

4. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), have you or anyone else worried that _____ was much too thin? 0 1* 2* 7 9 [35]
- IF YES, A.** Now, what about the last four weeks? 0 2 7 9 [36]
 Since [[NAME EVENT]//the beginning of/the middle of/the end of [LAST MONTH]], have you or anyone else worried that [he/she] was much too thin?

NOTE 4: WAS A * RESPONSE CODED IN NOTE 3 OR IN Q 4? 0 {2} [37]

IF YES: CONTINUE
IF NO: GO TO Q 10

a: IF A * RESPONSE WAS CODED IN NOTE 3 AND Q 4, ONLY READ BACK ENDORSEMENT FOR NOTE 3 IN Q 5, Q 21, AND Q 23

5. Now I'd like to ask you some questions about the time [[he/she] weighed the least in the last year/you or other people worried that [he/she] was too thin].
- Even though [[he/she] only weighed [NAME LOWEST WEIGHT]/you or other people worried [he/she] was too thin], did [he/she] say [he/she] was worried about being fat or becoming fat? 0 2 7 9 [38]
- IF YES, A.** Was there a time when [he/she] said [he/she] was worried nearly every day about being fat or becoming fat? 0 2 7 9 [39]
- IF YES, B.** Did [he/she] say [he/she] sometimes worried about it so much that it was difficult for [him/her] to think about other things? 0 2 7 9 [40]
- C. Did [he/she] say that worrying about being fat or becoming fat made [him/her] try to keep [his/her] weight down? 0 2 7 9 [41]
- D. Now, what about the last four weeks? 0 2 7 9 [42]
 (*Since [[NAME EVENT]//the beginning of/the middle of/the end of [LAST MONTH]]*), has [he/she] been worried about being fat or becoming fat?
6. When [he/she] weighed the least in the last year, did [he/she] say [he/she] was overweight? 0 2 7 9 [43]
- IF NO, A.** Did [he/she] say [he/she] was too thin? 0 2 7 9 [44]
7. Does [he/she] say [he/she] is overweight now? 0 2 7 9 [45]
- IF NO, A.** Does [he/she] say [he/she] is too thin? 0 2 7 9 [46]
8. When [he/she] weighed the least in the last year, did _____ say that [his/her] low weight could cause any health problems for [him/her]? 0 2 7 9 [47]

9. Does [he/she] say that what [he/she] weighs now could cause any health problems for [him/her]? 0 2 7 9 [48]
10. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), has it seemed like [he/she] often felt bad about [himself/herself] because [he/she] thought [he/she] was fat or overweight? 0 2 7 9 [49]
- IF YES, A.** Did [he/she] say that losing weight would be the most important thing [he/she] could do to feel better about [himself/herself]? 0 [2] 7 9 [50]



IF A { } RESPONSE CODED IN NOTE 4, ASK:

- B.** Did [he/she] say [he/she] felt that way at the same time that [he/she] was at [his/her] thinnest in the last year? 0 <2> 7 9 [51]

- C.** Now, what about the last four weeks? 0 2 7 9 [52]
(Since [[NAME EVENT]]/the beginning of/the middle of/the end of [LAST MONTH]), has it seemed like [he/she] often felt bad about [himself/herself] because [he/she] thought [he/she] was fat or overweight?

11. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), has [he/she] said that there have been times when [he/she] thought about food or about eating almost all of the time? 0 2 7 9 [53]

- IF YES, A.** When this happened, did [he/she] say that it was difficult for [him/her] to think about other things? 0 2 7 9 [54]

- IF YES, B.** Now, what about the last four weeks? 0 2 7 9 [55]
(Since [[NAME EVENT]]/the beginning of/the middle of/the end of [LAST MONTH]), has [he/she] said there have been times when [he/she] thought about food or about eating almost all of the time?

12. Now I am going to ask you about eating binges. An eating binge is when someone stuffs themselves with a whole lot of food in a short time – like several whole pizzas or a whole chocolate cake or several containers of ice cream – and they don't seem to be able to control how much they eat.

In the last year – that is, since [NAME CURRENT MONTH] of last year – has _____ had an eating binge like that? 0 2 7 9 [56]

IF YES, A. During an eating binge, did [he/she] eat a lot more than most [boys/girls] [his/her] age would have for a meal? 0 2 7 9 [57]

IF NO, GO TO INSTRUCTION BOX “b”

B. Did [he/she] eat this food in a very short time – say, in less than two hours? 0 2 7 9 [58]

IF NO, GO TO INSTRUCTION BOX “b”

C. Did [he/she] say that [he/she] wasn't able to stop [himself/herself] from eating too much when [he/she] was on an eating binge? 0 1 2 7 9 [59]

D. In the last year, has there been a time when [he/she] had an eating binge at least twice a week? 0 2π 7 9 [60]

IF YES, E. Did [he/she] have eating binges at least twice a week for as long as three months? 0 [2] 7 9 [61]

IF YES, F. Now, what about the last four weeks?
(Since [[NAME EVENT]]//the beginning of/the middle of/the end of [LAST MONTH]), has [he/she] had several eating binges? 0 2 7 9 [62]

b: IF { } WAS CODED IN NOTE 4 OR A π RESPONSE WAS CODED IN Q 12D, CONTINUE

ALL OTHERS, GO TO INSTRUCTION BOX “d,” P. 9

13. Now, I'm going to ask you about things people sometimes do to lose weight or keep their weight down.

In the last year (*that is, since [NAME CURRENT MONTH] of last year*), has [he/she] often refused to eat foods that [he/she] said would make [him/her] fat? 0 2 7 9 [63]

IF YES, A. Did [he/she] refuse to eat fattening foods on most days for at least three months? 0 2 7 9 [64]

.....
IF A { } RESPONSE WAS CODED IN NOTE 4, ASK:

B. Did [he/she] refuse to eat fattening foods at the same time that [he/she] was at [his/her] thinnest in the last year? 0 <2> 7 9 [65]

C. Now, what about the last four weeks?
 (*Since [[NAME EVENT]//the beginning of/the middle of/the end of [LAST MONTH]]*), has [he/she] often refused to eat foods that [he/she] said were fattening? 0 2 7 9 [66]

14. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), has [he/she] made [himself/herself] throw up? 0 2 7 9 [67]

IF YES, A. Has [he/she] made [himself/herself] throw up to lose weight or to keep from gaining weight? 0 2 7 9 [68]

IF YES, B. In the last year, was there a time when [he/she] made [himself/herself] throw up at least twice a week? 0 (2) 7 9 [69]

IF YES, C. Did [he/she] make [himself/herself] throw up at least twice a week for as long as three months? 0 2Δ 7 9 [70]

.....
IF A { } RESPONSE WAS CODED IN NOTE 4, ASK:

D. Did [he/she] make [himself/herself] throw up at the same time that [he/she] was [his/her] thinnest in the last year? 0 <2> [71]

E. Now, what about the last four weeks?
 (*Since [[NAME EVENT]//the beginning of/the middle of/the end of [LAST MONTH]]*), has [he/she] often made [himself/herself] throw up? 0 2 7 9 [72]

START NEW CARD DUP COL 1 - 12	
CARD NO. <u>0</u> <u>2</u> [13 - 14]	[15]
	b

15. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), has [he/she] taken any kind of pills or medicines to lose weight or to keep from gaining weight? 0 2 7 9 [16]

IF YES, A. What did [he/she] take?

_____ |_____| [17-18]

B. In the last year, was there a time when [he/she] took medicine to lose weight or to keep from gaining weight at least twice a week? 0 (2) 7 9 [19]

IF YES, C. Did [he/she] take the medication at least twice a week for as long as three months? 0 2Δ 7 9 [20]

.....
 ● **IF A { } RESPONSE TO NOTE 4, ASK:** ●
 ● D. Did [he/she] take medicine to lose weight or to keep from gaining weight at the same time that [[he/she] was [his/her] thinnest in the last year? 0 <2> 7 9 [21] ●
 ●

E. Now, what about the last four weeks? 0 2 7 9 [22]
 (*Since [[NAME EVENT]/the beginning of/the middle of/the end of [LAST MONTH]]*), has [he/she] often taken any kind of pills or medicines to lose weight or to keep from gaining weight?

17. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), has [he/she] eaten no food at all for at least a full 24 hours? 0 2 7 9 [32]
- IF YES, A.** Did [he/she] say [he/she] did that to lose weight or to keep from gaining weight? 0 2 7 9 [33]
- IF YES, B.** Was there a time when [he/she] would eat no food at all at least two days a week? 0 (2) 7 9 [34]
- IF YES, C.** Did [he/she] eat no food at all about two days a week for as long as three months? 0 2Δ 7 9 [35]

.....

• **IF A { } RESPONSE TO NOTE 4 ASK:**

• D. Did [he/she] refuse to eat food like this at the same time that [he/she] was at [his/her] thinnest in the last year? 0 <2> 7 9 [36]

•

E. Now, what about the last four weeks? (Since [[NAME EVENT]//the beginning of/the middle of/the end of [LAST MONTH]], has [he/she] often eaten no food for a full 24 hours? 0 2 7 9 [37]

18. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), did [he/she] spend a lot of time exercising to lose weight or keep from gaining weight? 0 2 7 9 [38]
- IF YES, A.** Has [he/she] spent so much time exercising that it got in the way of doing other things? 0 2 7 9 [39]
- IF YES, B.** Was there a time when [he/she] spent so much time exercising that it got in the way of doing other things at least two days a week? 0 (2) 7 9 [40]
- IF YES, C.** Did [he/she] exercise like this for as long as three months? 0 2Δ 7 9 [41]

.....

• **IF A { } RESPONSE TO NOTE 4 ASK:**

• D. Did [he/she] spend a lot of time exercising like this at the same time that [he/she] was [his/her] thinnest in the last year? 0 <2> 7 9 [42]

•

E. Now, what about the last four weeks? (Since [[NAME EVENT]//the beginning of/the middle of/the end of [LAST MONTH]], has [he/she] spent so much time exercising that it often got in the way of doing other things? 0 2 7 9 [43]

NOTE 5: WERE ANY Δ RESPONSES CODED IN Q 14 - 18?	0	[2]	[44]
IF YES: GO TO INSTRUCTION BOX “d”			
IF NO: CONTINUE			

c: IF ANY () RESPONSES WERE CODED IN Q 14 - 18, CONTINUE
ALL OTHERS GO TO INSTRUCTION BOX “d”

19. You told me that [he/she] [NAME () RESPONSES IN Q 14 - 18].

In the last year, did [he/she] do things like this for at least three months? 0 [2] 7 9 [45]

d: IF CHILD IS A BOY, CODE “8” IN Q 20 AND GO TO INSTRUCTION BOX “e”
ALL OTHERS, CONTINUE

20. Has _____ started to menstruate – that is, has she started to have monthly periods?	0	2	7	8	9	[46]
IF YES, A. Has she ever had regular menstrual periods? By regular, I mean every month for at least six months.	0	2	7		9	[47]
IF YES, B. Did she start to have regular monthly periods more than a year ago?	0	2	7		9	[48]
IF NO, GO TO INSTRUCTION BOX “e”						
C. In the last year, did she miss as many as three monthly periods in a row?	0	2	7		9	[49]
IF NO, GO TO F						
IF YES, D. When she missed her periods, was she her thinnest?	0	2	7		9	[50]
E. Has she had a menstrual period in the last three months?	0	2	7		9	[51]
GO TO INSTRUCTION BOX “e”						
F. Does she take the birth control pill?	0	2	7		9	[52]
IF YES, G. Has she taken it almost every month in the last year?	0	2	7		9	[53]
IF NO, H. During the months when she wasn't taking the pill, did she have her menstrual period?	0	2	7		9	[54]
IF NO, I. When she missed her periods, was she very thin?	0	2	7		9	[55]

e: IF { } WAS CODED IN NOTE 4 AND ONE OR MORE <> RESPONSES WERE CODED IN Q 10 - 18 (see tally sheet), GO TO Q 21

ALL OTHERS GO TO INSTRUCTION BOX “f”

f: IF 2 OR MORE [] RESPONSES CODED IN Q 10 - 19 AND NOTE 5, GO TO Q 22

ALL OTHERS, GO TO ELIM, P. 17

21. You said that in the last year [[he/she] was thin/you or other people worried that [he/she] was too thin] and also that [he/she] [NAME < > SYMPTOMS IN Q 10 - 18].

How old was [he/she] the first time [he/she] was like that?

CODE AGE (66 = WHOLE LIFE, ALWAYS) -----> |___| YRS. [56-57]

IF AGE NOT KNOWN, ASK: What grade was [he/she] in?
 CODE GRADE (44 = PRE-K, 55 = KINDERGARTEN) -----> |___| GRADE [58-59]

g: IF [AGE/GRADE] GIVEN WAS CHILD'S CURRENT [AGE/GRADE], GO TO INSTRUCTION BOX "i"

IF [AGE/GRADE] GIVEN WAS CHILD'S CURRENT [AGE/GRADE] MINUS ONE, GO TO A

ALL OTHERS, GO TO B

A. Was that more than a year ago – that is, before [[NAME EVENT]/[NAME CURRENT MONTH] of last year]? 0 2 7 9 [60]

IF NO, GO TO INSTRUCTION BOX "i"

B. Since that first time, was there ever a time when [[he/she] was not thin/you or other people did not worry that [he/she] was too thin] and [he/she] stopped [NAME < > SYMPTOMS IN Q 10 - 18]? 0 2 7 9 [61]

IF NO, GO TO INSTRUCTION BOX "i"

C. Did that time when [[he/she] wasn't thin/you or other people didn't worry about [him/her] being too thin] last for two months or more? 0 2 7 9 [62]

IF NO, GO TO INSTRUCTION BOX "i"

D. You said that [[he/she] was thin/you or other people worried that [he/she] was too thin] and [he/she] [NAME < > SYMPTOMS IN Q 10 - 18] in the last year.

How old was [he/she] when [he/she] started being this way this time?

CODE AGE (88 = NEVER STARTED AGAIN)-----> |___| YRS. [63-64]

IF AGE NOT KNOWN, ASK: What grade was [he/she] in?
 CODE GRADE (44 = PRE-K, 55 = KINDERGARTEN, 88 = NEVER STARTED AGAIN) -----> |___| GRADE [65-66]

h: IF [AGE/GRADE] GIVEN WAS CHILD'S CURRENT [AGE/GRADE] MINUS ONE, GO TO E

ALL OTHERS, GO TO INSTRUCTION BOX "i"

E. Did [he/she] start being that way again more than a year ago – that is, before [[NAME EVENT]/[NAME CURRENT MONTH] of last year]? 0 2 7 9 [67]

E. Did [he/she] start doing these things again more than a year ago – that is, before [[NAME EVENT]/[NAME CURRENT MONTH] of last year]?

0 2 7 9 [27]

1: IF Q 21 WAS ASKED, READ ITALICIZED PHRASE IN Q 23 BELOW WITH APPROPRIATE READBACK

23. You said that in the last year (*[he/she] was thin/you or other people worried that [he/she] was too thin*) and also that) [he/she] [NAME < > AND [] SYMPTOMS IN Q 10 - 19 AND NOTE 5].

Now I'd like you to think back to the time in the last year when [his/her] doing things to keep from gaining weight caused the most problems.

At that time, did [you (or [his/her] [CARETAKERS])/[his/her] [CARETAKERS]] get annoyed or upset with _____ because of the things [he/she] did to keep from gaining weight?

0 1 2 7 9 [28]

IF YES, A. How often did [you (or [his/her] [CARETAKERS])/[his/her] [CARETAKERS]] get annoyed or upset with [him/her]? Would you say: a lot of the time, some of the time, or hardly ever?

- A lot of the time 3 [29]
- Some of the time 2
- Hardly ever 1
- Refuse to answer 7
- Don't know 9

24. At that time, did _____'s doing things so [he/she] wouldn't gain weight keep [him/her] from doing things or going places with [you or [his/her] family/[his/her] family]?

0 1 2 7 9 [30]

IF YES, A. How often did this keep [him/her] from doing things or going places with [you or [his/her] family/[his/her] family]? Would you say: a lot of the time, some of the time, or hardly ever?

- A lot of the time 3 [31]
- Some of the time 2
- Hardly ever 1
- Refuse to answer 7
- Don't know 9

25. At that time, did _____'s eating or doing things so [he/she] wouldn't gain weight keep [him/her] from doing things or going places with other [children/people [his/her] age]?

0 1 2 7 9 [32]

IF YES, A. How often did the way [he/she] ate keep [him/her] from doing things or going places with other [children/people [his/her] age]? Would you say: a lot of the time, some of the time, or hardly ever?

- A lot of the time 3 [33]
- Some of the time 2
- Hardly ever 1
- Refuse to answer 7
- Don't know 9

m: IF CHILD DID NOT ATTEND SCHOOL OR WORK IN PAST YEAR, CODE "8" IN Q 26 - 27, THEN GO TO Q 28

26. When the problems were worst, did [his/her] doing things to keep from gaining weight [make it difficult for [him/her] to do [his/her] schoolwork or cause problems with [his/her] grades/make it difficult for [him/her] to do [his/her] work]? 0 1 2 7 8 9 [34]

IF YES, A. How bad were the problems [he/she] had with [his/her] [schoolwork/work] because of the way [he/she] ate? Would you say: very bad, bad, or not too bad?

- Very bad 3 [35]
- Bad 2
- Not too bad 1
- Refuse to answer 7
- Don't know 9

27. At that time, did [his/her] doing things to keep from gaining weight cause _____'s [teachers/boss] to be annoyed or upset with [him/her]? 0 1 2 7 8 9 [36]

IF YES, A. How often did [his/her] [teachers/boss] seem annoyed or upset with [him/her]? Would you say: a lot of the time, some of the time, or hardly ever?

- A lot of the time 3 [37]
- Some of the time 2
- Hardly ever 1
- Refuse to answer 7
- Don't know 9

28. When the problems were worst, did it seem like the things [he/she] did to keep from gaining weight made [him/her] feel bad or made [him/her] feel upset? 0 1 2 7 9 [38]

IF YES, A. How bad did [his/her] doing these things seem to make [him/her] feel? Would you say: very bad, bad, or not too bad?

- Very bad 3 [39]
- Bad 2
- Not too bad 1
- Refuse to answer 7
- Don't know 9

29. In the last year – that is, since [NAME CURRENT MONTH] of last year – has _____ been to see someone at a hospital or a clinic or at their office because [he/she] [NAME < > AND [] SYMPTOMS IN Q 10 - 19 AND NOTE 5]? 0 2 7 9 [40]

IF YES, GO TO OPTIONAL DETAILS, NEXT PAGE

IF NO, A. Does [he/she] have an appointment set up to see someone because [he/she] does [this/these things]? 0 2 7 9 [41]

IF YES, GO TO OPTIONAL DETAILS, NEXT PAGE

OPTIONAL DETAILS:

30. Who [did _____ see/is _____ going to see]? (**WRITE IN:**)

Name: _____ | _____ | [42-43]

Profession: _____

Address: _____

A. IF SOMEONE WAS SEEN, ASK:

What did the person [he/she] saw say was the matter?

_____ | _____ | [44-45]

n: IF CHILD IS AGE 7 OR OLDER, CONTINUE

ALL OTHERS, GO TO ELIM, P. 17

Whole Life Screen

31. You told me that in the last year [he/she] [NAME < > AND [] SYMPTOMS IN Q 10 - 19 AND NOTE 5].

Now I want you to think back to before the last year ... since the time [he/she] turned five years old up until the last twelve months.
(*INTERVIEWER: point out age five on whole life chart.*)

Since [he/she] turned five years old, was there ever a time when you or other people were more worried about _____'s weight or about things [he/she] was doing to keep from gaining weight than the last year? 0 2 7 9 [46]

IF YES, A. How old was [he/she] when you or other people were most worried about this?

(*INTERVIEWER: IF MORE THAN ONE YEAR IS REPORTED, ASK: "During which single year of age was [he/she] the worst?" IF MORE THAN ONE YEAR STILL REPORTED, ENTER YOUNGEST AGE.*)

CODE AGE -----> | _____ | [47-48]

IF AGE NOT KNOWN, ASK: What grade was [he/she] in?

CODE GRADE -----> | _____ | [49-50]

(**44 = PRE-K, 55 = KINDERGARTEN, 13 = COLLEGE FRESHMAN, 14 = SOPHOMORE, 15 = JUNIOR, 16 = SENIOR, 17 = POST B.A.**)

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