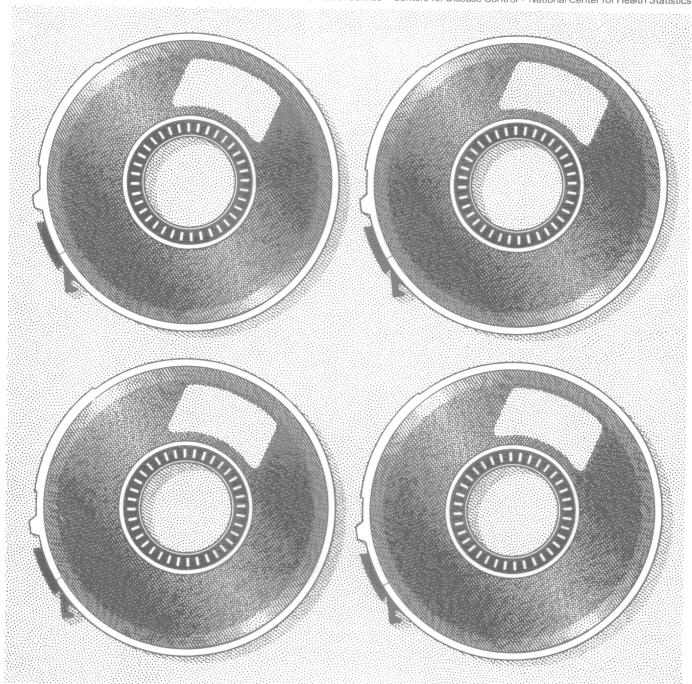
# Public Use Data Tape FILE COPY Documentation



Anthropometric Tape Number 5301

National Health and Nutrition Examination Survey, 1976-1980

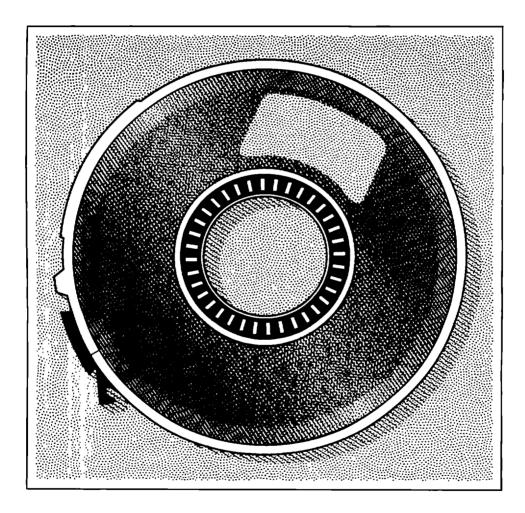
U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES • Public Health Service • Centers for Disease Control • National Center for Health Statistics



# **Public Use Data Tape Documentation**

Anthropometric Tape Number 5301

National Health and Nutrition Examination Survey, 1976-1980



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES Public Health Service Centers for Disease Control National Center for Health Statistics

Hyattsville, Maryland June 1984 Ine micro-data tapes for all examination components will be released as soon as the data has been validated and documented. It is anticipated at this time that release will occur sequentially from July 1981-December 1982. NHANES II data tapes will be available for purchase from:

National Technical Information Service (NTIS)
5285 Port Royal Road
Springfield, Virginia 22161
(703) 487-4763

A current listing of NCHS data tapes available for purchase from NTIS is available from:

Scientific and Technical Information Branch
National Center for Health Statistics
Center Building, Room 1-57
3700 East-West Highway
Hyattsville, Maryland 20782
(301) 436-8500

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#### I. BACKGROUND

## A. National Health and Nutrition Examination Survey, NHANES II, 1976-1980

Description of Survey: A detailed description of the design, content, questionnaires, and operation of NHANES II is provided in the following report: Plan and Operation of the Second Health and Nutrition Examination Survey, 1976-1980, DHHS Pub. No. (PHS) 81-1317 Series 1, No. 15, Public Health Service, Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402. The stock number is 017-022-00752-5 and the cost is \$5.50. One copy is provided with the documentation herein, and a general summary of the data collection techniques and content is given in Appendix A.

Target Population: NHANES II was conducted on a nationwide probability sample of approximately 28,000 persons, ages 6 months-74 years, from the civilian, noninstitutionalized population of the United States. The survey started in February 1976 and was completed in February 1980. The NHANES II sample was selected so that certain population groups thought to be at high risk of malnutrition (persons with low incomes, preschool children and the elderly) were oversampled. Adjusted sampling weights were then computed for 76 age, sex, and race categories in order to inflate the sample in such a manner as to closely reflect the estimated civilian noninstitutionalized U.S. population ages 6 months-74 years at the midpoint of the survey (March 1, 1978).

#### B. Use of NHANES Data

NCHS requests the cooperation of recipients of data tapes in certain actions related to their use:

- Any publication based on the data should acknowledge the National Center for Health Statistics (NCHS) as the original source. It should include a disclaimer which credits the authors for any analyses, interpretations, or conclusions, and not NCHS, which is responsible only for the data.
- 2. Consumers who wish to publish a technical description of the data should make a reasonable effort to insure that the description is not inconsistent with that published by NCHS. This does not mean, however, that NCHS will review such descriptions.
- 3. The National Center for Health Statistics would appreciate receiving reprints of journal articles or other publications based upon findings from the NHANES II survey. Please forward copies to:

Division of Health Examination Statistics
National Center for Health Statistics
Center Building, Room 2-58,
3700 East-West Highway
Hyattsville, Maryland 20782

## C. Editing of the Data Sets

The data users' tapes have been subjected to a great deal of careful editing. Some of the continuous data items have extremely high or low values and it has been verified that they do in fact appear that way on the original interview documents; that is, it has been verified that the values have not been incorrectly keyed. Within each data tape numerous consistency checks have been performed. However, due to the large volume of data collected in the survey, it is likely that a small number of errors or discrepancies remain undetected. The Division of Health Examination Statistics, NCHS would appreciate if any such errors are detected that they be brought to our attention so that errata sheets can be issued to previous purchasers and corrections made if new data tapes are created.

## D. Use of Sample Weights

NHANES II uses a multistage sample designed to represent the civilian noninstitutionalized population of the United States, 6 months-74 years of age. Since the sample is not a simple random one, it is necessary to incorporate the person's sample weight for proper analysis of the data. The sample weight is a composite of the individual selection probability, adjustments for nonresponse, and poststratification adjustments.

NHANES II provides information on 20,322 interviewed and examined individuals. In addition to the general examination components, several more detailed examinations were performed on subsamples of the population. Therefore, instead of there being one sample weight per person, there are several sample weights for each person. If a person was not selected for a particular subsample, their associated subsample weight is zero. When analyzing the special subsamples, the analyst must be careful to select the appropriate sampling weight from the weights found in tape locations 282-317. For a more complete description of how the sample weights are calculated, see the detailed note section of this documentation.

## E. Sample Design, Variance Estimation, and Hypothesis Testing

The data collected in the Second National Health and Nutrition Examination Survey (NHANES II) were obtained through a complex sample design involving both clustering and stratification. Because of the complex design and the ratio adjustments applied to the sample weights (see previous section on use of sample weights), the direct application of standard statistical analysis methods for variance estimation and hypothesis testing may be very misleading. The modification of statistical analysis procedures to incorporate the effects of complex survey designs is an important area of research; however, the current methodologies appropriate for the analysis of data from such surveys have not been made readily available in the standard packaged statistical software.

There are computer programs available which do provide the capability of variance estimation for complex sample designs. The balanced repeated replication approach <sup>1</sup> is utilized in REPERR-APSALMS-OSIRIS.IV <sup>2</sup> to calculate the variance-covariance matrix. SESUDAAN, SURREGR <sup>3</sup> and SUPERCARP <sup>4</sup> are programs that calculate the variance-covariance matrix using the linearization approach <sup>5</sup> (Taylor series expansion).

In order to provide the user with the capability of estimating the complex sample variances in the NHANES II data using the above

procedures, we have provided Strata and Pseudo Primary Sampling Unit (PSU) codes on all data tapes in positions 324-326. These variables and the sample weights are necessary for the calculation of variances.

Even though the overall number of examined persons in this survey is quite large for statistical inference purposes, subclass analyses can lead to estimaters that are unstable, particularly estimates of variances. Consequently, analyses of subclasses require that the user pay particular attention to the coefficient of variation for the estimates of means, proportions and totals. In addition, small sample sizes, or a small number of PSU's used in the variance calculations may produce unstable estimates of the variances using the above computer programs.

An NCHS Series 2 publication discussing these issues is in publication. 6

#### REFERENCES

- National Center for Health Statistics: Replication An Approach to the Analysis of Data from Complex Surveys by P.J. McCarthy. <u>Vital and</u> <u>Health Statistics</u> Series 2-No. 14. DHEW Pub. No. (PHS) 79-1269. Public Health Service. Washington, D.C. U.S. Government Printing Office, 1966.
- Survey Research Center Computer Support Group, OSIRIS IV User's Manual, Institute for Social Research, 1979.
- <sup>3</sup> Holt, M.M.: SURREGR: Standard errors of regression coefficients from sample survey data. (unpublished) Research Triangle Institute, NC, 1977.
- <sup>4</sup> Hidiruglou, M.A., Fuller, W.A., Hickman, R.D.: (SUPERCARP) Survey Section, Statistical Laboratory, Iowa State University. Ames, Iowa. Sixth Edition. October 1980.
- <sup>5</sup> Woodruff, R.S.: A simple method for approximating the variance of a complicated estimate. <u>JASA</u> 66:411-414, 1971.
- Methodology for the Analysis of Data from a Complex Survey: NHANES I by J.R. Landis, J.H. Lepkowski, S.A. Stehouwer, and S.A. Eklund. <u>Vital</u> and <u>Health Statistics</u>, Series 2. (In publication)

### II. GENERAL NOTES

#### Anthropometric Data Tape

## A. Demographic Information

An advance letter, announcing the forthcoming arrival of an interviewer from the U.S. Bureau of the Census, was mailed to each household that fell into the NHANES II probability sample. The interviewer subsequently visited the household to ascertain its composition and to administer a questionnaire, the primary purpose of which was to obtain demographic information. The questionnaire was administered to each potential sample person in each household that was available and competent enough to respond to questions. In the event that a potential sample person was not at home at the time of interview, any responsible adult in the household was asked to respond to the questions for the absent person.

B. Anthropometry: In the mobile examination center, two health technicans obtained measurements of height and weight and a series of body and skinfold measurements for all examinees. See Appendix B for a description of procedures and instructions for body measurements from the NHANES II examination staff procedures manual.

Anthropometry Data Editing: All anthropometric measurements obtained in the mobile examination center were compiled and keyed by the U.S. Bureau of the Census and sent to the Division of Health Examination Statistics on tape. The data were edited for completeness and accuracy and certain consistency and range edits were performed to check for unusual or problematic data. When a question of accuracy arose, reference was made to microfilm records of the original recording documents.

## III. TAPE CHARACTERISTICS AND DESCRIPTION

## A. Tape Characteristics

Title: Anthropometric Data Tape

Catalog Number: 5301

Data Set Name: HEHANES2.DU530102

Record Length: 500

Blocksize: 4000

Density: 1600 BPI

Number of Records: 20,322

Number of Reels : 1

Recording Mode : Fixed Block, EBCDIC

Channel : 9 Track

Created by : Division of Health Examination Statistics

National Center for Health Statistics

Hyattsville, Maryland

# B. <u>Index</u>

# Anthropometric Tape Summary

# Catalog Number 5301

# SECTION A - Demographic Data

- <del></del>	Toma Dagitions
•	Tape Positions
Sample Sequence Number	1-5
Catalog Number (5371-for Demographic Data only)	6-9
Data user work area	10
Size of place	11
SMSA-not SMSA	12
Data user work area	13-23
Type of living quarters	24
Land usage	25
If rural, asked does this place have 10 acres or more	
If 10 acres or more, asked if in the last 12 months d	
sales of farm produce and livestock amount to \$50 o	
more?	27
If 10 acres or more, asked to \$250 or more?	28
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Total number of persons in household	30-31
Total number of sample persons in household	32-33
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Date of birth-year	53-54
Sex	55
Race	56 57 50
In what state was he/she born?	57-58
Is he/she married, widowed, divorced, separated	Γ0
or never married?	59
Natural origin or ancestry	60-61
Education level	62-63
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What was he/she doing during most of the past 12 mont	
What was he/she doing?	66
Did he/she work at a job or business at any time	67
during the past three months?	68
Did he/she work full or part-time when working?	06

	Tape Positions
Was he/she working within last two weeks not	
counting work around the house?	69
Even though he/she did not work, does he/she have	
a job or business?	70
Was he/she looking for work or on layoff from a job?	71
Which looking for work or on layoff from a job?	72
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What kind of work was he/she doing?	76-78
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Household Data	
How many rooms are in this? Count the kitchen,	
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How many bedrooms are in this?	92
Ask only of unrelated household members. Do you have	
complete kitchen facilities in your living quarters,	
that is a kitchen sink with piped water, a refrigerat	
and a range or cookstove?	93
Do you have access to complete kitchen facilities in	0.4
this house?	94
Do you have access to a range or cookstove?	95 06
Do you have access to a refrigerator	96 97
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Is there piped water in this house (these living quarters)?	98
Is there both hot and cold water?	99
Are these kitchen facilities used by anyone not	33
living in this household?	100
What is the main type of heating system you have?	101-102
Do you have air conditioning?	103
How many motor vehicles are owned or regularly used	
for transportation by members of your family?	104
Is any language other than English spoken by family	
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What language?	106
Which of these income groups represents your total	
combined family income for the past 12 months?	107-108

	Tape Positions
During the past 12 months, how much money did	
you and all members of your family receive in	
wages or salaries before deductions (under \$7,000	
only)?	109-112
Social security or railroad retirement?	113
Data user work area	114
If yes, how much?	115-118
Welfare payments or other public assistance?	119
Data user work area	120
If yes, how much?	121-124
Unemployment compensation or workmen's compensation?	125
Data user work area	126
If yes, how much?	127-130
Government employee pension or private pensions?	131
Data user work area	132
If yes, how much?	133-136
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Data user work area	138
If yes, how much?	139-142
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persons not in household?	161
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If yes, how much?	169-172
Total amount	173-176
Check Item B	173-170
Are you certified to participate in the food	1//
stamp program?	178
Are you buying food stamps now?	176 179
What is the main reason you are not participating	1/9
in the program?	100
Are you certified for commodity distribution program?	180
the year contribution for commontely distribution bloggem;	181

	Tape Positions
Are you receiving commodity foods now for your family? Why aren't you participating in the program? Date of exam Age in years (at examination) Data user work area Race-sex recode for sample persons Farm, nonfarm recode for sample person Interview status Region Poverty index Data user work area	182 183 184-189 190-191 192-205 206 207 208 209 210-212 213-246
Head of Household Data	
Age in years Data user work area Date of birth-month Date of birth-year Sex Race In what state was he/she born? Is he/she married, widowed, divorced, separated or never married? Natural origin or ancestry?	247-248 249-250 251-252 253-254 255 256 257-258
Education level Grade completed What was he/she doing most of the past 12 months? What was he/she doing? Did he/she work at job or business during past	262-263 264 265 266
three months? Did he/she work full or part-time when working? Did he/she work at any time the last two weeks not counting work around the house? Even though he/she did not work, does he/she	267 268 269
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When did he/she serve?	281
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Examined final weight	282-287
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weight	294-299
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Pseudo PSU code	326
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# Anthropometric Data

	Tape Positions
Catalog Number 5301 Examiner Number	351-354 355-356
Bitrochanteric Breadth	357-359
Imputation Code	360
Elbow Breadth	
Right side measurement Imputation Code (right side) Left side measurement	361-363 364 365-367
Upper Arm Girth	
Right side measurement Imputation Code (right side) Left side measurement	368-370 371 372-374
Chest Circumference	
Erect (ages 2-7 years only) Supine (age 3 years and under)	375-377 378-380
Head Circumference	381-383
Triceps Skinfold	
Right side measurement Imputation Code (right side) Left side measurement	384-386 387 388-390
Subscapular Skinfold	
Right side measurement Imputation Code (right side) Left side measurement	391-393 394 395-397
Sitting Height	398-401
Imputation Code	402
Crown Rump	403-405
Is examinee right or left handed?	406

		Tape Positions
	Weight	
In pounds In kilograms Imputation Code		407-411 412-416 417
	<u>Height</u>	
In centimeters In inches Imputation Code		418-421 422-424 425
	Recumbent Length	426-429

## C. Tape Description

### Demographic Data

## Use of Special Terms

The term "data user work area" refers to blank areas in the data tape which are reserved for the user as needed.

The term "blank, but applicable", is used to indicate a data item that was to have a response for a sample person but none was given. The terms "blank" and "Not applicable" refer to data items where the sample person was not supposed to respond to the question or receive the examination component.

To more fully understand the questionnaire skip patterns and the categorizations used, see the Plan and Operation of the Second National Health and Nutrition Examination Survey document included with this documentation. All the questionnaires are included in this document.

# NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY - NHANES II CEMCGRAPHIC DATA TAPE

	CONTROL COUNTS
P.OC1-GO5 SAMPLE SEQUENCE NUMBER CCOC1-27796	         20,322
P.OCE-009 CATALOG NUMBER 5371	         20,322
P.010 DATA USER WORK AREA	 
P.C11 (SEE DETAILED NOTES) SIZE CF FLACE	<u>.</u> !
1-UFBANIZEC AREA WITH 3,00C,000 OR MORE	2,502   2,564   1,502   555   922   1,556
P.012 (SEE DETAILED NOTES) SYSA-NOT SYSA	 
1-IN SMSA, IN CENTRAL CITY	   5,709   5,620   8,993
P.013-023 CATA USER WORK AREA	! ! !
P.C24 G7 TYPE OF LIVING QUARTERS	 
1-FOUSING UNIT	

# NATIONAL HEALTH AND NUTFITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAPE-Continued

TAFE POSITION(S) ITEM DESCRIPTION AND CODES	CONTROL COUNTS
en. 4 - 4 - 4 - 6 - 5 - 5 - 5 - 5 - 5 - 5 - 5 - 5 - 5	     
P.C25 G5 LANC USAGE	 
1-UFEAN	
P.C26 G11A IF RURAL, ASKED DOES THIS PLACE HAVE 10 ACRES OR MORE?	     
1-YES	
S-NOT AFFLICAELE	12,969
P.C27 G118	! !
IF 10 ACRES OR MCRE, ASKED IF IN THE LAST 12 MONTHS CID SALES OF FARM FRODUCE AND LIVESTOCK AMOUNT TO \$50 OR MORE?	! !
1-YES	
S-NOT AFFLICABLE	
P. C28 G11C	
IF LESS THAN 10 ACRES, ASKED IF IN THE LAST 12 MONTHS DID SALES OF FARM FRODUCE AND LIVESTOCK AMOUNT TO \$250.OR MORE?	
1-YES	150 5,614
S-NOT AFFLICAELE	
P.C25 DATA USER WORK AREA	
P.030-031 Total Number of Persons in Household	
C1-15 AS GIVEN	20•322
11 10 70 0112	

# NATIONAL HEALTH AND NUTFITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAPE-Continued

TAFE POSITION(S) ITEM DESCRIPTION AND CODES	CONTRCL COUNTS
P.G32-033 TCTAL NUMBER OF SAMPLE PERSONS IN FAMILY C1-C6 AS GIVEN	         20,322
P.C34 DATA USER WORK AREA	
P.CZE FAMILY RELATIONSHIP	
1-HEAD (NE PERSON LIVING #LONE OR WITH NON-RELATIVES 2-HEAD 2 OR MORÉ RELATED PERSONS IN FAMILY	4,969 3,869
P.CJE Examination status	
1-EXAMIREC	20 <b>,</b> 322
P.037-041 FAMILY UNIT SEQUENCE NUMBER(SEE CETAILED NOTES)  CC001-2105C, AS GIVEN	     20,322
P.042-044 CATA USER WORK AREA	
P.045-046 QZ AGE-MONTFS(AT INTERVIEW)	
CE-11 MCNTHS	356 19,966

## NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAPE-Continued

TAFE POSITION(S) ITEM DESCRIPTION AND CODES	CONTROL COUNTS
	1    -
P.047-048 Q3 AGE-YEARS(AT INTERVIEW)	] [ 
CC, IF LESS THAN 12 MCNTHS	19,566 356
P.645-050 CATA USER WORK AREA	
P.C51-C52 G2 CATE-OF-BIRTH-MONTH	
01-12 MCNT+	20,322
P.CE3-054 CATE-OF-EIRTH-YEAR	
C1-79 YEAR	20,322
R.CES Q4 Sex	
1-MALE	9,583 10,339
P.CEE GE(SEE DETAILED NOTES) RJCE	
1-WHITE	
	, <b>प्</b> टम्   
P.CS7-C58 Q6 (SEE CETAILED NOTES) IN WHAT STATE WAS HE/SHE BORN	
01-97	20,086 236

# NATIONAL HEALTH AND NUTFITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAFE-Continued

TIFE POSITION(S) ITEM DESCRIPTION AND CODES	  CONTRCL
	I COUNTS
	1
	i
P.(55 G7	İ
IS HE/SHE MARRIED, WIDOWED, DIVORCED, SEPARATED OR NEVER	1
##RRIED	•
	!
1-UNCER 17	7,511
2-MARR IEC	8,156
3-k ICO #EC	1,151 1 658
4-CIVORCED	l 332
E-NEVER MARRIED	2,437
E-ELANK, BLT APPLICABLE	37
(-CLPAR) DUI APPLICACEDO CONTRA CONTR	,
	i
P-060-061 C8	Ī
NATURAL CRIGIN OR ANCESTRY	İ
	l
C1-COUNTRIES OF CENTRAL OR SOUTH AMERICA	121
C2-CHICANO	43
C3-CUBAN	95
C4-FEXICAN	258
CE-MEXICANO	[ 82
CE-MEXICAN-AMERICAN	419   192
C7-FUERTC RICAN	, 192 l 100
CS-CTHER ELROPEAN, SUCH AS GERMAN, FRENCH, ENGLISH, IRISH	14,221
10-ELACK, NEGRO CR AFRO-AMERICAN	2.662
11-AMERICAN INCIAN OR ALASKAN NATIVE	1 270
12-ASIAN OR PACIFIC ISLANDER SUCH AS	
CHINESE, JAFANESE, KOREAN, PHILIPPINO, SAMOAN	382
13-ANOTHER GROLP NOT LISTED	1,69
8E-ELANK, EUT APPLICABLE	1 408
	ĺ
	Į.
P. CE2-063 G9A	ļ
FIGHEST ERADE OF SCHOOL ATTENDED	!
	4 354
CC-NONE (REGARCLESS OF AGE)	4,351
21-28-ELEMENTARY GRACES (1-8)	4,811   7,297
31-34-F16M SCMUUL (1-4)	
EE-ELANK, BUT APPLICABLE	
CC-CFWILL CAT ALLFTONEPERSONS SESSES SESSES SESSES SESSES SESSES SESSES	, 477

# NATIONAL HEALTH AND NUTFITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAPE-Continued

TAFE POSITION(S) ITEM DESCRIPTION AND CODES	CONTROL COUNTS
P.CE4 GSB GRADE CCMPLETED	
1-YES	5 • 471 285
P.CES G10A WHAT WAS HE/SHE COING DURING MOST OF THE PAST 12 MOS.?	! ! !
1-WORKING 2-KEEPING FOUSE 3-SGMETHING ELSE E-ELANK, BLT APPLICABLE BLANK	3,372 2,721 51
P.OGE G10B What was he/she coing?	
1-LAYOFF	1,175   966   61   96   98   225   51
P.CE7 QÍOC	17,550   
CIC HE/SHE WORK AT A JOB OR BUSINESS AT ANY TIME DURING THE PAST THREE MCNTHS?	1 
1-YES	4,998   51

# NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAPE-Continued

	·
TAFE POSITION(S) ITEM DESCRIPTION AND CODES	COUNTS
.CE8 G10C	1
CIC HE/SHE WORK FULL OR PART TIME WHEN WORKING?	1
1-FULL TIME	
2-FART TIME	
BLANK	12,50
.C69 G11A	
WAS HE/SHE WORKING WITHIN LAST TWO WEEKS NOT COUNTING WOR	K
AFOUND THE HOUSE?	1
1-YES	
2-NC	
BLANK	
	į
.070 G11E Even though he/sfe die not work does he/she have a joe or Eusiness?	 
1-YES	
2-NG	
ELANK.	
.C71 G11C	
.C71 G11C Was He/she looking for work or on layoff from a joe?	
1-YES	•  E
E-BLANK. BLT APPLICABLE	•
PLANK	
.072	Ì
WEICH LOCKING FOR WORK OR ON LAYOFF FROM A JOB?	ļ
1-L00KING	
2-LAYOFF	- •
E-ELANK, BUT APPLICABLE	• 1

# NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAPE-Continued

TAFE POSITION(S) ITEM DESCRIPTION AND CODES	1
	COUNTS
P.073-075 Q12B (SEE CETAILED NOTES) WHAT KINC OF INDUSTRY OR EUSINESS IS THIS?	<u> </u> 
C17-998 (LAST CIGIT 7,8,9)	
ELANK	
D 434 434 4465 DETAILED NATES	
P.076-078 Q12C (SEE DETAILED NOTES) WHAT KINC OF WORK WAS HE/SHE DOING?	!
GC1-992-CCCUPATION (LAST DIGIT 0-6)	
OOC-BLANK, BUT AFFLICABLE	
	!
P.075 G12E WAS HE/SHE IN PRIVATE COMPANY OR BUSINESS OR WORKING FOR INDIVIDUAL FOR WAGES, SALARY, OR COMMISSION?	1
1-FFIVATE	
2-A FEDERAL GOVT EMPLOYEE	443
4-A LOCAL EOVT EMPLOYEE	139
6-SELF-EMPLOYED (OR FARM)	
8-NEVER GORKED	38
ELANK	
P.060 Q13A	į
CID HE/SHE EVER SERVE IN THE ARMED FORCES OF THE U.S.?	į
1-YES	
2-NCBLT APPLICABLE	232
ELANK	7,511

# NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY - NHANES II CEMCGRAPHIC DATA TAPE-Continued

TAFE POSITION(S) ITEM DESCRIPTION AND CODES  C	COLNIS
P.CE1 G13E WHEN DIC HE/SHE SERVE?	
1-VIETNAM	283
3-WORLD WAR II	3
E-FCST VIETNAM	10
E-BLANK, BUT APPLICABLE	232
S-CO NOT KNOW	
P.GE2-090 CATA USER WORK AREA	
HOUSEHOLD CATA (P.091-212)	
P.CS1 G14A FOW MANY ROOMS ARE IN THIS? COUNT THE KITCHEN, EUT NOT	
THE BATH.	18•554
9-9 GR MCRE RCOMS	1,368
P.C92 Q14E HOW MANY BEDROOMS ARE IN THIS - ?	
C-7 BEDROOMS - MCRE THAN 7 BEDROOMS CCCED AS 7	20,322
P. 093 014C	
ASK ONLY OF UNRELATED HOUSEHOLD MEMBERS. DO YOU HAVE COMPLETE KITCHEN FACILITIES IN YOUR LIVING QUARTERS, THAT	
IS A KITCHEN SINK WITH PIPED WATER, A REFRIGERATOR AND A	
RANGE OF COOKSTOVE?	443
1-YES	143 198
ELANK	19,581

# NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAPE-Continued

	  CONTROL   COUNTS
P.094 G15A CC YOU HAVE ACCESS TO COMPLETE KITCHEN FACILITIES IN THIS HOUSE?	 
1-YES	287 75
P. C95 G1 EB CC YOU HAVE ACCESS TO A RANGE OR COOKSTOVE?	! ! !
1-YES	109 75
P.C56 G15E CG YCU HAVE ACCESS TO A REFRIGERATOR?	[     
1-YES	84 75
P. 097 G15B CO YOU HAVE ACCESS TO A SINK WITH PIPED WATER?	 
1-YES 2-NCE-BLANK, BUT APFLICABLEELANK	185 75
P.098 G15C IS THERE PIPED WATER IN THIS HOUSE (THESE LIVING GUARTERS)?	 
1-YES	75

# NATIONAL MEALTH AND NUTRITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAPE-Continued

	  CONTRCL   COUNTS 
P.C99 G15D IS THERE BCTH HOT AND COLD WATER?	[ ] [ ]
1-YES- 2-NC- E-BLANK, BLT APPLICABLEELANK.	10   75
P.100 G15E  AFE THESE KITCHEN FACILITIES USED BY ANYONE NOT LIVING IN THIS HOUSEHOLD?	
1-YES 2-NC E-BLANK, BLT APPLICABLE BLANK.	19,502 75
P.101-102 Q16 What is the main type of heating system you have?	
11-STEAM OR HOT WATER SYSTEM	1
13-FUILT IN ELECTRIC UNITS (PERMANENTLY INSTALLED IN MALL, CEILING OR BASEBOARD	i   1,204
15-CIRCULATING, RADIANT OF ROOM HEATERS, WITH FLUE OF VENT, BURNING GAS, OIL OR KEROSENE	İ
LITHOUT FLLE OF VENT EURNING GAS, OIL CR KEROSENE	717 423
15-SCME CTHER TYFE	299
P.103 G17 CC YOU HAVE AIR CONDITIONING?	
1-YES, INCIVICUAL FOOM UNIT	3,646 10,549
E-ELANK, BLT APPLICABLE	95

# NATIONAL HEALTH AND NUTFITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAPE-Continued

a., p = 0	
TAFE POSITION(S) ITEM DESCRIPTION AND CODES	  CONTROL   COUNTS
P.104 616	<u>.</u>
FOW MANY MCTOR VEHICLES ARE OWNED OR REGULARLY USED FOR	] 
TRANSPORTATION BY MEMBERS OF YOUR FAMILY?	į
G-NGNE	   2.256
1-8 VEHICLES (MORE THAN 8 CODED AS 8)	17,517
S-ELANK, BLT APPLICAELE	149
	] 
P.105 G19A	Ì
IS ANY LANGUAGE OTHER THAN ENGLISH SPCKEN BY FAMILY MEMBERS LIVING HERE?	
	l [
1-YES	
E-BLANK, BLT APPLICABLE	
C-DEPIM DEL PERCECCIONES DE LA CONTRACTION DEL CONTRACTION DE LA CONTRACTION DE LA CONTRACTION DE LA CONTRACTION DE LA CONTRACTION DE LA CONTRACTION DE LA CONTRACTION DE LA CONTRACTION DE LA CONTRACTION DE LA CONTRACTION DE LA CONTRACTION DE LA CONTRACTION DE LA CONTRACTION DE LA CONTRACTION DE LA CONTRACTION DE LA CONTRACTION DE LA CONTRACTION DE LA CONTRACTION DE LA CONTRACTION DE LA C	54
P.106 G19B HAT LANGUAGE	
C GERMAN	
1-ITALIAN 2-FFENCH	
3-FCLISH	55
4-FLSSIAN	
5-SFANISH	
7-CTHER LANGUAGE	
E-BLANK, BIT APPLICABLE	
5-NOT AFFLICABLE	18,C45
P. 107-108 G20(SEE CETAILED NOTES)	
WHICH OF THESE INCOME GROUPS REPRESENTS YOUR TOTAL COMEINED FAMILY INCOME FOR THE PAST 12 MONTHS?	
11-UNDEF \$1,00C	
12-\$1,000-1,999	
14-13,00(-3,999	
15-44,000-4,999	
16-\$5,000-5,999	
18-17,000-5,999	
19-113,806-14,599	4,634
20-115,000-19,595	
ZI - 124	

# NATIONAL HEALTH AND NUTFITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAPE-Continued

TAFE POSITION(S) ITEM DESCRIPTION AND CODES	  CONTROL   COUNTS
P-107-108 G20(SEE CETAILED NOTES) WHICH OF THESE INCOME GROUPS REPRESENTS YOUR TOTAL COMEINED FAMILY INCOME FOR THE PAST 12 MONTHS? 22-125,CGC AND CVER	
P.109-112 G21 CURING THE PAST 12 MONTHS, HOW MUCH MCNEY CID YOU AND ALL MEMBERS OF YOUR FAMILY RECEIVE IN WAGES OR SALARIES BEFORE CEDUCTIONS?	
CCCC-6955 AMOUNT	547
P.113 Q22A SCCIAL SECURITY OR RAILROAD RETIREMENT?  1-YES	2,742 655
P.114 DATA USER WORK AREA	
P-115-118 IF YES, HOW MUCH?  CC3E-6828 AMOUNT	741
P.115 G22E Welfare fayments or other public assistance?	
1-YES	3,187

## NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAPE-Continued

80° 8 8 8 4 4 4 4 6 6 6 7 4 8 4 4 8 4 4 6 4 6 4 6 4 6 4 6 4 6 4 6	
TAFE POSITION(S) ITEM DESCRIPTION AND CODES	  CONTROL   COUNTS
P.120 DATA USER WORK AREA	! !
P.121-124 IF YES, HOW MUCH?	!   
CC12-68CC AMOUNT	691
EL ANK.	18,362   
P.125 G22C UNEMPLOYMENT COMPENSATION OR WORKHEN'S COMPENSATION	i !
1-YES	4,152
E-ELANK, BLT APPLICABLE	
P.126 DATA USER WORK AREA	 
P.127-130 IF YES, FOW MUCH?	 
CO15-564C AMOUNT	689
EL ANK	19,327   
P.131 Q22D GCVERNMENT EMPLOYEE PENSION OR PRIVATE PENSIONS?	
1-YES	25 <i>€</i> 4,240
E-ELANK, BLT APPLICABLE	651   15,175

# NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAFE-Continued

	CONTROL COUNTS
P.132 DATA USER WORK AREA	!
P.133-136 IF YES, FOW MUCH?	! ! !
0036-6000 AMOUNT	
ELANK.	
P.137 Q22E CIVIDENDS, INTEREST OF RENT?	 
1-YES	
2-NCE-ELANK, BLT APFLICAELE.	
ELANK	
P.138 DATA USER WORK AREA	} 1 1
P.139-142 IF YES, HOW MUCH?	{ {
CC01-52C0 AMOUNT	427
EEEE-BLANK, BUT AFFLICABLE.	
	19,201   
P.143 Q22F NET INCOME FROM THEIR OWN BUSINESS(NONFARM)PROFESSIONAL	
FFACTICE: CR PARTNERSHIP?	
1-YES	
2-NC	18
E-ELANK, BLT AFFLICABLEELANK.	655
	15,175

# NATIONAL HEALTH AND NUTFITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAPE-Continued

	CONTROL COUNTS
P.144 DATA USER WORK AREA	! ! !
P.145-148 IF YES. HOW MUCH?	   
CCO1-68CC AMOUNT	691
P.145 Q22G NET INCORE FROM A FARM?	 
1-YES	4,342 29 656
P.150 DATA USER WORK AREA	
P.151-154 IF YES, HOW MUCH?	
CCCC-650C AMOUNT	688
P.155 022F VETERANS PAYMENTS?	
1-YES	4,251 651

# NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAPE-Continued

TAFE POSITION(S) ITEM DESCRIFTION AND CODES	CONTROL COUNTS
P.156 DATA USER WORK AREA	 
P.157-160 IF YES, HOW MUCH?	; [ 
GOEC-GOCC AMOUNT	665
P.161 Q22I ALIMONY, CHILD SUPPORT OR OTHER SUPPORT FROM PERSONS NOT IN FOUSEFOLD?	 
1-YES 2-NO E-ELANK, BLT APPLICABLE BLANK	4,182   653
P.162 DATA USER WORK AREA	 
P.163-166 IF YES, HOW MUCH?	 
CC20-69GC AMOUNT	8 66 8
P.167 G22J Any Other Income?	! ! !
1-YES 2-NC E-BLANK, HUT APPLICABLE ELANK	196   4,299   652   15,175

# NATIONAL HEALTH AND NUTFITION EXAMINATION SURVEY - NHAMES II DEMOGRAPHIC DATA TAPE-Continued

	CONTROL COUNTS
P.168 DATA USER WORK AREA	!   
IF YES, HOW MUCH!	 
CCC2-64C3 AMOUNT	660
7.173-176 TCTAL AMGUNT (Q 21 & 22)	! ! !
COOC-6955 AMOUNT	1,111
CHECK ITEM B 2-FOOD STAMPS AVALIABLE	
2.178 G23A AFE YOU CERTIFIED TO PARTICIPATE IN THE FOOD STAMP FROGRAM?	 
1-YES	4
-175 G23E AFE YCU EUYING FOOD STAMPS NOW?	l ! !
1-YES, REGLLARLY	117

# NATIONAL HEALTH AMC NUTRITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAFE-Continued

ه د اوله او های آن او می برای و و و و و و و و و و و و و و و و و و و	
	COUNTS
4 - 4 - 4 - 4 - 4 - 4 - 4 - 4 - 4 -	
	<b>!</b> !
P-160 Q23C What is the main reason you are not participating in the program?	t ! !
1-NO NEEC	
2-NCT ENCUGH MONEY AT THE TIME	
3-NG TRANSPORTATION	] 16 ] 31
5-GTHER	201
E-ELANK, BLT APPLICABLE	75
EL ANK.	
P.181 G24A	
AFE YOU CERTIFIED FOR COMMODITY DISTRIBUTION PROGRAM?	
1-YES	17
2-NC	215
S-EO NOT KNOW	
ELANK	20,080 
P.182 G24B	
AFE YOU RECEIVING COMMODITY FOODS NOW FOR YOUR FAMILY?	
1-YES, REGULARY	
2-YES, CCCASIONALLY	
3-NC ELANK	
	20,000
P.183 G24C	[ ]
HEY AREN'T YOU PARTICIPATING IN THE PROGRAM?	 
1-NC NEEC	4
2-NC TRANSFORATION	
3-FRIDE	
E-BLANK. BUT APPLICABLE.	
ELANK	20,308
j	

# NATIONAL HEALTH AND NUTFITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAPE-Continued

	CONTROL COUNTS
P.184-185 (CONTROL RECORD)	     
CATE OF EXAM MONTH	į 1
01-12	20,322 
P.186-187 (CONTROL RECORD)  CATE OF EXAM DAY	 
©C-31	20,322
P.188-189 (CONTROL RECORD)  CATE OF EXAM YEAR	 
7 <b>6-</b> 8 <b>0</b>	   20,322 
P.150-191 AGE YEARS(AT EXAMINATION)	f 1 [
C1-75 YEARS 12 MONTHS OR NON-EXAMINED	20,023 299
P.192-205 CATA USER WORK AREA	{   
P.206 RACE SEX RECODE FOR SAMPLE PERSON(SEE DETAILED NOTES)	1 { }
1-MALE, hHITE	
2-MALE, ELACK	
4-FEMALE, HHITE	8,716
E-FEMALE, GTHER.	
P.207 (SEE DETAILED NOTES)  FARM, NON-FARM RECODE FOR SAMPLE PERSON	
1-FARM	_ ,
2-NCN FARM	15,242

# NATIONAL HEALTH AND NUTFITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAPE-Continued

TAFE POSITION(S) ITEM DESCRIPTION AND CODES	CONTROL COUNTS
P.208 Interview Status	
1-INTERVIEWED	20,322   
P.209 (SEE DETAILED NOTES) FEGICN	<u> </u> 
1-NCRTHE&ST	5,421 5,507
P-210-212 (SEE CETAILED NOTES) FCVERTY INCEX(X.XX) 001-880(AS GIVEN)	     
59 9 - UNK N CW N	
P.213-246 CATA USER WORK AREA	! ! !
HE AC OF HOUSEHOLD DATA (P-247-281)	 
P.247-248 Q3 AGE YEARS	9
15-59 YEARS(MCRE THAN 100 COCED AS 99)	   20•322 
P.245-250 CATA USER WORK AREA	t ! !
P.251-252 Q2 CATE-OF-EIRTH-MONTH	! { !
01-12 MCNTH	20,267 55

# NATIONAL HEALTH AND NUTFITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAPE-Continued

TAFE POSITION(S) ITEM DESCRIPTION AND CODES	CONTROL
°-2E3-254 CATE-OF-EIRTH-YEAR	
CC-99 YEAR	20,322
P.255 G4 Sex	
1-MALE	
P.256 Q5 RACE(SEE DETAILED NOTES)	
1-WHITE	2,748
3-0THER	•••  443   
P.257-258 Q6 (SEE CETAILED NOTES) IN WHAT STATE WAS HE/SHE BORN?	!
EE-ELANK, EUT APFLICABLE	
2.259 G7 IS HE/SHE MARRIED, WICOWED, DIVORCED, SEPERATED, OR NEVE PARRIED?	ER
1-LNDER 17	15,273
3-WIDOWED	1,248
6-NEVER MARRIED	1,430

# NATIONAL HEALTH AND NUTFITION EXAMINATION SURVEY - NHANES II CEMOGRAPHIC DATA TAFE-Continued

	  CONTROL   COUNTS
P.260-261 G8 NATURAL CRIGIN OR ANCESTRY?	 
C1-COUNTRIES OF CENTRAL OR SOUTH AMERICA	,
C3-CUBAN	93
C4-PEXICAN	
CE-MEXICAN-AMERICAN.	342
C7-FUERTC RICAN	
CE-CTHER SPANISH SUCH AS GERMAN, FRENCH, ENGLISH, IRISH	
10-ELACK, NEGRO CR AFRO-AMERICAN	2,640
11-AMERICAN INCIAN OR ALASKAN NATIVE	329
CHINESE , JA FANESE , KOREAN, PHILIPPING , SAFOÁN	
13-ANOTHER GROUP NOT LISTED	
CC-DEMING GOT AFFEIGAGEE SO SO SO SO SO SO SO SO SO SO SO SO SO	FUT
P.262-263 C9A	
FIGHEST GRADE ATTENDED	! <b> </b>
SS-NONE (REGARDLESS OF AGE)	†   153
21-28-ELEMENTARY GRADES (1-8)	3,955
31-34-HIEH SCHOOL (1-4)	
8E-BLANK, BUT APFLICABLE	
P-264 Q5E	
GRADE CCMPLETED	ĺ
1-YES	15,079
2-N9	
E-BLANK, BUT APPLICABLE	
P.265 Q10A	
WEAT WAS HE/SHE COING MOST OF THE PAST 12 MONTHS?	
1-WCRKIN 6	14,684
2-KEEPING HOUSE	1,891
E-ELANK, BUT APPLICABLE	
ELANK.	3

# NATIONAL HEALTH AND NUTFITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAPE-CONTINUED

		CONTROL COUNTS
P-266	Q10B Was He/she coing?	
1-LAY 2-RET	] OFF	54 2•160
3-STU	DENT	476
4-ILL.	YING HOME	
E-L00	CING FOR MOFK	110 143
7 – U N A i	BLE TO WORK	445
5-61A	NK, BLT APPLICABLE	78 91
ELANK		16,578
	<u> </u>	
P-267		
	SHE WORK AT JOB OR BUSINESS DURING PAST THREE	
PENTH		
1-YES.		779
2-NC-4	IK, BLT APPLICABLE	
ELANK.		78 14•687
		1,400
P.268	910D	
CID HE	SISHE WORK FULL OR PART TIME WHEN WORKING?	
1-FUL	 	
2-FAR7	TIME	14,166
E-BLAN	K. BIT APPLICABLE	78
ELANK.	***************************************	4,781
	i	
P.269 CID HF	SITE WORK AT ANY TIME THE LAST TWO WEEKS NOT	
CCUNTI	NE WORK AROUND THE HOUSE?	
1_450	į	_
2-80	***************************************	14,317 1,146
E-ELAN	K EUT APPLICABLE	1,146 78
ELANK.	***************************************	4,781
	<u></u>	

# NATIONAL HEALTH AND NUTFITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAFE-Continued

TAFE POSITION(S) ITEM DESCRIPTION AND CODES	  CONTRCL
	COUNTS
P.270 Q11B EVEN THOUGH HE/SHE DID NOT WORK. DOES HE/SHE HAVE A	
JCE CR EUSINESS?	1 } }
1-YES	
E-ELANK, BUT APPLICABLE	78
ELANK	14,320 
P.271 Q11C WAS HEASHE LOOKING FOR WORK OR ON LAYOFF FROM A.JOE?	
1-YES	
E-ELANK, BUT APPLICABLE	78
ELANK	14,320
P.272 Q11D Which Locking for work or on Layoff From A Job?	[   
1-LOOKING	
3-ECTH	5 <i>6</i>
E-BLANK, BUT APPLICABLEELANK	
ELPAR	17 <b>,</b> 100
P.273-275 G12B (SEE DETAILED NOTES) TYPE OF INCUSTRY OR BUSINESS?	
(17-998 (LAST CIGIT 7,8,9)	   15.322
COC-ELANK, BUT AFPLICABLE	] 36 6
ELANK	4,634 
P.276-278 Q12C (SEE DETAILED NOTES)	l !
WEAT KIRC OF WORK WAS HE/SHE DOING?	1 
001-992-CCCUPATION (LAST DIGIT 0-6)	15,313
COC-BLANK, BUT AFFLICABLE	] 375   4,634
	i

#### NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAPE-Continued

TAFE POSITION(S) ITEM DESCRIPTION AND CODES	CONTRCL COUNTS
P.279 G12E WAS HE/SHE IN PRIVATE COMPANY OR BUSINESS OR WORKING FOR INCIVIDUAL FOR WAGES, SALARY, OR COMMISSION?	
1-FRIVATE	788 741 1,CE2
E-INCCRFCRATED-O LN	1,758 10 19 149
P.280 G13A CIC HE/SHE EVER SERVE IN THE ARMED FORCES OF THE U.S.?	4,634     
1-YES 2-NG E-ELANK, BLT APPLICABLE ELANK	12,896 218
P.281 G13B When did He/she serve?	
1-VIETNAN	1,221   2,429   47
E-DUST VIE INAME E-CTHER SERVICE E-BLANK, BUT APPLICABLE 5-CO NCT KNOW	1,057 218 96

## NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY - NHANES II DEMOGRAPHIC DATA TAFE-Continued

9-1 6-4 1-4 1-4 1-4 1-2 1-4 -	
TARE POSITION(S) ITEM DESCRIPTION AND CODES	CONTROL COUNTS
	1
SEE CETAILED NOTES FOR POSITIONS 282-326	}   
P.262-287 EXAMINED FINAL WEIGHT	 
0.01218-0.79634	20,322
P. 288-293	i I
MEDICAL HISTORY INTERVIEW FINAL WEIGHT	<u> </u> 
0(1171-671969	20,322
P. 254-299	<b>!</b> !
GLUCOSE TOLERANCE TEST FINAL EXAMINED WEIGHT	!
0C3502-084477	-
	1
P.300-305 LEAD FINAL EXAMINED WEIGHT	1
GC1218-(84115	
00000	8,034 
P.306-311	1
CARBOXYHEMOGLOBIN FINAL EXAMINED WEIGHT	
002546-110759	5,365   10,957
P.312-317 EILE ACIDS FINAL EXAMINED WEIGHT	! !
003519-087638	4,089   16,233
	1 16,533

# II SEMAHM - YEVRUS MOITAMIPAXE MOITIRTUM DWA HILAEH LAMOITAM GEUMITWO C-EGAT ATAG DIHGARBORED

TAPE POSITION(S) ITEM DESCRIPTION AND CODES	CONTROL COUNTS
-318-323 DATA USER WORK AREA	         
• 324-325 STRATA	
01-32	   20,322 
-326 PSEUDO PRIMARY SAMPLING UNIT	i 1 1
I OR 2	 <del> 20,</del> 32-2
327-350 DATA USER WORK AREA	}

#### C. <u>Tape Description (cont.)</u>

# Anthropometry Data Use of Special Terms

The term "data user work area" refers to blank areas in the data tape which are reserved for the user as needed.

The term "blank, but applicable", is used to indicate a data item that was to have a response for a sample person but none was given. The terms "blank" and "Not applicable" refer to data items where the sample person was not supposed to respond to the question or receive the examination component.

To more fully understand the questionnaire skip patterns and the categorizations used, see the Plan and Operation of the Second National Health and Nutrition Examination Survey document included with this documentation. All the questionnaires are included in this document.

## (NHANES II - 1976 - 1980)

TAPE POSITIONS	ITEM DESCRIPTION and CODES	CONTROL COUNTS	NHANES II DATA SOURCE OR NOTES
351-354	Catalog Number 5301	20,322	
355-356	Examiner Number  01 - 95 - As given 88 - Blank, but applicable	20,319 3	See Appendix B for a description of body measurement procedures
357 - 359	Bitrochanteric Breadth (in cm xx.x - decimal not shown on tape) 099 - 534 - As given	20,322	-47-
360	Imputation Code Blank - As observed 1 - Missing data - imputed	20,220 102	_
	Elbow Breadth (in cm xx.x - decimal not shown on tape)		
361-363	Right side measurement 026-099 - As given	20,322	
364	Imputation Code (right side) Blank - As observed 1 - Missing data - imputed	20,272 50	
365 - 367	Left side measurement (in cm xx.x - decimal not shown on tape) 031-091 - As given 888 - Blank, but applicable 999 - Not applicable	3,962 136 16,224	See Detailed Notes

## (NHANES II - 1976 - 1980)

TAPE POSITIONS	ITEM DESCRIPTION and CODES	CONTROL COUNTS	NHANES II DATA SOURCE OR NOTES	
-	Upper Arm Girth (in cm xx.x - decimal not shown on tape)			
368-370	Right side measurement 105 - 576 - As given	20,322		
371	Imputation Code (right side) Blank - As observed 1 - Missing data imputed	20,254 68		
372-374	Left side measurement (in cm xx.x - decimal not shown on tape) 124 - 525 - As given 888 - Blank, but applicable 999 - Not applicable	3,957 141 16,224	See Detailed Notes	-48- ·
	Chest Circumference (in cm xx.x - decimal not shown on tape)			
375-377	Erect (ages 2 through 7) 422-759 - As given 888 - Blank, but applicable 999 - Not applicable - less than 2 years and 8 - 74 years old	3,571 60 16,691	See Detailed Notes	
378~380	Supine (ages 3 and under) 285 - 712 - As given 888 - Blank, but applicable 999 - Not applicable 4-74 years old	2,512 45 17,765	See Detailed Notes	

## (NHANES II - 1976 - 1980)

TAPE POSITIONS ITEM DESCRIPTION and CODES		CONTROL COUNTS	NHANES II DATA SOURCE OR NOTES	
381-383	Head Circumference (ages 7 and under) (in cm xx.x - decimal not shown on tape) 347 - 652 - As given 888 - Blank, but applicable 999 - Not applicable 8 - 74 years old	4,625 66 15,631	See Detailed Notes	
	Triceps skinfold (in mm xx.x - decimal not shown on tape)			
384-386	Right side measurement 010 - 660 - As given	20,322		-49-
387	Imputation Code (right side) Blank - As observed 1 - Missing data imputed	20,159 163		
388-390	Left side measurement 010 - 565 - As given 888 - Blank, but applicable 999 - Not applicable	3,939 159 16,224	See Detailed Notes	
	Subscapular skinfold (in mm xx.x - decimal not shown on tape)			
391-393	Right side measurement 010 - 650 - As given	20,322		
394	Imputation Code (right side) Blank - As observed 1 - Missing data imputed	20,041 281		

## (NHANES II - 1976 - 1980)

TAPE POSITIONS	ITEM DESCRIPTION and CODES	CONTROL COUNTS	NHANES II DATA SOURCE OR NOTES	
395 - 397	Left side measurement 005 - 650 - As given 808 - Blank, but applicable 999 - Not applicable	3,909 189 16,224	See Detailed Notes	
398-401	Sitting Height (ages 2 and over) (in cm xxx.x - decimal not shown on tape) 0414 - 1046 - As given 9999 - Not applicable - Less than 2 years old	19,260 1,062		
402	Imputation Code Blank - As observed 1 - Missing data imputed	20,199 123		-50-
403-405	Crown Rump (ages 3 and under) (in cm xx.x - decimal not shown on tape) 348 - 666 - As given 888 - Blank, but applicable 999 - Not applicable 4-74 years old	2,509 48 17,765	See Detailed Notes	
406	Is Examinee right or left handed?  1 - Right handed  2 - Left handed  3 - Uses both hands about the same  4 - Not sure  8 - Blank, but applicable	17,121 1,574 487 675 465	See Detailed Notes	
407-411	Weight (in pounds - xxx.xx - decimal not shown on tape) 01175 - 38775 - As given	20,322		

# (NHANES II - 1976 - 1980)

TAPE POSITIONS	ITEM DESCRIPTION and CODES	CONTROL COUNTS	NHANES II DATA SOURCE OR NOTES	
412-416	Weight (in kilograms - xxx.xx - decimal not shown on 00533 - 17588 - As given	tape) 20,322		
417	Imputation Code Blank - As observed 1 - Missing data imputed	20,296 26		
418-421	Height (ages 2 and over) (in centimeters xxx.x - decimal not shown on t 0766 - 2000 - As given 9999 - Not applicable - less than 2 years old	ape) 19,260 1,062		-51-
422-424	Height (ages 2 and over) (in inches - xx.x - decimal not shown on tape) 302 - 787 - As given 999 - Not applicable - less than 2 years old	19,260 1,062	Computer Generated	
425	Imputation Code Blank - As observed 1 - Missing data imputed	20,258 64		
426-429	Recumbent Length (ages 3 and under) (in cm xxx.x - decimal not shown on tape) 0500 - 1251 - As given 8888 - Blank, but applicable 9999 - Not applicable 4-74 years old	2,511 46 17,765	See Detailed Notes	

#### DETAILED NOTES

#### TAPE POSITION 11

#### Size of Place

Size of place classification was derived from the 1970 census.

According to the definition used in the 1970 census, the urban population was comprised of all persons living in (a) places of 2,500 inhabitants or more incorporated as cities, boroughs (except Alaska), villages and towns (except towns in New York, New England States, and Wisconsin), but excluding those persons living in the rural portions of extended cities; (b) unincorporated places of 2,500 inhabitants or more; and (c) other territories included in urbanized areas. The remaining population was classified as rural.

Urban areas are further classified by population size for places within urbanized areas and other places outside urbanized areas.

# DETAILED NOTES TAPE POSITION 12

#### SMSA

Except in New England, a standard metropolitan statistical area is basically a county or a group of contiguous counties which contains at least one city of 50,000 inhabitants or more, or "twin cities" with a combined population of at least 50,000. In addition to the county or counties containing such a city or cities, contiguous counties are included in an SMSA if, according to the 1970 census, they are socially and economically integrated with the central city. Each SMSA must include at least one central city, and the complete title of an SMSA identifies the central city or cities. In New England, SMSA's consist of towns and cities, rather than counties.

## DETAILED NOTES

## TAPE POSITIONS 37-41

## Family Unit Code

All related sample persons in the same family unit have the same computer generated family unit code. This will enable analysis of individual family units.

# DETAILED NOTES TAPE POSITIONS 56,256

#### Race

The race of the respondent was marked by observation and the interviewers were instructed to assume the race of all related persons was the same as the respondent unless otherwise learned. The race categories were "White", "Black" or "Other". If the appropriate category could not be marked by observation, then race was asked. Interviewers were instructed to record persons who responded with something other than White or Black, such as Japanese, Chinese, American Indian, Korean, Hindu, Eskimo, etc. as "Other"; and to include Mexicans, Puerto Ricans and other persons of Latin American descent in "White" unless definitely Black, American Indian, or of other nonwhite race.

### -56-DETAILED NOTES Tape Positions 57-58 and 257-258

# United States

Alaska 02 Arizona 04	Name of Place	Code
Ariansas 04 Arkansas 05 California 06 Colorado 08 Belaware 10 District of Columbia 11 Florida 12 Georgia 13 Idaho 15 Idaho 16 Idano 16 Image 19 Idana 18 Iowa 18 Iowa 19 Kansas 20 Kentucky 21 Louisiana 22 Maine 23 Maryland 24 Massachusetts 24 Michigan 25 Michigan 26 Minnesota 27 Mississippi 26 Mississippi 28 Montana 29 Montana 29 Montana 30 Nebraska 31 Nevada 31 Nevada 32 New Hampshire 33 New Jersey 34 New Jersey 34 New Jersey 34 New Macico 35 New York 36 North Carolina 37 North Dakota 38 N	Alabama	01
Arkansas California Colorado Connecticut District of Columbia Florida Georgia Ila Georgia Ila Georgia Ila Hawaii Ila Indiana Ila Indiana Ila Indiana Ila Iowa Ila Ila Iowa Ila	Alaska	02
California       06         Colorado       08         Connecticut       09         Delaware       10         District of Columbia       11         Florida       12         Georgia       13         Hawaii       15         Idaho       16         Illinots       17         Indiana       18         Iowa       19         Kansas       20         Kentucky       21         Louisiana       22         Maryland       23         Massachusetts       25         Michigan       26         Mirmesota       27         Mississisppi       28         Missouri       29         Montana       30         Nevada       31         Nevada       32         New Hampshire       33         New Jersey       34         New Mexico       35         New York       36         North Carolina       30         Ohio       39         Oklahoma       40         Oregon       41         Pemsylvania       46	Arizona	04
Coloraclo         08           Connecticut         09           Delaware         10           District of Columbia         11           Florida         12           Georgia         13           Hawali         15           Idaho         16           111 inots         17           Indiana         18           Iowa         19           Kansas         20           Kentucky         21           Louisiana         22           Maine         23           Maryland         24           Massachusetts         25           Michigan         26           Minnesota         27           Mississippi         28           Missouri         29           Mortana         30           Nebraska         31           New Janska         31           New Jersey         34           New Jersey         34           New Jersey         34           New Mexico         35           New York         36           North Dakota         37           Ohio         39	Arkansas	05
Colorado         08           Connecticut         09           Delaware         10           District of Columbia         11           Florida         12           Georgia         13           Hawaii         15           Idaho         16           Illinois         17           Indiana         18           Iowa         19           Kansas         20           Kentucky         21           Louisiana         22           Maine         23           Maryland         23           Maryland         23           Massachusetts         25           Michigan         26           Minnesota         27           Mississippi         28           Missouri         29           Mortana         30           Nevada         31           New Jersey         34           New Jersey         34           New Jersey         34           New Mexico         35           New Mexico         35           New Mexico         36           North Dakota         37	California	06
Connecticut         09           Delaware         10           District of Columbia         11           Florida         12           Georgia         13           Hawaii         15           Idaho         16           Illinois         17           Indiana         18           Iowa         19           Kansas         20           Kentucky         21           Louisiana         22           Maryland         24           Massachusetts         25           Michigan         26           Minnesota         27           Mississispi         28           Missouri         29           Montana         30           Nebraska         31           Nevada         31           Nevada         32           New Hampshire         33           New Mexico         35           New Mexico         35           New Mexico         36           North Dakota         38           Ohio         39           Oklahoma         40           Oregon         41	Colorado	08
District of Columbia         11           Florida         12           Georgia         13           Hawaii         15           Idaho         16           Illinois         17           Indiana         18           Lowa         19           Kentucky         20           Kentucky         21           Louisiana         22           Maryland         23           Maryland         24           Massachusetts         25           Michigan         26           Minnesota         27           Missouri         28           Missouri         29           Montana         30           Nebraska         31           New Hampshire         33           New Jersey         34           New Jorsey         34           New Jorsey         34           New York         35           North Dakota         38           Orlio         39           Oklahoma         40           Oregon         41           Pennsylvania         42           Rhode Island         45      <		09
District of Columbia         11           Florida         12           Georgia         13           Hawaii         15           Idaho         16           Ill inois         17           Indiana         18           Iowa         19           Kansas         20           Kentucky         21           Louisiana         22           Maryland         24           Massachusetts         25           Michigan         26           Minnesota         27           Missouri         28           Missouri         29           Montana         30           Nebraska         31           New Jersey         34           New Jersey         34           New Jersey         34           New Jorsey         35           New York         35           North Carolina         37           North Dakota         38           Orlaio         38           Oklahoma         40           Oregon         41           Pennsylvania         42           Rhode Island         45	Delaware	10
Florida		11
Hawaii       15         Idaho       16         Illinois       17         Indiana       18         Iowa       19         Kansas       20         Kentucky       21         Louisiana       22         Marine       23         Maryland       24         Massachusetts       25         Michigan       26         Minnesota       27         Minnesota       27         Montana       30         Nebraska       31         Nevada       31         Nevada       32         New Hampshire       33         New Jersey       34         New Mexico       35         New York       36         North Carolina       37         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       44         South Carolina       45         South Dakota       45         Tennessee       47         Texas       48		12
Hawaii       15         Idaho       16         Illinois       17         Indiana       18         Iowa       19         Kansas       20         Kentucky       21         Louisiana       22         Maine       23         Maryland       24         Massachusetts       25         Michigan       26         Minnesota       27         Mississippi       28         Missouri       29         Montana       30         Nebraska       31         Newada       31         New Jersey       34         New Jersey       34         New Mexico       35         New York       36         North Carolina       37         North Carolina       38         Ohio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       44         South Carolina       45         South Dakota       45         Tennessee       47         Texas       48		13
Idaho         16           Illinois         17           Indiana         18           Iowa         19           Kansas         20           Kentucky         21           Louisiana         22           Marine         23           Maryland         24           Massachusetts         25           Michigan         26           Minnesota         27           Missouri         29           Montana         30           Nebraska         31           Nevada         32           New Hampshire         33           New Mexico         35           New York         36           North Carolina         37           North Dakota         38           Ohio         39           Oklahoma         40           Oregon         41           Pennsylvania         42           Rhode Island         44           South Carolina         45           South Carolina         45           South Dakota         46           Texas         48           Utah         49		15
Illinois       17         Indiana       18         Iowa       19         Kansas       20         Kentucky       21         Louisiana       22         Maine       23         Maryland       24         Massachusetts       25         Michigan       26         Minnesota       27         Mississippi       28         Missouri       29         Montana       30         Nebraska       31         Nevada       32         New Hampshire       33         New Jersey       34         New Mexico       35         New York       36         North Carolina       37         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       44         South Dakota       45         Temnessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51 <t< td=""><td></td><td>16</td></t<>		16
Indiana       18         Iowa       19         Kansas       20         Kentucky       21         Louisiana       22         Maine       23         Maryland       24         Massachusetts       25         Michigan       26         Minnesota       27         Missouri       28         Missouri       29         Montana       30         Nebraska       31         New Hampshire       33         New Jersey       34         New Jersey       34         New York       36         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       44         South Dakota       45         South Dakota       46         Temnessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       55		17
Iowa       19         Kansas       20         Kentucky       21         Louisiana       22         Maryland       23         Maryland       24         Massachusetts       25         Michigan       26         Minnesota       27         Mississisppi       28         Missouri       29         Montana       30         Nebraska       31         New Hangshire       33         New Jersey       34         New Jersey       34         New York       36         North Carolina       37         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pemsylvania       42         Rhode Island       42         South Dakota       45         South Dakota       46         Temmessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       55		18
Kansas       20         Kentucky       21         Louisiana       22         Maine       23         Maryland       24         Massachusetts       25         Michigan       26         Minnesota       27         Mississippi       28         Missouri       29         Montana       30         Nebraska       31         Newada       32         New Hampshire       33         New Mexico       35         New York       36         North Carolina       37         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Routh Carolina       45         South Dakota       45         South Dakota       45         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       55         West Virginia       54         Wisconsin       55		19
Kentucky       21         Louisiana       22         Maine       23         Maryland       24         Massachusetts       25         Michigan       26         Minnesota       27         Mississippi       28         Missouri       29         Montana       30         Nebraska       31         Nevada       32         New Hampshire       33         New Jersey       34         New Mexico       35         New York       36         North Carolina       37         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		20
Louisiana       22         Maine       23         Maryland       24         Massachusetts       25         Michigan       26         Minnesota       27         Mississippi       28         Missouri       29         Montana       30         Nebraska       31         Nevada       32         New Hampshire       33         New Jersey       34         New Mexico       35         New York       36         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       44         South Dakota       45         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         West Virginia       54         Wisconsin       55		21
Maine       23         Maryland       24         Massachusetts       25         Michigan       26         Minnesota       27         Mississippi       28         Missouri       29         Montana       30         Nebraska       31         New dada       32         New Hampshire       33         New Jersey       34         New Mexico       35         New York       36         North Carolina       37         North Dakota       38         Chio       39         Oklahoma       40         Oregon       41         Pemsylvania       42         Rhode Island       44         South Carolina       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         West Virginia       54         Wisconsin       55		22
Maryland       24         Massachusetts       25         Michigan       26         Minnesota       27         Mississippi       28         Missouri       29         Montana       30         Nebraska       31         Nevada       32         New Hampshire       33         New Jersey       34         New Mexico       35         New York       36         North Carolina       37         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       44         South Dakota       45         South Dakota       45         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		23
Massachusetts       25         Michigan       26         Minnesota       27         Mississippi       28         Missouri       29         Montana       30         Nebraska       31         Nevada       32         New Hampshire       33         New Jersey       34         New Mexico       35         New York       36         North Carolina       37         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       42         South Dakota       45         South Dakota       46         Ternessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		24
Michigan       26         Minnesota       27         Mississispi       28         Missouri       29         Montana       30         Nebraska       31         Newada       32         New Hampshire       33         New Jersey       34         New Mexico       35         New York       36         North Carolina       37         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Permsylvania       42         Rhode Island       44         South Carolina       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55	Massachusetts	25
Minnesota       27         Mississippi       28         Missouri       29         Montana       30         Nebraska       31         Nevada       32         New Hampshire       33         New Jersey       34         New Mexico       35         New York       36         North Carolina       37         North Dakota       38         Chio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       44         South Dakota       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		26
Mississippi       28         Missouri       29         Montana       30         Nebraska       31         Nevada       32         New Hampshire       33         New Jersey       34         New Mexico       35         New York       36         North Carolina       37         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       44         South Dakota       45         Tennessee       47         Texas       48         Utah       49         Verginia       51         Washington       53         West Virginia       54         Wisconsin       55		27
Missouri       29         Montana       30         Nebraska       31         Nevada       32         New Hampshire       33         New Jersey       34         New Mexico       35         New York       36         North Carolina       37         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       44         South Carolina       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		28
Montana       30         Nebraska       31         Nevada       32         New Hampshire       33         New Jersey       34         New Mexico       35         New York       36         North Carolina       37         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       44         South Carolina       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		29
Nebraska       31         Nevada       32         New Hampshire       33         New Jersey       34         New Mexico       35         New York       36         North Carolina       37         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       44         South Carolina       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		30
Nevada       32         New Hampshire       33         New Jersey       34         New Mexico       35         New York       36         North Carolina       37         North Dakota       38         Chio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       44         South Carolina       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		31
New Hampshire       33         New Jersey       34         New Mexico       35         New York       36         North Carolina       37         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       44         South Carolina       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		32
New Jersey       34         New Mexico       35         New York       36         North Carolina       37         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       44         South Carolina       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		
New Mexico       35         New York       36         North Carolina       37         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pemsylvania       42         Rhode Island       44         South Carolina       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		
New York       36         North Carolina       37         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pemsylvania       42         Rhode Island       44         South Carolina       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		35
North Carolina       37         North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pemsylvania       42         Rhode Island       44         South Carolina       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		
North Dakota       38         Ohio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       44         South Carolina       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		37
Ohio       39         Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       44         South Carolina       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		
Oklahoma       40         Oregon       41         Pennsylvania       42         Rhode Island       44         South Carolina       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		
Oregon       41         Pennsylvania       42         Rhode Island       44         South Carolina       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		
Pennsylvania       42         Rhode Island       44         South Carolina       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		
Rhode Island       44         South Carolina       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		
South Carolina       45         South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		
South Dakota       46         Tennessee       47         Texas       48         Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		
Tennessee 47 Texas 48 Utah 49 Vermont 50 Virginia 51 Washington 53 West Virginia 54 Wisconsin 55		
Texas 48 Utah 49 Vermont 50 Virginia 51 Washington 53 West Virginia 54 Wisconsin 55		
Utah       49         Vermont       50         Virginia       51         Washington       53         West Virginia       54         Wisconsin       55		48
Vermont         50           Virginia         51           Washington         53           West Virginia         54           Wisconsin         55		
Virginia 51 Washington 53 West Virginia 54 Wisconsin 55		
Washington 53 West Virginia 54 Wisconsin 55		
West Virginia 54 Wisconsin 55		
Wisconsin 55	West Virginia	
WISCONDIN		

## DETAILED NOTES

# Tape Positions 57-58 and 257-258 (cont.)

# Outlying Areas of the United States

Name of Place	Code	Description
American Samoa Canal Zone Canton and Enderbury Islands Guam Johnston Atoll	60 61 62 66	U.S. territory in the Pacific Territory in Panama leased by U.S. Under common US-UK administration U.S. territory in the Pacific U.S. territory in the Pacific, includes Sand Island
Midway Islands Puerto Rico Swan Islands Trust Territories of the Pacific Islands	71 72 74 75	U.S. territory in the Pacific Commonwealth associated with the U.S. U.S. territory in the Caribbean U.S. administered, includes Caroline, Mariana, and Marshall Island groups
U.S. Miscellaneous Caribbean Islands	76	Includes Navassa Islands, Quito Sueno Bank, Roncador Cay, Serrana Bank, Serranilla Bank
U.S. Miscellaneous Pacific Islands	77	Includes Kingman Reef, Howland, Baker and Jarvis Islands, Palmyra Atoll
Virgin Islands Wake Island	78 79	U.S. territory in the Caribbean U.S. territory in the Pacific

	Foreign Countrie
North America	91
South America	92
Europe	93
Africa	94
Asia	95
Australasia	96
Pacific Islands	97

#### DETAILED NOTES

TAPE POSITIONS 73-75, 76-78, 273-275 and 276-278

#### Industry and Occupation Codes

A person's occupation may be defined as his principal job or business. For this survey purpose, the principal job or business of a respondent is defined in one of the following ways: If the person worked during the two week interview period or had a job or business, the question concerning his occupation (or work) applies to his job during that period. If the respondent held more than one job, the question is directed to the one at which he spent the most time. It refers to the one he considers most important when equal time is spent at each job. A person who has not begun work at a new job, is looking for work, or is on layoff from work is questioned about his last full-time civilian job. A full-time job is defined as one at which the person spent 35 or more hours per week and which lasted two consecutive weeks or more. A person who has a job to which he has not yet reported and has never had a previous job or business is classified as a "new worker".

The 1970 census of population Alphabetical Index of Industries and Occupations was used in the coding of both the industry and occupation. Library of Congress Number 74-612012. For sale by the Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402. \$3.00. Stock Number 0301-2283.

# DETAILED NOTES TAPE POSITIONS 107-108

#### Family Income Group

The respondent was handed a card with twelve income ranges listed as Group A to Group L and asked "Which of these income groups represents your total combined family income for the past 12 months, that is, yours, your ...'s, etc? Include income from all sources such as wages, salaries, social security or retirement benefits, help from relatives, rent from property and so forth."

If the respondent answered Group A through G, that is with an income less than \$7,000, then questions 21 and 22 detailing exact sources and amounts of income were asked; otherwise, these questions were skipped.

No effort was made to reconcile amounts reported in detailed questions 21 and 22 with the categorical response to the family income group question. During the survey time period, no adjustments to the income groups or \$7,000 value were made to account for inflation.

# DETAILED NOTES TAPE POSITION 207

Land used for farming purposes (Code 1 in Tape Position 207) was identified as being rural land (Code 2 in Tape Position 25) consisting of 10 or more aces (Code 1 in Tape Position 26) with corp sales amounting to \$50 or more (Code 1 in Tape Position 27), or rural land (Code 2 in Tape Position 25) consisting of less than 10 acres (Code 2 in Tape Position 26) with crop sales amounting to \$250 or more (Code 1 in Tape Position 28). All other land is classified as nonfarm (Code 2 in Tape Position 207).

## DETAILED NOTES

## TAPE POSITION 209

# Region

The United States was divided into four broad geographic regions of approximately equal population. Those regions, which deviate somewhat from the groups used by the Bureau of Census, are as follows:

Region	States Included
Northeast	Maine, Vermont, New Hampshire, Massachusetts, Connecticut, Rhode Island, New York, New Jersey, and Pennsylvania
South	Delaware, Maryland, District of Columbia, West Virginia, Virginia, Kentucky, Tennessee, North Carolina, South Carolina, Georgia, Florida, Alabama, Mississippi, Louisiana, and Arkansas
Midwest	Ohio, Illinois, Indiana, Michigan, Wisconsin, Minnesota, Iowa, Missouri
West	Washington, Oregon, California, Nevada, New Mexico, Arizona, Texas, Oklahoma, Kansas, Nebraska, North Dakota, South Dakota, Idaho, Utah, Colorado, Montana, Wyoming, Alaska, Hawaii

#### DETAILED NOTES

#### TAPE POSITIONS 210-212

#### Poverty Index

Income status was determined by the Poverty Income Ratio (PIR). Poverty statistics published in the Census Bureau reports 1-5 were based on the poverty index developed by the Social Security Administration (SSA) in 1964. (For a detailed discussion of the SSA poverty standards, see reference 6.) Modifications in the definition of poverty were adopted in 1969. <sup>7</sup> The standard data series in poverty for statistical use by all executive departments and establishments has been established. <sup>8</sup>

The two components of the PIR are the total income of the household (numerator: the median of the income group for incomes \$7,000 and above; the sum of the component parts of the income questions for incomes under \$7,000) and a multiple of the total income necessary to maintain a family with given characteristics on a nutritionally adequate food plan <sup>3</sup> (denominator). The dollar value of the denominator of the PIR is constructed from a food plan (economy plan) necessary to maintain minimum recommended daily nutritional requirements. The economy plan is designated by the Department of Agriculture for "emergency or temporary use when funds are low."

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For families of three or more persons, the poverty level was set at three times the cost of the economy food plan. For smaller families and persons living alone, the cost of the economy food plan was adjusted by the relatively higher fixed expenses of these smaller households.

The denominator or poverty income cutoff adjusts the family poverty income maintenance requirements by the family size, the sex of the family head, the age of the family head in families with one or two members, and the place of residence (farm, nonfarm). Annual revisions of the poverty income cutoffs are based on the changes in the average cost of living as reflected in the Consumer Price Index.

As shown in the tables, the annual income considered to be the poverty level increases as the family size increases. A family with any combination of characteristics and with the same income as shown in the table has been designated as having a PIR or poverty level of 1.0. The same family with twice the income found in the table would have a PIR of 2.0. Ratios of less than 1.0 can be described as "below poverty", ratios greater than or equal to 1.0, as "at or above poverty".

Poverty thresholds are computed on a national basis only. No attempt has been made to adjust these thresholds for regional, State, or other

variations in the cost of living (except for the farm, nonfarm difference). None of the noncash public welfare benefits such as food stamp bonuses are included in the income of the low income families receiving these benefits. PIR has been adjusted by year (see tables) and accounts in some part for inflation.

U.S. Bureau of the Census, <u>Current Population Reports</u>, Series P-60, No. 107, "Money Income and Poverty Status of Families and Persons in the United States: 1976" (Advance Report) U.S. Government Printing Office, Washington, D.C., 1977.

<sup>&</sup>lt;sup>2</sup> U.S. Bureau of the Census, <u>Current Population Reports</u>, Series P-60, No. 116, 'Money Income and Poverty Status of Families and Persons in the United States: 1977" (Advance Report) U.S. Government Printing Office, Washington, D.C., 1978.

<sup>&</sup>lt;sup>3</sup> U.S. Bureau of the Census, <u>Current Population Reports</u>, Series P-60, No. 120, "Money Income and Poverty Status of Families and Persons in the United States: 1978" (Advance Report), U.S. Government Printing Office, Washington, D.C., 1979.

<sup>&</sup>lt;sup>4</sup> U.S. Bureau of the Census, <u>Current Population Reports</u>, Series P-60, No. 125, "Money Income and Poverty Status of Families and Persons in the United States: 1979" (Advance Report), U.S. Government Printing Office, Washingaton, D.C., 1980.

- 5 U.S. Bureau of the Census, <u>Current Population Reports</u>, Series P-60, No. 127, "Money Income and Poverty Status of Families and Persons i the United States: 1980" (Advance Data from the March 1981 <u>Current Population Survey</u>), U.S. Government Printing Office, Washington, D.C., 1981.
- Orshansky, M.: "Counting the Poor: Another Look at the Poverty

  Profile", <u>Social Security Bulletin</u>, January 1965; "Who's Who Among the

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  July 1965.
- 7 U.S. Bureau of the Census, <u>Current Population Reports</u>, Series P-23, No. 28, "Special Studies", U.S. Government Printing Office, Washington, D.C., August 12, 1969.
- <sup>8</sup> Circular No. A-46, Transmitted Memorandum No. 9, Executive Office of the President, Bureau of the Budget, August 29, 1969, and Exhibit L (rev.).

Table 15. WEIGHTED AVERAGE THRESHOLDS—POVERTY CUTOFFS IN 1976, BY SIZE OF FAMILY AND SEX OF HEAD, BY FARM-NONFARM RESIDENCE

SIZE OF FAMILY UNIT	MONE?		HONFARM		FARM		
	TOTAL	TOTAL	MALE HEAD	FEMALE HEAD	TOTAL	MALE HEAD	FEMALE HEAD
	(OOLLARS)	(DOLLARS)	(DOLLARS)	(DOLLARS)	(DOLLARS)	(OOLLARS)	(DOLLARS)
PERSON (UNRELATED INDIVIDUAL)	2 877	2 884	3 016	2 788	2 438	2 532	2 348
	2 954	2 999	3 049	2 849	2 541	2 608	2 413
	2 720	2 730	2 758	2 722	2 J22	2 364	2 313
2 PERSONS	3 446	3 711	J 721	3 440	3 128	3 133	3 922
	3 806	3 826	3 846	3 733	3 267	3 271	3 199
	3 417	3 445	3 447	3 428	2 928	2 928	3 922
3 PERSONS	5 786 6 838 7 706	4 540 5 813 6 876 7 760 9 588	4 545 5 418 6 484 7 746 9 622	4 414 5 790 4 799 7 709 9 379	3 856 4 950 5 870 6 585 8 972	3 664 6 953 5 871 6 584 8 068	3 734 4 846 5 847 6 607 8 428

Table 15. WEIGHTED AVERAGE THRESHOLDS—POVERTY CUTOFFS IN 1977, BY SIZE OF FAMILY AND SEX OF HEAD, BY FARM-NONFARM RESIDENCE

SIZE OF FAMILY UNET	NONFARM				FARM		
	TOTAL	TOTAL	MALE HEAD	FEMALE HEAD	TOTAL	MALE HEAD	FEMALE HEAD
	(DOLLARS)	(OOLLARS)	(DOLLARS)	(DOLLARS)	(DOLLARS)	(DOLLARS)	(DOLLARS)
1 PERSON (UNRELATED INDIVIDUAL), 19 TO 65 YEARS	3 067 3 147 2 895	3 075 3 152 2 904	3 219 3 267 2 936	2 949 3 023 2 898	2 556 2 709 2 475	2 672 2 776 2 495	2 996 2 569 2 563
PERSONS HEAD 16 TO 64 YEARS HEAD AS YEARS AND OVER	3 928	3 951	3 961	3 907	3 318	3 325	3 176
	4 054	9 072	4 095	3 981	3 464	3 474	3 278
	3 637	3 666	3 670	3 646	3 128	3 131	3 079
J PERSONS.  PERSONS.  PERSONS.  PERSONS.  PERSONS OR MORE.	4 806	4 633	4 860	4 708	4 093	4 110	3 693
	6 157	6 191	6 195	6 162	5 273	5 274	5 213
	7 279	7 320	7 329	7 238	6 247	6 247	6 237
	8 208	8 201	8 268	6 197	7 026	7 026	7 040
	10 137	10 216	10 249	9 995	8 706	8 706	8 738

Table A-3: Weighted Average Thresholds at the Poverty Level in 1978, by Size of Family and Sex of Head, by Farm-Nonfarm Residence

		Nonfarm			Farm		
Size of family unit	Total	Total	Male head <sup>1</sup>	Female head <sup>1</sup>	Total	Male head <sup>1</sup>	Female head <sup>1</sup>
1 person (unrelated individual) 14, to 64 years	\$3,302	\$3,311	\$3,460	\$3,196	\$2,795	\$2,898	\$2,690
	3,386	3,392	3,516	3,253	2,913	2,987	2,764
	3,116	3,127	3,159	3,118	2,661	2,685	2,659
2 persons	4,225	4,249	4,258	4,206	3,578	3,582	3,497
	4,363	4,383	4,407	4,286	3,731	3,737	3,614
	3,917	3,944	3,948	3,923	3,352	3,354	3,313
3 persons	5,178	5,201	5,231	5,065	4,413	4,430	4,215
	6,628	6,662	6,665	6,632	5,681	5,683	5,622
	7,333	7,880	7,888	7,806	6,714	6,714	6,700
	8,825	8,891	8,895	8,852	7,541	7,543	7,462
	10,926	11,002	11,038	10,765	9,373	9,386	8,613

<sup>&</sup>lt;sup>1</sup>For one person (i.e., unrelated individual), sex of the individual.

Table 17. Weighted Average Thresholds-Poverty Cutoffs in 1979, by Size and Type of Family, by Farm-Nonfarm Residence

	i		NONF ARM		FARH		
SIZE OF FARILY UNIT	TOTAL (DOLLARS)	TOTAL (DOLLARS)	FAMILIES TITH FEMALE HALDR, NO MISSAMO PRESENTI (COLLARS)	ALL OTHER FAMILIES* (DOLLARS)	TOTAL (COLLARS)	FAMILIES WITH FEMALE MHLOR, MG MUSBAND PRESENTI (DOLLARS)	ALL OTHER Families <sup>2</sup> (DOLLARS)
PERSON (UMRELATED INDIVIDUAL)	3 443 3 773 3 472	3 489 3 778 3 479	3 556 3 619 3 649	3 495 3 712 3 515	3 136 3 254 2 443	3 001 3 076 2 946	3 234 3 324 2 964
2 PERSONS	6 702 6 858 6 364	6 725 6 878 6 390	5 669 6 762 6 362	6 737 6 905 6 396	3 987 6 156 3 730	3 917 5 027 3 486	3 991 4 163 3 732
3 PERSONS	5 763 7 384 8 736 9 849 12 212	5 784 7 412 8 775 9 914 12 280	5 624 7 381 8 690 9 643 12 037	5 820 7 416 8 785 9 922 12 322	5 917 6 329 7 402 8 424 10 933	4 660 6 261 7 509 8 309 10 178	4 928 6 332 7 492 8 428 10 547

<sup>&</sup>quot;IRCLUOES FEMALE UNBELATED INCIVIDUALS."
"INCLUOES MALE UNPELATED INDIVIDUALS.

Table 17. Weighted Average Thresholds-Poverty Cutoffs in 1980, by Size and Type of Family and Farm-Nonfarm Residence

			NOMFARII		FARM		
SIZE OF FAMILY UMIT	TOTAL (DOLLARS)	(DOLLARS)	FAMILIES RITH FEMALE HYLOR, MG MUSBAMO PRESENT <sup>1</sup> (DOLLARS)	ALL OTHER FAMILIES <sup>1</sup> (OGLLANS)	JATOT (EAALJOS)	FAMILIES WITH FEMALE HHLCB, NO HUSBAMO PRESENT <sup>1</sup> (DOLLARS)	ALL OTHER FAMILIES! (DOLLARS)
I PERSON (UNRELATED INDIVIDUAL)	4 589	4 190	8 037	6 379	3 ,539	3 342	3 640
	4 589	4 290	8 109	6 861	3 447	3 442	3 773
	3 441	3 9m9	3 938	3 998	3 759	3 347	3 392
2 PERSONS	5 338	5 343	5 314	5 373	4 592	4 302	4 513
	5 518	5 517	5 415	5 568	8 719	4 447	4 721
	8 458	4 963	4 944	6 988	4 233	4 165	4 237
J PERSONS.  8 PERSONS.  9 PERSONS.  9 PERSONS.  7 PERSONS OR MORE.	6 939	6 545	6 384	6 608	9 573	5 271	5 587
	6 305	8 414	8 382	8 418	7 179	7 152	7 170
	9 423	9 966	9 878	9 976	4 572	6 373	8 474
	11 215	11 269	- 11 227	11 274	9 613	9 168	9 425
	13 883	13 955	13 767	13 986	11 915	12 133	11 389

INCLUDES FEMALE UNACLATED INDIVIOUALS.
INCLUDES MALE UNACLATED INDIVIDUALS.

# Detailed Notes Tape Positions 282-323

A multistage estimation procedure was used to calculate the various NHANES II subsample sample weights that are necessary to use in any analysis of the data. The procedure has three basic components:

- (1) inflation by reciprocals of the probabilities of selection,
- (2) adjustment for nonresponse, and (3) poststratification ratio adjustment by age-sex-race. A brief description of each component is as follows:

Inflation by reciprocals of the sampling probabilities. Since the survey utilized a three-stage sample design, there were three probabilities of selection: (1) the probability of selecting the PSU, (2) the probability of selecting a segment (housing unit), and (3) the probability of selecting a sample person.

Adjustment for nonresponse. Estimates from the NHANES II data were adjusted to account for sample persons who were not examined. The estimates were inflated by a multiplication factor calculated within five selected income groups, three age groups, four regions, and standard metropolitan statistical area (SMSA) or non-SMSA. The numerator of these factors was the sum of the weights for sample persons resulting from the reciprocal of the probability of selection, and the denominator was the sum of the weights for examined persons also resulting from the reciprocals of the sampling probabilities.

Poststratification by age-sex-race. The estimates were ratio adjusted within each of 76 age-sex-race cells to an independent estimate, provided by the U.S. Bureau of the Census, of the population of each cell as of March 1, 1978, (approximate mid-point of the survey). The ratio adjustment was a multiplication factor of which the numerator was the U.S. population and the denominator was the sum of the weights adjusted for nonresponse for examined persons. This ratio estimation process makes the sample more closely representative of the civilian, noninstitutionalized population of the U.S.

Potential bias of nonresponse. Usually a sizeable number of sample persons who initially are willing to complete the household information and some of the medical history questionnaire subsequently will not participate in the examination. This creates the potential for bias if these persons differ from other sample persons with respect to the variables being studied. Intense efforts were undertaken during NHANES II to develop and implement standard procedures and inducements that would reduce the number of nonrespondents and thereby reduce the potential for bias.

The user needs to be aware of and should explore the potential bias for nonresponse in any analysis of the NHANES II data.

## Detailed Notes

Tape Positions 365-367, 372-374, 388-390, 395-397

Left side measurements of the elbow breadth, upper arm girth, triceps skinfold, and subscapular skinfold were randomly done on approximately 20 percent of the examined sample persons. These measures were collected for quality control purposes and are not a representative sample of the U.S. population. Therefore, none of the sample weights are applicable for analyses using these measurements.

## Detailed Notes

Tape Positions 375-383, 403-406, 426-429

The missing data for the following Anthropometric Measurements were not imputed: Chest circumference (Erect, Supine); Head circumference; Crown Rump; Is examinee right or left handed?; Recumbent length

#### IV. APPENDIX A

#### Data Collection Techniques and Content

The plan developed with respect to the content of NHANES II called for the following:

#### A. Questionnaires completed in the household:

(1) <u>Household questionnaire</u>: For each household member, questions referred to family relationships; certain demographic items such as age, sex, and race; selected housing information; occupation, income, education, veteran status; and an indication of participation in food stamp programs.

#### (2) Medical history questionnaires:

The questionnaire included items on birth weight,

prematurity, congenital conditions, medication, neurological
conditions, lead poisoning, accidents, hospital care,
disability, diarrhea, pica, vision, and a variety of chronic
conditions. In addition, data were collected on allergies,
kidney and bladder disease, anemia, speech and hearing, lung
and chest conditions and participation in food programs.

# (b) For each sample person ages 12-74 years

The questionnaire included items on medication; hospital care, tuberculosis; a variety of acute and chronic diseases; tobacco usage, physical activity; weight; height; vision disability, exposure to pesticides; gastrointestinal

problems; and for females, a menstrual and pregnancy history. In addition, data were collected on anemia, diabetes, respiratory condition, hearing and speech, liver and gallbladder conditions, kidney and bladder disease, allergies, hypertension, cardiovascular conditions, stroke, arthritis (stressing middle and upper back and neck problems), and participation in food programs.

Questionnaires and tests administered in the mobile examination center:

#### (3) Dietary Questionnaires

- (a) For each examined person, a 24-Hour Recall was administered by trained dietary interviewers. Specific and quantitative detail of every food or drink consumed during the previous day was recorded and calculated, thus providing estimates of calories, protein, carbohydrates, fat, unsaturated fats, cholesterol, and specific vitamins and minerals consumed.
- (b) For each examined person, a Food Frequency interview was administered to ascertain usual patterns of food consumption. Daily and/or weekly consumption of foods within 26 subgroups were recorded. In addition, data were collected on usual vitamin-mineral supplement usage.
- (c) For each person ages 12-74 years, a Dietary Supplement form was self-administered and reviewed. This form provided information on special diets, recent medications and barriers to purchasing groceries or eating foods; it does not provide information on vitamin/mineral or other supplements to the diet.

- (4) <u>Medication/Vitamin Usage Form</u> provided information on the past week's usage of any medicines; vitamins or minerals for all examined persons.
- (5) <u>Behavior Questionnaire</u> elicited data on behavior which may be associated with coronary heart disease for examined persons ages 25-74.

## B. Examination by physician

A physician performed and recorded the results of a medical examination giving special attention to specified findings related to nutrition, to hearing, to the thyroid gland, and to the cardiovascular, respiratory, neurological and musculoskeletal systems.

#### C. Special clinical procedures and tests

A specially trained health technician carried out the following on examined persons in the designated age ranges:

- Spirometry trials of examined persons ages 6-24 years, were digitized and recorded on magnetic tape. Various pulmonary function indicators such as FVC (forced vital capacity), FEV<sub>1</sub> (forced expiratory volume in one second), and peak flow rate were subsequently derived from these data.
- 2. Electrocardiograms Electrocardiographic signals of examined persons ages 25-74 years were digitized and recorded on magnetic tape providing normative data of amplitude, duration, interval and axis measurements and permitting interpretations of heart disease according to the Minnesota classification code.

- 3. <u>Body Measurements</u> were made on all examinees and included standing height, body weight, triceps and subscapular skinfolds, and several other anthropometric measurements.
- 4. Puretone audiometry Tests were carried out on examined persons between the ages of 4 and 19 years, permitting determination of threshold levels of hearing for frequencies of 500, 1000, 2000, and 4000 Hertz for right and left ears.
  - 5. Speech recording, involving use of tape recording of the subject's repetition of specially developed sentences, was carried out on examined persons between the ages of 4 and 6 years, permitting interpretations as an indication of problems with articulation and language development.
  - 6. Allergy tests, involving skin tests (prick test) with eight common allergens (housedust, alternaria, cat fur, dog fur, ragweed, oak, rye grass, and Bermuda grass). The tests were made on examined persons between the ages of 6 and 74 years, to obtain degrees of skin reaction.

## D. X-rays

For examined persons ages 25-74 years, two x-rays were made. No x-rays were taken of pregnant women and no lumbar x-rays were taken on women under 50 years of age.

(1) X-ray of cervical and lumbar spine, were taken to provide evidence of osteoarthritis and degenerative disc disease, and

(2) X-ray of chest, to be used in the diagnosis of respiratory diseases and to serve as a measure of left ventricular enlargement.

### E. Urine tests

Tests as follows were performed on casual samples of urine:

- (1) N-Multistix tests for qualitative protein, glucose, ketones, bilirubin, blood, urobilinogen, pH, and bacteriuria (nitrite test) were done for examined persons ages 6-74 years.
- (2) <u>Urinary sediments</u>, including red cells, white cells, and casts, were measured for a subsample of examined adults ages 20-74 years.
- (3) Gonorrhea cultures, of urinary sediments were performed for male and female examined persons ages 12-40 years. However, of those females who received the Glucose Tolerance Test (GTT) only those ages 20-24 years had the gonorrhea test performed.
- (4) Analyses for pesticide residue and metabolite levels, were carried out on a subsample of examined persons ages 12-74 years, including measures of the body burdens from exposure to alkyl phosphate residues and metabolites, carbamate residues, phenolic compound residues and malathion metabolites.

#### F. Tests on blood samples

Samples of blood provide a broad range of information related to health and nutrition. The particular tests performed varied with the specific target condition and age group as described in the Series 1, No. 15 program description (page 39).

## (1) Glucose tolerance test (GTT)

This test involved collection of blood specimens while in a fasting state as well as at one and two hours after glucose challenge. The test was performed on a specified subsample of examined adults to provide estimates of the prevalence of diabetes.

#### (2) Tests related to liver function

- (a) Post-prandial liver bile acid test. This test measures the ability of the liver to remove bile acids from the blood following consumption of a food preparation which induces eventual addition of bile acids to the blood via contraction of the gallbladder.
- (b) Liver biochemistries performed include bilirubin, SGOT, and alkaline phosphatase tests.

## (3) Anemia-related laboratory tests

The tests made to characterize anemia consisted of protoporphyrin, iron, total iron binding capacity (TIBC), zinc, copper, red cell folates, serum folates, serum ferritin,  $B_{12}$ , and the determination of abnormal hemoglobin.

## (4) Other nutritional biochemistries

These tests include albumin, Vitamin A and Vitamin C.

#### (5) Serum lipids

Because of their important relevance to cardiovascular disease, determinations were made of cholesterol, triglycerides, and high density lipoprotein (HDL).

# (6) <u>Biochemistries</u> for body burden from environmental exposures

Determinations were made of body burden levels of lead and pesticide residues and metabolites. Tests were also performed for carboxyhemoglobin which reflects environmental exposure to carbon monoxide and the individual's smoking habits.

#### (7) Hematology

The hematology included determinations of hemoglobin, hematocrit, red blood cell count, white blood cell count and differential leukocyte analysis, and red blood cell morphology and hemoglobin phenotyping.

#### (8) Kidney function

The only quantitative test for kidney function performed on blood samples was the serum creatinine test.

## (9) Syphilis

The serology determinations for syphilis included qualitative and quantitative ART, a FTA-ABS and MHA-TP.

#### APPENDIX B

#### **BODY MEASUREMENTS**

## Equipment

Anthropometer parts: 2 sets of four sections each, 4 sliding arms, 1 circular metal base

Body measurement table

Footstool

Sliding calipers

Skinfold calipers

Steel tape

Fiberglass tape

Special height scale

Polaroid land camera

Special light attachment for camera

Self-balancing weight scale

Set of weights for calibration of weight scale (one 25-lb weight and five 50-lb weights)

Children's measuring board

#### General

Two anthropometers are provided, one as a spare. Each anthropometer consists of a rod in four sections with two caliper arms. One of the arms is fixed to the top end of the instrument; the other slides. The lower two sections are used for sitting heights and will be mounted in the circular metal base. The top section is used for bitrochanteric breadth. The remaining section can be used when required for measuring sitting heights of large examinees. The sliding calipers used to measure elbow breadth may become too loose; if so, use candle wax to tighten them.

With these anthropometers there are three sources of error which must be checked daily. The chief technician should see that:

- 1. The anthropometer numbers read in the proper sequence and the movable arms slide freely without slipping;
- 2. When mounted in the base, the instrument stands vertically without support; and
- 3. The bottom end of the anthropometer is perfectly flush with the undersurface of the metal stand. (Do not handle anthropometers by the upper ends alone as this tends to wrench them from their bases.)

## Measuring and Recording

The examiner takes each measurement and says it to the recorder. The recorder repeats the number, records it in the proper space, and says the name of the next measurement. The examiner should keep the measuring instrument set

until the recorder repeats the number. If the anthropometer becomes unset in any way before the measurement is read back, the measurement should be made again. On standing measurements the recorder will insure that the subject stands erect. For the standing height measurement the recorder should check the height photo to be sure of the accuracy of the technician's reading.

A recorder is important because he helps insure the accurate recording of the measurement while also helping the examiner position the examinee correctly. The recorder also assists the examiner by seeing that the steel tape is horizontal with proper tension when girths are measured. The recorder, having had the same training as the examiner, should recognize an error in measurement or in reading from the wrong scale. (The anthropometer has two scales—ascending and descending.) When he does see an error he should call it to the examiner's attention and have the mistake corrected.

All measurements are to be taken to the nearest tenth of a centimeter, except skinfolds which are to be taken to the nearest half of a millimeter. If the digit to the right of the last digit to be recorded appears to be exactly 5, the last digit to be recorded should be raised one unit if it is odd or stay unchanged if it is even. If a skinfold is too tight to be measured, write "too tight" in the recording space for that measurement (but, do try to get the subject to relax for the measurement).

The original examiner and recorder will complete an examination once it is started.

The measurements taken consist of various heights, breadths, girths, and skinfolds. All are to be taken on the right side of the body if possible. When any of the measurements cannot be taken on the right side because of casts, amputations, or any other reasons, these particular measurements should be made on the left side and the reasons noted on the recording page.

When the examinee's sample number ends in "3" or "6," four of the measurements are to be taken on the left side as well as the right side unless there is some reason it is impossible to take them on the left side. In this instance, again, the reason not taken should be noted on the body measurement page.

# Procedure for Measuring Examinees 8 Years and Over

Record on the control record the examiner number and the time the procedure begins. Record on the body measurement form the examiner and recorder numbers.

Have the examinee stand with his feet together in the standard erect position for the following five measurements.

- 1. Bitrochanteric breadth.—With the top section of the anthropometer measure to the nearest 0.1 cm the maximum breadth of the body at the level of the greater femoral trochanters. Compress the soft tissue over the trochanters as much as possible by applying pressure on the caliper arms near where they touch the body (not where the arms are attached to the anthropometer). Take this measurement over the examinee's gown.
- 2. Elbow breadth.—Have the examinee extend his right arm forward until it is perpendicular to his body. Bend the arm so the angle at the elbow forms 90° with the fingers pointing up and the dorsal part of the wrist toward the examiner. With the sliding calipers along the axis of the upper arm, measure to the nearest 0.1 cm the greatest breadth across the elbow joint. This is

- a bone to bone measurement across the epicondyles of the humerus and is usually taken at an oblique angle because the inner condyle is lower than the outer condyle. Be careful that the calipers do not slide off the epicondyle.
- 3. Upper arm girth.—With the examinee's right arm flexed 90° at the elbow, use the fiberglass tape to measure to the nearest 0.1 cm the distance from the outer edge of the acromial process to the olecranon process of the ulna. Mark the outer edge of the acromial process first, then place the tape on the mark and locate the midpoint between the acromial and olecranon processes. Mark this midpoint carefully. This is the level at which both the aim girth and triceps skinfold are measured.
- 4. Triceps skinfold.—Have the examinee relax his shoulder and let his arm hang freely at his side. Mark a point on the right midtriceps in the same plane as the midhumeral point used for the upper arm girth and perpendicular to the olecranon process of the ulna. Grasp the skin and subcutaneous tissue firmly with thumb and forefinger approximately 1 cm above this level and draw directly back from the body making sure that no muscle tissue is included in the fold. The crest of the fold should be parallel to the long axis of the arm. Apply the calipers at the level of the point marked above and measure the fold to the nearest 12 mm without releasing the fingers. Take a second measurement: if the two disagree, continue taking measurements until you get two that agree to within 1 mm.
- 5. Subscapular skinfold.—Have the examinee relax his shoulders and arms. Palpate the inferior angle of the scapula. Grasp a fold of skin and subcutaneous tissue directly above the angle firmly with the thumb and forefinger and draw straight back from the body making sure that no muscle tissue is included in the fold. The fold should parallel natural cleavage lines of the skin which are often lines about 45° from the horizontal extending medially upward. Apply the calipers about 1 cm below the thumb and forefinger and measure the fold to the nearest ½ mm without releasing the fingers. Take a second measurement; if the two disagree, continue taking measurements until two agree to within 1 mm.
- 6. Sitting height.—Have the examinee sit as far back on the measuring table as he can so that the backs of his knee joints (popliteal fossae) are at the front edge of the table. Have him sit erectly with his eyes straight ahead and the infraorbital meatal line parallel to the table top (i.e., eyes in horizontal plane looking straight ahead). Check with the recorder on the examinee's position before making the measurement. Then bring the caliper arm down firmly against the midline of the examinee's head. (Note: you might have to compress some hairstyles.) Take the measurement to the nearest 0.1 cm with your eyes at the same level as the caliper arm. Do not make the reading at an angle. Shorter technicians should use the stool available in the measuring room as an aid.
- 7 Ask the examinee whether he is right-handed or left-handed and record his answer by checking the appropriate box.
- 8 Weight
  - a. Examinees who weigh 250 pounds or less:
    - (1) Ask the examinee to stand still on the scale (in slippers).
    - (2) Wait until the scale pointer stops moving.

- (3) Insert the bottom of the body measurement page on the case record in the slot at the front of the scale's printer.
- (4) Depress the bar on the front of the printer to record the weight on the record to the nearest quarter of a pound.
- (5) Check to be sure that the recorded weight is legible.
- (6) Record weight on the body measurement form in the space provided (Item 10) near the bottom of the form. Always record the weight in five digits, fill in the blank spaces with zeroes as appropriate. e.g., 98.5 should be entered as 098.50.
- b. Examinees who weigh more than 250 pounds:

Since the scale printer will only print to 250 pounds, the following procedure must be followed if an examinee weighs more than 250 pounds:

- (1) If the examinee weighs more than 250 pounds, but no more than 350 pounds:
  - (a) Move the bottom weight on the notched bar on the front of the scale to 100 pounds (far right);
  - (b) Weigh the examinee and stamp his case record just as though he weighed less than 250 pounds;
  - (c) Add 100 pounds to the stamped weight total on the body measurement page; and then
  - (d) Record the total weight (stamped weight plus 100 pounds) in the proper space on the body measurement page.
- (2) If the examinee weighs more than 350 pounds, but no more than 400 pounds:
  - (a) Move the bottom weight on the notched bar to 100 pounds;
  - (b) Move the top weight on the numbered bar to 50 pounds (far right);
  - (c) Weigh the examinee and stamp his case record just as though he weighed less than 250 pounds;
  - (d) Add 150 pounds to the stamped weight total on the body measurement page; and then
  - (e) Record the total weight (stamped weight plus 150 pounds) in the proper space on the body measurement page.
- (3) If the examinee weighs more than 400 pounds ask him to estimate his weight.

#### 9. Height

- a. Have the examinee stand erect with his back and heels against the upright bar of the height scale, ("Stand up tall" or "Stand up straight") with feet together and head in the Frankfort Horizontal Plane ("Look straight ahead"). Grasp the examinee under the mastoid processes and stretch him gently upward.
- b. Bring the horizontal bar down snugly to the examinee's head.
- c. Stick one of the sample number labels next to the tape on the upright bar so the number label can be read when the height scale is photographed.
- d. Photograph the height measurement and ask the examinee to step aside.
- e. Process the film and place the sample number label from the height scale

- on the photo. Do not cover up the scale or the photographed sample number.
- 1. Record the standing height on the body measurement form as read from the photograph in the space provided (Item 11). This should be recorded in four digits to the nearest mm (0.1 of cm) from the metric scale. It there are less than four digits, fill in the blank spaces with zeroes as appropriate, e.g., 99.0 should be 099.0. When the measurement is exactly at the half-way point between 2 mm round up if the preceding whole number is odd and round down if even.

## Procedure for Measuring Children Under 8 Years Old

- 1. Bitrochanteric breadth.—Use the same procedure as that for older examinees.
- 2. *Elbow breadth.*—With child standing or sitting, use the same procedure as that for older examinees.
- 3. Upper arm girth.—The arm must be fully extended and as relaxed as possible. Otherwise, use the same procedure as that for older examinees.
- 4. Chest circumference
  - a. 2 years old and over, standing.—Using the steel tape, measure to the nearest 0.1 cm the chest circumference at the level of the nipple line at midrespiration, with the examinee breathing normally and with his arms relaxed at the sides. The tape should pass around the chest so that it is at right angles to the longitudinal axis of the body.
  - b. 3 years old and under, supine.—Measure the child lying supine on the infant measuring board. Measure the circumference with a steel tape at nipple level, the tape being placed at right angles to the longitudinal axis of the body. The measurement is taken to the nearest 0.1 cm at normal midrespiration.
- 5. Head circumference.—The child can be either sitting or standing. Steady the child's head and measure its circumference to the nearest 0.1 cm by placing the steel tape firmly around the frontal bones (forehead) just above but not including the supra-orbital ridges, passing it around the head just above the ears on each side, and laying it over the maximum occipital prominence at the back of the head. The tape should be pulled firmly to compress the hair and underlying soft tissues.
- 6. Triceps skinfold.—With the child either standing or sitting (preferably standing) use the same procedure as that for older examinees.
- 7. Subscapular skinfold.—With the child either standing or sitting (preferably standing) use the same procedure as that for older examinees.
- 8. Sitting height (2 years old and over).—Have the child sit erectly on the measuring table with his eyes directed straight ahead (the eyes should be in a horizontal plane looking straight ahead). The child should sit as far back on the table as he can so that the backs of his knee joints (popliteal fossae) are in contact with the front edge of the table. CHECK WITH THE RECORDER ON THE CHILD'S POSITION BEFORE MAKING THE

MEASUREMENT. Younger children need to be encouraged to sit straight, and vou might have to give support to a younger child, i.e., straighten out his back by placing one hand (right) over the upper part of the chest and the other hand (left) over the lumbar area, and pushing gently. After checking the child's position with the recorder, bring the caliper arm firmly against the midline of the examinee's head. NOTE, you might have to compress some hairstyles. Take the measurement to the nearest 0.1 cm with your eyes at the same level as the caliper arm.

- 9. Sitting height, recumbent (crown-rump length), children under 3 years.—Measure on the infant measuring board with the child lying on his back with his knees bent to a right angle. One technician holds the child's head in the Frankfort plane (i.e., eyes straight ahead, in this case straight upward so that the plane they form is parallel to the movable footboard) and applies gentle traction to bring the head into contact with the fixed headboard. The second technician supports the child's legs under the flexed knees and brings the movable footboard to rest against the child's buttocks with firm pressure.
- 10. Weight.—Use the same procedure as that for older examinees.
- 11. Standing height (2 years old and over).—Use the same procedure as that for older examinees.
- 12. Recumbent length (children under 3 years).—Measure on the infant measuring board with the child lying supine. One technician holds the child's head in the Frankfort plane and applies gentle traction to bring the head into contact with the fixed headboard. The second technician holds the child's legs roughly midway between the ankles and knees, with the toes pointing directly upward. Then, while applying downward pressure to the legs (to prevent the knees from flexing), the technician brings the movable footboard to rest firmly against the child's heels. You may need extra help (third person) for restless infants under 2 years to make measurements as quickly as possible and maintain accuracy.

#### Field Checks

1. Calipers.—Calipers must be checked before each stand and once a week during the stand against a metric tape. The skinfold caliper should be checked daily before use. To do this place the standards between the califer arms and see that the reading on the scale corresponds to the length of the standard. If the calipers are not right, adjust them by pressing firmly on the arms. If they are I mm or more out of calibration, use the other available calipers and return the ones out of calibration to headquarters.

#### 2 Height

- a. At the beginning and end of each stand, check to be sure that:
  - (1) The upright bar and tape measure have not been changed or damaged. Check the accuracy of the tape with the sitting height anthropometer. Set the sitting height anthropometer at about the middle of the height scale base. Turn the movable anthropometer's caliper arm upside down. Take the picture of the height measurement. Read the anthropometer measurement the same way as for sitting height and record the reading on the back of the photograph. Send the photograph to the Chief, Quality Control Section, headquarters. The photograph should include the stand number and location, date, number of the person who checked the scale, anthropometer reading, and whether it was the beginning or end of the stand. If the measurement does not agree with the sitting height anthropometer, adjust the sighting window until the measurement does agree with the sitting height anthropometer setting. Take a picture after the adjustment and send the photograph to headquarters.

(2) The horizontal bar is firmly attached to the upright section that slides

on the upright bar.

- (3) The camera and light are working to produce optimum photos. Any necessary repairs and adjustments should be made as soon as possible. This equipment is the only means we have for measuring
- b. Check daily that the standing height measurer operates smoothly.
- 3. Weight.—At the beginning of each stand before the examinations begin and again at the end of the stand, the scale should be calibrated at zero and at intervals of 25 pounds all the way up to 250 pounds. If the scale is out of calibration by a constant amount at all calibration weights, correct the error with the adjustment knob on the left side of the scale. If the trailer is not level the scale will have to be zeroed. If adjusted to lower than 0.00 it will read E.EE; but when adjusted correctly it will read 0.00. After zeroing the scale properly, stamp zero on any ordinary sheet of 8 x 10½ paper. Then weigh the calibration weights in increments of 25 pounds, starting with 25 pounds and going up to 250 pounds and stamping each weight on the paper. Altogether, 11 recordings should be made on the paper. The paper with the recorded weights should also include the stand number and location, date, the number of the person doing the check procedure, and whether it was the beginning or end of the stand. Mail the recording immediately to the Chief, Quality Control Section, headquarters.

If the scale is out of calibration by ½ pound or more at three stations, have it repaired.

The ribbon for printing the weight will need occasional replacement (approximately every 6 months). When the printing starts getting dim call a Toledo Scales dealer for replacement ribbon.

At the end of each stand, turn the scale lock to a vertical position for transit. The tech responsible for the body measurement station should weigh himself daily to roughly check the accuracy of the weight scales. If there is any reason to believe the scales are not accurate a complete recalibration should be done. The recording of the calibration should be sent to headquarters.

- 4. Anthropometers.—Check daily to see that the sitting height anthropometer is vertical on the table top and that the caliper arm is perpendicular to the bar and not bent. See that the arms of the bitrochanteric breadth anthropometer are perpendicular to the bar and not bent.
- 5. Log Book.—In a book that stays with the trailers write in the following headings:

Date, Technician Number, Measuring Device Number, 0 mm, 10 mm, 20 mm, 30 mm, 40 mm, 50 mm, Counter Reading, and Tape Measure Reading

Record daily in the log book the required identifying information under the appropriate headings. Then record the skinfold caliper calibration reading for each standard. Finally, move the foot board of the baby board as close as possible to the head board; record in the book the counter reading. Measure with the tape measure the distance between head and foot boards, and record that reading.

6. Cleaning of equipment.—At the beginning of each stand the anthropometer, calipers, and tape measures should be cleaned with vinegar.

## Replicates

An intertechnician body measurement replicate is to be done every fourth session on the examinee who arrives first at the exam center. The sessions on which replicates are to be done are shown in the schedule sheet.

For the sessions during which a replicate is to be done, the coordinator should write the examinee's sample number in the appropriate space on the schedule sheet and should assign the original body measurements on that examinee to a technician according to the usual flow system rules. She should assign the replicate measurements in a random way to one of the other technicians and write that technician's number in the appropriate space on the schedule sheet.