

WEIGHT HISTORY – WHQ
Target Group: SPs 8-15 years

BOX 1

CHECK ITEM WHQ.499:

- IF INTERVIEW DONE ONLY WITH SURVEY PARTICIPANT (CODED '1') IN RIQ.005 AND NO INTERPRETER USED (INT.001 CODED '2'), CONTINUE WITH WHQ.030m.
- IF INTERVIEW DONE WITH SURVEY PARTICIPANT (CODED '1') IN RIQ.005 AND INTERPRETER USED (INT.001 CODED '1'), AND INTERPRETER SOURCE = 4, 5, 6, 7, OR 99 IN INT.007, CONTINUE WITH WHQ.030m.
- OTHERWISE, GO TO NEXT SECTION.

WHQ.030m Do you consider yourself now to be . . .

fat or overweight,	1
too thin, or.....	2
about the right weight?.....	3
REFUSED.....	7
DON'T KNOW.....	9

WHQ.500 Which of the following are you trying to do about your weight:

lose weight,.....	1
gain weight,.....	2
stay the same weight, or.....	3
not trying to do anything about your weight? .	4
REFUSED.....	7
DON'T KNOW.....	9

WHQ.520 In the past year, how often have you tried to lose weight? Would you say . . .

never,.....	1
sometimes, or	2
a lot?	3
REFUSED.....	7
DON'T KNOW.....	9

BOX 2

CHECK ITEM WHQ.709:

- IF SP AGE >= 12, CONTINUE.
- OTHERWISE, GO TO END OF SECTION.

DBQ.895 Next, I'm going to ask you about meals.
G/Q

By meal, I mean **breakfast, lunch and dinner**. During the **past 7 days**, how many meals did you get that were **prepared away from home** in places such as restaurants, fast food places, food stands, grocery stores, or from vending machines?

Please **do not** include meals provided as part of the school lunch or school breakfast.

SOFT EDIT VALUES: 0-21

Error message: "Please verify that you ate **more** than 3 meals prepared away from home **every** day during the past 7 days."

|_|_|
ENTER NUMBER

NONE 2 (DBQ.905)
REFUSED..... 77 (DBQ.905)
DON'T KNOW..... 99 (DBQ.905)

DBQ.900 How many of those meals did you get from a fast-food or pizza place?
G/Q

HARD EDIT: "DBQ.900 must be equal to or less than DBQ.895."

Error message: "The number of meals from a fast-food or pizza place cannot be greater than the total number of meals you had that were prepared away from home. Could I have another answer please?"

|_|_|
ENTER NUMBER

NONE 2 (DBQ.905)
REFUSED..... 7 (DBQ.905)
DON'T KNOW..... 9 (DBQ.905)

DBQ.905 Some grocery stores sell "ready to eat" foods such as salads, soups, chicken, sandwiches and cooked
G/Q/U vegetables in their salad bars and deli counters.

During the **past 30 days**, how often did you buy "ready to eat" foods at the grocery store? Please do not count frozen or canned foods.

|_|_|
ENTER NUMBER OF TIMES (PER DAY, WEEK, OR MONTH)

NEVER 2 (DBQ.910)
REFUSED..... 7 (DBQ.910)
DON'T KNOW..... 9 (DBQ.910)

ENTER UNIT

DAY 1
WEEK 2
MONTH..... 3

DBQ.910
G/Q/U

During the **past 30 days**, how often did you eat frozen meals or frozen pizzas? Here are some examples of frozen meals and frozen pizzas.

HAND CARD WHQ2

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ENTER OF TIMES (PER DAY, WEEK, OR MONTH)

NEVER 2 (END OF SECTION)
REFUSED..... 7 (END OF SECTION)
DON'T KNOW..... 9 (END OF SECTION)

ENTER UNIT

DAY 1
WEEK 2
MONTH..... 3