Mylanta

DSQ2

Decided to take it for reasons of my own

A doctor or other health provider told me to

DSQ3

To:

Build muscle
Gain weight
Get more energy
Improve digestion
Improve my overall health
Maintain health (to stay healthy)
Maintain healthy blood sugar level, diabetes
Prevent colds, boost immune system
Prevent health problems
Supplement my diet (because I don't get enough from food)

For:

Anemia, such as low iron
Bone health, build strong bones, osteoporosis
Eye health
Good bowel/colon health
Healthy Joints, arthritis
Healthy skin, hair, and nails
Heart health, cholesterol
Kidney and bladder health, urinary tract health
Liver health, detoxification, cleanse system
Menopause, hot flashes
Mental health
Muscle related issues, muscle cramps
Pregnancy/breastfeeding
Prostate health
Relaxation, decrease stress, improve sleep
Teeth, prevent cavities
Weight loss