

PHYSICAL ACTIVITY AND PHYSICAL FITNESS – PAQ
Target Group: SPs 12-15 (Audio-CASI)

PAQ.706_ The next questions are about your activities.

PAQ.706 During the **past 7 days**, on how many days were you physically active for a total of **at least 60 minutes per day**? Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.

INSTRUCTIONS TO SP:
 Please select one of the following choices.

- 0 days 0
- 1 day 1
- 2 days 2
- 3 days 3
- 4 days 4
- 5 days 5
- 6 days 6
- 7 days 7
- REFUSED 77
- DON'T KNOW 99

PAQ.711 On a typical day during the school year, about how many hours do you usually spend playing with a smartphone or computer, watching TV or movies, or playing video games?

INSTRUCTIONS TO SP:
 Please enter a number.

ENTER NUMBER OF HOURS

- REFUSED 77
- DON'T KNOW..... 99

SOFT EDIT: 18 – 24 HOURS.
 ERROR MESSAGE: “You said on a typical day during the school year, you usually spend 18 hours or more playing with a smartphone or computer, watching TV or movies, or playing video games. If that is correct, please press the “Next” button to continue. If that is not correct, press the “Back” button, press “Clear,” and try again.”

HARD EDIT: 25 HOURS OR MORE.
 ERROR MESSAGE: “Please enter a number between 0 and 24. Please press the “Back” button, press “Clear,” and try again.”